



SAN DIEGO STATE AZTECS

2016-17 Women's Swimming & Diving Notes

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News Release Date: Dec. 30, 2016

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2016-17 SCHEDULE

Record: 7-0 (3-0 Home; 4-0 Away; 0-0 Neutral)

Date	Opponent	Time/Result
Sept. 15	at San Diego (Pentathlon)	W, 33-24
Oct. 6	at Pepperdine	W, 155-53
Oct. 7-8	at Chick-fil-A Invitational@	2nd of 6, 825.5 pts.
Oct. 14	UC San Diego	W, 156.50-137.50
	Vanderbilt	W, 168-94
Nov. 4	at Oregon State	W, 139-113
Nov. 5	at Oregon State	W, 109-89
Nov. 11-13	at USC Diving Invitational	NTS
Nov. 17-19	at A3 Performance Invit.#	2nd of 10, 1138.5 pts.
Nov. 17-19	at Northern Arizona Diving Invitational	NTS
Dec. 2	Pepperdine	W, 133-114
Jan. 2	at UC San Diego Invitational	2:00 p.m.
Jan. 3	Rice+	12:00 p.m.
	San Jose State+	12:00 p.m.
Jan. 13-15	at UCLA Diving Invitational	All Day
Jan. 14	Fresno State	10:00 a.m.
	New Mexico	10:00 a.m.
Jan. 20	at San Diego	1:00 p.m.
Jan. 27-28	at Air Force Diving Invitational	All Day
Feb. 15-18	at Mountain West Championships*	All Day
Mar. 6-8	Zone E Diving Championships^	All Day
Mar. 15-18	NCAA Championships%	All Day
Apr. 14	San Diego (Long Course)	2:00 p.m.

@ at Fresno, Calif.
 # at Monterey Park, Calif.
 + at La Jolla, Calif.
 ^ at Flagstaff, Ariz.
 * at College Station, Texas
 % at Indianapolis, Ind.

Home matches in bold
 All times are site times

Meet Week Preview

UCSD Invitational

Monday, Jan. 2 | 2:00 p.m. | Canyonview Aquatic Center | La Jolla, Calif.

Double Dual vs. Rice and San Jose State

Tuesday, Jan. 3 | 12:00 p.m. | Canyonview Aquatic Center | La Jolla, Calif.

THIS WEEK IN AZTEC SWIMMING

The San Diego State swimmers and divers will compete at two meets this week, both at UC San Diego's Canyonview Aquatic Center in La Jolla, Calif. There is no charge for admission or parking at either meet.

On Monday, Jan. 2, the Aztecs will compete in the UCSD Invitational against San Jose State, Boise State, Incarnate Word, Air Force and UC San Diego starting at 2:00 p.m. The meet will consist of eight swimming events (800 medley relay, 100 fly, 100 back, 500 free, 100 breast, 100 free, 200 IM, 200 free relay) along with both the 1-meter and 3-meter diving.

On Tuesday, Jan. 3, SDSU will participate in a double dual meet against Rice and San Jose State beginning at noon. UC San Diego will also compete, but will not score against the Aztecs as the two teams met earlier this season. The meet will include 14 standard swimming events along with both diving competitions.

LAST TIME OUT

The Aztecs improved to 7-0 on the season when they defeated Pepperdine, 133-114, in a dual meet at the Aztec Aquaplex on Dec. 2. Freshman McKenna Meyer won three individual races (200 fly - 2:07.70; 200 back - 2:07.80; 200 breast - 2:27.40) and was a member of the winning 200 free relay squad. Summer Harrison also captured three individual events, winning the 50 free (23.90), 100 free (52.20) and 200 individual medley (2:11.20).

