

TRACK AND FIELD

2008 SCHEDULE

Date	Meet	Time/Result
Jan. 5	National Pole Vault Summit <i>Reno, Nev.</i>	NTS
Feb. 2	Mountain T's Invitational <i>Flagstaff, Ariz.</i>	NTS
Feb. 8-9	Bronco Invitational <i>Nampa, Idaho</i>	NTS
Feb. 16	Husky Classic <i>Seattle, Wash.</i>	NTS
Feb. 28- March 1	MWC Championships <i>Colorado Springs, Colo.</i>	4th of 9 (94 pts.)
March 8	San Diego City Championships <i>La Jolla, Calif.</i>	2nd of 4 (204 pts.)
March 14-15	AZTEC INVITATIONAL <i>San Diego, Calif.</i>	NTS
March 15	NCAA Championships <i>Fayetteville, Ark.</i>	33rd of 63 (6.33 pts.)
March 22	Trojan Invitational Los Angeles, Calif.	9 a.m. PT
March 28-29	Cal-Nevada Championships <i>Fresno, Calif.</i>	10 a.m. PT
April 4-5	Stanford Invitational <i>Palo Alto, Calif.</i>	8 a.m. PT
	Pomona-Pitzer Invitational <i>Claremont, Calif.</i>	10 a.m. PT
April 11-12	Sea Ray Relays <i>Knoxville, Tenn.</i>	10 a.m. ET
April 16-17	Mt. SAC Heptathlon <i>Azusa, Calif.</i>	11 a.m. PT
April 17-20	Mt. SAC Relays <i>Walnut, Calif.</i>	10 a.m. PT
April 19	Beach Invitational <i>Cerritos, Calif.</i>	10 a.m. PT
April 24-26	Penn Relays <i>Philadelphia, Pa.</i>	10 a.m. ET
April 25-26	Triton Invitational <i>La Jolla, Calif.</i>	9 a.m. PT
	Brutus Hamilton Invitational <i>Berkeley, Calif.</i>	10 a.m. PT
May 3	Steve Scott Invitational <i>Irvine, Calif.</i>	10 a.m. PT
May 14-17	MWC Championships <i>Fort Worth, Texas</i>	10 a.m. CT
May 30-31	NCAA West Regionals <i>Northridge, Calif.</i>	4 p.m. PT
June 11-14	NCAA Championships <i>Des Moines, Iowa</i>	TBA

- Indicates indoor meet

All times local to site and subject to change

Bold indicates the meet of the week

CAPS indicates meet at SDSU Sports Deck



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SDSU Track and Field Set to Compete at Trojan Invitational

Saturday, March 22 // Loker Stadium // Los Angeles, Calif.

Looking at the Week

With the indoor track and field season in the rearview mirror, San Diego State will focus solely on the outdoor season beginning with Saturday's Trojan Invitational at Loker Stadium on the campus of the University of Southern California.

The one-day event will begin at 9 a.m. PDT with the javelin throw and will conclude at 4 p.m. with the 4x400-meter relay.

After resting key athletes at the San Diego City Championships two weeks ago and having two of its main point-scorers at the NCAA Indoor Track and Field Championships last weekend, the Trojan Invitational will serve as the first full-squad meet of the outdoor season for the Aztecs.

Next weekend, San Diego State will travel to Fresno, Calif., to defend its title at the prestigious Cal-Nevada Championships, set for March 28-29.

Aztecs Earn All-America Honors

Last weekend, San Diego State sent senior Karoline Koehler and sophomore Stephanie Bagan to Fayetteville, Ark., for the NCAA Indoor Track and Field Championships and they certainly did not disappoint.

Koehler, who entered the triple jump competition with the 13th-best mark in Division I, finished in third place with an effort of 44 feet, 8.25 inches.

The All-America performance was a new personal record and broke her own school record of 43-5.00 set her last time out at the Mountain West Conference Indoor Track and Field Championships. What is more impressive is the fact that she posted her third-place distance on her last jump after committing a foul on two of her previous three attempts. Going into the final attempt, her longest jump was 43-4.25. If she had not jumped farther than that, she would have finished in 11th place.

Bagan, meanwhile, joined Koehler as an All-American after she finished in eighth place in the pole vault with a clearance of 13-5.25.

One year after finishing in 14th place with a vault of 13-1.50, Bagan returned to the site and improved upon her performance and placing to become the second San Diego State pole vaulter in the last three years, joining Erin Asay, to earn indoor track and field All-America honors.

Koehler and Bagan are just the second and third SDSU athletes in the history of the program to earn indoor track and field All-American accolades.

More Notes from Indoor Nationals

San Diego State logged its best-ever finish at the national indoor meet after it earned 6.33

points to finish in 33rd place among 63 scoring schools.

Koehler earned the Aztecs six points after placing third in the triple jump, while Bagan recorded 0.33 points after tying Oregon's Melissa Gergel and UCLA's Tori Anthony for eighth place in the pole vault.

SDSU's final team rank was tops among all MWC schools after Brigham Young came in 46th with four points and TCU in 56th with just two points. Air Force also competed but did not score.

With Bagan being named an All-American, San Diego State's total for All-American pole vaulters increases to four (1999-Aimee Crabtree, 2005-Shayla Valentine, 2006-Erin Asay). The Aztecs now stand in third place behind Arkansas (6) and UCLA (5) for most individual All-Americans in Division I pole vaulting.

Let the Qualifying Begin

At its one and only home meet of the season, the Aztec Track and Field Classic, San Diego State began securing spots for the NCAA West Regional Championships with the performances of select athletes on day two of the annual event.

