



Tonette Dyer was a four-time All-American and currently holds eight school records.

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AZTEC ALL-TIME INDOOR BESTS

55 Meters

6.90	Darla Vaughn	1992
7.06	Promise Mose	2001
7.23	Melinda Smedley	2002
7.25	Tonette Dyer	2002
7.27	Elaine Harwell	1999
7.28	Miesha McKelvy	1999
7.32	Jillita Griffin	2001

60 Meters

7.33	Tonette Dyer	2004
7.48	Promise Mose	2000
7.51	Melinda Smedley	2004
7.54	Karoline Koehler	2007
7.59	Nicole Ireland	2004
7.62	Sherraine Pencil	2007
7.62	Tori Respass-Parsons	2005
7.62	Felicia Stone	2000
7.65	Shana Solomon	2007
7.69	Jillita Griffin	2002

200 Meters

23.75	Tonette Dyer	2004
23.84	Nicole Ireland	2004
23.89	Darla Vaughn	1992
23.99	Melinda Smedley	2004
24.31	Larnie Boyd	2004
24.51	Sherraine Pencil	2006
24.64	Miesha McKelvy	1999
24.77	Brittani Dudley	2006
24.80	Promise Mose	2000
24.91	Shana Solomon	2006

400 Meters

53.51	Tonette Dyer	2003
54.15	Nicole Ireland	2003
54.79	Jini Hogg	2003
54.99	Promise Mose	2000
55.02	Larnie Boyd	2004
55.19	Nicole Stone	2006
55.86	Brittani Dudley	2006
56.06	Priscilla Chapu	2007
56.09	Sherraine Pencil	2007
56.27	Bianca McNair	2003

800 Meters

2:11.26	Jamillah Titus	2003
2:11.37	Mandy Upuu	2007
2:13.95	Nicole Carmier	2005
2:15.00	Kylie Edwards	2000
2:15.85	Lisa Naucler	2005
2:16.38	Kristin Olafsdottir	2007
2:16.91	Jennifer Stakiw	2002
2:16.95	Meriah Earle	2000
2:18.11	Jackie Duncan	2007
2:18.25	Aja Makaila Frary	1999

One Mile

5:04.40	Lisa Crampton	2006
5:10.90	Marie Nilsson	2004
5:12.82	Alicia Stewart	2003
5:13.41	Lisa Naucler	2007
5:13.99	Celeste Tyson	2007
5:16.14	Kylie Edwards	2000
5:17.14	Meriah Earle	2000
5:18.87	Jennifer Stakiw	2000
5:19.06	Jackie Duncan	2007
5:22.49	Wendy Petersen	1991

3,000 Meters

9:44.80	Marie Nilsson	2004
10:07.23	Lital Azulay	2005
10:20.41	Lisa Crampton	2006

10:32.40	Christal Cuadra	2003
10:35.48	Sophia Hawker	2000
10:49.85	Sarah Belger	2006
10:53.70	Alicia Stewart	2003

5,000 Meters (h = hand time)

18:53.6(h)	Marie Nilsson	2004
19:14.90	Sophia Hawker	1999
20:21.0(h)	Christal Cuadra	2004

4x400 Relay

3:41.55	Stone, Pencil, Chapu, Upuu	2007
3:43.63	Stone, Upuu, Olafsdottir, Dudley	2006
3:43.66	Body, Ireland, Dyer, Smedley	1999
3:43.88	Hogg, Dyer, Carmier, Ireland	2003
3:45.20	Pencil, Stone, Olafsdottir, Chapu	2007
3:47.29	McNair, Smedley, Ireland, Dyer	2004
3:47.39	Stone, Boyd, Pencil, Duncan	2006
3:50.78	Hogg, Smedley, Givens, Dyer	2002
3:51.57	Dudley, Carmier, Pencil, Duncan	2005
3:51.80	Pencil, Stone, Olafsdottir, Upuu	2006

4x800 Relay

9:31.14	Royal, Petersen, Wright, Ritchie	1991
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Distance Medley Relay

