Cal All-Comers
2/4/23 & 2/18/23 Time Schedule & Order of Events

Field Events

Male division, open to youngest competed first; female division, open to youngest follows

Four attempts per athlete in the horizontal jumps & throws.

Throws: Weigh-ins are 7am to 1pm ONLY.

Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.

8am	Hammer
10am	Pole Vault: 2 mixed-gender flights separated by opening heights of 7' & 10' (i.e., 10' opening competition follows completion of the lower section).
10am	High Jump: 1 mixed-gender flight Opening at lowest entry and progressing
10am	Shot Put
10:30 am – 1pm	Open Long Jump
11am	Javelin Discus to follow
1:30 – 3:30	Triple Jump
2pm	Weight Throw

TRACK EVENTS

Male division, open to youngest competed first; female division, open to youngest follows

9:30am Race Walk - February 4, 2023- 1500m - Womens followed by Mens
February 18, 2023 - 1 mile - Womens followed by Mens

11am start of rolling schedule

4x100m Relay
1000m **(February 4th only)**, 1500m **(February 18th only)**
60mHH
400m
60m
800m
300mIH
200m
3000m
4x400m Relay