



2009 Water Polo





2009 Spartans



**LOU
TULLY**
Head Coach



**JOHNNY
BEGA**
Associate
Head Coach



**DOUG
ROBINSON**
Volunteer
Assistant



**#1 KELLY
KENNISON**
5-10, SR, SQ
Long Beach, Calif.



**#1A LAUREN
LEWIS**
5-9, SO, SQ,
Fountain Valley, Calif.



**#1B MEAGAN
MINSON**
6-0, FR, HS
Riverside, Calif.



**#2 ALLY
WAASTED**
5-4, FR, HS
Orange, Calif.



**#3 BRIDGET
McKEE**
6-0, JR, 2V
Newbury Park, Calif.



**#4 DANI
CURRAN**
5-6, FR, HS
Chino, Calif.



**#5 TANYA
TORRES**
5-8, SR, 3V
Alta Loma, Calif.



**#6 KATIE
BUZZETTA**
5-6, FR, HS
Hollister, Calif.



**#7 MEGAN
LANE**
5-6, FR, HS
Brea, Calif.



**#8 KATHRYN
HANNUM**
5-10, JR, 2V
Davis, Calif.



**#9 NATALIE
JENNINGS**
5-4, FR, HS
Concord, Calif.



**#10 ADRIANA
VOGT**
5-10, SO, 1V
Menlo Park, Calif.



**#11 ALYSSA
FRIESEN**
5-9, SO, SQ
Davis, Calif.



**#12 JULIET
MOSS**
6-1, SR, 3V
San Jose, Calif.



**#13 MELISSA
AINSWORTH**
5-5, FR, HS
Ventura, Calif.



**#14 KELSI
OKUDA**
5-6, JR, 1V
Morgan Hill, Calif.



**#15 LAURA
SHOPE**
5-9, SO, SQ
Morgan Hill, Calif.



**#17 ALLIE
STEWART**
5-7, FR, HS
Sacramento, Calif.



**#18 KATELYN
SOLIS**
5-5, FR, HS
Tustin, Calif.



**#19 KELLY
STEWART**
5-7, FR, HS
Surrey, B.C.



**#21 JANESEA
SCHMIDBAUER**
5-11, FR, HS
San Diego, Calif.

2009 Schedule/Roster/Fast Facts



Schedule

Jan. 24-25	Michigan Kick-Off	Ann Arbor, Mich.	
Jan. 31-Feb. 1	Nor-Cal Open	Santa Clara, Calif.	
Feb. 4	*Hawai'i	Aquatics Center	4:00 p.m.
Feb. 7-8	Stanford Invitational	Stanford, Calif.	
Feb. 14	*California	Aquatics Center	12:00 p.m.
Feb. 21-22	UC Irvine Invitational	Irvine, Calif.	
Feb. 28	*Stanford	Stanford, Calif.	1:00 p.m.
Mar. 7	*USC	Los Angeles, Calif.	12:00 p.m.
Mar. 14	*UCLA	Aquatics Center	12:00 p.m.
Mar. 21-22	Aztec Invitational	San Diego, Calif.	
Mar. 28-29	ASU Invitational	Tempe, Ariz.	
Apr. 4-5	Santa Clara Invitational	Santa Clara, Calif.	
Apr. 18	UC Davis	Davis, Calif.	12:00 p.m.
Apr. 24-26	MPSF Championship	Honolulu, Hawaii	

Fast Facts

School:	San Jose State University
Location:	San Jose, Calif.
Enrollment:	30,068
Founded:	1857
President:	Dr. Jon Whitmore
Conference:	Mountain Pacific Sports Federation
Nickname:	Spartans
Colors:	Gold, White & Blue
Director of Athletics:	Tom Bowen
Department Phone:	(408) 924-1200
Home Pool:	The Aquatics Center
Head Coach:	Lou Tully (San Jose State, 1967)
Office Phone:	(408) 924-1523
Email:	loutully@hotmail.com
Record, Seasons at SJSU:	181-194, 12 seasons
Overall Record, Yrs.:	181-194, 12 seasons
Associate Head Coach:	Johnny Bega (Long Beach State, 1999)
Email:	johnny.bega@sjsu.edu
Volunteer Assistant:	Doug Robinson (Cal Poly, 1988)
2008 Record:	16-15
2008 MPSF Record:	4-8
2008 Conference Finish:	7th
2008 Final National Ranking:	7th
Letterwinners Returning/Lost:	6/5
SID:	Lawrence Fan
Office Phone:	(408) 924-1217
Email:	lrfan@email.sjsu.edu

Team Roster

No.	Name	Pos.	Ht.	Class	Exp.	Hometown/Last School
1	Kelly Kennison	GK	5-10	SR	SQ	Long Beach, Calif. / St. Joseph HS
1A	Lauren Lewis	GK	5-9	SO	SQ	Fountain Valley, Calif. / Fountain Valley HS
1B	Meagan Minson	GK	6-0	FR	HS	Riverside, Calif. / Arlington HS
2	Ally Waasted	UT	5-4	FR	HS	Orange, Calif. / Villa Park HS
3	Bridget McKee	UT	6-0	JR	2V	Newbury Park, Calif. / Newbury Park HS
4	Dani Curran	UT	5-6	FR	HS	Chino, Calif. / Ayala HS
5	Tanya Torres	UT	5-8	SR	2V	Alta Loma, Calif. / Rancho Cucamonga HS
6	Katie Buzzetta	UT	5-6	FR	HS	Hollister, Calif. / San Benito HS
7	Megan Lane	UT	5-6	FR	HS	Brea, Calif. / Brea Olinda HS
8	Kathryn Hannum	UT	5-10	JR	2V	Davis, Calif. / Davis HS
9	Natalie Jennings	A	5-4	FR	HS	Concord, Calif. / Clayton Valley HS
10	Adriana Vogt	UT	5-10	SO	1V	Menlo Park, Calif. / Sacred Heart Prep
11	Alyssa Friesen	UT	5-9	SO	SQ	Davis, Calif. / Davis HS
12	Juliet Moss	2M	6-1	SR	3V	San Jose, Calif. / Mt. Pleasant HS
13	Melissa Ainsworth	A	5-5	FR	HS	Ventura, Calif. / Buena HS
14	Kelsi Okuda	A	5-6	JR	1V	Morgan Hill, Calif. / Valley Christian HS
15	Laura Shope	UT	5-9	SO	SQ	Morgan Hill, Calif. / Live Oak HS
17	Allie Stewart	2M	5-7	FR	HS	Sacramento, Calif. / St. Francis HS
18	Katelyn Solis	UT	5-5	FR	HS	Tustin, Calif. / Rosary HS
19	Kelly Stewart	A	5-7	FR	HS	Surrey, B.C. / Elgin Park HS
21	Janessa Schmidbauer	UT	5-11	FR	HS	San Diego, Calif. / Mt. Carmel HS

Head Coach: Lou Tully (San Jose State, 1967, 13th season)

Assistant Coach: Johnny Bega (Long Beach State, 1999, 4th season)

Volunteer Assistant Coach: Doug Robinson (Cal Poly, 1988, 9th season)



The Spartans

**LOU
TULLY**
Head Coach
13th Season



Lou Tully is in his 13th season as San Jose State University's women's water polo head coach. As the Spartans' only coach, Tully has taken a program from infancy to perennial national power.



Playing in the Mountain Pacific Sports Federation (MPSF), the most competitive conference in the country, Tully has led the Spartans to eight top-10 national finishes. In each of the last two seasons, San Jose State won 16 matches and defeated four top-10 ranked opponents. The Spartans finished sixth in 2007 and seventh in 2008 in the final national coaches' poll. Entering the 2009 season, Tully owns a career coaching mark of 181-194.

His Spartans have earned All-America honors 10 times and All-Mountain Pacific Sports Federation recognition on 15 occasions. Since 2002, the Spartans also have earned 30 MPSF All-Academic Awards.

Successful at the high school, community college and club levels, he joined San Jose State in 1996 after coaching the boys and girls teams at Leland High School in San Jose.



Tully began his coaching career in 1966 at Menlo Junior College, where he coached water polo and swimming. He spent 11 years coaching at various local high schools, winning league championships at Mt. Pleasant High School in 1977 and at Leland in 1997. Tully has coached high school All-Americans, including Mike Castaneda, Steve Lynn, Norman Villanueva, Tres Threatt and Brent Vanderkam.

Besides coaching the Spartans, Tully has overseen and coached the San Jose Splash for 13 years, a club team he started for local junior women's players.

A long-time water polo official, Tully has officiated at every level, including the Junior Olympic Nationals, U. S. Senior Men's and Women's National Championships, community college state championships and NCAA Division I men's and women's matches. Tully currently serves on the board of the Peninsula Referees Association.

The 1967 San Jose State graduate majored in physical education and played four seasons of collegiate water polo. He went on to earn his master's degree in physical education from San Jose State in 1972. Tully also holds a California Life Teaching Credential. He and his wife, Susan, have two adult children, Megan and Ian. The Tullys reside in San Jose.

Lou Tully Year-By-Year

	Overall Record	MPSF Record	MPSF Finish	National Ranking	Goals Scored
1997	4-17				
1998	14-22	2-7	9th	14th	218
1999	19-21	2-7	8th	9th	243
2000	22-18	4-5	7th	11th	288
2001	16-11	5-5	5th	5th	194
2002	19-12	5-6	6th	6th	248
2003	15-16	3-7	10th	9th	196
2004	16-16	4-7	9th	10th	232
2005	11-19	3-9	12th	12th	218
2006	13-14	5-7	8th	8th	188
2007	16-13	6-6	6th	6th	300
2008	16-15	4-8	7th	7th	270
Totals	181-194				



The Spartans



**JOHNNY
BEGA**
Associate
Head Coach
3rd Season



**DOUG
ROBINSON**
Volunteer
Assistant
10th Season



Johnny Bega is in his third season as a member of the San Jose State women's water polo coaching staff. After two seasons as an assistant coach, he is the associate head coach for the 2009 team.

