

Cross Country

Last Result

Nov. 15at NCAA West Regional
Blue Lake Park (Troutdale, Ore.)
15th (415 pts.)



2003 SCHEDULE

Date	Meet	Result/Time
Aug. 30	at Fullerton Opener (Brea, Calif.)	6th of 14
Sept. 13	59th Annual Aztec Invite (Balboa Park - San Diego, Calif.)	6th of 14
Sept. 20	at UH Big Wave Invitational (Kaneohe, Hawaii)	t3rd of 11
Sept. 20	at UC Riverside Invitational (Riverside, Calif.)	11th of 14
Sept. 27	at Stanford Univ. Invitational (Stanford, Calif.)	12th of 26
Oct. 4	Pre-MWC Meet (Morley Field - San Diego, Calif.)	6th of 6
Oct. 11	at UCSD Triton Classic (La Jolla, Calif.)	3rd of 21
Oct. 18	at Long Beach St. Invitational (Long Beach, Calif.)	1st of 9
Nov. 1	at MWC Championships (UNM N. Course - Albuquerque, N.M.)	6th of 8
Nov. 15	at NCAA Regionals (Troutdale, Ore.)	15th of 31
Nov. 24	at NCAA Finals (Cedar Falls, Iowa)	N/A

Home meets in bold. Times local to site.

2003 ROSTER

Athlete	Yr.	Exp.	Hometown
Julie Amster	Sr.	1V	Long Beach, Calif.
Allison Baker	Fr.	HS	Pine Valley, Calif.
Brianne Bricker	Sr.	1V	Riverside, Calif.
Allison Brown	Jr.	2V	Mission Viejo, Calif.
Sara Cates	Fr.	HS	Carlsbad, Calif.
Christal Cuadra	So.	1V	Honolulu, Hawaii
Jackie Duncan	So.	SQ	Syracuse, N.Y.
Kylie Edwards	Sr.	2V	Mt. Dundeed, Australia
Christian Fairing	Fr.	RS	Irvine, Calif.
Angie Fitzpatrick	Sr.	1V	San Diego, Calif.
Tina Fodor	Jr.	2V	Fullerton, Calif.
Emily Joller	Jr.	SQ	R. Bernardo, Calif.
Marie Nilsson	Sr.	TR	Kil, Sweden
Katie Parry	So.	SQ	Lake Forest, Calif.
Marilyn Smith	Jr.	TR	Fresno, Calif.
Jamillah Titus	So.	1V	A. Canyon, Calif.
Celeste Tyson	Fr.	HS	Austin, Texas
Emily Wynne	Fr.	RS	Omak, Wash.

Head Coach: Rahn Sheffield, 13th season

Assistant Coach: Jennifer Nanista, 11th season

2003 FINAL TOP-10 5K TIMES

Athlete	Event	Time
1 Marie Nilsson	Aztec Invitational	18:23.00
2 Christal Cuadra	Fullerton Opener	18:39.80
3 Allison Brown	Fullerton Opener	19:18.30
4 Jamillah Titus	UC Riverside	19:45.00
5 Celeste Tyson	Aztec Invitational	19:46.00
6 Emily Wynne	UC Riverside	19:48.00
7 Angie Fitzpatrick	UC Riverside	19:51.40
8 Tina Fodor	Fullerton Opener	19:54.50
9 Christian Fairing	Fullerton Opener	19:55.00
10 Alison Baker	UC Riverside	19:59.70

ALL-TIME TOP-10 5K TIMES

Athlete	Time	Year
1. Monica Joyce	16:28.90	1981
2. Lynn Kanuka	16:54.10	1981
3. Monica Joyce	16:55.00	1981
4. Monica Joyce	16:56.00	1981
5. Monica Joyce	17:05.00	1981
6. Lynn Kanuka	17:07.30	1981
7. Eva Enstrom	17:08.00	1981
8. Laurie Crisp	17:09.00	1982
9. Laurie Crisp	17:14.00	1982
10. Lynn Kanuka	17:20.00	1981
Lynn Kanuka	17:20.00	1979

Noting the 2003 Aztecs

- SDSU finished in the top six in seven of its 10 races.
- The Aztecs' logged their best performance at the NCAA district meet in more than five years and improved three spots from their 18th-place finish in 2002. SDSU also jumped one spot in the team standings at the MWC meet (6th), after placing seventh each of the last two seasons.
- The Aztecs won the Long Beach State Invitational on Oct. 18, their first team title since winning the University of Hawai'i meet three years ago. SDSU beat out nine other squads, finishing with 27 total points in the 86-runner field.
- In her only season as an Aztec, senior **Marie Nilsson (Kil, Sweden)** made her case as one of the best in SDSU program history. Below is just a few of Nilsson's accomplishment:

-Logged three of the top-four 6K times in SDSU history, including a school record of 21:04 at the NCAA regional meet.

