SAN DIEGO STATE ATHLETICS



Fowler Athletics Center | 5302 55th St. | San Diego, CA 92182

Dear Visiting Athletic Trainer:

On behalf of San Diego State University and Aztec Tennis, I would like to welcome you to San Diego for your upcoming competition. We look forward to assisting you with your medical needs during your visit.

Our main athletic training room is located in Fowler Athletic Center, there is also a small treatment area in the corner of the Aztec Tennis Center.

The following items will be available for practice and competition:

Practice	Competition	Athletic Training Room
Water Cups Ice Chest (Ice, Bags, and Flexi-wrap)	Water Gatorade Cups Ice Chest (Ice, Bags, Flexi-wrap) Emergency Equipment (Splints, Crutches, etc.) Towels Red Biohazard Bags	Biohazard Materials Cryotherapy Thermotherapy Ultrasound Electrical Stimulation Rehabilitation Area

If your team is **NOT** traveling with a Certified Athletic Trainer, please arrange in advance to accommodate your teams' needs, as treatments will only be performed upon request with a prescription or documentation. There will be emergency equipment available at Aztec Tennis Center including vacuum splints and crutches. AEDs are available as part of the emergency action plan. The emergency action plan, specific for Aztec Tennis Center, is posted on the north-east wall of the tennis center by the door. A physician will be on-call at all times during the competition.

If you should have any questions, please do not hesitate to contact me at the number listed below. Again, welcome to San Diego. Good luck, and we hope you have a great time!

Sincerely,

Kendall Butler MAT, LAT, ATC, CES, FMS Assistant Athletic Trainer Men's Tennis (480) 375-0435 ksbutler@sdsu.edu Kristen Murphy, ATC Assistant Athletic Trainer Women's Tennis (858) 877-8889 KnMurphy@sdsu.edu

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Emergency Phone Numbers:

Emergency Medical Services (EMS): 911

San Diego State Campus Police: 619-594-1991

Athletic Training Room: (619)-594-7650

Nearest hospital: UCSD Health East Campus

6655 Alvarado Rd

San Diego, CA 92120-5208 **Phone:** (619) 287- 3270

Kaiser Hospital: Kaiser Permanente

4647 Zion Avenue San Diego, CA 92120

Central Operator: (619) 528-5000

ER Phone: (619) 528-5118

Urgent Care: Sharp Reese-Steely- Urgent Care

8701 Cuyamaca Street Santee, CA 92071 **Phone:** (619) 568- 8025

Pharmacy: CVS (24 Hr)

3151 University Ave

San Diego, CA 92104-2039 **Phone:** (619) 283-7366

Non 24-HR Pharmacy: CVS Pharmacy (non 24-hr)

6265 El Cajon Blvd

San Diego, CA 92115-3917 **Phone:** (619) 287-6848

Pharmacy Hours: (closes for lunch everyday 1:30 PM-2 PM)

Mo-Fr: 09:00 AM - 9:00 PM Sat: 09:00 AM - 06:00 PM Sun: 10:00 AM - 06:00 PM