



# AZTEC SWIMMING AND DIVING

THIS WEEK: Wed.-Sat., Feb. 23-26 .....MWC Championships.....at Oklahoma City CC .....Oklahoma City, Okla .....All Day

## 2010-11 SCHEDULE

Dual Record: 19-0 (7-0 Home; 6-0 Away; 6-0 Neutral)  
(8-0 Mountain West Conference)

Date	Opponent	Time/Result
Sep. 24	San Diego - Pentathlon	.....NTS
Oct. 2	Oregon State	.....W, 150-125
Oct. 23	at New Mexico*	.....W, 211-89
	Colorado State*	.....W, 208-92
	Air Force*	.....W, 245-55
Nov. 4	Brigham Young*	.....W, 173-127
Nov. 6	at TCU*	.....W, 173-123
Nov. 18-20	at Toshiba Classic (Swim)	...4th of 19
Nov. 18-20	at Wildcat Invitational (Diving)	.....NTS
Nov. 20	vs. Utah*	.....W, 153-127
Dec. 4	at UNLV*	.....W, 159-134
Jan. 7	Northern Colorado	.....W, 107-87
	Tulane	.....W, 105-85
Jan. 8	Northern Colorado	.....W, 90-70
	Tulane	.....W, 93-65
Jan. 9	at Bruin Diving Invitational	.....NTS
Jan. 11	Sprint Eliminator (at USD)	...1st of 3
Jan. 15	at Cal State Bakersfield	.....W, 213-81
	Fresno State (at CSUB)	.....W, 178-119
	UC San Diego (at CSUB)	.....W, 183-111
Jan. 28	Wyoming*	.....161-128
Jan. 29	at UC San Diego	.....207-86
	Hawai'i (at UCSD)	.....152-144
Feb. 5	at San Diego	.....W, 150-136
Feb. 23-26	MWC Championships+	.....All Day
Mar. 10-12	Zone Diving Meet^	.....All Day
Mar. 17-19	NCAA Championships#	.....All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex  
NTS indicates no teams scores kept

\* Mountain West Conference meet

+ at Oklahoma City, Okla. (Oklahoma City CC host)

^ at Minneapolis, Minn. (Minnesota host)

# at Austin, Texas (Texas host)

## QUICK FACTS

Location	.....San Diego, Calif.
Founded	.....1897
Enrollment	.....32,396
Nickname	.....Aztecs
Colors	.....Scarlet and Black
Conference	.....Mountain West
President	.....Dr. Stephen L. Weber
Athletic Director	.....Jim Sterk

## TEAM INFORMATION

Head Coach	.....Mike Shrader
Dual Record at SDSU	.....50-13 (4th season)
Career Record	.....139-25-1 (12th season)
Swimming Office Phone	.....(619) 594-5883
E-Mail	.....mshrader@mail.sdsu.edu
Assistant Coach	.....Brendon Bray
Diving Coach	.....Roland McDonald
Volunteer Assistant Coach	.....Jamie Vessey
Strength & Conditioning Coach	.....Jon Francis
2009-10 Dual-Meet Record	.....14-3
2009-10 MWC Record	.....5-3 (4th)
2010 MWC Championship Meet	.....3rd, 375 pts.
Letterwinners Returning/Lost	.....21/7
Newcomers	.....11
Home Facility	.....Aztec Aquaplex

## MEDIA RELATIONS

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## THIS WEEK

The San Diego State swimming and diving team will travel to the Midwest this week for the annual Mountain West Conference Championships that begin Wednesday (Feb. 23) and run through Saturday (Feb. 26). The meet is hosted by Oklahoma City Community College at the OCCC Aquatic Center in Oklahoma City.

## PAST CHAMPIONSHIP FINISHES

San Diego State's best finish at the Mountain West Conference Championships came last year when it was third with 583 points. SDSU's all-time results at the conference title meet are as follows:

Year	Place	Points
2000	.....6th	.....316
2001	.....6th	.....357
2002	.....7th	.....362
2003	.....8th	.....263
2004	.....8th	.....231.5
2005	.....8th	.....153
2006	.....9th	.....176
2007	.....9th	.....145
2008	.....8th	.....161
2009	.....6th	.....375
2010	.....3rd	.....583

## AZTECS ENJOYING BEST SEASON EVER

San Diego State capped off a perfect dual meet season with a victory at USD on Feb. 5. The win allowed the Aztecs to finish their 2010-11 regular season with an overall record of 19-0 for a perfect 1.000 winning percentage. SDSU's 19 wins is a record for the swimming and diving program. The previous high was 14 set last season. The team's previous best winning percentage for a season came last year when it went 14-3 for an .824 mark.

