

Who Kept the Records in the Book of Mormon?

Lineage of Lehi

Record Keeper	Dates*	Comments	Reference
Nephi ₁	615 B.C.	born in Jerusalem	1 Nephi 1:4
	600 B.C.	begins record when about 15 years old	1 Nephi 1:1
	540 B.C.	dies about 75 years old	
Jacob	592 B.C.	born son of Lehi, brother of Nephi ₁	1 Nephi 18:7
	544 B.C.	becomes record keeper	Jacob 1:1
	495 B.C.	dies about 97 years old	Jacob 7:27
Enos	515 B.C.	born son of Jacob	Jacob 7:27
	420 B.C.	about to die	Enos 1:25
	417 B.C.	dies about 98 years old	
Jarom	440 B.C.	born son of Enos	Jarom 1:1
	420 B.C.	becomes record keeper	Jarom 1:1
	361 B.C.	gives plates to Omni	Jarom 1:15
	355 B.C.	dies about 85 years old	
Omni	390 B.C.	born son of Jarom	Omni 1:1
	361 B.C.	becomes record keeper	Jarom 1:15
	317 B.C.	writes 3 verses on plates in 44 years	Omni 1:1–3
	315 B.C.	dies about 75 years old	Omni 1:3
Amaron	350 B.C.	born son of Omni	Omni 1:4
	317 B.C.	becomes record keeper	Omni 1:4
	277 B.C.	dies about 73 years old	Omni 1:8
Chemish	330 B.C.	born son of Omni, brother of Amaron	Omni 1:9
	279 B.C.	becomes record keeper	Omni 1:9
	250 B.C.	dies about 80 years old	Omni 1:9
Abinadom	270 B.C.	born son of Chemish	Omni 1:10
	180 B.C.	dies about 90 years old	Omni 1:10
Amaleki	210 B.C.	born son of Abinadom	Omni 1:12
	150 B.C.	Nephites move to Zarahemla	Omni 1:13
	138 B.C.	dies about 72 years old	Omni 1:30

* dates are approximate

Benjamin and Mosiah

Benjamin	190 B.C.	born son of Mosiah ₁	Omni 1:23
	140 B.C.	becomes record keeper	Omni 1:25
	121 B.C.	dies 69 years old	Mosiah 6:5
Mosiah₂	154 B.C.	born son of Benjamin	Mosiah 6:4
	91 B.C.	dies about 63 years old	Mosiah 29:46

Lineage of Alma₁

Alma₁	174 B.C.	born a descendant of Nephi	Mosiah 17:2
	149 B.C.	“young man” 25 years old; Abinadi martyred	Mosiah 17:2, 20
	120 B.C.	becomes high priest over church in Zarahemla	Mosiah 23:16
	91 B.C.	dies about 83 years old	Mosiah 29:47
Alma₂	126 B.C.	born son of Alma ₁	Mosiah 27:8
	91 B.C.	becomes record keeper	Mosiah 29:42
	73 B.C.	departs out of land; assumed to have been translated	Alma 45:18, 19
Helaman₂	97 B.C.	born son of Alma ₂	Alma 36:3
	73 B.C.	becomes high priest	Alma 45:20
	64 B.C.	leads 2,000 Ammonite warriors; 33 years old	Alma 53:22
	57 B.C.	dies about 40 years old	Alma 62:52
Shiblon	95 B.C.	born son of Alma ₂ , brother of Helaman ₂	Alma 63:1
	57 B.C.	becomes record keeper	Alma 63:1
	53 B.C.	dies about 42 years old	Alma 63:13
Helaman₃	76 B.C.	born son of Helaman ₂	Helaman 2:2
	53 B.C.	becomes record keeper	Helaman 2:2
	39 B.C.	dies about 37 years old	Helaman 3:37
Nephi₂	54 B.C.	born son of Helaman ₃	Helaman 3:37
	A.D. 1	departs out of land	3 Nephi 1:3
	A.D. 13	dies about 67 years old	

Nephi₃	30 B.C.	born son of Nephi ₂	3 Nephi 1:1
	A.D. 1	becomes record keeper	3 Nephi 1:1
	A.D. 34	one of 12 disciples	3 Nephi 12:1
	A.D. 60	dies about 90 years old	
	A.D. 100	all but 3 disciples have passed away	4 Nephi 1:14
Nephi₄	A.D. 50	born son of Nephi ₃	
Amos₁	A.D. 90	born son of Nephi ₄	
	A.D. 110	becomes record keeper for 84 years	4 Nephi 1:19
	A.D. 194	dies about 104 years old	4 Nephi 1:21
Amos₂	A.D. 174	born son of Amos ₁	
	A.D. 194	becomes record keeper	4 Nephi 1:21
	A.D. 305	dies about 131 years old	4 Nephi 1:47
Ammaron	A.D. 190	born son of Amos, brother of Amos ₂	
	A.D. 305	becomes record keeper	4 Nephi 1:48
	A.D. 320	dies about 130 years old	Mormon 1:5

Mormon and Moroni

Mormon₂	A.D. 311	born	Mormon 1:2
	A.D. 321	told by Ammaron that at age 24 he would become record keeper	Mormon 1:2
	A.D. 326	visited by Lord; leads Nephite armies	Mormon 1:15
	A.D. 335	becomes record keeper	Mormon 2:18
	A.D. 385	delivered plates to Moroni; buried others in hill Cumorah	Mormon 8:1
	A.D. 401	dies about 90 years old at hands of Lamanites	Mormon 8:3
Moroni₂	A.D. 360	born son of Mormon ₂	Mormon 8:1
	A.D. 385	becomes record keeper	Mormon 8:1
	A.D. 421	“soon go to rest,” about 61 years old	Moroni 10:34

Who Kept the Records in the Book of Mormon? (By Lineages)

Key Scripture Mormon 9:30–37

Explanation The four families of Nephite record keepers of the Book of Mormon are listed chronologically here, along with their approximate dates of birth and other important information. If a date is not found in or tied directly to a specific verse, then the information has been deduced from general historical information. This list is similar to chart 16 and can be used to document and explain the relationships between keepers of the plates of Nephi.

Source John W. Welch, “Longevity of Book of Mormon People and the ‘Age of Man,’” *Journal of Collegium Aesculapium* 3 (1985): 34–45.