-Team's top runner at every meet she participated in and tallied five, top-seven individual finishes overall.

-Posted the best-ever finish and time by an Aztec at the MWC championships, coming in fourth overall in 21:53. Nilsson's finish earned her a spot on the seven-member Mountain West Conference first team, becoming the first SDSU runner so honored in the meet's five-year history.

-The first Aztec to be named Mountain West Conference Runner of the Week twice in a season.

-Recorded the best finish by an SDSU women's runner at the Aztec Invitational in 22 years (21 total meets), coming in fourth.

Aztec Cross Country Finishes 2003 Campaign On A High Note

- The San Diego State cross country squad, behind senior **Marie Nilsson's** 22nd-place finish, came in 15th overall (415 pts.) at the 6K NCAA West Regional meet in Troutdale, Ore. The Aztecs' 15th place is a three spot improvement from last season's meet, while it is the team's best performance in more than five years.

Nilsson ran her third-fastest time ever, tallying a school record of 21:04. Nilsson easily beat the previous 6K record of 21:50 held by Jennifer Stakiw (2002) and now owns four of the top six times in the Aztec record books.

Nilsson was helped by senior **Kylie Edwards (Mt. Dundeed, Australia)**, who finished out her career by coming in 55th with a personal best of 22:09, the fifth-fastest time in SDSU history. Sophomore **Christal Cuadra (Honolulu, Hawaii)** was the team's No. 3 finisher with a 70th place in a

personal best effort of 22:25 (8th in SDSU history).

- Five of the seven Aztec runners, with the exception of Nilsson and Brown, recorded personal best times.

• Top-ranked Stanford won the meet with 45 points, while UCLA placed second (69 pts.). Stanford's Alicia Craig claimed the individual title with a winning 6K time of 20:06.00.

- Below is a rundown of the Aztecs in the past five NCAA regional meets:

Year	Team Finish	Top Finisher (Time)
2003	15th (415 pts.)	22. Marie Nilsson (21:04.00)
2002	18th (478 pts.)	71. Jamillah Titus (23:31.00)
2001	NTS	61. Jennifer Stakiw (23:35.30)
2000	16th (492 pts.)	75. Kylie Edwards (22:34.00)
1999	18th (435 pts.)	24. Sophia Hawker (17:57.00)*

* = 5K race (others 6K)

SDSU Makes Best Of MWC Meet

• The San Diego State women's cross country squad made the best of a difficult situation, posting its best finish in three seasons by coming in sixth overall (143 points) at the 2003 Mountain West Conference championships in Albuquerque, N.M., on Nov. 1. The Aztecs were just two points behind fifth place New Mexico (141 pts.) in a 6K race won by defending NCAA champion and No. 2 ranked Brigham Young (19 pts.).

Senior Marie Nilsson posted the best-ever finish and time by an Aztec at the MWC championships, coming in fourth overall in 21:53. Nilsson's finish earned her a spot on the seven-member Mountain West Conference first team, becoming the first SDSU runner so honored in the meet's five-year history. Her final time of 21:53 also matches her 2003 season best at the Stanford Invitational and ties for second-fastest in school history.

Nilsson was helped by fellow senior Kylie Edwards, who came in 24th overall with a season-best time of 23:18. Junior Allison Brown (39th - 24:12), sophomore Christal Cuadra (42nd - 24:24) and redshirt freshman Christian Fairing (47th - 24:49) rounded out the Aztec top-five finishers.

The Aztecs were supposed to play host to this year's conference meet, but wildfires and the ensuing poor air quality in the San Diego area earlier in the week, caused the event to be moved to Albuquerque, N.M., with just three days notice.