Senior pole vaulters Monica Pacas and Christin Shibley punched their tickets to Northridge, Calif., after they finished 1-2 among Division I competing athletes. Pacas cleared 13-0.25, while Shibley posted a height of 12-7.50 to qualify for a second straight season.

Junior Deontee Kaye guaranteed herself a spot in the triple jump field after she won the event with a qualifying mark of 41-1.50. Kaye will look to do what she did last season at regionals when she finished in second place and advanced to nationals where she became an All-American in the event.

Joining the aforementioned trio will be the SDSU's 4x100 relay team of junior Shana Solomon, senior Alicia Lowery and freshmen Alicia King and Jessika Hornsby. The quartet solidified their spot at regionals with a time of 45.60.

Last Year at the Trojan Invitational

Last year at the Trojan Invitational, San Diego State posted four NCAA regional qualifying efforts and won one event in the non-scoring meet.

Karoline Koehler won the long jump with the second-best performance in school history, 20-4.50, which also qualified her for the regional meet. Koehler also ran the anchor leg of the 4x100 relay, which finished with an NCAA regional qualifying time of 45.64.

Others to regionally qualify were Monica Pacas (pole vault; 12-6.00) and Nicole Stone (400; 54.55).

2008 OUTDOOR BESTS

100 Meters

Athlete	Time	Date	Place	Meet	Site
Shana Solomon	11.89	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Alicia King	11.98	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.
Deontee Kaye	12.04 (o)	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Jessika Hornsby	12.18	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
Alicia Lowery	12.22 (o)	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Shana Watson	12.37 (o)	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
KristaBelle Kiper	12.73 (o)	March 15	11th	Aztec Track and Field Classic	San Diego, Calif.
Briana Johnson	12.88	March 8	t-6th	San Diego City Championships	La Jolla, Calif.
Amber Waddell	12.95	March 8	8th	San Diego City Championships	La Jolla, Calif.
Ashley Silletto	13.93	March 8	17th	San Diego City Championships	La Jolla, Calif.

200 Meters

Athlete	Time	Date	Place	Meet	Site
Alicia King	24.37	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Jessika Hornsby	24.56	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Deontee Kaye	24.63 (o)	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Shana Solomon	24.88	March 8	1st	San Diego City Championships	La Jolla, Calif.
Alicia Lowery	24.84 (o)	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Shana Watson	25.34 (o)	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.
Kyanna Thomas	25.43	March 8	4th	San Diego City Championships	La Jolla, Calif.
KristaBelle Kiper	25.85 (o)	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.
Amber Waddell	25.88	March 8	5th	San Diego City Championships	La Jolla, Calif.
Briana Johnson	26.04	March 8	7th	San Diego City Championships	La Jolla, Calif.
Corri Campbell-Fell	26.52 (o)	March 15	20th	Aztec Track and Field Classic	San Diego, Calif.
Sonya Schmidt	27.54	March 8	15th	San Diego City Championships	La Jolla, Calif.

400 Meters

Athlete	Time	Date	Place	Meet	Site
Kyanna Thomas	56.84	March 8	1st	San Diego City Championships	La Jolla, Calif.
Corri Campbell-Fell	58.46 (o)	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Sonya Schmidt	1:02.07 (o)	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

800 Meters

Athlete	Time	Date	Place	Meet	Site
Darien Buc	2:17.82 (o)	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Lindsay Barajas	2:23.36	March 8	6th	San Diego City Championships	La Jolla, Calif.
Sara Cunningham	2:29.35	March 8	9th	San Diego City Championships	La Jolla, Calif.
Lindsey Deane	2:30.45 (o)	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Michelle Martinez	2:32.85	March 8	11th	San Diego City Championships	La Jolla, Calif.

1,500 Meters

Athlete	Time	Date	Place	Meet	Site
Darien Buc	4:42.65	March 8	1st	San Diego City Championships	La Jolla, Calif.
Michelle Martinez	4:50.43 (o)	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Kristin Glen	4:51.22 (o)	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Stephanie Armstrong	4:53.72 (o)	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Makenzie Mabry	4:54.50 (o)	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Sara Cunningham	4:55.02 (o)	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Lindsay Barajas	4:55.95	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Alyssa Robinson	5:00.81	March 8	12th	San Diego City Championships	La Jolla, Calif.
Andrea Norton	5:06.03 (o)	March 15	8th	Aztec Track and Field Classic	San Diego, Calif.
Sara Beyers	5:12.70	March 8	18th	San Diego City Championships	La Jolla, Calif.
Lindsey Deane	5:30.67	March 8	20th	San Diego City Championships	La Jolla, Calif.

3,000 Meters

Athlete	Time	Date	Place	Meet	Site
Michelle Martinez	10:32.65	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Kristin Glen	10:49.79	March 8	10th	San Diego City Championships	La Jolla, Calif.
Sara Cunningham	10:54.20	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Stephanie Armstrong	10:57.22	March 8	13th	San Diego City Championships	La Jolla, Calif.
Darien Buc	10:57.97	March 8	14th	San Diego City Championships	La Jolla, Calif.
Alyssa Robinson	11:00.41	March 8	16th	San Diego City Championships	La Jolla, Calif.
Makenzie Mabry	11:12.26	March 8	17th	San Diego City Championships	La Jolla, Calif.
Anne Vieira	11:18.27	March 8	18th	San Diego City Championships	La Jolla, Calif.
Sara Beyers	11:18.73	March 8	19th	San Diego City Championships	La Jolla, Calif.

