

2011-12 SAN JOSE STATE BEST MARKS

50 Freestyle

Marisa Dewames	22.38!&	WAC Championship	2/23
Kiley Foster	22.95&	WAC Championship	2/23
Meghan McCurley	23.19*	Arena Invitational	11/17
Erika Harvey	23.31	WAC Championship	2/23
Brittney Boyd	23.81	WAC Championship	2/23
Darcie Anderson	23.82+	Arena Invitational	11/17
Danielle Smyth	24.07	WAC Championship	2/23
Ashlyn Acosta	24.07+	Arena Invitational	11/17
Amber Nelson	24.22+	WAC Championship	2/23
Briana Swinney	24.49+	Arena Invitational	11/17
Julia Craddock	24.50	UC Santa Cruz	10/28
Heather Denman	24.59*	Stanford	9/30
Taylor Stoddard	25.95+	George Haines Invite	10/14
Andrea Chan	26.10	UC Santa Cruz	10/28
Amy Friedhoff	26.21+	George Haines Invite	10/14
Brooke Hammond	26.46+	George Haines Invite	10/14
Megan Mills	26.64	Cal State East Bay	1/13
Caitlin Lipton	28.03+	George Haines Invite	10/14

100 Freestyle

Marisa Dewames	49.05!&	WAC Championship	2/25
Kiley Foster	49.83+&	WAC Championship	2/25
Erika Harvey	50.56+	Arena Invitational	11/19
Meghan McCurley	50.65*	Arena Invitational	11/19
Brittney Boyd	51.66+	Arena Invitational	11/19
Amber Nelson	52.65+	WAC Championship	2/25
Taylor Stoddard	52.73+	WAC Championship	2/25
Danielle Smyth	52.79+	WAC Championship	2/25
Darcie Anderson	53.26	UC Santa Cruz	10/28
Ashlyn Acosta	54.94	UC Santa Cruz	10/28
Briana Swinney	55.38*	USD Relay Meet	1/7
Kirsten Trammell	55.77	CSU Bakersfield	1/20
Brooke Hammond	55.77	George Haines Invite	10/14
Michaela McLean	55.95	George Haines Invite	10/14
Megan Mills	56.56	George Haines Invite	10/14
Kayla Nakamoto	57.35*	USD Relay Meet	1/7

200 Freestyle

Marisa Dewames	1:48.53!	WAC Championship	2/24
Kiley Foster	1:49.14	WAC Championship	2/24
Erika Harvey	1:50.80	WAC Championship	2/24
Amy Friedhoff	1:51.11	Arena Invitational	11/18
Heather Denman	1:51.42*	Arena Invitational	11/18
Taylor Stoddard	1:52.96	WAC Championship	2/24
Brittney Boyd	1:53.22+	WAC Championship	2/24
Megan Mills	1:53.53+	WAC Championship	2/24
Amber Nelson	1:54.96+	Arena Invitational	11/18
Danielle Smyth	1:55.01+	Arena Invitational	11/18
Meghan McCurley	1:55.59	CSU Bakersfield	1/20
Caitlin Lipton	1:56.58+	WAC Championship	2/24
Brooke Hammond	1:59.55	UC Davis	10/29

500 Freestyle

Amy Friedhoff	4:55.82	WAC Championship	2/23
Megan Mills	4:59.83	WAC Championship	2/23
Caitlin Lipton	5:02.91+	WAC Championship	2/23
Julia Craddock	5:05.99	UC Davis	10/29
Heather Denman	5:06.49	Cal State East Bay	1/13
Taylor Stoddard	5:08.93+	WAC Championship	2/23
Marisa Dewames	5:14.32	George Haines Invite	10/14
Brooke Hammond	5:16.93	George Haines Invite	10/14
Erika Harvey	5:18.83	Cal State East Bay	1/13
Kayla Nakamoto	5:29.18	George Haines Invite	10/14

1000 Freestyle

Amy Friedhoff	10:24.10	UC Davis	10/29
Megan Mills	10:42.23	UC Davis	10/29
Caitlin Lipton	10:51.46	UC Santa Cruz	10/28
Taylor Stoddard	10:55.58	UC Santa Cruz	10/28
Brooke Hammond	11:04.08	UC Santa Cruz	10/28