- Below is a rundown of the Aztecs' history in the MWC meet:

Year	Team Finish	Top Finisher (Time)
2003	6th (143 pts.)	4. Marie Nilsson (21:53.00)
2002	7th (176 pts.)	22. Jennifer Stakiw (22:36.80)
2001	7th (177 pts.)	32. Alicia Stewart (23:24.00)
2000	5th (166 pts.)	31. Kylie Edwards (23:10.20)
1999	5th (146 pts.)	16. Sophia Hawker (18:36.10)*

* = 5K race (others 6K)

2003 FINAL TOP-10 6K TIMES

Athlete	Event	Time
1. Marie Nilsson	NCAA Regional	21:04.00
2. Kylie Edwards	NCAA Regional	22:09.00
3. Christal Cuadra	NCAA Regional	22:25.00
4. Sara Cates	NCAA Regional	23:24.00
5. Allison Brown	L. Beach Invite	23:27.00
6. Christian Fairing	NCAA Regional	23:31.00
7. Tina Fodor	NCAA Regional	24:06.00
8. Celeste Tyson	Stanford Invite	24:13.00
9. Emily Wynne	Stanford Invite	24:43.00
10. Angie Fitzpatrick	L. Beach Invite	25:01.00

ALL-TIME TOP-10 6K TIMES

Athlete	Time	Year
1. Marie Nilsson	21:04.00	2003
2. Jennifer Stakiw	21:50.00	2002
3. Marie Nilsson	21:53.00	2003
Marie Nilsson	21:53.00	2003
5. Kylie Edwards	22:09.00	2003
6. Alicia Stewart	22:12.00	2002
7. Marie Nilsson	22:20.00	2003
8. Christal Cuadra	22:25.00	2003
9. Marie Nilsson	22:30.20	2003
10. Christal Cuadra	22:32.00	2003

2003 San Diego State Women's Cross Country - Individual Results - FINAL

<i>Date</i>	<i>Meet (Distance)</i>	<i>Finish Time</i>	Sara Cates	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) - Open 46 21:10.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 86 20:15.40
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 39 26:16.00
			Oct. 11	UCSD Invitational (6K) 53 24:41.40
			Oct. 18	Long Beach Invitational (6K) 37 24:51.00
			Nov. 1	MWC Championships (6K) 48 24:55.00
			Nov. 15	NCAA Regionals (6K) 135 23:24.00
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 20:15.40 (5K), 23:24.00 (6K)	
			Christal Cuadra	
			Aug. 30	CSU Fullerton Invitational (5K) 4 18:39.80
			Sept. 13	Aztec Invitational (5K) - Invit. 16 19:07.00
			Sept. 20	UH Big Wave Invitational (4K) 18 14:47.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 36 22:32.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 13 23:00.60
			Oct. 18	Long Beach Invitational (6K) 5 22:54.00
			Nov. 1	MWC Championships (6K) 42 24:24.00
			Nov. 15	NCAA Regionals (6K) 70 22:25.00
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 14:47.00 (4K), 18:39.80 (5K), 22:25.00 (6K); Personal best: 17:28.00 (5K)	
			Jackie Duncan	
			Aug. 30	CSU Fullerton Invitational (5K) 76 20:47.60
			Sept. 13	Aztec Invitational (5K) - Open 47 21:11.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 102 20:43.90
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 37 25:50.00
			Oct. 11	UCSD Invitational (6K) 110 26:19.20
			Oct. 18	Long Beach Invitational (6K) 59 26:29.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K) Did Not Compete
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 20:43.90 (5K)	
			Kylie Edwards	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) - Invit. 51 20:01.00
			Sept. 20	UH Big Wave Invitational (4K) 31 15:20.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 97 23:51.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 19 23:40.20
			Oct. 18	Long Beach Invitational (6K) 8 23:21.00
			Nov. 1	MWC Championships (6K) 24 23:18.00
			Nov. 15	NCAA Regionals (6K) 55 22:09.00
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*personal best: 15:20 (4K), 18:15 (5K), 22:09 (6K)	
			Julie Amster	
			Aug. 30	CSU Fullerton Invitational (5K) 88 21:09.60
			Sept. 13	Aztec Invitational (5K) - Open 54 21:26.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 94 20:27.80
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 40 26:44.00
			Oct. 11	UCSD Invitational (6K) 101 26:11.30
			Oct. 18	Long Beach Invitational (6K) 56 26:19.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K) Did Not Compete
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 20:21 (5K)	
			Ali Baker	
			Aug. 30	CSU Fullerton Invitational (5K) 60 20:28.80
			Sept. 13	Aztec Invitational (5K) - Open 31 20:42.00
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 78 19:59.70
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) 35 25:42.00
			Oct. 11	UCSD Invitational (6K) 81 25:36.70
			Oct. 18	Long Beach Invitational (6K) 47 25:41.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K) Did Not Compete
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 19:59.70 (5K), 25:36.70 (6K)	
			Brianne Bricker	
			Aug. 30	CSU Fullerton Invitational (5K) Did Not Compete
			Sept. 13	Aztec Invitational (5K) Did Not Compete
			Sept. 20	UH Big Wave Invitational (4K) Did Not Compete
			Sept. 20	UC Riverside Invitational (5K) 110 20:58.10
			Sept. 27	Stanford Invitational (6K) Did Not Compete
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 98 26:07.90
			Oct. 18	Long Beach Invitational (6K) 51 26:00.00
			Nov. 1	MWC Championships (6K) Did Not Compete
			Nov. 15	NCAA Regionals (6K) Did Not Compete
			Nov. 24	NCAA Championships (6K) Did Not Compete
			*Aztec career best: 20:25.70 (5K)	
			Allison Brown	
			Aug. 30	CSU Fullerton Invitational (5K) 20 19:18.30
			Sept. 13	Aztec Invitational (5K) - Invit. 54 20:06.00
			Sept. 20	UH Big Wave Invitational (4K) 42 15:50.00
			Sept. 20	UC Riverside Invitational (5K) Did Not Compete
			Sept. 27	Stanford Invitational (6K) 87 23:39.00
			Oct. 4	Pre-MWC Championships (6K) Did Not Compete
			Oct. 11	UCSD Invitational (6K) 29 24:05.90
			Oct. 18	Long Beach Invitational (6K) 9 23:27.00
			Nov. 1	MWC Championships (6K) 39 24:12.00
			Nov. 15	NCAA Regionals (6K) 181 24:23.00
			Nov. 24	NCAA Championships (6K) Did Not Compete