5,000 Meters

Athlete	Time	Date	Place	Meet	Site
Kristin Glen	18:11.81	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Stephanie Armstrong	18:20.68	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Alyssa Robinson	18:48.29	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.
Anne Vieira	19:27.61	March 15	14th	Aztec Track and Field Classic	San Diego, Calif.
Sara Beyers	19:29.20	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.
Makenzie Mabry	19:44.73	March 15	16th	Aztec Track and Field Classic	San Diego, Calif.

100-Meter Hurdles

Athlete	Time	Date	Place	Meet	Site
Briana Johnson	14.59	March 8	2nd	San Diego City Championships	La Jolla, Calif.

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Kristin Olafsdottir	14.65	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Shana Watson	15.19 (o)	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

400-Meter Hurdles

Athlete	Time	Date	Place	Meet	Site
Corri Campbell-Fell	1:00.83	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Kristin Olafsdottir	1:00.89	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.

3,000 Meter Steeplechase

Athlete	Time	Date	Place	Meet	Site
Alyssa Robinson	11:57.37	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
Lindsay Barajas	12:07.30	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

4x100 Relay

Athletes	Time	Date	Place	Meet	Site
King, Solomon, Lowery, Hornsby	45.60	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
King, Solomon, Lowery, Thomas	46.48	March 8	1st	San Diego City Championships	La Jolla, Calif.

4x400 Relay

Athletes	Time	Date	Place	Meet	Site
Thomas, King, Lowery, Waddell	3:50.13	March 8	2nd	San Diego City Championships	La Jolla, Calif.

Pole Vault

Athlete	Mark	Date	Place	Meet	Site
Stephanie Bagan	13-5.25	March 8	1st	San Diego City Championships	La Jolla, Calif.
Monica Pacas	13-0.25	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Christin Shibley	12-7.50	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Dana Jensen	12-3.50	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Katie Vo	12-0.00 (o)	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Joanna Burley	11-9.75	March 8	6th	San Diego City Championships	La Jolla, Calif.
Marie Brown	10-10.25 (o)	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.

Long Jump

Athlete	Mark	Date	Place	Meet	Site
Deontee Kaye	19-0.50	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Shana Watson	18-9.75	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Britney Bennett	17-11.00 (o)	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
KristaBelle Kiper	17-9.50 (o)	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Triple Jump

Athlete	Mark	Date	Place	Meet	Site
Deontee Kaye	41-1.50	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Shana Watson	38-2.75	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Britney Bennett	36-6.25	March 8	4th	San Diego City Championships	La Jolla, Calif.
KristaBelle Kiper	33-10.75	March 8	6th	San Diego City Championships	La Jolla, Calif.

High Jump

Athlete	Mark	Date	Place	Meet	Site
Michelle Dannhausen	4-11.00	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
Natalie Peterson	4-7.50	March 8	t-6th	San Diego City Championships	La Jolla, Calif.
Wendy Bohn	4-7.50	March 8	t-6th	San Diego City Championships	La Jolla, Calif.

Shot Put

Athlete	Mark	Date	Place	Meet	Site
Tamara McMillan	42-1.25	March 8	1st	San Diego City Championships	La Jolla, Calif.
Laura Boggeln	40-0.50	March 8	3rd	San Diego City Championships	La Jolla, Calif.
Andrea Martinez	39-10.50	March 8	4th	San Diego City Championships	La Jolla, Calif.
Michele Dannhausen	35-10.00	March 8	8th	San Diego City Championships	La Jolla, Calif.
Kristin Olafsdottir	35-1.00	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.

Discus Throw

Athlete	Mark	Date	Place	Meet	Site
Michele Dannhausen	146-4	March 8	2nd	San Diego City Championships	La Jolla, Calif.
Andrea Martinez	142-7	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Tamara McMillan	138-2	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
Laura Boggeln	111-5	March 8	7th	San Diego City Championships	La Jolla, Calif.
Robyn Guzman	120-3	March 15	11th	Aztec Track and Field Classic	San Diego, Calif.

Hammer Throw

Athlete	Mark	Date	Place	Meet	Site
Andrea Martinez	158-1	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.
Tamara McMillan	145-4	March 8	3rd	San Diego City Championships	La Jolla, Calif.
Michele Dannhausen	133-0	March 8	4th	San Diego City Championships	La Jolla, Calif.
Robyn Guzman	116-4	March 15	17th	Aztec Track and Field Classic	San Diego, Calif.

Javelin Throw

Athlete	Mark	Date	Place	Meet	Site
Michele Dannhausen	136-0	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Kristin Olafsdottir	115-5	March 8	3rd	San Diego City Championships	La Jolla, Calif.

KEY: ^ - NCAA national provisional qualifying mark, sr - school record, @ - altitude, p - preliminaries, i - invitational, o - open

INDIVIDUAL RESULTS

Stephanie Armstrong

Event	Mark	Date	Place	Meet	Site
1,500m	4:56.96	March 8	7th	San Diego City Championships	La Jolla, Calif.
3,000m	10:57.22	March 8	13th	San Diego City Championships	La Jolla, Calif.
1,500m (o)	4:53.72	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
5,000m	18:20.68	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Stephanie Bagan

Event	Mark	Date	Place	Meet	Site
Pole Vault	13-5.25	March 8	1st	San Diego City Championships	La Jolla, Calif.

