



# AZTEC SWIMMING AND DIVING

THIS WEEK: Saturday, Feb. 5 .....San Diego .....USD Sports Center Pool .....San Diego, Calif .....Noon

## 2010-11 SCHEDULE

Dual Record: 18-0 (7-0 Home; 5-0 Away; 6-0 Neutral)  
(8-0 Mountain West Conference)

Date	Opponent	Time/Result
Sep. 24	San Diego - Pentathlon	.....NTS
Oct. 2	Oregon State	.....W, 150-125
Oct. 23	at New Mexico*	.....W, 211-89
	Colorado State*	.....W, 208-92
	Air Force*	.....W, 245-55
Nov. 4	Brigham Young*	.....W, 173-127
Nov. 6	at TCU*	.....W, 173-123
Nov. 18-20	at Toshiba Classic (Swim)	....4th of 19
Nov. 18-20	at Wildcat Invitational (Diving)	.....NTS
Nov. 20	vs. Utah*	.....W, 153-127
Dec. 4	at UNLV*	.....W, 159-134
Jan. 7	Northern Colorado	.....W, 107-87
	Tulane	.....W, 105-85
Jan. 8	Northern Colorado	.....W, 90-70
	Tulane	.....W, 93-65
Jan. 9	at Bruin Diving Invitational	.....NTS
Jan. 11	Sprint Eliminator (at USD)	....1st of 3
Jan. 15	at Cal State Bakersfield	.....W, 213-81
	Fresno State (at CSUB)	....W, 178-119
	UC San Diego (at CSUB)	....W, 183-111
Jan. 28	Wyoming*	.....161-128
Jan. 29	at UC San Diego	.....207-86
	Hawai'i (at UCSD)	.....152-144
Feb. 5	at San Diego	.....12:00 p.m.
Feb. 23-26	MWC Championships+	.....All Day
Mar. 10-12	Zone Diving Meet^	.....All Day
Mar. 17-19	NCAA Championships#	.....All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex  
NTS indicates no teams scores kept

\* Mountain West Conference meet  
+ at Oklahoma City, Okla. (Oklahoma City CC host)  
^ at Minneapolis, Minn. (Minnesota host)  
# at Austin, Texas (Texas host)

## QUICK FACTS

Location	.....San Diego, Calif.
Founded	.....1897
Enrollment	.....32,396
Nickname	.....Aztecs
Colors	.....Scarlet and Black
Conference	.....Mountain West
President	.....Dr. Stephen L. Weber
Athletic Director	.....Jim Sterk

## TEAM INFORMATION

Head Coach	.....Mike Shrader
Dual Record at SDSU	.....49-13 (4th season)
Career Record	.....138-25-1 (12th season)
Swimming Office Phone	.....(619) 594-5883
E-Mail	.....mshrader@mail.sdsu.edu
Assistant Coach	.....Brendon Bray
Diving Coach	.....Roland McDonald
Volunteer Assistant Coach	.....Jamie Vessey
Strength & Conditioning Coach	.....Jon Francis
2009-10 Dual-Meet Record	.....14-3
2009-10 MWC Record	.....5-3 (4th)
2010 MWC Championship Meet	.....3rd, 375 pts.
Letterwinners Returning/Lost	.....21/7
Newcomers	.....11
Home Facility	.....Aztec Aquaplex

## MEDIA RELATIONS

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## THIS WEEK

The San Diego State swimming and diving team will conclude its dual meet season when it travels across town to face the University of San Diego on Saturday, Feb. 5, at noon at the USD Sports Center Pool.

## AZTECS ENJOYING BEST SEASON EVER

San Diego State will be trying to cap off a perfect dual meet season if it can pick up a victory at USD this weekend. The Aztecs will enter the meet with an overall record of 18-0. SDSU's 18 wins this season is a record for the swimming and diving program. The previous high was 14 set last season. The team's previous best winning percentage for a season came last year when it went 14-3 for an .824 mark.

## SDSU CAPTURES MWC DUAL MEET TITLE

With the win over Wyoming on Jan. 28, San Diego State claimed its first-ever Mountain West Conference regular season dual meet championship. Prior to the 2010-11 campaign, the team's best MWC season came last year when it finished the season in third place with a 5-3 record.

## HEAD COACH MIKE SHRADER

SDSU head coach Mike Shrader is in his fourth season with the Aztecs and has compiled a dual meet record of 49-13 (.790) during his tenure. Shrader was named the Mountain West Conference Coach of the Year at the conclusion of MWC championship meet each of the past two seasons (co-coach in 2009). His career record including eight seasons at Nevada stands at 138-25-1 (.845).

