SAN DIEGO STATE AZTECS

2015 Women's Water Polo Weekly Notes

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Schedule/Results

Overall: 15-14 | **Home:** 6-5; **Away:** 3-2; **Neutral:** 6-7

Date	SDSU NR	Opponent	Time/Result
Feb. 5	13	Hartwick	W, 12-7
Feb. 7	13	vs. (18) UC Santa Barbara +	W, 6-5
	13	vs. (5) Arizona State +	L, 11-12
Feb. 8	13	at (12) UC San Diego +	L, 7-9
	13	vs. Hartwick +	W, 12-6
Feb. 13	12	at Fresno Pacific *	W, 16-3
Feb. 14	12	vs. (1) Stanford $	L, 6-18
	12	vs. (17) UC Santa Barbara $	W, 7-6
Feb. 21	10	vs. (6) Arizona State ~	L, 3-6
	10	vs. (18) UC Santa Barbara ~	W, 7-4
Feb. 22	10	vs. (T-20) Loyola Marymount ~	L, 4-5
	10	vs. (13) UC Davis ~	L, 6-8
Feb. 27	12	(5) UC Irvine	3ot-L, 4-5
Feb. 28	12	(15) Long Beach State	L, 4-5
March 7	12	at California Baptist *	W, 11-9
March 13	12	(15) Pacific *	W, 9-6
March 14	12	(17) Wagner #	ot-L, 10-11
	12	Bucknell #	W, 9-2
	12	Whittier #	W, 11-5
March 15	12	(16) Indiana #	L, 7-10
	12	(10) Princeton #	L, 4-6
March 19	17	at (12) LMU *	W, 9-8
March 20	17	vs. Concordia $	W, 12-6
	17	vs. Brown $	W, 11-5
March 21	17	vs. Michigan $	L, 5-7
March 28	19	vs. (1) UCLA ^	L, 4-13
March 29	19	at (6) Hawai'i	L, 2-8
April 10	18	Azusa Pacific *	W, 9-8
April 11	18	Santa Clara *	W, 15-9
April 18	18	UC San Diego	Noon PT
April 24		at Golden Coast Championship %	TBA
April 25		at Golden Coast Championship %	TBA

* - Golden Coast game, + - UCSD Triton Invitational (San Diego, Calif.), $ - FPU Mini Tournament (Fresno, Calif.), ~ - UCI Invitational (Newport Beach, Calif.), # - Aztec Invitational, $ - LMU Invitational (Los Angeles, Calif.), ^ - Honolulu, Hawaii, % - at Stockton, Calif.

Socially

Twitter: @aztecwaterpolo
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Game Week Preview

UC San Diego (16-17; 3-0 WWPA) at No. 18 San Diego State (15-14; 6-0 GCC)
Saturday, April 18 | Aztec Aquaplex | San Diego, Calif. | Noon PT

Storylines

- No. 18 San Diego State will conclude its regular-season schedule on Saturday at noon PT when it plays host to the 14th annual Harper Cup game against UC San Diego at Aztec Aquaplex. Admission for the Senior Day contest is free.

- The Aztecs will look to snatch the Harper Cup away from the Tritons after they defeated SDSU in La Jolla last season. San Diego State is 12-1 all-time in the yearly game between the two San Diego universities and 6-0 when it is the home team.

- A year ago, UC San Diego took home the Harper Cup with an 8-5 victory in which it never trailed. All four players who scored for the Aztecs are back for this game. Caroline Israels led the team with two goals, and Ioli Benekou, Alyssa Diacono and Nikole Ferrari all posted one goal. As for the Tritons, six of their eight goals from last year are back after Leah Gonzales, who scored twice, graduated.

- The Harper Cup is named for UC San Diego men's water polo head coach Denny Harper, who played at San Diego State as an undergraduate and established the SDSU women's water polo club team. Harper graduated from SDSU in 1978, and coached the UCSD women's team to five collegiate national championships from 1985-1999.

