



AZTEC SWIMMING AND DIVING

THIS WEEK: February 17-20 - at Mountain West Championships - Texas A&M - College Station, Texas - All Day

2015-16 SCHEDULE

Record: 11-1 (5-1 Home; 2-0 Away; 4-0 Neutral)

Date	Opponent	Time/Result
Sept. 18	San Diego (Pentathlon)	W, 33-24
Oct. 15	Vanderbilt	W, 128-104
	Oregon State	W, 121.5-105.5
Nov. 7	New Mexico	W, 208-92
	Washington State	L, 161.5-132.5
Nov. 19-21	Art Adamson Invitational#	6th of 10
Nov. 20-22	Wildcat Diving Invitational*	ANTS
Dec. 18	at Cal Poly	W, 161-108
Jan. 2	at UC San Diego+	W, 179-114
	vs. Grand Canyon+	W, 188-105
	vs. UNLV+	W, 167-126
Jan. 3	vs. San Jose State+	W, 167-129
	vs. Incarnate Word+	W, 222-70
Jan. 15-17	at Bruin Invit. (Diving)&	NTS
Jan. 22	San Diego	W, 145-131
Feb. 5-6	at Air Force Diving Invit.	ANTS
Feb. 17-20	at MW Championships#	All Day
Mar. 9-11	at Zone Diving*	All Day
Mar. 19-21	at NCAA Championships%	All Day

All times Pacific
Home meets in **bold**, held at Aztec Aquaplex.
NTS - No team scores

at Texas A&M (College Station, Texas)
* at Arizona (Tucson, Ariz.)
+ at UC San Diego (La Jolla, Calif.)
& at UCLA (Los Angeles, Calif.)
^ at Northern Arizona (Flagstaff, Ariz.)
% at Georgia Tech (Atlanta, Ga.)

QUICK FACTS

LocationSan Diego, Calif.
Founded1897
Enrollment33,726
NicknameAztecs
ColorsScarlet and Black
ConferenceMountain West
President.....Dr. Elliot Hirshman
Athletic Director.....Jim Sterk

TEAM INFORMATION

Head Coach.....Mike Shrader
Dual Record at SDSU110-15 (9th season)
Career Record.....205-27-1 (17th season)
Swimming Office Phone(619) 594-5883
E-Mailmshrader@mail.sdsu.edu
Associate Head Coach.....Stephen Allnutt
E-Mail.....sallnutt@mail.sdsu.edu
Diving CoachRoland McDonald
E-Mailrmcdonald@mail.sdsu.edu
Volunteer Assistant CoachLoren Andrade
2014-15 Dual-Meet Record18-0
2015 MWC Meet1st, 704.5 pts.
Letterwinners Returning/Lost.....22/10
Newcomers5
Home FacilityAztec Aquaplex

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THIS WEEK IN AZTEC SWIMMING

The San Diego State swimming team will be at Texas A&M in College Station, Texas, this week to compete in the 2016 Mountain West Conference Championships. The four-day meet runs Wednesday-Saturday (Feb. 17-20). Prelims begin each day at 11:00 a.m. (CT) with the finals session at 6:30 p.m. (CT).

HEAD COACH MIKE SHRADER

San Diego State Head Coach Mike Shrader is in his ninth season with the Aztecs and has compiled a dual meet record of 116-15 (.885) during his tenure. Shrader has been named the Mountain West Coach of the Year on five occasions (2014, 2013, 2011, 2010, co-coach in 2009). Including eight seasons as head coach at Nevada, his career record is 205-27-1 (.882).