TOP MOUNTAIN WEST TIMES

Nine SDSU swimmers have recorded 19 times that rank among the top 10 in the conference in various events this season. A complete list of those swimmers with their times and where they rank is as follows:

Alma Thormalm	50 Freestyle	23.18 (7th)
Alma Thormalm	100 Freestyle	50.23 (6th)
Peyton Wilson	100 Freestyle	50.60 (9th)
McKenna Meyer	200 Freestyle	1:48.44 (5th)
Frida Berggren	200 Freestyle	1:49.18 (7th)
McKenna Meyer	500 Freestyle	4:46.62 (4th)
McKenna Meyer	1000 Freestyle	10:07.59 (4th)
Corinn Casper	1000 Freestyle	10:19.82 (7th)
McKenna Meyer	1650 Freestyle	16:43.85(5th)
Kate Santilena	100 Backstroke	55.12 (10th)
Morganne McKennan	200 Breaststroke	2:17.12 (8th)
Summer Harrison	100 Butterfly	53.85 (3rd)
Frida Berggren	100 Butterfly	56.50 (5th)
Frida Berggren	200 Butterfly	1:58.76 (1st)
Rachael Kelch	200 Butterfly	2:02.60 (7th)
Frida Berggren	200 Individual Medley	2:00.21 (1st)
Frida Berggren	400 Individual Medley	4:12.89 (1st)
McKenna Meyer	400 Individual Medley	4:22.03 (2nd)
Corinn Casper	400 Individual Medley	4:21.18 (6th)

GENERAL INFORMATION

LocationSan Diego, Calif.
 Founded1897
 Enrollment32,396
 NicknameAztecs
 Colors.....Scarlet and Black
 Conference.....Mountain West
 Affiliation.....Division I
 PresidentDr. Stephen L. Weber
 Director of AthleticsJohn David Wicker
 Faculty Representative.....Patrick Papin
 Home FacilityPeterson Gym (2,000)

AZTEC DIRECTORY

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TEAM INFORMATION

Head Coach.....Mike Shrader
 Alma MaterTexas A&M '81
 Record at SDSU.....122-15 (10th Year)
 Career Record.....211-27-1 (18th Year)
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 Assistant Coach.....Stephen Allnutt
 Diving Coach.....Roland McDonald
 Volunter Assistant Swim Coach.....Nick Wyllie
 Volunter Assistant Diving Coach.....Dennis Taylor
 Student ManagerLaura Day
 2015-16 Record.....11-1
 2015-16 Home Record.....5-1
 2015-16 Road Record.....2-0
 2015-16 Neutral Record.....4-0
 Mountain West Championships Finish.....Third
 Letterwinners Returning/Lost.....17/9
 All-Conference Athletes Returning/Lost.....10/4
 Newcomers.....13 (12 Freshman, 1 JC Transfer)
 Returning Redshirt1

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FRESHMEN ENTER SDSU TOP 10 LISTS

Two Aztec freshmen have entered their names in the SDSU all-time top 10 times list for their events. McKenna Meyer is now included among the top 10 for her times in the 1000 free (10:10.91 - 8th), 1650 free (17:00.56 - 10th), 200 individual medley (2:04.15 - 10th) and 400 individual medley (4:22.03 - 8th). Morganne McKennan's time of 2:18.95 in the 200 breaststroke ranks ninth in program history. In addition to that duo, junior diver Nicole Dutton recorded the seventh-best mark on the 1-meter springboard with a score of 279.95 this season.

AZTEC AQUAPLEX TOP TENS

Three individual times have been recorded by SDSU swimmers this season that rank among the all-time top 10 at the Aztec Aquaplex. McKenna Meyer had the fourth-fastest mark in the 1000 freestyle in pool history (10:10.19) and also the fourth-best mark in the 200 individual medley (2:04.15). Fellow freshman Morganne McKennan had the ninth-fastest time in pool history in the 100 breaststroke (1:04.82). In addition, the foursome of Alma Thormalm, Megan Gianotti, Peyton Wilson and Cailey Steffens swam the 10th-fastest 400 freestyle relay ever at the Aquaplex (3:28.10).

ATHLETES OF THE WEEK

Junior Alexandra Caplan was named the Mountain West Diver of the Week on Nov. 15 for her performance at the USC Diving Invitational (Nov. 11-13). At that meet Caplan placed third on both the 1-meter and 3-meter boards and finished sixth on the platform. Her scores on each board were NCAA Zone qualifying marks allowing her a chance to qualify for the NCAA Championships in March. Freshman McKenna Meyer was selected the Mountain West Swimmer of the Week on Oct. 18 for her effort in the double dual meet wins over Vanderbilt and UC San Diego on Oct. 14. Meyer won the 1000 free in 10:10.91 and also captured first in the 200 individual medley in 2:04.15. Both of those marks ranks among the top 10 all-time in program history. She also took fourth place in the 200 breaststroke in a time of 2:25.42.

