



Aztecs

2001 San Diego State Women's Track and Field

TEXAS INVITATIONAL

Saturday, May 4-5, 2001
Mike A. Myers Stadium
Austin, Texas



Participating Teams: TBA

Field events: 11 a.m. (CDT) Saturday
Running events: 8 p.m. (CDT) Friday
12 p.m. (CDT) Saturday

TEXAS INVITATIONAL RESULTS

World Wide Web: Complete results will be made available via the world wide web at www.goaztecs.com as soon as possible following the conclusion of each day's competition. For event-by-event results check out the Texas web site at www.texassports.com. Results are expected to be posted there as soon as possible after each event.

2001 SCHEDULE/RESULTS

Indoor

- 1/20 ___ L.A. Indoor Games ___ NTS
Los Angeles, Calif.
 - 2/10 ___ Bill Cosby Invitational ___ 4th of 12,44
Reno, Nev.
 - 2/22-24 ___ MWC Championships ___ 8th of 8, 8^
Colorado Springs, Colo.
- ^SDSU sent just one athlete to the MWC Indoor meet.

Outdoor

- 3/3 ___ USC Invitational ___ NTS
Los Angeles, Calif.
- 3/10 ___ SDSU Quad Meet ___ NTS
San Diego, Calif.
- 3/16-17 ___ Willie Williams Invitational ___ NTS
Tucson, Ariz.
- 3/24 ___ Aztec Invitational ___ NTS
San Diego, Calif.
- 3/28-31 ___ Florida Relays ___ NTS
Gainesville, Fla.
- 4/14 ___ All-Women Invitational ___ 1st of 6, 168
San Diego, Calif.
- 4/19-22 ___ Mt. SAC Relays ___ NTS
Walnut, Calif.
- 4/28-29 ___ Cal-Nev. State Meet ___ 1st of 25, 110
Irvine, Calif.
- 5/4-5 ___ Texas Invitational ___ 8 p.m./11 a.m.
Austin, Texas
- 5/12 ___ Oxy Invitational ___ 5 p.m.
Pasadena, Calif.
- 5/16-19 ___ MWC Championships ___ 10 a.m.
San Diego, Calif.
- 5/30-6/2 ___ NCAA Championships ___ TBA
Eugene, Ore.

TEXAS INVITATIONAL EVENT SCHEDULE

Friday, May 4

Running Events

- 8:00 p.m. ___ 3000m Steeplechase
- 8:35 p.m. ___ 800m
- 8:55 p.m. ___ 1500m
- 9:15 p.m. ___ 5000m

Saturday, May 5

Field Events

- 11:00 a.m. ___ Javelin
- 11:00 a.m. ___ Pole Vault
- 12:00 p.m. ___ Long Jump
- 12:30 p.m. ___ Hammer
- 2:30 p.m. ___ Triple Jump

- 2:15 p.m. ___ Discus
- 2:15 p.m. ___ High Jump
- 4:00 p.m. ___ Shot Put

Saturday, May 5

Running Events

- 12:00 p.m. ___ 4x100 Relay
- 12:15 p.m. ___ 1500m
- 12:40 p.m. ___ 100m Hurdles
- 1:05 p.m. ___ 100m
- 1:40 p.m. ___ 400m
- 2:15 p.m. ___ 400m Hurdles
- 2:50 p.m. ___ 800m
- 3:15 p.m. ___ 200m
- 3:55 p.m. ___ 3000m
- 4:30 p.m. ___ 4x400 Relay

Aztecs Travel To Lone Star State for Texas Invitational

SDSU Looks To Continue Roll After Big Win At Cal/Nevada

What's On Tap

Coming off its monumental team victory at the Cal/Nevada State Championships, the San Diego State women's track and field team ventures outside the state of California for the final time during the regular season this weekend, when the Aztecs travel to Austin, Texas, for the Texas Invitational. The multi-team event, which will be held at UT's famed Mike A. Myers Stadium, gets underway at 8 p.m. (CDT) on Friday, May 4, with middle distance and distance running events. Saturday's action starts at 11 a.m. with the field events. Track events follow, beginning at 12 p.m.

Wrapping Up SDSU's Win At The Cal/Nevada State Championships

The San Diego State women's track and field team roared back from 10th place after Saturday's opening day of competition, combining for 102 points Sunday to win the 2001 Cal/Nevada State Championships with a final team score of 110 points. It was first win ever at the Cal/Nevada meet for the Aztecs, who outdistanced California (83.66), Nevada (59) and UCLA (58.67), for their second team-scored meet victory in a row.