## LAST TIME OUT

The Aztecs recorded dual meet wins over Hawai'i (152-144) and UC San Diego (207-86) in a meet on Saturday, Jan. 29, at UCSD that also included swimmers from Wyoming. Six Canyonview Aquatics Center pool records were set by SDSU athletes over the course of the meet. That list included Kelly Marquette (200 and 500 freestyle), Melanie Garibaldi (1000 Free), Emile Jennings (100 butterfly), Leona Jennings (100 backstroke) and Stephanie Koch (100 freestyle).

The previous day (Friday, Jan. 28), San Diego State concluded its 2010-11 Mountain West Conference schedule with a 161-128 victory over Wyoming at the Aztec Aquaplex. Four Aztecs won two events apiece including Marquenie (500 and 100 free), Leona Jennings (100 and 200 back), Koch (100 and 200 free) and Kristen Meier (1-meter and 3-meter diving). Marquenie set Aquaplex records in both the 500 and 100 free while Kim Bierwith and Koch set pool records in the 50 and 100 free respectively.

## MWC SWIMMER OF THE WEEK

Kelly Marquenie was named the MWC Swimmer of the Week for the second time this season after setting four pool records in San Diego State's meets vs. Wyoming, Hawai'i and UC San Diego. She swept the freestyle distance events against the Cowgirls on Friday, setting a school and Aztec Aquaplex record in the 1000-yard freestyle, touching the wall in 9:53.71. She also broke a pool record in the 500 free (4:51.56) to help the Aztecs defeat Wyoming, 161-128, en route to the team's first-ever MWC regular-season title.

On Saturday at UC San Diego, Marquenie won the 200 free in 1:51.99 to set a new all-time best at the Canyonview Aquatics Center. She added another facility record to her list of accomplishments by winning the 500 free in 4:56.55.

## MWC DIVER OF THE WEEK

Junior Kristen Meier picked her fourth conference Diver of the Week award this season after posting four NCAA zone-qualifying scores over the weekend. On Friday, the junior scored 305.03 on the 3-meter springboard to win the event and tallied a mark of 297.98 to lead all divers on the 1-meter springboard. On Saturday, Meier finished second of 13 competitors on the 3-meter board with her score of 289.75. She concluded the weekend posting 272.90 points on the 1-meter to place fourth in a field of 14 divers.

## NON-CONFERENCE WIN STREAK CONTINUES

With last weekend's three dual meet wins, SDSU extended its streak of 35 straight dual meet victories against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In head coach Mike Shrader's three-plus seasons, the Aztecs have not lost to a non-conference foe.

## AZTECS NATIONALLY RANKED

San Diego State is ranked No. 24 in the nation in the latest poll released by the College Swim Coaches of America Association on January 12. The next poll is scheduled to be released on February 17.

## SWIMMING RECORD SETTERS

Aztec swimmers and divers have set a total of eight individual school records and two relay records thus far during the 2010-11 season. New SDSU records have also been recorded in all three diving events. In addition, 47 other marks (32 individual, 15 relay) have been recorded that rank among the top 10 all-time best in SDSU history. San Diego State swim records that have been set this season are as follows:

Swimmer	Event	Time
Kim Bierwith	50 Free	.....23.01
Stephanie Koch	100 Free	.....50.07
Kelly Marquenie	500 Free	.....4:46.78
Kelly Marquenie	1000 Free	.....9:53.71
Kelly Marquenie	1650 Free	.....16:25.23
Leona Jennings	100 Fly	.....55.09
Leona Jennings	100 Back	.....53.92
Katelyn Weddle	100 Breast	.....1:00.29
Koch, Bierwith, E. Jennings, Solimani	200 Free Relay	.....1:31.87
L. Jennings, Weddle, Vessey, Koch	400 Medley Relay	.....3:39.28
Leona Jennings	100 Fly	.....55.09
Kristen Meier	1-Meter Diving	.....301.05
Kristen Meier	3-Meter Diving	.....323.75
Kristen Meier	Platform Diving	.....217.90

## UP NEXT

Following the meet at the University of San Diego on Saturday, SDSU will have just over two weeks to prepare for the annual Mountain West Conference Championship Meet to be held at Oklahoma City Community College Feb. 23-26.



