

# SDSU 2013 INDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

## 60 METERS

School Record: 7.33 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
7.81	Kristen Brown	T-14th	prelims	New Mexico Classic	02-02-13
8.05	Maderia Toatley	28th	prelims	New Mexico Classic	02-02-13
FS	Maderia Toatley	--	prelims	MW Champs	02-21-13

## 200 METERS

School Record: 23.45 (Shanae Roach, 2011)

Time	Athlete	Place	Notes	Meet	Date
24.52	Maderia Toatley	10th	prelims	MW Champs	02-22-13
24.80	Maderia Toatley	6th		New Mexico Classic	02-01-13
24.67	Nicole Oudenaarden	9th		Don Kirby Elite Invite	02-08-13
24.74	Maderia Toatley	12th		Don Kirby Elite Invite	02-08-13
24.79	Nicole Oudenaarden	15th	prelims	MW Champs	02-22-13
25.14	Nicole Oudenaarden	9th		New Mexico Classic	02-01-13
DQ	Allison Reaser	--	prelims	MW Champs	02-22-13

## 400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
55.67	Shanieka Thomas	2nd	finals/8th AT	MW Champs	02-23-13
55.83	Shanieka Thomas	1st	prelims	MW Champs	02-22-13
55.92	LaQuisha Jackson	4th	10th all-time	New Mexico Classic	02-02-13
55.99	Deyna Roberson	3rd	prelims	MW Champs	02-22-13
56.02	Deyna Roberson	4th	finals	MW Champs	02-23-13
56.85	Shanieka Thomas	6th		New Mexico Classic	02-01-13
57.01	Deyna Roberson	9th		Don Kirby Elite Invite	02-08-13
57.60	Deyna Roberson	9th		New Mexico Classic	02-02-13
57.86	Deyna Roberson	14th		Cherry & Silver Invite	01-19-13
58.05	Maderia Toatley	18th		Cherry & Silver Invite	01-19-13
59.10	Maya Carter	20th	prelims	MW Champs	02-22-13
59.81	Maya Carter	23rd		New Mexico Classic	02-02-13

## 600 METERS

School Record: N/A

Time	Athlete	Place	Notes	Meet	Date
1:36.86	Deyna Roberson	5th		New Mexico Classic	02-01-13

## 800 METERS

School Record: 2:10.45 (Mandy Upuu, 2008)

Time	Athlete	Place	Notes	Meet	Date
2:22.30	Allison Reaser	2nd	pentathlon	MW Champs	02-21-13
2:27.59	Nicole Oudenaarden	4th	pentathlon	MW Champs	02-21-13
2:29.49	Karsen Sper	7th	pentathlon	MW Champs	02-21-13
2:53.23	Brittany Bozeman	18th	pentathlon	MW Champs	02-21-13
DNF	LaQuisha Jackson	--		Cherry & Silver Invite	01-19-13

## 60-METER HURDLES

School Record: 8.24 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
8.28	Kristen Brown	1st	prelims/2nd AT	MW Champs	02-22-13
8.35	Kristen Brown	3rd	finals	Don Kirby Elite Invite	02-08-13
8.37	Kristen Brown	5th	prelims	Don Kirby Elite Invite	02-08-13
8.40	Kristen Brown	1st	finals	UW Final Qualifier	03-01-13
8.40	Kristen Brown	1st	finals	MW Champs	02-23-13
8.40	Kristen Brown	1st	prelims	New Mexico Classic	02-02-13
8.41	Kristen Brown	2nd	finals	New Mexico Classic	02-02-13
8.43	Allison Reaser	1st	pentathlon	MW Champs	02-22-13
8.48	Allison Reaser	3rd	finals	Cherry & Silver Invite	01-19-13
8.49	Allison Reaser	2nd	prelims	MW Champs	02-22-13
8.49	Allison Reaser	11th	prelims	Don Kirby Elite Invite	02-08-13
8.51	Allison Reaser	6th	finals	Don Kirby Elite Invite	02-08-13
8.53	Allison Reaser	3rd	finals	MW Champs	02-23-13
8.56	Alex Evans	4th	finals/9th AT	MW Champs	02-23-13
8.56	Kristen Brown	4th	finals	Cherry & Silver Invite	01-19-13
8.58	Allison Reaser	2nd	prelims	Cherry & Silver Invite	01-19-13
8.70	Alex Evans	7th	prelims	MW Champs	02-22-13
8.71	Kristen Brown	6th	prelims	Cherry & Silver Invite	01-19-13
8.77	Alex Evans	6th	finals	New Mexico Classic	02-02-13
8.86	Nicole Oudenaarden	4th	pentathlon	MW Champs	02-21-13

8.88	Karsen Sper	14th	prelims	Cherry & Silver Invite	01-19-13
8.88	Alex Evans	8th	prelims	New Mexico Classic	02-02-13
8.89	Karsen Sper	5th	pentathlon	MW Champs	02-21-13
8.90	Karsen Sper	11th	prelims	MW Champs	02-21-13
8.95	Karsen Sper	14th	finals	Cherry & Silver Invite	01-19-13
9.03	Alex Evans	17th	prelims	Cherry & Silver Invite	01-19-13
9.09	Nicole Oudenaarden	26th	prelims	Don Kirby Elite Invite	02-08-13
9.18	Brittany Bozeman	8th	pentathlon	MW Champs	02-21-13
9.18	Karsen Sper	13th	finals	New Mexico Classic	02-02-13
9.33	Brittany Bozeman	28th	prelims	Don Kirby Elite Invite	02-08-13
9.37	Brittany Bozeman	26th	prelims	Cherry & Silver Invite	01-19-13
9.41	Alex Evans	29th	prelims	Don Kirby Elite Invite	02-08-13

## 4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007)

Time	Team	Place	Notes	Meet	Date
3:42.11	Al. Reaser, Toatley, Roberson, Thomas	1st	2nd all-time	MW Champs	02-23-13
3:44.41	Al. Reaser, Toatley, Roberson, Thomas	7th		Don Kirby Elite Invite	02-08-13
3:50.26	Thomas, Al. Reaser, Toatley, Roberson	4th		Cherry & Silver Invite	01-19-13
3:51.23	Oudenaarden, Toatley, Roberson, Carter	4th		New Mexico Classic	02-02-13

## HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992)

Mark	Athlete	Place	Notes	Meet	Date
5-06.00	Carrington Mahr	7th	5th all-time	MW Champs	02-22-13
5-06.00	Carrington Mahr	T-6th		Don Kirby Elite Invite	02-08-13
5-05.00	Karsen Sper	T-2nd	pentathlon/T-8th AT	MW Champs	02-21-13
5-04.25	Carrington Mahr	6th		New Mexico Classic	02-01-13
5-02.25	Allison Reaser	17th		Don Kirby Elite Invite	02-08-13
5-02.25	Karsen Sper	T-10th		New Mexico Classic	02-01-13
5-01.25	Nicole Oudenaarden	T-9th	pentathlon	MW Champs	02-21-13
5-01.00	Karsen Sper	T-13th		MW Champs	02-22-13
5-00.25	Brittany Bozeman	T-14th	pentathlon	MW Champs	02-21-13
5-00.25	Allison Reaser	T-14th	pentathlon	MW Champs	02-21-13

## POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010)

Mark	Athlete	Place	Notes	Meet	Date
13-10.00	Kristen Brown	T-6th	Seeded/5th AT	Don Kirby Elite Invite	02-08-13
13-07.25	Kristen Brown	2nd		New Mexico Classic	02-02-13
13-06.25	Kristen Brown	1st		MW Champs	02-22-13
13-05.00	Kristen Brown	1st		UW Final Qualifier	03-01-13
13-02.50	Kelsy Hintz	T-2nd		MW Champs	02-22-13
13-02.25	Kelsy Hintz	5th		Don Kirby Elite Invite	02-08-13
12-11.50	Kelsy Hintz	6th		New Mexico Classic	02-02-13
12-11.50	Kristen Brown	4th		Cherry & Silver Invite	01-19-13
12-11.00	Kelsy Hintz	T-2nd		UW Final Qualifier	03-01-13
12-10.25	Holly Waseloff	8th	Unseeded/T-6 AT	Don Kirby Elite Invite	02-08-13
12-10.25	Karen Snapper	12th	Unseeded/T-6 AT	Don Kirby Elite Invite	02-08-13
12-07.50	Holly Waseloff	7th		New Mexico Classic	02-02-13
12-07.50	Karen Snapper	8th		New Mexico Classic	02-02-13
12-05.50	Karen Snapper	T-9th		Cherry & Silver Invite	01-19-13
11-10.75	Karen Snapper	8th		MW Champs	02-22-13
11-05.75	Holly Waseloff	15th		Cherry & Silver Invite	01-19-13
NH	Holly Waseloff	--		MW Champs	02-22-13
NH	Kelsy Hintz	--		Cherry & Silver Invite	01-19-13

## LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
19-08.00	Allison Reaser	1st	pentathlon	MW Champs	02-21-13
19-07.50	Nicole Oudenaarden	2nd	pentathlon/7th AT	MW Champs	02-21-13
19-02.50	Shanieka Thomas	4th		Cherry & Silver Invite	01-19-13
19-00.75	Nicole Oudenaarden	1st	8th all-time	New Mexico Classic	02-01-13
19-00.50	Brittany Bozeman	3rd	pentathlon/9th AT	MW Champs	02-21-13
18-11.75	Nicole Oudenaarden	5th		MW Champs	02-22-13
18-10.00	Alex Evans	6th		MW Champs	02-22-13
18-08.00	Nicole Oudenaarden	12th		Don Kirby Elite Invite	02-08-13
18-06.50	Alex Evans	3rd		New Mexico Classic	02-01-13
18-05.25	Alex Evans	14th		Don Kirby Elite Invite	02-08-13
18-05.25	Shanieka Thomas	5th		New Mexico Classic	02-01-13
18-04.25	Allison Reaser	15th		Don Kirby Elite Invite	02-08-13

# SDSU 2013 INDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

17-11.50	Allison Reaser	13th		Cherry & Silver Invite	01-19-13
17-11.00	Brittany Bozeman	19th		Don Kirby Elite Invite	02-08-13
17-02.25	Brittany Bozeman	T-20th		Cherry & Silver Invite	01-19-13
<b>16-11.50</b>	<b>Karsen Sper</b>	<b>T-9th</b>	<b>pentathlon</b>	<b>MW Champs</b>	<b>02-21-13</b>
16-03.75	Shanieka Thomas	19th		MW Champs	02-22-13
16-00.50	Karsen Sper	38th		Cherry & Silver Invite	01-19-13

## TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
<b>46-02.50</b>	<b>Shanieka Thomas</b>	<b>1st</b>	<b>school record</b>	<b>Don Kirby Elite Invite</b>	<b>02-08-13</b>
45-04.25	Shanieka Thomas	2nd		NCAA Championships	03-09-13
44-04.00	Shanieka Thomas	1st		New Mexico Classic	02-02-13
44-02.50	Shanieka Thomas	1st		Cherry & Silver Invite	01-19-13
43-09.00	Shanieka Thomas	1st		MW Champs	02-23-13
<b>40-05.00</b>	<b>Alex Evans</b>	<b>3rd</b>		<b>Don Kirby Elite Invite</b>	<b>02-08-13</b>
40-04.25	Alex Evans	6th		New Mexico Classic	02-02-13
39-10.75	Alex Evans	5th		Cherry & Silver Invite	01-19-13
Foul	Alex Evans	--		MW Champs	02-23-13

## SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>51-10.50</b>	<b>Jasmine Burrell</b>	<b>1st</b>	<b>2nd all-time</b>	<b>MW Champs</b>	<b>02-23-13</b>
50-02.50	Jasmine Burrell	10th		Don Kirby Elite Invite	02-08-13
48-10.75	Jasmine Burrell	5th		New Mexico Classic	02-02-13
<b>47-07.25</b>	<b>Nicole Oudenaarden</b>	<b>12th</b>	<b>4th all-time</b>	<b>Don Kirby Elite Invite</b>	<b>02-08-13</b>
47-07.00	Nicole Oudenaarden	6th		MW Champs	02-23-13
46-02.00	Jasmine Burrell	7th		Cherry & Silver Invite	01-19-13
44-11.75	Nicole Oudenaarden	1st	pentathlon	MW Champs	02-21-13
<b>44-05.25</b>	<b>Brittany Gontier</b>	<b>12th</b>	<b>6th all-time</b>	<b>MW Champs</b>	<b>02-23-13</b>
44-05.25	Nicole Oudenaarden	7th		New Mexico Classic	02-02-13
43-02.25	Brittany Gontier	15th		Don Kirby Elite Invite	02-08-13
41-00.00	Brittany Gontier	11th		New Mexico Classic	02-02-13
<b>40-10.50</b>	<b>Brittany Bozeman</b>	<b>2nd</b>	<b>pentathlon</b>	<b>MW Champs</b>	<b>02-21-13</b>
<b>38-08.25</b>	<b>Allison Reaser</b>	<b>17th</b>		<b>Don Kirby Elite Invite</b>	<b>02-08-13</b>
38-06.75	Allison Reaser	4th	pentathlon	MW Champs	02-21-13
37-08.75	Brittany Bozeman	18th		Don Kirby Elite Invite	02-08-13
37-01.75	Allison Reaser	22nd		Cherry & Silver Invite	01-19-13
<b>32-10.50</b>	<b>Karsen Sper</b>	<b>T-10th</b>	<b>pentathlon</b>	<b>MW Champs</b>	<b>02-21-13</b>
31-03.75	Karsen Sper	33rd		Cherry & Silver Invite	01-19-13
ND	Brittany Bozeman	--		New Mexico Classic	02-02-13

## WEIGHT THROW

School Record: 64-01.25 (Jasmine Burrell, 2013)

Mark	Athlete	Place	Notes	Meet	Date
<b>64-01.25</b>	<b>Jasmine Burrell</b>	<b>3rd</b>	<b>school record</b>	<b>MW Champs</b>	<b>02-22-13</b>
62-05.25	Jasmine Burrell	5th		Don Kirby Elite Invite	02-08-13
59-00.75	Jasmine Burrell	4th		New Mexico Classic	02-01-13
<b>59-00.00</b>	<b>Ellie Fanaika</b>	<b>10th</b>		<b>Don Kirby Elite Invite</b>	<b>02-08-13</b>
55-11.00	Ellie Fanaika	5th		New Mexico Classic	02-01-13
53-01.00	Ellie Fanaika	13th		MW Champs	02-22-13
<b>53-01.00</b>	<b>Mikayla Howden</b>	<b>14th</b>	<b>6th all-time</b>	<b>MW Champs</b>	<b>02-22-13</b>
49-10.00	Mikayla Howden	11th		New Mexico Classic	02-01-13

## PENTATHLON

School Record: 3,971 (Allison Reaser, 2013)