1650 Freestyle

Amy Friedhoff	16:57.60	Arena Invitational	11/19
Megan Mills	17:12.00	WAC Championship	2/25
Caitlin Lipton	17:17.76	Arena Invitational	11/19
Taylor Stoddard	17:52.26	Arena Invitational	11/19

50 Backstroke

Heather Denman	25.26!*	WAC Championship	2/22
Briana Swinney	26.79*	Arena Invitational	11/18
Christina Bruni	27.90+	George Haines Invite	10/14
Haley Smith	27.92*	UC Davis	10/29
Michaela McLean	28.18+	George Haines Invite	10/14
Amy Friedhoff	29.72+	George Haines Invite	10/14
Brittney Boyd	30.27+	George Haines Invite	10/14
Caitlin Lipton	32.98+	George Haines Invite	10/14

100 Backstroke

Heather Denman	54.14* &	Arena Invitational	11/18
Michaela McLean	56.63	WAC Championship	2/24
Briana Swinney	56.66	WAC Championship	2/24
Haley Smith	57.03+	Arena Invitational	11/18
Christina Bruni	57.60+	Arena Invitational	11/18
Darcie Anderson	1:00.77*	USD Relay Meet	1/7
Meghan McCurley	1:03.17	George Haines Invite	10/14
Brittney Boyd	1:04.04	UC Santa Cruz	10/28
Amy Friedhoff	1:04.50	George Haines Invite	10/14
Andrea Chan	1:09.26	George Haines Invite	10/14

200 Backstroke

Heather Denman	2:00.48	Arena Invitational	11/19
Briana Swinney	2:02.75+	WAC Championship	2/25
Haley Smith	2:03.05	Arena Invitational	11/19
Christina Bruni	2:03.23	Arena Invitational	11/19
Amy Friedhoff	2:05.67+	Arena Invitational	11/19
Michaela McLean	2:06.87+	Arena Invitational	11/19
Julia Craddock	2:09.67	UC Santa Cruz	10/28
Andrea Chan	2:24.28	Cal State East Bay	1/13

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50 Breaststroke

Kirsten Trammell	29.58!+	George Haines Invite	10/14
Darcie Anderson	29.69	George Haines Invite	10/14
Karly Brown	30.83+	George Haines Invite	10/14
Ashlyn Acosta	32.38+	George Haines Invite	10/14
Shannon Slaught	32.38+	George Haines Invite	10/14
Christina Bergis	32.69+	George Haines Invite	10/14
Andrea Chan	33.68+	George Haines Invite	10/14

100 Breaststroke

Kirsten Trammell	1:01.07+!	Arena Invitational	11/18
Darcie Anderson	1:01.65&	Arena Invitational	11/18
Karly Brown	1:03.64	WAC Championship	2/24
Shannon Slaught	1:07.24+	Arena Invitational	11/18
Christina Bergis	1:07.85	Fresno State	2/4
Marisa Dewames	1:09.11	Cal State East Bay	1/13
Haley Smith	1:15.06	Cal State East Bay	1/13
Kiley Foster	1:16.23	Cal State East Bay	1/13
Ashlyn Acosta	1:17.17	George Haines Invite	10/14

200 Breaststroke

Kirsten Trammell	2:12.48!&	WAC Championship	2/25
Darcie Anderson	2:13.07+&	Arena Invitational	11/19
Karly Brown	2:18.70	WAC Championship	2/25
Christina Bergis	2:23.22+	Arena Invitational	11/19
Julia Craddock	2:26.34	Cal State East Bay	1/13
Shannon Slaught	2:28.96+	Arena Invitational	11/19
Ashlyn Acosta	2:42.03	George Haines Invite	10/14

