



2016 SAN DIEGO STATE TRACK & FIELD

2016 Schedule/Results

January			
16	UCS Spirit National Pole Vault Summit	NTS	
	NAU Lumberjack Challenge	2-5-1 (dual meets)	
	UW Invitational	NTS	
February			
12-13	Don Kirby Collegiate Invite	NTS	
25-27	MW Indoor Championships	2nd/11; 105 pts.	
March			
12	San Diego Collegiate Challenge	La Jolla, Calif.	
18-19	Trojan Invitational	Los Angeles, Calif.	
19	Ross & Sharon Irwin Collegiate Challenge	Point Loma, Calif.	
24-26	38th Annual Aztec Invitational	San Diego, Calif.	
April			
1-2	Stanford Invitational	Palo Alto, Calif.	
2	California Collegiate Invitational	La Jolla, Calif.	
13-14	Mt. SAC/CA Multi's	Walnut, Calif.	
14-15	Bryan Clay Invitational	Azusa, Calif.	
22-23	Triton Invitational	La Jolla, Calif.	
30	Payton Jordan Invitational	Palo Alto, Calif.	
May			
11-14	Mountain West Outdoor Championships	Fresno, Calif.	
26-28	NCAA Prelims - West Regionals	Lawrence, Kan.	
June			
8-11	NCAA Outdoor Championships	Eugene, Ore.	

Athlete Roster

Name	Events	Yr.	Hometown
Je'Neal Ainsworth	Hurdles/Jumps	Fr.	Long Beach, Calif.
Rachel Alesi	Throws	Jr.	El Cajon, Calif.
Micha Auzenne	Sprints/Hurdles	Jr.	East Palo Alto, Calif.
Lisa-Anne Barrow	Hurdles/Jumps	Fr.	Hyattsville, Md.
Marissa Berry	Pole Vault	Fr.	Kennewick, Wash.
Sierra Brabham-Lawrence	Hurdles/Jumps	Fr.	Harrisburg, Pa.
Jazmen Bunch	Sprints	So.	Fresno, Calif.
Sara Curran	Pole Vault	Fr.	Redondo Beach, Calif.
Anushi Desai	Throws	Fr.	Mumbai, India
Victoria Dickerson	Throws	Sr.	Vacaville, Calif.
Bonnie Draxler	Pole Vault	So.	Wrightstown, Wis.
Kassidy Ellis	Multi's	Sr.	Bakersfield, Calif.
Alexa Evans	Throws	Sr.	San Diego, Calif.
Janice George	Sprints	Jr.	Bowie, Md.
Madison Gipson	Sprints/Hurdles	Jr.	Sydney, Australia
Simone Glenn	Sprints	So.	Atlanta, Ga.
Ellison Grove	Mid-Distance	So.	Catharpin, Va.
Grace Hanshaw	Distance	Sr.	San Diego, Calif.
Lakin Hatcher	Sprints	Fr.	Woodstock, Md.
Ashley Henderson	Sprints	So.	St. Louis, Mo.
Courtney Jackson	Pole Vault	So.	Ramona, Calif.
Renetia James	Sprints	Sr.	Carson, Calif.
Cali King	Mid-Dist./Dist.	Jr.	La Crescenta, Calif.
Tyra Lea	Sprints	Jr.	Raleigh, N.C.
Freja Liljedahl	Throws	Jr.	Gavle, Sweden
Katherine Magill	Pole Vault	Jr.	Grass Valley, Calif.
Lily Mayko	Hurdles/Distance	Sr.	Portland, Ore.
Coryne McKenney	Throws	Fr.	Clovis, Calif.
Jelena McNown	Jumps	Fr.	Murrieta, Calif.
Kira Moreland	Jumps	Jr.	Fontana, Calif.
Julia Newton	Pole Vault	Fr.	Burbank, Calif.
Elaine Ribeiro	Mid-Dist./Dist.	Jr.	La Mesa, Calif.
Courtney Robinson	Sprints/Hurdles	Jr.	Las Vegas, Nev.
Rachel Roesgen	Mid-Distance	Sr.	Coto de Caza, Calif.
Hannah Sawatzki	Distance	Sr.	San Diego, Calif.
Lily Seynaeve	Distance	So.	Corona, Calif.
Starlynn Singleton	Sprints/Jumps	Jr.	Murrieta, Calif.
Karen Snapper	Pole Vault	Sr.	Huntington Beach, Calif.
Karsen Sper	Multi's	Sr.	Camarillo, Calif.
Cassidy Towner	Distance	So.	Placentia, Calif.
Jasmine Young	Sprints	So.	San Diego, Calif.

Meet Week Preview

at San Diego Collegiate Challenge

Saturday, March 12 | Noon PT | Triton Track & Field Stadium | La Jolla, Calif.

SDSU Kicks Off Outdoor Season at the San Diego Collegiate Challenge

Fresh off a runner-up finish at the Mountain West Indoor Championships, the San Diego State track and field team kicks off the 2016 outdoor season this weekend at the San Diego Collegiate Challenge. The one-day meet will be contested at Triton Track & Field Stadium on the campus of UC San Diego in La Jolla, Calif.

The meet will feature teams from the host Tritons, Aztecs, Cal State Dominguez and Point Loma Nazarene.

Scheduled to compete in two events for SDSU include Je'Neal Ainsworth (100 hurdles, long jump), Marissa Berry (pole vault, long jump), Anushi Desai (discus throw, javelin throw), Bonnie Draxler (pole vault, long jump), Kassidy Ellis (100, shot put), Katherine Magill (pole vault, hammer throw), Coryne McKenney (shot put, discus throw), Jelena McNown (100 hurdles, high jump) and Starlynn Singleton (100, triple jump).

Also slated to compete on Saturday is Lisa Anne-Barrow in the 200, Lakin Hatcher in the 400, Sierra Brabham-Lawrence, Courtney Robinson and Jasmine Young in the 400 hurdles, Sara Curran, Courtney Jackson and Karen Snapper in the pole vault, Karsen Sper in the shot put Rachel Alesi in the discus throw, and Victoria Dickerson and Freja Liljedahl in the hammer throw.