Lindsay Barajas

Event	Mark	Date	Place	Meet	Site
800m	2:23.36	March 8	6th	San Diego City Championships	La Jolla, Calif.
1,500m	4:55.95	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
3,000m Steeplechase	12:07.30	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

Britney Bennett

Event	Mark	Date	Place	Meet	Site
Triple Jump	36-6.25	March 8	4th	San Diego City Championships	La Jolla, Calif.
Long Jump	17-3.25	March 8	4th	San Diego City Championships	La Jolla, Calif.
Long Jump (o)	17-11.00	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Triple Jump	34-9.75	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.

Sara Beyers

Event	Mark	Date	Place	Meet	Site
1,500m	5:12.70	March 8	18th	San Diego City Championships	La Jolla, Calif.
3,000m	11:18.73	March 8	19th	San Diego City Championships	La Jolla, Calif.
5,000m	19:29.20	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.

Laura Boggeln

Event	Mark	Date	Place	Meet	Site
Shot Put	40-0.50	March 8	3rd	San Diego City Championships	La Jolla, Calif.
Discus Throw	111-5	March 8	7th	San Diego City Championships	La Jolla, Calif.
Shot Put	38-6.25	March 15	10th	Aztec Track and Field Classic	San Diego, Calif.
Discus Throw	110-9	March 15	14th	Aztec Track and Field Classic	San Diego, Calif.

Wendy Bohn

Event	Mark	Date	Place	Meet	Site
High Jump	4-7.50	March 8	t-6th	San Diego City Championships	La Jolla, Calif.

Darien Buc

Event	Mark	Date	Place	Meet	Site
1,500m	4:42.65	March 8	1st	San Diego City Championships	La Jolla, Calif.
3,000m	10:57.97	March 8	14th	San Diego City Championships	La Jolla, Calif.
800m (O)	2:17.82	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
1,500m	4:50.45	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Marie Brown

Event	Mark	Date	Place	Meet	Site
Pole Vault	10-4.00	March 8	12th	San Diego City Championships	La Jolla, Calif.
Pole Vault (o)	10-10.25	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.

Joanna Burley

Event	Mark	Date	Place	Meet	Site
Pole Vault	11-9.75	March 8	6th	San Diego City Championships	La Jolla, Calif.

Corri Campbell-Fell

Event	Mark	Date	Place	Meet	Site
400m	59.89	March 8	4th	San Diego City Championships	La Jolla, Calif.
400m Hurdles	1:02.25	March 8	3rd	San Diego City Championships	La Jolla, Calif.
200m (o)	26.52	March 15	20th	Aztec Track and Field Classic	San Diego, Calif.
400m (o)	58.46	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
400m Hurdles	1:00.83	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Sara Cunningham

Event	Mark	Date	Place	Meet	Site
800m	2:29.35	March 8	9th	San Diego City Championships	La Jolla, Calif.
1,500m	5:03.27	March 8	14th	San Diego City Championships	La Jolla, Calif.
1,500m (o)	4:55.02	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
3,000m	10:54.20	March 15	8th	Aztec Track and Field Classic	San Diego, Calif.

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Michele Dannhausen

Event	Mark	Date	Place	Meet	Site
Shot Put	35-10.00	March 8	8th	San Diego City Championships	La Jolla, Calif.
Discus Throw	146-4	March 8	2nd	San Diego City Championships	La Jolla, Calif.
Hammer Throw	133-0	March 8	4th	San Diego City Championships	La Jolla, Calif.
Javelin Throw	116-2	March 8	2nd	San Diego City Championships	La Jolla, Calif.
High Jump	4-11.00	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
Discus Throw	131-4	March 15	8th	Aztec Track and Field Classic	San Diego, Calif.
Hammer Throw	127-3	March 15	12th	Aztec Track and Field Classic	San Diego, Calif.
Javelin Throw	136-0	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Lindsey Deane

Event	Mark	Date	Place	Meet	Site
800m	2:41.91	March 8	13th	San Diego City Championships	La Jolla, Calif.
1,500m	5:30.67	March 8	20th	San Diego City Championships	La Jolla, Calif.
800m (o)	2:30.45	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Kristin Glen

Event	Mark	Date	Place	Meet	Site
1,500m	4:52.24	March 8	5th	San Diego City Championships	La Jolla, Calif.
3,000m	10:49.79	March 8	10th	San Diego City Championships	La Jolla, Calif.
1,500m (o)	4:51.22	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
5,000m	18:11.81	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.

Robyn Guzman

Event	Mark	Date	Place	Meet	Site
Discus Throw	104-10	March 8	10th	San Diego City Championships	La Jolla, Calif.
Hammer Throw	105-3	March 8	8th	San Diego City Championships	La Jolla, Calif.
Discus Throw	120-3	March 15	11th	Aztec Track and Field Classic	San Diego, Calif.
Hammer Throw	116-4	March 15	17th	Aztec Track and Field Classic	San Diego, Calif.

Jessika Hornsby

Event	Mark	Date	Place	Meet	Site
100m	12.18	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
200m	24.56	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
4x100m (King, Soloman, Lowery)	45.60	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Dana Jensen

Event	Mark	Date	Place	Meet	Site
Pole Vault	12-1.50	March 8	4th	San Diego City Championships	La Jolla, Calif.
Pole Vault	12-3.50	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Briana Johnson

Event	Mark	Date	Place	Meet	Site
100m	12.88	March 8	t-6th	San Diego City Championships	La Jolla, Calif.
200m	26.04	March 8	7th	San Diego City Championships	La Jolla, Calif.
100m Hurdles	14.59	March 8	2nd	San Diego City Championships	La Jolla, Calif.
100m (o)	13.05	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	26.67	March 15	23rd	Aztec Track and Field Classic	San Diego, Calif.
100m Hurdles	15.16	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

Deontee Kaye

Event	Mark	Date	Place	Meet	Site
100m	12.65	March 8	4th	San Diego City Championships	La Jolla, Calif.
100m (o)	12.04	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	24.63	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Long Jump	19-00.50	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
Triple Jump	41-01.50	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.

