

SDSU Cross Country



This Week: Sept. 18 - 60th annual Aztec Invitational, San Diego, Calif. (Balboa Park), 8 a.m.

2004 Schedule

Date	Meet	Result/Time
Sept. 4	at Fullerton Invitational 14th of 19 (Brea, Calif.)	
Sept. 11	at Fresno St. Invitational 8th of 10 (Fresno, Calif.)	
Sept. 18	Aztec Invitational (San Diego, Calif.)	8 a.m.
Sept. 25	at Stanford Invitational (Palo Alto, Calif.)	4 p.m.
Oct. 2	at UC Riverside Invite (Riverside, Calif.)	9 a.m.
Oct. 9	Pre-MWC Meet (San Diego, Calif.)	10 a.m.
Oct. 16	at Long Beach Invitational (Long Beach, Calif.)	8 a.m.
Oct. 30	2004 MWC Championships (San Diego, Calif.)	9 a.m.
Nov. 13	at NCAA West Regional (Fresno, Calif.)	9 a.m.
Nov. 22	at NCAA Championships (Terre Haute, Ind.)	9:15 a.m.

Home meets in bold, held at Balboa Park
All times local to site

2004 ROSTER

Athlete	Yr.	Hometown
Ali Baker	Jr.	Pine Valley, Calif.
Larnie Boyd	Fr.	Vallejo, Calif.
Sara Cates	So.	Carlsbad, Calif.
Christal Cuadra	Jr.	Honolulu, Hawai'i
Brookie Dettermann	Fr.	Santa Cruz, Calif.
Jackie Duncan	Jr.	Syracuse, N.Y.
Christian Fairing	So.	Irvine, Calif.
Emily Joller	Sr.	Rancho Bernardo, Calif.
Briana Powell	Fr.	Long Beach, Calif.
Stephanie Rickerts	Fr.	Vista, Calif.
Kristen Scanlon	Fr.	Concord, Calif.
Jamillah Titus	Jr.	American Canyon, Calif.
Celeste Tyson	So.	Austin, Texas
Anne Vieira	Fr.	San Diego, Calif.

Head Coach: Rahn Sheffield
Assistants: Jennifer Nanista

2003 RESULTS

Date	Meet	Place/Teams
Aug. 30	Fullerton Invite	6th of 14
Sept. 13	59th Annual Aztec Invite	6th of 14
Sept. 20	Univ. of Hawai'i Invite	3rd of 11
Sept. 27	Stanford Invite	12th of 26
Oct. 4	Pre-MWC Meet	6th of 6
Oct. 11	UCSD Invite	3rd of 21
Oct. 18	Long Beach Invite	1st of 9
Nov. 1	MWC Championships	6th of 8
Nov. 15	NCAA Regionals	15th of 31

Cross Country to Host 60th Annual Aztec Invitational Saturday

• In its first of three home meets, the San Diego State women's cross country team plays host to the 59th Annual Aztec Invitational Saturday at Balboa Park.

The women's open division kicks off the day at 8:00 a.m. and is followed by the women's invitational at 8:45 a.m. The men's open and invitational races begin at 9:15 and 10 a.m., respectively.

The women will run a 5K and the men are set for an 8K. The race begins and ends to the north and south of Laurel Street.

16 teams are expected to compete in the women's invitational meet, including No. 15 Northern Arizona and 20th-ranked Arizona. In the men's invitational meet, 14 teams are slated to compete, including two 2003 NCAA championship participants, Northern Arizona, who finished third, and Arizona, who took 23rd.

Aztec Invitational History

• **History Tid-bits:** The meet first began with a men's race on December 18, 1943 ... a women's division was introduced 34 years later in 1977 ... for the first time in its history, the Aztec Invitational was canceled in 2001 due to the events of September 11, and was not rescheduled ... former San Diego prep and UCLA standout Mebrahtom Keflezighi owns the meet record in the 8K of 24:37 (1995), while Arizona's Joan Hansen ran the fastest women's race in 16:47 (1981).

• A year ago, the Aztecs finished sixth out of 14 teams in the invitational race.

• Then senior Marie Nilsson led the squad with a time of 18:23, finishing fourth out of 125 runners. Following Nilsson was sophomore standout Christal Cuadra (19:07), who placed 16th.

• Northern Arizona and UCLA finished in the first and second spots. NAU's Johanna Nilsson won the individual title with a time of 17:58, while Concordia College took the women's open title.