Bega joined the Spartans after spending the 2006 season as the volunteer assistant at Santa Clara University.

His coaching background is a blend of NCAA Division I and an international experiences the last 12 years. He

developed a strong background at the international level when he was the USA National Zone 11 junior girls and youth boys head coach. From 1997 until 2001, he coached water polo in Japan, Hungary, Brazil, Greece and Holland.

Bega also has a winning history coaching at the club level. From 1996 until 2002, he was the head coach of the Long Beach Shore Aquatics club team. They won five gold, seven silver, and four bronze medals at the Junior Olympics.

Bega has also seen success at the high school ranks, winning the CIF Boys Division I title three times as the assistant coach at Wilson High School in Long Beach, Calif. In 2001, he directed Marina High School of Huntington beach, Calif., to the Sunset League boys and girls titles.

The 1999 Long Beach State graduate majored in vocational education. Bega currently resides in Menlo Park, Calif.

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Doug Robinson is in his tenth season as the Spartans' volunteer assistant.

He has coached high school water polo at several area schools and is in his 18th year as a middle school alternative schools teacher for the Santa Clara County Office of Education.

Robinson played water polo at Live Oak High School in Morgan Hill, Calif., and continues to compete as a member of the Bay Area Masters' Water Polo Club.




The 1988 graduate of Cal Poly resides in Campbell.



(Left to right): Associate head coach Johnny Bega, head coach Lou Tully and volunteer assistant Doug Robinson

**MELISSA
AINSWORTH**
13 UT, 5-6, FR, HS
Ventura, Calif.
Major -
Undeclared




AT SAN JOSE STATE: In her first season with the Spartans.

HIGH SCHOOL: Lettered in water polo (Coach Chris Prewitt) and swimming at Buena High in Ventura, Calif....led her team in goal scoring and steals her junior and senior seasons...a second-team all-county selection in water polo.

MELISSA: Has not declared a major...club teams were the Santa Barbara Water Polo and Ventura Clubs...enjoys surfing, playing the guitar and painting...born in Ventura, Calif., on May 6, 1990.



**KATIE
BUZZETTA**
6 UT, 5-6, FR, HS
Hollister, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans.

HIGH SCHOOL: Lettered in water polo (Coach Derek Kislng) and swimming at San Benito (Calif.) High...named her team's Most Valuable Player her junior and senior seasons...prolific goal scorer who tallied 178 goals her final two seasons...scored 88 goals in 20 games as a senior...90 goals in 23 games during her 2006 junior season...team's Best Offensive

Player as a freshman and sophomore...two-time first-team all-league and second-team All-Central Coast Section (CCS) selection in 2006 and 2007...honorable mention All-CCS her first two seasons.

KATIE: Has not declared a major...club teams were Splash and Legacy...a member of the San Benito Aquatics Club...born in Los Gatos, Calif., on December 20, 1989.



**DANI
CURRAN**
4 UT, 5-5, FR, HS
Chino, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans.

HIGH SCHOOL: Lettered in water polo (Coach Vince Makuch) and swimming at Ayala High in Chino Hills, Calif....School-record-holder for single season (123) and career goal scoring (280)...two-time Sierra League Most Valuable Player...first-team All-Sierra League selection as a sophomore and a senior...second-team all-league pick as a freshman.





DANI: Plans to major in international business; wants to pursue a career in government...club team was Chino Hills Area Water Polo (CHAWP)...three-time USA Water Polo All-America player...club won the 2008 National Junior Olympics in Irvine, Calif....her sister, Chelsea Curran is in her third season playing water polo for Cal State Northridge...was born in Anaheim, Calif., on March 13, 1990.

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ALYSSA
FRIESEN

D, 5-9, SO, SQ
Clovis, Calif.
Communications
Studies Major



AT SAN JOSE STATE: In her second season with the Spartans...a 2008 San Jose State University Scholar-Athlete.

2008: Appeared in seven matches...scored her first major college goal in the 17-4 win over Pacific (2/3).

HIGH SCHOOL: Lettered in water polo (Coach Fabrizio Lofaro) and swimming at Clovis (Calif.) High...earned all-valley, all-city and all-league honors in both sports in junior and senior seasons.


ALYSSA: Majoring in communications studies...was born on April 6, 1989.



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KATHRYN
HANNUM

UT, 5-10, JR, 2V
Davis, Calif.
Geography Major



AT SAN JOSE STATE: In her third season with the Spartans...17 career goals heading into the 2009 season.

2008: Played in 22 games and started 20 times...upped her goal total to 13 for the season...scored goals in 11 different contests...two-goal games in the Pacific (2/3) and UC Irvine (2/23) wins...had an early-season three-game scoring streak starting with Pacific and continuing against Hawai'i (2/9) and Michigan (2/9).

2007: Scored in four different games...all four goals contributed to Spartan wins...scored a goal in the 10-5 season-opening victory over No. 17 Santa Clara (1/27)...scored in wins over UC Davis (2/25) and Cal State Monterey Bay (4/15)...tallied once in a team-record 22-goal performance against Pacific (3/31).

HIGH SCHOOL: Lettered in swimming (Coach Peter Motekaitis) for four years and water polo (Coach Doug Wright) for two years at Davis (Calif.) High School...won Sac-Joquin Section championships in swimming and water polo...first-team All-Monticello Empire League and first-team all-section selection.

KATHRYN: Majoring in geography...played for the Davis Water Polo Club and the San Jose Splash club teams...born in Woodland, Calif., on May 19, 1988.



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**NATALIE
JENNINGS**
AT, 5-4, FR, HS
Concord, Calif.
Major -
Undeclared



AT SAN JOSE STATE:
In her first season with the Spartans.

HIGH SCHOOL:
Lettered in water polo (Coach Dennis Bledsoe) and swimming at Clayton Valley High in Concord, Calif....team captain in both sports...a 2007-08 KAI-Sports ninth-team All-American...league Most Valuable Player her senior season...set the career goal-scoring record at Clayton Valley...two-time first-team All-East Bay League pick



NATALIE: Plans to major in kinesiology...played for the Diablo Club team...was born in Lafayette, Calif., on April 5, 1990.

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**KELLY
KENNISON**
GK, 5-10, SR, SQ
Long Beach, Calif.
Health Science
Major



AT SAN JOSE STATE: In her fourth season with the Spartans...competing for the starting goalkeeper job in 2009...30 career saves in the last two seasons.

2008: Played in four games and was credited with 9 saves as a reserve goalkeeper...team was 4-0 in the games in which she played...season-high four saves in the 15-10 win over Sonoma State (4/19) in the regular-season finale.

2007: Second on the team with 21 saves...recorded 13 saves in a four-game stretch...stopped career-best five shots in close wins over No. 20 Indiana (3/10) and Maryland (3/18)...made three

saves in victories over Princeton (3/17) and Pacific (3/31), when San Jose State out-scored its opponents by a combined 44-14.

2006: Was a reserve goalkeeper...did not record any saves.

HIGH SCHOOL: Lettered in water polo four times at Saint Joseph High (Coach Jennie Charlesworth) in Lakewood, Calif....a first-team All-Serra League selection in 2005...a second team All-Serra League selection in 2003 and 2004...set school records for most saves in a game with 17, and most saves in a single season with 287...finished second in school history in steals with 168...named team Most Valuable Player 2003-2005.

KELLY: Majoring in health science...played club water polo for the Long Beach Shore (Coach Ricardo Azevedo) and the San Jose Splash...plans to join the Air Force and become a nurse...was born in Long Beach, Calif., on July 4, 1987.



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**MEGAN
LANE**
UT, 5-7, FR, HS
Clovis, Calif.
Major -
Undeclared



AT SAN JOSE STATE:
In her first season with the Spartans.


HIGH SCHOOL:
Lettered in water polo (Coach Sean Harren), swimming and volleyball at Brea (Calif.) Olinda High...helped her team reach the Division II C.I.F. girls' water polo playoffs her senior season...2008 Century League Most Valuable Player...three-time team Most Valuable Player...scored 84 goals in 27 games her junior season...second-team All-C.I.F. Division II choice in 2007...second-team all-league selection as a sophomore.



The Spartans



MEGAN: Plans to major in child development...hopes to become a teacher...has competed for the El Rancho Water Polo Club in Pico Rivera, Calif...was born in La Habra, Calif., on November 8, 1989.

1A	LAUREN LEWIS	
	GK, 5-9, SO, SQ Fountain Valley, Calif. Liberal Studies Major	




AT SAN JOSE STATE: In her second season with the Spartans...a 2008 San Jose State University Scholar-Athlete.

2008: Played in the 17-4 win over Pacific (2/3) and was credited with one save.

HIGH SCHOOL: Lettered in water polo at Upland (Calif.) High (Coach Cody Bell)...Upland won two CIF championships and four Baseline League titles during her career...earned All-CIF honors as a senior.

LAUREN: Majoring in liberal studies...hopes to become a 2nd grade teacher...competed for the Irvine Water Polo Club...was born in Upland, Calif., on December 28, 1988.