Alicia King

Event	Mark	Date	Place	Meet	Site
100m	12.66	March 8	5th	San Diego City Championships	La Jolla, Calif.
200m	26.56	March 8	12th	San Diego City Championships	La Jolla, Calif.
4x100 (Solomon, Lowery, Thomas)	46.48	March 8	1st	San Diego City Championships	La Jolla, Calif.
4x400 (Thomas, Lowery, Waddell)	3:50.13	March 8	2nd	San Diego City Championships	La Jolla, Calif.
100m	11.98	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.
200m	24.37	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
4x100m (Soloman, Lowery, Hornsby)	45.60	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

KristaBelle Kiper

Event	Mark	Date	Place	Meet	Site
100m	12.88	March 8	t-6th	San Diego City Championships	La Jolla, Calif.
200m	26.00	March 8	6th	San Diego City Championships	La Jolla, Calif.
Triple Jump	33-10.75	March 8	6th	San Diego City Championships	La Jolla, Calif.

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Long Jump	16-7.00	March 8	8th	San Diego City Championships	La Jolla, Calif.
100m (o)	12.73	March 15	11th	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	25.85	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.
Long Jump (o)	17-9.50	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Triple Jump	33-6.75	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.

Alicia Lowery

Event	Mark	Date	Place	Meet	Site
100m	12.54	March 8	2nd	San Diego City Championships	La Jolla, Calif.
200m	24.95	March 8	2nd	San Diego City Championships	La Jolla, Calif.
4x100 (King, Solomon, Thomas)	46.48	March 8	1st	San Diego City Championships	La Jolla, Calif.
4x400 (Thomas, King, Waddell)	3:50.13	March 8	2nd	San Diego City Championships	La Jolla, Calif.
100m (o)	12.22	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	24.84	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
100m	12.32	March 15	8th	Aztec Track and Field Classic	San Diego, Calif.
4x100m (King, Soloman, Hornsby)	45.60	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Makenzie Mabry

Event	Mark	Date	Place	Meet	Site
1,500m	4:57.84	March 8	8th	San Diego City Championships	La Jolla, Calif.
3,000m	11:12.26	March 8	17th	San Diego City Championships	La Jolla, Calif.
1,500m (o)	4:54.50	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
5,000m	19:44.73	March 15	16th	Aztec Track and Field Classic	San Diego, Calif.

Andrea Martinez

Event	Mark	Date	Place	Meet	Site
Shot Put	39-10.50	March 8	4th	San Diego City Championships	La Jolla, Calif.
Discus Throw	131-9	March 8	5th	San Diego City Championships	La Jolla, Calif.
Hammer Throw	155-5	March 8	2nd	San Diego City Championships	La Jolla, Calif.
Shot Put	39-8.75	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.
Discus Throw	142-7	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
Hammer Throw	158-1	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.

Michelle Martinez

Event	Mark	Date	Place	Meet	Site
800m	2:32.85	March 8	11th	San Diego City Championships	La Jolla, Calif.
1,500m	4:58.57	March 8	9th	San Diego City Championships	La Jolla, Calif.
1,500m (o)	4:50.43	March 15	1st	Aztec Track and Field Classic	San Diego, Calif.
3,00m	10:32.65	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Tamara McMillan

Event	Mark	Date	Place	Meet	Site
Shot Put	42-1.25	March 8	1st	San Diego City Championships	La Jolla, Calif.
Discus Throw	133-10	March 8	4th	San Diego City Championships	La Jolla, Calif.
Hammer Throw	145-4	March 8	3rd	San Diego City Championships	La Jolla, Calif.
Shot Put	41-7.00	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Discus Throw	138-02	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Andrea Norton

Event	Mark	Date	Place	Meet	Site
1,500m (o)	5:06.03	March 15	8th	Aztec Track and Field Classic	San Diego, Calif.

Kristin Olafsdottir

Event	Mark	Date	Place	Meet	Site
400m Hurdles	1:01.60	March 8	1st	San Diego City Championships	La Jolla, Calif.
Javelin Throw	115-5	March 8	3rd	San Diego City Championships	La Jolla, Calif.
100m Hurdles	14.65	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
400m Hurdles	1:00.89	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.
Shot Put	35-1.00	March 15	15th	Aztec Track and Field Classic	San Diego, Calif.
Javelin Throw	113-7	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

Monica Pacas

Event	Mark	Date	Place	Meet	Site
Pole Vault	12-1.50	March 8	t-2nd	San Diego City Championships	La Jolla, Calif.
Pole Vault	13-0.25	March 15	3rd	Aztec Track and Field Classic	San Diego, Calif.

Natalie Peterson

Event	Mark	Date	Place	Meet	Site
High Jump	4-7.50	March 8	t-6th	San Diego City Championships	La Jolla, Calif.

Alyssa Robinson

Event	Mark	Date	Place	Meet	Site
1,500m	5:00.81	March 8	12th	San Diego City Championships	La Jolla, Calif.
3,000m	11:00.41	March 8	16th	San Diego City Championships	La Jolla, Calif.

