



AZTEC SWIMMING AND DIVING

THIS WEEK: Friday, Jan. 28.....Wyoming.....Aztec Aquaplex.....San Diego, CalifNoon
Saturday, Jan. 29.....at UC San Diego, Hawai'i.....Canyonview Pool.....San Diego, CalifNoon

2010-11 SCHEDULE

Dual Record: 15-0 (6-0 Home; 4-0 Away; 5-0 Neutral)
(7-0 Mountain West Conference)

Date	Opponent	Time/Result
Sep. 24	San Diego - PentathlonNTS
Oct. 2	Oregon StateW, 150-125
Oct. 23	at New Mexico*W, 211-89
	Colorado State*W, 208-92
	Air Force*W, 245-55
Nov. 4	Brigham Young*W, 173-127
Nov. 6	at TCU*W, 173-123
Nov. 18-20	at Toshiba Classic (Swim)	...4th of 19
Nov. 18-20	at Wildcat Invitational (Diving)NTS
Nov. 20	vs. Utah*W, 153-127
Dec. 4	at UNLV*W, 159-134
Jan. 7	Northern ColoradoW, 107-87
	TulaneW, 105-85
Jan. 8	Northern ColoradoW, 90-70
	TulaneW, 93-65
Jan. 9	at Bruin Diving InvitationalNTS
Jan. 11	Sprint Eliminator (at USD)1st of 3
Jan. 15	at Cal State BakersfieldW, 213-81
	Fresno State (at CSUB)W, 178-119
	UC San Diego (at CSUB)W, 183-111
Jan. 28	Wyoming*12:00 p.m.
Jan. 29	at UC San Diego12:00 p.m.
	Hawai'i (at UCSD)	
Feb. 5	at San Diego12:00 p.m.
Feb. 23-26	MWC Championships+All Day
Mar. 10-12	Zone Diving Meet^All Day
Mar. 17-19	NCAA Championships#All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex
NTS indicates no teams scores kept

* Mountain West Conference meet
+ at Oklahoma City, Okla. (Oklahoma CC host)
^ at Minneapolis, Minn. (Minnesota host)
at Austin, Texas (Texas host)

QUICK FACTS

LocationSan Diego, Calif.
Founded1897
Enrollment32,396
NicknameAztecs
ColorsScarlet and Black
ConferenceMountain West
PresidentDr. Stephen L. Weber
Athletic DirectorJim Sterk

TEAM INFORMATION

Head CoachMike Shrader
Dual Record at SDSU46-13 (4th season)
Career Record135-25-1 (12th season)
Swimming Office Phone(619) 594-5883
E-Mailmshrader@mail.sdsu.edu
Assistant CoachBrendon Bray
Diving CoachRoland McDonald
Volunteer Assistant CoachJamie Vessey
Strength & Conditioning CoachJon Francis
2009-10 Dual-Meet Record14-3
2009-10 MWC Record5-3 (4th)
2010 MWC Championship Meet3rd, 375 pts.
Letterwinners Returning/Lost21/7
Newcomers11
Home FacilityAztec Aquaplex

MEDIA RELATIONS

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THIS WEEK

The San Diego State swimming and diving team will attempt to secure its first Mountain West Conference regular season dual meet championship with a perfect record when it faces Wyoming on Friday, Jan. 28, at noon at the Aztec Aquaplex. Entering the week, the Aztecs' record stands at 7-0 in MWC meets with only the Cowgirls remaining on their 2010-11 league slate. SDSU has already clinched at least a tie for the regular season title as second-place Brigham Young has one conference loss on its record.

On Saturday, Jan. 29, the Aztecs will travel to La Jolla, Calif., for a double dual meet against UC San Diego and Hawai'i at UCSD's Canyonview Pool. The first event is scheduled to get underway at noon.

SENIOR DAY

With Friday's meet vs. Wyoming being the final home contest of the season, the Aztecs will take the opportunity to honor five senior swimmers who will be making their final appearances for SDSU at the Aquaplex. That group includes Kim Bierwith, Allison Hall, Emilee Jennings, Allison Stuhr and Brooke Vessey.

