

Aztec Coaching Staff



AZTEC COACHING STAFF	
Head Coach Dr. Mike Giuliano	8-9
Associate Head Coach Mike Friensen	10
Asst. Coach Erica Keus/Support Staff	11

Dr. Mike Giuliano

Head Coach

Third season at SDSU (19-16-8)

14th season overall (213-58-23)

Tennessee Temple, 1981



Full Given Name

Michael James Giuliano

Birthdate

Oct. 15, 1959

Birthplace

San Jose, Calif.

Current Residence

San Diego, Calif.

Education

B.A. - communications

(Tennessee Temple, 1981)

M.A. - education

(Trinity International, 1987)

PhD - communications

(Northwestern, 1993)

Marital Status

Married to Barbara

Children

Joshua (16), Justin (13)

and Linnae (11)

NCAA/NAIA Coaching Experience

1987-91

Trinity International

Men's Head Coach

1992

Santa Barbara City

College

Women's Head Coach

1993-2003

Westmont College

Women's Head Coach

2004-Present

San Diego State

Women's Head Coach

Playing Experience

1977-1981

Tennessee Temple Univ.

Dr. Mike Giuliano enters his third year at San Diego State after being named head coach of the Aztecs' women's soccer program on March 30, 2004.

The San Jose, Calif., native, one of the most decorated soccer coaches in NAIA history at Westmont College (1993-2003), continued his success in his second season on The Mesa in 2005.

Despite a top-notch schedule which saw SDSU play seven 2005 NCAA tournament teams, Giuliano guided the Aztecs to an 11-9-2 overall record.

What is even more impressive is that SDSU boasted the youngest team in the Mountain West Conference with over 78 percent of the squad being either a freshman, sophomore or first-year transfer. The underclassmen and transfers would go on to score 24 of the Aztecs' 28 goals in 2005. In addition, sophomore transfer Cat Burson and freshman Christi Yount combined to play every minute in goal for SDSU.

Giuliano improved the Aztecs' win total from eight in 2004 to 11 in the 2005 campaign. SDSU's record, however, was deceiving. Of the Aztecs' nine losses last season, six came with opponents scoring the game-winner in the last eight minutes of play. Four of SDSU's losses also came in overtime and more than 63 percent (14-of-22) of its games in 2005 were decided by a goal or less.

Under Giuliano's tutelage, SDSU received numerous conference and national honors. In fact, five Aztecs have been named all-league in Giuliano's two years at the helm.

Last year, Alexis Solovij earned first-team all-MWC honors after being named the 2004 MWC Defensive Player of the Year. Erika Sutton joined Solovij as an all-league selection in 2005, garnering second-team accolades. Sutton become the first SDSU player since 2000 (Kim Castellanos) to be named all-conference as a freshman.

Giuliano also coached defender Noelle Jouglet and goalkeeper Sophia Perez to first-team honors in 2004, while Amanda Swiader received second-team recognition.

In addition, five Aztecs have been named MWC players of the week over Giuliano's two years and three players - Noelle Jouglet (*Soccer America* Team of the Week), and Solovij and Jen Klunder (*SoccerBuzz* National Elite Team of the Week) - were nationally recognized.

Giuliano's accomplishments have not only come on the field, but in the classroom as well as a school-record 11 student-athletes were named to the 2005 MWC all-

academic team.

Fan support also increased since Giuliano's arrival. Over his two years, the average attendance at women's soccer games on the SDSU Sports Deck has risen 141 percent.

In June, *Soccer Buzz* recognized Giuliano's second recruiting class as the 30th best in the nation, a year after earning the 19th spot. Both rankings were tops in the MWC.

In his first season on The Mesa, SDSU finished 8-7-6 in 2004 and tied for second in the Mountain West Conference with a 3-0-2 record. It was the Aztecs' best finish in conference play since the 1999 season and the eight wins were the most by a SDSU first-year head coach.

The Aztecs went 5-1-3 over its final nine games of the season and advanced all the way to the MWC championship game, falling just one shootout goal short of a trip to its first NCAA tournament since 1999.

Much of the success in 2004 can be directed at Giuliano's pressure style defense, aimed at forcing opposing offenses into making mistakes. In 21 games, SDSU allowed just 18 goals, the program's fewest since the 1990 squad allowed 12 goals in 13 games.