2003 San Diego State Women's Cross Country - Individual Results-FINAL

Christian Fairing

Aug. 30	CSU Fullerton Invitational (5K)	44	19:55.00
Sept. 13	Aztec Invitational (5K) - Invit.	58	20:13.00
Sept. 20	UH Big Wave Invitational (4K)	38	15:35.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	105	24:01.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	37	24:15.30
Oct. 18	Long Beach Invitational (6K)	11	23:40.00
Nov. 1	MWC Championships (6K)	47	24:49.00
Nov. 15	NCAA Regionals (6K)	143	23:31.00
Nov. 24	NCAA Championships (6K)		
*Aztec career best: 15:35.00 (4K), 19:55.00 (5K), 23:31 (6K)			

Angie Fitzpatrick

Aug. 30	CSU Fullerton Invitational (5K)	92	21:21.40
Sept. 13	Aztec Invitational (5K) - Open	58	21:32.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	71	19:51.40
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	29	25:15:00
Oct. 11	UCSD Invitational (6K)	65	25:09.20
Oct. 18	Long Beach Invitational (6K)	43	25:01.00
Nov. 1	MWC Championships (6K)	60	25:50.00
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*Aztec career best: 19:51.40 (5K)			

Tina Fodor

Aug. 30	CSU Fullerton Invitational (5K)	43	19:54.50
Sept. 13	Aztec Invitational (5K) - Invit.	52	20:01.00
Sept. 20	UH Big Wave Invitational (4K)	50	16:04.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	120	24:25.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	55	24:44.40
Oct. 18	Long Beach Invitational (6K)	25	24:22.00
Nov. 1	MWC Championships (6K)	53	25:26.00
Nov. 15	NCAA Regionals (6K)	162	24:06.00
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*personal best: 16:04.00 (4K), 19:54.50 (5K), 24:06 (6K)			

Emily Joller

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete	
Sept. 13	Aztec Invitational (5K)	Did Not Compete	
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	Did Not Compete	
Oct. 18	Long Beach Invitational (5K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*personal best: 21:57.50 (5K)			

Marie Nilsson

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete	
Sept. 13	Aztec Invitational (5K) - Invit.	4	18:23.00
Sept. 20	UH Big Wave Invitational (4K)	7	14:08.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	13	21:53.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	6	22:30.20
Oct. 18	Long Beach Invitational (6K)	3	22:20.00
Nov. 1	MWC Championships (6K)	4	21:53.00
Nov. 15	NCAA Regionals (6K)	22	21:04.00
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*Aztec career best: 14:08 (4K), 18:23 (5K), 21:04 (6K)			

Katie Parry

Aug. 30	CSU Fullerton Invitational (5K)	122	22:50.00
Sept. 13	Aztec Invitational (5K)	Did Not Compete	
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	Did Not Compete	
Oct. 18	Long Beach Invitational (5K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*Aztec career best: 20:35.70 (5K); personal best: 19:19 (3 mi)			