Roster

Name	Events	Ht.	Yr.	Exp.	Hometown (Previous School)
Frida Berggren	Fly, IM	5-8	Jr.	2V	Vaster, Sweden (Widenska Gymnasiet)
Alexandra Caplan	Diving	5-4	Jr.	2V	Mission Viejo, Calif. (Mission Viejo HS)
Corinn Casper	Free, IM	5-8	Jr.	2V	Chino Hills, Calif. (Ayala HS)
Makena Chamoures	Diving	5-5	Jr.	2V	San Clemente, Calif. (San Clemente HS)
Alexa Clayfield	Back, IM	5-8	Jr.	JC	Irvine, Calif. (Orange Coast JC)
Nicole Dutton	Diving	5-6	Jr.	2V	Dana Hills, Calif. (Dana Hills HS)
Payton Gabris	Diving	5-1	Jr.	1V	Mission Viejo, Calif. (S.M. Catholic)
Delaney Gallagher	Diving	5-1	Fr.	HS	McLean, Va. (McLean HS)
Madeline Garcia	Free	5-4	Fr.	HS	Long Beach, Calif. (Crean Lutheran HS)
McKenna Garfein	Free, Back	5-5	Sr.	2V	San Diego, Calif. (Towson)
Samantha Guttmacher	Free, Fly	5-6	Sr.	3V	Mesa, Ariz. (Red Mountain HS)
Summer Harrison	Free, Fly	5-7	Jr.	2V	Honolulu, Hawai'i (Mid-Pacific Institute)
Gianna Haugen	Back, IM	5-9	Fr.	HS	Covington, Wash. (Kentwood HS)
Kassidy Henson	Free	5-8	Fr.	HS	Sacramento, Calif. (Granite Bay HS)
Rachael Kelch	IM, Back, Fly	5-6	So.	1V	Metamora, Ill. (Peoria Notre Dame HS)
Allie Klinger	Free, Fly	5-7	Fr.	HS	Brentwood, Calif. (Heritage HS)
Martina Marks	Free	5-8	So.	1V	Ramat-Gan, Israel
Morganne McKennan	Breast, IM	5-7	Fr.	HS	San Jose, Calif. (Archbishop Mitty HS)
McKenna Meyer	IM, Free	5-8	Fr.	HS	Reno, Nev. (Galena HS)
Carolina Mitchell	Free, Fly	5-7	Sr.	3V	Cary, N.C. (Cary HS)
Marina Preiss	Breast, IM	5-9	Jr.	2V	East Hampton, N.Y. (East Hampton HS)
Kate Santilena	Free	5-6	Jr.	2V	Murrieta, Calif. (Chaparral HS)
Alma Thormalm	Free, Fly	5-9	Fr.	CL	Vetlanda, Sweden
Andrea VanderMey	Back, Fly	5-7	Sr.	1V	Novi, Mich. (Western Kentucky)
Courtney Vincent	Fly, Back	5-7	Fr.	HS	Riverside, Calif. (M.L. King HS)
Claire Voss	Breast	5-8	Fr.	HS	Chicago, Ill. (Loyola Academy)
Peyton Wilson	Free	5-10	Fr.	HS	Charleston, S.C. (James Island Charter HS)
Marie Yacopino	Diving	5-3	Fr.	HS	Lansdale, Pa. (North Penn HS)
Cecilia Zaccarelli	Breast, IM	5-7	Jr.	2V	Sao Paulo, Brazil

Head Coach: Mike Shrader (Texas A&M '81), 10th Season
Assistant Coach: Stephen Allnutt (Hawai'i '11), 3rd Season
Diving Coach: Roland McDonald (Michigan State '87), 7th Season
Volunteer Assistant Swim Coach: Nick Wyllie, 1st Season
Volunteer Assistant Diving Coach: Dennis Taylor, 1st Season