12:13.23	Naucler, Dudley, Carmier, Azulay	2005
12:13.80	Titus, Ireland, Edwards, Cuadra	2003
12:27.56	Crampton, Upuu, Carmier, Belger	2006
12:32.62	Tyson, Chapu, Upuu, Naucler	2007
12:51.93	Unknown	2000
12:53.13	Edwards, McNair, Titus, Carmier	2004
12:59.52	Titus, Carmier, Laswell, Edwards	2004

55 Hurdles

7.64	Darla Vaughn	1992
7.74	Felicia Stone	2000
7.77	Miesha McKelvy	1999
8.23	Aja Makaila Frary	2000
8.28	Marisa Robinson	2000
8.32	Erica Prodanovich	1991
8.42	Daveetta Shepherd	2001

60 Hurdles

8.24	Miesha McKelvy	1999
8.29	Felicia Stone	2000
8.39	Marisa Robinson	2000
8.43	Nicole Ireland	2004
8.53	Heather Heron	2004
8.64	Kristin Olafsdottir	2007
8.67	Aja Makaila Frary	2000
8.69	Leslie Miller	2004
8.74	Deontee Kaye	2006
8.90	Lynnae Samuels	2002

Long Jump

19-10.25	Lisa Domico	1999
19-9.50	Karoline Koehler	2007
18-11.25	Aja Makaila Frary	2000
18-10.75	Shana Watson	2007
18-6.75	Aroline Neal	2001
18-4.25	Deontee Kaye	2007
18-3.75	Shanon Meyer	2003
18-3.25	Kristin Olafsdottir	2006
18-2.25	Leslie Miller	2003
18-0.00	Tori Respass-Parsons	2005
17-10.25	Janine Polischuk	2005

Triple Jump

42-2.00	Deontee Kaye	2006
41-11.25	Karoline Koehler	2007
40-4.00	Nicole Ireland	2004
39-8.00	Shana Watson	2006

38-8.25	Lisa Domico	1999
38-2.00	Marisa Taylor	2000
38-0.00	Megan Schaueremann	2003
37-7.00	Hollann Givens	2004
37-6.75	Kai Wheeler	2007
37-5.25	Jennifer Greene	2005

High Jump

5-8.00	Aja Makaila Frary	1999
5-8.00	Marla Runyan	1992
5-6.50	Nicole Carmier	2006
5-5.75	Alisha Laswell	2002
5-5.25	Leslie Miller	2004
5-5.00	Kristin Olafsdottir	2006
5-5.00	Jamillah Titus	2005
5-3.75	Aubrey Preston	2000
5-3.00	Kristin Karhio	2007
5-2.25	Ameerah Omar	2002
5-2.25	Jennifer Delroy	1991

Pole Vault

14-0.50	Erin Asay	2006
14-0.00	Shayla Balentine	2005
13-5.25	Stephanie Bagan	2007
12-9.5	Tricia Gutierrez	2002
12-8.75	Monica Pacas	2007
12-8.75	Dana Jensen	2006
12-5.50	Aimee Crabtree	1999
12-4.75	Dana VanWagner	2007
12-1.25	Jesika Englebretson	2002
12-0.00	Cara Walker	2004

Shot Put

48-8.75	Candace Hill	2004
42-0.75	Julie Dejarlais	1992
40-10.75	Leanne Taylor	2006
40-0.00	Brittany Lowe	2006
39-1.25	Tori Respass-Parsons	2005
38-6.00	Leslie Miller	2003
36-11.50	Shanon Meyer	2003
36-8.25	Michele Dannhausen	2007
36-6.75	Janine Polischuk	2005
34-6.25	Kristin Karhio	2007

Weight Throw

53-1.50	Candace Hill	2003
45-9.75	Leslie St. Pierre	2004
45-7.75	Brittany Lowe	2006

Pentathlon

3,902	Aja Makaila Frary	2000
3,858	Leslie Miller	2004
3,843	Kristin Olafsdottir	2006
3,546	Shanon Meyer	2003
3,260	Kristin Karhio	2007
3,237	Janine Polischuk	2004
3,209	Nicole Carmier	2004
3,198	Corri Campbell-Fell	2006