50 Butterfly

Ashlyn Acosta	25.63+	George Haines Invite	10/14
Julia Craddock	25.95	George Haines Invite	10/14
Heather Denman	26.16	George Haines Invite	10/14
Michaela McLean	26.46	CSU Bakersfield	1/20
Meghan McCurley	27.08	CSU Bakersfield	1/20
Andrea Chan	27.26+	George Haines Invite	10/14
Haley Smith	27.30+	George Haines Invite	10/14
Kirsten Trammell	27.42+	George Haines Invite	10/14
Danielle Smyth	27.73+	George Haines Invite	10/14
Marisa DeWames	28.31+	George Haines Invite	10/14
Kayla Nakamoto	28.40	CSU Bakersfield	1/20
Karly Brown	28.57+	George Haines Invite	10/14

100 Butterfly

Ashlyn Acosta	55.05+	WAC Championship	2/24
Heather Denman	55.14+	WAC Championship	2/24
Michaela McLean	55.42+	WAC Championship	2/24
Meghan McCurley	56.96	WAC Championship	2/24
Julia Craddock	57.22	George Haines Invite	10/14
Andrea Chan	57.63+	WAC Championship	2/24
Danielle Smyth	58.32+	WAC Championship	2/24
Kayla Nakamoto	58.34	WAC Championship	2/24
Kirsten Trammell	58.67	UC Santa Cruz	10/28
Haley Smith	1:01.68	George Haines Invite	10/14
Karly Brown	1:02.59	Cal State East Bay	1/13
Brittney Boyd	1:03.76	Cal State East Bay	1/13
Megan Mills	1:04.49	UC Santa Cruz	10/28
Darcie Anderson	1:12.86	George Haines Invite	10/14

200 Butterfly

Julia Craddock	2:00.52	WAC Championship	2/25
Ashlyn Acosta	2:02.44	WAC Championship	2/25
Heather Denman	2:02.98	WAC Championship	2/25
Kayla Nakamoto	2:07.31	WAC Championship	2/25
Michaela McLean	2:07.49	WAC Championship	2/25
Andrea Chan	2:07.69+	Arena Invitational	11/19
Haley Smith	2:26.96	George Haines Invite	10/14

100 Individual Medley

Julia Craddock	59.69+	George Haines Invite	10/14
Heather Denman	1:00.39+	George Haines Invite	10/14
Kirsten Trammell	1:00.46+	George Haines Invite	10/14
Darcie Anderson	1:00.55+	George Haines Invite	10/14
Ashlyn Acosta	1:00.68+	George Haines Invite	10/14
Meghan McCurley	1:02.11+	George Haines Invite	10/14
Haley Smith	1:02.42+	George Haines Invite	10/14
Karly Brown	1:02.67+	George Haines Invite	10/14
Michaela McLean	1:03.16+	George Haines Invite	10/14
Andrea Chan	1:03.42+	George Haines Invite	10/14
Christina Bruni	1:04.04+	George Haines Invite	10/14
Christina Bergis	1:04.20+	George Haines Invite	10/14

200 Individual Medley

Julia Craddock	2:02.01	WAC Championship	2/23
Darcie Anderson	2:02.50	WAC Championship	2/23
Kirsten Trammell	2:03.36+	Arena Invitational	11/17
Heather Denman	2:04.23+	Arena Invitational	11/17
Karly Brown	2:06.21	WAC Championship	2/23
Andrea Chan	2:07.01+	WAC Championship	2/23
Haley Smith	2:07.05+	Arena Invitational	11/17
Christina Bruni	2:09.26+	Arena Invitational	11/17
Kayla Nakamoto	2:11.51+	Arena Invitational	11/17
Michaela McLean	2:12.04+	Arena Invitational	11/17
Shannon Slaught	2:13.51+	Arena Invitational	11/17
Christina Bergis	2:14.07	Fresno State	2/4

400 Individual Medley

Julia Craddock	4:19.06!&	Arena Invitational	11/17
Christina Bruni	4:51.98	CSU Bakersfield	1/6
Christina Bergis	4:54.65	CSU Bakersfield	1/6

1 Meter Diving (6 Dives)

Amy Kilby	294.75!#	UC Santa Cruz	10/28
Jessica Holden	280.70#	UC Santa Cruz	10/28
Krista Walton	254.87	UC Davis	10/29
Christine Rommel	249.15	UC Davis	10/29
Taylor Thomas	234.26	UC Santa Cruz	10/28