## SDSU CAPTURES MWC DUAL MEET TITLE

With the win over Wyoming on Jan. 28, San Diego State claimed its first-ever Mountain West Conference regular season dual meet championship. Prior to the 2010-11 campaign, the team's best MWC season came last year when it finished the season in third place with a 5-3 record.

## HEAD COACH MIKE SHRADER

SDSU head coach Mike Shrader is in his fourth season with the Aztecs and has compiled a dual meet record of 50-13 (.794) during his tenure. Shrader was named the Mountain West Conference Coach of the Year at the conclusion of MWC championship meet each of the past two seasons (co-coach in 2009). His career record including eight seasons at Nevada stands at 139-25-1 (.845).

## NON-CONFERENCE WIN STREAK CONTINUES

With the victory at USD earlier this month, SDSU extended its streak of consecutive dual meet victories against non-conference opponents to 36. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In Head Coach Mike Shrader's three-plus seasons, the Aztecs have not lost to a non-conference foe. San Diego State's current dual meet winning streak (which will carry over to next season) stands at 22 in a row including the final three contests from the 2009-10 campaign.

## LAST TIME OUT

The San Diego State swimming and diving concluded its dual meet season with a 150-136 win at the University of San Diego on Feb. 5. Over the course of the meet, San Diego State won 10 of the 12 individual swimming races with nine different Aztecs claiming first-place finishes. Sophomore Meghan Zimmer was the Aztecs' lone swimmer to win two events on the day as she took first in both the 100 and 200 backstroke. Other winners included Kelly Marquenie (1000 freestyle), Katelyn Weddle (100 breaststroke), Brooke Vessey (200 butterfly). Kim Bierwith (50 free), Stephanie Koch (100 free), Melanie Garibaldi (500 free), Mikaela Macklin (200 breaststroke) and Leona Jennings (200 breast).

## DIVER DOMINATES

At the meet against USD, junior Kristen Meier was victorious in both the 1-meter (298.65) and 3-meter (279.45) diving competitions. It marked the seventh time in SDSU's last eight dual meets that she swept both events. She has been named the Mountain West Conference Diver of the Week four times during the 2010-11 season.

## MWC SWIMMER OF THE WEEK

In addition to Meier's four Diver of the Week awards, five Aztec swimmers have been named the MWC Swimmer of the Week on six occasions this season. Freshman distance freestyle specialist Kelly Marquenie earned the honor twice in her first season as an Aztec. She set records in the 500, 1000 and 1650 free this year. Other SDSU swimmers to earn the conference's weekly honor include senior Brook Vessey along with sophomores Katelyn Weddle, Leona Jennings and Stephanie Koch.

## SWIMMING RECORD SETTERS

Aztec swimmers and divers have set a total of eight individual school records and two relay records thus far during the 2010-11 season. New SDSU records have also been recorded in all three diving events. In addition, 47 other marks (33 individual, 15 relay) have been recorded that rank among the top 10 all-time best in SDSU history. San Diego State swim records that have been set this season are as follows:

Swimmer	Event	Time
Kim Bierwith	.....50 Free	.....23:01
Stephanie Koch	.....100 Free	.....50:07
Kelly Marquenie	.....500 Free	.....4:46.78
Kelly Marquenie	.....1000 Free	.....9:53.71
Kelly Marquenie	.....1650 Free	.....16:25.23
Leona Jennings	.....100 Fly	.....55:09
Leona Jennings	.....100 Back	.....53:92
Katelyn Weddle	.....100 Breast	.....1:00:29
Koch, Bierwith, E. Jennings, Solimani	.....200 Free Relay	.....1:31:87
L. Jennings, Weddle, Vessey, Koch	.....400 Medley Relay	.....3:39:28
Leona Jennings	.....100 Fly	.....55:09
Kristen Meier	.....1-Meter Diving	.....301.05
Kristen Meier	.....3-Meter Diving	.....323.75
Kristen Meier	.....Platform Diving	.....217.90



