



AZTEC SWIMMING AND DIVING

THIS WEEK: FRI., JAN. 4 - VS. TCU, AIR FORCE - 1 P.M. PT - AZTEC AQUAPLEX

2007-08 SCHEDULE/RESULTS

Date	Opponent	Time/Result
Oct. 27	*Air Force *Colorado St. *New Mexico	Postponed
Nov. 3	*UNLV	Postponed
Nov. 17	*at Utah vs. Boise State	L, 128-156 W, 168-132
Dec. 1	at CS East Bay	W, 120-76
Dec. 8	*at Wyoming	L, 81-161
Jan. 4	*TCU *Air Force	1 p.m.
Jan. 9	^Boise State *Colorado State	Noon
Jan. 12	*at BYU	Noon
Jan. 19	at Colorado College vs. CS East Bay	1 p.m.
Feb. 2	USD	1 p.m.
Feb. 27-1	MWC Champs.#	All Day
Mar. 13-15	NCAA Diving Zones#	All Day
Mar. 20-22	NCAA Champs.+	All Day

All times Pacific
Home meets in **bold**, held at Aztec Aquaplex.
^ at University of San Diego
at Oklahoma City, Okla.
+ at Columbus, Ohio
* Mountain West Conference Meet

2007-08 ROSTER

Name (Yr.)	Event(s)
Caitlin Atkinson (So.)	Diving
Meredith Beebe (So.)	Fly, Free
Keely Brooks (Fr.)	Diving
Lauren Dakin (So.)	Breast, Free
Brittany Daly (Sr.)	Distance Free
Gina DiDomenico (Fr.)	IM
Ana Dowell (Sr.)	Fly, Free
Megan Flanagan (Jr.)	Diving
Amy Freeberg (So.)	Diving
Christine Graham (Sr.)	Breast, Free
Stephanie Henderson (Fr.)	Free
Kristen Henry (Fr.)	Distance Free
Kathleen Heuring (Jr.)	Diving
Noelle Holland (Fr.)	Fly
Katie Leahy (Jr.)	Free, Back, IM
Kristen Maurer (So.)	Diving
Kathleen Merrill (Sr.)	Breast, Free
Nino Metsar (So.)	Fly, Breast, IM
Jessica Morrill (So.)	Breast, IM
Lizette Patterson (Jr.)	IM, Breast
Emily Pool (Jr.)	Breast
Kyla Power (So.)	Distance Free
Rosalie Raymond (Jr.)	Free
Alexandra Rogers (Jr.)	Back
Jenna Schuster (Jr.)	Free
Katie Smith (Sr.)	Back
Kendal Twilling (Jr.)	IM, Breast
Brooke Vessey (Fr.)	Fly, Free
Jamie Vessey (So.)	Fly, Free

Head Coach: Mike Shrader, First year
Assistant Coach: Brendon Bray, First year
Diving Coach: Jim Wynne, Sixth year
Volunteer Asst.: Emily Schmied, First year

INFORMATION

2006-07 Dual Meet Record: 9-8
Conference Record/Finish: 1-7/8th
2007 MWC Meet: 9th, 145 pts.
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THIS WEEK

After a four-week break, the San Diego State swimming and diving team (2-2, 0-2 Mountain West Conference) will host its first-ever meet at the Aztec Aquaplex on Friday, Jan. 4, when it entertains MWC foes TCU and Air Force at 1 p.m. PT.

PREVIOUSLY ON THE MESA

In its last outing, the Aztecs dropped a 161-81 decision at Wyoming on Dec. 8. Senior Ana Dowell posted SDSU's only first-place performance as she captured the 100 butterfly in a time of 1:00.21. Three other Aztecs recorded second-place finishes, including freshman Brooke Vessey (100 back), junior Rosalie Raymond (500 free) and sophomore Jessica Morrill (100 breast).