3	BRIDGET McKEE	
	UT, 6-0, JR, 2V Newbury Park, Calif. Anthropology Major	

AT SAN JOSE STATE: In her third season with the Spartans...2008 Association of Collegiate Water Polo Coaches All-American Academic award winner...two-time Academic All-Mountain Pacific Sports Federation and San Jose State University Scholar-Athlete...has the distinction of earning one of the top five grade-point averages during each of her first two years at the university...74 career goals heading into the 2009

season...22 multiple-goal games her first two seasons...has scored four goals in a game four times for the Spartans...also competes for the Spartans' swimming and diving program.

2008: Second on the team in scoring with 49 goals...played in 29 games and started 28 times...scored at least one goal in 22 of the 29 games she played...was the team's leading scorer in a game six times...Spartans had a 4-2 record when she led the way in scoring...three-game stretch as the team leader in scoring – at USC (4/6), UC Irvine (4/12) and the Santa Clara win (4/13)...had a single-game season high four goals each in the wins over Colorado State (1/27), Cal State Northridge (4/5) and Santa Clara (4/13)...posted multiple-goal scoring games 15 times and the team finished with a 10-5 record in those games.

2007: Was sixth on the team in scoring with 27 goals...sixth all-time in goals scored by a freshman...seven multiple-goal matches...scored in her first three matches, including two goals in a season-opening victory over No. 17 Santa Clara (1/27) and goals against No. 5 Hawai'i and No. 3 Stanford...scored four times in a record 22-9 victory over No. 18 Princeton...netted three goals in wins over Cal State Northridge (2/17) and No. 20 Indiana (3/10)...scored twice in a 12-9 win over UC Santa Barbara (4/14) and against No. 2 UCLA (4/5)...participated in one home meet for the Spartan swim team, against Pacific...placed third in the 100 freestyle and swam on the second-place 200 freestyle relay and fourth-place 200 medley relays.

HIGH SCHOOL: Lettered in swimming and water polo (Coach Casey Graham) for all four years at Newbury Park (Calif.) High...three-time first-team All-Marmonte League selection and third-team and first-team All-CIF selection in water polo...four-time All-Marmonte League selection in swimming.

BRIDGET: Majoring in anthropology...hopes to pursue a career as an archaeologist...played club water polo for Ventura Coast (Coach Mike Giles)...enjoys surfing and spending time with her rabbit... was born in Newbury Park, Calif., on September 30, 1988.



**MEAGAN
MINSON**
1B GK, 6-0, FR, HS
Riverside, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans...one of three goalkeepers on the 2009 team.

HIGH SCHOOL: Lettered in water polo (Coach Bill Graham), volleyball and swimming at Arlington High in Riverside, Calif...2008 first-team all-area choice in water polo...two-time All-Ivy League water polo selection...first-team as a senior after being credited with 231 saves and second-team as a junior...helped her team win a C.I.F. championship as a sophomore.

MEAGAN: Plans to major in liberal studies...hopes to become a kindergarten teacher...played club water polo for Riverside Aquatics...was born in Riverside, Calif., on July 24, 1990.



University Scholar-Athlete...two-time Academic All-Mountain Pacific Sports Federation honoree... 126 career goals...enters the 2009 season fifth on the San Jose State career scoring list...has two of the top five single-season scoring marks at the university...set a new single-game scoring record with 7 goals against Cal State Northridge (4/5/08)...team's leading scorer 20 times in her first three seasons.

NATIONAL TEAM EXPERIENCE: Member of the 2008 United States Senior National training team...Traveled to the Netherlands as a member of the 2007 United States Junior National water polo team...chosen to attend the 2007 USA National Water Polo training facility in Southern California to compete in the Speedo Top-40 Festival featuring the nation's top players.

2008: Honorable mention All-America selection by the American Collegiate Water Polo Coaches...second-team All-MPSF...led the Spartans in scoring with 60 goals in 31 games...ranked eighth in the MPSF in scoring averaging 1.94 goals per game...15 games in which she scored two or more goals...team was 10-5 when she scored two or more goals...scored at least one goal in each of the first 11 games...31 goals in 18 games against teams ranked in the top-10 nationally...five-goal performance to open the season against UC San Diego (1/26)...hat-trick in the MPSF Tournament seventh-place win over Arizona State (4/27).



2007: Emerged as a leader of the Spartans during her sophomore season...led team and finished 9th in the MPSF with 55 goals in her 27 games played...averaged 2.04 goals per game...led team in scoring in 10 games...scored six goals in a game three times: vs. Long Beach State (4/28), Pacific (3/31) and Princeton (3/17)...also added a five-goal game at Arizona State (3/4).

2006: Seventh on the team with 11 goals scored...scored two goals in a victory over No. 18 Cal State Northridge (3/9)...recorded a goal in her first collegiate match versus Santa Clara (1/28)...scored versus No. 3 Stanford (2/12).

HIGH SCHOOL: Lettered in water polo four times (Coaches Corrie Howard and Stan Weiss) and swimming three times (Coaches JoJo Martinez and Andy McKay) at Mt. Pleasant High School in San Jose, Calif...named the Blossom Valley Athletic

**JULIET
MOSS**
12 2M, 6-1, SR, 3V
San Jose, Calif.
Kinesiology Major



AT SAN JOSE STATE: In her fourth year with the Spartans...returning All-America player...two-time All-Mountain Pacific Sports Federation (MPSF) choice...a three-time San Jose State



The Spartans



League Junior of the Year in 2004, and the Senior of the Year in 2005...named the Most Valuable Player of the water polo team three times...also named the Most Valuable Player of the swimming team three times.

JULIET: Majoring in kinesiology...wants to become a physical education teacher...played club water polo for the San Jose Splash (Coach Lou Tully)...mother, Cheryl Moss, swims in masters competitions... was born in San Jose, Calif., on May 1, 1987.

2007: Tied for 16th on the team in scoring...scored in a record 22-9 victory over No. 18 Princeton (3/17)...swam in the 1000 freestyle race for the Spartan swim team in a home meet against Pacific (12/9/06).

VALLEY CHRISTIAN HIGH SCHOOL: Lettered in swimming and water polo (Coaches Laura Scott and Cathy Manthey)...member of the varsity water polo team for four years and team captain for three years...three-time All-West Catholic Athletic League selection.

KELSI: Majoring in hospitality management...played club water polo for the San Jose Splash (Coach Lou Tully)...enjoys cooking and baking... was born in Mountain View, Calif., on January 20, 1988.

14 **KELSI OKUDA**
A, 5-6, JR, 1V
Morgan Hill, Calif.
Major - Hospitality Management



AT SAN JOSE STATE:
In her third season with the Spartans....2008 San Jose State Scholar-Athlete...also competed for the Spartans' swimming and diving program.

2008: Earned her first varsity letter with the Spartans...tied for ninth on the team in scoring with three goals on the season...tallied in the win over Colorado State (1/27) in the Michigan Kick-Off, found the net against #1-ranked UCLA (2/10) and scored in the regular-season-ending triumph over Sonoma State (4/19).



21 **JANESSA SCHMIDBAUER**
UT, 5-11, FR, HS
San Diego, Calif.
Major - Undeclared



AT SAN JOSE STATE: In her first season with the Spartans...also competed for the 2008-09 Spartans' swimming and diving team in the backstroke and individual medley.

HIGH SCHOOL: Lettered in water polo (Coach Jon Au) and swimming at Mount Carmel High in San Diego, Calif...2006-07 Tenth team All-America selection by Kaisports.org...an all-league selection in each sport...a freestyle sprinter on the swimming team...former Palomar League champion in the 100 free.

JANESSA: Plans to major in health science...wants to become a nurse...played club water polo for the San Diego Shores...was born in Vancouver, B.C., on November 29, 1990.

LAURA SHOPE

15 UT, 5-9, SO, SQ
Morgan Hill, Calif.
Justice Studies
Major



AT SAN JOSE STATE:
In her second season with the Spartans...has one-multi-goal match heading into the 2009 season.

2008: Played in three matches...scored two goals, both in the Sonoma State win (4/19).

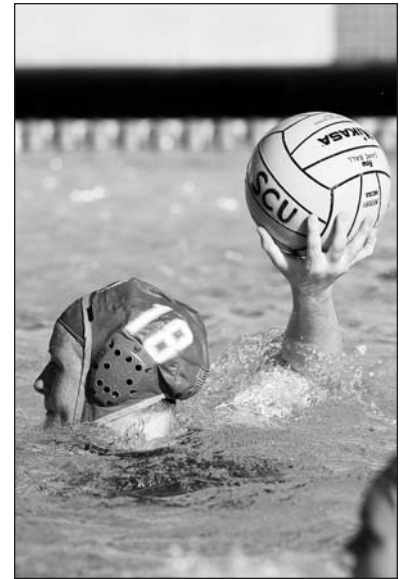
HIGH SCHOOL: A two-sport letterwinner in swimming and water polo (Coach Mack Haines) at Live Oak High in Morgan Hill, Calif...was a first-team all-league selection as a utility player her senior season...swam bests of 24.8 in the 50 free, 1:07.66 in the 100 breast and 54.8 in the 100 free.

LAURA: Majoring in justice studies...wants to become a police officer...club water polo experience with Morgan Hill water polo and the San Jose Splash...was born in San Jose, Calif., on February 7, 1989.



seasons...third-team All-C.I.F. Division I selection as a junior...averaged 2.00 goals per game her senior season...named her team's Most Valuable Player in water polo her junior and senior seasons...was the school's female Athlete of the Year in 2007 and 2008.

KATELYN: Plans to major in kinesiology...club water polo experience with SoCal Water Polo...was born in Fountain Valley, Calif., on May 8, 1990.