Additionally, San Diego State has entered three separate 4x100-meter relay teams into the meet.

Saturday begins with the long jump and javelin throw at noon PST, and ends for the Aztecs at 3:40 p.m. PST with the 200-meter dash.

Saturday's results will be posted after each event at <http://finishedresults.com/liveresults/> and on GoAztecs.com at the end of the day.

Seven Aztecs Named to All-MW Indoor T&F Team

Seven San Diego State student-athletes were named to the 2016 all-Mountain West Indoor Track and Field team, the league announced Feb. 29. To be named to the all-conference team, an athlete must finish in the top three of an individual event or relay event.

The seven all-conference selections - Micha Auzenne, Marissa Berry, Sierra Brabham-Lawrence, Bonnie Draxler, Kassidy Ellis, Simone Glenn and Ashley Henderson - helped the Aztecs take second at the MW Championships last weekend.

Auzenne won the 60-meter dash in 7.33 seconds, a day after setting a school record in the prelims in 7.32, and the 60-meter hurdles in a program-best and MW Championship-best time of 8.18. The 8.18 broke her own record time of 8.21, set last year en route to her first MW title. Auzenne now has four MW titles to her credit (three indoor, one outdoor) and is a six-time all-league selection (four indoor, two outdoor). For her efforts, she was also named the meet's Women's Outstanding Performer.

Draxler, meanwhile, won the indoor pole vault for the second straight year with a mark of 13 feet, 9 ¼ inches (4.20m) after winning last year's championship as a freshman in 13-08.50 (4.17m). The 13-09.25 is the sixth-best mark in indoor school history. Draxler is now a three-time all-MW pick in the pole vault (two indoor, one outdoor).

Henderson also won an event for SDSU, taking home the 200 title in a school-record time of 23.44 in the 200 to capture her first career MW title. The time bested Shanae Roach's 23.45 set at the 2011 MW Championships. Henderson is now a two-time all-MW selection in the indoor 200.

A freshman, Berry took third in the pole vault, clearing 13-01.50 (4.00m) for the ninth-best vault in program history.

Also a freshman, Brabham-Lawrence came in second in the 60 hurdles in 8.29, tied for the fourth-fastest time in program history.

A day after coming in fourth in the pentathlon, Ellis took third in the open long jump with a leap of 18-10.75 (5.76m) for her first career all-MW accolade.

Glenn took third in the 200 in 23.84, tied for fourth all-time at San Diego State. It was her third career all-MW honor (one indoor, two outdoor).

Coaches

Name	Title
Shelia Burell	Head Coach - Multi-Events/Hurdles/Jumps
Michelle Freeman	Assistant Coach - Sprints/Hurdles
Greg Garza	Assistant Coach - Throws/Director of Operations
Richard Fox	Volunteer Coach - Pole Vault
Karoly Varga	Volunteer Coach - Mid-Distance/Distance
Allrick Munroe	Volunteer Coach - Sprints/Jumps
Allison Reaser	Volunteer Coach - Multi-Events

2016 SDSU INDOOR TRACK & FIELD PERFORMANCE LIST (as of March 2)

60 METERS

School Record: 7.32 (Micha Auzenne, 2016)

Time	Athlete	Place	Notes	Meet	Date
7.32	Micha Auzenne	1st	Prelims; school record; Alt.	MW Champs	Feb. 26
7.33	Micha Auzenne	1st	Finals; Altitude	MW Champs	Feb. 27
7.35	Ashley Henderson	2nd	Prelims; 3rd all-time; Alt.	MW Champs	Feb. 26
7.40	Micha Auzenne	1st	Altitude	NAU Challenge	Jan. 16
7.41	Ashley Henderson	5th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.42	Ashley Henderson	1st	Finals	UW Invitational	Jan. 30
7.43	Ashley Henderson	5th	Semifinals; Altitude	Don Kirby Elite	Feb. 13
7.44	Ashley Henderson	6th	Finals; Altitude	Don Kirby Elite	Feb. 13
7.46	Ashley Henderson	4th	Finals; Altitude	MW Champs	Feb. 27
7.50	Ashley Henderson	1st	Prelims	UW Invitational	Jan. 30
7.54	Simone Glenn	7th	Prelims; 10th all-time; Alt.	MW Champs	Feb. 26
7.57	Jazmen Bunch	8th	Prelims; 10th all-time; Alt.	MW Champs	Feb. 26
7.61	Jazmen Bunch	25th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.61	Simone Glenn	26th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.61	Jazmen Bunch	4th	Qualifying prelims	UW Invitational	Jan. 30
7.62	Jazmen Bunch	7th	Finals; Altitude	MW Champs	Feb. 27
7.62	Simone Glenn	7th	Finals	UW Invitational	Jan. 30
7.62	Simone Glenn	5th	Qualifying prelims	UW Invitational	Jan. 30
7.64	Simone Glenn	8th	Finals; Altitude	MW Champs	Feb. 27
7.65	Simone Glenn	8th	Prelims	UW Invitational	Jan. 30
7.65	Jazmen Bunch	5th	Altitude	NAU Challenge	Jan. 16
7.66	Jazmen Bunch	10th	Prelims	UW Invitational	Jan. 30
7.70	Courtney Robinson	18th	Prelims; Altitude	MW Champs	Feb. 26
7.70	Sierra Brabham-Lawrence	9th	Altitude	NAU Challenge	Jan. 16
7.76	Courtney Robinson	39th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.79	Sierra Brabham-Lawrence	20th	Prelims; Altitude	MW Champs	Feb. 26
7.80	Sierra Brabham-Lawrence	45th	Prelims; Altitude	Don Kirby Elite	Feb. 12
7.83	Starlynn Singleton	49th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.32	Je'Neal Ainsworth	35th	Altitude	NAU Challenge	Jan. 16

200 METERS

School Record: 23.44 (Ashley Henderson, 2016)