SCOUTING THE HORNED FROGS

In his 29th year as TCU's head swimming and diving coach, Richard Sybesma has guided the Frogs to a 4-4 overall record and a 1-3 mark in MWC action. TCU returns four all-MWC performers from last season, including Stephanie Futscher, Meredith Grubb, Katie Rosen and Cheryl Townsend. The Frogs were last in action at the UNLV Winter Invitational where six individuals earned top 10 finishes during the three-day event (Dec. 15-17).

SCOUTING THE FALCONS

Air Force is 2-5 overall and 0-3 in league meets. The Falcons are led by 2006-07 all-conference performer Jane Hwang. Despite Hwang's first-place showings in both the 200 free and the 200 IM, the Falcons suffered a 209-82 loss at Northern Colorado in their last meet (Dec. 7). Casey Converse enters his 17th year as the women's swimming and diving coach at the Academy.

SERIES HISTORY

Since the inception of the MWC in 1999-00, SDSU trails the series with TCU, 2-0. The Frogs defeated the Aztecs 71-40 on Nov. 18, 2006, in Fort Worth, Texas.

The Aztecs lead the series with Air Force, 6-2, and won the last meeting (161-138) in Fort Collins, Colo., on Oct. 28, 2006. SDSU holds the 3-0 advantage in San Diego.

THE COACHING STAFF

Mike Shrader, who spent the past eight years as the head coach at Nevada-Reno, begins his first season at San Diego State. While at Nevada, Shrader led the Wolf Pack to an 89-12-1 record, two conference titles and four NCAA championship appearances.

Brendon Bray, who came to The Mesa from the University of Washington, begins his first season as an assistant coach at SDSU, while Jim Wynne enters his sixth year as the Aztec diving coach.

DOWELL SHINES EARLY

Senior Ana Dowell led the Aztecs at Wyoming on Dec. 8, capturing the 100 fly for SDSU's only first-place finish of the day. Dowell also won the 200 free at Cal State East Bay (Dec. 3) and swam a personal-best 54.33 in the 100 free at Utah (Nov. 17). Dowell currently holds the team's top times of the season in both the 50 and 100 free.

ATKINSON LEADS DIVERS

Sophomore Caitlin Atkinson recorded a season-best 241.20 in the three-meter diving event at Wyoming

(Dec. 8), where she placed third. Atkinson was also the only Aztec to qualify for the finals in both springboard events at the USC Diving Invitational on Nov. 2.

THERE'S NO PLACE LIKE HOME

Since the 1999-00 season, the San Diego State women's swimming and diving team has called the Ray and Joan Kroc Community Center its "home." But this year, the squad makes the transition from the Kroc Center to a state-of-the-art swimming facility on campus, the Aztec Aquaplex.

The 112,000 square-foot Aztec Aquaplex features two pools, one for competition and another for recreation, in addition to a hydrotherapy spa. The competition pool can accommodate a multitude of swimming and diving events with its one- and three-meter springboards.

MWC STANDINGS

San Diego State was picked to finish eighth in the 2007-08 Mountain West Conference regular season standings, as voted on by the league's head coaches. Below are the current MWC women's swimming and diving standings.

2007-08 MWC STANDINGS		
Team	Conference	Overall
Colorado St.	3-0	5-0
BYU	2-0	6-0
Wyoming	2-1	4-1
UNLV	2-1	2-2
Utah	2-1	3-3
TCU	1-3	4-4
New Mexico	1-3	2-4
San Diego State	0-2	2-2
Air Force	0-3	2-5

AZTEC NOTES

- ◆ Of the 29 swimmers and divers on SDSU's roster, 15 are either freshmen or sophomores.
- ◆ The Aztecs captured every event in its non-conference meet at Cal State East Bay.
- ◆ Senior Ana Dowell swam a personal best in the 100 free on Nov. 17 at Utah.
- ◆ Seniors Brittany Daly (500 and 1,000 free) and Katie Smith (200 back, 200 IM) each hold two of the Aztecs' top times of the season.
- ◆ San Diego State was scheduled to host its first two meets of the season at the Aztec Aquaplex, but they were postponed due to the wildfires in San Diego County.
- ◆ Of the cancelled dual meets, Air Force has been rescheduled for Jan. 4, and Colorado State will make its way to San Diego on Jan. 9. The meets against New Mexico and UNLV have yet to be rescheduled.