Mark	Athlete	Place	Notes	Meet	Date
<b>3,971</b>	<b>Allison Reaser</b>	<b>1st</b>	<b>school record</b>	<b>MW Champs</b>	<b>02-21-13</b>
<b>3,969</b>	<b>Nicole Oudenaarden</b>	<b>2nd</b>	<b>2nd all-time</b>	<b>MW Champs</b>	<b>02-21-13</b>
<b>3,564</b>	<b>Karsen Sper</b>	<b>5th</b>	<b>7th all-time</b>	<b>MW Champs</b>	<b>02-21-13</b>
<b>3,440</b>	<b>Brittany Bozeman</b>	<b>8th</b>	<b>9th all-time</b>	<b>MW Champs</b>	<b>02-21-13</b>

# SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

## 100 METERS

School Record: 11.20 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
11.31	LaQuisha Jackson	1st	finals; wind-aided	MW Champs	05-11-13
11.31	LaQuisha Jackson	1st	prelims; wind-aided	MW Champs	05-10-13
<b>11.58</b>	<b>LaQuisha Jackson</b>	<b>20th</b>	<b>prelims; No. 7 all-time</b>	<b>NCAA Prelims</b>	<b>05-23-13</b>
11.69	LaQuisha Jackson	4th		Occidental Invite	05-04-13
11.78	LaQuisha Jackson	13th	finals	NCAA Prelims	05-24-13
11.81	LaQuisha Jackson	8th	open U/O	Mt. SAC Relays	04-19-13
<b>12.11</b>	<b>Allison Reaser</b>	<b>9th</b>	<b>prelims</b>	<b>Cal/Nevada Champs</b>	<b>03-29-13</b>
12.12	Allison Reaser	1st		San Diego Champs	03-09-13
<b>12.18</b>	<b>Maderia Toatley</b>	<b>11th</b>	<b>prelims</b>	<b>Cal/Nevada Champs</b>	<b>03-29-13</b>
12.18	Maderia Toatley	3rd	open	Aztec Invitational	03-15-13
12.25	Allison Reaser	9th	finals	Cal/Nevada Champs	03-30-13
<b>12.35</b>	<b>Antonique Campbell</b>	<b>3rd</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
12.48	Maderia Toatley	2nd		San Diego Champs	03-09-13
12.67	Antonique Campbell	4th		San Diego Champs	03-09-13
<b>13.25</b>	<b>Alex Evans</b>	<b>10th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
<b>13.35</b>	<b>Thoraya Maronsey</b>	<b>1st</b>		<b>Arnie Robinson Invite</b>	<b>04-13-13</b>

## 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
<b>23.23</b>	<b>LaQuisha Jackson</b>	<b>1st</b>	<b>finals; No. 2 all-time</b>	<b>MW Champs</b>	<b>05-11-13</b>
23.49	LaQuisha Jackson	2nd	prelims; wind-aided	MW Champs	05-10-13
23.88	Allison Reaser	3rd	hept.; wind-aided	NCAA Champs	06-06-13
23.88	LaQuisha Jackson	11th	open U/O; wind-aided	Mt. SAC Relays	04-19-13
23.90	LaQuisha Jackson	T-16th	prelims	NCAA Prelims	05-24-13
23.92	LaQuisha Jackson	18th	finals	NCAA Prelims	05-25-13
23.96	Allison Reaser	1st	hept.; wind-aided	MW Champs	05-08-13
<b>24.16</b>	<b>Maderia Toatley</b>	<b>2nd</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
24.28	Allison Reaser	3rd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13
24.33	Maderia Toatley	11th	prelims	MW Champs	05-10-13
<b>24.34</b>	<b>Allison Reaser</b>	<b>10th</b>	<b>heptathlon</b>	<b>USA Champs</b>	<b>06-20-13</b>
24.37	Maderia Toatley	29th	open U/O	Mt. SAC Relays	04-19-13
24.42	Maderia Toatley	7th		Occidental Invite	05-04-13
24.44	Maderia Toatley	13th	invitational	Aztec Invitational	03-16-13
24.58	Allison Reaser	1st	heptathlon	Aztec Invitational	03-14-13
24.68	Nicole Oudeannarden	10th	hept.; wind-aided	NCAA Champs	06-06-13
24.73	Nicole Oudenaarden	6th	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13
24.73	Maderia Toatley	1st	wind-aided	San Diego Champs	03-09-13
<b>24.79</b>	<b>Nicole Oudenaarden</b>	<b>2nd</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-14-13</b>
24.85	Maderia Toatley	6th	finals	Cal/Nevada Champs	03-30-13
24.85	Maderia Toatley	4th	prelims	Cal/Nevada Champs	03-29-13
25.01	Nicole Oudenaarden	1st		Arnie Robinson Invite	04-13-13
25.10	Maderia Toatley	6th	open	Aztec Invitational	03-15-13
25.13	Brittany Bozeman	3rd	hept.; wind-aided	MW Champs	05-08-13
<b>25.13</b>	<b>Antonique Campbell</b>	<b>10th</b>	<b>prelims</b>	<b>Cal/Nevada Champs</b>	<b>03-29-13</b>
<b>25.25</b>	<b>Deyna Roberson</b>	<b>2nd</b>	<b>wind-aided</b>	<b>San Diego Champs</b>	<b>03-09-13</b>
25.48	Karsen Sper	4th	hept.; wind-aided	MW Champs	05-08-13
25.63	Brittany Bozeman	14th	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13
<b>25.79</b>	<b>Brittany Bozeman</b>	<b>5th</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-14-13</b>
<b>25.83</b>	<b>Karsen Sper</b>	<b>8th</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
25.86	Karsen Sper	15th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13
<b>25.87</b>	<b>Kristen Brown</b>	<b>14th</b>	<b>open</b>	<b>Aztec Invitational</b>	<b>03-15-13</b>
<b>25.87</b>	<b>Maya Carter</b>	<b>6th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
25.92	Karsen Sper	7th	heptathlon	Aztec Invitational	03-14-13
26.12	Karsen Sper	11th		San Diego Champs	03-09-13
26.19	Brittany Bozeman	12th	wind-aided	San Diego Champs	03-09-13
<b>26.22</b>	<b>Renetia James</b>	<b>13th</b>	<b>wind-aided</b>	<b>San Diego Champs</b>	<b>03-09-13</b>
27.12	Brittany Bozeman	23rd		Triton Invitational	04-27-13
<b>27.29</b>	<b>Thoraya Maronsey</b>	<b>20th</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
27.61	Thoraya Maronsey	22nd		San Diego Champs	03-09-13
<b>27.83</b>	<b>Sarah Haydock</b>	<b>16th</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-14-13</b>

## 400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
<b>55.38</b>	<b>Shanieka Thomas</b>	<b>1st</b>	<b>prelims</b>	<b>Cal/Nevada Champs</b>	<b>03-29-13</b>
55.60	Shanieka Thomas	2nd	finals	Cal/Nevada Champs	03-30-13
<b>55.63</b>	<b>Renetia James</b>	<b>5th</b>	<b>finals</b>	<b>MW Champs</b>	<b>05-11-13</b>
55.83	Renetia James	28th	open U/O	Mt. SAC Relays	04-19-13

55.96	Renetia James	4th	prelims	MW Champs	05-10-13
<b>56.11</b>	<b>LaQuisha Jackson</b>	<b>2nd</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
<b>56.22</b>	<b>Nicole Oudenaarden</b>	<b>7th</b>	<b>finals</b>	<b>MW Champs</b>	<b>05-11-13</b>
56.30	Renetia James	13th	invitational	Aztec Invitational	03-16-13
56.31	Nicole Oudenaarden	7th	prelims	MW Champs	05-10-13
56.35	Renetia James	3rd		CSUSM Mangrum Invite	04-06-13
56.56	Renetia James	1st		San Diego Champs	03-09-13
56.61	Nicole Oudenaarden	5th	finals	Cal/Nevada Champs	03-30-13
56.64	Renetia James	10th		Occidental Invite	05-04-13
56.67	Nicole Oudenaarden	2nd		San Diego Champs	03-09-13
56.81	Maderia Toatley	10th	prelims	MW Champs	05-10-13
<b>56.84</b>	<b>Antonique Campbell</b>	<b>11th</b>		<b>Occidental Invite</b>	<b>05-04-13</b>
57.08	Antonique Campbell	12th	prelims	MW Champs	05-10-13
57.12	Nicole Oudenaarden	8th	prelims	Cal/Nevada Champs	03-29-13
57.14	Antonique Campbell	4th		CSUSM Mangrum Invite	04-06-13
<b>57.28</b>	<b>Deyna Roberson</b>	<b>4th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
57.59	Renetia James	12th	prelims	Cal/Nevada Champs	03-29-13
<b>57.92</b>	<b>Josefine Koskinen</b>	<b>11th</b>		<b>Triton Invitational</b>	<b>04-27-13</b>
<b>1:00.78</b>	<b>Maya Carter</b>	<b>6th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
<b>1:01.16</b>	<b>Eva Davidová</b>	<b>2nd</b>		<b>Arnie Robinson Invite</b>	<b>04-13-13</b>
1:01.22	Maya Carter	19th		Occidental Invite	05-04-13
1:01.77	Eva Davidová	8th		San Diego Champs	03-09-13
<b>1:02.68</b>	<b>Lily Mayko</b>	<b>4th</b>		<b>Arnie Robinson Invite</b>	<b>04-13-13</b>
<b>1:02.82</b>	<b>Chelsea Kruthers</b>	<b>15th</b>		<b>Triton Invitational</b>	<b>04-27-13</b>

## 800 METERS

School Record: 2:02.88 (Renee Ross, 1985)

Mark	Athlete	Place	Notes	Meet	Date
<b>2:07.86</b>	<b>Josefine Koskinen</b>	<b>5th</b>	<b>No. 6 all-time</b>	<b>Occidental Invite</b>	<b>05-04-13</b>
<b>2:09.45</b>	<b>Chelsea Kruthers</b>	<b>2nd</b>	<b>prelims</b>	<b>MW Champs</b>	<b>05-10-13</b>
2:10.17	Josefine Koskinen	6th	finals	MW Champs	05-11-13
2:10.17	Josefine Koskinen	8th	prelims	MW Champs	05-10-13
2:11.06	Chelsea Kruthers	7th	prelims	MW Champs	05-11-13
2:11.36	Josefine Koskinen	38th	prelims	NCAA Prelims	05-23-13
2:11.49	Chelsea Kruthers	33rd	open U/O	Mt. SAC Relays	04-19-13
2:11.91	Josefine Koskinen	37th	open U/O	Mt. SAC Relays	04-19-13
2:12.02	<b>Allison Reaser</b>	<b>3rd</b>	<b>heptathlon</b>	<b>NCAA Champs</b>	<b>06-07-13</b>
2:12.37	Chelsea Kruthers	5th	finals	Cal/Nevada Champs	03-30-13
2:13.16	Chelsea Kruthers	8th	prelims	Cal/Nevada Champs	03-29-13
2:13.82	Chelsea Kruthers	13th	invitational	Aztec Invitational	03-16-13
2:18.06	Allison Reaser	6th	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
2:18.15	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-15-13
2:19.23	Allison Reaser	1st	heptathlon	MW Champs	05-09-13
<b>2:19.81</b>	<b>Nicole Oudenaarden</b>	<b>7th</b>	<b>heptathlon; Mt. SAC</b>	<b>Mt. SAC Relays</b>	<b>04-18-13</b>
2:19.93	Allison Reaser	13th	heptathlon	USA Champs	06-21-13
2:20.09	Nicole Oudenaarden	15th	heptathlon	NCAA Champs	06-07-13
2:22.63	Nicole Oudenaarden	3rd	heptathlon	Aztec Invitational	03-15-13
<b>2:23.05</b>	<b>Karsen Sper</b>	<b>4th</b>	<b>heptathlon</b>	<b>MW Champs</b>	<b>05-09-13</b>
2:24.40	Karsen Sper	11th	heptathlon; CA Inv.	Mt. SAC Relays	04-18-13
<b>2:26.48</b>	<b>Rachel Roesgen</b>	<b>23rd</b>		<b>Triton Invitational</b>	<b>04-27-13</b>
<b>2:27.36</b>	<b>Brittany Bozeman</b>	<b>4th</b>	<b>heptathlon</b>	<b>MW Champs</b>	<b>05-09-13</b>
2:29.37	Brittany Bozeman	10th	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
<b>2:29.84</b>	<b>LaQuisha Jackson</b>	<b>15th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
2:31.41	Karsen Sper	6th	heptathlon	Aztec Invitational	03-15-13
<b>2:36.42</b>	<b>Amanda Okun</b>	<b>29th</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
2:36.92	Amanda Okun	12th	open	Aztec Invitational	03-15-13
2:38.33	Amanda Okun	29th		Triton Invitational	04-27-13
<b>2:39.96</b>	<b>Sarah Haydock</b>	<b>13th</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-15-13</b>
DNF	Josefine Koskinen	--	prelims	Cal/Nevada Champs	03-29-13

## 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1983)

Mark	Athlete	Place	Notes	Meet	Date
<b>4:37.20</b>	<b>Josefine Koskinen</b>	<b>1st</b>		<b>Triton Invitational</b>	<b>04-27-13</b>
4:37.67	Josefine Koskinen	12th	invitational	Aztec Invitational	03-15-13
<b>4:37.95</b>	<b>Chelsea Kruthers</b>	<b>2nd</b>		<b>CSUSM Mangrum Invite</b>	<b>04-06-13</b>
4:40.46	Chelsea Kruthers	1st		San Diego Champs	03-09-13
4:41.66	Josefine Koskinen	5th		CSUSM Mangrum Invite	04-06-13
<b>4:43.96</b>	<b>Jessica McCall</b>	<b>21st</b>		<b>Occidental Invite</b>	<b>05-04-13</b>
4:46.27	Josefine Koskinen	3rd		San Diego Champs	03-09-13
4:47.15	Jessica McCall	26th	invitational	Aztec Invitational	03-15-13
4:47.31	Jessica McCall	3rd		Triton Invitational	04-27-13

# SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

4:49.31	Rachel Roesgen	27th		Occidental Invite	05-04-13
4:49.77	Jessica McCall	156th	open U/O	Mt. SAC Relays	04-18-13
4:50.22	Jessica McCall	12th		CSUSM Mangrum Invite	04-06-13
4:54.54	Rachel Roesgen	6th		Triton Invitational	04-27-13
5:00.50	Rachel Roesgen	24th		CSUSM Mangrum Invite	04-06-13
5:08.08	Amy Reaser	29th		CSUSM Mangrum Invite	04-06-13
5:10.62	Melissa Wendorf	32nd		CSUSM Mangrum Invite	04-06-13
5:11.46	Amy Reaser	5th		Arnie Robinson Invite	04-13-13
5:17.97	Amy Reaser	17th		Triton Invitational	04-27-13