ALLIE STEWART
17 2M, 5-7, FR, HS
Sacramento, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans.

HIGH SCHOOL: Lettered in water polo (Coach Chris Borasi) and swimming at St. Francis High in Sacramento, Calif...2007-08 fourth-team All-America choice by kaisports.org and first-team All-Metro choice by the Sacramento Bee... water polo team Most Valuable Player her senior season...three-time all-league and all-section choice...was named her swim team's Most Inspirational swimmer as a junior.

ALLIE: Plans to major in business marketing...dad, Jack Stewart, is the president of California Manufacturers and Technology Association that represents 30,000 manufacturing, processing and technology-based companies in the state...club water polo experience with Davis Water Polo...was born in Sacramento, Calif., on December 29, 1989.



KATELYN SOLIS

18 UT, 5-11, FR, HS
San Diego, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans...competed for the Spartans' swimming and diving team as a freestyle sprinter.

HIGH SCHOOL: Lettered in water polo (Coach Mustafa Hassan) and swimming at Rosary High in Fullerton, Calif...scored 92 goals in 53 games during her junior and senior

19

KELLY STEWART
A, 5-7, FR, HS
Surrey, B.C.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans...competed for the San Jose State swimming and diving team in the breaststroke and as a freestyle sprinter.

HIGH SCHOOL: Lettered in water polo, swimming, cross country and soccer at Elgin Park Secondary School in Surrey, British Columbia.

KELLY: Plans to major in kinesiology...2008 British Columbia Youth Water Polo Female Player of the Year...played for the 2007 and 2008 Canadian National Youth Teams...club water polo experience with Pacific Storm...enjoys making gingerbread houses...dad, Malcolm Stewart, is an actor who has appeared on the CW network television series, Smallville, and has Broadway credits in Dracula, Bedroom Farce and Torch Song Trilogy...was born in Vancouver, British Columbia.

swimming and diving team in 2006-07.

2008: Played and started in 16 games...finished fifth on the team in scoring 26 goals...six multi-goal matches...particularly potent goal scorer against Big Ten



Conference opponents with 10 of her season total in three matches...single-game best five goals in the 13-5 win over #13-ranked Michigan (2/9)...led the Spartans with four tallies against Indiana (1/26) in the Michigan Kick-Off...scored at least one goal in each of the first eight matches.

2007: Ranked fifth on the team in scoring with 29 goals...scored season-best four goals in 7-6 win over UC Irvine (4/7)...paced team with two goals against USC in Stanford Tournament (2/4).

2006: Ninth on the team in scoring with a total of seven goals...scored in her first collegiate match versus Santa Clara (1/28)...had a two-goal performance against UC Santa Cruz (4/21)...scored the game-winning overtime goal to seal a victory over No. 7 San Diego State (4/9).

HIGH SCHOOL: Lettered in water polo (Coaches Ty Hudson and Michael Erickson) four times and in swimming three times at Rancho Cucamonga (Calif.) High...a first-team All-Baseline League selection in 2002 and 2003...first-team All-C.I.F. and league Most Valuable Player in 2004 and 2005...four-time all-league selection in water polo.

TANYA: Health science major...interested in going to nursing school...played club water polo for the El Rancho (Coach Marcelo Leonardi) in Pico Rivera, Calif. and the San Jose Splash (Coach Lou Tully)...a 2005 All-American while playing for El Rancho...enjoys playing volleyball and basketball...was born in West Covina, Calif., on January 26, 1987.

5

TANYA TORRES
UT, 5-8, SR, 3V
Alta Loma, Calif.
Health Science
Major



AT SAN JOSE STATE: In her fourth season with the Spartans...62 career goals ...ranks 14th on the university's career goal scoring list...three-time San Jose State University Scholar-Athlete...2007 Academic All-Mountain Pacific Sports Federation honoree...team representative to the Student-Athlete Advisory Committee...two-sport athlete who competed on the Spartans'



The Spartans

**ADRIANA
VOGT**

10 UT, 5-10, SO, 1V
Menlo Park, Calif.
Kinesiology Major



AT SAN JOSE STATE:
In her second season with the Spartans...ranks 20th on the university's career scoring list with her 45 goals...two game-winning goals to her credit.

2008: Produced one of the best seasons by a San Jose State freshman water polo player...third on the team in scoring with 45 goals...second highest goal scoring by a Spartan freshman...scored in 22 of the team's 31 matches...was high scorer or shared the team lead in scoring in 10

matches...had six three-goal matches...led the Spartans with three tallies against #2-ranked Stanford (2/23)...scored the game-winner against Michigan in the championship match of the Michigan Kick-Off (1/27)...powered home the winner in the 8-7 triumph over Loyola Marymount (2/24) in the UC Irvine Invitational.

HIGH SCHOOL: Lettered in water polo (Coach Ed Samuels), swimming and basketball at Sacred Heart Prep in Menlo Park, Calif...a 2006-07 Kaisports.org fourth team All-American water polo pick...a three-time All-West Catholic Athletic League and All-Central Coast Section choice...earned All-WCAL honors in basketball as a senior.

ADRIANA: Majoring in kinesiology...hopes to become a physical therapist...played club for NORCAL (Coach Chris Dorst)...was a Junior Olympic All-American and Hawaiian Invitational MVP...would like to pursue a playing professional water polo in Europe...enjoys knitting...dad, Phil Vogt, played on the 1969 University of California water polo team that finished second at the NCAA Championship...brother, Parker Vogt, is the Girls' junior varsity coach at Sacred Heart Prep...brother, Taylor Vogt, was a catcher and designated hitter on the 2000 through 2004 UC Santa Barbara baseball teams...born in Burlingame, Calif., on January 29, 1989.

ALLY

WAASTED
UT, 5-4, FR, HS
Villa Park, Calif.
Major -
Undeclared



AT SAN JOSE STATE: In her first season with the Spartans.

HIGH SCHOOL: Lettered in water polo (Coach Brent Danna) and swimming at Villa Park (Calif.) High...2007-08 kaisports.org honorable mention All-America...scored 165 goals in her final two seasons...107 goals in 31 games as senior...had a pair of 7-goal matches...first-team All-Century league and second team All-C.I.F. her senior season...58 goals as a junior...helped her team to two C.I.F. Division I semifinal appearances and the 2006 C.I.F. Division I championship game.

ALLY: Plans to major in kinesiology...hopes to become a physical therapist...played club water polo for SET of El Toro, Calif...was born in Orange, Calif., on December 28, 1989.





The Record Book



Record Book

2008 Season Results (16-15, 4-8 MPSF)

Date	Opponent	Score	Goal Scoring
Jan. 26	#8-UC San Diego!	9-5 (W)	Moss, 5; Torres, 2; Harberts & Hazlett, 1
Jan. 26	Indiana!	13-8 (W)	Torres & Hazlett, 4; Moss & McKee, 2; Vogt, 1
Jan. 27	Colorado State!	16-5 (W)	McKee, 4; Harberts, 3; Torres, 2; Seven players with 1
Jan. 27	at #18-Michigan!	9-8 (W)	Moss & Vogt, 2; Torres, Harberts, McKee, Lindsey, & Hazlett, 1
Feb. 2	at #5-California*	9-5 (L)	Moss, 2; Vogt, Torres, & McKee, 1
Feb. 3	#Pacific*	17-4 (W)	Moss, Vogt, & Harberts, 3 ; Hannum, 2; Six players with 1
Feb. 9	#4-Hawai'i\$	10-9 (L)	Moss, Vogt, & Harberts, 2; Torres, McKee, & Hannum, 1
Feb. 9	#13-Michigan\$	13-5 (W)	Torres, 5; Moss, 3; Harberts, 2; Vogt, Lindsey, & Hannum, 1
Feb. 10	#1-UCLA\$	12-7 (L)	Vogt & McKee, 2; Moss, Lindsey & Okuda, 1
Feb. 10	#5-California\$	9-8 (L-OT)	Harberts, 3; McKee, 2; Moss, Torres & Iglesias, 1
Feb. 23	#10-UC Irvine^	12-3 (W)	Moss, Vogt & Torres, 3; Hannum, 2; Pearce, 1
Feb. 23	#2-Stanford^	15-8 (L)	Vogt, 3; McKee & Lindsey, 2; Torres
Feb. 24	UC Davis^	7-6 (L)	Vogt, 2; Harberts, McKee, Lindsey & Hannum, 1
Feb. 24	Loyola Marymount^	8-7 (W)	Moss, 4; Vogt, 2; Torres & Harberts, 1
Mar. 1	#10-Arizona State*	7-5 (L)	Vogt, 3; Moss & Torres, 1
Mar. 2	#7-San Diego State*	9-8 (L)	Vogt, Torres & Harberts, 2; McKee & Lindsey, 1
Mar. 8	at #17-UC Santa Barbara*	6-5 (W)	Harberts, 3; McKee, Vogt & Pearce, 1
Mar. 9	at #1-UCLA*	15-5 (L)	Harberts, 2; Moss, Vogt & Lindsey, 1
Mar. 15	#10-UC Davis	10-9 (W-OT)	Harberts & McKee, 3; Vogt, 2; Moss & Hannum, 1
Mar. 22	at #4-Hawai'i*	11-8 (L)	Moss, 3; Harberts, 2; Lindsey, Hannum & McKee, 1
Mar. 30	#13-Long Beach State*	8-5 (W)	McKee & Vogt, 3; Moss & Lindsey, 1
Apr. 5	at #15-Cal State Northridge*	14-6 (W)	Moss, 7; McKee, 4; Harberts, 3
Apr. 6	at #3-USC*	15-4 (L)	McKee, 2; Moss & Hannum, 1
Apr. 12	#8-UC Irvine	6-5 (L-4OT)	McKee, 3; Moss & Vogt, 1
Apr. 13	#19-Santa Clara	10-7 (W)	McKee, 4; Harberts, 3; Vogt, Lindsey & Peters, 1
Apr. 19	#2-Stanford*	9-8 (L)	Moss, 3; Harberts, Vogt, Pearce, Hannum & Iglesias, 1
Apr. 19	Sonoma State	15-10 (W)	Moss & Vogt, 4; Lindsey, McKee & Shope, 2; Okuda, 1
Apr. 24	#9-UC Irvine&	5-4 (W-OT)	McKee & Lindsey, 2; Moss, 1
Apr. 25	#1-UCLA&	12-1 (L)	Moss
Apr. 26	at #4-San Diego State&	9-7 (L)	Moss & Lindsey, 2; McKee, Harberts & Hannum, 1
Apr. 27	#6-Arizona State&	12-8 (W)	Moss, 4; Vogt & Lindsey, 3; McKee, 2

! – Michigan Kick-Off, Ann Arbor, Mich.