# AZTEC SWIMMING AND DIVING

## 2010-11 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Kim Bierwith	Free, Fly	5-5	Sr.	1V	Danville, Calif. (Diablo Valley JC)
Shannon Bray	Fly, Free	5-9	Jr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	So.	1V	Woodinville, Wash. (Redmond HS)
Tarin Corwin	Free, Back	5-7	Jr.	1V	Blue Springs, Mo. (Texas A&M)
Heather Cramer	Fly, IM	5-9	Sr.	1V	Rohnert Park, Calif. (Santa Rosa JC)
Jessica Crider	Free	5-9	So.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	Fr.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Jr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free	5-7	So.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Allison Hall	Fly, IM	5-2	Sr.	2V	Camarillo, Calif. (Boise State)
Emilee Jennings	Free, Breast	5-9	Sr.	1V	Seattle, Wash. (Washington)
Leona Jennings	Back, Free, IM	5-9	So.	1V	Seattle, Wash. (Mt. Ranier HS)
Stephanie Koch	Free, Fly	5-10	So.	1V	Boone, Iowa (Ames HS)
Hattie Lamping	Diving	5-2	Fr.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	Fr.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	Fr.	HS	Gold Coast, Australia (Emmanuel College)
Kristen Meier	Diving	5-8	Jr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	Fr.	HS	San Ramon, Calif. (California HS)
Berklie Oscarson	Back, IM	5-9	Fr.	HS	Altadena, Calif. (San Marino HS)
Lauren Parrett	Breast, Free	5-8	Fr.	HS	Irvine, Calif. (University HS)
Shelley Perkins	Free, Fly	5-6	So.	1V	Littleton, Colo. (Chatfield HS)
Olivia Sefton	Fly, IM	5-9	Fr.	HS	Nottingham, England (Friesland School)
Shaida Solimani	Back, Free	5-9	So.	1V	Blue Springs, Mo. (Blue Springs HS)
Anna Steiner	Diving	5-4	Fr.	HS	Seattle, Wash. (International Community School)
Allison Stuhr	Free, Back	5-8	Sr.	1V	Santa Rosa, Calif. (Santa Rosa JC)
Rafaella Suarez	Diving	5-5	So.	1V	Claremont, Calif. (Mt. SAC)
Brooke Vessey	Fly, Free, Back	5-2	Sr.	3V	Redlands, Calif. (Redlands HS)
Katelyn Weddle	Breast, Free	5-6	So.	1V	Yuma, Ariz. (Kofa HS)
Taylor Yamagata	Breast	5-6	Fr.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	So.	1V	Santa Maria, Calif. (Pioneer Valley HS)

**Head Coach:** Mike Shrader (Texas A&M '81), 4th Season

**Assistant Coach:** Brendon Bray (Washington '07), 4th Season

**Diving Coach:** Roland McDonald (Michigan State '87), 1st Season

**Volunteer Assistant Coach:** Jamie Vessey (San Diego State '09), 2nd Season



## BY CLASS

### Seniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Allison Stuhr, Brooke Vessey

### Juniors (5)

Shannon Bray, Tarin Corwin, Kristen Meier, Aina Eill, Alexis McCoy

### Sophomores (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Shaida Solimani, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

### Freshmen (10)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Olivia Sefton, Anna Steiner, Tylor Yamagata

## BY STATE/COUNTRY

### Arizona (1)

Katelyn Weddle

### California (17)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Jordan Devine, Keri George, Allison Hall, Mikaela Macklin, Alexis McCoy, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Taylor Yamagata, Meghan Zimmer

### Colorado (1)

Shelley Perkins

### Iowa (1)

Stephanie Koch

### Missouri (2)

Tarin Corwin, Shaida Solimani

### Nevada (1)

Shannon Bray

### New York (1)

Kristen Meier

### Ohio (1)

Hattie Lamping

### Washington (4)

Maureen Cardwell, Emilee Jennings, Leona Jennings, Anna Steiner

### Australia (2)

Melania Garibaldi, Kelly Marquenie

### Canada (1)

Aina Eill

### England (1)

Olivia Sefton