## 3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
10:20.48	Laura Vazquez	3rd		San Diego Champs	03-09-13
10:30.96	Jessica McCall	5th		San Diego Champs	03-09-13
10:43.06	Melissa Wendorf	9th		San Diego Champs	03-09-13
10:44.70	Laura Vazquez	3rd		Triton Invitational	04-27-13
10:47.72	Hannah Sawatzki	12th		CSUSM Mangrum Invite	04-06-13
10:47.92	Hannah Sawatzki	4th		Triton Invitational	04-27-13
10:56.81	Hannah Sawatzki	14th		San Diego Champs	03-09-13
10:58.57	Amy Reaser	19th		CSUSM Mangrum Invite	04-06-13
11:02.07	Rachel Roesgen	17th		San Diego Champs	03-09-13
11:02.34	Amy Reaser	18th		San Diego Champs	03-09-13
11:08.18	Melissa Wendorf	8th		Triton Invitational	04-27-13
11:20.21	Amy Reaser	11th	invitational	Aztec Invitational	03-15-13
11:25.12	Melissa Wendorf	27th		CSUSM Mangrum Invite	04-06-13

## 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
17:35.93	Laura Vazquez	11th	invitational	Aztec Invitational	03-15-13
17:54.79	Laura Vazquez	9th		Cal/Nevada Champs	03-29-13
18:27.85	Jessica McCall	22nd		Cal/Nevada Champs	03-29-13
18:44.64	Hannah Sawatzki	1st		Arnie Robinson Invite	04-13-13
19:01.96	Melissa Wendorf	8th	open	Aztec Invitational	03-15-13
19:08.33	Melissa Wendorf	3rd		Arnie Robinson Invite	04-13-13
19:09.44	Melissa Wendorf	24th		Occidental Invite	05-04-13
19:12.10	Hannah Sawatzki	11th	open	Aztec Invitational	03-15-13
19:36.08	Hannah Sawatzki	30th		Occidental Invite	05-04-13

## 10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Mark	Athlete	Place	Notes	Meet	Date
37:01.43	Marianne Hogan	14th	open-B U/O	Mt. SAC Relays	03-07/08-13
37:20.16	Marianne Hogan	6th		Cal/Nevada Champs	03-29-13
39:53.50	Marianne Hogan	12th		MW Champs	05-10-13

## 100-METER HURDLES

School Record: 12.82 (Meisha McKelvy, 1999)

Mark	Athlete	Place	Notes	Meet	Date
13.30	Allison Reaser	2nd	hept; T-7th all-time	NCAA Champs	06-06-13
13.35	Allison Reaser	3rd	hept; wind-aided	USA Champs	06-20-13
13.41	Allison Reaser	1st	finals; No. 9 all-time	MW Champs	05-11-13
13.46	Kristen Brown	3rd	open U/O; wind-aided	Mt. SAC Relays	04-19-13
13.56	Kristen Brown	1st	prelims	MW Champs	05-10-13
13.56	Allison Reaser	1st	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
13.60	Kristen Brown	2nd	finals	MW Champs	05-11-13
13.63	Allison Reaser	2nd	prelims	MW Champs	05-10-13
13.65	Kristen Brown	20th	finals	NCAA Prelims	05-25-13
13.65	Allison Reaser	1st	heptathlon	MW Champs	05-08-13
13.68	Kristen Brown	7th	heats	Penn Relays	04-26-13
13.69	Kristen Brown	8th	champs	Penn Relays	04-27-13
13.80	Alex Evans	5th	finals	MW Champs	05-11-13
13.82	Kristen Brown	1st	prelims	Cal/Nevada Champs	03-29-13
13.85	Kristen Brown	1st	finals	Cal/Nevada Champs	03-30-13
13.86	Kristen Brown	T-17th	prelims	NCAA Prelims	05-24-13
13.86	Alex Evans	4th	prelims	MW Champs	05-10-13
13.86	Allison Reaser	1st		CSUSM Mangrum Invite	04-06-13
13.86	Allison Reaser	1st	heptathlon	Aztec Invitational	03-14-13
13.88	Allison Reaser	2nd	finals	Cal/Nevada Champs	03-30-13
14.02	Allison Reaser	4th	prelims	Cal/Nevada Champs	03-29-13
14.03	Alex Evans	3rd		CSUSM Mangrum Invite	04-06-13

14.09	Allison Reaser	30th	prelims	NCAA Prelims	05-24-13
14.11	Alex Evans	8th	prelims; wind	Cal/Nevada Champs	03-29-13
14.17	Kristen Brown	4th	invitational	Aztec Invitational	03-16-13
14.18	Karsen Sper	8th	finals	MW Champs	05-11-13
14.18	Allison Reaser	19th	heats	Penn Relays	04-26-13
14.26	Karsen Sper	6th	prelims	MW Champs	05-10-13
14.30	Nicole Oudenaarden	22nd	hept.; wind-aided	NCAA Champs	06-06-13
14.32	Allison Reaser	1st		San Diego Champs	03-09-12
14.42	Alex Evans	9th	finals	Cal/Nevada Champs	03-30-13
14.43	Nicole Oudenaarden	7th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
14.43	Karsen Sper	3rd	heptathlon	MW Champs	05-08-13
14.43	Alex Evans	5th	open	Aztec Invitational	03-15-13
14.48	Alex Evans	41st	prelims	NCAA Prelims	05-24-13
14.52	Karsen Sper	5th		CSUSM Mangrum Invite	04-06-13
14.52	Karsen Sper	3rd	heptathlon	Aztec Invitational	03-14-13
14.61	Brittany Bozeman	5th	heptathlon	MW Champs	05-08-13
14.64	Karsen Sper	12th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13
14.67	Alex Evans	8th	invitational	Aztec Invitational	03-16-13
14.82	Nicole Oudenaarden	4th	heptathlon	Aztec Invitational	03-14-13
14.84	Brittany Bozeman	6th		CSUSM Mangrum Invite	04-06-13
14.85	Brittany Bozeman	7th		Triton Invitational	04-27-13
14.98	Karsen Sper	18th	prelims	Cal/Nevada Champs	03-29-13
15.10	Karsen Sper	3rd		San Diego Champs	03-09-12
15.13	Brittany Bozeman	20th	prelims	Cal/Nevada Champs	03-29-13
15.13	Brittany Bozeman	8th	heptathlon	Aztec Invitational	03-14-13
15.19	Brittany Bozeman	17th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
16.13	Eva Davidová	2nd		Arnie Robinson Invite	04-13-13
16.28	Sarah Haydock	15th	heptathlon	Aztec Invitational	03-14-13
16.57	Sarah Haydock	8th		San Diego Champs	03-09-12
NT	Brittany Bozeman	--		Arnie Robinson Invite	04-13-13

## 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Mark	Athlete	Place	Notes	Meet	Date
58.36	Deyna Roberson	1st	finals; No. 3 all-time	MW Champs	05-11-13
58.65	Allison Reaser	1st	open U/O	Mt. SAC Relays	04-19-13
58.86	Deyna Roberson	3rd		Occidental Invite	05-04-13
58.91	Deyna Roberson	1st	prelims	MW Champs	05-10-13
59.08	Allison Reaser	3rd	finals	MW Champs	05-11-13
59.22	Allison Reaser	2nd	prelims	MW Champs	05-10-13
59.32	Allison Reaser	1st	finals	Cal/Nevada Champs	03-30-13
59.53	Deyna Roberson	20th	prelims	NCAA Prelims	05-23-13
59.61	Allison Reaser	22nd	prelims	NCAA Prelims	05-23-13
59.78	Deyna Roberson	18th	finals	NCAA Prelims	05-24-13
59.97	Deyna Roberson	10th	open U/O	Mt. SAC Relays	04-19-13
1:00.05	Allison Reaser	1st		CSUSM Mangrum Invite	04-06-13
1:00.22	Allison Reaser	2nd	prelims	Cal/Nevada Champs	03-29-13
1:00.32	Deyna Roberson	13th	champs	Penn Relays	04-25-13
1:00.65	Allison Reaser	23rd	finals	NCAA Prelims	05-24-13
1:00.71	Deyna Roberson	3rd	finals	Cal/Nevada Champs	03-30-13
1:00.74	Deyna Roberson	3rd	invitational	Aztec Invitational	03-16-13
1:00.93	Deyna Roberson	3rd	prelims	Cal/Nevada Champs	03-29-13
1:01.20	Deyna Roberson	2nd		CSUSM Mangrum Invite	04-06-13
1:02.81	Maya Carter	5th		Triton Invitational	04-27-13
1:04.03	Maya Carter	14th	prelims	MW Champs	05-10-13
1:04.52	Lily Mayko	14th		Occidental Invite	05-04-13
1:04.78	Maya Carter	13th	prelims	Cal/Nevada Champs	03-29-13
1:05.05	Maya Carter	19th	invitational	Aztec Invitational	03-16-13
1:05.32	Maya Carter	5th		CSUSM Mangrum Invite	04-06-13
1:05.37	Eva Davidová	10th		Triton Invitational	04-27-13
1:05.55	Eva Davidová	17th	prelims	Cal/Nevada Champs	03-29-13
1:05.86	Lily Mayko	12th		Triton Invitational	04-27-13
1:06.04	Eva Davidová	9th	open	Aztec Invitational	03-15-13
1:06.89	Lily Mayko	6th		CSUSM Mangrum Invite	04-06-13

## 3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Mark	Athlete	Place	Notes	Meet	Date
12:04.77	Lily Mayko	10th	invitational	Aztec Invitational	03-15-13
12:27.85	Rachel Roesgen	18th		Cal/Nevada Champs	03-30-13
DNF	Lily Mayko	--		Cal/Nevada Champs	03-30-13

# SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

## 4x100-METER RELAY

School Record: 44.24 (Givens, Dyer, Hogg, Smedley, 2002)

Time	Team	Place	Notes	Meet	Date
47.47	Campbell, Toatley, Thomas, Jackson	8th		MW Champs	05-11-13

## 4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
1:37.06	Al. Reaser, Toatley, Campbell, Jackson	16th	No. 6 all-time	Penn Relays	04-26-13

## 4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:35.41	Thomas, Toatley, Roberson, Jackson	1st	No. 6 all-time	MW Champs	05-11-13
3:35.52	Thomas, Toatley, Roberson, James	3rd	college	Penn Relays	04-27-13
3:37.73	Thomas, Toatley, James, Roberson	14th		NCAA Prelims	05-25-13
3:41.35	Al. Reaser, Roberson, Jackson, James	11th	heats	Penn Relays	04-25-13
3:43.01	Campbell, Roberson, Jackson, Toatley	1st		Cal/Nevada Champs	03-30-13
3:45.30	James, Roberson, Toatley, Campbell	4th		Aztec Invitational	03-16-13
3:55.72	Davidová, Toatley, Koskinen, Kruthers	1st		San Diego Champs	03-09-13
4:10.82	Kruthers, Roesgen, McCall, Mayko	7th		CSUSM Mangrum Invite	04-06-13
4:32.85	Wendorf, Sawatzki, McCall, Am. Reaser	14th		San Diego Champs	03-09-13

## SHUTTLE HURDLES RELAY

School Record: 1:00.45 (Brown, Alex Evans, Sper, Al. Reaser, 2013)

Time	Team	Place	Notes	Meet	Date
1:37.06	Al. Reaser, Toatley, Campbell, Jackson	1:37.06	School record	Penn Relays	04-26-13

## HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-06.00	Carrington Mahr	1st		San Diego Champs	03-09-13
5-05.75	Nicole Oudenaarden	1st	heptathlon	Aztec Invitational	03-14-13
5-05.00	Carrington Mahr	8th	invitational	Aztec Invitational	03-16-13
5-04.50	Karsen Sper	T-8th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13
5-04.50	Karsen Sper	T-3rd	heptathlon	Aztec Invitational	03-14-13
5-03.25	Allison Reaser	6th	heptathlon	Aztec Invitational	03-14-13
5-03.00	Allison Reaser	T-20th	heptathlon	NCAA Champs	06-06-13
5-03.00	Carrington Mahr	6th		CSUSM Mangrum Invite	04-06-13
5-02.50	Carrington Mahr	15th		MW Champs	05-11-13
5-02.50	Karsen Sper	18th		MW Champs	05-11-13
5-02.50	Nicole Oudenaarden	T-9th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-02.25	Brittany Bozeman	7th	heptathlon	Aztec Invitational	03-14-13
5-02.25	Allison Reaser	T-6th	heptathlon	MW Champs	05-08-13
5-02.25	Karsen Sper	T-6th	heptathlon	MW Champs	05-08-13
5-02.25	Karsen Sper	T-11th		Cal/Nevada Champs	03-30-13
5-01.25	Brittany Bozeman	T-11th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-01.25	Allison Reaser	T-11th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-01.00	Brittany Bozeman	T-10th	heptathlon	MW Champs	05-08-13
5-01.00	Allison Reaser	1st		Arnie Robinson Invite	04-13-13
5-00.50	Allison Reaser	17th	heptathlon	USA Champs	06-20-13
5-00.25	Nicole Oudenaarden	T-18th		Cal/Nevada Champs	03-30-13
5-00.25	Brittany Bozeman	7th		San Diego Champs	03-09-13
5-00.25	Allison Reaser	8th		San Diego Champs	03-09-13
4-10.50	Sarah Haydock	11th	heptathlon	Aztec Invitational	03-14-13
4-09.75	Sarah Haydock	2nd		Arnie Robinson Invite	04-13-13
4-09.00	Sarah Haydock	T-12th		CSUSM Mangrum Invite	04-06-13
4-06.25	Sarah Haydock	14th		San Diego Champs	03-09-13
NH	Nicole Oudenaarden	--	heptathlon	NCAA Champs	06-06-13
NH	Brittany Bozeman	--		Triton Invitational	04-27-13
NH	Sarah Haydock	--		Triton Invitational	04-27-13
NH	Nicole Oudenaarden	--		CSUSM Mangrum Invite	04-06-13
NH	Allison Reaser	--		CSUSM Mangrum Invite	04-06-13
NH	Karsen Sper	--		San Diego Champs	03-09-13

## POLE VAULT

School Record: 14-03.50 (Stephanie James, 2008)

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kristen Brown	1st	No. 3 all-time	San Diego Champs	03-09-13
13-07.25	Kristen Brown	1st		MW Champs	05-10-13
13-04.25	Kelsy Hintz	2nd		San Diego Champs	03-09-13

