

# New Ways to Support Separating Parents Through Training and Coaching

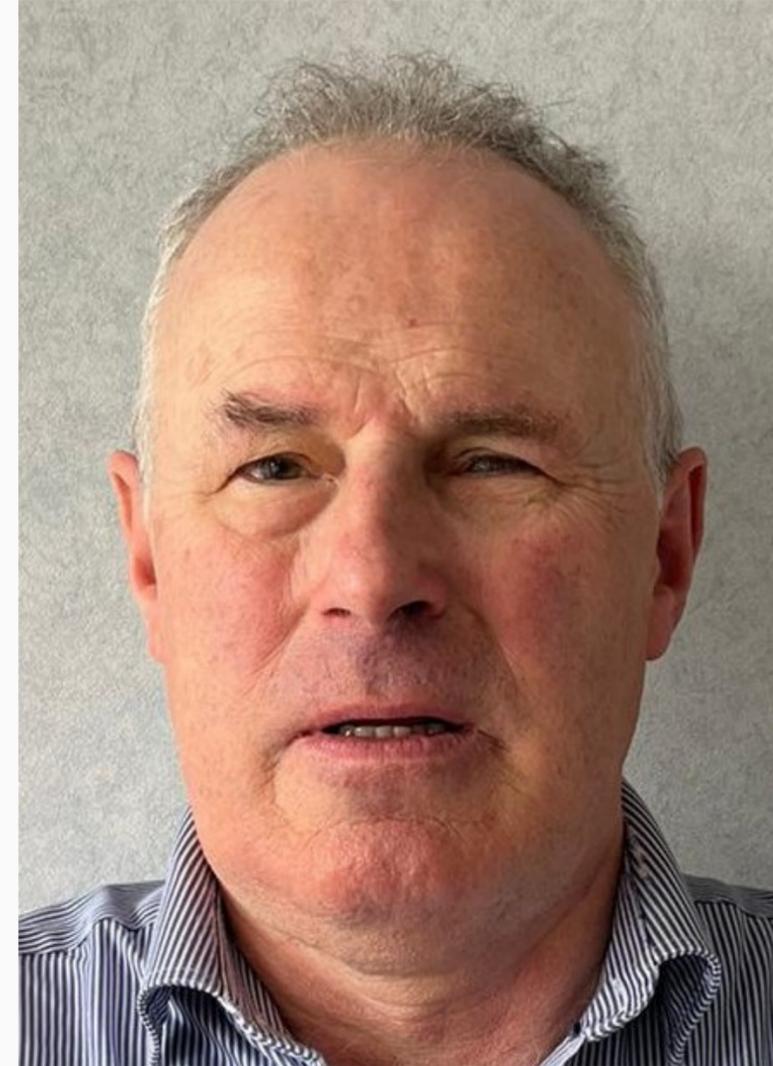
**NEW WAYS**

FOR FAMILIES<sup>®</sup>

**SHARED  
PARENTING  
SCOTLAND**



# Ian Maxwell National Manager Shared Parenting Scotland



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot



Bill Eddy - High Conflict Institute



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

# New Ways For Families®

## Background

- Why are Shared Parenting Scotland piloting this approach?
- Where it fits with other parenting training
- Independent evaluation of the project
- International studies  
(Orange County/Medicine Hat)



