



AZTEC

S P O R T S N E W S

SAN DIEGO STATE MEDIA RELATIONS

FOR IMMEDIATE RELEASE - Jan. 9, 2002

CALENDAR OF UPCOMING EVENTS

JAN. 12 - JAN. 19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6	7	8	9	10	11	12 Swimming vs. UC Irvine/Fresno St. Noon Irvine, Calif. Track and Field at National Pole Vault Summit All Day Reno, Nev.
13	14	15	16	17	18 Swimming at Hawai'i/UNLV 4 p.m. Honolulu, Hawai'i M-Tennis (thru Mon.) at Pepperdine Invite All Day Malibu, Calif.	19

This Week At SDSU ...

Swimming page 2

Aztecs return to Irvine for double-dual with UC Irvine and Fresno State on Saturday.

Track and Field page 3

Team gets indoor season underway this weekend at National Pole Vault Summit in Reno, Nev.

PUBLICIST DIRECTORY

- Rowing/Swimming/Track and Field** **Gregg Bach**
Phone: 594-5548
- Men's/Women's Golf** **Garry Bowman**
Phone: 594-2576
- Men's/Women's Tennis** **Mike May**
Phone: 594-5342

AZTEC MEDIA RELATIONS

Department of Athletics
San Diego State University
San Diego, CA 92182-4309
Phone: (619) 594-5547 Fax: (619) 582-6541

Aztecs on the web ...

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- www.goaztecs.com
- www.themwc.com
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SWIMMING and DIVING

Aztecs Head Back To Irvine For Double Dual Meet

This Week ...

vs. UC Irvine/Fresno State

Sat., Jan. 12

Schedule and Results (4-2 dual)

Date	Event	Time/Result
Oct. 19-20	at UOP Invitational	3rd/516 pts.
Nov. 3	AIR FORCE	W, 93-47
	NEW MEXICO	W, 94-46
Nov. 10	at USD	W, 167-129
Nov. 16	at Brigham Young	L, 150-91
Nov. 17	at Utah	L, 166-120
N.29-D.1	at UNLV Invite	2nd/682 pts.
Dec. 8	NORTHERN ARIZONA	W, 185-111
Jan. 5-6	at UC Irvine Invitationals	
	Distance Invite	3rd/89 pts.
	Individual Invite	4th/185 pts.
	Relay Invite	6th/23 pts.
Jan. 12	at UC Irvine	Noon
	Fresno State	
Jan. 18	at Hawai'i	4 p.m.
	vs. UNLV	
Jan. 25	at Loyola Marymount	2 p.m.
	Cal Poly	
Jan. 26	at Pepperdine	Noon
F.27-M.2	MWC Championships*	All Day

Home meets in CAPS

Home meets will be held at Southwestern

College in Chula Vista

*Oklahoma City, Okla.

2001-02 Top Times and Scores

50 Free - Heather DeFelice	23.90 (Nov. 29)*
100 Free - Heather DeFelice	53.15 (Dec. 1)
200 Free - Erin Kilpatrick	1:55.78 (Nov. 10)
500 Free - Megan Storey	5:01.18 (Nov. 29)
1,000 Free - Megan Storey	10:21.43 (Dec. 8)
1,650 Free - Megan Storey	17:01.34 (Dec. 1)
100 Fly - Tara Johnson	58.58 (Nov. 30)
200 Fly - Erin Kilpatrick	2:08.72 (Dec. 1)
100 Back - Meghan Casillan	58.03 (Nov. 30)
200 Back - Meghan Casillan	2:05.42 (Dec. 1)
100 Breast - Heather DeFelice	1:05.80 (Jan. 5)
200 Breast - Jennifer Graham	2:23.55 (Dec. 1)
200 IM - Erin Kilpatrick	2:10.18 (Nov. 29)
400 IM - Erin Kilpatrick	4:35.59 (Nov. 30)

Relays

200 Free Relay - Johnson, Graham, Haff, DeFelice	1:39.81 (Nov. 29)
400 Free Relay - Graham, Ryan, Kilpatrick, DeFelice	3:35.81 (Dec. 1)
800 Freestyle Relay - Storey, Ryan, Whalen, Kilpatrick	7:51.58 (Nov. 30)
200 Medley Relay - Casillan, Karacozoff, Johnson, DeFelice	1:48.60 (Nov. 30)
400 Medley Relay - Haff, Karacozoff, Kilpatrick, Ryan	3:57.32 (Nov. 29)

Diving

1-Meter Diving - Ashley Noyer	164.18 (Nov. 3)
3-Meter Diving - Teri Hodgkinson	168.025 (Dec. 8)

*Indicates school record.