13-03.50	Kristen Brown	6th	open-A U/O	Mt. SAC Relays	04-19-13
13-03.50	Kelsy Hintz	1st		Cal/Nevada Champs	03-29-13
12-10.00	Karen Snapper	3rd	invitational	Triton Invitational	04-27-13
12-08.75	Kristen Brown	4th	invitational	Aztec Invitational	03-16-13
12-08.75	Kelsy Hintz	5th	invitational	Aztec Invitational	03-16-13
12-08.00	Kristen Brown	T-18th		NCAA Prelims	05-24-13
12-07.50	Kristen Brown	2nd		Cal/Nevada Champs	03-29-13
12-05.50	Holly Waseloff	8th	open-C U/O	Mt. SAC Relays	04-19-13
12-03.50	Karen Snapper	5th		MW Champs	05-10-13
12-00.50	Karen Snapper	4th		San Diego Champs	03-09-13
12-02.75	Holly Waseloff	T-10th	invitational	Aztec Invitational	03-16-13
11-11.75	Holly Waseloff	8th		MW Champs	05-10-13
11-11.75	Kelsy Hintz	9th		MW Champs	05-10-13
11-11.75	Rebecca Turnbow	11th		MW Champs	05-10-13
11-11.75	Rebecca Turnbow	5th		Cal/Nevada Champs	03-29-13
11-11.75	Karen Snapper	6th		Cal/Nevada Champs	03-29-13
11-10.75	Rebecca Turnbow	1st		CSUSM Mangrum Invite	04-06-13
11-08.00	Rebecca Turnbow	6th	invitational	Triton Invitational	04-27-13
11-08.00	Rebecca Turnbow	20th	invitational	Aztec Invitational	03-16-13
11-07.00	Karen Snapper	23rd	invitational	Aztec Invitational	03-16-13
11-06.50	Karen Snapper	1st		Arnie Robinson Invite	04-13-13
11-06.50	Holly Waseloff	5th		San Diego Champs	03-09-13
11-05.75	Karen Snapper	14th	open-C U/O	Mt. SAC Relays	04-19-13
11-05.75	Rebecca Turnbow	T-4th	open	Aztec Invitational	03-15-13
11-05.00	Karen Snapper	2nd		CSUSM Mangrum Invite	04-06-13
11-02.25	Kelsy Hintz	7th	invitational	Triton Invitational	04-27-13
11-00.75	Rebecca Turnbow	6th		San Diego Champs	03-09-13
10-08.25	Thresa Vinson	29th	invitational	Aztec Invitational	03-16-13
10-06.75	Thresa Vinson	9th		San Diego Champs	03-09-13
10-05.25	Thresa Vinson	6th		CSUSM Mangrum Invite	04-06-13
10-04.00	Thresa Vinson	T-14th	open	Aztec Invitational	03-15-13
10-02.50	Thresa Vinson	10th	invitational	Triton Invitational	04-27-13
NH	Karen Snapper	--		NCAA Prelims	05-24-13
NH	Kelsy Hintz	--		CSUSM Mangrum Invite	04-06-13

## LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
20-07.25	Shanieka Thomas	1st	wind-aided	MW Champs	05-10-13
20-00.25	Nicole Oudenaarden	2nd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-18-13
19-08.75	Nicole Oudenaarden	4th	wind-aided	MW Champs	05-10-13
19-08.00	Nicole Oudenaarden	24th	No. 9 all-time	NCAA Prelims	05-23-13
19-06.75	Brittany Bozeman	3rd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-18-13
19-06.25	Brittany Bozeman	27th	wind-aided	NCAA Prelims	05-23-13
19-04.00	Nicole Oudenaarden	T-11th	heptathlon	NCAA Champs	06-07-13
19-04.00	Shanieka Thomas	31st		NCAA Prelims	05-23-13
19-04.00	Shanieka Thomas	2nd		Cal/Nevada Champs	03-29-13
19-04.00	Allison Reaser	1st	hept.; wind-aided	MW Champs	05-09-13
19-00.00	Allison Reaser	15th	heptathlon	NCAA Champs	06-07-13
18-10.75	Brittany Bozeman	11th	wind-aided	MW Champs	05-10-13
18-10.00	Allison Reaser	T-7th	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
18-10.00	Nicole Oudenaarden	1st	heptathlon	Aztec Invitational	03-15-13
18-09.75	Allison Reaser	4th	wind-aided	Cal/Nevada Champs	03-29-13
18-08.50	Brittany Bozeman	3rd	invitational	Triton Invitational	04-27-13
18-07.00	Brittany Bozeman	3rd	heptathlon	MW Champs	05-09-13
18-05.75	Brittany Bozeman	9th		Cal/Nevada Champs	03-29-13
18-05.00	Allison Reaser	14th	heptathlon	USA Champs	06-21-13
18-02.50	Alex Evans	5th		Cal/Nevada Champs	03-29-13
18-01.00	Allison Reaser	3rd	heptathlon	Aztec Invitational	03-15-13
17-10.25	Alex Evans	7th	invitational	Aztec Invitational	03-16-13
17-10.25	Thoraya Maronsey	4th	open	Aztec Invitational	03-15-13
17-08.75	Brittany Bozeman	T-8th	invitational	Aztec Invitational	03-16-13
17-08.00	Karsen Sper	7th	heptathlon	MW Champs	05-09-13
17-07.50	Karsen Sper	2nd		Arnie Robinson Invite	04-13-13
17-06.75	Karsen Sper	T-16th	hept.; CA Inv.; wind-aided	Mt. SAC Relays	04-18-13
17-05.25	Thoraya Maronsey	3rd		CSUSM Mangrum Invite	04-06-13
17-05.25	Brittany Bozeman	4th	heptathlon	Aztec Invitational	03-15-13
17-03.50	Alex Evans	18th	wind-aided	MW Champs	05-10-13
17-01.25	Thoraya Maronsey	4th		San Diego Champs	03-09-13
15-11.00	Sarah Haydock	12th	heptathlon	Aztec Invitational	03-15-13
15-09.75	Sarah Haydock	10th		San Diego Champs	03-09-13
15-05.50	Karsen Sper	14th	heptathlon	Aztec Invitational	03-15-13

# SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

## TRIPLE JUMP

School Record: 46-05.25 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
<b>46-05-25</b>	<b>Shanieka Thomas</b>	<b>1st</b>	<b>school record</b>	<b>MW Champs</b>	<b>05-11-13</b>
46-04.75	Shanieka Thomas	1st		NCAA Champs	06-07-13
46-02.00	Shanieka Thomas	1st		NCAA Prelims	05-25-13
45-10.00	Shanieka Thomas	3rd		Jamaican Champs	06-23-13
45-01.50	Shanieka Thomas	2nd	invite elite	Mt. SAC Relays	04-20-13
44-08.00	Shanieka Thomas	1st	champs	Penn Relays	04-26-13
44-06.75	Shanieka Thomas	4th	prelims	World University Games	07-09-13
44-04.75	Shanieka Thomas	6th	finals	World University Games	07-11-13
43-00.50	Alex Evans	6th	wind-aided	NCAA Prelims	05-25-13
<b>42-09.00</b>	<b>Alex Evans</b>	<b>2nd</b>	<b>No. 4 all-time</b>	<b>MW Champs</b>	<b>05-11-13</b>
41-00.50	Alex Evans	10th	invitational elite	Mt. SAC Relays	04-20-13
40-06.75	Alex Evans	24th	wind-aided	NCAA Champs	06-07-13
39-10.75	Alex Evans	2nd		Cal/Nevada Champs	03-30-13
<b>39-07.75</b>	<b>Thoraya Maronsey</b>	<b>3rd</b>		<b>Cal/Nevada Champs</b>	<b>03-30-13</b>
39-07.25	Thoraya Maronsey	9th	wind-aided	MW Champs	05-11-13
39-06.50	Alex Evans	14th	wind-aided; college	Penn Relays	04-26-13
39-01.25	Thoraya Maronsey	8th	open U/O	Mt. SAC Relays	04-19-13
38-06.75	Thoraya Maronsey	2nd	invitational	Triton Invitational	04-27-13
38-06.75	Thoraya Maronsey	3rd	invitational	Aztec Invitational	03-16-13
38-02.25	Thoraya Maronsey	3rd		Occidental Invite	05-04-13

## SHOT PUT

School Record: 58-03.75 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>49-03.00</b>	<b>Jasmine Burrell</b>	<b>4th</b>		<b>MW Champs</b>	<b>05-11-13</b>
48-11.75	Jasmine Burrell	1st	invitational	Aztec Invitational	03-16-13
48-02.50	Jasmine Burrell	7th	open U/O	Mt. SAC Relays	04-19-13
46-06.75	Jasmine Burrell	11th	invitational	Triton Invitational	04-27-13
<b>46-00.75</b>	<b>Nicole Oudenaarden</b>	<b>1st</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-14-13</b>
46-00.00	Jasmine Burrell	1st		San Diego Champs	03-09-13
45-10.50	Nicole Oudenaarden	2nd	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
45-08.50	Jasmine Burrell	1st		Arnie Robinson Invite	04-13-13
45-04.25	Nicole Oudenaarden	6th		Cal/Nevada Champs	03-30-13
44-09.75	Nicole Oudenaarden	8th	invitational	Aztec Invitational	03-16-13
44-06.75	Nicole Oudenaarden	10th		MW Champs	05-11-13
<b>44-00.00</b>	<b>Brittany Gonter</b>	<b>12th</b>		<b>MW Champs</b>	<b>05-11-13</b>
43-06.00	Nicole Oudenaarden	2nd	heptathlon	NCAA Champs	06-06-13
43-06.00	Brittany Gonter	T-11th	invitational	Aztec Invitational	03-16-13
43-05.75	Nicole Oudenaarden	2nd		Arnie Robinson Invite	04-13-13
43-02.50	Brittany Gonter	2nd		San Diego Champs	03-09-13
42-06.00	Brittany Gonter	3rd		Arnie Robinson Invite	04-13-13
42-02.00	Nicole Oudenaarden	3rd		San Diego Champs	03-09-13
<b>41-01.75</b>	<b>Alexa Evans</b>	<b>4th</b>	<b>open</b>	<b>Aztec Invitational</b>	<b>03-15-13</b>
<b>41-00.25</b>	<b>Brittany Bozeman</b>	<b>11th</b>		<b>Cal/Nevada Champs</b>	<b>03-30-13</b>
40-10.25	Nicole Oudenaarden	10th		Canadian Champs	06-21-13
<b>39-07.75</b>	<b>Allison Reaser</b>	<b>5th</b>	<b>heptathlon</b>	<b>USA Champs</b>	<b>06-20-13</b>
39-05.00	Brittany Bozeman	25th	invitational	Aztec Invitational	03-16-13
39-03.75	Allison Reaser	10th	heptathlon	NCAA Champs	06-06-13
39-01.00	Allison Reaser	1st	heptathlon	MW Champs	05-08-13
39-01.00	Brittany Bozeman	5th		San Diego Champs	03-09-13
38-09.50	Allison Reaser	8th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
38-09.50	Allison Reaser	6th		San Diego Champs	03-09-13
38-03.25	Brittany Bozeman	2nd	heptathlon	MW Champs	05-08-13
38-03.25	Brittany Bozeman	4th		Arnie Robinson Invite	04-13-13
38-00.75	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-14-13
37-11.25	Brittany Bozeman	3rd	heptathlon	Aztec Invitational	03-14-13
37-10.00	Allison Reaser	4th		CSUSM Mangrum Invite	04-06-13
37-02.50	Alexa Evans	18th		Cal/Nevada Champs	03-30-13
36-10.25	Alexa Evans	5th		Arnie Robinson Invite	04-13-13
36-08.50	Allison Reaser	6th		Arnie Robinson Invite	04-13-13
36-05.00	Brittany Bozeman	27th	invitational	Triton Invitational	04-27-13
35-01.75	Brittany Bozeman	15th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
33-07.25	Karsen Sper	8th	heptathlon	MW Champs	05-08-13
32-10.50	Alexa Evans	12th		San Diego Champs	03-09-13
31-08.50	Karsen Sper	25th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13
30-10.50	Karsen Sper	14th		San Diego Champs	03-09-13
30-07.50	Karsen Sper	9th	heptathlon	Aztec Invitational	03-14-13
30-04.75	Karsen Sper	8th		Arnie Robinson Invite	04-13-13
<b>27-00.00</b>	<b>Sarah Haydock</b>	<b>18th</b>		<b>San Diego Champs</b>	<b>03-09-13</b>
26-11.75	Sarah Haydock	16th	heptathlon	Aztec Invitational	03-14-13

26-02.75	Sarah Haydock	10th		Arnie Robinson Invite	04-13-13
24-10.00	Sarah Haydock	32nd	invitational	Triton Invitational	04-27-13
Foul	Brittany Gonter	--	invitational	Triton Invitational	04-27-13
Foul	Jasmine Burrell	--		Cal/Nevada Champs	03-30-13

## DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>181-05</b>	<b>Jasmine Burrell</b>	<b>1st</b>	<b>No. 4 all-time</b>	<b>MW Champs</b>	<b>05-10-13</b>
173-09	Jasmine Burrell	1st	invitational	Aztec Invitational	03-16-13
167-05	Jasmine Burrell	9th	invitational	Mt. SAC Relays	04-19-13
164-01	Jasmine Burrell	1st		San Diego Champs	03-09-13
163-10	Jasmine Burrell	2nd		Cal/Nevada Champs	03-29-13
163-01	Jasmine Burrell	1st		Arnie Robinson Invite	04-13-13
163-00	Jasmine Burrell	17th	invitational	Triton Invitational	04-26-13
<b>159-02</b>	<b>Alexa Evans</b>	<b>5th</b>	<b>No. 9 all-time</b>	<b>Cal/Nevada Champs</b>	<b>03-29-13</b>
151-09	Alexa Evans	2nd		Arnie Robinson Invite	04-13-13
151-02	Alexa Evans	8th		MW Champs	05-10-13
147-05	Alexa Evans	2nd		Soka Peace Invite	04-20-13
<b>146-01</b>	<b>Brittany Gonter</b>	<b>9th</b>		<b>MW Champs</b>	<b>05-10-13</b>
145-08	Brittany Gonter	2nd	open	Aztec Invitational	03-15-13
143-08	Brittany Gonter	2nd		San Diego Champs	03-09-13
138-09	Brittany Gonter	8th		Soka Peace Invite	04-20-13
136-06	Brittany Gonter	3rd		Arnie Robinson Invite	04-13-13
132-00	Alexa Evans	9th	open	Aztec Invitational	03-15-13
120-00	Brittany Gonter	16th	open	Triton Invitational	04-26-13
118-02	Alexa Evans	7th		San Diego Champs	03-09-13
Foul	Jasmine Burrell	--		NCAA Prelims	05-24-13
Foul	Alexa Evans	--	open	Triton Invitational	04-26-13
Foul	Jasmine Burrell	--	Triton elite	Triton Invitational	04-25-13

## HAMMER THROW

School Record: 187-06 (Whitney Ashley, 2011)

Mark	Athlete	Place	Notes	Meet	Date
<b>186-11</b>	<b>Jasmine Burrell</b>	<b>4th</b>	<b>No. 2 all-time</b>	<b>MW Champs</b>	<b>05-11-13</b>
176-11	Jasmine Burrell	3rd		Cal/Nevada Champs	03-30-13
<b>164-00</b>	<b>Mikayla Howden</b>	<b>2nd</b>	<b>No. 8 all-time</b>	<b>Soka Peace Invite</b>	<b>04-20-13</b>
163-01	Jasmine Burrell	1st	open	Aztec Invitational	03-15-13
151-10	Jasmine Burrell	1st		San Diego Champs	03-09-13
154-01	Mikayla Howden	2nd		CSUSM Mangrum Invite	04-06-13
146-01	Mikayla Howden	8th	open	Aztec Invitational	03-15-13
143-09	Mikayla Howden	27th	invitational	Triton Invitational	04-26-13
142-11	Mikayla Howden	20th		Cal/Nevada Champs	03-30-13
138-02	Jasmine Burrell	31st	invitational	Triton Invitational	04-26-13
<b>136-10</b>	<b>Alex Evans</b>	<b>32nd</b>	<b>invitational</b>	<b>Triton Invitational</b>	<b>04-26-13</b>
131-04	Alexa Evans	5th		Soka Peace Invite	04-20-13
123-11	Alexa Evans	4th		San Diego Champs	03-09-13