Time	Athlete	Place	Notes	Meet	Date
23.44	Ashley Henderson	1st	Finals; school record; Alt.	MW Champs	Feb. 27
23.77	Ashley Henderson	7th	Altitude	Don Kirby Elite	Feb. 12
23.84	Simone Glenn	3rd	Finals; T-4th all-time; Alt.	MW Champs	Feb. 27
23.86	Simone Glenn	1st	Prelims; Alt.	MW Champs	Feb. 26
24.06	Ashley Henderson	4th	Prelims; Altitude	MW Champs	Feb. 26
24.18	Jazmen Bunch	6th	Finals; Altitude	MW Champs	Feb. 27
24.19	Ashley Henderson	1st		UW Invitational	Jan. 29
24.24	Jazmen Bunch	15th	Altitude	Don Kirby Elite	Feb. 12
24.46	Jazmen Bunch	6th	Prelims; Altitude	MW Champs	Feb. 26
24.47	Simone Glenn	25th	Altitude	Don Kirby Elite	Feb. 12
24.61	Tyra Lea	9th	Prelims; Altitude	MW Champs	Feb. 26
24.64	Tyra Lea	30th	Altitude	Don Kirby Elite	Feb. 12
24.84	Lisa-Anne Barrow	14th	Prelims; Altitude	MW Champs	Feb. 26
25.09	Jazmen Bunch	12th		UW Invitational	Jan. 29
25.12	Lakin Hatcher	18th	Prelims; Altitude	MW Champs	Feb. 26
25.19	Tyra Lea	13th		UW Invitational	Jan. 29
25.21	Madison Gipson	4th	Altitude	NAU Challenge	Jan. 16
25.36	Lakin Hatcher	53rd	Altitude	Don Kirby Elite	Feb. 12
25.67	Lisa-Anne Barrow	62nd	Altitude	Don Kirby Elite	Feb. 12
25.94	Lakin Hatcher	35th		UW Invitational	Jan. 29
26.56	Kassidy Ellis	82nd	Altitude	Don Kirby Elite	Feb. 12
26.95	Karsen Sper	86th	Altitude	Don Kirby Elite	Feb. 12

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
55.85	Tyra Lea	10th	Prelims; Altitude	MW Champs	Feb. 26
56.06	Tyra Lea	33rd	Altitude	Don Kirby Elite	Feb. 13
56.26	Tyra Lea	6th		UW Invitational	Jan. 30
56.50	Madison Gipson	39th	Altitude	Don Kirby Elite	Feb. 13
56.65	Madison Gipson	7th		UW Invitational	Jan. 30
56.73	Madison Gipson	13th	Prelims; Altitude	MW Champs	Feb. 26
56.73	Tyra Lea	10th	Altitude	NAU Challenge	Jan. 16
57.03	Lakin Hatcher	47th	Altitude	Don Kirby Elite	Feb. 13
57.45	Lakin Hatcher	17th	Prelims; Altitude	MW Champs	Feb. 26
58.56	Lakin Hatcher	21st	Altitude	NAU Challenge	Jan. 16

1:02.34	Lisa-Anne Barrow	82nd	Altitude	Don Kirby Elite	Feb. 13
1:02.47	Jasmine Young	31st	Altitude	NAU Challenge	Jan. 16

800 METERS

School Record: 2:09.67 (Elison Grove, 2016)

Time	Athlete	Place	Notes	Meet	Date
2:09.67	Elison Grove	3rd	Altitude; school record	Don Kirby Elite	Feb. 13
2:10.54	Elison Grove	6th	Finals; Altitude	MW Champs	Feb. 27
2:10.95	Elison Grove	6th	Prelims; Altitude	MW Champs	Feb. 26
2:11.04	Elison Grove	13th		UW Invitational	Jan. 30
2:27.61	Kassidy Ellis	9th	Pen.; Altitude	MW Champs	Feb. 25
2:29.05	Kassidy Ellis	19th	Pentathlon	UW Invitational	Jan. 29
2:29.74	Karsen Sper	11th	Pen.; Altitude	MW Champs	Feb. 25
2:39.56	Jelena McNown	15th	Pen.; Altitude	MW Champs	Feb. 25
2:41.69	Jelena McNown	28th	Pentathlon	UW Invitational	Jan. 29

MILE

School Record: 5:01.00 (Chelsea Kruthers, 2014)

Time	Athlete	Place	Notes	Meet	Date
5:08.74	Elaine Ribeiro	14th	Prelims; Altitude	MW Champs	Feb. 26
5:08.94	Elaine Ribeiro	10th	Altitude	Don Kirby Elite	Feb. 13
5:31.82	Lily Seynaeve	20th	Prelims; Altitude	MW Champs	Feb. 26

3,000 METERS

School Record: 9:44.80 (Marie Nilsson, 2004)

Time	Athlete	Place	Notes	Meet	Date
10:08.70	Elaine Ribeiro	24th		UW Invitational	Jan. 30
10:15.21	Cassidy Towner	31st	4th all-time	UW Invitational	Jan. 30
10:19.36	Lily Seynaeve	32nd	5th all-time	UW Invitational	Jan. 30
10:31.33	Rachel Roesgen	35th	8th all-time	UW Invitational	Jan. 30

60-METER HURDLES

School Record: 8.18 (Micha Auzenne, 2016)