\$ – Stanford Invitational, Stanford, Calif.

^ – UC Irvine Tournament, Irvine, Calif.

* – Mountain Pacific Sports Federation match

& – Mountain Pacific Sports Federation Tournament, San Diego, Calif.

Individual Scoring

Name	Goals	Name	Goals
Juliet Moss	60	Natasha Iglesias	3
Bridget McKee	49	Kelsi Okuda	3
Adriana Vogt	45	Kelly Pearce	3
Beth Harberts	35	Laura Shope	2
Tanya Torres	26	Jenni Peters	1
Brianna Lindsey	21	Alyssa Friesen	1
Kathryn Hannum	13	Kristina Ericksen	1
Geraldine Hazlett	7	SAN JOSE STATE	270
		OPPONENTS	254

Goalkeeping

Name	Games	Saves
Kendra Adama	31	245
Kelly Kennison	4	19

Record Book



Individual Single-Game Goal Scoring

- 7, by Juliet Moss, at Long Beach State, 3/30/08
- 6, by Juliet Moss, vs. Princeton, 3/17/07, Long Beach State, 4/28/07
- 6, by Laura Scott, vs. UC Irvine, 5/1/05
- 6, by Christine Welsh, vs. UC San Diego, 3/9/03
- 5, by Tanya Torres, vs. Michigan, 2/9/08
- 5, by Juliet Moss, vs. UC San Diego, 1/26/08
- 5, by Kayleigh Knight, vs. CS Monterey, 4/15/07
- 5, by Alexis Higlett, vs. Indiana, 3/10/07
- 5, by Juliet Moss, vs. Arizona State, 3/4/07
- 5, by Beth Harberts, vs. 3/3/07
- 5, by Katie Morgan, vs. San Diego State, 4/9/05
- 5, by Christine Welsh, vs. UC Santa Cruz, 1/26/02
- 5, by Inna Fedoseyeva, vs. Pacific, 2/26/00
- 5, by Erin Kelly, vs. CS Bakersfield, 4/25/99
- 5, by Liz Garcia, vs. Long Beach State, 3/27/98



Juliet Moss set a San Jose State single-game scoring record in 2008 with seven goals against Cal State Northridge. She is one of two Spartans to score 50 or more goals in a season more than once.

Team Single-Game Goal Scoring

- 22, vs. Princeton, 3/17/07
- 22, vs. Pacific, 3/31/07
- 18, vs. Santa Clara, 1/26/02
- 18, vs. UC Santa Cruz, 1/29/00
- 18, vs. Cal State Hayward, 2/1/98
- 17, vs. Pacific, 2/3/08
- 17, vs. Pacific, 4/7/06
- 16, vs. Colorado State, 1/27/08
- 16, vs. UC Santa Cruz, 1/26/02
- 16, vs. Santa Clara, 1/29/00

Single-Season Goal-Scoring Leaders

Name	Season	Goals
1. Liz Garcia	1998	71
2. Inna Fedoseyeva	2000	69
3. Juliet Moss	2008	60
4. Juliet Moss	2007	55
5. Laura Scott	2005	52
6. Inna Fedoseyeva	1999	51
7. Bridget McKee	2008	49
Laura Scott	2004	49
9. Christine Welsh	2002	48
10. Katie Morgan	2005	46
Neva West	2000	46
12. Adriana Vogt	2008	45
Inna Fedoseyeva	2001	45
Liz Garcia	2000	45
15. Mary Beth Cox	2005	44
Alexis Higlett	2007	44
17. Liz Garcia	1999	39
18. Rachel Rhodes	2006	38
19. Angela Riddle	2004	37
Neva West	2001	37
21. Neva West	1999	36
Deanna Lowry	2007	36
23. Beth Harberts	2007	35
Beth Harberts	2007	35
Christine Welsh	2003	35
Neva West	2002	35
27. Inna Fedoseyeva	2002	34
Christy Taylor	2000	34
29. Christy Taylor	1999	33
30. Katie Morgan	2004	32
31. Christine Welsh	2001	30
32. Tanya Torres	2007	29
Katie Morgan	2006	29
Mary Beth Cox	2004	29
35. Jessica Levin	2003	28
36. Sarah Hovland	2006	27
Bridget McKee	2007	27
38. Tanya Torres	2008	26
39. Beth Harberts	2003	25



Adriana Vogt's 45 goals in 2008 are the most scored by a San Jose State freshman.

Career Goal-Scoring Leaders

Name	Seasons	Goals
1. Inna Fedoseyeva	1999-2002	199
2. Liz Garcia	1998-2000	155
3. Neva West	1999-2002	154
4. Laura Scott	2002-2005	141
5. Juliet Moss	2006-2008	126
6. Christy Taylor	1998-2001	124
7. Katie Morgan	2003-2006	122
8. Christine Welsh	2001-2003	113
9. Beth Harberts	2003-2008	112
10. Deanna Lowry	2003-2007	86
11. Mary Beth Cox	2002-2005	85
12. Bridget McKee	2007-2008	76
13. Angela Riddle	2003-2007	65
14. Tanya Torres	2006-2008	62
15. Alexis Higlett	2006-2007	61
16. Christine Scott	1999-2002	57
17. Jessamyn Grewal	1999-2002	56
18. Rachel Rhodes	2004-2006	52
19. Adriana Vogt	2008	45
20. Erin Kelly	1999-2002	41
21. Sarah Hovland	2005-2006	40
22. Geraldine Hazlett	2006-2008	37
23. Julie (Schmidt) Cahill	2000-2001	36
24. Brianna Lindsey	2006-2008	34
25. Jessica Levin	2002-2003	32
26. Jamie Schneider	2002-2005	31
27. Faviola Del Real	2003-2005	27
Allison Kurvers	2000-2002	27
29. Cassie Rawdin	1998-2001	26
30. Laurel Govett	1998-1999	25

All-Americans

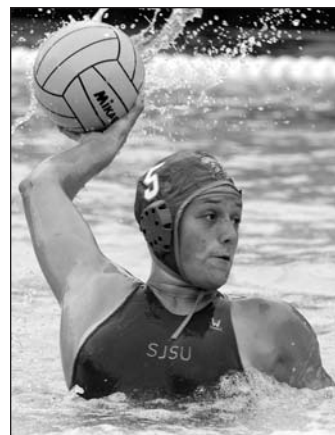
2008	Beth Harberts	Honorable Mention
	Juliet Moss	Honorable Mention
2007	Beth Harberts	Third Team
2005	Laura Scott	Honorable Mention
2004	Laura Scott	Honorable Mention
2002	Neva West	Third Team
	Inna Fedoseyeva	Honorable Mention
2001	Inna Fedoseyeva	First Team
	Neva West	Honorable Mention
2000	Neva West	Third Team
1999	Liz Garcia	Honorable Mention



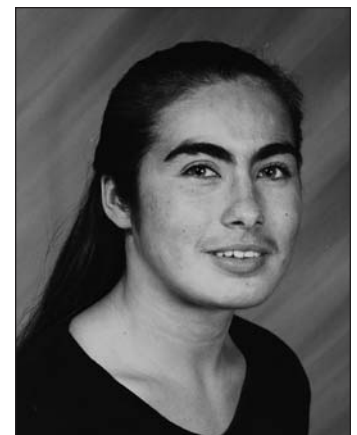
Inna Fedoseyeva is the first San Jose State player to earn first-team All-America recognition.



Beth Harberts is a two-time All-American and three-time Mountain Pacific Sports Federation All-Academic team selection.



Laura Scott is a two-time All-American and the first Spartan named first-team All-MPSE.



Liz Garcia is the first San Jose State player to earn All-America honors in women's water polo.