Rahn Sheffield, now in his 10th year as the Aztecs' head coach, was voted Women's Coach of the Year by the Cal/Nevada Coaches Association, while SDSU senior Promise Mose was named Women's Athlete of the Meet.

The Aztecs, who had 14 athletes turn in season-best performances in the two days of competition, posted 10 top-3 finishes during Sunday's finals alone, including wins by Mose in the 400 meters, junior Daveetta Shepherd in the 100-meter hurdles and the SDSU 4x100-meter relay squad.

San Diego State athletes also dominated the preliminaries, winning 11 heats Saturday.

Team-Scored Meets Agree With Aztecs

Though it will only compete in three team-scored meets this year, including the 2001 Mountain West Conference Outdoor Championships at San Diego State, May 16-19, the SDSU women's track and field team has really taken to the format. The Aztecs are undefeated as a team, winning both the All-Women Invitational as well as last week's Cal/Nevada State Championships.

Climbing The Mountain

As it heads down the stretch of the 2001 outdoor season, San Diego State continues to hold its own in the Mountain West Conference. Through eight meets, the Aztecs have posted the Mountain West Conference's best mark in 9-of-21 events (100 Meters - Melinda Smedley, 200 meters - Promise Mose, 400 meters - Promise Mose, 100 hurdles - Daveetta Shepherd, 4x100 relay, 4x400 relay, pole vault - Aimee Crabtree, long jump - Aja Frary, heptathlon - Aja Frary).



SDSU IN MWC OUTDOOR TOP-10 (as of 4/30/01)

100 Meters (11.30/11.55)

1. Melinda Smedley, SDSU	11.80
4. Daveetta Sheperd, SDSU	11.91
5. Promise Mose, SDSU	11.92

200 Meters (23.10/23.60)

1. Promise Mose	23.98
2. Melinda Smedley, SDSU	24.01
5. Aja Frary, SDSU	24.39
6. Daveetta Shepherd	24.42
6. Promise Mose, SDSU	25.23

400 Meters (52.40/53.70)

1. Promise Mose, SDSU	54.40
5. Jini Hogg, SDSU	56.43
6. Melinda Smedley, SDSU	56.51
7. Aja Frary, SDSU	56.63

800 Meters (2:05.00/2:07.50)

2. Kylie Edwards, SDSU	2:09.72
9. Aja Frary, SDSU	2:16.19

1,500 Meters (4:19.00/4:24.00)

3. Kylie Edwards, SDSU	4:27.00
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3000 Steeplechase (10:20.00/11:10.00)

10. Jennifer Stakiw, SDSU	11:23.66
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100-Meter Hurdles (13.10/13.60)

1. Daveetta Shepherd	13.54
2. Marisa Robinson, SDSU	13.68
4. Aja Frary, SDSU	14.05
9. Chanel Day, SDSU	14.54

400-Meter Hurdles (57.30/59.20)

3. Aja Frary, SDSU	1:00.58
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4x100 Meter Relay (44.00/45.10)

1. San Diego State	45.57
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4x400 Meter Relay (3:32.50/3:39.00)

1. San Diego State	3:40.38
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High Jump (6-00.75/5-10.50)

8. Aja Frary, SDSU	5-07.25
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Pole Vault (13-05.25/12.05.50)

1. Aimee Crabtree, SDSU	13-02.25
2. Tricia Gutierrez, SDSU	12-07.50

Long Jump (21-04.00/20-04.25)

1. Aja Frary, SDSU	20-03.00
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Triple Jump (43-11.75/42-00.00)

2. Marisa Taylor, SDSU	40-00.50
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Discus (178-10.00/165-08.00)

8. Candace Hill, SDSU	145-11.00
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Heptathlon (5,550/5,175)

1. Aja Frary, SDSU	5,657
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Mose Named Mountain West Athlete Of The Week

San Diego State senior Promise Mose was named Mountain West Conference Women's Track Athlete of the Week, the league office announce Tuesday. The owner of the Mountain West's best times this season in both the 200 meters and 400 meters, Mose helped account for 38 of SDSU's 102 points on Sunday, winning the 400 meters and placing second in the 200 meters as an individual and also running on both the SDSU 4x100 and 4x400 relay squads, which placed first and second, respectively. Mose's winning time of 54.40 in the 400 meters stands as the fastest time in the conference at that distance this year, while SDSU's relay times of 45.57 and 3:40.38, respectively, were not only league-bests, but each time also ranks as the sixth-fastest in Aztec history.