Time	Athlete	Place	Notes	Meet	Date
8.18	Micha Auzenne	1st	Finals; school record; Alt.	MW Champs	Feb. 27
8.28	Micha Auzenne	1st	Altitude	NAU Challenge	Jan. 16
8.29	Sierra Brabham-Lawrence	2nd	Finals; T-4th all-time; Alt.	MW Champs	Feb. 27
8.35	Sierra Brabham-Lawrence	6th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.38	Micha Auzenne	1st	Prelims; Altitude	MW Champs	Feb. 26
8.43	Sierra Brabham-Lawrence	2nd	Finals	UW Invitational	Jan. 30
8.45	Sierra Brabham-Lawrence	2nd	Prelims; Altitude	MW Champs	Feb. 26
8.45	Sierra Brabham-Lawrence	2nd	Altitude	NAU Challenge	Jan. 16
8.47	Madison Gipson	4th	Finals; 9th all-time; Alt.	MW Champs	Feb. 27
8.48	Sierra Brabham-Lawrence	5th	Prelims	UW Invitational	Jan. 30
8.55	Madison Gipson	4th	Prelims; Altitude	MW Champs	Feb. 26
8.58	Kassidy Ellis	6th	Finals; Altitude	MW Champs	Feb. 27
8.58	Madison Gipson	9th	Prelims	UW Invitational	Jan. 30
8.61	Madison Gipson	4th	Prelims; Altitude	NAU Challenge	Jan. 16
8.62	Madison Gipson	22nd	Prelims	Don Kirby Elite	Feb. 12
8.65	Kassidy Ellis	1st	Pen.; Altitude	MW Champs	Feb. 25
8.66	Kassidy Ellis	8th	Prelims; Altitude	MW Champs	Feb. 26
8.75	Kassidy Ellis	8th	Altitude	NAU Challenge	Jan. 16
8.81	Sierra Brabham-Lawrence	16th	Semifinals; Altitude	Don Kirby Elite	Feb. 13
8.83	Madison Gipson	5th	Qualifying prelims	UW Invitational	Jan. 30
8.85	Courtney Robinson	13th	Prelims; Altitude	MW Champs	Feb. 26
8.88	Kassidy Ellis	7th	Pentathlon	UW Invitational	Jan. 29
8.90	Kassidy Ellis	37th	Prelims; Altitude	Don Kirby Elite	Feb. 12
8.91	Kassidy Ellis	14th	Prelims	UW Invitational	Jan. 30
8.94	Karsen Sper	7th	Pen.; Altitude	MW Champs	Feb. 25
9.01	Kassidy Ellis	11th	Qualifying prelims	UW Invitational	Jan. 30
9.04	Courtney Robinson	44th	Prelims; Altitude	Don Kirby Elite	Feb. 12
9.20	Karsen Sper	51st	Prelims; Altitude	Don Kirby Elite	Feb. 12
9.14	Jelena McNown	10th	Pen.; Altitude	MW Champs	Feb. 25
9.33	Jelena McNown	18th	Pentathlon	UW Invitational	Jan. 29
9.42	Jelena McNown	21st	Altitude	NAU Challenge	Jan. 16

2016 SDSU INDOOR TRACK & FIELD PERFORMANCE LIST (March 2)

4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007)

Time	Team	Place	Notes	Meet	Date
3:43.44	Auzenne, Gipson, Glenn, Lea	4th	3rd all-time; Altitude	MW Champs	Feb. 27
3:48.47	Hatcher, Gipson, Barrow, Lea	2nd		UW Invitational	Jan. 30
3:51.54	Brabham-Lawrence, Gipson, Hatcher, Lea	4th	Altitude	NAU Challenge	Jan. 16

DISTANCE MEDLEY RELAY

School Record: 12:05.71 (Gammage, Toatley, Kruthers, Roesgen, 2014)

Time	Team	Place	Notes	Meet	Date
12:06.14	Roesgen, Barrow, Grove, Ribeiro	7th	2nd all-time	UW Invitational	Jan. 29

HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992)

Mark	Athlete	Place	Notes	Meet	Date
5-04.50	Jelena McNown	8th	Pentathlon	UW Invitational	Jan. 29
5-03.25	Kassidy Ellis	12th	Pentathlon	UW Invitational	Jan. 29
5-03.00	Jelena McNown	6th		NAU Challenge	Jan. 16
5-02.50	Jelena McNown	18th		MW Champs	Feb. 27
5-02.50	Jelena McNown	10th	Pentathlon	MW Champs	Feb. 25
5-00.25	Karsen Sper	T-12th	Pentathlon	MW Champs	Feb. 25
5-00.25	Kassidy Ellis	T-12th	Pentathlon	MW Champs	Feb. 25
4-11.00	Kassidy Ellis	8th		NAU Challenge	Jan. 16

POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010)

Mark	Athlete	Place	Notes	Meet	Date
13-09.25	Bonnie Draxler	1st	6th all-time	MW Champs	Feb. 26
13-08.25	Bonnie Draxler	4th		Don Kirby Elite	Feb. 13
13-03.50	Bonnie Draxler	2nd	College 1	National PV Summit	Jan. 16
13-01.50	Marissa Berry	3rd	9th all-time	MW Champs	Feb. 26
13-00.25	Bonnie Draxler	5th		UW Invitational	Jan. 30
12-10.25	Marissa Berry	8th		Don Kirby Elite	Feb. 13
12-06.25	Marissa Berry	6h		UW Invitational	Jan. 30
12-04.50	Karen Snapper	15th		Don Kirby Elite	Feb. 13
12-01.50	Karen Snapper	9th		MW Champs	Feb. 26
12-01.50	Marissa Berry	8th	College 1	National PV Summit	Jan. 16
11-05.75	Karen Snapper	12th	College 1	National PV Summit	Jan. 16
11-05.75	Sara Curran	1st	College 4	National PV Summit	Jan. 16
10-10-00	Katherine Magill	9th	College 3	National PV Summit	Jan. 16
10-00.00	Julia Newton	6th	College 4	National PV Summit	Jan. 16
NH	Courtney Jackson	--	College 3	National PV Summit	Jan. 16

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
19-00.75	Kassidy Ellis	1st	Pentathlon	MW Champs	Feb. 25
18-10.75	Kassidy Ellis	3rd		MW Champs	Feb. 26
18-08.50	Lisa-Anne Barrow	5th		MW Champs	Feb. 26
18-07.25	Lisa-Anne Barrow	4th		UW Invitational	Jan. 30
18-04.50	Kassidy Ellis	4th	Pentathlon	UW Invitational	Jan. 29
18-04.25	Jelena McNown	8th		MW Champs	Feb. 25
18-04.25	Jelena McNown	4th	Pentathlon	MW Champs	Feb. 25
18-02.50	Jelena McNown	5th		NAU Challenge	Jan. 16
18-01.50	Jelena McNown	6th	Pentathlon	UW Invitational	Jan. 29
16-05.75	Karsen Sper	14th	Pentathlon	MW Champs	Feb. 25
ND	Karsen Sper	--		Don Kirby Elite	Feb. 12
ND	Lisa-Anne Barrow	--		Don Kirby Elite	Feb. 12
ND	Kassidy Ellis	--		Don Kirby Elite	Feb. 12

