



SAN DIEGO STATE AZTECS

2015 Women's Water Polo Weekly Notes

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Schedule/Results

Overall: 5-3 | **Home:** 1-0; **Away:** 1-1; **Neutral:** 3-2

Date	SDSU NR	Opponent	Time/Result
Feb. 5	13	Hartwick	W, 12-7
Feb. 7	13	vs. (18) UC Santa Barbara +	W, 6-5
	13	vs. (5) Arizona State +	L, 11-12
Feb. 8	13	at (12) UC San Diego +	L, 7-9
	13	vs. Hartwick +	W, 12-6
Feb. 13	12	at Fresno Pacific *	W, 16-3
Feb. 14	12	vs. (1) Stanford S	L, 6-18
	12	vs. (17) UC Santa Barbara S	W, 7-6
Feb. 21	10	vs. (6) Arizona State ~	11:45 a.m. PT
	10	vs. (3) USC or (18) UCSB ~	5 or 6:15 p.m. PT
Feb. 22	10	at UCI Invitational	TBA
Feb. 27		UC Irvine	3 p.m. PT
Feb. 28		Long Beach State	1 p.m. PT
March 7		at California Baptist *	1 p.m. PT
March 13		Pacific *	3 p.m. PT
March 14		Wagner #	10:15 a.m. PT
		Bucknell #	2 p.m. PT
		Whittier #	5:45 p.m. PT
March 15		Indiana #	11:30 a.m. PT
		Princeton #	5:45 p.m. PT
March 19		at Loyola Marymount *	4 p.m. PT
March 20		at LMU Invitational	TBA
March 21		at LMU Invitational	TBA
March 27		at Hawai'i	TBA
March 28		at Hawai'i Invitational	TBA
March 29		at Hawai'i Invitational	TBA
April 10		Azusa Pacific *	3 p.m. PT
April 11		Santa Clara *	1 p.m. PT
April 18		UC San Diego ^	Noon PT
April 23		at Golden Coast Championship %	TBA
April 24		at Golden Coast Championship %	TBA
April 25		at Golden Coast Championship %	TBA

* - Golden Coast game, + - UCSD Triton Invitational, S - Fresno Pacific Mini Tournament, ~ - UCI Invitational, # - Aztec Invitational presented by Court-yard by Marriott San Diego Central, ^ - Harper Cup at Aztec Aquaplex, % - at Stockton, Calif.

Socially

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Game Week Preview

No. 10 San Diego State (5-3) at UCI Invitational

Corona del Mar High School | Newport Beach, Calif.

Saturday, Feb. 21 | vs. No. 6 Arizona State (9-1) | 11:45 a.m. PT

Saturday, Feb. 21 | vs. No. 3 USC (10-0) or No. 18 UC Santa Barbara (7-7) | 5 p.m. or 6:15 p.m. PT

Sunday, Feb. 22 | vs. TBD (two games) | Corona del Mar High School or Anteater Aquatics Complex (Irvine, Calif.)

Storylines

- No. 10 San Diego State returns to the road this weekend to compete at the UCI Invitational. The Saturday-Sunday event will be split between Corona del Mar High School in Newport Beach and Anteater Aquatics Center on the campus of UC Irvine.

- SDSU will face a familiar foe in Arizona State at 11:45 a.m. PT to open tournament action. The Aztecs fell in a 12-11 thriller at the UCSD Triton Invitational two weeks ago. Depending on the outcome, San Diego State will then oppose either USC or UC Santa Barbara, a team it has defeated twice already this year. A victory over the Sun Devils will send the Aztecs to the 5 p.m. PT game. A loss will bring them back to the pool at 6:15 p.m. PT. Both games will be at Corona del Mar High School.

- The Aztecs are coming off a 2-1 weekend spent in Fresno. San Diego State opened Golden Coast Conference action on Friday with a 16-3 victory over Fresno Pacific. Then on Saturday at the FPU Mini Tournament, SDSU dropped an 18-6 decision to top-ranked Stanford before returning to Sunnyside Aquatics Center and downing UCSB, 7-6. San Diego State previously defeated the Gauchos, 6-5, in the opening game of the Triton Invite.