3 Meter Diving (6 Dives)

Jessica Holden	303.80!#	UC Santa Cruz	10/28
Amy Kilby	295.70#	UC Davis	10/29
Krista Walton	278.05	UC Santa Cruz	10/28
Christine Rommel	265.80	UC Davis	10/29

Platform Diving (6 Dives)

Amy Kilby	241.05	WAC Championship	2/22
Jessica Holden	214.75	WAC Championship	2/22

2011-12 SAN JOSE STATE BEST MARKS

100 Freestyle Relay

Harvey, Foster, DeWames, McCurley	43.12!	George Haines Invite	10/14
Friedhoff, Craddock, Denman, Acosta	45.18	George Haines Invite	10/14
Smyth, Boyd, Anderson, McLean	45.80	George Haines Invite	10/14

200 Freestyle Relay

McCurley, Foster, Harvey, DeWames	1:30.38!&	WAC Championship	2/22
Nelson, Boyd, Smyth, Acosta	1:35.06	Arena Invitational	11/17
Denman, Acosta, Harvey, Foster	1:37.41	Stanford	9/30
Denman, Craddock, Anderson, Acosta	1:37.99	George Haines Invite	10/14
Acosta, McCurley, Craddock, Trammell	1:38.40	UC Santa Cruz	10/28
Smyth, DeWames, Hammond, Anderson	1:38.77	UC Santa Cruz	10/28
Boyd, Brown, Nelson, Smyth	1:40.04	USD Relay Meet	1/7
Nelson, Harvey, Smith, Stoddard	1:40.24	UC Santa Cruz	10/28
Boyd, Smyth, Nelson, Chan	1:40.30	Stanford	9/30
Boyd, Stoddard, Nelson, Smyth	1:40.92	CSU Bakersfield	1/20
McCurley, Mills, Trammell, Friedhoff	1:40.94	Cal State East Bay	1/13
Friedhoff, Smyth, McLean, Trammell	1:41.23	George Haines Invite	10/14
Boyd, Foster, Nakamoto, Mills	1:41.83	UC Santa Cruz	10/28
Boyd, Bergis, Brown, Denman	1:41.95	Cal State East Bay	1/13

400 Freestyle Relay

McCurley, Foster, Harvey, DeWames	3:18.88!&	WAC Championship	2/22
Boyd, Acosta, Nelson, Smyth	3:31.46	Arena Invitational	11/17
Boyd, Smyth, Acosta, Smith	3:36.68	UC Davis	10/29
Nelson, Harvey, Smyth, Chan	3:37.25	CSU Bakersfield	1/6
Boyd, Nelson, Chan, Smyth	3:38.40	USD Relay Meet	1/7
Swinney, Smith, Stoddard, Bruni	3:40.84	USD Relay Meet	1/7
Smyth, Boyd, Nelson, Stoddard	3:41.84	Fresno State	2/4
Nakamoto, Mills, Bergis, Lipton	3:54.49	USD Relay Meet	1/7

800 Freestyle Relay

Friedhoff, Foster, Harvey, Dewames	7:18.99!&	WAC Championship	2/22
Denman, Foster, Harvey, Friedhoff	7:30.08	Arena Invitational	11/17
McCurley, Friedhoff, Harvey, Foster	7:43.87	USD Relay Meet	1/7
Smyth, Swinney, Nelson, Mills	8:01.05	USD Relay Meet	1/7

100 Medley Relay

Denman, Trammell, Acosta, Foster	47.92!	George Haines Invite	10/14
Smith, Anderson, Craddock, Dewames	48.43	George Haines Invite	10/14
Bruni, Brown, McLean, Smyth	49.60	George Haines Invite	10/14