# AZTEC SWIMMING AND DIVING

## 2010-11 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Kim Bierwith	Free, Fly	5-5	Sr.	1V	Danville, Calif. (Diablo Valley JC)
Shannon Bray	Fly, Free	5-9	Jr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	So.	1V	Woodinville, Wash. (Redmond HS)
Melissa Church	Free, Fly	5-4	Sr.	2V	Aliso Viejo, Calif. (Saddleback JC)
Tarin Corwin	Free, Back	5-7	Jr.	1V	Blue Springs, Mo. (Texas A&M)
Heather Cramer	Fly, IM	5-9	Sr.	1V	Rohnert Park, Calif. (Santa Rosa JC)
Jessica Crider	Free	5-9	So.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	Fr.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Jr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free	5-7	So.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Keri George	Fly, Free	5-7	So.	HS	Danville, Calif. (San Ramon Valley HS)
Allison Hall	Fly, IM	5-2	Sr.	2V	Camarillo, Calif. (Boise State)
Emilee Jennings	Free, Breast	5-9	Sr.	1V	Seattle, Wash. (Washington)
Leona Jennings	Back, Free, IM	5-9	So.	1V	Seattle, Wash. (Mt. Ranier HS)
Stephanie Koch	Free, Fly	5-10	So.	1V	Boone, Iowa (Ames HS)
Hattie Lamping	Diving	5-2	Fr.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	Fr.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	Fr.	HS	Gold Coast, Australia (Emmanuel College)
Alexis McCoy	Free, Back, Fly	5-8	Jr.	2V	San Diego, Calif. (Seisen International School)
Kristen Meier	Diving	5-8	Jr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	Fr.	HS	San Ramon, Calif. (California HS)
Berklie Oscarson	Back, IM	5-9	Fr.	HS	Altadena, Calif. (San Marino HS)
Lauren Parrett	Breast, Free	5-8	Fr.	HS	Irvine, Calif. (University HS)
Shelley Perkins	Free, Fly	5-6	So.	1V	Littleton, Colo. (Chatfield HS)
Olivia Sefton	Fly, IM	5-9	Fr.	HS	Nottingham, England (Friesland School)
Shaida Solimani	Back, Free	5-9	So.	1V	Blue Springs, Mo. (Blue Springs HS)
Anna Steiner	Diving	5-4	Fr.	HS	Seattle, Wash. (International Community School)
Allison Stuhr	Free, Back	5-8	Sr.	1V	Santa Rosa, Calif. (Santa Rosa JC)
Rafaella Suarez	Diving	5-5	So.	1V	Claremont, Calif. (Mt. SAC)
Brooke Vessey	Fly, Free, Back	5-2	Sr.	3V	Redlands, Calif. (Redlands HS)
Katelyn Weddle	Breast, Free	5-6	So.	1V	Yuma, Ariz. (Kofa HS)
Taylor Yamagata	Breast	5-6	Fr.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	So.	1V	Santa Maria, Calif. (Pioneer Valley HS)

**Head Coach:** Mike Shrader (Texas A&M '81), 4th Season  
**Assistant Coach:** Brendon Bray (Washington '07), 4th Season  
**Diving Coach:** Roland McDonald (Michigan State '87), 1st Season  
**Volunteer Assistant Coach:** Jamie Vessey (San Diego State '09), 2nd Season



### BY CLASS

#### Seniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Allison Stuhr, Brooke Vessey

#### Juniors (5)

Shannon Bray, Tarin Corwin, Kristen Meier, Aina Eill, Alexis McCoy

#### Sophomores (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Shaida Solimani, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

#### Freshmen (10)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Olivia Sefton, Anna Steiner, Tylor Yamagata

### BY STATE/COUNTRY

#### Arizona (1)

Katelyn Weddle

#### California (17)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Jordan Devine, Keri George, Allison Hall, Mikaela Macklin, Alexis McCoy, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Taylor Yamagata, Meghan Zimmer

#### Colorado (1)

Shelley Perkins

#### Iowa (1)

Stephanie Koch

#### Missouri (2)

Tarin Corwin, Shaida Solimani

#### Nevada (1)

Shannon Bray

#### New York (1)

Kristen Meier

#### Ohio (1)

Hattie Lamping

#### Washington (4)

Maureen Cardwell, Emilee Jennings, Leona Jennings, Anna Steiner

#### Australia (2)

Melanie Garibaldi, Kelly Marquenie

#### Canada (1)

Aina Eill

#### England (1)

Olivia Sefton