The Aztec defense tallied nine shutouts, second most in school history, and during a stretch of five-plus games from Oct. 3-30, went 595:44 without allowing a goal.

"I honestly believe that this is one of the best coaching positions in Division I," Giuliano said. "You take a world-class university with big-time support for its ath-



Head Coach



SDSU SOCCER

"You take a world-class university with big-time support for its athletic programs, put it smack dab in the middle of America's most beautiful city, and then you surround it with the best girls' high school soccer in the nation, and you have every ingredient for a perennial national soccer power."

-- Dr. Mike Giuliano

letic programs, put it smack dab in the middle of America's most beautiful city, and then you surround it with the best girls' high school soccer in the nation, and you have every ingredient for a perennial national soccer power."

Prior to his arrival at SDSU, Giuliano developed Westmont College into a NAIA powerhouse, producing a 194-42-15 record in 11 seasons and winning four NAIA national titles in five years. Westmont went 61-6 over his final three years and won three consecutive national titles. On four occasions, he was named both the adidas National Collegiate Coach of the Year and the NAIA National Collegiate Coach of the Year. He is the also the first coach at any collegiate level to win the adidas award three consecutive years.

In his final five seasons at the NAIA level, Giuliano led Westmont to a 97-11-7 record and did not lose in his final 59 regulation matches. During the same five-year span, Westmont went 17-0-1 in the NAIA national tournament.

In addition to leaving Westmont as the all-time leader in wins, he ranks third all-time in the NAIA for career wins (194) and winning percentage (80.3).

During Giuliano's tenure at Westmont, the school produced three NAIA National Players of the Year, 30 All-Americans and 16 scholar-athletes. He also helped coach 55 all-Golden State Athletic Conference selections, including three GSAC Players of the Year.

In addition to the NAIA national titles in 1999, 2001, 2002 and 2003, Giuliano led Westmont to the NAIA final four in 1994 and 1997. Westmont ended the 1996 season ranked No. 1 as well, and made nine NAIA national tournament appearances, including one in each of his final eight seasons.

Besides being named adidas and NAIA national collegiate coach of the year four times, Giuliano earned five awards from the GSAC and four from the far west region of the NAIA.

Prior to coaching at Westmont, Giuliano started the women's soccer program at Santa Barbara City College, posting a 3-4-1 mark in its first year. He also spent five years coaching the men's soccer team at Trinity International University in Deerfield, Ill., winning one district coach-of-the-year honor.

Giuliano played college soccer at Tennessee Temple University and went on to earn a bachelor's degree in communications in 1981. He received his master's degree in education in 1987 at Trinity International and earned a PhD in communications from Northwestern University in 1993. He had been a professor in Westmont's communications studies department since 1992 before coming to SDSU.

Giuliano and his wife, Barbara, reside in San Diego with their three-children: Joshua (16), Justin (13) and Linnae (11).



Head coach Mike Giuliano with his family (top): wife, Barbara, (bottom, left to right) son, Justin, daughter Linnae, and son, Joshua.

► Giuliano's NCAA/NAIA Coaching Record

Year	School	W	L	T	Pct.	Notes
1993	Westmont College	16	7	0	.696	NAIA Regional Tournament, GSAC Coach of the Year
1994	Westmont College	16	5	4	.720	NAIA Final Four, far west region, GSAC Coach of the Year
1995	Westmont College	14	6	0	.700	NAIA Regional Tournament, GSAC Coach of the Year
1996	Westmont College	15	5	2	.727	NAIA Quarterfinals, far west region coach of the year
1997	Westmont College	21	4	0	.840	NAIA Final Four
1998	Westmont College	15	4	2	.762	NAIA Quarterfinals
1999	Westmont College	21	2	0	.913	NAIA National Champions, adidas, NAIA, far west region, GSAC Coach of the Year
2000	Westmont College	15	3	3	.786	NAIA Quarterfinals
2001	Westmont College	19	4	0	.826	NAIA National Champions, adidas, NAIA Coach of the Year
2002	Westmont College	20	1	3	.896	NAIA National Champions, adidas, NAIA Coach of the Year
2003	Westmont College	22	1	1	.938	NAIA National Champions, adidas, NAIA, far west region, GSAC Coach of the Year
Westmont College Totals		194	42	15	.803	4 national championships, 9 NAIA Tournaments, 17 Coach of the Year awards
2004	San Diego State	8	7	6	.524	Most wins by a first-year Aztec coach
2005	San Diego State	11	9	2	.545	Lost four games in overtime
San Diego State Totals		19	16	8	.535	Most wins (19) by an Aztec coach in first two seasons
13-Year Totals		213	58	23	.764	Never had a losing season



Mike Friesen

Associate Head Coach
Third season at SDSU
Sonoma State, 1996

Full Given Name
Michael David Friesen

Current Residence
San Diego, Calif.