Record Book



All-Mountain Pacific Sports Federation

2008	Juliet Moss Adriana Vogt	Second Team All-Freshman Team
2007	Beth Harberts	Second Team
2006	Katie Morgan	Honorable Mention
2004	Laura Scott	First Team
2003	Jessica Levin	Honorable Mention
2002	Neva West Inna Fedoseyeva	Second Team Honorable Mention
2001	Inna Fedoseyeva Neva West	Second Team Honorable Mention
2000	Inna Fedoseyeva Neva West	Second Team Second Team
1999	Liz Garcia Inna Fedoseyeva	Second Team Honorable Mention
1998	Liz Garcia	Honorable Mention

Mountain Pacific Sports Federation All-Tournament

2002	Neva West	Second Team
2001	Inna Fedoseyeva	Second Team
2000	Inna Fedoseyeva	Second Team

Mountain Pacific Sports Federation

All-Academic

2008	Beth Harberts Bridget McKee	Juliet Moss
2007	Beth Harberts Geraldine Hazlett Alexis Higlett	Juliet Moss Angela Riddle Tanya Torres
2006	Beth Harberts Sara Natalizio Angela Riddle	
2005	Mary Beth Cox Faviola Del Real	Sharon Hyrne Laura Scott
2004	Mary Beth Cox Faviola Del Real Sharon Hyrne	Angela Riddle Laura Scott
2003	Mary Beth Cox Sharon Hyme Jessica Levin	Nichole Lipman Laura Scott
2002	Inna Fedoseyeva Allison Kurvers	Nichole Lipman Christine Scott

CoSIDA Academic All-District VIII

2007	Alexis Higlett
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Association of Collegiate Water Polo Coaches All-American Academic Awards

2008	Bridget McKee Beth Harberts Juliet Moss
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Juliet Moss is a 2008 honorable mention All-America player.



Neva West is the first three-time All-America women's water polo player at San Jose State.



Record Book

Letterwinners

Adama, Kendra	2005, 06, 07, 08	Higlett, Alexis	2006, 07	Pearce, Kelly	2005, 06, 08
Andueza, Elisa	1998, 99	Holtz, Elizabeth	1999	Peters, Jenni	2007
Charlesworth, Jennie	1998	Hovland, Sarah	2005, 06	Rawdin, Cassie	1998, 99, 2000, 01
Corcoran, Meghan	2004	Hughes, Suzanne	1998	Rhodes, Rachel	2004, 05, 06
Corgiat, Caroline	1998	Hunt, Sara	1999, 2000	Taylor, Christy	1998, 99, 2000, 01
Cox, Mary Beth	2002, 03, 04, 05	Hyrne, Sharon	2002, 03, 04, 05	Riddle, Adriane	2001
Craig, Sean	1998	Iglesias, Natasha	2008	Riddle, Angela	2003-07
Del Real, Faviola	2003, 04, 05	Johnson, Delores	2003	Rozzen, Michelle	2002, 2004
Fachner, Erika	2003	Kelly, Erin	1999, 2000, 01, 02	Schmidt, Julie	2000-01, 2003
Fedoseyeva, Inna	1999, 2000, 01, 02	Kiene, Allison	2002	Schneider, Jamie	2002, 03, 04, 05
Garcia, Liz	1998, 99, 2000	Kurvers, Allison	2000, 01, 02	Scott, Christine	1999, 2000, 01, 02
Garza, Beckie	1999, 2000	Le Sueur, Stefanie	2001, 02	Scott, Laura	2002, 03, 04, 05
Gazzolo, Cynthia	2007	Levin, Jessica	2002, 03	Snow, Sarah	1998
Giles, Mary	1998	Lindsey, Brianna	2006, 07, 08	Strader, Angela	2004, 05
Govett, Laurel	1998	Lipman, Nichole	2001, 02, 03	Torres, Tanya	2006, 07, 08
Greenfield, Lisa	1998	Lowry, Deanna	2003-04, 2006-07	Turner, Monica	1998-2001
Grewal, Jessamyn	1999, 2000, 01, 02	Machado, Monica	2004, 05	Vogt, Adriana	2008
Hannum, Kathryn	2007, 08	McKee, Bridget	2007, 08	Welsh, Christine	2001, 02, 03
Hansell, Krissy	2003, 04, 05, 06	Morgan, Katie	2003, 04, 05, 06	West, Dottie	1999, 2000
Harberts, Beth	2003, 2006, 07, 08	Moss, Juliet	2006, 07, 08	West, Neva	1999, 2000, 01, 02
Haugen, Katie	2000	Natalizio, Sara	2006, 07	White, Abbey	2004
Hazlett, Geraldine	2006, 07	Nichols, Melanie	1999, 2000, 01	Yepez, Brooke	2006
Heisel, Paula	1998	Nippert, Nicole	1998	Young-Heisel, Natasha	1999
Hernandez, Catherine	1998	Okuda, Kelsi	2008		

San Jose State University Scholar-Athletes

2008	Alyssa Friesen Jenni Peters	Lauren Lewis Tanya Torres	Bridget McKee	Juliet Moss	Kelsi Okuda	Lindsey Olsen
2007	Kristy Cardone Juliet Moss Brooke Yepez	Cynthia Gazzolo Sara Natalizio	Beth Harberts Kelsi Okuda	Geraldine Hazlett Jenni Peters	Alexis Higlett Angela Riddle	Bridget McKee Tanya Torres
2006	Jennie Darling Angela Riddle	Beth Harberts Tanya Torres	Geraldine Hazlett Brooke Yepez	Alexis Higlett	Juliet Moss	Sara Natalizio
2005	Mary Beth Cox Sharon Hyrne	Faviola Del Real Sara Natalizio	Brooke Eisner Angela Riddle	Tarin Gambello Laura Scott	Beth Harberts Brianna Wilson	Sarah Hovland
2004	Faviola Del Real Abbey White	Erika Fachner	Beth Harberts	Sharon Hyrne	Monica Machado	Laura Scott
2002	Meghan Corcoran Allison Kiene Laura Scott	Lisa Covey Allison Kurvers Abbey White	Mary Beth Cox Jessica Levine Alene White	Inna Fedoseyeva Nichole Lipman	Katherine Hansen Monica Machado	Sharon Hyrne Christine Scott
2001	Lindsey Failing Melanie Nichols	Inna Fedoseyeva Cassie Rawdin	Xina Gleason Christine Scott	Alison Kurvers	Nichole Lipman	Kendall Mercer
2000	Inna Fedoseyeva Melanie Nichols	Liz Garcia Cassie Rawdin	Sara Hunt Christine Scott	Alison Kurvers	Katherine Mercer	Michelle Moore
1999	Inna Fedoseyeva Erin Jonasson Natasha Young-Heisel	Liz Garcia Ellen Kenny	Laurel Govett Erin Matteucci	Paula Heisel Mary McDonough	Elizabeth Holtz Melanie Nichols	Suzanne Hughes Christine Scott
1998	Kim Caldwell	Amy Fletcher Mary McDonough	Liz Garcia Nicole Nippert	Laurel Govett Rachelle Sentak	Paula Heisel Natasha Young-Heisel	Suzanne Hughes

A black and white photograph of San Jose State University. The image features a prominent Gothic Revival style tower on the left with a tiled roof and arched windows. In the background, a large, multi-story building with a central dome is visible. The foreground shows a courtyard with trees and a walkway. The text "San Jose State University" is overlaid in white serif font on the right side of the image.

San Jose State University

City of San Jose



The skyline of downtown San Jose

Situated at the hub of Silicon Valley is San Jose – the third largest city in California and the 10th largest in the nation. San Jose, strategically located at the sunny, southern tip of the San Francisco Bay, is surrounded by rolling hills and striking mountains. San Jose’s vibrant and growing downtown is the setting for San Jose State University and the focus for important financial, commercial and arts communities.

*“ San Jose is a confident and exciting city, full of optimism and opportunity. We treasure our past. We embrace our diversity. We nurture our future, in our children and through stewardship of our resources. People are proud to live here. Our city is committed to sustaining and improving the quality of life in every neighborhood, for every resident, now and in the future.” –
www.sanjoseca.gov*



San Jose offers a neighborhood feel in a metropolitan environment.

Regional growth and stability are complemented by an active cultural life. San Jose is the home of the Silicon Valley High Technology and the Children’s Discovery museums, the San Jose Museum of Art, San Jose Symphony, the San Jose-Cleveland Ballet, numerous galleries and arts centers, Opera San Jose, the Winchester Mystery House and other respected professional and community group theater groups.

Light rail and historic trolley lines, the 18,000-seat HP Pavilion at San Jose, convention facilities, shops and a diverse night scene add to the excitement. Reflecting the cultural richness of the community is a wide range of restaurants.

A reason the South Bay has grown so dramatically is its quality of life. The mild climate encourages an active and casual lifestyle. There are more than 100,000 acres of land for biking, rollerblading and other outdoor activities. Boasting nearly 300 days of sunshine and an average sum-

- 30 minutes from the Pacific Ocean
- Population - 945,000
- Average annual household income of \$84,857 according to *Money* magazine
- One of the top-25 “brainiest” cities in the country
- More college graduates per 100 residents than any other major U.S. city
- More home owners than any large city in the country
- Worker productivity is twice the national average
- Best public safety record of any large metropolitan area in the United States the last 10 years.
- International airports – San Jose, San Francisco and Oakland

mer temperature of 74 degrees, San Jose symbolizes the best California has to offer. The region’s 1.6-million residents enjoy recreational and entertainment opportunities year-round. Within a short drive are San Francisco, beaches from Santa Cruz to Carmel, the California coastal redwoods, Lake Tahoe and Yosemite National Park.



San Jose State University will host the 2010 NCAA Division I Men’s Basketball Championship First & Second Round at the 18,200-seat HP Pavilion in downtown San Jose.



San José State provides a comprehensive university education, granting bachelor's and master's degrees in 134 areas of study. From its beginnings as a normal school to train teachers for the developing frontier, SJSU has matured into a metropolitan university. Quality teaching and small classes are a priority at SJSU, where tenured professors teach introductory as well as advanced courses.

One of the 200 top research universities in the nation, SJSU offers rigorous course work and research opportunities to more than 30,000 undergraduate and graduate students in eight colleges.