- Prior to winning both of last week's home games, San Diego State was averaging 3.7 goals in its previous three contests. The Aztecs, who were averaging 8.3 goals in their last six home games, continued their trend of scoring at Aztec Aquaplex, compiling 24 goals. The Harper Cup home game will also be an encouraging sign as SDSU has averaged 10.5 goals in six Cup dates as the designated home side, while allowing just 5.8 goals.

- The loss to UC San Diego in the Harper Cup and earlier this season at the UCSD Triton Invitational put an end to a dominating showing San Diego State enjoyed over the Tritons. Prior to the defeat in 2014, the Aztecs had won 21 consecutive games vs. UCSD and had not experienced a loss since Feb. 10, 2002. Despite the two most recent losses, SDSU is still 21-2 (.913) in its last 23 vs. UC San Diego.

- The Aztecs enter the annual Harper Cup game after defeating Azusa Pacific and Santa Clara last week to complete a perfect 6-0 Golden Coast season and claim their second straight GCC regular-season title. In the two-year history of the league, SDSU has owned the regular season by posting a 12-0 record.

- San Diego State dismissed APU, 9-8, in game that was 4-4 at halftime and saw the Aztecs pull away in the third and fourth quarters. The Cougars narrowed their deficit to 9-7 with 1:48 left before adding one final tally with 11 seconds left to provide the final margin. Diacono led all players with three goals and was joined in the scoring column by Benekou (2), Ferrari, Israels and Anique Hermann. Rachel Mitchell had a game-high 11 saves.

- In the GCC finale vs. Santa Clara, the Aztecs came out and made a statement early, scoring the first two goals and never looking back. At one point, SDSU scored five unanswered goals and led, 7-1, in the second quarter before settling for an 8-3 lead at halftime. San Diego State ultimately went on to win, 15-9, with the 15 goals representing a season high. Israels scored five goals, all in the second half, and Diacono and Taylor Gums each posted hat tricks. Hermann and Carina Carballo added one goal apiece with Mitchell making six stops.

Quick Facts

Location .....San Diego, Calif.
Founded 1897
Enrollment 32,396
Nickname .....Aztecs
Colors .....Scarlet and Black
Conference .....Golden Coast
Affiliation .....Division I
President .....Dr. Elliot Hirshman
Director of Athletics .....Jim Sterk
Faculty Representative .....Patrick Papin
Associate AD/SWA .....Jenny Bramer

Head Coach .....Carin Crawford (UC San Diego, 1989)
Record at SDSU (Seasons) 376-223 (16)
Career Record .....Same
E-mail .....ccrawfor@mail.sdsu.edu
Water Polo Office Phone .....(619) 594-0649
Water Polo Office Fax .....(619) 594-1674
Assistant Coach .....Bill Cohn (First Season)
Student Assistant Coach .....Taelor Moreno
Athletic Trainer .....Kristin Manyak (Fourth Season)
Home Facility .....Aztec Aquaplex (500)
2014 Overall Record 23-12
2014 Home Record 7-3
2014 Road Record 6-3
2014 Neutral Record 10-6
2014 GCC Record/Finish 6-0/1st
First Year of Competition 1995
All-Time Record .....467-265 (.638)
NCAA Appearances .....2 ('07, '08)
Letterwinners Returning/Lost 12/2
Starters Returning/Lost 6/0
Key Returners (Alphabetical) .....Ioli Benekou (D, So.)
.....2014 ACWPC Honorable Mention All-American
.....2014 Golden Coast Newcomer of the Year
.....2014 All-Golden Coast First Team
.....2014 Golden Coast All-Freshman Team
.....Alyssa Diacono (C, So.)
.....2014 ACWPC Honorable Mention All-American
.....2014 Honorable Mention All-Golden Coast
.....Anique Hermann (D, Sr.)
.....2014 ACWPC Honorable Mention All-American
.....2014 Golden Coast All-Tournament Team
.....2014 All-Golden Coast First Team
.....2013 All-Big West Second Team
.....Rachel Mitchell (GK, Jr.)
.....2014 ACWPC Honorable Mention All-American
.....2014 All-Golden Coast First Team
Key Losses .....Taelor Moreno (UTIL, Jr.)

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- Diacono had a productive two games to help San Diego State clinch the outright conference title. The sophomore posted hat tricks in both games and scored six goals on eight shot attempts. In the game vs. the Broncos, Diacono went 3-for-3 and scored a pair of key goals in the first quarter to help SDSU take a 4-1 lead. She later added another before halftime to propel the Aztecs to a five-goal advantage. She also added two steals and drew two ejections. Diacono enters the Harper Cup with 30 goals and 21 steals.

- Israels tied Diacono for the team lead with six goals scored last week after posting one vs. Azusa Pacific and five vs. Santa Clara. The sophomore has scored in eight consecutive games (21 goals) and in 19 of her last 20 outings (42 goals). For the season, she has a team-best 55 goals, which includes 19 multi-goal performances (eight hat tricks), and a team-high 50 steals.

- On Saturday, San Diego State will recognize its three seniors -- utility Carina Carballo, driver Anique Hermann and goalkeeper Emily Tylka. Carballo has played in 126 games and amassed 47 goals, 44 assists and 122 steals in four seasons. Hermann, who is also a four-year Aztec, has posted 148 goals, 156 assists (third in SDSU history) and 230 steals (fifth in SDSU history) in 130 games. Tylka, meanwhile, has seen action in 11 games over the last three seasons. The goalkeeper from Mundelein, Illinois has 39 saves to her credit, a goals-against average of 5.52, two assists and five steals.

- UC San Diego will head to Montezuma Mesa riding a three-game winning streak after defeating Cal State Monterey Bay, Sonoma State and Cal State Easy Bay in Northern California two weeks ago. The schools last saw each other in mid-March when the Tritons were participants at the Aztec Invitational where they went 2-2. UCSD, however, won the only meeting between the teams back in February in La Jolla when SDSU could not hold onto a 6-5 lead heading into the fourth quarter before falling, 9-7.

Roster

No.	Player	Ht.	Pos.	Yr.	Hometown (Last School)
1	Montana Jackson	5-3	Goalie	Fr.	Spring Valley, Calif. (Helix Charter HS)
1	Kathleen McDonnell	5-11	Goalie	Fr.	Tualatin, Ore. (Tualatin HS)
1	Melanie Merritt	5-10	Goalie	Jr.	San Diego, Calif. (San Jose State)
1	Rachel Mitchell	6-0	Goalie	Jr.	Danville, Calif. (Monte Vista HS)
1	Emily Tylka	5-7	Goalie	Sr.	Mundelein, Ill. (Mundelein HS)
2	Courtney Jarvis	5-7	Utility	Fr.	Tustin, Calif. (Mater Dei HS)
3	Nikki de Roos	6-0	Center	Fr.	Saratoga, Calif. (Saratoga HS)
4	Caroline Israels	5-11	Utility	So.	Pompano Beach, Fla. (Westminster Academy)
5	Makena Magro	5-6	Driver	So.	Carlsbad, Calif. (Carlsbad HS)
6	Nikole Ferrari	5-10	Utility	Jr.	Redwood City, Calif. (St. Francis HS)
7	Ioli Benekou	5-7	Defender	So.	Marousi, Greece (4th General H.S. of Amarousion)
8	Taylor Gums	5-7	Utility	Jr.	Lodi, Calif. (Lodi HS)
9	Mikayla Vessey	5-2	Driver	So.	Redlands, Calif. (LMU)
10	Nika Sedghi	5-10	Defender	Jr.	Carlsbad, Calif. (La Costa Canyon HS)
11	Katy Schneider	5-6	Driver	So.	Anaheim, Calif. (Foothill HS)
12	Carina Carballo	5-10	Utility	Sr.	Mexico City, Mexico (Santa Margarita HS)
13	Anique Hermann	5-5	Driver	Sr.	San Diego, Calif. (Torrey Pines HS)
14	Alex Hoetker	5-10	Utility	Jr.	Buena Park, Calif. (Fullerton College)
15	Anika Apostalon	6-1	Defender	So.	Albuquerque, N.M. (Albuquerque Academy)
16	Elizabeth Bilz	5-7	Utility	Fr.	San Diego, Calif. (Cathedral Catholic HS)
17	Alyssa Diacono	5-10	Center	So.	Ladera Ranch, Calif. (Tesoro HS)
18	Hana-Elise Lambur	5-4	Driver	So.	Huntington Beach, Calif. (Huntington Beach HS)
19	Brigette Kimbrough	5-3	Driver	Fr.	San Clemente, Calif. (San Clemente HS)
20	Lesley Kerley	5-9	Center	So.	Los Gatos, Calif. (Presentation HS)
21	Katrina King	5-5	Driver	Fr.	Carlsbad, Calif. (Carlsbad HS)
23	Sarah Crist	5-3	Driver	RS-Fr.	Manhattan Beach, Calif. (Mira Costa HS)
22	Malia Magro	5-4	Utility	Fr.	Oceanside, Calif. (Carlsbad HS)
24	Sierra Stillwater	5-5	Driver	RS-Fr.	San Diego, Calif. (Cal Baptist)
	Jocelyn Castro	5-8	Utility	Fr.	Pico Rivera, Calif. (Warren HS)
	Katie Keifer	5-11	Defender	Fr.	San Jose, Calif. (Presentation HS)
	Claire McKinnon	5-7	Driver	Jr.	Newport Beach, Calif. (Mater Dei HS)
	Paola Vizcarra	5-9	Center	Fr.	San Diego, Calif. (Hilltop HS)

Head Coach: Carin Crawford, 17th season (UC San Diego, 1989)
Assistant Coach: Bill Cohn, First season (UCLA, 1981)
Student Assistant Coach: Taelor Moreno
Athletic Trainer: Kristin Manyak, Fourth season (San Diego State, 2011)

2015 San Diego State Water Polo Results/Statistics

Overall Record: 15-14 (Home: 6-5, Away: 3-2, Neutral: 6-7); Golden Coast: 6-0 (Home: 3-0, Away: 3-0)

SD NR	Date	Opp. NR	Opponent	Result	Score	Streak	Overall Record	GCC Record	SDSU Goals
13	Feb. 5		**Hartwick**	W	12-7	W1	1-0		Hermann 4, Benekou 2, Israels 2, Ferrari, Gums, Hoetker, Magro
13	Feb. 7	18	vs. UC Santa Barbara ^	W	6-5	W2	2-0		Israels 3, Diacono, Gums, Hermann
13	Feb. 7	5	vs. Arizona State ^	L	11-12	L1	2-1		Israels 3, Benekou 2, Diacono 2, Ferrari 2, Gums, Hermann
13	Feb. 8	12	at UC San Diego ^	L	7-9	L2	2-2		Hermann 3, Benekou 2, Ferrari, Israels
13	Feb. 8		vs. Hartwick ^	W	12-6	W1	3-2		Hermann 4, Diacono 2, Ferrari 2, Israels 2, Benekou, Gums
12	Feb. 13		at Fresno Pacific *	W	16-3	W2	4-2	1-0	Ferrari 3, Diacono 2, Hoetker 2, Sedghi 2, Benekou, Bilz, Gums, Hermann, Jarvis, Kimbrough, Magro
12	Feb. 14	1	vs. Stanford ~	L	6-18	L1	4-3		Israels 2, Hermann, Hoetker, Magro, Vessey
12	Feb. 14	17	vs. UC Santa Barbara ~	W	7-6	W1	5-3		Benekou 5, Carballo, Magro
10	Feb. 21	6	vs. Arizona State S	L	3-6	L1	5-4		Benekou 2, Carballo
10	Feb. 21	18	vs. UC Santa Barbara S	W	7-4	W1	6-4		Ferrari 2, Israels 2, Benekou, Diacono, Gums
10	Feb. 22	T-20	vs. LMU S	L	4-5	L1	6-5		Israels 2, Gums, Hermann
10	Feb. 22	13	vs. UC Davis S	L	6-8	L2	6-6		Benekou, Carballo, Diacono, Hoetker, Israels, Magro
12	Feb. 27	5	**UC Irvine**	3ot-L	4-5	L3	6-7		Benekou 2, Ferrari, Israels
12	Feb. 28	15	**Long Beach State**	L	4-5	L4	6-8		Israels 2, Benekou, Gums
12	March 7		at California Baptist *	W	11-9	W1	7-8	2-0	Diacono 3, Gums 3, Israels 2, Benekou, Ferrari, Hermann
12	March 13	15	**Pacific** *	W	9-6	W2	8-8	3-0	Benekou 2, Carballo 2, Diacono 2, Gums, Hermann, Israels
12	March 14	17	**Wagner** %	L	9-10	L1	8-9		Benekou 3, Israels 3, Diacono 2, Carballo
12	March 14		**Bucknell** %	W	9-2	W1	9-9		Israels 3, Kerley 2, Benekou, Hermann, King, Schneider
12	March 14		**Whittier** %	W	11-5	W2	10-9		De Roos 2, Hermann 2, Israels 2, Kimbrough 2, Kerley, Lambur, Vessey
12	March 15	16	**Indiana** %	L	7-10	L1	10-10		Benekou 3, Israels 2, Carballo, Diacono
12	March 15	10	**Princeton** %	L	4-6	L2	10-11		Benekou 2, Diacono, Hermann
17	March 19	12	at LMU *	W	9-8	W1	11-11	4-0	Israels 3, Diacono 2, Benekou, Carballo, Ferrari, Gums
17	March 20		vs. Concordia #	W	12-6	W2	12-11		Diacono 3, Israels 3, Benekou 2, Hermann, Hoetker, Schneider, Sedghi
17	March 20		vs. Brown #	W	11-5	W3	13-11		Israels 4, Benekou 3, Gums 2, Jarvis, Kimbrough
17	March 21		vs. Michigan #	L	5-7	L1	13-12		Israels 2, Carballo, Diacono, Gums
19	March 28	1	vs. UCLA +	L	4-13	L2	13-13		Benekou 2, Israels, Jarvis
19	March 29	6	at Hawai'i +	L	2-8	L3	13-14		Israels 2
18	April 10		**Azusa Pacific** *	W	9-8	W1	14-14	5-0	Diacono 3, Benekou 2, Ferrari 2, Hermann, Israels
18	April 11		**Santa Clara** *	W	15-9	W2	15-14	6-0	Israels 5, Diacono 3, Gums 3, Benekou 2, Carballo, Hermann
	April 18		**UC San Diego**						
	April 24		at Golden Coast Championship &						
	April 25		at Golden Coast Championship &						

*Home games in **bold**. ^ - UCSD Triton Invitational (San Diego, Calif.). ~ - Fresno Pacific Mini Tournament (Fresno, Calif.). S - UCI Invitational (Irvine, Calif.). % - Aztec Invitational (Aztec Aquaplex). # - LMU Invitational (Los Angeles, Calif.). + - Honolulu, Hawaii. * - Golden Coast Conference game. & - Golden Coast Championship (Stockton, Calif.)*

2015 San Diego State Water Polo Statistics

No.	Player	G	Goals Att	Goals Scored	Goal Pct	Ast	Stl	TO	Ejects Drawn	Ejects Given	Saves/FB
1	Rachel Mitchell	29	1	0	.000	3	13	5	0	0	233
1	Kate McDonnell	3	0	0	.000	0	0	0	0	0	5
1	Emily Tylka	5	0	0	.000	1	1	2	0	0	10
2	Courtney Jarvis	14	13	3	.231	2	4	0	0	2	2
3	Nikki de Roos	21	8	2	.250	0	8	16	19	5	0
4	Caroline Israels	28	195	55	.282	17	50	51	8	19	2
5	Makena Magro	29	29	5	.172	7	20	14	9	13	5
6	Nikole Ferrari	29	85	16	.188	26	51	37	3	36	8
7	Ioli Benekou	29	126	44	.349	19	46	23	6	39	16
8	Taylor Gums	28	66	19	.288	8	27	40	20	27	2
9	Mikayla Vessey	8	4	2	.500	2	2	5	1	2	1
10	Nika Sedghi	16	8	3	.375	2	6	8	0	3	2
11	Katy Schneider	8	4	2	.500	2	2	4	0	5	1
12	Carina Carballo	29	42	10	.238	11	41	20	9	12	5
13	Anique Hermann	28	77	25	.325	21	37	34	47	14	3
14	Alex Hoetker	19	19	6	.316	4	5	13	2	6	0
15	Anika Apostalon	9	4	0	.000	1	3	5	0	5	0
16	Elizabeth Bilz	6	5	1	.200	0	0	2	0	3	0
17	Alyssa Diacono	28	78	30	.385	0	21	53	43	11	2
18A	Claire McKinnon	4	3	0	.000	0	2	3	4	4	0
18B	Hana Lambur	2	3	1	.333	0	0	0	0	1	0
19	Brigette Kimbrough	8	8	4	.500	3	3	4	3	4	2
20	Lesley Kerley	6	9	3	.333	0	1	3	1	1	0
21	Katrina King	4	2	1	.500	0	2	1	1	1	0
22	Malia Magro	1	3	0	.000	1	1	1	0	1	0
23	Sarah Crist	2	0	0	.000	1	1	0	0	2	0
	SDSU Team	**29**	**792**	**232**	**.293**	**131**	**347**	**344**	**176**	**216**	**299**

Scoring by Quarter	1	2	3	4	OT	2OT	SV	Total
SDSU	60	42	61	67	1	1	0	232
Opponents	44	43	66	53	2	2	1	211

Aztec Goalkeepers

No.	Player	Games	MP	GA	GAA	Saves
1	Rachel Mitchell	29	883:37	198	7.17	233
1	Kate McDonnell	3	20:52	4	6.13	5
1	Emily Tylka	5	37:22	9	7.71	10
	SDSU Team	**29**	**941:51**	**211**	**7.17**	**248**

Aztec Individual Game Highs

Goals: 5, Benekou vs. UC Santa Barbara (2/14), Israels vs. Santa Clara (4/11)
Goals Att: 13, Israels vs. Indiana (3/15)
Goal Pct (Min. 3 att.): 1.000 (3-3), Diacono at California Baptist (3/7), Diacono vs. Santa Clara (4/11)
Steals: 6, Ferrari vs. Wagner (3/14)
Assists: 4, Ferrari vs. Pacific (3/13)
High TO: 5, Benekou vs. Michigan (3/21), Ferrari vs. Azusa Pacific (4/10)
Ejects Drawn: 6, de Roos vs. Stanford (2/14)
Ejects Given: 3, Apostalon vs. Arizona State (2/7), Benekou vs. Arizona State (2/7), Ferrari vs. Arizona State (2/7), Ferrari at California Baptist (3/7), Ferrari vs. Wagner (3/14), Ferrari vs. Princeton (3/15), Ferrari at Hawai'i (3/29)
Saves: 15, Mitchell vs. UC Irvine (2/27)

Aztec Team Game Highs

Goals: 16 at Fresno Pacific (2/13)
Goals Att: 35 vs. Santa Clara (4/11)
Goal Pct: .640 at Fresno Pacific (2/13)
Fewest Goals Allowed: 2 vs. Bucknell (3/14)
Most Goals Allowed: 18 vs. Stanford (2/14)
Assists: 10 at Fresno Pacific (2/13)
Steals: 20 vs. Bucknell (3/14)
Low TO: 6 vs. Santa Clara (4/11)
High TO: 18 at UC San Diego (2/8)
Ejects Drawn: 10 vs. UC Santa Barbara (2/14)
Low Ejects Given: 2 vs. Concordia (3/20)
Saves: 15 vs. UC Irvine (2/27)
Goals in a Quarter: 6 (1st) vs. Hartwick (2/8), (3rd) at Fresno Pacific (2/13)