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
39-07.75	Je'Neal Ainsworth	6th	8th all-time	UW Invitational	Jan. 30
39-07.25	Je'Neal Ainsworth	7th		MW Champs	Feb. 27
38-09.50	Je'Neal Ainsworth	19th		Don Kirby Elite	Feb. 13
38-04.00	Je'Neal Ainsworth	5th		NAU Challenge	Jan. 16
Foul	Starlynn Singleton	--		Don Kirby Elite	Feb. 13

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
44-00.50	Alexa Evans	11th	9th all-time	NAU Challenge	Jan. 16
43-11.75	Alexa Evans	11th		UW Invitational	Jan. 30
43-04.25	Rachel Alesi	12th		NAU Challenge	Jan. 16
40-10.50	Rachel Alesi	14th		MW Champs	Feb. 27
34-07.75	Kassidy Ellis	14th	Pentathlon	UW Invitational	Jan. 29
34-04.00	Kassidy Ellis	18th		NAU Challenge	Jan. 16
33-01.75	Kassidy Ellis	10th	Pentathlon	MW Championships	Feb. 25
31-03.00	Karsen Sper	13th	Pentathlon	MW Championships	Feb. 25
27-09.50	Jelena McNown	29th	Pentathlon	UW Invitational	Jan. 29
27-06.50	Jelena McNown	16th	Pentathlon	MW Championships	Feb. 25
Foul	Rachel Alesi	--		UW Invitational	Jan. 30

WEIGHT THROW

School Record: 68-01.00 (Jasmine Burrell, 2014)

Mark	Athlete	Place	Notes	Meet	Date
50-09.50	Alexa Evans	16th	9th all-time	UW Invitational	Jan. 29
49-02.50	Victoria Dickerson	13th		NAU Challenge	Jan. 16
46-11.50	Freja Liljedahl	14th		NAU Challenge	Jan. 16
46-04.75	Alexa Evans	15th		NAU Challenge	Jan. 16

PENTATHLON

School Record: 4,145 (Allison Reaser, 2014)

Mark	Athlete	Place	Notes	Meet	Date
3,690	Kassidy Ellis	4th	6th all-time	MW Championships	Feb. 25
3,682	Kassidy Ellis	8th		UW Invitational	Jan. 29
3,336	Karsen Sper	13th		MW Championships	Feb. 25
3,334	Jelena McNown	14th		MW Championships	Feb. 25
3,315	Jelena McNown	19th		UW Invitational	Jan. 29

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of March 2)

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarter-finals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay; **Note that all personal records (PR) are collegiate personal records**

Je'Neal Ainsworth

5-6 | Fr. | Long Beach, Calif. | Long Beach Polytechnic HS

INDOOR SEASON

60 Meters (PR: 8.32 (Jan. 16, 2016))

8.32 (a)	NAU Challenge	Jan. 16
Triple Jump (PR: 39-07.75 (Jan. 30, 2016))		
38-04.00	5th NAU Challenge	Jan. 16
39-07.75 (8)	6th UW Invitational	Jan. 30
38-09.50	19th Don Kirby Elite	Feb. 13
39-07.25	7th MW Championships	Feb. 27

Rachel Alesi

5-7.5 | RS-Jr. | El Cajon, Calif. | Christian HS

INDOOR SEASON

Shot Put (PR: 47-11.75 (Feb. 28, 2015))

43-04.25	12th NAU Challenge	Jan. 16
Foul	-- UW Invitational	Jan. 30
40-10.50	14th MW Championships	Feb. 27

Micha Auzenne

5-3.5 | Jr. | East Palo Alto, Calif. | Arizona State

INDOOR SEASON

60 Meters (PR: 7.32 (Feb. 26, 2016))

7.40 (a)	1st NAU Challenge	Jan. 16
7.32 (p, a, sr)	1st MW Championships	Feb. 26
7.33 (f, a)	1st MW Championships	Feb. 27
60-Meter Hurdles (PR: 8.18 (Feb. 27, 2016))		
8.28 (a)	1st NAU Challenge	Jan. 16
8.38 (p, a)	1st MW Championships	Feb. 26
8.18 (f, a, sr)	1st MW Championships	Feb. 27
4x400-Meter Relay		
3:43.44 (a, 3)	4th MW Championships	Feb. 27

Lisa-Anne Barrow

5-6 | Fr. | Hyattsville, Md. | Holton-Arms HS

INDOOR SEASON

200 Meters (PR: 24.84 (Feb. 26, 2016))

25.67 (a)	53rd Don Kirby Elite	Feb. 12
24.84 (p, a)	14th MW Championships	Feb. 26
400 Meters (PR: 1:02.34 (Feb. 13, 2016))		
1:02.34 (a)	82nd Don Kirby Elite	Feb. 13
4x400-Meter Relay		
3:48.47	2nd UW Invitational	Jan. 30
Distance Medley Relay		
12:06.14 (2)	2nd UW Invitational	Jan. 29
Long Jump (PR: 18-08.50 (Feb. 26, 2016))		
18-07.25	4th UW Invitational	Jan. 30
ND (a)	-- Don Kirby Elite	Feb. 12
18-08.50	5th MW Championships	Feb. 26

Marissa Berry

5-4 | Fr. | Kennewick, Wash. | Southridge HS

INDOOR SEASON

Pole Vault (PR: 13-01.50 (Feb. 26, 2016))

12-01.50 (co1)	8th UCS Spirit PV Summit	Jan. 16
12-06.25	6th UW Invitational	Jan. 30
12-10.25	8th Don Kirby Elite	Feb. 13
13-01.50 (9)	3rd MW Championships	Feb. 26

Sierra Brabham-Lawrence

5-5 | Fr. | Harrisburg, Pa. | Harrisburg HS

INDOOR SEASON

60 Meters (PR: 7.70 (Jan. 16, 2015))

7.70 (a)	9th NAU Challenge	Jan. 16
7.80 (p)	45th Don Kirby Elite	Feb. 12
7.79 (p, a)	20th MW Championships	Feb. 26
60-Meter Hurdles (PR: 8.29 (Feb. 27, 2016))		
8.45 (a)	2nd NAU Challenge	Jan. 16
8.48 (p)	5th UW Invitational	Jan. 30
8.43 (f)	T-2nd UW Invitational	Jan. 30
8.35 (p)	6th Don Kirby Elite	Feb. 12
8.81 (s, a)	16th Don Kirby Elite	Feb. 13
8.45 (p, a)	2nd MW Championships	Feb. 26
8.29 (f, a, T-4)	2nd MW Championships	Feb. 27
4x400-Meter Relay		
3:51.54 (a)	4th NAU Challenge	Jan. 16