200 Medley Relay

Denman, Trammell, Acosta, McCurley	1:39.38!&	WAC Championship	2/22
Denman, Trammell, Acosta, Dewames	1:41.30	Arena Invitational	11/17
Swinney, Anderson, McLean, Boyd	1:43.84	Arena Invitational	11/17
Smith, Anderson, Craddock, Foster	1:45.73	UC Davis	10/29
Denman, Trammell, Acosta, Foster	1:46.67	George Haines Invite	10/14
Swinney, Trammell, Craddock, McCurley	1:47.31	Fresno State	2/4
Swinney, Anderson, McLean, Foster	1:47.46	CSU Bakersfield	1/20
Bruni, Anderson, Craddock, McCurley	1:48.32	George Haines Invite	10/14
Smith, Anderson, Acosta, Foster	1:48.60	Fresno State	2/4
Smith, Brown, Craddock, Harvey	1:48.70	CSU Bakersfield	1/20
Smith, Anderson, McLean, Foster	1:49.04	CSU Bakersfield	1/6
McCurley, Brown, Trammell, Dewames	1:49.89	UC Santa Cruz	10/28
Denman, Brown, Trammell, McCurley	1:50.13	Cal State East Bay	1/13
Bruni, Brown, McLean, Harvey	1:51.17	Fresno State	2/4
Smith, Bergis, McLean, Harvey	1:51.23	Stanford	9/30
Smith, Brown, Chan, Harvey	1:51.50	George Haines Invite	10/14
Swinney, Brown, Chan, Nelson	1:51.99	CSU Bakersfield	1/6
Bruni, Slaught, Nakamoto, Nelson	1:53.09	UC Santa Cruz	10/28
Swinney, Bergis, Chan, Smyth	1:53.38	UC Santa Cruz	10/28
Bruni, Chan, McLean, Nelson	x 1:53.66	Cal State East Bay	1/13

2010-11 SAN JOSE STATE BEST MARKS

400 Medley Relay

Denman, Trammell, Acosta, Dewames	3:39.45!	& WAC Championship	2/22
Bruni, Anderson, Chan, Foster	3:47.48	Arena Invitational	11/17
Denman, Trammell, McLean, Dewames	3:50.15	USD Relay Meet	1/7
Smith, Anderson, Craddock, Harvey	4:01.43	USD Relay Meet	1/7
Anderson, Craddock, Trammell, Denman	4:01.54	USD Relay Meet	1/7
McLean, Smith, Chan, Brown	4:08.81	USD Relay Meet	1/7

! - School Record + - Prelim * - Relay/Split

- NCAA Diving Zone E Qualifier

@ - NCAA 'A' Cut (Automatic Qualifier)

& - NCAA 'B' Cut (Consideration Qualifier)

Invitational Meet Individual Wins

Kirsten Trammel	50 Breast (29.65)	George Haines, 10/14
Kirsten Trammel	100 Breast (1:15.07)	George Haines, 10/15

Dual Meet Individual Wins

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Invitational Meet Relay Wins

300 Breaststroke (Anderson, Trammell, Brown)	3:14.31	USD Relay Meet, 1/7/11
400 Medley (Denman, Trammell, McLean, DeWames)	3:50.15	USD Relay Meet, 1/7/11

Dual Meet Relay Wins

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2011-12 SAN JOSE STATE BEST MARKS

2011-12 Results (Dual Meet: 8-2/Home: 2-0/Away: 4-1/Neutral: 2-1/WAC: 3-1)

<u>Date</u>	<u>Opponent</u>	<u>H/A/N</u>	<u>W/L</u>	<u>Score</u>	<u>Record</u>
9/30/11	Stanford	A	L	125-167	0-1
10/14-15/11	George Haines Invitational	(Stanford, Calif.)	2nd out of 4	242 pts.	
10/15/11	*Nevada	N	W	75-39	1-1
10/28/11	UC Santa Cruz	A	W	180-105	2-1
10/29/11	UC Davis	H	W	178-122	3-1
11/17-19/11	Arena Invitational	(Long Beach, Calif.)	4th out of 17	707 pts.	
1/06/12	CSU Bakersfield	A	W	119-87	4-1
1/07/12	USD Relay Meet	A	3rd out of 7	211 pts	
1/13/12	Cal State East Bay	H	W	137-81	5-1
1/20/12	CSU Bakersfield	A	W	156-104	6-1
2/04/12	*Fresno State	A	W	197-100	7-1
2/20/12	*Nevada/*North Dakota	N	L/W	20-28/44-4	8-2
2/22-25/12	WAC Championship	N	1st of 8	728 pts.	-

* - WAC Opponent
