



AZTEC SWIMMING AND DIVING

THIS WEEK: SwimmersNov. 18-20.....Arena Invitational.....Belmont Plaza Olympic Pool.....Long Beach, Calif.....All Day DivingNov. 18-20.....Wildcat Diving Invit.....Hillenbrand Aquatic CenterTucson, Ariz.....All Day

2010-11 SCHEDULE

Dual Record: 6-0 (2-0 Home; 2-0 Away; 2-0 Neutral)

Date	Opponent	Time/Result
Sep. 24	San Diego - Pentathlon	NTS
Oct. 2	Oregon State	W, 150-125
Oct. 23	at New Mexico*W, 211-89
	Colorado State* (at NM)W, 208-92
	Air Force* (at NM)W, 245-55
Nov. 4	Brigham Young*W, 173-127
Nov. 6	at TCU*W, 173-123
Nov. 18-20	at Toshiba Classic (Swim)All Day
Nov. 18-20	at Wildcat Invit. (Diving)All Day
Nov. 20	vs. Utah* (at Toshiba Classic)TBA
Dec. 4	at UNLV*1:00 pm
Jan. 7	Northern Colorado2:00 pm
	Tulane2:00 pm
Jan. 8	Northern Colorado12:00 pm
	Tulane12:00 pm
Jan. 15	at Cal State Bakersfield1:00 pm
	Fresno State (at CSUB)	
Jan. 28	Wyoming*12:00 pm
Jan. 29	at UC San Diego12:00 pm
	Hawai'i (at UCSD)	
Feb. 5	at San Diego12:00 pm
Feb. 23-26	MWC Championships+All Day
Mar. 10-12	Zone Diving Meet^All Day
Mar. 17-19	NCAA Championships#All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex
NTS indicates no teams scores kept

* Mountain West Conference meet
+ at Oklahoma City, Okla. (Oklahoma CC host)
^ at Minneapolis, Minn. (Minnesota host)
at Austin, Texas (Texas host)

QUICK FACTS

Location	San Diego, Calif.
Founded	1897
Enrollment	32,396
Nickname	Aztecs
Colors	Scarlet and Black
Conference	Mountain West
President	Dr. Stephen L. Weber
Athletic Director	Jim Sterk

TEAM INFORMATION

Head Coach	Mike Shrader
Dual Record at SDSU	37-13 (4th season)
Career Record	126-25-1 (12th season)
Swimming Office Phone	(619) 594-5883
E-Mail	mshrader@mail.sdsu.edu
Assistant Coach	Brendon Bray
Diving Coach	Roland McDonald
Volunteer Assistant Coach	Jamie Vessey
Strength & Conditioning Coach	Jon Francis
2009-10 Dual-Meet Record	14-3
2009-10 MWC Record	5-3 (4th)
2010 MWC Championship Meet	3rd, 375 pts.
Letterwinners Returning/Lost	21/7
Newcomers	11
Home Facility	Aztec Aquaplex

MEDIA RELATIONS

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THIS WEEK

San Diego State swimmers will compete at the Arena Invitational at the Belmont Plaza Olympic Pool in Long Beach, Calif., from Thursday through Saturday (Nov. 18-20). The women's side of the event will feature 20 teams including nationally-ranked squads from Stanford (#1), California (#5) and UCLA (#24). Four schools from the Mountain West Conference will also compete including Brigham Young, Colorado State, UNLV and Utah.

The Aztec divers will be in Tucson, Ariz., for the Wildcat Diving Invitational hosted by the University of Arizona. The three-day meet (Nov. 18-20) will feature one event each day with the 1-meter on Thursday, 3-meter on Friday and platform on Saturday.

In addition, SDSU and Utah will score a dual meet with the results from the Arena Invitational and the Wildcat Diving Invitational.

HEAD COACH MIKE SHRADER

SDSU head coach Mike Shrader is in his fourth season with the Aztecs and has compiled a dual meet record of 37-13 (.740) during his tenure. Shrader was named the conference Coach of the Year at the conclusion of MWC championship meet each of the past two seasons (co-coach in 2009). His career record including eight seasons at Nevada stands at 126-25-1 (.832).

LAST TIME OUT

San Diego State picked up a pair of wins two weeks ago with a 173-127 decision over Brigham Young at the Aztec Aquaplex on Nov. 4 and a 173-123 victory at TCU on Nov. 6. The win over BYU was the first-ever for the Aztecs, who improved to 5-0 in the Mountain West Conference. The five league wins ties for the most in a season by SDSU as it equaled last year's MWC win total.