## JAVELIN THROW

School Record: 178-03 (Liz Mueller, 1983)

Mark	Athlete	Place	Notes	Meet	Date
<b>148-09</b>	<b>Nicole Oudenaarden</b>	<b>1st</b>	<b>heptathlon</b>	<b>Aztec Invitational</b>	<b>03-15-13</b>
146-05	Nicole Oudenaarden	1st	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
<b>143-06</b>	<b>Brittany Bozeman</b>	<b>3rd</b>		<b>MW Champs</b>	<b>05-10-13</b>
143-04	Nicole Oudenaarden	3rd	heptathlon	NCAA Champs	06-07-13
142-03	Nicole Oudenaarden	1st		Cal/Nevada Champs	03-29-13
141-11	Nicole Oudenaarden	1st		San Diego Champs	03-09-13
141-00	Nicole Oudenaarden	5th		MW Champs	05-10-13
135-11	Brittany Bozeman	3rd	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
134-00	Nicole Oudenaarden	10th		Canadian Champs	06-22-13
131-09	Brittany Bozeman	1st		CSUSM Mangrum Invite	04-06-13
130-04	Brittany Bozeman	1st	heptathlon	MW Champs	05-09-13
<b>124-00</b>	<b>Allison Reaser</b>	<b>14th</b>	<b>heptathlon</b>	<b>NCAA Champs</b>	<b>06-07-13</b>
123-05	Brittany Bozeman	2nd	heptathlon	Aztec Invitational	03-15-13
121-05	Brittany Bozeman	16th	invitational	Aztec Invitational	03-16-13
119-06	Brittany Bozeman	5th		San Diego Champs	03-09-13
118-03	Brittany Bozeman	9th	prelims	Cal/Nevada Champs	03-29-13
117-06	Allison Reaser	11th	heptathlon	USA Champs	06-21-13
116-10	Allison Reaser	6th		San Diego Champs	03-09-13
116-07	Allison Reaser	3rd	heptathlon	MW Champs	05-09-13
115-00	Allison Reaser	11th	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
108-05	Allison Reaser	5th	heptathlon	Aztec Invitational	03-15-13

# SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (FINAL)

91-01	Alexa Evans	13th	open	Aztec Invitational	03-15-13
87-07	Karsen Sper	22nd	heptathlon; CA Inv.	Mt. SAC Relays	04-18-13
85-06	Karsen Sper	13th		CSUSM Mangrum Invite	04-06-13
80-01	Karsen Sper	13th		San Diego Champs	03-09-13
79-05	Karsen Sper	12th	heptathlon	Aztec Invitational	03-15-13
75-05	Sarah Haydock	16th		San Diego Champs	03-09-13
75-03	Sarah Haydock	16th	heptathlon	Aztec Invitational	03-15-13
75-01	Karsen Sper	12th	heptathlon	MW Champs	05-09-13
70-02	Sarah Haydock	20th		CSUSM Mangrum Invite	04-06-13

## HEPTATHLON

School Record: 5,813 (Allison Reaser, 2013)

Mark	Athlete	Place	Notes	Meet	Date
5,813	Allison Reaser	8th	school-record	NCAA Champs	06-06/07-13
5,774	Nicole Oudenaarden	1st	Mt. SAC; No. 2 all-time	Mt. SAC Relays	03-07/08-13
5,716	Nicole Oudenaarden	1st		Aztec Invitational	03-14/15-13
5,612	Allison Reaser	1st		MW Champs	05-08/09-13
5,527	Allison Reaser	6th	Mt. SAC	Mt. SAC Relays	03-07/08-13
5,495	Allison Reaser	14th		USA Champs	06-20/21-13
5,392	Allison Reaser	2nd		Aztec Invitational	03-14/15-13
5,221	Brittany Bozeman	2nd		MW Champs	05-08/09-13
5,145	Brittany Bozeman	10th	Mt. SAC	Mt. SAC Relays	03-07/08-13
4,971	Nicole Oudenaarden	23rd		NCAA Champs	06-06/07-13
4,825	Karsen Sper	14th	CA Invite	Mt. SAC Relays	03-07/08-13
4,809	Karsen Sper	5th		MW Champs	05-08/09-13
4,504	Karsen Sper	4th		Aztec Invitational	03-14/15-13
3,784	Sarah Haydock	11th		Aztec Invitational	03-14/15-13
----	Brittany Bozeman	DNF		Aztec Invitational	03-14/15-13

# SDSU 2013 TRACK & FIELD INDIVIDUAL SEASON BESTS (FINAL)

**KEY:** sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; f - finals; i - invitational; ei - elite invitational; o - open; s - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph)

## Brittany Bozeman

5-11 | Jr. | Moreno Valley, Calif. | Univ. of Mississippi  
**INDOOR SEASON**

<b>800 Meters (PR: 2:33.80 (2010))</b>			
2:53.23 (pn)	18th	MW Champs	Feb. 21
<b>60-Meter Hurdles (PR: 9.18 (Feb. 21, 2013))</b>			
9.37 (p)	26th	Cherry & Silver Invite	Jan. 19
9.33 (p)	28th	Don Kirby Elite Invite	Feb. 8
9.18 (pn)	8th	MW Champs	Feb. 21
<b>High Jump (PR: 5-03.75 (2011))</b>			
5-00.25 (pn)	T-14th	MW Champs	Feb. 21
<b>Long Jump (PR: 19-06.25 (2012))</b>			
17-02.25	T-20th	Cherry & Silver Invite	Jan. 19
17-11.00	19th	Don Kirby Elite Invite	Feb. 8
19-00.25 (pn, 9)	3rd	MW Champs	Feb. 21
<b>Shot Put (PR: 40-10.50 (Feb. 21, 2013))</b>			
ND	--	New Mexico Classic	Feb. 2
37-08.75	18th	Don Kirby Elite Invite	Feb. 8
40-10.50 (pn)	2nd	MW Champs	Feb. 21
<b>Pentathlon (PR: 3,542 (2012))</b>			
3,440 (9)	8th	MW Champs	Feb. 21
<b>OUTDOOR SEASON</b>			
<b>200 Meters (PR: 25.79 (March 14, 2013))</b>			
26.19	12th	San Diego Champs	March 9
25.79 (hp)	5th	Aztec Invitational	March 14
25.63 (Mt. SAC hp, w)	14th	Mt. SAC Relays	April 17
27.12	23rd	Triton Invitational	April 27
25.13 (hp, w)	3rd	MW Champs	May 8
<b>800 Meters (PR: 2:27.36 (May 9, 2013))</b>			
2:29.37 (Mt. SAC hp)	10th	Mt. SAC Relays	April 18
2:27.36 (hp)	8th	MW Champs	May 9
<b>100-Meter Hurdles (14.61 (May 8, 2013 &amp; 2011))</b>			
15.13 (hp)	8th	Aztec Invitational	March 14
15.13 (p)	20th	Cal/Nevada Champs	March 29
14.84	6th	CSUSM Mangrum Invite	April 6
NT	--	Arnie Robinson Invite	April 13
15.19 (Mt. SAC hp)	17th	Mt. SAC Relays	April 17
14.85	7th	Triton Invitational	April 27
14.61 (hp)	5th	MW Champs	May 8
<b>High Jump (PR: 5-03.00 (2010))</b>			
5-00.25	7th	San Diego Champs	March 9
5-02.25 (hp)	7th	Aztec Invitational	March 14
5-01.25 (Mt. SAC hp)	T-11th	Mt. SAC Relays	April 17
NH	--	Triton Invitational	April 27
5-01.00 (hp)	T-10th	MW Champs	May 8
<b>Long Jump (PR: 20-10.50 (2010))</b>			
17-05.25 (hp)	4th	Aztec Invitational	March 15
17-08.75 (i)	T-8th	Aztec Invitational	March 16
18-05.75	9th	Cal/Nevada Champs	March 29
19-06.75 (MS hp, w)	3rd	Mt. SAC Relays	April 18
18-08.50	3rd	Triton Invitational	April 27
18-07.00 (hp, w)	3rd	MW Champs	May 9
18-10.75 (w)	11th	MW Champs	May 10
19-06.25 (p, w)	27th	NCAA Prelims	May 23
<b>Shot Put (PR: 41-00.25 (March 30, 2013))</b>			
39-01.00	5th	San Diego Champs	March 9
37-11.25 (hp)	3rd	Aztec Invitational	March 14
39-05.00 (i)	25th	Aztec Invitational	March 16
41-00.25	11th	Cal/Nevada Champs	March 30
38-03.25	4th	Arnie Robinson Invite	April 13
35-01.75 (Mt. SAC hp)	15th	Mt. SAC Relays	April 17
36-04.00	27th	Triton Invitational	April 27
38-03.25 (hp)	2nd	MW Champs	May 8
<b>Javelin Throw (PR: 148-00 (2011))</b>			
119-06	5th	San Diego Champs	March 9
123-05 (hp)	2nd	Aztec Invitational	March 15
121-05 (i)	16th	Aztec Invitational	March 16

118-03	9th	Cal/Nevada Champs	March 29
131-09	1st	CSUSM Mangrum Invite	April 6
135-11 (Mt. SAC hp)	3rd	Mt. SAC Relays	April 18
130-04 (hp)	1st	MW Champs	May 9
143-06	3rd	MW Champs	May 10
<b>Heptathlon (PR: 5,290 (2011))</b>			
--	DNF	Aztec Invitational	March 14-15
5,146 (Mt. SAC)	10th	Mt. SAC Relays	April 17-18
5,221 (9)	2nd	MW Champs	May 8-9

## Kristen Brown

5-4 | So. | Owings Mills, Md. | Virginia Tech  
**INDOOR SEASON**

<b>60 Meters (PR: 7.81 (Feb. 2, 2013))</b>			
7.81 (p)	T-14th	New Mexico Classic	Feb. 2
FS (p)	--	Don Kirby Elite Invite	Feb. 8
<b>60-Meter Hurdles (PR: 8.28 (Feb. 22, 2013))</b>			
8.71 (p)	6th	Cherry & Silver Invite	Jan. 19
8.56 (f)	4th	Cherry & Silver Invite	Jan. 19
8.40 (p)	1st	New Mexico Classic	Feb. 2
8.41 (f)	2nd	New Mexico Classic	Feb. 2
8.37 (p)	5th	Don Kirby Elite Invite	Feb. 8
8.35 (f)	3rd	Don Kirby Elite Invite	Feb. 8
8.28 (p, 2)	1st	MW Champs	Feb. 22
8.40 (f)	1st	MW Champs	Feb. 23
8.40 (f)	1st	UW Final Qualifier	March 1
<b>Pole Vault (PR: 13-10.00 (Feb. 8, 2013))</b>			
12-11.50	4th	Cherry & Silver Invite	Jan. 19
13-07.25	2nd	New Mexico Classic	Feb. 2
13-10.00 (s, 5)	T-6th	Don Kirby Elite Invite	Feb. 8
13-06.25	1st	MW Champs	Feb. 22
13-05.00	1st	UW Final Qualifier	March 1
<b>OUTDOOR SEASON</b>			
<b>200 Meters (PR: 25.87 (March 15, 2013))</b>			
25.87 (o)	14th	Aztec Invitational	March 15
<b>100-Meter Hurdles (PR: 13.56 (May 10, 2013))</b>			
14.17 (i)	4th	Aztec Invitational	March 16
13.82 (p)	1st	Cal/Nevada Champs	March 29
13.85 (f)	1st	Cal/Nevada Champs	March 30
13.56 (o, w)	3rd	Mt. SAC Relays	April 19
13.68 (h)	7th	Penn Relays	April 26
13.69 (ch)	8th	Penn Relays	April 27
13.56 (p)	1st	MW Champs	May 10
13.60 (f)	2nd	MW Champs	May 11
13.86 (p)	T-17th	NCAA Prelims	May 24
13.65 (f)	20th	NCAA Prelims	May 25
<b>Shuttle Hurdles Relay</b>			
1:00.45 (ch)	7th	Penn Relays	April 26
<b>Pole Vault (PR: 14-00.00 (March 9, 2013))</b>			
14-00.00 (3)	1st	San Diego Champs	March 9
12-08.75 (i)	4th	Aztec Invitational	March 16
12-07.50	2nd	Cal/Nevada Champs	March 29
13-03.50 (o-a)	6th	Mt. SAC Relays	April 19
13-07.25	1st	MW Champs	May 10
12-08.00	T-18th	NCAA Prelims	May 24

## Jasmine Burrell

5-8 | RS-So. | Torrance, Calif. | North Torrance HS  
**INDOOR SEASON**

<b>Shot Put (PR: 51-10.50 (Feb. 23, 2013))</b>			
46-02.00	7th	Cherry & Silver Invite	Jan. 19
48-10.75	5th	New Mexico Classic	Feb. 2
50-02.75	10th	Don Kirby Elite Invite	Feb. 8
51-10.50 (2)	1st	MW Champs	Feb. 23
<b>Weight Throw (PR: 64-01.25 (Feb. 22, 2013))</b>			
59-00.75	4th	New Mexico Classic	Feb. 1
62-05.25	5th	Don Kirby Elite Invite	Feb. 8
64-01.25 (sr)	3rd	MW Champs	Feb. 22
<b>OUTDOOR SEASON</b>			
<b>Shot Put (PR: 49-06.25 (April 20, 2012))</b>			
46-00.00	1st	San Diego Champs	March 9

48-11.75 (i)	1st	Aztec Invitational	March 16
Foul	--	Cal/Nevada Champs	March 30
45-08.50	1st	Arnie Robinson Invite	April 13
48-02.50 (o)	7th	Mt. SAC Relays	April 19
46-06.75 (i)	11th	Triton Invitational	April 27
49-03.00	4th	MW Champs	May 11
<b>Discus Throw (PR: 181-05 (May 10, 2013))</b>			
164-01	1st	San Diego Champs	March 9
173-09 (i)	1st	Aztec Invitational	March 16
163-10	2nd	Cal/Nevada Champs	March 29
163-01	1st	Arnie Robinson Invite	April 13
167-05 (i)	9th	Mt. SAC Relays	April 19
Foul (ei)	--	Triton Invitational	April 25
163-00 (i)	17th	Triton Invitational	April 26
181-05 (4)	1st	MW Champs	May 10
Foul	--	NCAA Prelims	May 24
<b>Hammer Throw (PR: 186-11 (May 11, 2013))</b>			
151-10	1st	San Diego Champs	March 9
163-01 (o)	1st	Aztec Invitational	March 15
176-11	3rd	Cal/Nevada Champs	March 30
138-02 (i)	31st	Triton Invitational	April 26
186-11 (2)	4th	MW Champs	May 11