Located in the heart of the Silicon Valley, this university has aided the development of the computer industry and the resulting technological advances in our nation by providing the largest source of engineering, science and business graduates to Silicon Valley companies.

Graduating about 7,000 students annually, San Jose State University also provides the professional infrastructure for the region – from teachers to social workers to artists to law enforcement officers to nurses. The terms, ‘leaders and professionals,’ describe not just the types of graduates who earn their degrees at San Jose State, but also the roles they assume in their communities and in their fields of endeavor.

One strength of the academic program is the broad general education curriculum that brings common elements -- critical thinking, writing and communication skills, and cultural pluralism -- to diverse studies. Academic strength also is seen in the university’s nationally-recognized programs.

In each discipline, quality teaching remains a priority. Tenured faculty teach introductory as well as advanced courses with an emphasis on small classes. Learning facilities include computer-equipped classrooms, the Western world’s only undergraduate nuclear science facility and North America’s largest Beethoven Center. Focusing on applied research, faculty receive a growing number of contracts and grants each year. From Moss Landing Marine Research Laboratory to the NASA Ames Research Center, faculty are exploring everything from the depths of the ocean to the surface of Mars.

San Jose State University also finds strength in its diversity. For first-generation students, it is a gateway to economic independence and social mobility. It is also an incubator of cultural and intellectual development and an opportunity for lifelong learning. Students range in age from first-time freshmen to college transfers to professionals seeking additional education. Student demographics – with ethnic pluralism – provide the benefits of multiple cultures and diverse student interests and activities.

Dr. Jon Whitmore University President



Dr. Jon Whitmore was named President of San Jose State University in April 2008 with a start date in August 2008.

Dr. Whitmore, whose Ph.D. is from the University of California, Santa Barbara in theatre history, returns to California after five years (2003-2008) as the Texas Tech University president and a professor of theatre.

His distinguished professional history in academia began in 1967 at Washington State University. Positions at Highline Community College in Seattle and the University of California preceded an 11-year tenure (1974-1985) at West Virginia University where he gained full professorship and was Interim Dean of the College of Creative Arts. Dr. Whitmore spent five years (1985-1990) at the University of Iowa as the Dean, Faculty of Arts and Letters and a professor of theatre.

He was the Dean of the College of Fine Arts, the Effie Marie Cain Regents Chair and a professor of theatre at the University of Texas (1990-1996) and the Provost and a professor of theatre at the University of Iowa (1996-2003).

The native of Seattle, Wash., earned his bachelor’s and master’s degrees in speech from Washington State University. He and his wife, Jennifer, have a son, Ian, enrolled at the University of Iowa, and daughter, Amy, enrolled at Vanderbilt University.

Some Notable

San Jose State University Living Alumni

Ben Nighthorse Campbell (judo) – two-term U.S. Senator (Rep. - Colorado)

John Carlos (track) – 1968 Olympic Games 200-meter dash bronze medal winner

Dr. Harry Edwards (track & basketball) – world-renowned sports sociologist

Lee Evans (track) – 1968 Olympic Games 400-meter dash and 4x400 meter relay gold medal winner

Pat Hughes (basketball) – Chicago Cubs radio broadcaster

Juli Inkster (golf) – Two-time U.S. Open champion & LPGA Hall of Fame member

Brigadier General Anthony Jackson (football) – Deputy Commanding General, U.S. Marine Corps Forces Central Command

Roger Maltbie (golf) – NBC TV Sports golf commentator
Tommie Smith (track) – 1968 Olympic Games 200-meter dash gold medal winner

Peter Ueberroth (water polo & swimming) – President of the U.S. Olympic Committee

Ken Venturi (golf) – 1964 U.S. Open champion & Sports Illustrated ‘Sportsman of the Year’

The Campus Village

In the fall of 2005, San Jose State University opened the doors of Campus Village to more than 2,279 students, faculty and staff.

Positioned on Tenth Street between San Carlos and San Salvador on the southeast corner of the main campus, the Campus Village will be a gateway to incredible academic resources and campus activities, the excitement of downtown San Jose, the opportunities of Silicon Valley, and some of the world's greatest recreational areas.

The Campus Village will include three buildings featuring apartment and suite-style living accommodations and a typical college dormitory experience. Campus Village will include recreational and study areas, a full-service computer lab, wireless internet access, an interactive gaming center, laundry facilities, meeting rooms, retail stores and underground parking for 700 vehicles.

Fully equipped nearby recreational facilities offer residents space to work out, swim, play basketball, volleyball, ping-pong or pool.

Hassle-free access to the main campus is another asset to the Campus Village. Walking to the Student Union or to The Event Center, home for the San Jose State University men's and women's basketball and women's volleyball teams, will be five minutes or less. Residents also can walk or bicycle to the Dr. Martin Luther King Jr. Library without crossing any streets.



The Campus Village anchors the southeast corner of the university's skyline.

The Dr. Martin Luther King, Jr., Library

The Dr. Martin Luther King, Jr., Library, located on the main campus of San Jose State University opened in August 2003.

A first-of-its-kind collaboration between a city and a university, the \$177-million, 475,000 square-foot library provides a center for life-long learning. Students, faculty and the community have access to the information they will need for educational and personal growth throughout their lives.

The 10-floor library features:

- 3,623 seats
- 1,800 seats wired for the internet
- 400 public computers
- 135 databases of information
- 4 computer instruction laboratories
- 112 workstations available in the computer instruction labs
- 37 group-project rooms

The collaborative design provides many opportunities for academic, cultural and community programs. Multilingual and special collections for San Jose's diverse ethnic groups are available. An adaptive technology area assures all people have the ability to access the information and databases available.



Students can walk from class to the library for study sessions and research work without crossing a street.

A nationally-acclaimed university:

- 10th best regional public university in the western United States – 2006 *U.S. News & World Report*, "America's Best Colleges"

- One of the top-100 nationally for the greatest number of Hispanic bachelor's degree graduates – *Hispanic Outlook in Higher Education*, "Top 100 Colleges for Hispanics," May 7, 2007.

Standing out from the rest

- San Jose State is the number one supplier of engineering, computer science and business graduates to Silicon Valley, the world's high tech capital.

- San Jose State awards nearly \$60-million in financial aid to 13,000 students each year.

- The Metropolitan University Scholar's Experience (MUSE) is a program aimed at helping first-year students succeed on campus. More than 1,000 incoming students participated in 2002-03.

- The annual Career Expo provides recruitment opportunities for nearly 2,000 students. In 2004, the university's Career Center was named one of the four best such facilities in California by the California Career Education Association. Over 300 employers visit the university annually to recruit students for available positions.

- San Jose State is believed to be the first university in the country to create a Mexican-American Studies Department.

- The nationally-recognized animation program is a collaborative effort between SJSU and technology, entertainment and telecommunications industry partners.

Tom Bowen, Director of Athletics



Tom Bowen was named San Jose State University's director of intercollegiate athletics on December 20, 2004. Under his leadership and with his vision for the department, San Jose State is a viable Division I-A intercollegiate athletics program with proven athletics, academic and financial successes to his credit.



At the core of Bowen's mission for San Jose State University athletics is building a "Culture of Champions" academically, athletically and in the community. He has overhauled the department's infrastructure; invested resources both in external and internal operations; initiated an enhanced website presence; and expanded marketing, promotions and advertising opportunities with the creation of Spartan Sports Properties.

With his fund raising acumen, Bowen has led the Spartan Foundation - the department's fund-raising component - to unprecedented development heights with \$3.0- million during the last two annual fund drives.

As an integral member of the University's presidential staff, he has created new short and long-term revenue streams for intercollegiate athletics and many other campus extra-curricular activities. The university has benefitted from Athletics' increasing visibility, receiving record donations particularly in 2006-07.

In 2007-08, water polo was ranked seventh in the final national coaches poll. Women's gymnastics went to NCAA post-season action. Men's basketball had its best win total since 2001. San Jose State capped the school year with a budget surplus for an unprecedented third year in a row and was cited as one of 12 Division I universities cited for Overall Excellence in Diversity in a national study by Texas A&M University on behalf of the NCAA.

In 2006-07, water polo ranked sixth nationally in the final coaches' poll. Football had its finest season in nearly two decades capturing the New Mexico Bowl championship. There were All-American performances in football and water polo. Men's basketball, football, women's swimming, women's volleyball and water polo players competed in national team or individual national competitions. The 2007 season marked the second year in a row a Spartan won the Western Athletic Conference women's golf individual title.

He has appointed new head coaches in 10 sports. In 2005-06, San Jose State won the Western Athletic Conference women's golf championship, recorded its highest finish ever at a NCAA regional championship in women's gymnastics, produced seven teams out of 16 with its best conference finish in years, and had WAC Coaches of the Year in women's golf and softball.

Bowen's vision for student-athlete success and excellence led to the creation of a Student Success Services component.

Academic Progress Rate (APR) scores as measured by the NCAA have risen steadily under his watch.

Bowen came to San Jose State after serving three years as the Director of Community Affairs for the San Francisco 49ers of the National Football League. He directed all of the team's fund-raising activities and was responsible for alumni and current player participation in the community. Also serving as the executive director of the 49ers Foundation, San Francisco was the first NFL franchise to implement an annual giving program.

His Division I experience at the collegiate level includes athletics administration positions at the University of California and Saint Mary's College in Moraga, Calif. As an assistant and associate director of athletics at the University of California from July 2000 through September 2002, he was responsible for athletics fund-raising. Bowen was credited with developing the first comprehensive planned giving program for the Golden Bears.