MWC SWIMMER OF THE WEEK

Katelyn Weddle was named the MWC Swimmer of the Week on Nov. 9 after her performance in the wins over BYU and TCU. She recorded first-place finishes in six events including a sweep of the breaststroke events in both meets. She also competed on the Aztecs' two first-place teams in the 200-yard medley relay events. It marks the second time that Weddle has won the league's weekly award after she picked up the honor last January as well.

FOUR MEETS, FOUR WEEKLY AWARDS

San Diego State has competed in meets during four weekends this season and has come away with the conference Swimmer of the Week award after each. In addition to Katelyn Weddle, other Aztecs to win the honor this fall include Leona Jennings (Sept. 28), Kelly Marquenie (Oct. 4) and Brooke Vessey (Oct. 26).

AZTECS ACHIEVE NATIONAL RANKING

San Diego State has been ranked 23rd in the national in the first poll of the season released by the College Swimming Coaches of America Association on Nov. 10. It marks the first time that the Aztecs have been ranked among the top 25 in the history of the program. SDSU received votes in the CSCAA poll during the 2009-10 campaign with its highest point total ranking it 33rd. The next CSCAA poll is scheduled to be released on December 16.

MORE POOL RECORDS SET

In addition to the seven new Aztec Aquaplex records set on Oct. 2 against Oregon State, the Aztecs added four more facility bests to the record book in the meet vs. BYU on Nov. 4. Those new Aquaplex records included the following marks:

Event	Swimmers	Time
500 Free	Kelly Marquenie	4:55.53
200 Back	Leona Jennings	2:00.96
200 Medley Relay	Leona Jennings, Katelyn Weddle, Brooke Vessey, Emilee Jennings	1:43.28
400 Free Relay	Kelly Marquenie, Stephanie Koch, Emily Jennings, Jessica Crider	3:26.09

Leona Jennings improved the pool record in the 200 back that she set on Oct. 2 while the 200 medley relay team equaled the facility-best time it had set previously at that same meet.

IMPRESSIVE DIVING

Junior diver Kristen Meier had a stellar weekend during the contests vs. BYU and TCU two weeks ago as she captured the 1-meter and 3-meter diving events at both meets. In the win over Brigham Young, her mark of 289.35 in the 3-meter vs. BYU qualified her for the Zone Meet in March. In the meet at TCU two days later, Meier scored 311.63 in the 3-meter diving to set a new SDSU school record. That same day she turned in a mark of 268.05 in the 1-meter, a score that qualifies for the Zone Meet as well. That result also ranks as the second-highest score ever recorded in the 1-meter event by an Aztec diver. Meier was previously named the conference Diver of the Week for her performance during SDSU's meet in Albuquerque on Oct. 23.

NCAA 'B' QUALIFIERS

Despite having participated in only five meets thus far, two SDSU swimmers have already met the "B" qualifying standard for the NCAA Championships. Leona Jennings' time of 54.86 in the 100 backstroke and Katelyn Weddle's mark of 1:02.06 in the 100 breaststroke met the provisional times needed to qualify for the NCAA meet. Both of those times were set in the dual meet against Oregon State on Oct. 2.

TOP TIMES

After the first six weeks of the season, San Diego State swimmers have recorded the league's top times in six of the 13 individual swimming event that they have been contested far. (SDSU has not competed in the 1650 free this fall.) Those six top conference times are:

Event	Swimmer	Time
500 Free	Kelly Marquenie	4:55.53
1000 Free	Kelly Marquenie	9:57.83
100 Back	Leona Jennings	54.86
200 Back	Leona Jennings	2:00.96
100 Breast	Katelyn Weddle	1:02.06
200 Breast	Katelyn Weddle	2:16.53

In addition, the Aztecs also have the top time in the 200 medley relay, a 1:43.28 by the foursome of Leona Jennings, Katelyn Weddle, Brooke Vessey and Emilee Jennings. SDSU has the second-best individual times as well in the 100 and 200 free (Stephanie Koch) plus the 400 individual medley (Leona Jennings) as well as the 400 free relay (Marquenie, Koch, Emilee Jennings and Jessica Crider).