Jazmen Bunch

5-2 | So. | Fresno, Calif. | Edison HS

INDOOR SEASON

60 Meters (PR: 7.57 (Feb. 26, 2016))

7.65 (a)	5th NAU Challenge	Jan. 16
7.61 (ap)	4th UW Invitational	Jan. 30
7.65 (p)	10th UW Invitational	Jan. 30
7.61 (p, a)	25th Don Kirby Elite	Feb. 12
7.57 (p, a)	8th MW Championships	Feb. 26
7.62 (f, a)	7th MW Championships	Feb. 27
200 Meters (PR: 24.18 (Feb. 27, 2016))		
25.09	12th UW Invitational	Jan. 29
24.24 (a)	15th Don Kirby Elite	Feb. 12
24.46 (f, a)	6th MW Championships	Feb. 26
24.18 (f, a)	6th MW Championships	Feb. 27

Sara Curran

5-7 | Fr. | Redondo Beach, Calif. | Redondo Union HS

INDOOR SEASON

Pole Vault (PR: 11-05.75 (Jan. 16, 2016))

11-05.75 (co4)	1st UCS Spirit PV Summit	Jan. 16
----------------	--------------------------	---------

Victoria Dickerson

5-9 | Sr. | Vacaville, Calif. | Modesto Junior College

INDOOR SEASON

Weight Throw (PR: 49-02.50 (Jan. 16, 2016))

49-02.50 (10)	13th NAU Challenge	Jan. 16
---------------	--------------------	---------

Bonnie Draxler

5-5 | So. | Wrightstown, Wis. | Wrightstown HS

INDOOR SEASON

Pole Vault (PR: 13-09.25 (Feb. 26, 2016))

13-03.50 (co1)	2nd UCS Spirit PV Summit	Jan. 16
13-00.25	5th UW Invitational	Jan. 30
13-08.25	4th Don Kirby Elite	Feb. 13
13-09.25 (6)	1st MW Championships	Feb. 26

Kassidy Ellis

5-9 | Sr. | Bakersfield, Calif. | Univ. of Iowa

INDOOR SEASON

200 Meters (PR: 26.56 (Feb. 12, 2016))

26.56 (a)	82nd Don Kirby Elite	Feb. 12
800 Meters (PR: 2:27.96 (Jan. 25, 2013))		
2:29.05 (pn)	19th UW Invitational	Jan. 29
2:27.61 (pn, a)	9th MW Championships	Feb. 25

60-Meter Hurdles (PR: 8.58 (Feb. 27, 2016))

8.75 (a)	8th NAU Challenge	Jan. 16
8.88 (pn)	T-7th UW Invitational	Jan. 29
9.01 (ap)	11th UW Invitational	Jan. 30
8.91 (p)	14th UW Invitational	Jan. 30
8.90 (p, a)	37th Don Kirby Elite	Feb. 12
8.65 (pn, a)	1st MW Championships	Feb. 25
8.66 (p, a)	8th MW Championships	Feb. 26
8.58 (f, a)	6th MW Championships	Feb. 27

High Jump (PR: 5-03.25 (Jan. 29, 2016))

4-11.00	8th NAU Challenge	Jan. 16
5-03.25 (pn)	12th UW Invitational	Jan. 29
5-00.25 (pn)	T-12th MW Championships	Feb. 25

Long Jump (PR: 19-05.50 (Feb. 28, 2015))

18-04.50 (pn)	4th UW Invitational	Jan. 29
ND	-- Don Kirby Elite	Feb. 12
19-00.75 (pn)	1st MW Championships	Feb. 25
18-10.75	3rd MW Championships	Feb. 26

Shot Put (PR: 34-07.75 (Jan. 29, 2016))

34-04.00	18th NAU Challenge	Jan. 16
34-07.75 (pn)	14th UW Invitational	Jan. 29
33-01.75 (pn)	10th MW Championships	Feb. 25

Pentathlon (PR: 3,690 (Feb. 25, 2016))

3,682	8th UW Invitational	Jan. 29
3,690 (6)	4th MW Championships	Feb. 25

Alexa Evans

6-0 | RS-Sr. | San Diego, Calif. | West Hills HS

INDOOR SEASON

Shot Put (PR: 44-00.50 (Jan. 16, 2016))

44-00.50 (9)	11th NAU Challenge	Jan. 16
43-11.75	11th UW Invitational	Jan. 30

Weight Throw (PR: 50-09.50 (Jan. 29, 2016))

46-04.75	15th NAU Challenge	Jan. 16
50-09.50 (9)	16th UW Invitational	Jan. 29

Simone Glenn

5-7 | So. | Atlanta, Ga. | Bullis HS (Md.)

INDOOR SEASON

60 Meters (PR: 7.54 (Feb. 26, 2016))

7.62 (ap)	5th UW Invitational	Jan. 30
7.65 (p)	8th UW Invitational	Jan. 30
7.62 (f)	7th UW Invitational	Jan. 30
7.61 (p, a)	26th Don Kirby Elite	Feb. 12
7.54 (p, a, 10)	7th MW Championships	Feb. 26
7.64 (f, a)	8th MW Championships	Feb. 27

200 Meters (PR: 23.84 (Feb. 27, 2016))

24.47 (a)	25th Don Kirby Elite	Feb. 12
23.86 (p, a)	1st MW Championships	Feb. 26
23.84 (f, a, T-4)	3rd MW Championships	Feb. 27
4x400-Meter Relay		
3:43.44 (a, 3)	4th MW Championships	Feb. 27