At Saint Mary's College, he was the Director of Foundations and Corporate Relations from May 1995 to January 1997 before being appointed to an associate director of athletics position by the president of the college. His grant proposal acumen helped raise \$6.1-million in academic funding for the institution. From January 1997 through April 2000, he managed the athletics department's budget, directed a corporate sponsorship program and interacted with the academic senate, faculty and university personnel on student-athlete issues.

His first professional leadership appointment in athletics was at De La Salle High School in Concord, Calif. From 1987 through 1995, he held the positions of assistant football coach and athletics director.

He is a Level 2 certified member of the College Athletic Business Management Association (CABMA), the National Association of Collegiate Directors of Athletics (NACDA) and the National Society of Fund Raising Executives. Bowen was named to the NCAA Football Issues Committee in 2008.

The 1983 graduate of the University of Notre Dame played high school football at Moreau High in Hayward, Calif. He majored in theology/sociology and spent six years studying for the priesthood with the Holy Cross Fathers. Bowen went on to earn a master's degree in administration/education from the University of San Francisco in 1990.

An active member of the Bay Area community, he was named to the 2008 San Jose Mercury News' Top-25 Most Powerful Sports Figures in the Bay Area. He serves on the board of the San Jose Sports Authority. Currently, an adjunct professor at the University of San Francisco School of Sports Management and at San Jose State University's Department of Kinesiology, he also was a senior faculty member of the Capital Campaign Institute based in Minneapolis, Minn., from 1996 through 2002. He continues to speak before major corporations headquartered locally on the topics of leadership, management and motivation.

The Denver, Colo., native and his wife, Mia, are the parents of three children.

The Koret Athletic Training Center

The Koret Athletic Training Center, opened in November 2001, is a state-of-the-art facility that encompasses over 10,000 square-feet of training space and is located adjacent to Spartan Stadium, the athletic locker rooms and the football practice field.

The Koret Athletic Training Center also contains a 1,000-square-foot rehabilitation and training room that services physical therapy and sports-specific rehabilitation. The facility enables the sports medicine staff of athletic trainers, doctors, and physical therapists to provide the best possible care to help prevent and rehabilitate injuries.

“Our Philosophy”

- We teach a hands-on approach where the student-athlete is expected to develop a comprehensive understanding of not only the How’s, but also the Why’s of our program.
- We teach correct movement patterns to optimize efficiency and performance.
- Our program design is centered on ground-based, free weight, multi-joint movements that will transfer to the playing field and keep our student-athletes out of our sports medicine facility.
- Our primary concern is the development of speed in all our sports.
- We develop speed and flexibility through strength.
- Our speed program consists of functional and straight-line speed training. Functional means acceleration, deceleration and change-of-direction work.
- We train through an entire range-of-motion in all lifts to enhance active flexibility, develop strength to prevent injury, and unlock joints with mobility issues.
- Olympic-based movements are utilized for speed of movement, active flexibility and dynamic stability.
- Squats and deadlifts have a permanent home in our program for developing hip strength and back stability. Single-leg variations are used to fix strength imbalance and lateral deficits.



“The Koret Athletic Training Center is one of the ‘crown jewels’ of the San Jose State University athletics program. The sheer size of the facility stops you in your tracks. We have everything a strength and conditioning program could conceivably need at our fingertips. Our student-athletes and coaches are truly blessed to have such a beautiful facility.” – Chris Holder, San Jose State director of strength & conditioning

Athletics Facilities



The San Jose State University women's volleyball and women's gymnastics teams compete in the recently renovated Spartan Gym located on the main campus. Every seat places the spectator on top of the action.



Muni Stadium (top) and Blethen Field (below) are the two homes of the San Jose State baseball team. The facilities are across the street from one another and a short walk from Spartan Stadium.

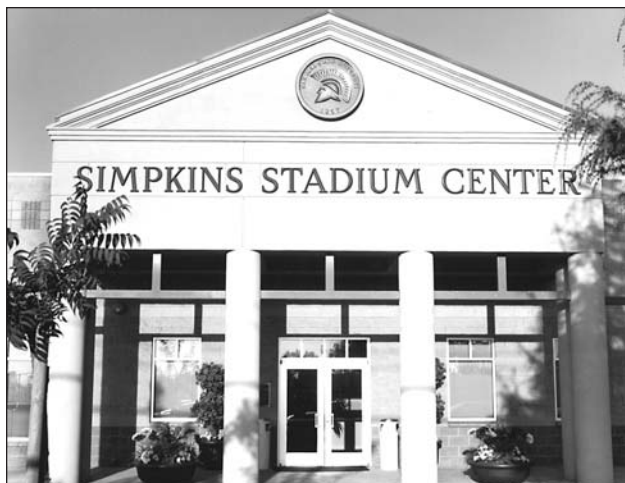


Spartan Stadium also serves as the home for the San Jose State University men's and women's soccer teams. The stadium has been the site of the NCAA Women's College Cup and Women's World Cup soccer.

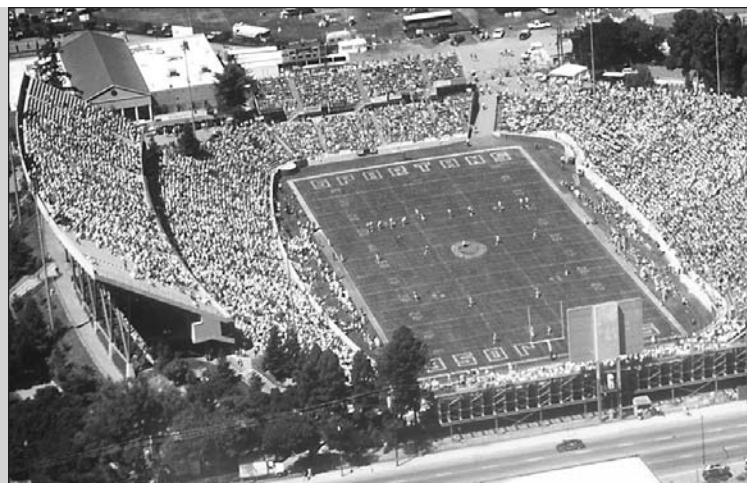


The men's and women's golf teams play at outstanding courses within a 30-mile radius.

Athletics Facilities



The football offices, team meeting rooms, Student Success Services personnel and Scott Gadway Academic Center are in the Simpkins Stadium Center, which is located between Spartan Stadium and the Koret Athletic Training Center.



Spartan Stadium is the home of the San Jose State University football team. "Spartan Stadium is a great place to play," says Dick Tomey, head coach of the Spartans.



The San Jose State Softball Field is an on-campus facility located across the street from Spartan Stadium. Barbeques behind the outfield fence are a very popular activity.



The San Jose State University women's water polo team competes at the Aquatics Center located on the main campus.



The Division of Intercollegiate Athletics is housed in the Alan B. Simpkins Intercollegiate Athletics Administration Building. The street address is 1393 S. 7th Street, next to the corner of 7th and Alma.



The Aquatics Center, across the street from The Event Center, is the home of the women's swimming and diving team. There is plenty of pool area for recreational swimming.

Student Success Services



Today's Spartan student-athlete has more opportunities to succeed academically than ever before. Located in the Simpkins Stadium Center, the Scott Gadway Academic Center was dedicated in January 2003. Here, student-athletes have a place to study, work with tutors, utilize computers, seek academic advice and achieve their academic goals.

The Scott Gadway Academic Center is a gift from alums Stan and Marilyn Gadway, to honor their late son, Scott, a 1991 San Jose State graduate who majored in aeronautics. He died in a 1996 skydiving accident.

The facility's spirit is echoed at its entrance:

"May all students who use this room share Scott's love and lust for life and his desire to be the very best that one could be in every pursuit."

EILEEN DALEY
Assistant Athletics Director/Academics



LIZ JARNIGAN
Student Success Services Director



DREW AGBAY
Student Success Services Advisor



GINA ARCHIMEDE
Student Success Services Advisor



SANDI SMITH
Student Success Services Advisor



Bridget McKee received All-American Academic honors in 2008 from the Association of Collegiate Water Polo Coaches.



In 2006, Alexis Higlett was a CoSIDA Academic All-District VIII honoree.

San Jose State University Undergraduate Academic Programs

BACHELOR OF ARTS

Afro-American Studies
Anthropology
Art
Behavioral Science
Biological Science
Chemistry
Child Development
Chinese
Creative Arts
Dance
Economics
English
Environmental Studies
French
Geography
Geology
History
Humanities
Industrial Arts

Japanese
Liberal Studies
Linguistics
Mathematics
Music
Natural Science
Philosophy
Physical Science
Psychology
Radio-Television
Religious Studies
Social Science
Social Work
Sociology
Spanish
Special Major
Speech-Communication
Speech Pathology & Audiology
Theatre Arts

BACHELOR OF SCIENCE

Advertising
Aerospace Engineering
Applied & Computational Mathematics
Aviation
Maintenance Operations
Biological Science
Business Administration
Accounting
Finance
Human Resources
International Business
Management
Information Systems
Manufacturing
Marketing

Chemical Engineering
Chemistry
Civil Engineering
Computer Science
Criminal Justice
Administration
Economics
Electrical Engineering
Engineering
Environmental Studies
Geology
Graphic Design
Health Science
Hospitality
Management
Industrial Design
Industrial & Systems Engineering
Industrial Technology
Interior Design

Journalism
Kinesiology
Materials Engineering
Mechanical Engineering
Meteorology
Nursing
Nutritional Science
Occupational Therapy
Physics
Public Relations
Recreation
Special Major

BACHELOR OF MUSIC

BACHELOR OF FINE ARTS IN ART