AZTECS PICKED TO FINISH THIRD

San Diego State has been picked to finish third at this week's conference championship meet in a poll of the league's 10 head coaches. Boise State and Nevada are the favorites picked to win the title after garnering three first-place votes apiece. The Aztecs also picked up three first-place nods with Wyoming receiving the other remaining three first-place votes. The complete poll is as follows:

Rk.	Team (1st place votes)	Points
1.	Boise State (3)	73
	Nevada (3)	73
3.	San Diego State (3)	71
4.	Wyoming (1)	60
5.	UNLV	43
6.	Air Force	35
7.	New Mexico	31
8.	San José State	28
9.	Fresno State	24
10.	Colorado State	13

A RARE LOSS

San Diego State's loss to Washington State on Nov. 7 was the Aztecs' first dual meet loss at the Aztec Aquaplex since falling to Wyoming on Jan. 31, 2009, a run of 51 consecutive home victories. SDSU's record at the Aztec Aquaplex now stands at 61-4 since the facility opened in the middle of the 2007-08 season.

SWIMMER OF THE WEEK

Aztec senior Taylor Johnson was named the Mountain West Swimmer of the Week for the second time this season on Jan. 5. Johnson was a key player in San Diego State's five wins over two days of competition at the UC San Diego Canyonview Aquatic Center on January 2 and 3. She was involved in a pair of pool records set over the two days. On Saturday she tied the 50-yard freestyle pool record with a winning time of 23.02, then set the new mark on Sunday with a first-place finish of 22.90. On Sunday, Johnson was the leadoff swimmer for the winning 200-yard freestyle relay team that established a new pool record with a time of 1:33.85. Johnson swam on Saturday's winning 200-yard medley relay and Sunday's 400-yard medley relay squads. She was also selected MW Swimmer of the Week on Nov. 10 for her performance in the double dual meet vs. New Mexico and Washington State on Nov. 7. During that meet she won the 50 and 100 freestyle races with times of 23.15 and 51.26 respectively. She was also a member of the 200 freestyle relay team that set a pool record with a time of 1:33.07.

DIVER OF THE WEEK

SDSU sophomore Alexandra Caplan was named the Mountain West Diver of the Week on Jan. 5 for her effort in SDSU's five dual-meet victories this past weekend. She won the 1-meter springboard event on both days with a score of 303.05 on Saturday and 284.85 on Sunday. Both marks were NCAA Zone qualifying scores. Caplan also placed second in the 3-meter springboard competition on both days. Her Sunday score of 300.65 was an NCAA Zone qualifying mark. Caplan was also named MW Diver of the Week on Nov. 24 for her performance at the Wildcat Diving Invitational at the University of Arizona (Nov. 20-22). Caplan captured the 1-meter springboard event with a mark of 292.50 in the finals to win the event in a field of 41 divers. On the 3-meter springboard, Caplan placed sixth (of 40 divers) with an NCAA-qualifying mark of 268.15. Caplan ended the Invitational by recording a 200.05 in the platform competition and placing fifth of 30 competitors.

ALL-TIME TOP 10s

The Aztecs have added 14 times in individual events this season that enter the SDSU record book among the all-time top 10 marks. In addition, four top-10 relays times have also been established. Leading that list is Summer Harrison's school record of 1:58.01 in the 200 butterfly set during the Art Adamson Invitational at Texas A&M in late November. Here's the complete list of new SDSU Top 10 marks:

Event	Athletes	Time (Rank)
50 Freestyle	Taylor Johnson	2:54 (3rd)
50 Freestyle	Cailey Steffens	23.35 (10th)
100 Freestyle	Savannah Miller	49.85 (5th)
1000 Freestyle	Francesca Arredondo	10:15.73 (9th)
200 Butterfly	Summer Harrison	1:58.01 (1st)
200 Butterfly	Rachael Kelch	2:01.62 (6th)
100 Backstroke	Natilee Ruiz	55.25 (6th)
100 Backstroke	McKenna Garfein	55.41 (8th)
200 Backstroke	Rachael Kelch	1:59.35 (8th)
200 Backstroke	Andrea VanderMey	1:59.60 (9th)
100 Breaststroke	Lydia Pereverzina	1:03.38 (7th)
200 Breaststroke	Lydia Pereverzina	2:19.53 (9th)
200 IM	Rachael Kelch	2:03.68 (8th)
400 IM	Rachael Kelch	4:19.30 (4th)
200 Free Relay	Johnson, Steffens, Miller, Weisz	1:30.32 (3rd)
200 Free Relay	Johnson, Steffens, Guttmacher, Weisz	1:33.07 (10th)
200 Medley Relay	Santilena, Pereverzina, Harrison, Johnson	1:40.77 (10th)
400 Medley Relay	Garfein, Zaccarelli, Harrison, Weisz	3:39.39 (8th)