HEAD COACH MIKE SHRADER

SDSU head coach Mike Shrader is in his fourth season with the Aztecs and has compiled a dual meet record of 46-13 (.780) during his tenure. Shrader was named the Mountain West Conference Coach of the Year at the conclusion of MWC championship meet each of the past two seasons (co-coach in 2009). His career record including eight seasons at Nevada stands at 135-25-1 (.842).

LAST TIME OUT

San Diego State recorded three victories in a triple dual meet in Bakersfield, Calif., on Saturday, Jan. 15. Those wins came over Fresno State (178-119), UC San Diego (183-111) and Cal State Bakersfield (213-81).

Six different swimmers had first-place finishes including Melanie Garibaldi (1000 free), Leona Jennings (100 free), Stephanie Koch (500 free), Kelly Marquenie (200 free), Berklie Oscarson (200 IM) and Katelyn Weddle (100 breast). In addition, SDSU won both relays (200 medley and 400 free) while Kristen Meier captured the 1-meter and 3-meter diving competitions.

MEIER SETS THREE DIVING RECORDS

Junior Kristen Meier broke her won school record in the 3-meter diving event with a score of 323.75 during the meet at Cal State Bakersfield on Jan. 15. She also holds the Aztec record in the 1-meter and platform diving as well.

For her efforts, Meier was named the Mountain West Conference Diver of the Week for the second consecutive week. It marked the third time she has received the league honor this season.

Meier has won both the 1-meter and 3-meter events at each of SDSU's last three dual meet. She has qualified for the Zone E regional meet in both boards as well. That competition is scheduled for March 10-12 at the University of Minnesota.

AZTECS ENJOYING BEST SEASON EVER

San Diego State's 15 wins this season is a record for the swimming and diving program. The previous high was 14 set last season. The team is also having its best conference season in program history with last season's 5-3 mark standing as the previous best. With four dual meets remaining in the 2010-11 season, the Aztecs' 15-0 record is the top winning percentage in a season for the swimmers and divers.

NON-CONFERENCE WIN STREAK

With last weekend's three dual meet wins, SDSU extended its streak of 35 straight dual meet victories against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In head coach Mike Shrader's three-plus seasons, the Aztecs have not lost to a non-conference foe.

THERE'S NO PLACE LIKE HOME

San Diego State has also runs its home dual meet win streak to nine going back to last season. With victories in its six contests at home during the 2010-11 campaign, SDSU's record at the Aztec Aquaplex stands at 25-3 since the facility opened in the spring of 2008.

AZTECS NATIONALLY RANKED

San Diego State is ranked No. 24 in the nation in the latest poll released by the College Swim Coaches of America Association on January 12. The next poll is scheduled to be released on February 17.

AQUAPLEX RECORD SETTERS

Thus far during the 2010-11 season, San Diego State swimmers and divers have set eight individual Aztec Aquaplex swimming records along with two new diving and three relay marks. Aztecs swimmers and divers currently hold 14 Aquaplex records out of the 20 events ever held at the facility. Pool records set this season are as follows:

Swimmer	Event	Time
Stephanie Koch100 Free51.14
Kelly Marquenie500 Free4:55.66
Kelly Marquenie1000 Free9:57.83
Leona Jennings100 Back54.86
Leona Jennings200 Back2:00.96
Leona Jennings400 IM4:25.98
Katelyn Weddle100 Breast1:02.06
Katelyn Weddle200 Breast2:16.53
Kristen Meier1-Meter Diving301.05
Kristen Meier3-Meter Diving314.85
Marquenie, Koch, E. Jennings, Crider	400 Free Relay3:26.09
L. Jennings, Weddle, Vessey, E. Jennings	200 Medley Relay1:43.28
Vessey, Macklin, L. Jennings, Marquenie	400 Medley Relay3:35.92

UP NEXT

San Diego State will conclude the dual meet portion of its 2010-11 season schedule when it travels across town to face the University of San Diego on Saturday, Feb. 4. That contest will be held at the USD Sports Center Pool beginning at noon. Following that meet, the Aztecs will have two weeks to prepare for the 2011 MWC Championships to be held Feb. 23-26 in Oklahoma City.



