

SDSU Swimming and Diving



This Week: Oct. 30 - vs. Utah (0-0), 1 p.m., Kroc Community Center

2004 Schedule

Date	Opponent	Time
Oct. 16	Loyola Marymount W, 53-19	
Oct. 30	Utah*	1 p.m.
Nov. 3	Air Force*	12 p.m.
Nov. 4	at New Mexico*	6 p.m.
Nov. 5-6	at UNM Invite	All Day
Nov. 12	Brigham Young*	1 p.m.
Nov. 19	at Northern Colorado	4 p.m.
Nov. 20	at Wyoming*	1 p.m.
Nov. 22	Colorado State*	1 p.m.
Dec. 18	at UNLV*	6 p.m.
Dec. 19-20	at UNLV Invite	All Day
Jan. 8-9	at UC Irvine Invite	All Day
Jan. 22	at Hawaii	10 a.m.
Jan. 28	at LMU/Pepperdine!	1 p.m.
Feb. 5	at Northern Arizona	1 p.m.
Feb. 23-26	MWC Champs.^	1 p.m.
Mar. 17-19	NCAA Champs.%	All Day

Home meet in bold, played at the Ray and Joan Kroc Community Center.

* Mountain West Conference meet

! at Loyola Marymount University; Los Angeles, Calif.

^ at Oklahoma City, Okla.

% at West Lafayette, Ind.

2004-05 SDSU Roster

Name (Year)	Event
Jennifer Arrow (Sr.)	Breaststroke
Tamarah Binek (Fr.)	Freestyle
Natalie Bricker (Fr.)	Breast/IM
Stephanie Chambers (Sr.)	Freestyle
Adrienne Conte (Fr.)	Freestyle
Sarah Davis (So.)	Back/Breast/IM
Joelle Felton (Fr.)	Diving
Caitlin Friedhoff (So.)	Freestyle
Kathleen Heuring (Fr.)	Diving
Lindsay Hnyda (Fr.)	Breaststroke
Stella Karoly (So.)	Fly/IM/Free
Karen MacKall (Jr.)	Freestyle
Lindsey Minnich (Jr.)	Diving
Heather O'Neill (Fr.)	Butterfly
Emily Parker (So.)	Freestyle
Samantha Peters (Jr.)	Free/Back
Emily Schmied (Jr.)	Fly/IM/Free
Katie Smith (Fr.)	Breaststroke

Head Coach: Deena Dearth Schmidt (San Diego State '88), 11th Season

Assistant Coach: Greg Hutt (Alabama '73), 11th Season

Diving Coach: Jim Wynne (Niagra '94), Third Season

MWC Preseason Poll

Team (1st Place Votes)	Points
1. Brigham Young (6)	48
2. UNLV (1)	39
3. Colorado State	37
4. Utah (1)	36
5. Wyoming	24
6. New Mexico	19
7. San Diego State	11
8. Air Force	10

Aztecs Continue Three-meet Homestand on Saturday

• The Aztecs continue their longest homestand of the season when they face the 2003-04 Mountain West Conference regular season co-champion Utah Utes at 1 p.m. Saturday. The Utes are coming off of a successful showing at the Beehive Relays against BYU, while the Aztecs come into the meet having won their first dual-meet of the year.

Saturday, the Aztecs will looking to accomplish something they have not done since 2001-02 - begin the season 2-0. Oddly enough, that was the same campaign SDSU started its conference season 1-0 and finished the year with a 10-3 dual-meet record.

Meet Recap

• In the season opener for both schools, SDSU defeated Loyola Marymount, 53-19, at Kroc Community Center on Oct. 16. During the non-conference meet, the Aztecs took first in all 10 relay and diving events. In four of the events, San Diego State swept the top two spots. Sophomore Stella Karoly finished first four times, while junior team captain Emily Schmied and freshman Adrienne Conte were triple event winners. Schmied teamed with Karoly and Heather O'Neill to take first in the 3x100 butterfly relay at 2:59.02. She and Karoly, in addition to freshman Katie Smith, were also a part of the 3x100 individual medley team that placed ahead of the pack with a time of 3:08.46. In the 8x25 freestyle relay, Schmied, Karoly and Conte, along with five others, combined for a time of 1:34.21 to finish in first place.

In the diving events, freshman Kathleen Heuring won both the one-meter and three-meter. She scored 226.11 in the one-meter and 222.61 in the three-meter. Freshman Joelle Felton and junior Lindsey Minnich finished second and third, respectively, on both boards.

Taming the Lions

• Following San Diego State's victory over Loyola Marymount, the Aztecs improved to 7-0 versus the Lions dating back to the 1999-00 season. In those wins, the Aztecs have won by an average of more than 68 points.

1-0 Equals .500 Or Better

• An Aztec victory in the team's season-opening dual-meet has historically led to good things for the rest of the year. SDSU has gone on to finish with a .500 record or better in two of the last five years when winning its first dual-meet.

In the last six dual-meet season openers, the Aztecs have gone 3-3, notching victories over Loyola Marymount on Oct. 16 and in 1999, and Air Force in 2001. The 1999-00 team went 7-7, while the 2001-02 squad completed its most successful campaign under

Deardurff Schmidt with a record of 10-3. The lone exception came last year when the Aztecs lost at Utah and finished the season at 8-5.

SDSU vs. Utah Series History

• Over the last five years, the Aztecs and Utes have met four times with SDSU's last victory coming during the 1999-00 season.

That season's 133-95 victory marked its second straight and started a streak where the Aztecs had a strong showing at the UCI Invitational, and won three out of the next five meets (five out of seven overall) to close out the season at 7-7.

Last season in Salt Lake City, the Aztecs were coming off a week in which they could not practice due to the fires in and around San Diego County. Despite the conditions, the Aztecs received strong individual performances from Jennifer Arrow (first in the 100 breast), Caitlin Friedhoff who took first in the 50 freestyle, and divers

Shannon Colvin and Lindsey Minnich who both placed one-two in the one-meter and three-meter competitions.

Scouting The Utes

• The Utes open the 2004 season predicted to finish fourth in the Mountain West Conference, and received one first place vote as voted upon by the coaches. Utah head coach Michael Litzinger returns 18 swimmers from last year and welcomes 12 new freshmen. Of the returners, Litzinger has a hand full of all-conference performers from last year on his roster. Among those are senior Marta Stepanczuk (freestyle), juniors Amy Barefield (sprint freestyle) and Meghan Demchuk (butterfly), and sophomore Rachael Curci (distance freestyle).

During the weekend, Utah and BYU participated in the annual Beehive Relays. The Utes ended up taking eight of the 10 events, while being disqualified in two, and finished in a tie with the Cougars. Utah will take on UC San Diego Friday, before facing the Aztecs on Saturday.



Junior team captain Emily Schmied