This Week

The San Diego State women's swimming and diving team will be in Irvine, Calif., for the second straight weekend as the team competes against UC Irvine and Fresno State, Saturday. The double dual is scheduled to start at noon at the UCI Aquatics Complex. The Aztecs (4-2 dual) come off a strong showing at last weekend's Daktronics/UCI Invitationals where they competed against a 14-team field that included this week's opponents.

Recapping The UC Irvine Invitationals

Competition at last weekend's UCI Invitationals marked the Aztecs' return to competition after time off for final exams and the holidays. SDSU placed third out of 10 teams in the distance invitational, fourth of 13 in the individual invitational and sixth of eight in the relay invite. Stealing the show for the Aztecs in the weekend's individual invitational was DeFelice, who earned four top-six finishes. The senior scored third-place finishes in the 100- and 200-yard breaststrokes with times of 1:05.60 and 2:24.82, respectively. Her time in the 100 breast is a season best. She also placed fourth in the 100 free (53.49) and sixth in the 50 free (24.75). The highlight of the weekend's distance invitational came in the 500-yard freestyle, an event in which the Aztecs placed six swimmers in the top 20. Megan Storey led the charge with a second-place time of 5:11.06. Hannah Ryan placed 11th (5:21.75), Meghan Casillan 16th (5:25.51), Heather DeFelice 17th (5:25.68), Ericka Sjöholm 19th (5:26.38) and Erin Whalen 20th (5:26.43). Competition in the relay invitational saw the Aztecs place third (1:50.88) in the 200 medley and ninth (4:08.24) in the 400 medley. SDSU's seventh-place time of 8:05.20 in the 800 free was complimented with eighth-place finishes of 1:42.39 and 3:47.21 in the 200 free and 400 free, respectively.

Welcome To Sea Level

The Aztec victory over Northern Arizona on Dec. 8 helped the Aztecs complete a sweep of its home meets this season. On Nov. 3, SDSU swept a double dual with Mountain West Conference foes Air Force and New Mexico. The Aztecs won 12-of-14 swimming events on their way to wins over Air Force, 93-47, and New Mexico, 94-46.

Aztec Honors

Sophomore Megan Storey was named the Mountain West Conference's swimmer of the week on Dec. 13. The honor came following her two-win performance versus Northern Arizona. She placed first in the 500-yard freestyle (5:06.03) and set a season-best time of 10:21.43 in the 1,000 free. The honor was the second of her career and makes her the second Aztec to earn the weekly award this season. Senior Meghan Casillan was honored the week of Nov. 14 following a three-win performance at USD.

On The List

Four Aztecs are listed among the Mountain West Conference's top-five times in several events this season. Sophomore Megan Storey is listed in three events. She owns the league's third-fastest times in the 1,650 freestyle (17:01.34) and 500 free (5:01.18), along with the fourth-best in the 1,000 free (10:22.35). Senior Meghan Casillan is listed second in the 100 and 200 backstroke with times of 58.03 and 2:05.42, respectively. Junior Erin Kilpatrick holds the conference's fifth-best swim in the 200 butterfly (2:08.72). Senior Heather DeFelice's school-record time of 23.90 in the 50 free is the fifth best by an MWC swimmer this season. Six different Aztecs have recorded top-10 times on the MWC list this season.

Cleaning Up

The Aztecs have placed first in 47 events thus far this season. Twenty-five of those wins have come by way of three athletes - seniors Meghan Casillan (10) and Heather DeFelice (6) and sophomore Megan Storey (9). SDSU has 21 1-2 sweeps, two 1-2-3 sweeps and one 1-2-3-4 sweep this season. The Aztecs have placed first in all but two relay events thus far in dual competition.