SDSU TRACK AND FIELD

5,000m	18:48.29	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.
3,000m Steeplechase	11:57.37	March 15	7th	Aztec Track and Field Classic	San Diego, Calif.

Sonya Schmidt

Event	Mark	Date	Place	Meet	Site
200m	27.54	March 8	15th	San Diego City Championships	La Jolla, Calif.
400m	1:03.42	March 8	10th	San Diego City Championships	La Jolla, Calif.
200m (o)	27.85	March 15	34th	Aztec Track and Field Classic	San Diego, Calif.
400m (o)	1:02.07	March 15	9th	Aztec Track and Field Classic	San Diego, Calif.

Christin Shibley

Event	Mark	Date	Place	Meet	Site
Pole Vault	12-1.50	March 8	t-2nd	San Diego City Championships	La Jolla, Calif.
Pole Vault	12-7.50	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.

Ashley Silletto

Event	Mark	Date	Place	Meet	Site
100m	13.71	March 8	17th	San Diego City Championships	La Jolla, Calif.

Shana Solomon

Event	Mark	Date	Place	Meet	Site
100m	12.16	March 8	1st	San Diego City Championships	La Jolla, Calif.
200m	24.88	March 8	1st	San Diego City Championships	La Jolla, Calif.
4x100 (King, Lowery, Thomas)	46.48	March 8	1st	San Diego City Championships	La Jolla, Calif.
100m	11.89	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.
4x100m (King, Lowery, Hornsby)	45.60	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Kyanna Thomas

Event	Mark	Date	Place	Meet	Site
200m	25.43	March 8	4th	San Diego City Championships	La Jolla, Calif.
400m	56.84	March 8	1st	San Diego City Championships	La Jolla, Calif.
4x100 (King, Solomon, Lowery)	46.48	March 8	1st	San Diego City Championships	La Jolla, Calif.
4x400 (King, Lowery, Waddell)	3:50.13	March 8	2nd	San Diego City Championships	La Jolla, Calif.
200m (o)	25.68	March 15	10th	Aztec Track and Field Classic	San Diego, Calif.
400m	57.94	March 15	5th	Aztec Track and Field Classic	San Diego, Calif.

Anne Vieira

Event	Mark	Date	Place	Meet	Site
3,000m	11:18.27	March 8	18th	San Diego City Championships	La Jolla, Calif.
5,000m	19:27.61	March 15	14th	Aztec Track and Field Classic	San Diego, Calif.

Katie Vo

Event	Mark	Date	Place	Meet	Site
Pole Vault	11-9.75	March 8	5th	San Diego City Championships	La Jolla, Calif.
Pole Vault (o)	12-00.00	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.

Amber Waddell

Event	Mark	Date	Place	Meet	Site
100m	12.95	March 8	8th	San Diego City Championships	La Jolla, Calif.
200m	25.88	March 8	5th	San Diego City Championships	La Jolla, Calif.
4x400 (Thomas, King, Lowery)	3:50.13	March 8	2nd	San Diego City Championships	La Jolla, Calif.
100m (o)	13.09	March 15	17th	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	26.20	March 15	18th	Aztec Track and Field Classic	San Diego, Calif.

Shana Watson

Event	Mark	Date	Place	Meet	Site
100m (o)	12.37	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.
200m (o)	25.34	March 15	6th	Aztec Track and Field Classic	San Diego, Calif.
100m Hurdles (o)	15.19	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
100m Hurdles	15.54	March 15	12th	Aztec Track and Field Classic	San Diego, Calif.
Long Jump	18-9.75	March 15	2nd	Aztec Track and Field Classic	San Diego, Calif.
Triple Jump	38-2.75	March 15	4th	Aztec Track and Field Classic	San Diego, Calif.

KEY: ^ - NCAA national provisional qualifying mark, @ - altitude, sr - school record, p - preliminaries, o - open

AZTEC OUTDOOR RECORD BOOK

100 Meters (*11.75)

11.20.....	Tonette Dyer	2004
11.50.....	Shana Solomon	2007
11.50(a).....	Miesha McKelvy	1999
11.50(a).....	Melinda Smedley	2003
11.59(a).....	Nicole Ireland	2003
11.62.....	Darla Vaughn	1992
11.70.....	Brigitte Moon	1984
11.72.....	Lori Smith	1982
11.75.....	Sherraine Pencil	2007
11.76.....	LaTanya Sheffield	1983

200 Meters (*23.96)

22.34.....	Tonette Dyer	2004
23.30.....	Nicole Ireland	2004
23.32(a).....	Melinda Smedley	2002
23.40.....	Lori Smith	1983
23.58.....	Sherraine Pencil	2007
23.59.....	Shana Solomon	2007
23.74.....	Renee Ross	1985
23.83.....	Miesha McKelvy	1999
23.86.....	Darla Vaughn	1991
23.91.....	Promise Mose	2001

400 Meters (*54.61)

51.15.....	Tonette Dyer	2004
51.33.....	Renee Ross	1985
52.91.....	Nicole Ireland	2003
52.94(a).....	Nicole Stone	2006
53.08(a).....	Jini Hogg	2002
53.09.....	LaTanya Sheffield	1985
53.65.....	Sherraine Pencil	2007
53.88.....	Promise Mose	2000
53.96.....	Malika Freeman	1995
54.01.....	Larnie Boyd	2004

800 Meters (*2:09.80)

2:02.88.....	Renee Ross	1985
2:05.57.....	Monica Joyce	1982
2:06.56.....	Mandy Upuu	2007
2:07.19.....	Lisa Naucler	2007
2:07.39.....	Kylie Edwards	2000
2:08.50.....	Nicole Carmier	2005
2:08.90.....	Jamillah Titus	2003
2:08.96.....	Jennifer Stakiw	2003
2:09.03.....	Kristy Matthews	1995
2:09.69.....	Sharon Yaninek	1984