She's The Nation's Best

San Diego State's Aja Frary had a monster weekend at Mt. San Antonio College (Mt. SAC), posting the top collegiate point total in the nation this year and finishing third overall in the heptathlon. Frary finished the seven-event competition with a career-best score of 5,657 points.

Frary's point total, which automatically qualified the senior for both the NCAA Outdoor Track and Field Championships as well as the USA Track and Field national meet later this year, was a new San Diego State record in the heptathlon, eclipsing Carrie McLaughlin's 18-year-old total of 5,620 (1983). The mark is also a new Mountain West Conference benchmark and stands as the fifth-best point total in the world in the heptathlon this year.

Last week at Cal/Nevada, Frary transferred her heptathlon prowess to the individual events, wracking up points in the 100-hurdles, 400-hurdles, 4x100 relay, 4x400 relay and long jump. In fact, her time of 60.58 in the 400-hurdles (an event she rarely runs) was the ninth-best in SDSU history.

Shepherd Added To List Of NCAA Qualifying Aztecs

San Diego State junior Daveetta Shepherd added her name to those Aztecs hoping for an invitation to Eugene, Ore., for the 2001 NCAA Championships at Cal/Nevada last week, winning the 100-meter hurdles with a provisional qualifying time of 13.54. It is the fastest time run in the 100 hurdles in the MWC this season. Shepherd, who also scored in the 100 and 200 last week, has shaved over a second off her 100 hurdles time since the start of the season, including posting improved times in three-straight meets.

In addition to Frary and Shepherd, San Diego State pole vaulters Aimee Crabtree and Tricia Gutierrez have also posted NCAA qualifying marks. Crabtree, a 1999 all-American in the pole vault, has cleared the provisional mark of 12-05.25, four times, including an SDSU record vault of 13-02.25 on April 29 in Irvine, Calif. Gutierrez notched her provisional qualifying mark at home, clearing 12-07.50 during the Aztec Invitational, March 24.

Soaring To New Heights

Aimee Crabtree continues to solidify her spot in the SDSU record books. The senior upped her school and conference record once again last week at Cal/Nevada, clearing 13-02.25 to take second. The vault was second of the season over 13 feet. It was also her fifth NCAA provisional qualifying height of the year. In seven pole vault competitions thus far in 2001, Crabtree has come away the winner four times. She also owns a pair of second-place finishes and a sixth.

Middle Distance Magic

Though she is yet to set any new personal bests this season, Kylie Edwards appears to be well positioned for a strong run at both the Mountain West Conference 800 and 1500 meters as well as an NCAA berth in each event. Coming out of last week's Cal/Nevada Championships, the junior owned the conference's second-best time in the 800 meters (2:09.72) and the league's third-fastest time in the 1500 meters (4:27.00). Her 4:27.00 in the 1500 at the USC Invitational tied a personal best and ranks fourth on SDSU's outdoor records chart.

Smedley Continues to Shine

After missing the SDSU All-Women Invitational with a hamstring injury, sophomore Melinda Smedley has returned to the lineup the last two weeks and looks as strong as ever. The owner of the MWC's fastest 100-meter time this season, Smedley has run her two best times in the event the past two weeks, running 11.82 at Mt. SAC and 11.80 at Cal/Nevada. In fact, Smedley's time at Cal/Nevada improved her No. 7 mark in the SDSU history books in the 100 meters.

On The Horizon

Following the Texas Invitational, the San Diego State track and field team travels to Pasadena, Calif., for the Oxy Invitational, May 12th.

2001 SAN DIEGO STATE WOMEN'S TRACK AND FIELD

Outdoor Performance List (as of 04/29/01)

&=automatic qualifying mark *=provisional qualifying mark

100 Meters (11.30) (11.55)

Athlete	Time	Date	Place	Site
Melinda Smedley	11.80	4/28	1st-heat	Irvine, CA
Daveeta Shepherd	11.91	4/22	2nd-heat	Walnut, CA
Promise Mose	11.92	4/22	3rd-heat	Walnut, CA
Jillita Griffin	12.16	4/22	5th	Walnut, CA
Aja Frary	12.46	2/17	6th	Long Beach, CA
Jini Hogg	12.71	2/17	7th	Long Beach, CA
Aroline Neal	12.71	3/24	11th	San Diego, CA
Marisa Robinson	12.81	3/3	4th	Los Angeles, CA

200 Meters (23.10) (23.60)

Athlete	Time	Date	Place	Site
Promise Mose	23.98	4/22	3rd-heat	Walnut, CA
Melinda Smedley	24.01	4/22	4th-heat	Walnut, CA
Aja Frary	24.39	4/19	Hep	Azusa, CA
Daveeta Shepherd	24.42	4/22	3rd-heat	Walnut, CA
Jini Hogg	25.70	3/24	7th	San Diego, CA
Jillita Griffin	26.00	4/14	5th	San Diego, CA
Aroline Neal	26.04	3/24	9th	San Diego, CA

400 Meters (52.40) (53.70)

Athlete	Time	Date	Place	Site
Promise Mose	54.40	4/29	1st	Irvine, CA
Melinda Smedley	56.51	3/30	9th	Gainesville, FL
Aja Frary	56.63	3/3	3rd	Los Angeles, CA
Jini Hogg	56.43	3/30	7th	Gainesville, FL
Jennifer Stakiw	59.54	3/24	7th	San Diego, CA
Kylie Edwards	59.55	3/24	8th	San Diego, CA
Aroline Neal	1:01.13	3/3	6th	Los Angeles, CA

800 Meters (2:05.00) (2:07.50)

Athlete	Time	Date	Place	Site
Kylie Edwards	2:09.72	3/31	5th	Gainesville, FL
Aja Frary	2:16.19	3/29	Hep	Gainesville, FL
Jennifer Stakiw	2:16.76	3/10	4th	San Diego, CA
Leslie Miller	2:24.86	4/20	Hep	Azusa, CA

1,500 Meters (4:19.00) (4:24.00)

Athlete	Time	Date	Place	Site
Kylie Edwards	4:27.00	3/3	2nd	Los Angeles, CA
Jennifer Stakiw	4:46.31	3/10	4th	San Diego, CA
Alicia Stewart	4:47.67	4/14	5th	San Diego, CA
Sophia Hawker	4:52.58	2/17	2nd	Long Beach, CA
Amanda Vielbaum	4:52.58	2/17	2nd	Long Beach, CA
Maria Moreno	4:52.58	2/17	2nd	Long Beach, CA
Hillery Gemmill	4:52.58	2/17	2nd	Long Beach, CA
Meriah Earle	4:54.48	3/24	11th	San Diego, CA

3,000-Meters Steeplechase (10:20.00, 11:10.00)

Athlete	Time	Date	Place	Site
Jennifer Stakiw	11:23.66	4/20	19th	Walnut, CA
Hillery Gemmill	11:43.42	4/28	12th	Irvine, CA
Sophia Hawker	11:47.02	4/28	13th	Irvine, CA

3,000 Meters (No Longer An NCAA Event)

Athlete	Time	Date	Place	Site
Alicia Stewart	10:21.00	3/31	8th	Gainesville, FL
Meriah Earle	10:32.89	3/31	9th	San Diego, CA
Sophia Hawker	10:36.14	3/3	6th	Los Angeles, CA
Allison Brown	10:44.70	4/28	18th	Irvine, CA
Hillery Gemmill	10:51.65	3/31	15th	San Diego, CA
Maria Moreno	10:54.42	3/10	7th	San Diego, CA
Laura Preston	10:59.87	3/10	10th	San Diego, CA
Amanda Vielbaum	11:05.80	3/10	11th	San Diego, CA
Angie Fitzpatrick	11:24.04	4/14	13th	San Diego, CA
Julie Amster	11:57.92	4/14	15th	San Diego, CA
Julianne Ghiglieri	12:43.13	3/31	14th	San Diego, CA

5,000 Meters (16:13.00) (16:48.00)

Athlete	Time	Date	Place	Site
Alicia Stewart	18:09.00	4/20	40th	Walnut, CA
Maria Moreno	19:07.19	4/29	15th	Irvine, CA
Allison Brown	19:13.50	3/24	15th	San Diego, CA
Amanda Vielbaum	19:21.00	3/24	18th	San Diego, CA
Sophia Hawker	19:23.05	4/29	18th	Irvine, CA
Angie Fitzpatrick	20:09.00	3/24	20th	San Diego, CA
Laura Preston	20:40.00	3/24	22nd	San Diego, CA
Julie Amster	20:48.00	3/24	24th	San Diego, CA
Julianne Ghiglieri	22:02.90	3/24	28th	San Diego, CA

100-Meter Hurdles (13.10) (13.60)

Athlete	Time	Date	Place	Site
Daveeta Shepherd	13.54^	4/29	1st	Irvine, CA
Marisa Robinson	13.68	4/29	2nd	Irvine, CA
Aja Frary	14.05	4/19	Hep	Azusa, CA
Chanel Day	14.54	4/14	6th	San Diego, CA

400-Meter Hurdles (57.50) (59.20)

Athlete	Time	Date	Place	Site
Aja Frary	1:00.58	4/29	2nd	Irvine, CA
Jennifer Stakiw	1:02.50	3/17	5th	Tucson, AZ
Chanel Day	1:02.98	4/14	3rd	San Diego, CA
Marisa Robinson	1:04.48	3/24	2nd	San Diego, CA

400-Meter Relay (44.20) (45.10)

Names	Time	Date	Place	Site
SDSU	45.57	4/29	1st	Irvine, CA
SDSU	45.92	4/14	1st	San Diego, CA
SDSU	45.93	3/31	7th	Gainesville, FL
SDSU	46.03	3/17	4th	Tucson, AZ
SDSU	46.41	4/28	1st-heat	Irvine, CA

4x200 Relay

Names	Time	Date	Place	Site
SDSU	1:37.48	3/30	4th	Gainesville, FL
SDSU	1:38.14	2/17	1st	Long Beach, Calif.

4x400 Relay (3:33.50) (3:39.00)

Names	Time	Date	Place	Site
SDSU	3:40.38	4/29	2nd	Irvine, CA
SDSU	3:40.41	3/31	4th	Gainesville, FL
SDSU	3:44.91	3/17	4th	Tucson, AZ
SDSU	3:47.40	4/28	1st-heat	Irvine, CA
SDSU	3:56.76	3/10	1st	San Diego, CA

Distance Medley Relay

Names	Time	Date	Place	Site
SDSU	12:09.18	3/30	3rd	Gainesville, FL
SDSU	12:14.00	2/17	9th	Long Beach, CA

High Jump (6-0.75) (5-10.50)

Athlete	Mark	Date	Place	Site
Aja Frary	5-07.25	4/19	Hep	Azusa, CA
Ameerah Omar	5-04.50	4/14	5th	San Diego, CA

Pole Vault (13-5.25) (12-5.25)

Athlete	Mark	Date	Place	Site
Aimee Crabtree	13-02.25^	4/29	2nd	Irvine, CA
Tricia Gutierrez	12-07.50^	3/24	7th	San Diego, CA
Karin Erkkila	10-6.00	3/3	5th	Los Angeles, CA
Abbey Huchel	10-0.00	3/3	6th	Los Angeles, CA

Long Jump (21-4.00) (20-4.25)

Athlete	Mark	Date	Place	Site
Aja Frary	20-03.00	3/17	1st	Tucson, AZ
Aroline Neal	17-09.00	3/17	9th	Tucson, AZ
Marisa Taylor	17-00.50	4/14	11th	San Diego, CA
Leslie Miller	16-08.75	4/20	Hep	Azusa, CA

Triple Jump (43-11.75) (42-00.00)

Athlete	Mark	Date	Place	Site
Marisa Taylor	40-00.50	4/29	5th	Irvine, CA
Aimee Crabtree	36-07.00	4/14	4th	San Diego, CA

Shot Put (52-6.00, 48-10.75)

Athlete	Mark	Date	Place	Site
Candace Hill	42-05.25	3/24	2nd	San Diego, CA
Leslie Miller	36-07.75	4/19	Hep	Azusa, CA
Aja Frary	36-04.75	4/19	Hep	Azusa, CA

Discus (178-10.00, 165-08.00)

Athlete	Mark	Date	Place	Site
Candace Hill	145-11.00	3/31	6th	Gainesville, FL

Javelin (172-3.00, 152-7.00)

Athlete	Mark	Date	Place	Site
Aja Frary	118-11.00	4/20	Hep	Azusa, CA
Leslie Miller	111-07.00	4/14	7th	San Diego, CA
Aimee Crabtree	89.08.00	4/14	13th	San Diego, CA
Ameerah Omar	76-10.00	3/10	7th	San Diego, CA

Heptathlon (5,500) (5,175)

Athlete	Mark	Date	Place	Site
Aja Frary	5,657&	4/20	3rd	Azusa, CA
Leslie Miller	4,447	4/20	17th	Azusa, CA