- SDSU is returning to the UCI Invitational a year after going to 2-2 at the event. The Aztecs, who were ranked 18th at the time, fell to No. 3 UCLA, 7-1, and No. 6 Hawai'i, 10-6, before rebounding with wins over conference foe Pacific (9-7) and No. 14 UC Davis (11-10).

- Facing Arizona State for a second time might be a good omen for San Diego State. SDSU has faced two teams twice this season already in Hartwick and UCSB and came away with the victory in the second game each time.

- If San Diego State and USC jump into the pool together Saturday afternoon, it will mark the first time they will have met since the 2013 UCI Invitational. In that game, the Women of Troy earned a 17-5 victory. Earlier that season, USC picked up a 12-3 win over the Aztecs at the Triton Invite.

- Other teams competing at the UCI Invitational include, UCLA, LMU, Hawai'i, UC San Diego, Stanford, Pacific, San Jose State, CSUN, California, UC Davis, UC Irvine and Michigan.

- The trip to Irvine and Orange County will be a somewhat of a homecoming for six Aztecs who call O.C. home. Courtney Jarvis (Tustin), Katy Schneider (Anaheim), Alex Hoetker (Buena Park), Alyssa Diacono (Ladera Ranch), Hana-Elise Lam-bur (Huntington Beach) and Brigitte Kimbrough (San Clemente) all hail from the county.

- In the 16-3 win over Fresno Pacific, which ran San Diego State's all-time GCC record to 7-0, Nikole Ferrari scored a career-high three goals. The performance extended the Aztecs' consecutive streak of hat tricks to eight games, an effort that reaches back to 2014. SDSU also had 11 goal scorers, which was the program's most since 11 scored at Chapman on March 22.

Quick Facts

Location San Diego, Calif.
 Founded 1897
 Enrollment 32,396
 Nickname Aztecs
 Colors Scarlet and Black
 Conference Golden Coast
 Affiliation Division I
 President Dr. Elliot Hirshman
 Director of Athletics Jim Sterk
 Faculty Representative Patrick Papin
 Associate AD/SWA Jenny Bramer

Head Coach Carin Crawford (UC San Diego, 1989)
 Record at SDSU (Seasons) 366-212 (16)
 Career Record Same
 E-mail ccrawfor@mail.sdsu.edu
 Water Polo Office Phone (619) 594-0649
 Water Polo Office Fax (619) 594-1674
 Assistant Coach Bill Cohn (First Season)
 Student Assistant Coach Taelor Moreno
 Athletic Trainer Kristin Manyak (Fourth Season)
 Home Facility Aztec Aquaplex (500)
 2014 Overall Record 23-12
 2014 Home Record 7-3
 2014 Road Record 6-3
 2014 Neutral Record 10-6
 2014 GCC Record/Finish 6-0/1st
 First Year of Competition 1995
 All-Time Record 457-254 (.643)
 NCAA Appearances 2 ('07, '08)
 Letterwinners Returning/Lost 12/2
 Starters Returning/Lost 6/0
 Key Returners (Alphabetical) Ioli Benekou (D, So.)
 2014 ACWPC Honorable Mention All-American
 2014 Golden Coast Newcomer of the Year
 2014 All-Golden Coast First Team
 2014 Golden Coast All-Freshman Team
 Alyssa Diacono (C, So.)
 2014 ACWPC Honorable Mention All-American
 2014 Honorable Mention All-Golden Coast
 Anique Hermann (D, Sr.)
 2014 ACWPC Honorable Mention All-American
 2014 Golden Coast All-Tournament Team
 2014 All-Golden Coast First Team
 2013 All-Big West Second Team
 Rachel Mitchell (GK, Jr.)
 2014 ACWPC Honorable Mention All-American
 2014 All-Golden Coast First Team
 Key Losses Taelor Moreno (UTIL, Jr.)

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- In San Diego State's second victory of the season over UC Santa Barbara, the Aztecs received a monster effort from Ioli Benekou and Rachel Mitchell. Benekou matched her career high with five goals, previously established vs. Cal State East Bay on March 22. As for Mitchell, she helped the Aztecs lead wire-to-wire with a season-high 12 saves.