## Antonique Campbell

5-4 | Jr. | St. James, Jamaica | New Mexico JC  
**OUTDOOR SEASON**

<b>100 Meters (PR: 12.35 (April 6, 2013))</b>			
12.67	4th	San Diego Champs	March 9
12.35	3rd	CSUSM Mangrum Invite	April 6
<b>200 Meters (PR: 24.16 (April 7, 2012))</b>			
25.13 (p)	10th	Cal/Nevada Champs	March 29
<b>400 Meters (PR: 54.79 (May 15, 2012))</b>			
57.14	4th	CSUSM Mangrum Invite	April 6
56.89	11th	Occidental Invite	May 4
57.08 (p)	12th	MW Champs	May 10
<b>4x100-Meter Relay</b>			
47.47	8th	MW Champs	May 11
<b>4x200-Meter Relay</b>			
1:37.06 (h)	16th	Penn Relays	April 26
<b>4x400-Meter Relay</b>			
3:45.30	4th	Aztec Invitational	March 16
3:43.01	1st	Cal/Nevada Champs	March 30

## Maya Carter

5-6 | So. | Racine, Wisc. | Case HS  
**INDOOR SEASON**

<b>400 Meters (PR: 59.10 (Feb. 22, 2013))</b>			
59.81	23rd	New Mexico Classic	Feb. 2
59.10 (p)	20th	MW Champs	Feb. 22
<b>4x400-Meter Relay</b>			
3:51.20	4th	New Mexico Classic	Feb. 2
<b>OUTDOOR SEASON</b>			
<b>200 Meters (PR: 25.87 (March 9, 2013))</b>			
25.87	6th	San Diego Champs	March 9
<b>400 Meters (PR: 1:00.78 (March 9, 2013))</b>			
1:00.78	6th	San Diego Champs	March 9
1:01.22	19th	Occidental Invite	May 4
<b>400-Meter Hurdles (PR: 1:02.81 (April 27, 2013))</b>			
1:05.05 (i)	19th	Aztec Invitational	March 16
1:04.78 (p)	13th	Cal/Nevada Champs	March 29
1:05.32	5th	CSUSM Mangrum Invite	April 6
1:02.81	5th	Triton Invitational	April 27
1:04.03 (p)	14th	MW Champs	May 10

## Eva Davidová

6-0 | Fr. | Prague, Czech Republic | Int'l School of Prague  
**OUTDOOR SEASON**

<b>400 Meters (PR: 1:01.16 (April 13, 2013))</b>			
1:01.77	8th	San Diego Champs	March 9



# SDSU 2013 TRACK & FIELD INDIVIDUAL SEASON BESTS (FINAL)

<b>1:01.16</b>	<b>2nd</b>	<b>Arnie Robinson Invite</b>	<b>April 13</b>
<b>100-Meter Hurdles (PR: 16.13 (April 13, 2013))</b>			
<b>16.13</b>	<b>2nd</b>	<b>Arnie Robinson Invite</b>	<b>April 13</b>
<b>400-Meter Hurdles (PR: 1:05.37 (April 27, 2013))</b>			
1:06.04 (o)	9th	Aztec Invitational	March 15
1:05.55 (p)	17th	Cal/Nevada Champs	March 29
<b>1:05.37</b>	<b>10th</b>	<b>Triton Invitational</b>	<b>April 27</b>
<b>4x400-Meter Relay</b>			
<b>3:55.72</b>	<b>1st</b>	<b>San Diego Champs</b>	<b>March 9</b>

## Alex Evans

5-5 | Sr. | Houston, Texas | Hightower HS

### INDOOR SEASON

**60-Meter Hurdles (PR: 8.56 (Feb. 23, 2013))**

9.03 (p)	17th	Cherry & Silver Invite	Jan. 19
8.88 (p)	8th	New Mexico Classic	Feb. 2
8.77 (f)	6th	New Mexico Classic	Feb. 2
9.41 (p)	29th	Don Kirby Elite Invite	Feb. 8
8.70 (p)	7th	MW Champs	Feb. 22
<b>8.56 (f, 9)</b>	<b>4th</b>	<b>MW Champs</b>	<b>Feb. 23</b>

**Long Jump (PR: 19-00.00 (Feb. 10, 2012))**

18-06.25	3rd	New Mexico Classic	Feb. 1
18-05.25	14th	Don Kirby Elite Invite	Feb. 8
<b>18-10.00</b>	<b>6th</b>	<b>MW Champs</b>	<b>Feb. 22</b>

**Triple Jump (PR: 41-03.75 (Feb. 25, 2012))**

39-10.75	5th	Cherry & Silver Invite	Jan. 19
40-04.25	6th	New Mexico Classic	Feb. 2
<b>40-05.00</b>	<b>3rd</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 8</b>
Foul	--	MW Champs	Feb. 23

### OUTDOOR SEASON

**100 Meters (PR: 13.25 (March 9, 2013))**

<b>13.25</b>	<b>10th</b>	<b>San Diego Champs</b>	<b>March 9</b>
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**100-Meter Hurdles (PR: 1.3.80 (May 11, 2013))**

14.43 (o)	5th	Aztec Invitational	March 15
14.67 (i)	8th	Aztec Invitational	March 16
14.11 (p, w)	8th	Cal/Nevada Champs	March 29
14.42 (f)	9th	Cal/Nevada Champs	March 30
14.03	3rd	CSUSM Mangrum Invite	April 6
13.86 (p)	4th	MW Champs	May 10
<b>13.80 (f)</b>	<b>5th</b>	<b>MW Champs</b>	<b>May 11</b>
14.48 (p)	41st	NCAA Prelims	May 24

### Shuttle Hurdles Relay

<b>1:00.45 (ch)</b>	<b>7th</b>	<b>Penn Relays</b>	<b>April 26</b>
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**Long Jump (PR: 19-01.50 (March 31, 2012))**

17-10.25 (i)	7th	Aztec Invitational	March 16
<b>18-02.50</b>	<b>14th</b>	<b>Cal/Nevada Champs</b>	<b>March 29</b>
17-03.50	18th	MW Champs	May 10

**Triple Jump (PR: 42-09.00 (May 11, 2013))**

39-10.75	2nd	Cal/Nevada Champs	March 30
41-00.50 (i)	10th	Mt. SAC Relays	April 20
39-06.50 (w, co)	14th	Penn Relays	April 26
<b>42-09.00 (4)</b>	<b>2nd</b>	<b>MW Champs</b>	<b>May 11</b>
43-00.50 (w)	6th	NCAA Prelims	May 25
40-06.75 (w)	24th	NCAA Champs	June 7

## Alexa Evans

6-0 | RS-Fr. | San Diego, Calif. | West Hills HS

### OUTDOOR SEASON

**Shot Put (PR: 41-01.75 (March 15, 2013))**

32-10.50	12th	San Diego Champs	March 9
<b>41-01.75 (o)</b>	<b>4th</b>	<b>Aztec Invitational</b>	<b>March 15</b>
37-02.50	18th	Cal/Nevada Champs	March 30
36-10.25	5th	Arnie Robinson Invite	April 13

**Discus Throw (PR: 159-02 (March 29, 2013))**

118-02	7th	San Diego Champs	March 9
132-00 (o)	9th	Aztec Invitational	March 15
<b>159-02 (9)</b>	<b>5th</b>	<b>Cal/Nevada Champs</b>	<b>March 29</b>
151-09	2nd	Arnie Robinson Invite	April 13
147-05	2nd	Soka Peace Invite	April 20
Foul (o)	--	Triton Invitational	April 26
151-02	8th	MW Champs	May 10

**Hammer Throw (PR: 131-04 (April 20, 2013))**

123-11	4th	San Diego Champs	March 9
131-04	5th	Soka Peace Invite	April 20
<b>136-10 (i)</b>	<b>32nd</b>	<b>Triton Invitational</b>	<b>April 26</b>

**Javelin Throw (PR: 91-01 (March 15, 2013))**

<b>91-01 (o)</b>	<b>13th</b>	<b>Aztec Invitational</b>	<b>March 15</b>
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## Ellie Fanaika

5-7 | Sr. | Sacramento, Calif. | Florin HS

### INDOOR SEASON

**Weight Throw (PR: 59-01.50 (Feb. 24, 2012))**

55-11.00	5th	New Mexico Classic	Feb. 1
<b>59-00.00</b>	<b>10th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 8</b>
53-01.00	13th	MW Champs	Feb. 22

## Brittany Gonter

5-8.5 | RS-So. | Hemet, Calif. | Hemet HS

### INDOOR SEASON

**Shot Put (PR: 44-05.25 (Feb. 23, 2013))**

41-10.00	11th	New Mexico Classic	Feb. 2
43-02.25	15th	Don Kirby Elite Invite	Feb. 8
<b>44-05.25 (6)</b>	<b>12th</b>	<b>MW Champs</b>	<b>Feb. 23</b>

### OUTDOOR SEASON

**Shot Put (PR: 46-02.50 (April 14, 2012))**

43-02.50	2nd	San Diego Champs	March 9
43-06.00 (i)	T-11th	Aztec Invitational	March 16
42-06.00	3rd	Arnie Robinson Invite	April 13
Foul	--	Triton Invitational	April 27
<b>44-00.50</b>	<b>12th</b>	<b>MW Champs</b>	<b>May 11</b>

**Discus Throw (PR: 146-01 (May 10, 2013))**

143-08	2nd	San Diego Champs	March 9
145-08 (o)	2nd	Aztec Invitational	March 15
136-06	3rd	Arnie Robinson Invite	April 13
138-09	8th	Soka Peace Invite	April 20
120-00 (o)	16th	Triton Invitational	April 26
<b>146-01</b>	<b>9th</b>	<b>MW Champs</b>	<b>May 10</b>

## Sarah Haydock

5-6 | So. | Huntington Beach, Calif. | Fountain Valley HS

### OUTDOOR SEASON

**200 Meters (PR: 27.83 (March 14, 2013))**

<b>27.83 (hp)</b>	<b>16th</b>	<b>Aztec Invitational</b>	<b>March 14</b>
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**800 Meters (PR: 2:39.96 (March 15, 2013))**

<b>2:39.96 (hp)</b>	<b>13th</b>	<b>Aztec Invitational</b>	<b>March 15</b>
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**100-Meter Hurdles (PR: 1.6.28 (March 14, 2013))**

16.57	8th	San Diego Champs	March 9
<b>16.28 (hp)</b>	<b>15th</b>	<b>Aztec Invitational</b>	<b>March 14</b>

**High Jump (PR: 4-10.50 (March 14, 2013))**

4-06.25	14th	San Diego Champs	March 9
<b>4-10.50 (hp)</b>	<b>11th</b>	<b>Aztec Invitational</b>	<b>March 14</b>
4-09.00	T-12th	CSUSM Mangrum Invite	April 6
4-09.75	2nd	Arnie Robinson Invite	April 13
NH (i)	--	Triton Invitational	April 27

**Long Jump (PR: 16-06.00 (March 10, 2012))**

15-09.75	10th	San Diego Champs	March 9
<b>15-11.00 (hp)</b>	<b>12th</b>	<b>Aztec Invitational</b>	<b>March 15</b>

**Shot Put (PR: 30-07.75 (March 24, 2012))**

<b>27-00.00</b>	<b>18th</b>	<b>San Diego Champs</b>	<b>March 9</b>
26-11.75 (hp)	16th	Aztec Invitational	March 14
26-02.75	10th	Arnie Robinson Invite	April 13
24-10.00 (i)	32nd	Triton Invitational	April 27

**Javelin Throw (PR: 75-05 (March 9, 2013))**

<b>75-05</b>	<b>16th</b>	<b>San Diego Champs</b>	<b>March 9</b>
75-03 (hp)	16th	Aztec Invitational	March 15
70-02	20th	CSUSM Mangrum Invite	April 6

**Heptathlon (PR: 3,784 (March 14-15, 2013))**

<b>3,784</b>	<b>11th</b>	<b>Aztec Invitational</b>	<b>March 14-15</b>
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## Kelsy Hintz

5-6 | Sr. | Crescent City, Calif. | Del Norte HS

### INDOOR SEASON

**Pole Vault (PR: 14-00.00 (Feb. 24, 2012))**

NH	--	Cherry & Silver Invite	Jan. 19
12-11.50	6th	New Mexico Classic	Feb. 2
13-02.25	5th	Don Kirby Elite Invite	Feb. 8
<b>13-02.50</b>	<b>T-2nd</b>	<b>MW Champs</b>	<b>Feb. 22</b>
12-11.00	T-2nd	UW Final Qualifier	March 1

### OUTDOOR SEASON

**Pole Vault (PR: 13-10.00 (April 28, 2012))**

<b>13-04.25</b>	<b>2nd</b>	<b>San Diego Champs</b>	<b>March 9</b>
12-08.75 (i)	5th	Aztec Invitational	March 16
13-03.50	1st	Cal/Nevada Champs	March 29
NH	--	CSUSM Mangrum Invite	April 6
11-02.25 (i)	7th	Triton Invitational	April 27
11-11.75	9th	MW Champs	May 10

## Marianne Hogan

5-3 | Jr. | Bedford, Quebec, Canada | Academie Les Estacades

### OUTDOOR SEASON

**10,000 Meters (PR: 35:19.90 (April 14, 2011))**

37:20.16	6th	Cal/Nevada Champs	March 29
<b>37:01.14 (o-b)</b>	<b>14th</b>	<b>Mt. SAC Relays</b>	<b>April 18</b>
39:53.50	12th	MW Champs	May 10

## Mikayla Howden

5-10 | Jr. | San Diego, Calif. | San Diego HS

### INDOOR SEASON

**Weight Throw (PR: 54-09.25 (2012))**

49-10.00	11th	New Mexico Classic	Feb. 1
<b>53-01.00 (6)</b>	<b>14th</b>	<b>MW Champs</b>	<b>Feb. 22</b>

### OUTDOOR SEASON

**Hammer Throw (PR: 164-00 (April 20, 2013))**

146-01 (o)	8th	Aztec Invitational	March 15
142-11	20th	Cal/Nevada Champs	March 30
154-01	2nd	CSUSM Mangrum Invite	April 6
<b>164-00 (8)</b>	<b>2nd</b>	<b>Soka Peace Invite</b>	<b>April 20</b>
143-09 (i)	27th	Triton Invitational	April 26

## LaQuisha Jackson

5-6 | Fr. | Chattanooga, Tenn. | Howard School of Academics Tech.