ON DECK

The Aztecs will hit the road for two meets next week, beginning with a short trip to USD on Wednesday, Jan. 9, where SDSU will square off against the host Toreros, Boise State and MWC foe Colorado State at noon PT. The Aztecs will then travel to Provo, Utah for a 1 p.m. MT dual meet against BYU on Saturday, Jan. 12.

2007-08 AZTEC TOP TIMES/MARKS

50 Free SDSU Record: 23.62 -- Heather DeFelice (2001-02)

.....25.41 - Ana Dowell (11/17/07)
25.53 - Katie Leahy (12/8/07)
25.76 - Stephanie Henderson (11/17/07)
26.03 - Christine Graham (11/17/07)
27.00 - Kathleen Merrill (12/1/07)
27.53 - Noelle Holland (12/1/07)
28.73 - Tanya Gjetley (12/8/07)

100 Free SDSU Record: 51.77 -- Kimberlee Frith (2005-06)

.....54.33 - Ana Dowell (11/17/07)
57.15 - Katie Leahy (12/8/07)
57.38 - Stephanie Henderson (12/8/07)
57.86 - Rosalie Raymond (12/1/07)
58.39 - Kristen Henry (12/8/07)
58.53 - Kathleen Merrill (11/17/07)
58.74 - Brittany Daly (12/1/07)
58.89 - Noelle Holland (12/1/07)
1:02.54 - Tanya Gjetley (12/8/07)

200 Free SDSU Record: 1:51.48 -- Kimberlee Frith (2005-06)

.....2:00.30 - Kyla Power (11/17/07)
2:00.63 - Brittany Daly (11/17/07)
2:01.10 - Jessica Morrill (11/17/07)
2:02.25 - Ana Dowell (12/1/07)
2:02.48 - Stephanie Henderson (12/1/07)
2:04.62 - Rosalie Raymond (12/8/07)
2:10.87 - Kathleen Merrill (11/17/07)

500 Free SDSU Record: 4:56.37 -- Kim Palmer (1981-82)

.....5:20.48 - Brittany Daly (11/17/07)
5:21.01 - Rosalie Raymond (11/17/07)
5:25.27 - Kyla Power (11/17/07)
5:25.60 - Stephanie Henderson (12/1/07)
5:29.40 - Brooke Vessey (12/1/07)
5:39.18 - Ana Dowell (12/1/07)

1,000 Free SDSU Record: 10:12.19 -- Megan Storey (2001-02)

.....10:47.31 - Brittany Daly (11/17/07)
10:56.21 - Rosalie Raymond (11/17/07)
11:00.82 - Jessica Morrill (12/1/07)
11:07.89 - Jamie Vessey (11/17/07)
11:42.92 - Kristen Henry (11/17/07)

100 Fly SDSU Record: 56.80 -- Tara Johnson (2000-01)

.....59.01 - Brooke Vessey (11/17/07)
59.49 - Ana Dowell (11/17/07)
1:01.42 - Jamie Vessey (12/1/07)
1:01.95 - Nino Metsar (11/17/07)
1:02.55 - Noelle Holland (11/17/07)
1:03.98 - Jessica Morrill (12/1/07)
1:05.15 - Kyla Power (12/1/07)

200 Fly SDSU Record: 2:04.97 -- Erin Kilpatrick (2002-03)

.....2:14.98 - Nino Metsar (11/17/07)
2:16.01 - Jamie Vessey (11/17/07)
2:20.85 - Noelle Holland (11/17/07)

100 Back SDSU Record: 56.42 -- Megan Casillan (2001-02)

.....59.86 - Brooke Vessey (11/17/07)
1:00.94 - Katie Smith (11/17/07)
1:02.61 - Gina DiDomenico (12/8/07)
1:02.70 - Alexandra Rogers (11/17/07)

.....1:06.52 - Katie Leahy (12/1/07)

200 Back SDSU Record: 2:01.08 -- Megan Casillan (1999-00)

.....2:11.87 - Katie Smith (11/17/07)
2:14.57 - Alexandra Rogers (11/17/07)

100 Breast SDSU Record: 1:04.05 -- Heather DeFelice (2001-02)

.....1:09.30 - Christine Graham (11/17/07)
1:09.85 - Jessica Morrill (12/8/07)
1:11.72 - Lauren Dakin (11/17/07)
1:11.75 - Emily Pool (11/17/07)
1:11.92 - Lizette Patterson (11/17/07)
1:12.33 - Kyla Power (12/1/07)
1:15.88 - Kathleen Merrill (12/1/07)

200 Breast SDSU Record: 2:19.63 -- Courtney Hoblick (1996-97)

.....2:25.62 - Jessica Morrill (11/17/07)
2:35.85 - Lauren Dakin (11/17/07)
2:38.22 - Lizette Patterson (11/17/07)
2:40.11 - Emily Pool (11/17/07)

200 IM SDSU Record: 2:05.17 -- Courtney Hoblick (1996-97)

.....2:15.45 - Katie Smith (11/17/07)
2:16.66 - Gina DiDomenico (12/8/07)
2:16.71 - Jessica Morrill (11/17/07)
2:18.48 - Rosalie Raymond (12/1/07)
2:19.37 - Nino Metsar (11/17/07)
2:21.90 - Jamie Vessey (11/17/07)
2:23.71 - Brooke Vessey (12/1/07)
2:24.56 - Christine Graham (12/1/07)

200 Free Relay

SR: 1:36.51--Frith, Twilling, Schmied, Peters (2005-06)

1:40.82 - Power, B. Vessey, DiDomenico, Leahy (12/8/07)
 1:41.58 - B. Vessey, Graham, Power, Henderson (11/17/07)
 1:46.86 - Holland, Merrill, Rogers, J. Vessey (12/8/07)
 1:47.63 - Leahy, Holland, Merrill, Dakin (11/17/07)

400 Free Relay

SR: 3:29.88--Peters, Karoly, Schmied, Frith (2005-06)

3:55.09 - Leahy, Daly, Vessey, Rogers (12/1/07)
 4:03.84 - SDSU "B" (12/1/07)

200 Medley Relay

SR: 1:45.91--Casillan, Karacozoff, Johnson, DeFelice (2001-02)

1:51.59 - Smith, Graham, Dowell, Henderson (11/17/07)
 1:52.58 - Smith, Graham, B. Vessey, Dowell (12/8/07)
 1:52.88 - B. Vessey, Morrill, Holland, Leahy (11/17/07)
 1:55.76 - Rogers, Morrill, Holland, Henderson (12/8/07)

400 Medley Relay

SR: 3:50.84--Casillan, DeFelice, Johnson, Kilpatrick (2001-02)

4:17.67 - SDSU "B" (12/1/07)
 4:19.88 - SDSU "C" (12/1/07)
 4:20.65 - Power, Merrill, Daly, Graham (12/1/07)

1-M Diving SDSU Record: 273.15 -- Caitlin Atkinson (2006-07)

.....231.55 - Caitlin Atkinson (11/2/07)
227.20 - Keely Brooks (11/2/07)
216.97 - Kristen Maurer (12/8/07)
216.90 - Megan Flanagan (11/17/07)
213.82 - Kathleen Heuring (12/8/07)
208.35 - Amy Freeberg (12/8/07)

2007-08 AZTEC TOP TIMES/MARKS

3-M Diving SDSU Record: 265.50 -- Caitlin Atkinson (2006-07)

.....241.20 - Caitlin Atkinson (12/8/07)
.....230.02 - Keely Brooks (12/8/07)
.....224.55 - Megan Flanagan (12/8/07)
.....224.48 - Kristen Maurer (12/8/07)
.....224.17 - Kathleen Heuring (12/8/07)
.....215.77 - Amy Freeberg (12/8/07)