- Before San Diego State traveled to Fresno, Anique Hermann was named the Golden Coast Player of the Week. During SDSU's season-opening set of games, the senior led the team in scoring (13 goals) and steals (10), and ranked second on the squad in assists (4) and third in ejections drawn (5). She scored multiple goals in three contests and scored in all five games, while leading the team in scoring on three different occasions. The weekly award was the second of her career.

- The Aztecs, as previously mentioned, are facing Arizona State for a second time this season. The Sun Devils have not been in action since the UCSB Triton Invitational where they went 3-1. Before defeating SDSU, ASU beat Sonoma State, 20-2, and ended the tourney with a 10-9 overtime loss to UC Irvine and a 12-7 victory over CSUN.

- USC enters the UCI Invite with an unblemished 10-0 record. The Women of Troy won the Triton Invitational two weeks ago and more recently swept through the Lancer Invitational in Riverside last week. At the Lancer Invite, USC outscored its foes, 106-9.

- UC Santa Barbara enters this week's action with an even 7-7 record after going 1-1 at the FPU Mini Tournament last week. The Gauchos downed Concordia, 19-7, before falling to the Aztecs. Prior to its trip to Fresno, UCSB posted a 2-2 record at the Triton Invitational, losing to San Diego State, beating Sonoma State and Santa Clara, and falling to Michigan in its final game of the tournament.

Roster

No.	Player	Ht.	Pos.	Yr.	Hometown (Last School)
1	Montana Jackson	5-3	Goalie	Fr.	Spring Valley, Calif. (Helix Charter HS)
1	Kathleen McDonnell	5-11	Goalie	Fr.	Tualatin, Ore. (Tualatin HS)
1	Melanie Merritt	5-10	Goalie	Jr.	San Diego, Calif. (San Jose State)
1	Rachel Mitchell	6-0	Goalie	Jr.	Danville, Calif. (Monte Vista HS)
1	Emily Tylka	5-7	Goalie	Sr.	Mundelein, Ill. (Mundelein HS)
2	Courtney Jarvis	5-7	Utility	Fr.	Tustin, Calif. (Mater Dei HS)
3	Nikki de Roos	6-0	Center	Fr.	Saratoga, Calif. (Saratoga HS)
4	Caroline Israels	5-11	Utility	So.	Pompano Beach, Fla. (Westminster Academy)
5	Makena Magro	5-6	Driver	So.	Carlsbad, Calif. (Carlsbad HS)
6	Nikole Ferrari	5-10	Utility	Jr.	Redwood City, Calif. (St. Francis HS)
7	Ioli Benekou	5-7	Defender	So.	Marousi, Greece (4th General H.S. of Amarousion)
8	Taylor Gums	5-7	Utility	Jr.	Lodi, Calif. (Lodi HS)
9	Mikayla Vessey	5-2	Driver	So.	Redlands, Calif. (LMU)
10	Nika Sedghi	5-10	Defender	Jr.	Carlsbad, Calif. (La Costa Canyon HS)
11	Katy Schneider	5-6	Driver	So.	Anaheim, Calif. (Foothill HS)
12	Carina Carballo	5-10	Utility	Sr.	Mexico City, Mexico (Santa Margarita HS)
13	Anique Hermann	5-5	Driver	Sr.	San Diego, Calif. (Torrey Pines HS)
14	Alex Hoetker	5-10	Utility	Jr.	Buena Park, Calif. (Fullerton College)
15	Anika Apostolon	6-1	Defender	So.	Albuquerque, N.M. (Albuquerque Academy)
16	Elizabeth Bilz	5-7	Utility	Fr.	San Diego, Calif. (Cathedral Catholic HS)
17	Alyssa Diacono	5-10	Center	So.	Ladera Ranch, Calif. (Tesoro HS)
18	Hana-Elise Lambur	5-4	Driver	So.	Huntington Beach, Calif. (Huntington Beach HS)
19	Brigitte Kimbrough	5-3	Driver	Fr.	San Clemente, Calif. (San Clemente HS)
20	Lesley Kerley	5-9	Center	So.	Los Gatos, Calif. (Presentation HS)
21	Katrina King	5-5	Driver	Fr.	Carlsbad, Calif. (Carlsbad HS)
23	Sarah Crist	5-3	Driver	RS-Fr.	Manhattan Beach, Calif. (Mira Costa HS)
22	Malia Magro	5-4	Utility	Fr.	Oceanside, Calif. (Carlsbad HS)
24	Sierra Stillwater	5-5	Driver	RS-Fr.	San Diego, Calif. (Cal Baptist)
	Jocelyn Castro	5-8	Utility	Fr.	Pico Rivera, Calif. (Warren HS)
	Katie Keifer	5-11	Defender	Fr.	San Jose, Calif. (Presentation HS)
	Claire McKinnon	5-7	Driver	Jr.	Newport Beach, Calif. (Mater Dei HS)
	Paola Vizcarra	5-9	Center	Fr.	San Diego, Calif. (Hilltop HS)