### INDOOR SEASON

**400 Meters (PR: 55.92 (Feb. 2, 2013))**

<b>55.92 (9)</b>	<b>4th</b>	<b>New Mexico Classic</b>	<b>Feb. 2</b>
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**800 Meters (PR: N/A)**

DNF	--	Cherry & Silver Invite	Jan. 19
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### OUTDOOR SEASON

**100 Meters (PR: 11.58 (May 23, 2013))**

11.81 (o)	8th	Mt. SAC Relays	April 19
11.69	4th	Occidental Invite	May 4
11.31 (p, w)	1st	MW Champs	May 10
11.31 (f, w)	1st	MW Champs	May 11
<b>11.58 (p, 7)</b>	<b>20th</b>	<b>NCAA Prelims</b>	<b>May 23</b>
11.78 (f)	13th	NCAA Prelims	May 24

**200 Meters (PR: 23.23 (May 11, 2013))**

23.88 (o, w)	11th	Mt. SAC Relays	April 19
23.49 (p, w)	2nd	MW Champs	May 10
<b>23.23 (f, 2)</b>	<b>1st</b>	<b>MW Champs</b>	<b>May 11</b>
23.90 (p)	T-16th	NCAA Prelims	May 24
23.92 (f)	18th	NCAA Prelims	May 25

**400 Meters (PR: 56.11 (April 6, 2013))**

<b>56.11</b>	<b>2nd</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>
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**800 Meters (PR: 2:29.84 (March 9, 2013))**

<b>2:29.84</b>	<b>15th</b>	<b>San Diego Champs</b>	<b>March 9</b>
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**4x100-Meter Relay**

<b>47.47</b>	<b>8th</b>	<b>MW Champs</b>	<b>May 11</b>
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**4x200-Meter Relay**

<b>1:37.06 (h)</b>	<b>16th</b>	<b>Penn Relays</b>	<b>April 26</b>
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# SDSU 2013 TRACK & FIELD INDIVIDUAL SEASON BESTS (FINAL)

## 4x400-Meter Relay

3:43.01	1st	Cal/Nevada Champs	March 30
3:41.35 (h)	11th	Penn Relays	April 25
3:35.41	1st	MW Champs	May 11

## Renetia James

5-8.5 | Fr. | Carson, Calif. | Junipero Serra HS  
OUTDOOR SEASON

200 Meters (PR: N/A)

26.22 (w)	13th	San Diego Champs	March 9
<b>400 Meters (PR: 55.63 (May 11, 2013))</b>			
56.56	1st	San Diego Champs	March 9
56.30 (i)	13th	Aztec Invitational	March 16
57.59 (p)	12th	Cal/Nevada Champs	March 29
56.35	3rd	CSUSM Mangrum Invite	April 6
55.83 (o)	28th	Mt. SAC Relays	April 19
56.64	10th	Occidental Invite	May 4
55.96 (p)	4th	MW Champs	May 10
55.63 (f)	5th	MW Champs	May 11

## 4x400-Meter Relay

3:45.30	4th	Aztec Invitational	March 16
3:41.35 (h)	11th	Penn Relays	April 25
3:35.42 (co)	3rd	Penn Relays	April 27
3:37.73	14th	NCAA Prelims	May 25

## Josefine Koskinen

5-5 | Sr. | Stockholm, Sweden | Stockholm University  
OUTDOOR SEASON

400 Meters (PR: 57.92 (April 27, 2013))

57.92	11th	Triton Invitational	April 27
<b>800 Meters (PR: 2:07.86 (May 4, 2013))</b>			
2:12.02 (i)	7th	Aztec Invitational	March 16
DNF (p)	--	Cal/Nevada Champs	March 29
2:11.91 (o)	37th	Mt. SAC Relays	April 19
2:07.86 (6)	5th	Occidental Invite	May 4
2:10.17 (p)	8th	MW Champs	May 10
2:10.17 (f)	6th	MW Champs	May 11
2:11.36 (p)	38th	NCAA Prelims	May 23

1,500 Meters (PR: 4:33.85 (April 28, 2012))

4:46.27	3rd	San Diego Champs	March 9
4:37.67 (i)	12th	Aztec Invitational	March 15
4:41.66	5th	CSUSM Mangrum Invite	April 6
4:37.20	1st	Triton Invitational	April 27

## 4x400-Meter Relay

3:55.72	1st	San Diego Champs	March 9
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## Chelsea Kruthers

5-4 | Fr. | San Juan Capistrano, Calif. (San Juan Hills HS)  
OUTDOOR SEASON

400 Meters (PR: 1:02.82 (April 27, 2013))

1:02.82	15th	Triton Invitational	April 27
<b>800 Meters (PR: 2:09.45 (May 10, 2013))</b>			
2:13.82 (i)	13th	Aztec Invitational	March 16
2:13.16 (p)	8th	Cal/Nevada Champs	March 29
2:12.37 (f)	5th	Cal/Nevada Champs	March 30
2:11.49 (o)	33rd	Mt. SAC Relays	April 19
2:09.45 (p)	2nd	MW Champs	May 10
2:11.06 (f)	7th	MW Champs	May 11

1,500 Meters (PR: 4:37.95 (April 6, 2013))

4:40.46	1st	San Diego Champs	March 9
4:37.95	2nd	CSUSM Mangrum Invite	April 6

## 4x400-Meter Relay

3:55.72	1st	San Diego Champs	March 9
4:10.80	7th	CSUSM Mangrum Invite	April 6

## Carrington Mahr

5-11 | Jr. | Clovis, Calif. | UC Davis

OUTDOOR SEASON

High Jump (PR: 5-06.00 (Feb. 8, 2013 & Feb. 22, 2013))

5-04.25	6th	New Mexico Classic	Feb. 1
5-06.00	T-6th	Don Kirby Elite Invite	Feb. 8
5-06.00 (5)	7th	MW Champs	Feb. 22

OUTDOOR SEASON

High Jump (PR: 5-07.25 (May 8, 2010))

5-06.00	1st	San Diego Champs	March 9
5-05.00 (i)	8th	Aztec Invitational	March 16
5-03.00	6th	CSUSM Mangrum Invite	April 6
5-02.50	15th	MW Champs	May 11

## Thoraya Maronsey

5-9 | Sr. | La Mesa, Calif. | Helix HS

OUTDOOR SEASON

100 Meters (PR: 13.35 (April 13, 2013))

13.35	1st	Arnie Robinson Invite	April 13
<b>200 Meters (PR: 26.81 (April 17, 2010))</b>			
27.61	22nd	San Diego Champs	March 9
27.29	20th	CSUSM Mangrum Invite	April 6

Long Jump (PR: 17-10.25 (March 15, 2013))

17-01.25	4th	San Diego Champs	March 9
17-10.25 (o)	4th	Aztec Invitational	March 15
17-05.25	3rd	CSUSM Mangrum Invite	April 6

Triple Jump (PR: 39-07.75 (March 30, 2013))

38-06.75 (i)	3rd	Aztec Invitational	March 16
39-07.75	3rd	Cal/Nevada Champs	March 30
39-01.25 (o)	8th	Mt. SAC Relays	April 19
38-06.75 (w)	2nd	Triton Invitational	April 27
38-02.25	3rd	Occidental Invite	May 4
39-07.25 (w)	9th	MW Champs	May 11

## Lily Mayko

5-3 | Fr. | Portland, Ore. | Southridge HS

OUTDOOR SEASON

400 Meters (PR: 1:02.68 (April 13, 2013))

1:02.68	4th	Arnie Robinson Invite	April 13
<b>400-Meter Hurdles (PR: 1:04.52 (May 4, 2013))</b>			
1:06.89	6th	CSUSM Mangrum Invite	April 6
1:05.86	12th	Triton Invitational	April 27
1:04.52	14th	Occidental Invite	May 4

3,000-Meter Steeplechase (PR: 12:04.77 (March 15, 2013))

12:04.77 (i)	10th	Aztec Invitational	March 15
DNF	--	Cal/Nevada Champs	March 30

4x400-Meter Relay

4:10.80	7th	CSUSM Mangrum Invite	April 6
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## Jessica McCall

5-3 | Fr. | Saugus, Calif. | Saugus HS

OUTDOOR SEASON

1,500 Meters (PR: 4:43.96 (May 4, 2013))

4:47.15 (i)	26th	Aztec Invitational	March 15
4:55.22	12th	CSUSM Mangrum Invite	April 6
4:49.77 (o)	156th	Mt. SAC Relays	April 18
4:47.31	3rd	Triton Invitational	April 27
4:43.96	21st	Occidental Invite	May 4

3,000 Meters (PR: 10:30.96 (March 9, 2013))

10:30.96	5th	San Diego Champs	March 9
<b>5,000 Meters (PR: 18:27.85 (March 29, 2013))</b>			
18:27.85	22nd	Cal/Nevada Champs	March 29

4x400-Meter Relay

4:32.85	14th	San Diego Champs	March 9
4:10.80	7th	CSUSM Mangrum Invite	April 6

## Amanda Okun

5-5 | Jr. | Newbury Park, Calif. | Newbury Park HS

OUTDOOR SEASON

800 Meters (PR: 2:28.32 (May 1, 2011))

2:36.92 (o)	12th	Aztec Invitational	March 15
2:36.42	29th	CSUSM Mangrum Invite	April 6
2:38.33	29th	Triton Invitational	April 27

## Nicole Oudenaarden

5-10 | Fr. | St. Albert, Alberta, Canada | Paul Kane HS

INDOOR SEASON

200 Meters (PR: 24.67 (Feb. 8, 2013))

25.14	9th	New Mexico Classic	Feb. 1
24.67	9th	Don Kirby Elite Invite	Feb. 8
24.79 (p)	15th	MW Champs	Feb. 22

800 Meters (PR: 2:27.59 (Feb. 21, 2013))

2:27.59 (pn)	4th	MW Champs	Feb. 21
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60-Meter Hurdles (PR: 8.86 (Feb. 21, 2013))

9.09 (p)	26th	Don Kirby Elite Invite	Feb. 8
8.86 (pn)	4th	MW Champs	Feb. 21

4x400-Meter Relay

3:51.20	4th	New Mexico Classic	Feb. 2
<b>High Jump (PR: 5-01.25 (Feb. 21, 2013))</b>			
5-01.25 (pn)	T-9th	MW Champs	Feb. 21

Long Jump (PR: 19-07.50 (Feb. 21, 2013))

19-00.75	1st	New Mexico Classic	Feb. 1
18-08.00	12th	Don Kirby Elite Invite	Feb. 8
19-07.50 (pn, 7)	2nd	MW Champs	Feb. 21
18-11.75	5th	MW Champs	Feb. 22

Shot Put (PR: 47-07.25 (Feb. 8, 2013))

44-05.25	7th	New Mexico Classic	Feb. 2
47-07.25 (4)	12th	Don Kirby Elite Invite	Feb. 8
47-07.00 (pn)	1st	MW Champs	Feb. 21

Pentathlon (PR: 3,969 (Feb. 21, 2013))

3,969 (2)	2nd	MW Champs	Feb. 21
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OUTDOOR SEASON

200 Meters (PR: 24.79 (March 14, 2013))

24.79 (hp)	2nd	Aztec Invitational	March 14
25.01	1st	Arnie Robinson Invite	April 13
24.73 (Mt. SAC hp, w)	6th	Mt. SAC Relays	April 17
24.68 (hp, w)	10th	NCAA Champs	June 6

400 Meters (PR: 56.22 (May 11, 2013))

56.67	2nd	San Diego Champs	March 9
57.12 (p)	8th	Cal/Nevada Champs	March 29
56.61 (f)	5th	Cal/Nevada Champs	March 30
56.31 (p)	7th	MW Champs	May 10
56.22 (f)	7th	MW Champs	May 11

800 Meters (PR: 2:19.81 (April 18, 2013))

2:22.63 (hp)	3rd	Aztec Invitational	March 15
2:19.81 (Mt. SAC hp)	7th	Mt. SAC Relays	April 18
2:20.29 (hp)	15th	NCAA Champs	June 7

100-Meter Hurdles (PR: 14.43 (April 17, 2013))

14.82 (hp)	4th	Aztec Invitational	March 14
14.43 (Mt. SAC hp)	15th	Mt. SAC Relays	April 17
14.30 (hp, w)	22nd	NCAA Champs	June 6

High Jump (PR: 5-05.75 (March 14, 2013))

5-05.75 (hp)	1st	Aztec Invitational	March 14
5-00.25	T-18th	Cal/Nevada Champs	March 30
NH	--	CSUSM Mangrum Invite	April 6
5-02.50 (Mt. SAC hp)	T-9th	Mt. SAC Relays	April 17
NH (hp)	--	NCAA Champs	June 6

Long Jump (PR: 19-08.00 (May 23, 2013))

18-10.00 (hp)	1st	Aztec Invitational	March 15
20-00.25 (NS hp, w)	2nd	Mt. SAC Relays	April 18
19-08.75 (w)	4th	MW Champs	May 10
19-08.00 (9)	24th	NCAA Prelims	May 23
19-04.00 (hp)	11th	NCAA Champs	June 7

Shot Put (PR: 46-00.75 (March 14, 2013))

42-02.00	3rd	San Diego Champs	March 9
46-00.75 (hp)	1st	Aztec Invitational	March 14
44-09.75 (i)	8th	Aztec Invitational	March 16
45-04.25	6th	Cal/Nevada Champs	March 30

# SDSU 2013 TRACK & FIELD INDIVIDUAL SEASON BESTS (FINAL)

43-05.75	2nd	Arnie Robinson Invite	April 13
45-10.50 (MS hp)	2nd	Mt. SAC Relays	April 17
44-06.75	10th	MW Champs	May 11
43-06.00 (hp)	2nd	NCAA Champs	June 6
40-10.25	10th	Canadian Champs	June 21
<b>Javelin Throw (PR: 148-09 (March 15, 2013))</b>			
141-11	1st	San Diego Champs	March 9
<b>148-09 (hp)</b>	<b>1st</b>	<b>Aztec Invitational</b>	<b>March 15</b>
142-03	1st	Cal/Nevada Champs	March 29
146-05 (Mt. SAC hp)	1st	Mt. SAC Relays	April 18
141-00	5th	MW Champs	May 10
143-04 (hp)	3rd	NCAA Champs	June 7
134-00	10th	Canadian Champs	June 22
<b>Heptathlon (PR: 5,774 (April 17-18, 2013))</b>			
5,716	1st	Aztec Invitational	March 14-15
<b>5,774 (Mt. SAC, 2)</b>	<b>2nd</b>	<b>Mt. SAC Relays</b>	<b>April 17-18</b>
4,971	23rd	NCAA Champs	June 6-7

## Allison Reaser

5-7.5 | Jr. | El Segundo, Calif. | El Segundo HS  
**INDOOR SEASON**

<b>200 Meters (PR: 24.53 (Feb. 25, 2012))</b>			
DQ (p)	--	MW Champs	Feb. 22
<b>800 Meters (PR: 2:22.30 (Feb. 21, 2013))</b>			
2:22.30 (pn)	2nd	MW Champs	Feb. 21
<b>60-Meter Hurdles (PR: 8.39 (Feb. 23, 2012))</b>			
8.58 (p)	2nd	Cherry & Silver Invite	Jan. 19
8.48 (f)	3rd	Cherry & Silver Invite	Jan. 19
8.49 (p)	11th	Don Kirby Elite Invite	Feb. 8
8.51 (f)	6th	Don Kirby Elite Invite	Feb. 8
<b>8.43 (pn)</b>	<b>1st</b>	<b>MW Champs</b>	<b>Feb. 21</b>
8.49 (p)	2nd	MW Champs	Feb. 22
8.53 (f)	3rd	MW Champs	Feb. 23
<b>4x400-Meter Relay</b>			
3:50.26	4th	Cherry & Silver Invite	Jan. 19
3:44.41	7th	Don Kirby Elite Invite	Feb. 8
<b>3:42.11 (2)</b>	<b>1st</b>	<b>MW Champs</b>	<b>Feb. 23</b>
<b>High Jump (PR: 5-04.25 (Feb. 24, 2011))</b>			
5-02.25	17th	Don Kirby Elite Invite	Feb. 8
5-00.25 (pn)	T-14th	MW Champs	Feb. 21
<b>Long Jump (PR: 19-08.00 (Feb. 10, 2012 &amp; Feb. 21, 2013))</b>			
17-11.50	13th	Cherry & Silver Invite	Jan. 19
18-04.25	15th	Don Kirby Elite Invite	Feb. 8
<b>19-08.00 (pn)</b>	<b>1st</b>	<b>MW Champs</b>	<b>Feb. 21</b>
<b>Shot Put (PR: 39-00.25 (Feb. 23, 2012))</b>			
37-01.75	22nd	Cherry & Silver Invite	Jan. 19
<b>38-08.35</b>	<b>17th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 8</b>
38-06.75 (pn)	4th	MW Champs	Feb. 21
<b>Pentathlon (PR: 3,971 (Feb. 21, 2013))</b>			
<b>3,971 (sr)</b>	<b>1st</b>	<b>MW Champs</b>	<b>Feb. 21</b>