Madison Gipson

5-7 | Jr. | Wellington, New Zealand | Marsden HS

INDOOR SEASON

200 Meters (PR: 25.21 (Jan. 16, 2016))

25.21 (a)	4th NAU Challenge	Jan. 16
-----------	-------------------	---------

400 Meters (PR: 56.50 (Feb. 13, 2016))

56.65	6th UW Invitational	Jan. 30
56.50 (a)	39th Don Kirby Elite	Feb. 13
56.73 (p, a)	13th MW Championships	Feb. 26

60-Meter Hurdles (PR: 8.47 (Feb. 27, 2016))

8.61 (a)	4th NAU Challenge	Jan. 16
8.83 (ap)	5th UW Invitational	Jan. 30
8.58 (p)	9th UW Invitational	Jan. 30
8.62 (p, a)	22nd Don Kirby Elite	Feb. 12
8.55 (p, a)	4th MW Championships	Feb. 26
8.47 (p, a, 9)	4th MW Championships	Feb. 27

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of March 2)

4x400-Meter Relay

3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30
3:43.44 (a, 3)	4th	MW Championships	Feb. 27

Ellison Grove

5-6 | So. | Catharpin, Va. | Battlefield HS
INDOOR SEASON

800 Meters (PR: 2:09.67 (Feb. 13, 2016))

2:11.04	13th	UW Invitational	Jan. 30
2:09.67 (a, sr)	3rd	Don Kirby Elite	Feb. 13
2:10.95 (p, a)	6th	MW Championships	Feb. 26
2:19.54 (f, a)	6th	MW Championships	Feb. 27

Distance Medley Relay

12:06.14 (2)	7th	UW Invitational	Jan. 29
--------------	-----	-----------------	---------

Lakin Hatcher

5-6.5 | Fr. | Woodstock, Md. | McDonogh HS
INDOOR SEASON

200 Meters (PR: 25.12 (Feb. 26, 2016))

25.94	35th	UW Invitational	Jan. 29
25.36 (a)	53rd	Don Kirby Elite	Feb. 12
25.12 (p, a)	18th	MW Championships	Feb. 26

400 Meters (PR: 57.03 (Feb. 13, 2016))

58.56 (a)	21st	NAU Challenge	Jan. 16
57.03	47th	Don Kirby Elite	Feb. 13
57.45 (p, a)	17th	MW Championships	Feb. 26

4x400-Meter Relay

3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30

Ashley Henderson

5-6 | So. | St. Louis, Mo. | Hazelwood HS
INDOOR SEASON

60 Meters (PR: 7.35 (Feb. 26, 2016))

7.50 (p)	1st	UW Invitational	Jan. 30
7.42 (f)	1st	UW Invitational	Jan. 30
7.41 (p, a, 5)	5th	Don Kirby Elite	Feb. 12
7.43 (s, a)	5th	Don Kirby Elite	Feb. 13
7.44 (f, a)	6th	Don Kirby Elite	Feb. 13
7.35 (p, a, 3)	2nd	MW Championships	Feb. 26
7.46 (f, a)	4th	MW Championships	Feb. 27

200 Meters (PR: 23.44 (Feb. 27, 2016))

24.19	1st	UW Invitational	Jan. 29
23.77 (a)	7th	Don Kirby Elite	Feb. 12
24.06 (p, a)	4th	MW Championships	Feb. 26
23.44 (f, a, sr)	1st	MW Championships	Feb. 27

Courtney Jackson

5-3 | So. | Ramona, Calif. | Ramona HS
INDOOR SEASON

Pole Vault (PR: 11-10.50 (Feb. 28, 2015))

NH	--	UCS Spirit PV Summit	Jan. 16
----	----	----------------------	---------

Tyra Lea

5-6 | Jr. | Raleigh, N.C. | North Carolina State
INDOOR SEASON

200 Meters (PR: 24.48 (Jan. 2, 2014))

25.19	13th	UW Invitational	Jan. 29
24.64 (a)	30th	Don Kirby Elite	Feb. 12
24.61 (p, a)	9th	MW Championships	Feb. 26

400 Meters (PR: 55.50 (Feb. 28, 2015))

56.73 (a)	10th	NAU Challenge	Jan. 16
56.26	6th	UW Invitational	Jan. 30
56.06 (a)	33rd	Don Kirby Elite	Feb. 13
55.85 (p, a)	10th	MW Championships	Feb. 26

4x400-Meter Relay

3:51.54 (a)	4th	NAU Challenge	Jan. 16
3:48.47	2nd	UW Invitational	Jan. 30
3:43.44 (a, 3)	4th	MW Championships	Feb. 27

Freja Liljedahl

5-6 | Jr. | Gavle, Sweden | Vasaskolan School
INDOOR SEASON

Weight Throw (PR: 46-11.50 (Jan. 16, 2016))

46-11.50	14th	NAU Challenge	Jan. 16
----------	------	---------------	---------

Katherine Magill

5-4 | So. | Grass Valley, Calif. | Nevada Union HS
INDOOR SEASON

Pole Vault (PR: 10-10.00 (Jan. 16, 2016))

10-10.00 (co3)	9th	UCS Spirit PV Summit	Jan. 16
----------------	-----	----------------------	---------

Jelena McNown

5-8.5 | RS-Fr. | Murrieta, Calif. | Murrieta Valley HS
INDOOR SEASON

800 Meters (PR: 2:39.56 (Feb. 25, 2016))

2:41.69 (pn)	28th	UW Invitational	Jan. 29
2:39.56 (pn, a)	15th	MW Championships	Feb. 25

60-Meter Hurdles (PR: 9.14 (Feb. 25, 2016))

9.42 (a)	21st	NAU Challenge	Jan. 16
9.33 (pn)	18th	UW Invitational	Jan. 29
9.14 (pn, a)	10th	MW Championships	Feb. 25

High Jump (PR: 5-04.50 (Jan. 29, 2016))

5-03.00	6th	NAU Challenge	Jan. 16
5-04.50 (pn)	T-8th	UW Invitational	Jan. 29
5-02.50 (pn)	10th	MW Championships	Feb. 25
5-02.50	18th	MW Championships	Feb. 27

Long Jump (PR: 18-04.50 (Feb. 25, 2016))