1,500 Meters (*4:27.80)

4:06.69.....	Monica Joyce	1982
4:16.89.....	Eva Ernstrom	1982
4:17.28.....	Lynn Kanuka	1982
4:27.00.....	Kylie Edwards	2001
4:29.41.....	Sharon Yaninek	1984
4:30.64.....	Jeanne Abare	1978
4:32.03.....	Marie Nilsson	2004
4:32.14.....	Wendy Peterson	1990
4:33.13.....	Lisa Naucler	2007
4:33.18.....	Renee Ross	1986

3,000 Meters^

8:53.24.....	Monica Joyce	1982
8:58.44.....	Eva Ernstrom	1982
9:13.13.....	Lynn Kanuka	1982
9:39.01.....	Marie Nilsson	2004
9:48.51.....	Maureen Bradley	1987
9:49.04.....	Eliana Garcia	1983
9:49.94.....	Laurie Crisp	1983
9:50.19.....	Liz Baker	1981
9:54.04.....	Debra Chaddock	1983

9:54.13.....Wendy Peterson.....1989

5,000 Meters (*16:52.00)

15:45.26.....	Monica Joyce	1982
15:46.37.....	Eva Ernstrom	1982
15:59.34.....	Lynn Kanuka	1982
16:42.44.....	Debra Chaddock	1982
16:43.56.....	Marie Nilsson	2004
16:46.24.....	Liz Baker	1982
16:58.64.....	Laurie Crisp	1983
17:00.80.....	Maureen Bradley	1987
17:15.94.....	Lisa Crampton	2006
17:16.08.....	Lital Azulay	2005

10,000 Meters (#33:30.00; *35:00.00)

34:22.24.....	Lynn Kanuka	1981
34:44.44.....	Liz Baker	1982
34:55.24.....	Debra Chaddock	1982
36:01.00.....	Laurie Crisp	1983
36:31.44.....	Sherrie Torrans	1981
36:46.44.....	Maureen Bradley	1986
37:15.40.....	Mona Lopez	1987
38:02.32.....	Lisa Gross	1983
38:08.18.....	Michele Cox	1998
38:33.35.....	Kirsten Peterson	1989

100-Meter Hurdles (*13.92)

12.82.....	Miesha McKelvy	1999
12.86.....	Deby LaPlante	1979
13.00.....	Darla Vaughn	1992
13.13.....	Daveetta Shepherd	2001
13.21.....	Felicia Stone	2000
13.25.....	Heather Heron	2005
13.28.....	Sue Kameli	1980
13.30.....	Nicole Ireland	2004
13.44.....	Lori Smith	1983
13.46.....	LaTanya Sheffield	1986

400-Meter Hurdles (*1:00.82)

54.64.....	LaTanya Sheffield	1985
56.10.....	Nicole Ireland	2003
58.51.....	Sharifa Cox	1994
58.53.....	Margaret Hemmans	1987
58.90.....	Gaylen Ames	1988
59.03.....	Erica Prodanovich	1992
59.06.....	Heather Heron	2005
59.21.....	Nicole Stone	2007
59.33(a).....	Kristin Olafsdottir	2006
59.82(a).....	Ryan Peters	2003

High Jump (*5-8.75)

5-11.50.....	Lori Clark	1984
5-11.00.....	Patti Stafford	1981
5-10.00.....	Marla Runyan	1989
5-9.50.....	Carrie McLaughlin	1982
5-9.00.....	Veronica Wuerful	1988
5-8.75.....	Nicole Carmier	2005
	Deanne Johnson	1984
5-8.00.....	Jamillah Titus	2004
	Aja Makaila Frary	2001
	Lori Smith	1983

Long Jump (*19-8.25)

20-5.75.....	Lisa Domico	1999
20-4.50.....	Karoline Koehler	2007
20-4.25.....	Deontee Kaye	2007
	Aja Makaila Frary	2001
20-1.00.....	Shana Watson	2006
19-10.50.....	Carrie McLaughlin	1980
19-5.25.....	Tori Respass-Parsons	2005
	Gaylen Ames	1990
19-4.75.....	Melinda Forest	1997
19-4.25.....	Angela McKnight	1987

19-4.25.....Shanon Meyer.....2003

Triple Jump (*40-5.00)

44-4.25.....	Deontee Kaye	2007
43-3.75.....	Karoline Koehler	2007
41-9.75.....	Gaylen Ames	1988
41-8.00.....	Angela McKnight	1988
41-5.50.....	Shana Watson	2006
40-6.75.....	Sharie Green	1989
40-4.25.....	Lisa Domico	1999
40-3.25.....	Nicole Ireland	2003
40-1.25.....	Melinda Forest	1998
40-0.50.....	Marisa Taylor	2001

Pole Vault (*12-7.50)

14-1.25.....	Shayla Balentine	2005
13-9.25.....	Erin Asay	2006
13-5.25.....	Stephanie Bagan	2008
13-2.25.....	Aimee Crabtree	2001
13-1.50.....	Monica Pacas	2007
	Dana VanWagner	2007
12-9.00.....	Patricia Gutierrez	2001
12-8.25.....	Jesika Englebretson	2002-03
12-7.50.....	Christin Shibley	2008
12-6.25.....	Kristi Draher	2000

Shot Put (*46-11.00)