## OUTDOOR SEASON

<b>100 Meters (PR: 12.11 (March 29, 2013))</b>			
12.12	1st	San Diego Champs	March 9
<b>12.11 (p)</b>	<b>9th</b>	<b>Cal/Nevada Champs</b>	<b>March 29</b>
12.25 (f)	9th	Cal/Nevada Champs	March 30
<b>200 Meters (PR: 24.20 (June 30, 2012))</b>			
24.58 (hp)	1st	Aztec Invitational	March 14
24.28 (Mt. SAC hp, w)	3rd	Mt. SAC Relays	April 17
23.96 (hp, w)	1st	MW Champs	May 8
23.88 (hp, w)	3rd	NCAA Champs	June 6
<b>24.34 (hp)</b>	<b>10th</b>	<b>USA Champs</b>	<b>June 20</b>
<b>800 Meters (PR: 2:12.08 (June 7, 2013))</b>			
2:18.15 (hp)	2nd	Aztec Invitational	March 15
2:18.06 (Mt. SAC hp)	6th	Mt. SAC Relays	April 18
2:19.23 (hp)	1st	MW Champs	May 9
<b>2:12.08 (hp)</b>	<b>3rd</b>	<b>NCAA Champs</b>	<b>June 7</b>
2:19.93 (hp)	13th	USA Champs	June 21
<b>100-Meter Hurdles (PR: 13.30 (June 6, 2013))</b>			
14.32	1st	San Diego Champs	March 9
13.86 (hp)	1st	Aztec Invitational	March 14
14.02 (p)	4th	Cal/Nevada Champs	March 29
13.88 (f)	2nd	Cal/Nevada Champs	March 30

13.86	1st	CSUSM Mangrum Invite	April 6
13.56 (Mt. SAC hp)	1st	Mt. SAC Relays	April 17
14.18 (h)	19th	Penn Relays	April 26
13.65 (hp)	1st	MW Champs	May 8
13.63 (p)	2nd	MW Champs	May 10
13.41 (f)	1st	MW Champs	May 11
14.09 (p)	30th	NCAA Prelims	May 24
<b>13.30 (hp, T-7)</b>	<b>2nd</b>	<b>NCAA Champs</b>	<b>June 6</b>
13.35 (hp, w)	3rd	USA Champs	June 20
<b>400-Meter Hurdles (PR: 58.37 (April 28, 2012))</b>			
1:00.22 (p)	2nd	Cal/Nevada Champs	March 29
59.32 (f)	1st	Cal/Nevada Champs	March 30
1:00.05	1st	CSUSM Mangrum Invite	April 6
<b>58.65 (o)</b>	<b>1st</b>	<b>Mt. SAC Relays</b>	<b>April 19</b>
59.22 (p)	2nd	MW Champs	May 10
59.08 (f)	3rd	MW Champs	May 11
59.61 (p)	22nd	NCAA Prelims	May 23
1:00.65 (f)	23rd	NCAA Prelims	May 24

## 4x200-Meter Relay

<b>1:37.06 (h)</b>	<b>16th</b>	<b>Penn Relays</b>	<b>April 26</b>
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## 4x400-Meter Relay

<b>3:41.35 (h)</b>	<b>11th</b>	<b>Penn Relays</b>	<b>April 25</b>
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## Shuttle Hurdles Relay

<b>1:00.45 (ch)</b>	<b>7th</b>	<b>Penn Relays</b>	<b>April 26</b>
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## High Jump (PR: 5-04.25 (2 times, last June 29, 2012))

5-00.25	8th	San Diego Champs	March 9
<b>5-03.25 (hp)</b>	<b>6th</b>	<b>Aztec Invitational</b>	<b>March 14</b>
NH	--	CSUSM Mangrum Invite	April 6
5-01.00	1st	Arnie Robinson Invite	April 13
5-01.25 (Mt. SAC hp)	T-11th	Mt. SAC Relays	April 17
5-02.25 (hp)	T-6th	MW Champs	May 8
5-03.00 (hp)	T-20th	NCAA Champs	June 6
5-00.50 (hp)	17th	USA Champs	June 20

## Long Jump (PR: 19-09.75 (May 12, 2011))

18-01.00 (hp)	3rd	Aztec Invitational	March 15
18-09.75 (w)	4th	Cal/Nevada Champs	March 29
18-10.00 (MS hp)	7th	Mt. SAC Relays	April 18
19-04.00 (hp, w)	1st	MW Champs	May 9
<b>19-00.00 (hp)</b>	<b>15th</b>	<b>NCAA Champs</b>	<b>June 7</b>
18-05.00 (hp)	14th	USA Champs	June 21

## Shot Put (PR: 39-07.75 (June 20, 2013))

38-09.50	6th	San Diego Champs	March 9
38-00.75 (hp)	2nd	Aztec Invitational	March 14
37-10.00	4th	CSUSM Mangrum Invite	April 6
36-08.50	6th	Arnie Robinson Invite	April 13
38-09.50 (MS hp)	8th	Mt. SAC Relays	April 18
39-01.00 (hp)	1st	MW Champs	May 8
39-03.75 (hp)	10th	NCAA Champs	June 6
<b>39-07.75 (hp)</b>	<b>5th</b>	<b>USA Champs</b>	<b>June 20</b>

## Javelin Throw (PR: 132-00 (June 8, 2012))

116-10	6th	San Diego Champs	March 9
108-05 (hp)	5th	Aztec Invitational	March 15
115-00 (Mt. SAC hp)	11th	Mt. SAC Relays	April 18
116-07 (hp)	3rd	MW Champs	May 9
<b>124-00 (hp)</b>	<b>14th</b>	<b>NCAA Champs</b>	<b>June 7</b>
117-06 (hp)	11th	USA Champs	June 21

## Heptathlon (PR: 5,813 (June 6-7, 2013))

5,392	2nd	Aztec Invitational	March 14-15
5,527 (Mt. SAC)	6th	Mt. SAC Relays	April 17-18
5,612	1st	MW Champs	May 8-9
<b>5,813 (sr)</b>	<b>8th</b>	<b>NCAA Champs</b>	<b>June 6-7</b>
5,495	14th	USA Champs	June 20-21

## Amy Reaser

5-5 | Jr. | El Segundo, Calif. | El Segundo HS  
**OUTDOOR SEASON**

<b>1,500 Meters (PR: 5:01.40 (March 16, 2012))</b>			
<b>5:08.08</b>	<b>29th</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>
5:11.46	5th	Arnie Robinson Invite	April 13
5:17.97	17th	Triton Invitational	April 27
<b>3,000 Meters (PR: 10:58.87 (April 6, 2013))</b>			
11:02.34	18th	San Diego Champs	March 9

11:20.21 (i)	11th	Aztec Invitational	March 15
<b>10:58.87</b>	<b>19th</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>
<b>4x400-Meter Relay</b>			
<b>4:32.85</b>	<b>14th</b>	<b>San Diego Champs</b>	<b>March 9</b>

## Deyna Roberson

5-10 | Gr. | San Diego, Calif. | UC San Diego  
**INDOOR SEASON**

<b>400 Meters (PR: 55.99 (Feb. 22, 2013))</b>			
57.86	14th	Cherry & Silver Invite	Jan. 19
57.60	9th	New Mexico Classic	Feb. 2
57.01	9th	Don Kirby Elite Invite	Feb. 8
<b>55.99 (p)</b>	<b>3rd</b>	<b>MW Champs</b>	<b>Feb. 22</b>
56.02 (f)	4th	MW Champs	Feb. 23
<b>600 Meters (PR: 1:36.86 (Feb. 1, 2013))</b>			
<b>1:36.86</b>	<b>5th</b>	<b>New Mexico Classic</b>	<b>Feb. 1</b>
<b>4x400-Meter Relay</b>			
3:50.26	4th	Cherry & Silver Invite	Jan. 19
3:51.20	4th	New Mexico Classic	Feb. 2
3:44.41	7th	Don Kirby Elite Invite	Feb. 8
<b>3:42.11 (2)</b>	<b>1st</b>	<b>MW Champs</b>	<b>Feb. 23</b>

## OUTDOOR SEASON

<b>200 Meters (PR: 25.25 (wind)) (March 9, 2013)</b>			
<b>25.25 (w)</b>	<b>2nd</b>	<b>San Diego Champs</b>	<b>March 9</b>
<b>400 Meters (PR: 57.28 (March 9, 2013))</b>			
<b>57.28</b>	<b>4th</b>	<b>San Diego Champs</b>	<b>March 9</b>
<b>400-Meter Hurdles (PR: 58.36 (May 11, 2013))</b>			
1:00.74 (i)	3rd	Aztec Invitational	March 16
1:00.93 (p)	3rd	Cal/Nevada Champs	March 29
1:00.71 (f)	3rd	Cal/Nevada Champs	March 30
1:01.20	2nd	CSUSM Mangrum Invite	April 6
59.97 (o)	10th	Mt. SAC Relays	April 19
1:00.32 (ch)	13th	Penn Relays	April 25
58.86	3rd	Occidental Invite	May 4
58.91 (p)	1st	MW Champs	May 10
<b>58.36 (f, 3)</b>	<b>1st</b>	<b>MW Champs</b>	<b>May 11</b>
59.53 (p)	20th	NCAA Prelims	May 23
59.78 (f)	18th	NCAA Prelims	May 24
<b>4x400-Meter Relay</b>			
3:45.30	4th	Aztec Invitational	March 16
3:43.01	1st	Cal/Nevada Champs	March 30
3:41.35 (h)	11th	Penn Relays	April 25
3:35.42 (co)	3rd	Penn Relays	April 27
<b>3:35.41 (6)</b>	<b>1st</b>	<b>MW Champs</b>	<b>May 11</b>
3:37.73	14th	NCAA Prelims	May 25

## Rachel Roesgen

5-11 | Fr. | Coto de Caza, Calif. | Santa Margarita Catholic HS  
**OUTDOOR SEASON**

<b>800 Meters (PR: 2:26.48 (April 27, 2013))</b>			
<b>2:26.48</b>	<b>23rd</b>	<b>Triton Invitational</b>	<b>April 27</b>
<b>1,500 Meters (PR: 4:49.31 (May 4, 2013))</b>			
5:00.50	24th	CSUSM Mangrum Invite	April 6
4:54.54	6th	Triton Invitational	April 27
<b>4:49.31</b>	<b>27th</b>	<b>Occidental Invite</b>	<b>May 4</b>
<b>3,000 Meters (PR: 11:02.07 (March 9, 2013))</b>			
<b>11:02.07</b>	<b>17th</b>	<b>San Diego Champs</b>	<b>March 9</b>
<b>3,000-Meter Steeplechase (PR: 12:27.85 (March 30, 2013))</b>			
<b>12:27.85</b>	<b>18th</b>	<b>Cal/Nevada Champs</b>	<b>March 30</b>
<b>4x400-Meter Relay</b>			
<b>4:10.80</b>	<b>7th</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>

## Hannah Sawatzki

5-0 | Fr. | San Diego, Calif. | Westview HS  
**OUTDOOR SEASON**

<b>3,000 Meters (PR: 10:47.72 (April 6, 2013))</b>			
10:56.81	14th	San Diego Champs	March 9
<b>10:47.72</b>	<b>12th</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>
10:47.92	4th	Triton Invitational	April 27



# SDSU 2013 TRACK & FIELD INDIVIDUAL SEASON BESTS (FINAL)

## 5,000 Meters (PR: 17:35.93 (March 15, 2013))

<b>17:35.93 (i)</b>	<b>11th</b>	<b>Aztec Invitational</b>	<b>March 15</b>
17:54.79	9th	Cal/Nevada Champs	March 29

## Thresa Vinson

5-5 | Fr. | Aptos, Calif. | Aptos HS

### OUTDOOR SEASON

#### Pole Vault (PR: 10-06.75 (March 9, 2013))

<b>10-06.75</b>	<b>9th</b>	<b>San Diego Champs</b>	<b>March 9</b>
10-04.00 (o)	T-14th	Aztec Invitational	March 15
10-05.25	6th	CSUSM Mangrum Invite	April 6
10-02.50 (i)	10th	Triton Invitational	April 27

## Holly Waseloff

5-10 | Jr. | Clovis, Calif. | Buchanan HS

### INDOOR SEASON

#### Pole Vault (PR: 12-10.25 (Feb. 8, 2013))

11-05.75	15th	Cherry & Silver Invite	Jan. 19
12-07.50	7th	New Mexico Classic	Feb. 2
<b>12-10.25 (T-6)</b>	<b>8th</b>	<b>Don Kirby Elite Invite</b>	<b>Feb. 8</b>
NH	--	MW Champs	Feb. 22

#### Pole Vault (13-00.25 (May 11, 2012))

11-06.50	5th	San Diego Champs	March 9
12-02.75 (i)	T-10th	Aztec Invitational	March 16
<b>12-05.50 (o-c)</b>	<b>8th</b>	<b>Mt. SAC Relays</b>	<b>April 19</b>
11-11.75	8th	MW Champs	May 10

## Melissa Wendorf

5-4 | So. | Los Angeles, Calif. | Granada Hills HS

### OUTDOOR SEASON

#### 1,500 Meters (PR: 5:06.30 (April 21, 2013))

<b>5:10.62</b>	<b>32nd</b>	<b>CSUSM Mangrum Invite</b>	<b>April 6</b>
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#### 3,000 Meters (PR: 10:43.06 (March 9, 2013))

<b>10:43.06</b>	<b>9th</b>	<b>San Diego Champs</b>	<b>March 9</b>
11:25.12	27th	CSUSM Mangrum Invite	April 6
11:08.18	8th	Triton Invitational	April 27

#### 5,000 Meters (PR: 19:01.96 (March 15, 2013))

<b>19:01.96 (o)</b>	<b>8th</b>	<b>Aztec Invitational</b>	<b>March 15</b>
19:08.33	3rd	Arnie Robinson Invite	April 13
19:09.44	24th	Occidental Invite	May 4

#### 4x400-Meter Relay

<b>4:32.85</b>	<b>14th</b>	<b>San Diego Champs</b>	<b>March 9</b>
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**KEY:** sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; f - finals; i - invitational; ei - elite invitational; o - open; s - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph)