

# SAN DIEGO STATE CROSS COUNTRY

## GENERAL INFORMATION

Location .....San Diego, Calif.  
 Enrollment .....35,887  
 Nickname .....Aztecs  
 Founded .....1897  
 Colors .....Scarlet and Black  
 Conference .....Mountain West  
 President .....Dr. Stephen L. Weber  
 Director of Athletics .....Jeff Schemmel  
 Senior Woman Administrator .....Jenny Bramer

## TEAM INFORMATION

Head Coach .....Rahn Sheffield (SDSU, 1980)  
 Assistant Coach .....Jennifer Nanista (SDSU, 1990)  
 Cross Country Office Phone .....(619) 594-1951  
 Nanista's E-mail .....nanista@mail.sdsu.edu  
 Letterwinners Returning/Lost .....2/6  
 Strength & Conditioning .....Courtney Bale  
 Academic Advisor .....Bre White  
 Athletic Trainers .....Juan Herrera and Wes Hall  
 Home Course .....Balboa Park

## MEDIA INFORMATION

Cross Country Contact .....Darin Wong  
 Office Phone .....(619) 594-5547  
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 San Diego, CA 92182-4309

## 2007 SCHEDULE

Date	Event	Time
Sept. 1	at Fullerton Season Opener <i>Fullerton, Calif.</i>	8:45 a.m. PT
Sept. 15	<b>63rd Annual Aztec Invitational</b> <b>Balboa Park - San Diego, Calif.</b>	8 a.m. PT
Sept. 22	at Big Wave Invitational <i>Honolulu, Hawaii</i>	7:50 a.m. HT
Sept. 29	at Stanford Invitational <i>Palo Alto, Calif.</i>	4:48 p.m. PT
	at UC Riverside Invitational <i>Riverside, Calif.</i>	7:30 a.m. PT
Oct. 6	at Triton Classic <i>San Diego, Calif.</i>	8:30 a.m. PT
Oct. 13	at Santa Clara Invitational <i>Sunnyvale, Calif.</i>	10:15 a.m. PT
Oct. 20	at Cougar 5K Challenge <i>San Marcos, Calif.</i>	7:30 a.m. PT
<b>Oct. 27</b>	<b>MWC Championships</b> <b>San Diego, Calif.</b>	<b>10:45 a.m. PT</b>
Nov. 10	at NCAA West Regionals <i>Eugene, Ore.</i>	10 a.m. PT
Nov. 19	at NCAA Championships <i>Terre Haute, Ind.</i>	12:15 p.m. ET

*Bold indicates meet in San Diego*



## 2007 ROSTER

<u>Athlete</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Exp.</u>	<u>Hometown (Previous School)</u>
Stephanie Armstrong	5-5	Sophomore	1L	Foothill Ranch, Calif. (Trabuco Hills High)
Lindsay Barajas	5-4	Sophomore	SQ	Rancho Cucamonga, Calif. (Rancho Cucamonga High)
Sara Beyers	5-5	Freshman	HS	Danville, Calif. (San Ramon Valley High)
Amy Brown	5-6	Freshman	HS	Sydney, Australia (St. Lukes Grammar School)
Darien Buc	5-3	Sophomore	SQ	Dana Point, Calif. (Dana Hills High)
Sara Cunningham	5-8	Sophomore-RS	HS	Torrance, Calif. (West High)
Lindsey Deane	5-5	Freshman	HS	Ben Lomond, Calif. (San Lorenzo Valley High)
Kristin Glen	5-2	Junior	JC	Rancho Santa Margarita, Calif. (Orange Coast College)
Elizabeth Leonard	5-4	Freshman	HS	South Pasadena, Calif. (South Pasadena High)
Makenzie Mabry	5-4	Sophomore	SQ	La Crescenta, Calif. (Crescenta Valley High)
Michelle Martinez	5-6	Freshman	HS	Burbank, Calif. (John Burroughs High)
Lisa Naucler	5-7	Senior	2L	Ljusdal, Sweden (Manhattan College)
Andrea Norton	5-5	Freshman-RS	HS	Sacramento, Calif. (Loretto High)
Kelly Oelschlager	5-6	Junior	JC	Irvine, Calif. (Orange Coast College)
Jaclyn Perakis	5-9	Freshman-RS	HS	Pleasanton, Calif. (Foothill High)
Alyssa Robinson	5-9	Junior	JC	Ojai, Calif. (Ventura College)
Anne Vieira	5-4	Junior	SQ	San Diego, Calif. (Point Loma High)

**Head Coach:** Rahn Sheffield, 17th year; **Assistant Coach:** Jennifer Nanista, 15th year; **Volunteer Assistant Coach:** Richard Fox, 11th year