58-3.75.....	Ramona Pagel	1984
51-3.00.....	Laura DeSnoo	1984
49-8.50.....	Candace Hill	2004
48-9.00.....	Cheryl Kennedy	1982
47-7.00.....	Leanne Taylor	2006
46-9.00.....	Kartsi Leppaluoto	1988
46-2.75.....	Bonnie Dasse	1981
45-3.50.....	Carolyn Peters	1990
45-2.00.....	Monica Stoltenburg	1979
43-10.00.....	Julie Dejarlais	1992

Discus (*155-2.00)

196-4.00.....	Laura DeSnoo	1984
186-6.00.....	Ramona Pagel	1984
164-0.00.....	Leanne Taylor	2006
162-9.00.....	Candace Hill	2003
161-3.00.....	Rhonda Loshonkohl	1986
151-10.00.....	Julie Dejarlais	1993
147-1.00.....	Laura Standring	1986
146-8.00.....	Carolyn Peters	1990
146-4.00.....	Michele Dannhausen	2008
145-2.00.....	Katrina Crouch	1999

Javelin (*142-6.00)

178-3.00.....	Liz Mueller	1983
169-10.00.....	Donna Dietrich	1978
163-2.00.....	Lynn Dunton	1979
160-7.00.....	Debbie Dibb	1982
160-1.00.....	Angela Rock	1984
158-9.00.....	L. Hallman	1974
155-10.00.....	Diane Collier	1989
154-6.50.....	Monica Stoltenburg	1979
153-6.00.....	Louise Joubert	1990
152-0.00.....	Leslie Miller	2003

Hammer (*177-8.00)

168-8.00.....	Kellie Scott	1998
164-6.00.....	Candace Hill	2003
158-1.00.....	Andrea Martinez	2008
156-7.00.....	Brittany Lowe	2006

4x100 Relay (*45.70)

44.24.....	Givens, Dyer, Hogg, Smedley	2002
44.45.....	Boyd, Dyer, Heron, Ireland	2003
44.75(a).....	Smedley, Dyer, Peters, Ireland	2003
44.77.....	Peters, Dyer, Hogg, Smedley	2002

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44.84.....Smedley, Dyer, Givens, Ireland2003
45.02.....Sheffield, Robinson, Moon, Ross...1985
45.14.....Sheffield, Smith, Moon, Ross1986
45.20.....Smedley, Dyer, McNair, Ireland2003
45.22.....Givens, Dyer, Heron, Ireland2004
45.22.....Bourne, Sheffield, Charles, Smith 1982

4x200 Relay^

1:32.99.....Smedley, Dyer, McNair, Ireland2003
1:33.31.....Dyer, Ireland, McNair, Boyd2004
1:34.97.....Dyer, Hogg, Ireland, Smedley2003
1:35.74.....Clemons, Brewer, Moon, Ross1984
1:35.98.....Boyd, McNair, Dyer, Givens2004
1:37.48.....Frary, Mose, Smedley, Hogg2001
1:39.39.....Clemons, Ross, Moon, Russell1984

Sprint Medley^ (100-100-200-400)

1:39.19..... Moon, Robinson, Nilson, Ross.....1985
1:40.10..... Clemons, Brewer, Moon, Ross1984
1:42.04..... Hegerle, Charles, Bullard, Collins1981

4x400 Relay (*3:42.00)

3:30.57.....Nilsson, Ross, Robinson, Sheffield1985
3:33.84.....Boyd, Ireland, Dyer, Heron2004
3:34.47.....Hogg, Ireland, Dyer, Givens2003
3:34.77.....McNair, Ireland, Dyer, Givens2003
3:35.19.....Dyer, Ireland, Hogg, McNair2003
3:35.50.....Smith, Ross, Hemmans, Sheffield .1986
3:35.89.....Boyd, Heron, Ireland, Givens2004
3:36.67.....Dyer, Hogg, McNair, Ireland2003
3:36.77.....Dyer, Ireland, Hogg, Givens2003
3:36.80.....Smedley, Dyer, Ireland, McNair2003

4x800 Relay^

8:48.13.....Hemond, Ernstrom, Kanuka, Joyce .1982
8:59.05.....Spencer, Ross, Garcia, Yaninek1984
9:09.04.....Garcia, Collins, O'Connell, Joyce ..1981

Distance Medley Relay^ (12-4-8-16)

11:07.64...Hemond, Sheffield, Joyce, Kanuka ..1982
11:37.77...Boyd, Givens, Carmier, Nilsson2004
11:45.80...Titus, McNair, Boyd, Nilsson.....2004

Heptathlon (#5,500; *5,050)

5,751.....Aja Makaila Frary2001
5,620.....Carrie McLaughlin1983
5,602.....Leslie Miller2003
5,481.....Shanon Meyer2003
5,435.....Lori Smith1983
5,402.....Kristin Olafsdottir.....2006
5,210.....Janine Polischuk.....2004
5,176.....Gaylen Ames1990
5,169.....Marla Runyan.....1991
5,127.....Deanne Johnson1984

3,000-Meter Steeplechase (*10:50.25)

10:23.34.....Marie Nilsson2004
10:42.11.....Lisa Crampton.....2006
10:48.32.....Celeste Tyson.....2006
11:21.72.....Alicia Stewart2003
11:22.68.....Jennifer Stakiw2001

* 2008 NCAA Regional Qualifying Standards
2008 NCAA Championship Qualifying Standard

^ not an NCAA Outdoor Championship event
(a) run at altitude

Bold indicates current athlete