

# ENJOYING THE SOUTH OF SCOTLAND RESPONSIBLY

## *STARTS HERE*

The South of Scotland is a special place. And just like you, we want to enjoy and share it for years to come. That's why we ask our visitors to travel sustainably.

Here you will find some simple things you can do to protect the places you visit in the South of Scotland.

- ✓ **TRAVEL OFF-SEASON** Travelling outside the peak summer months helps to protect the local environment. It also gives you the time and space to soak up everything the region has to offer.
- ✓ **TAKE THE ROADS LESS TRAVELLED** Scouting out hidden gems is another great way to have a truly unique experience while caring for the local environment.
- ✓ **SLOW DOWN AND STAY LONGER** Travelling by car isn't your only option. Consider taking public transport for a budget-friendly way to get around. Walking and cycling are great ways to connect with the places around you too.
- ✓ **FIND AN ECO-FRIENDLY PLACE TO SLUMBER** Why not try camping or glamping for a night's sleep closer to nature? Or support local and stay in one of the many family-owned B&Bs.
- ✓ **CHOOSE SUSTAINABLE THINGS TO SEE & DO** Look out for Green Tourism companies - those that actively strive to reduce their carbon footprint. The Galloway and Southern Ayrshire Biosphere also has schemes supporting environmentally-friendly businesses.
- ✓ **SUPPORT LOCAL** Simple things like shopping, eating and staying in local businesses does so much to support the local community. Sample local delicacies, or buy some local crafts to help bring money back to the local economy.
- ✓ **LEAVE NO TRACE BEHIND** When out and about in the South of Scotland, please remember to pick up your litter, take it home with you, or dispose of it correctly. We also ask that you think about the local wildlife and avoid disturbing natural habitats and farm animals.