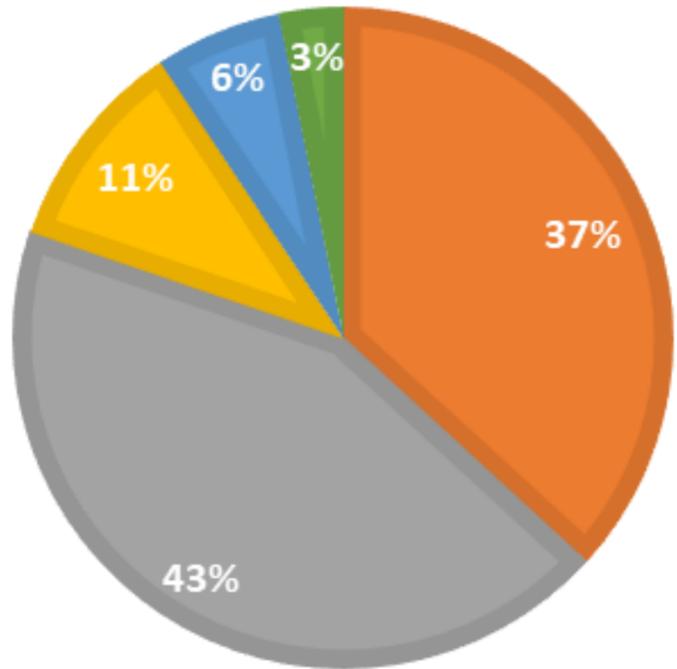
AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

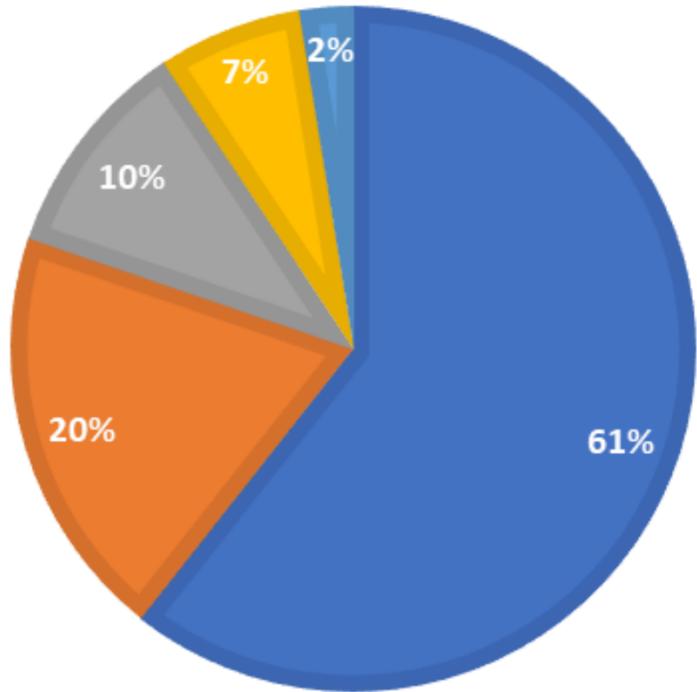
# Orange County study (438 online learners)

Yes Somewhat Not really No Did not apply



**Did this class improve your relationship with your co-parent?**

Yes Somewhat Not really No Did not apply



**Did this class improve your relationship with your children?**

# Claire Ross

## Training Manager

### Shared Parenting Scotland



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

- Integration of online learning and coaching
- Referrals
- 4 key skills
- Child development
- Working with High Conflict Parents



AWARDS  
FOR ALL  
SCOTLAND

**NEW WAYS**  
FOR FAMILIES®

**SHARED  
PARENTING  
SCOTLAND**



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

- The role of the coach
- The coaches' experience of embedding the learning
- Take-aways from the pilot from the coaching perspective



AWARDS  
FOR ALL  
SCOTLAND

NEW WAYS  
FOR FAMILIES®

SHARED  
PARENTING  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

*"The coaching helps embed the themes & course material, encourages you to use the skills in real-life setting"*

*"This has been extremely helpful in helping me find different ways of parenting separately and avoiding conflict with my ex-partner"*

*"It was great to be able to go at my own pace. I really appreciated being able to work around my weekends and the childcare"*



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

# Next Steps

- Changes in culture and behaviour
- Getting the word out
- Rolling the training out across Scotland



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

# Thank You

## Further Information

- [Shared Parenting Scotland Website](#)
- [High Conflict Institute Website](#)
- [New Ways For Families® Introduction Video](#)



AWARDS  
FOR ALL  
SCOTLAND



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

