

LONG BEACH **THROWS/JUMPS FEST**

April 30-May 1, 2021 • Jack Rose Track

Long Beach State, Cal State Fullerton, CS Northridge, CS Bakersfield, San Diego State, UC Irvine, UC Riverside, UC San Diego

Friday, April 30, 2021

THROWS EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
09:55 a.m.	<i>NATIONAL ANTHEM</i>			
10:00 a.m.	Women's Javelin	Infield	2 flights	9 per Flight
10:00 a.m.	Men's Hammer Throw	Outfield	2 flights	9 per Flight
12:00 p.m.	Women's Hammer	Outfield	2 flights	9 per Flight
12:00 p.m.	Men's Javelin	Infield	2 flights	9 per Flight
02:00 p.m.	Women's Shot Put	South D-Zone	2 flights	9 per Flight
02:00 p.m.	Men's Discus	Infield	2 flights	9 per Flight
04:00 p.m.	Women's Discus	Infield	2 flights	9 per Flight
04:00 p.m.	Men's Shot Put	South D-Zone	2 flights	9 per Flight

Saturday, May 1, 2021

JUMP EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
10:55 a.m.	<i>NATIONAL ANTHEM</i>			
11:00 a.m.	Women's Long Jump	East Runway	2 flights	9 per Flight
11:00 a.m.	Men's Long Jump	West Runway	2 flights	9 per Flight
01:00 p.m.	Women's High Jump	East Pit	1 flight	12 per Flight
01:00 p.m.	Men's High Jump	West Pit	1 flight	12 per Flight
01:00 p.m.	Women's Pole Vault	East Runway	1 flight	15 per Flight
01:00 p.m.	Men's Pole Vault	West Runway	1 flight	15 per Flight
03:30 p.m.	Women's Triple Jump	East Runway	2 flights	9 per Flight
03:30 p.m.	Men's Triple Jump	West Runway	2 flights	9 per Flight