Education
B.S. - kinesiology
(Sonoma State, 1996)

Marital Status
Married to Jamie

Children
Cole Jamey (2), Emily
Mychael (six months)

NCAA Coaching Experience
1999-03
UC Santa Barbara
Women's Associate Head Coach

2004-Present
San Diego State
*Women's Assistant/
Associate Head Coach*

Playing Experience
1988-89
Point Loma Nazarene

1993-94
Sonoma State

1995
North Bay Breakers

1996-97
Juventus (California
Premier Soccer Alliance)

1998
Greek Americans Soccer
Club

Mike Friesen is entering his third year at San Diego State. He was promoted to associate head coach on July 1, 2005, and is involved in all aspects of coaching and recruiting.

Friesen has played a significant role in bringing excitement back to San Diego State soccer. An offensive standout in his playing days at Point Loma Nazarene (1988-89) and Sonoma State (1993-94), Friesen has helped the Aztecs become one of the most potent offenses in the West Coast.

Last season, SDSU scored 28 times, its most since 2002. This year's squad could be even better, as 24 of those 28 goals were scored by freshmen and sophomores.

Not only did the Aztec offense score 11 more goals in 2005 (28) than it did in 2004 (17), but it also improved in most other offensive statistical categories, including assists (27 in 2005, 15 in 2004), points (83-49), shots (265-239), shots on goal (116-108) and shot percentage (10.6-7.1).

Friesen helped forward Erika Sutton to one of the best freshman seasons in SDSU history. Sutton finished her first year with 20 points on five goals and 10 assists. The 10 assists are tied for the third-most in a single-season. For her efforts, Sutton was named to the all-MWC second team, becoming the first Aztec since 2000 (Kim Castellanos) to be named all-conference as a freshman.

In 2004, SDSU reached the Mountain West Conference championship game for the first time since 1999. The team's 3-1-2 conference record was also its best since that same 1999 season.

Friesen teamed with Giuliano to bring an up-tempo-in-your-face style of defense, which was successful, as evident by the team's nine shutouts in 2004, second most in school history. The Aztecs allowed just 18 goals in 21 games that season, the program's fewest since the 1990 squad gave up 12 goals in 13 games.

The SDSU defense tallied nine shutouts, second most in school history, and during a stretch of five-plus games from Oct. 3-30, went 595:44 without allowing a goal. The Aztecs only surrendered three goals in MWC action.

Friesen helped with the development of four 2004 all-conference selections, including MWC Defensive Player of the Year Alexis Solovij.

Prior to coming to San Diego State, Friesen spent five years working with the UC Santa Barbara women's program.

Friesen's responsibilities with the Gauchos included coaching the team's offense, recruiting, community out-

reach and academics.

Upon arriving in Santa Barbara, Friesen helped turn the Gaucho program around, going from a 7-29-2 mark and scoring just 27 goals the two seasons prior to his arrival, to a 24-11-6 mark in 2002-03, tallying 105 scores. Friesen also was integral in signing and developing three straight Big West Conference offensive players of the year in Jennifer Borcich in 2001 and 2003 and Krystal Sandza in 2002.

Friesen has a great deal of experience coaching at a variety of levels. Before his time at UCSB, he guided the under-19 Santa Rosa United Aftershocks to the 1999 girls' California State Cup championship. In 1997, he directed Ursuline High School in Santa Rosa, Calif., to the CIF North Coast Section championship game.

As a student-athlete, Friesen played two years at Point Loma Nazarene in San Diego before transferring to Sonoma State, where he was a member of an NCAA Division II quarterfinalist squad in 1993. Friesen was also the second-leading scorer in the Northern California Athletic Conference as a senior.

Friesen completed his degree in kinesiology with an emphasis in biomechanics in 1996, before continuing his soccer playing career with the North Bay Breakers of the USISL. The Breakers reached the regional finals in the team's final year of existence. For the next several seasons, he played for Juventus in the California Premier Soccer Alliance before signing with the Greek Americans Soccer Club, based in San Francisco, which won two U.S. Open Cup championships in the 1990s.

Friesen and his wife Jamie, who coached the Santa Barbara City College women's basketball team from 2002-04, have a son, Cole Jamey (2), and a daughter, Emily Mychael (six months).



Associate head coach Mike Friesen with his family: wife, Jamie, daughter, Emily Mychael (six months) and son, Cole Jayme (2).

Assistant Coach/Support Staff



Erica Keus

Assistant Coach
Second season at SDSU
San Diego State, 2004

Erica Keus begins her second season as an assistant coach at San Diego State. Keus, who has coached different levels ranging from club to high school soccer, will work with the goalkeepers in 2006.

In 2006, Keus coached sophomore transfer Cat Burson to one of the best seasons ever by an Aztec goalkeeper. Burson went on to finish her first season on The Mesa with a 5-5-2 record and an 0.95 goals against average, which ranks her third on the SDSU single-season top 10. She also recorded a 84.4 save percentage and had four shutouts.

Freshman Christy Yount also played well and finished her first year with a 6-4 record with a 1.09 goals against average.

Keus, a 2004 SDSU graduate with a degree in sociology, has also coached the Carlsbad Lightning Soccer Club the past six years. While at Carlsbad, she led the Lightning to the 2003 Presidio U-19 League championship, garnering coach-of-the-year honors in the process. Keus also coached the U-18, U-14, U-9 and U-8 teams.

In addition to her coaching duties for the Lightning, the Carlsbad, Calif., native coached junior varsity girls soccer at La Costa Canyon High School during the 2002-03 seasons, leading the Mavericks to consecutive undefeated campaigns and league titles. Keus was an assistant coach for the varsity Mavs and was a 2004 assistant for Carlsbad High School.

Keus, who holds a national "D" coaching license, played two seasons for the Aztecs (1999-00), before a back injury sidelined her from seeing any more action.

Prior to attending SDSU, Keus competed for the Leucadia Lightning club team which finished second at the 1998 CYSA-South State Cup and advanced to the quarterfinals in 1999.

Keus also earned letters in basketball, softball, volleyball and track and field for Carlsbad High. As a senior, she received second-team All-Avocado League accolades in basketball, and was named the squad's most valuable player and best defender. She also was named the team's most inspirational player for basketball after her junior season and most valuable player for the softball squad her sophomore year. A shot putter on the track and field team, Keus was third at the 1999 Avocado League championships.

Keus is currently working on her master's degree in marriage, family and child therapy at the University of Phoenix. She is single and resides in Carlsbad, Calif.



Courtney Bale
Women's Soccer
Strength and
Conditioning Coach



Jenny Bramer
Associate A.D. -
Senior Woman's
Administrator



Jamie McConeghy
Assistant Media
Relations Director -
W. Soccer



Dave Noll
Event Management
Assistant



Carolyn Peters
Assistant Athletic Trainer
- W. Soccer



Jessica Simmons
Academic Advisor -
W. Soccer



AZTEC WOMEN'S SOCCER

1. We put our teammate's needs above our own. We always ask, "What is best for the team?"
2. We are a team that loves each other. Love assumes the best, so we assume the best about our teammates. Love takes time, and so we are committed to really getting to know each other both on and off the field.
3. Keep company with those who make you better. This is true of us as a team - we strive to make each other better athletically, academically, socially and emotionally.
4. We strive to respect the differences we have in our personalities, likes and dislikes, etc. Each of us recognizes that the world would be a dull place if everyone was just like me.
5. We live with the end in mind.
6. We strive to nurture a culture of excellence in every facet of our lives.
7. We know that life is lived best when it is lived for others. Community service isn't something we simply do; it is something we are.
8. We take our soccer very seriously, but it DOES NOT define who we are as people.
9. This game is supposed to be fun, and we will never forget that after all the hard work, it is still just a game. Winning championships and having fun are not mutually exclusive!
10. We dream dreams for this team that are beyond anything we have ever seen. No matter how great our team experiences have been in the past, we know that with the right attitude and with the necessary effort, this team can become something none of us have ever experienced before.

