## SAN DIEGO STATE ATHLETICS



Fowler Athletics Center | 5302 55th St. | San Diego, CA 92182

Dear Visiting Athletic Trainer:

On behalf of San Diego State University and the Aztec Baseball Team, I would like to welcome you to San Diego for your upcoming competition. We look forward to assisting you with your medical needs during your visit.

Our main athletic training room is located in Fowler Athletic Center, with a small athletic training room located up the tunnel from the third base dugout.

The following items will be available for practice and competition	:
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Practice	Competition	Athletic Training Room
Water	Water	Biohazard Materials
Cups	Gatorade	Cryotherapy
Ice Chest (Ice, Bags, and	Cups	Thermotherapy
Flexi-wrap)	Ice Chest (Ice, Bags, Flexi-wrap)	Ultrasound
	Emergency Equipment (Splints,	Electrical Stimulation
	Crutches, AED)	Rehabilitation Area
	Towels	

If your team is **NOT** traveling with a Certified Athletic Trainer, please arrange in advance to accommodate your teams' needs, as treatments will only be performed upon request with a prescription or documentation. There will be emergency equipment available in the third base dugout athletic training room, including vacuum splints and crutches. AED's are available as part of the emergency action plan. The emergency action plan, specific for Tony Gwynn Stadium, is posted in the visitor's dugout. A physician will be on-call at all times during the competition.

If you should have any questions, please do not hesitate to contact me at the number listed below. Again, welcome to San Diego. Good luck, and we hope you have a great time!

Sincerely,

Bronson Santillan MS, ATC Associate Athletic Trainer 619-594-7653 bsantillan@sdsu.edu

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**Emergency Phone Numbers:** 

Emergency Medical Services (EMS): 911

San Diego State Campus Police: 619-594-1991

Athletic Training Room: (619)-594-7650



Nearest hospital:	UCSD Health East Campus 6655 Alvarado Rd San Diego, CA 92120-5208 Phone: (619) 287- 3270
Kaiser Hospital:	Kaiser Permanente 4647 Zion Avenue San Diego, CA 92120 Central Operator: (619) 528-5000 ER Phone: (619) 528-5118
Urgent Care:	Sharp Reese-Steely- Urgent Care 8701 Cuyamaca Street Santee, CA 92071 Phone: (619) 568- 8025
Pharmacy:	<b>CVS (24 Hr)</b> 3151 University Ave San Diego, CA 92104-2039 <b>Phone:</b> (619) 283-7366
Non 24-HR Pharmacy:	<b>CVS Pharmacy (non 24-hr)</b> 6265 El Cajon Blvd San Diego, CA 92115-3917 <b>Phone:</b> (619) 287-6848

Pharmacy Hours: (closes for lunch everyday 1:30 PM-2 PM)

Mo-Fr: 09:00 AM - 9:00 PM Sat: 09:00 AM - 06:00 PM Sun: 10:00 AM - 06:00 PM