Head Coach: Carin Crawford, 17th season (UC San Diego, 1989)

Assistant Coach: Bill Cohn, First season (UCLA, 1981)

Student Assistant Coach: Taelor Moreno

Athletic Trainer: Kristin Manyak, Fourth season (San Diego State, 2011)

2015 San Diego State Water Polo Results/Statistics

Overall Record: 5-3 (Home: 1-0, Away: 1-1, Neutral: 3-2); Golden Coast: 1-0 (Home: 0-0, Away: 1-0)

SD NR	Date	Opp. NR	Opponent	Result	Score	Streak	Overall Record	GCC Record	SDSU Goals
13	Feb. 5		Hartwick	W	12-7	W1	1-0		Hermann 4, Benekou 2, Israels 2, Ferrari, Gums, Hoetker, Magro
13	Feb. 7	18	vs. UC Santa Barbara ^	W	6-5	W2	2-0		Israels 3, Diacono, Gums, Hermann
13	Feb. 7	5	vs. Arizona State ^	L	11-12	L1	2-1		Israels 3, Benekou 2, Diacono 2, Ferrari 2, Gums, Hermann
13	Feb. 8	12	at UC San Diego ^	L	7-9	L2	2-2		Hermann 3, Benekou 2, Ferrari, Israels
13	Feb. 8		vs. Hartwick ^	W	12-6	W1	3-2		Hermann 4, Diacono 2, Ferrari 2, Israels 2, Benekou, Gums
12	Feb. 13		at Fresno Pacific *	W	16-3	W2	4-2	1-0	Ferrari 3, Diacono 2, Hoetker 2, Sedghi 2, Benekou, Bilz, Gums, Hermann, Jarvis, Kimbrough, Magro
12	Feb. 14	1	vs. Stanford ~	L	6-18	L1	4-3		Israels 2, Hermann, Hoetker, Magro, Vessey
12	Feb. 14	17	vs. UC Santa Barbara ~	W	7-6	W1	5-3		Benekou 5, Carballo, Magro
10	Feb. 21	6	vs. Arizona State S						
10	Feb. 21		vs. (3) USC or (18) UC Santa Barbara S						
10	Feb. 22		at UCI Invitational S						
	Feb. 27		UC Irvine						
	Feb. 28		Long Beach State						
	March 7		at California Baptist *						
	March 13		Pacific *						
	March 14		Wagner %						
	March 14		Bucknell %						
	March 14		Whittier %						
	March 15		Indiana %						
	March 15		Princeton %						
	March 19		at LMU *						
	March 20		at LMU Invitational						
	March 21		at LMU Invitational						
	March 27		at Hawai'i						
	March 28		at Hawai'i Invitational +						
	March 29		at Hawai'i Invitational +						
	April 10		Azusa Pacific *						
	April 11		Santa Clara *						
	April 18		UC San Diego						
	April 23		at Golden Coast Championship &						
	April 24		at Golden Coast Championship &						
	April 25		at Golden Coast Championship &						

Home games in **bold**. ^ - UCSD Triton Invitational (San Diego, Calif.). ~ - Fresno Pacific Mini Tournament (Fresno, Calif.). S - UCI Invitational (Irvine, Calif.). % - Aztec Invitational (Aztec Aquaplex). + - Hawai'i Invitational (Honolulu, Hawaii). * - Golden Coast Conference game. & - Golden Coast Championship (Stockton, Calif.)