AZTEC SWIMMING AND DIVING

2009-10 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Kim Bierwith	Free, Fly	5-5	Sr.	1V	Danville, Calif. (Diablo Valley JC)
Shannon Bray	Fly, Free	5-9	Jr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	So.	1V	Woodinville, Wash. (Redmond HS)
Melissa Church	Free, Fly	5-4	Sr.	2V	Aliso Viejo, Calif. (Saddleback JC)
Tarin Corwin	Free, Back	5-7	Jr.	1V	Blue Springs, Mo. (Texas A&M)
Heather Cramer	Fly, IM	5-9	Sr.	1V	Rohnert Park, Calif. (Santa Rosa JC)
Jessica Crider	Free	5-9	So.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	Fr.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Jr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free	5-7	So.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Keri George	Fly, Free	5-7	So.	HS	Danville, Calif. (San Ramon Valley HS)
Allison Hall	Fly, IM	5-2	Sr.	2V	Camarillo, Calif. (Boise State)
Emilee Jennings	Free, Breast	5-9	Sr.	1V	Seattle, Wash. (Washington)
Leona Jennings	Back, Free, IM	5-9	So.	1V	Seattle, Wash. (Mt. Ranier HS)
Stephanie Koch	Free, Fly	5-10	So.	1V	Boone, Iowa (Ames HS)
Hattie Lamping	Diving	5-2	Fr.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	Fr.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	Fr.	HS	Gold Coast, Australia (Emmanuel College)
Alexis McCoy	Free, Back, Fly	5-8	Jr.	2V	San Diego, Calif. (Seisen International School)
Kristen Meier	Diving	5-8	Jr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	Fr.	HS	San Ramon, Calif. (California HS)
Berklie Oscarson	Back, IM	5-9	Fr.	HS	Altadena, Calif. (San Marino HS)
Lauren Parrett	Breast, Free	5-8	Fr.	HS	Irvine, Calif. (University HS)
Shelley Perkins	Free, Fly	5-6	So.	1V	Littleton, Colo. (Chatfield HS)
Olivia Sefton	Fly, IM	5-9	Fr.	HS	Nottingham, England (Friesland School)
Shaida Solimani	Back, Free	5-9	So.	1V	Blue Springs, Mo. (Blue Springs HS)
Anna Steiner	Diving	5-4	Fr.	HS	Seattle, Wash. (International Community School)
Allison Stuhr	Free, Back	5-8	Sr.	1V	Santa Rosa, Calif. (Santa Rosa JC)
Rafaella Suarez	Diving	5-5	So.	1V	Claremont, Calif. (Mt. SAC)
Brooke Vessey	Fly, Free, Back	5-2	Sr.	3V	Redlands, Calif. (Redlands HS)
Katelyn Weddle	Breast, Free	5-6	So.	1V	Yuma, Ariz. (Kofa HS)
Taylor Yamagata	Breast	5-6	Fr.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	So.	1V	Santa Maria, Calif. (Pioneer Valley HS)

Head Coach: Mike Shrader (Texas A&M '81), 4th Season
Assistant Coach: Brendon Bray (Washington '07), 4th Season
Diving Coach: Roland McDonald (Michigan State '87), 1st Season
Volunteer Assistant Coach: Jamie Vessey (San Diego State '09), 2nd Season



BY CLASS

Seniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Allison Stuhr, Brooke Vessey

Juniors (5)

Shannon Bray, Tarin Corwin, Kristen Meier, Aina Eill, Alexis McCoy

Sophomores (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Shaida Solimani, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

Freshmen (10)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Olivia Sefton, Anna Steiner, Tylor Yamagata

BY STATE/COUNTRY

Arizona (1)

Katelyn Weddle

California (17)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Jordan Devine, Keri George, Allison Hall, Mikaela Macklin, Alexis McCoy, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Taylor Yamagata, Meghan Zimmer

Colorado (1)

Shelley Perkins

Iowa (1)

Stephanie Koch

Missouri (2)

Tarin Corwin, Shaida Solimani

Nevada (1)

Shannon Bray

New York (1)

Kristen Meier

Ohio (1)

Hattie Lamping

Washington (4)

Maureen Cardwell, Emilee Jennings, Leona Jennings, Anna Steiner

Australia (2)

Melanie Garibaldi, Kelly Marquenie

Canada (1)

Aina Eill

England (1)

Olivia Sefton