AQUAPLEX TOP 10s

After three homes meets this fall, SDSU swimmers have turned in a number of times that rank among the top 10 ever at the Aztec Aquaplex. That list includes the following performances:

Event	Athletes	Time (Rank)
50 Freestyle	Taylor Johnson	23.15 (2nd)
100 Freestyle	Savannah Miller	50.90 (3rd)
100 Freestyle	Taylor Johnson	51.26 (6th)
500 Freestyle	Francesca Arredondo	4:59.16 (10th)
100 Breaststroke	Cecilia Zaccarelli	1:04.32 (5th)
200 Butterfly	Rachael Kelch	2:01.95 (3rd)
200 Butterfly	Summer Harrison	2:02.59 (6th)
200 Backstroke	Rachael Kelch	2:02.14 (9th)
100 Breaststroke	Cecilia Zaccarelli	1:04.32 (5th)
200 IM	Rachael Kelch	2:05.78 (9th)
400 IM	Francesca Arredondo	4:26.63 (4th)
200 Free Relay	Johnson, Steffens, Guttmacher, Weisz	1:33.07 (1st)
200 Free Relay	Preiss, Ruiz, Miller, Harrison	1:36.46 (8th)
200 Free Relay	Steffens, Guttmacher, Young, Weisz	3:27.95 (8th)
1-Meter Diving	Alexandra Caplan	323.78 (1st)

CONFERENCE TOP TIMES

Several Aztec swimmers have posted times that rank among the top five in the Mountain West this season. That list includes:

Event	Athletes	Time (Rank)
50 Freestyle	Taylor Johnson	22.54 (1st)
100 Freestyle	Savannah Miller	49.85 (1st)
100 Freestyle	Whitney Weisz	49.95 (3rd)
100 Backstroke	Natilee Ruiz	55.25 (5th)
200 Backstroke	Natilee Ruiz	1:59.02 (4th)
100 Butterfly	Summer Harrison	53.25 (2nd)
200 Butterfly	Summer Harrison	1:58.01 (1st)
200 Butterfly	Rachael Kelch	2:01.62 (5th)
200 IM	Savannah Miller	2:01.74 (5th)
400 IM	Rachael Kelch	4:19.30 (1st)
200 Free Relay	Johnson, Steffens, Miller, Weisz	1:30.32 (1st)
400 Free Relay	Johnson, Miller, Guttmacher, Weisz	3:20.26 (3rd)
200 Medley Relay	Santilena, Pereverzina, Harrison, Johnson	1:40.77 (3rd)
400 Medley Relay	Garfein, Zaccarelli, Harrison, Weisz	3:39.39 (2nd)