Topping The Charts

Senior Heather DeFelice's school record in the 50 freestyle set at the UNLV Invitational is one of several top-five program bests set by the Aztecs this season. DeFelice also set the school's fifth-fastest time in the 100 backstroke at the UNLV meet. DeFelice teamed with Meghan Casillan, Jill Karacozoff and Tara Johnson to swim the school's second-best time in the 200 medley relay in Las Vegas and teaming with Casillan, Johnson and Erin Kilpatrick to record the program's third-fastest time of 1:48.68 in that same event on Nov. 16. Sophomore Jennifer Graham, a transfer from Santa Rosa JC, moved into the Aztecs' top-five all-time bests in the 100 and 200 breaststroke after her performance at the Pacific Invitational and improved on those marks in Las Vegas. Graham swam the school's fourth-best time of 1:06.34 in the 100 and third-best in the 200 (2:23.55). Freshman Ericka Sjöholm jumped into the record books at the UNLV Invite as well, swimming the program's third-best time in the 200 backstroke (2:08.68) and fifth-fastest time in the 400 individual medley (4:37.67). Jennifer Arrow is another freshman to join the all-time list, having swam the 200 breaststroke in 2:25.85, fifth all-time for the program, on Dec. 1.

Looking Ahead

SDSU will be in Honolulu on Jan. 18 for a double-dual with Hawai'i and league foe UNLV. The Aztecs continue their dual-meet schedule on Jan. 25 in Los Angeles when they face Loyola Marymount and Cal Poly. A day later the team concludes its regular season slate when they meet up with Pepperdine in Malibu.

TRACK and FIELD

Aztecs Get Indoor Season Underway In Reno

Schedule and Results

Date	Event	Time/Result
Indoor Schedule		
Jan. 12	at Pole Vault Summit	All Day
Feb. 2	at Bill Cosby Invitational	10 a.m.
Feb. 9	at NAU Invitational	10 a.m.
Feb. 21-23	MWC Indoor Champs.*	All Day

Outdoor Schedule

Mar. 2	at USC Invitational	10 a.m.
Mar. 9	vs. UC IRVINE/UCSD	Noon
Mar. 16	USC/Tennessee	10 a.m.
Mar. 23	AZTEC INVITATIONAL	9 a.m.
Mar. 30-31	at Cal-Nev. State Meet	10 a.m.
Apr. 6	UNLV Invitational	11 a.m.
Apr. 13	ALL-WOMEN INVITE	10 a.m.
Apr. 18-19	at Mt. SAC Heptathalon	10 a.m.
Apr. 19-21	at Mt. SAC Relays	10 a.m.
Apr. 27	at Oregon Invitational	10 a.m.
	at Drake Relays	10 a.m.
	at UCSD Invitational	9 a.m.
May 4	at Texas Invitational	10 a.m.
May 5	at Steve Scott Invitational	10 a.m.
May 11	at Oxy Invitational	5 p.m.
May 15-18	MWC Outdoor Champs.*	All Day

Home meets in CAPS

Home meets held at SDSU Sports Deck

*Colorado Springs, Colo.

Welcome Back

The San Diego State track and field team gets the indoor portion of its 2002 schedule underway this weekend by sending five athletes to the National Pole Vault Summit in Reno, Nev. The event gets underway on Friday with lectures, meetings and an elite athlete exhibition. Collegiate competition starts at 8:30 a.m. (Mountain) on Saturday and is scheduled to run until 9:30 p.m. Competition will be held at the Hilton Pavilion and will take place on seven runways.

Representing The Aztecs

Representing SDSU in Reno will be senior Tricia Gutierrez and newcomers Shayla Balentine, Jesika Englebretson, Julie Hudlow and Beth Vieira. Gutierrez set the school record in the indoor pole vault last season when she cleared 12-07.50 at the Bill Cosby Invitational in Reno. Balentine is featured in the January issue of *Track and Field News* as one of the season's prime recruits. The freshman pole vaulter, who attended Morro Bay High, won the California high school state title after clearing a record height of 13-8.

This Week...

at National Pole Vault Summit

Sat., Jan. 12

The Indoor Season At A Glance

The Aztecs continue the indoor season on Feb. 2, when they return to Reno for the Bill Cosby Invitational. The following Saturday (Feb. 9), the team will be in Flagstaff, Ariz., for the NAU Invitational. The Mountain West Conference Indoor Championships will be held Feb. 21-23 in Colorado Springs, Colo., on the Air Force Academy campus.

Coaching Staff

The Aztecs are led by head coach Rahn Sheffield, who is in his 11th season with the Aztec program. Sheffield is assisted by Jennifer Nanista, Richard Fox and Leslie Coons. Nanista oversees the team's distance corps and Fox works with the pole vaulters.