AZTEC SWIMMING AND DIVING

2010-11 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Kim Bierwith	Free, Fly	5-5	Sr.	1V	Danville, Calif. (Diablo Valley JC)
Shannon Bray	Fly, Free	5-9	Jr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	So.	1V	Woodinville, Wash. (Redmond HS)
Melissa Church	Free, Fly	5-4	Sr.	2V	Aliso Viejo, Calif. (Saddleback JC)
Tarin Corwin	Free, Back	5-7	Jr.	1V	Blue Springs, Mo. (Texas A&M)
Heather Cramer	Fly, IM	5-9	Sr.	1V	Rohnert Park, Calif. (Santa Rosa JC)
Jessica Crider	Free	5-9	So.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	Fr.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Jr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free	5-7	So.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Keri George	Fly, Free	5-7	So.	HS	Danville, Calif. (San Ramon Valley HS)
Allison Hall	Fly, IM	5-2	Sr.	2V	Camarillo, Calif. (Boise State)
Emilee Jennings	Free, Breast	5-9	Sr.	1V	Seattle, Wash. (Washington)
Leona Jennings	Back, Free, IM	5-9	So.	1V	Seattle, Wash. (Mt. Ranier HS)
Stephanie Koch	Free, Fly	5-10	So.	1V	Boone, Iowa (Ames HS)
Hattie Lamping	Diving	5-2	Fr.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	Fr.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	Fr.	HS	Gold Coast, Australia (Emmanuel College)
Alexis McCoy	Free, Back, Fly	5-8	Jr.	2V	San Diego, Calif. (Seisen International School)
Kristen Meier	Diving	5-8	Jr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	Fr.	HS	San Ramon, Calif. (California HS)
Berklie Oscarson	Back, IM	5-9	Fr.	HS	Altadena, Calif. (San Marino HS)
Lauren Parrett	Breast, Free	5-8	Fr.	HS	Irvine, Calif. (University HS)
Shelley Perkins	Free, Fly	5-6	So.	1V	Littleton, Colo. (Chatfield HS)
Olivia Sefton	Fly, IM	5-9	Fr.	HS	Nottingham, England (Friesland School)
Shaida Solimani	Back, Free	5-9	So.	1V	Blue Springs, Mo. (Blue Springs HS)
Anna Steiner	Diving	5-4	Fr.	HS	Seattle, Wash. (International Community School)
Allison Stuhr	Free, Back	5-8	Sr.	1V	Santa Rosa, Calif. (Santa Rosa JC)
Rafaella Suarez	Diving	5-5	So.	1V	Claremont, Calif. (Mt. SAC)
Brooke Vessey	Fly, Free, Back	5-2	Sr.	3V	Redlands, Calif. (Redlands HS)
Katelyn Weddle	Breast, Free	5-6	So.	1V	Yuma, Ariz. (Kofa HS)
Taylor Yamagata	Breast	5-6	Fr.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	So.	1V	Santa Maria, Calif. (Pioneer Valley HS)

Head Coach: Mike Shrader (Texas A&M '81), 4th Season
Assistant Coach: Brendon Bray (Washington '07), 4th Season
Diving Coach: Roland McDonald (Michigan State '87), 1st Season
Volunteer Assistant Coach: Jamie Vessey (San Diego State '09), 2nd Season



BY CLASS

Seniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Allison Stuhr, Brooke Vessey

Juniors (5)

Shannon Bray, Tarin Corwin, Kristen Meier, Aina Eill, Alexis McCoy

Sophomores (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Shaida Solimani, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

Freshmen (10)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Olivia Sefton, Anna Steiner, Tylor Yamagata

BY STATE/COUNTRY

Arizona (1)

Katelyn Weddle

California (17)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Jordan Devine, Keri George, Allison Hall, Mikaela Macklin, Alexis McCoy, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Taylor Yamagata, Meghan Zimmer

Colorado (1)

Shelley Perkins

Iowa (1)

Stephanie Koch

Missouri (2)

Tarin Corwin, Shaida Solimani

Nevada (1)

Shannon Bray

New York (1)

Kristen Meier

Ohio (1)

Hattie Lamping

Washington (4)

Maureen Cardwell, Emilee Jennings, Leona Jennings, Anna Steiner

Australia (2)

Melanie Garibaldi, Kelly Marquenie

Canada (1)

Aina Eill

England (1)

Olivia Sefton