



HORNETS

SACRAMENTO STATE

2024 HORNET INVITATIONAL

March 15-16, 2024 – Hornet Stadium – Sacramento, CA

For additional information contact:
Cade Burks via email at
cade.burks@csus.edu

Registration Information

Submit entries via www.directathletics.com

Entry deadline: Monday, March 11, 2024 at 11:59 pm

Scratches must be declared by 11:59 pm Wednesday, March 13.

Entry Fees

Collegiate: \$40 per athlete, maximum of \$500 per gender, per school.

- 4 entries per field event, unlimited entries for running events.

Please be aware that Team Entry Fee amounts are based on Accepted Entries at the closing date of entries.

Unattached: \$40 per athlete; per event. (Example: 2 events entered = \$80)

All entries will require a seed mark, location, and date. Unattached/Club Athletes must include link to verifiable result in entry mark notes on Direct Athletes.

If an entry cannot be verified meet management may change or scratch your entry without refund.

Packet Pick-Up

Packet pick up will be located at Gate 4 of Hornet Stadium. Friday March 15th from 11am – 3pm & Saturday March 16th from 8am – 10am.

Parking

All team parking will be in **Lot 10** Thursday through Saturday – which is directly south of Hornet Stadium – but are required to display parking passes which will be distributed at packet pick up. Teams are limited to two parking passes. Thursday, teams must purchase a daily parking pass via Park Mobile App (#5115) or the yellow kiosks in Lot 8. (Kiosks are in the center of Lot 8, Alumni Center).

Spectator Parking will be in **Lot 8**. Spectators must purchase a daily parking pass via Park Mobile app or from the yellow kiosk in the center of Lot 8 (Alumni Center Lot) and display it on the dashboard for both Friday and Saturday. Vehicles are subject to ticketing without a parking pass.

Admission

Spectators will purchase tickets at Gate 4. Athletes and Coaches will use Gate 2 and must show wristbands included in Team Packet to enter the stadium.

<u>Adult (ages 19-64)</u>	<u>\$10</u>
<u>Youth (ages 3-18)</u>	<u>\$5</u>
<u>Senior (65 years +)</u>	<u>\$5</u>
<u>Sac State students, faculty, & staff w/ Valid One Card</u>	<u>FREE</u>

Facilities

Our MONDO surfaces require spike length and type of ¼ inch pyramid. **NO needle or pin spikes allowed.**

Warm Up Area / Practice

400-meter MONDO Super X720 – 2 lane oval, 6 lane straight track located North of the stadium. Teams will be able to practice at the warmup track and the main stadium Thursday 4:45pm to 7:00 pm. Only the warmup track will be available for practice Friday 1:30pm to 4:00pm.

Team Camps

Team camps can be set up at the warmup track along the fences and on the East Bleachers of the main stadium.

Field Events

All horizontal jumps and throws are 3 attempt preliminaries with the top 9 advancing to 3 attempt finals. Opening heights will be determined based on entries.

Field Size: The top 24 entrants will be accepted into each field event. Special cases should be entered into DA using a speculative mark **and** email explanation should be emailed to cade.burks@csus.edu

Weigh-In

Weigh-ins will be located at the warmup track. We will only certify implements that will be thrown that day in both the open and combined events. We are unable to secure visiting teams overnight. Weigh-ins will be available on Friday 11:00am – 2:00pm and Saturday from 8:00 am – 10:00am.

Event Check-In

All running events /relays must check in with the clerk 30 minutes prior to the event and report back 10 minutes before the race. Field event competitors will check in at their respective event site prior to the start of the event. Check-in for running events will be located at the North West end of Hornet Stadium near the 100m/110m starting lines.

Rules

Due to NCAA regulation regarding countable contests the NCAA DI programs will have team results scored.

The NCAA rules will apply.

Sports Medicine

Athletic trainers will be on-site for first aid only. Heat Stations will be located at the south end of the Hornet Stadium. For all other spots medicine needs please contact Larricka Harrison at larricka.harrison@csus.edu in advance.

Locker Rooms

Locker rooms are not available. Athlete and spectator access to the Broad Field House is prohibited.

2024 Hornet Invitational **Tentative Meet Schedule [Updated 3/06/24]**

Friday, March 15

FIELD EVENTS

- 3:00 PM Hammer Throw – Women
(Men to follow)
- 4:00 PM Triple Jump – Women
(Men to follow)
- 4:00 PM Pole Vault – Women

RUNNING EVENTS

- 5:30 PM 3,000 Steeplechase – Women
- 5:45 PM 3,000 Steeplechase – Men
- 6:00 PM 200m – Women
- 6:45 PM 200m – Men
- 7:15 PM 3,000m – Women
- 7:30 PM 3,000m – Men

Saturday, March 16

FIELD EVENTS

- 9:00 AM Javelin Throw – Women
(Men to follow)
- 10:00 AM Pole Vault – Men
- 11:00 AM Shot Put – Men
(Women to follow)
- Long Jump – Women
(Men to follow)
- 12:00 PM High Jump – Men
(Women to follow)
- 1:00 PM Discus – Women
(Men to follow)

RUNNING EVENTS

- 12:00 PM Dick Conners 4x100 Meter Relay Women
- 12:15 PM Dick Conners 4x100 Meter Relay Men
- 12:30 PM 100 Meter Hurdles
- 12:55 PM 110 Meter Hurdles
- 1:10 PM 400 Meter Dash – Men
- 1:30 PM 400 Meter Dash – Women
- 1:50 PM 100 Meter Dash – Women
- 2:20 PM 100 Meter Dash – Men
- 2:40 PM 800 Meter Dash – Women
- 2:55 PM 800 Meter Dash – Men
- 3:10 PM 400 Meter Hurdles – Women
- 3:20 PM 400 Meter Hurdles – Men
- 3:45 PM 1,500 Meters – Women
- 4:05 PM 1,500 Meters – Men
- 4:30 PM 4x400 Meter Relay – Women
- 4:45 PM 4x400 Meter Relay – Men

Note: We may run slightly ahead of the time schedule if possible.