2015 San Diego State Water Polo Statistics

No.	Player	G	Att	Goals Scored	Goal Pct	Ast	Stl	TO	Ejects Drawn	Ejects Given	Saves/FB
1	Rachel Mitchell	8	1	0	.000	1	3	1	0	0	63
1A	Kate McDonnell	2	0	0	.000	0	0	0	0	0	3
1B	Emily Tylka	1	0	0	.000	0	0	0	0	0	0
2	Courtney Jarvis	4	1	1	1.000	1	0	0	0	0	1
3	Nikki de Roos	5	3	0	.000	0	3	6	13	3	0
4	Caroline Israels	7	42	13	.310	5	10	13	2	7	0
5	Makena Magro	8	9	4	.444	1	8	7	3	5	4
6	Nikole Ferrari	8	25	9	.360	8	17	13	1	11	0
7	Ioli Benekou	8	28	13	.464	5	13	6	3	13	7
8	Taylor Gums	8	12	5	.417	5	8	10	9	7	0
9	Mikayla Vessey	6	3	1	.333	2	0	2	0	1	1
10	Nika Sedghi	5	3	2	.667	1	1	1	0	3	2
11	Katy Schneider	2	0	0	.000	2	0	1	0	3	1
12	Carina Carballo	8	12	1	.083	4	6	6	3	3	1
13	Anique Hermann	7	33	15	.455	6	11	6	8	4	2
14	Alex Hoetker	8	9	4	.444	1	2	5	0	3	0
15	Anika Apostalon	4	1	0	.000	1	2	2	0	5	0
16	Elizabeth Bilz	3	3	1	.333	0	0	2	0	3	0
17	Alyssa Diacono	8	17	7	.412	0	5	17	13	2	1
19	Brigitte Kimbrough	3	3	1	.333	1	1	1	2	3	0
20	Lesley Kerley	2	0	0	.000	0	0	0	1	1	0
SDSU Team		8	205	77	.376	44	90	99	58	77	86
Scoring by Quarter											
		1	2	3	4		OT	2OT	SV		Total
SDSU		22	14	21	20						77
Opponents		11	17	21	17						66
Aztec Goalkeepers											
No.	Player	Games	MP	GA	GAA	Saves					
1	Rachel Mitchell	8	237:30	62	8.35	63					
1A	Kate McDonnell	2	12:52	3	7.46	3					
1B	Emily Tylka	1	5:38	1	5.68	0					
SDSU Team		8	256:00	66	8.25	66					

Aztec Individual Game Highs

Goals: 5, Benekou vs. UC Santa Barbara (2/14)
Goals Att: 9, Israels vs. Hartwick (2/5), vs. UC Santa Barbara (2/7), vs. Arizona State (2/7)
Goal Pct (Min. 3 att.): .833 (5-6), Benekou vs. UC Santa Barbara (2/14)
Steals: 5, Hermann vs. UC Santa Barbara (2/7)
Assists: 3, Ferrari at Fresno Pacific (2/13), Israels vs. UC Santa Barbara (2/14)
High TO: 4, Diacono at UC San Diego (2/8), Israels vs. UC Santa Barbara (2/7), Israels at UC San Diego (2/8)
Ejects Drawn: 6, de Roos vs. Stanford (2/14)
Ejects Given: 3, Apostalon vs. Arizona State (2/7), Benekou vs. Arizona State (2/7), Ferrari vs. Arizona State (2/7)
Saves: 12, Mitchell vs. UC Santa Barbara (2/14)

Aztec Team Game Highs

Goals: 16 at Fresno Pacific (2/13)
Goals Att: 34 vs. Hartwick (2/5)
Goal Pct: .640 at Fresno Pacific (2/13)
Fewest Goals Allowed: 3 at Fresno Pacific (2/13)
Most Goals Allowed: 18 vs. Stanford (2/14)
Assists: 10 at Fresno Pacific (2/13)
Steals: 14 vs. Arizona State (2/7)
Low TO: 7 vs. Arizona State (2/7)
High TO: 18 at UC San Diego (2/8)
Ejects Drawn: 10 vs. UC Santa Barbara (2/14)
Low Ejects Given: 6 vs. UC Santa Barbara (2/7), at UC San Diego (2/8)
Saves: 12 vs. UC Santa Barbara (2/14)
Goals in a Quarter: 6 (1st) vs. Hartwick (2/8), (3rd) at Fresno Pacific (2/13)