Marilyn Smith

Aug. 30	CSU Fullerton Invitational (5K)	117	22:22.90
Sept. 13	Aztec Invitational (5K) - Open	68	21:51.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	111	20:58.40
Sept. 27	Stanford Invitational (6K)	Did Not Compete	
Oct. 4	Pre-MWC Championships (6K)	33	25:34.00
Oct. 11	UCSD Invitational (6K)	89	25:54.20
Oct. 18	Long Beach Invitational (6K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*Aztec career best: 20:58.40 (5K), 25:34.00 (6K)			

Jamillah Titus

Aug. 30	CSU Fullerton Invitational (5K)	86	21:04.40
Sept. 13	Aztec Invitational (5K) - Invit.	93	21:35.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	67	19:45.00
Sept. 27	Stanford Invitational (6K)	152	25:24.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	88	25:54.00
Oct. 18	Long Beach Invitational (6K)	57	26:25.00
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	
*Aztec career best: 18:46 (5K), 23:17 (6K)			

2003 San Diego State Women's Cross Country - Individual Results/Top Times

Celeste Tyson

Aug. 30	CSU Fullerton Invitational (5K)	Did Not Compete	
Sept. 13	Aztec Invitational (5K) - Invit.	37	19:46.00
Sept. 20	UH Big Wave Invitational (4K)	39	15:38.00
Sept. 20	UC Riverside Invitational (5K)	Did Not Compete	
Sept. 27	Stanford Invitational (6K)	113	24:13.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	64	25:02.30
Oct. 18	Long Beach Invitational (6K)	45	25:20.00
Nov. 1	MWC Championships (6K)	58	25:41.00
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	

*Aztec career best: 15:38 (4K), 19:46 (5K), 24:13.00 (6K)

Emily Wynne

Aug. 30	CSU Fullerton Invitational (5K)	71	20:43.70
Sept. 13	Aztec Invitational (5K) - Open	27	20:35.00
Sept. 20	UH Big Wave Invitational (4K)	Did Not Compete	
Sept. 20	UC Riverside Invitational (5K)	70	19:48.00
Sept. 27	Stanford Invitational (6K)	136	24:43.00
Oct. 4	Pre-MWC Championships (6K)	Did Not Compete	
Oct. 11	UCSD Invitational (6K)	Did Not Compete	
Oct. 18	Long Beach Invitational (5K)	Did Not Compete	
Nov. 1	MWC Championships (6K)	Did Not Compete	
Nov. 15	NCAA Regionals (6K)	Did Not Compete	
Nov. 24	NCAA Championships (6K)	Did Not Compete	

*Aztec career best: 19:48.00 (5K); 24:43.00 (6K)

2003 San Diego State Women's Cross Country - Top Times (More than one time per individual) FINAL

Top 5K Times

Athlete	Time	Meet - Date
1. Marie Nilsson	18:23.00	Aztec Invitational - 9/13/03
2. Christal Cuadra	18:39.80	CSUF Opener - 8/30/03
3. Christal Cuadra	19:07.00	Aztec Invitational - 9/13/03
4. Allison Brown	19:18.30	CSUF Opener - 8/30/03
5. Jamillah Titus	19:45.00	UCR Invite - 9/20/03
6. Celeste Tyson	19:46.00	Aztec Invitational - 9/13/03
7. Emily Wynne	19:48.00	UCR Invite - 9/20/02
8. Angie Fitzpatrick	19:51.40	UCR Invite - 9/20/03
9. Tina Fodor	19:54.50	CSUF Opener - 8/30/03
10. Christian Fairing	19:55.00	CSU Opener - 8/30/03

Top 6K Times

Athlete	Time	Meet - Date
1. Marie Nilsson	21:04.00	NCAA Regional - 11/15/03
2. Marie Nilsson	21:53.00	Stanford Invite - 9/27/03
Marie Nilsson	21:53.00	MWC Champs.- 11/1/03
4. Kylie Edwards	22:09.00	NCAA Regional - 11/15/03
5. Marie Nilsson	22:20.00	LB Invite - 10/18/03
6. Christal Cuadra	22:25.00	NCAA Regional - 11/15/03
7. Marie Nilsson	22:30.20	UCSD Classic - 10/11/03
8. Christal Cuadra	22:32.00	Stanford Invite.- 9/27/03
9. Christal Cuadra	22:54.00	LB Invite - 10/18/03
10. Christal Cuadra	23:00.60	UCSD Classic - 10/11/03