2003 Aztec Invite Results (Invitational Division)

• Final Team Results (Top 6): 1. Northern Arizona, 55; 2. UCLA, 81; 3. Southern Utah, 106; 4. UC Irvine, 131; 5. USC, 148; 6. SDSU, 156.

• Aztec Individual Results (2004 returnees only): 16. Christal Cuadra (19:07); 37. Celeste Tyson (19:46); 58. Christian Fairing (20:13); 93. Jamillah Titus (21:35).

Last Week At the Fresno Invitational

• The San Diego State cross country team finished eighth out of 10 teams at the Fresno State Invitational in Fresno, Calif on Saturday morning. The Aztecs ended up with 237 points at a meet won by UC Santa Barbara (20 points).

"I am pleased with how the team ran," said assistant coach Jennifer Nanista. "Our pack was better and we stepped it up from last week."

Sophomore Celeste Tyson (Austin, Texas) was the first SDSU runner to cross the finish line, coming in 51st of 109 runners with a 5K time of 19:31, 15 seconds faster than her Aztec career best time. Behind her was sophomore Ali Baker (Pine Valley, Calif.) who placed 53rd with a personal best time of 19:34.

Juniors Jackie Duncan (Syracuse, N.Y.) (63rd place, 19:42), Jamillah Titus (American Canyon, Calif.) (67th, 19:52) and freshman Brookie Dettermann (Santa Cruz, Calif.) (68th, 19:54) also finished in the top-70 for SDSU.

The Aztecs return home for the first of their three home meets this season, the 60th Annual Aztec Invitational at Balboa Park at 8 a.m. Saturday.

Fresno Results

• Final Team Results: 1. UC Santa Barbara, 20; 2. Chico State, 52; 3. Cal Poly San Luis Obispo, 77; 4. San Jose State, 99; 5. UC Berkeley, 144; 6. Santa Clara, 176; 7. Fresno State, 203; **8. San Diego State, 237**; 9. Cal State Bakersfield, 245; 10. Cal State Sacramento, 300.

• Final Aztec Individual Results (5K): 51. Celeste Tyson (19:31); 53. Ali Baker (19:34); 63. Jackie Duncan (19:42); 67. Jamillah Titus (19:52); 68. Brookie Dettermann (19:54); 84. Sara Cates (20:44); 94. Kristen Scanlon (21:35); 95. Emily Joller (21:42).

2003 Aztec Top Times

Athlete	Top 5K	Meet
1. Marie Nilsson	18:23.00	Aztec Invitational
2. Christal Cuadra	18:39.80	CSU Fullerton Opener
3. Christal Cuadra	19:07.00	Aztec Invitational
4. Allison Brown	19:18.30	CSU Fullerton Opener
5. Jamillah Titus	19:45.00	UC Riverside Invitational
6. Celeste Tyson	19:46.00	Aztec Invitational
7. Emily Wynne	19:48.00	UC Riverside Invitational
8. Angie Fitzpatrick	19:51.40	UC Riverside Invitational
9. Tina Fodor	19:54.50	CSU Fullerton Opener
10. Christian Fairing	19:55.00	CSU Fullerton Opener

Athlete	Top 6K	Meet
1. Marie Nilsson	21:04.00*	NCAA West Regionals
2. Marie Nilsson	21:53.00	Stanford Invitational
Marie Nilsson	21:53.00	MWC Championships
4. Kylie Edwards	22:09.00	NCAA West Regionals
5. Marie Nilsson	22:20.00	Long Beach Invitational
6. Christal Cuadra	22:25.00	NCAA West Regionals
7. Marie Nilsson	22:30.00	UCSD Triton Classic
8. Christal Cuadra	22:32.00	Stanford Invitational
9. Christal Cuadra	22:54.00	Long Beach Invitational
10. Christal Cuadra	23:00.60	UCSD Triton Classic

*School Record

2004 Aztec Top Times

Athlete	Top 5K	Meet
1. Celeste Tyson	19:31.00	Fresno State Invitational
2. Ali Baker	19:34.00	Fresno State Invitational
3. Jackie Duncan	19:42.00	Fresno State Invitational
4. Jackie Duncan	19:49.70	CSU Fullerton Opener
5. Jamillah Titus	19:52.00	Fresno State Invitational
6. Brookie Dettermann	19:54.00	Fresno State Invitational
7. Ali Baker	20:14.20	CSU Fullerton Opener
8. Brookie Dettermann	20:20.20	CSU Fullerton Opener
9. Sara Cates	20:44.00	Fresno State Invitational
10. Kristen Scanlon	21:35.00	Fresno State Invitational