2015-16 AZTEC SWIMMING AND DIVING

2015-16 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Hometown (Previous School)
Francesca Arredondo	Free	5-8	Fr.	Milan, Italy
Alexandra Caplan	Diving	5-4	So.	Mission Viejo, Calif. (Mission Viejo HS)
Corinn Casper	Free, IM	5-8	So.	Chino Hills, Calif. (Ayala HS)
Makena Chamoures	Diving	5-5	So.	San Clemente, Calif. (San Clemente HS)
Laura Day	Breast, IM	5-8	Sr.	Peyton, Colo (Liberty)
Nicole Dutton	Diving	5-6	So.	Dana Hills, Calif. (Dana Hills HS)
Payton Gabris	Diving	5-1	So.	Mission Viejo, Calif. (Santa Margarita Cath. HS)
McKenna Garfein	Free, Back	5-5	Jr.	San Diego, Calif. (Towson)
Samantha Guttmacher	Free, Fly	5-6	Jr.	Mesa, Ariz. (Red Mountain HS)
Summer Harrison	Free, Fly	5-7	So.	Honolulu, Hawaii (Mid-Pacific Institute)
Shannon Herman	Breast, IM	5-5	Sr.	Alamo, Calif. (San Ramon Valley HS)
Cayla Jetter	Free	5-7	Jr.	Pleasanton, Calif. (Texas A&M)
Taylor Johnson	Free	5-9	Sr.	Fountain Valley, Calif. (Fountain Valley HS)
Rachael Kelch	IM, Back, Free	5-5	Fr.	Peoria, Ill. (Notre Dame HS)
Martina Marks	Free	5-8	Fr.	Ramat-Gan, Israel
Savannah Miller	Free, IM	5-9	Sr.	Westlake Village, Calif. (Westlake HS)
Caroline Mitchell	Free, Fly	5-7	Jr.	Cary, N.C. (Cary HS)
Lydia Pereverzina	Breast, IM	5-8	So.	Gresham, Ore. (Sam Barlow HS)
Marina Priess	Breast, IM	5-9	So.	East Hampton, N.Y. (East Hampton HS)
Natilee Ruiz	Free, IM	6-0	Sr.	Othello, Wash. (Othello HS)
Kate Santilena	Free	5-6	So.	Murrieta, Calif. (Chaparral HS)
Cailey Steffens	Free	5-9	Fr.	Danville, Calif. (San Ramon Valley HS)
Andrea VanderMey	Back, Fly	5-7	Jr.	Novi, Mich. (Western Kentucky)
Whitney Weisz	Free	6-0	Sr.	Little Falls, Minn. (Little Falls HS)
Alex Wolf	Breast, IM	5-8	So.	Redlands, Calif. (Martin Luther King HS)
Cecilia Zaccarelli	Breast, IM	5-7	So.	Sao Paulo, Brazil

Head Coach: Mike Shrader (Texas A&M '81), 9th Season

Assistant Coach: Stephen Allnutt (Hawai'i '11), 2nd Season

Diving Coach: Roland McDonald (Michigan State '87), 6th Season

Volunteer Assistant Coach: Ryan Theilemann, 2nd Season

BY CLASS

Seniors (6)

Laura Day, Shannon Herman, Taylor Johnson, Savannah Miller, Natilee Ruiz, Whitney Weisz

Juniors (5)

McKenna Garfein, Samantha Guttmacher, Cayla Jetter, Caroline Mitchell, Andrea VanderMey

Sophomores (11)

Alexandra Caplan, Corinn Casper, Makena Chamoures, Nicole Dutton, Payton Gabris, Summer Harrison, Lydia Pereverzina, Marina Priess, Kate Santilena, Alex Wolf, Cecilia Zaccarelli

Freshmen (4)

Francesca Arredondo, Rachael Kelch, Martina Marks, Cailey Steffen

BY STATE/COUNTRY

Arizona (1)

Samantha Guttmacher

California (13)

Alexandra Caplan, Corinn Casper, Makena Chamoures, Nicole Dutton, Payton Gabris, McKenna Garfein, Shannon Herman, Cayla Jetter, Taylor Johnson, Savannah Miller, Kate Santilena, Cailey Steffens, Alex Wolf

Colorado (1)

Laura Day

Hawai'i (1)

Summer Harrison

Illinois (1)

Rachael Kelch

Michigan (1)

Andrea VanderMey

Minnesota (1)

Whitney Weisz

New York (1)

Marina Priess

North Carolina (1)

Caroline Mitchell

Oregon (1)

Lydia Pereverzina

Washington (1)

Natilee Ruiz

Brazil (1)

Cecilia Zaccarelli

Israel (1)

Martina Marks

Italy (1)

Francesca Arredondo