18-02.50	5th	NAU Challenge	Jan. 16
18-01.50 (pn)	6th	UW Invitational	Jan. 29
18-04.50 (pn)	4th	MW Championships	Feb. 25
18-04.25	8th	MW Championships	Feb. 26

Shot Put (PR: 27-09.50 (Jan. 29, 2016))

27-09.50 (pn)	29th	UW Invitational	Jan. 29
27-06.50 (pn)	16th	MW Championships	Feb. 25

Pentathlon (PR: 3,334 (Feb. 25, 2016))

3,315	19th	UW Invitational	Jan. 29
3,334	14th	MW Championships	Feb. 25

Julia Newton

5-7 | Fr. | Burbank, Calif. | Burbank HS
INDOOR SEASON

Pole Vault (PR: 10-00.00 (Jan. 16, 2016))

10-00.00 (co4)	6th	UCS Spirit PV Summit	Jan. 16
----------------	-----	----------------------	---------

Elaine Ribeiro

5-11 | Jr. | La Mesa, Calif. | Helix HS
INDOOR SEASON

Mile (PR: 5:06.54 (Feb. 13, 2015))

5:08.94 (a)	10th	Don Kirby Elite	Feb. 13
5:08.74 (p, a)	14th	MW Championships	Feb. 26

3,000 Meters (PR: 10:06.55 (Jan. 31, 2015))

10:08.70	24th	UW Invitational	Jan. 30
----------	------	-----------------	---------

Distance Medley Relay

12:06.14 (2)	7th	UW Invitational	Jan. 29
--------------	-----	-----------------	---------

Courtney Robinson

Jr. | Las Vegas, Nev. | Central Arizona
INDOOR SEASON

60 Meters (PR: 7.70 (Feb. 26, 2016))

7.76 (p, a)	39th	Don Kirby Elite	Feb. 12
7.70 (p, a)	18th	MW Championships	Feb. 26

60-Meter Hurdles (PR: 8.40 (Feb. 7, 2015))

9.04 (p, a)	44th	Don Kirby Elite	Feb. 12
8.85 (p, a)	13th	MW Championships	Feb. 26

Rachel Roesgen

5-11 | Sr. | Coto de Caza, Calif. | Santa Margarita Catholic HS
INDOOR SEASON

3,000 Meters (PR: 10:31.33 (Jan. 30, 2016))

10:31.33 (8)	35th	UW Invitational	Jan. 30
--------------	------	-----------------	---------

Distance Medley Relay

12:06.14 (2)	7th	UW Invitational	Jan. 29
--------------	-----	-----------------	---------

Lily Seynaeve

5-10 | So. | Corona, Calif. | Santiago HS
INDOOR SEASON

Mile (PR: 5:31.82 (Feb. 26, 2016))

5:31.82 (p, a)	20th	MW Championships	Feb. 26
-----------------------	-------------	-------------------------	----------------

3,000 Meters (PR: 10:19.36 (Jan. 30, 2016))

10:19.36 (5)	32nd	UW Invitational	Jan. 30
--------------	------	-----------------	---------

Starlynn Singleton

5-5 | Jr. | Murrieta, Calif. | Murrieta Mesa HS
INDOOR SEASON

60 Meters (PR: 7.79 (Feb. 14, 2015))

7.83 (p, a)	49th	Don Kirby Elite	Feb. 12
-------------	------	-----------------	---------

Triple Jump (PR: N/A)

Foul	--	Don Kirby Elite	Feb. 13
------	----	-----------------	---------

Karen Snapper

5-6 | Sr. | Huntington Beach, Calif. | Edison HS
INDOOR SEASON

Pole Vault (PR: 13-02.25 (Feb. 14, 2015))

11-05.75 (co1)	12th	UCS Spirit PV Summit	Jan. 16
12-04.50	15th	Don Kirby Elite	Feb. 13
12-01.50	9th	MW Championships	Feb. 26

Karsen Spier

5-8 | Sr. | Camarillo, Calif. | Thousand Oaks HS
INDOOR SEASON

200 Meters (PR: 26.95 (Feb. 12, 2016))

26.95 (a)	86th	Don Kirby Elite	Feb. 12
------------------	-------------	------------------------	----------------

800 Meters (PR: 2:29.12 (Feb. 27, 2014))

2:29.74 (pn, a)	11th	MW Championships	Feb. 25
-----------------	------	------------------	---------

60-Meter Hurdles (PR: 8.76 (Feb. 28, 2014))

9.20 (p, a)	51st	Don Kirby Elite	Feb. 12
8.94 (pn, a)	7th	MW Championships	Feb. 25

High Jump (PR: 5-05.00 (Feb. 21, 2013))

5.00.25 (pn)	T-12th	MW Championships	Feb. 25
--------------	--------	------------------	---------

Long Jump (PR: 17-06.25 (Jan. 16, 2015))

ND	--	Don Kirby Elite	Feb. 12
----	----	-----------------	---------

16-05.75 (pn) **14th** | **MW Championships** | **Feb. 25** |

Shot Put (PR: 33-00.50 (Feb. 27, 2014))

31-03.00 (pn)	13th	MW Championships	Feb. 25
---------------	------	------------------	---------

Pentathlon (PR: 3,564 (Feb. 21, 2013))

3,336	13th	MW Championships	Feb. 25
-------	------	------------------	---------

2016 SDSU TRACK & FIELD INDIVIDUAL SEASON BESTS (as of March 2)

Cassidy Towner

5-4 | So. | Placentia, Calif. | El Dorado HS

INDOOR SEASON

3,000 Meters (PR: 10:15.21 (Jan. 30, 2016))

10:15.21 (4) 32nd UW Invitational Jan. 30

Jasmine Young

INDOOR SEASON

400 Meters (PR: 1:02.47 (Jan. 16, 2016))

1:02.47 (a) 31st NAU Challenge Jan. 16

KEY: sr - school record; (number) - top-10 school ranking; qp - qualifying prelims; p - preliminaries; h - heats; 1r - first round; q - quarter-finals; s - semifinals; f - finals; i - invite; ei - elite invite; o - open; b - "b" section; se - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; a - altitude; w - wind aided (> 2.0 mph); conv - converted from 4x400-yard relay); **Note that all personal records (PR) are collegiate personal records**