Bold indicates current athlete



Candace Hill

Event	World	American	Collegiate	Mountain West	San Diego State
55m		6.56 Gwen Torrence Georgia, 1987	6.56 Gwen Torrence Georgia, 1987	11.28 Ayanna Hutchinson UNLV, 2000	6.90 Darla Vaughn 1992
60m	6.92 Irina Privalova Russia, 1993, 95	6.95 Gail Devers/Marion Jones United States, 1993/1998	7.09 Angela Williams USC, 2001	7.20 Ashley Owens UNLV, 2006	7.33 Tonette Dyer 2004
200m	21.87 Merlene Ottey Jamaica, 1993	22.18 Michelle Collins United States, 2003	22.43 Veronica Campbell Arkansas, 2004	22.99 Virgil Hodge TCU, 2007	23.75 Tonette Dyer 2004
400m	49:59 Jarmila Kratochvilova Czechoslovakia, 1982	50.64 Diane Dixon United States, 1991	50.80 Natasha Hastings South Carolina, 2007	51.79 Shauna Smith Wyoming, 2004	53.51 Tonette Dyer 2003
800m	1:55.82 Jolanda Ceplak Slovenia, 2002	1:58.71 Nicole Teter Farm Team, 2002	2:00.75 Nicole Cook Tennessee, 2005	2:05.93 Aneta Lemiesz Brigham Young, 2004	2:11.26 Jamillah Titus 2003
Mile	4:17.14 Doina Melinte Romania, 1990	4:20.50 Mary Slaney Athletics West, 1982	4:28.31 Vicki Huber Villanova, 1988	4:40.13 Heidi Magill BYU, 2005	5:04.40 Lisa Crampton 2006
3,000m	8:23.72 Meseret Defar Ethiopia, 2007	8:39.14 Regina Jacobs United States, 1999	8:49.18 Kim Smith Providence, 2004	9:04.06 Michaela Mannova Brigham Young, 2004	9:44.80 Marie Nilsson 2004
5,000m	14:27.42 Tirunesh Dibaba Ethiopia, 2007	15:07.44 Marla Runyan Asics, 2001	15:14.18 Kim Smith Villanova, 2004	16:04.89 Laura Turner Brigham Young, 2004	18:53.60 Marie Nilsson 2004
55m hurdles		7.37 Jackie Joyner-Kersey WC, 1989			7.64 Darla Vaughn 1992
60m hurdles	7.69 Lyudmila Engquist Russia, 1990	7.74 Gail Devers Nike, 2003	7.84 Virginia Powell USC, 2006	8.13 Kristen Bolm Brigham Young, 2000	8.24 Miesha McKelvy 1999
4x200m Relay	1:32.41 Russia 2005	1:33.24 Harris, Gaines, Dendy, Collins National Team, 1994	1:36.50 Morehead, Davis, Jones, Cheeseborough, Tennessee St., 1979		
4x400m Relay	3:23.37 Russia, 2006	3:27.59 Hennehan, Collins, Porter, Fegan-Alexander, Nat. Team, 1999	3:27.66 Downer, McIntosh, Robinson, Richards, Texas, 2003	3:31.87 Wyoming 2004	3:41.55 Stone, Pencil, Chapu, Uppu, 2007
4x800m Relay	8:18.54 Russia, 2007	8:28.41 Renk, Sherman, Gentes, Wickus Wisconsin, 1992	8:25.50 Procaccio, Grant, DiMuro-Ave, Halliday, Villanova, 1987		9:31.14 Royal, Petersen, Wright Ritchie, 1991
Distance Medley Relay	10:54.34 Villanova, 1988	10:59.76 Donohue, Gainey, Schmidt, Flanagan, North Carolina, 2002	10:54.34 Halliday, DiMuro-Ave, Franey, Huber, Villanova, 1988	11:06.91 Brigham Young 2004	12:13.23 Naucler, Dudley, Carmier, Azulay, 2005
High Jump	6-9.75 (2.08m) Kajsa Bergqvist Sweden, 2006	6-7.00 (2.01m) Tisha Waller Unattached, 1998	6-5.50 (1.97m) Ramos, Acuff, Aldrich, Gyorffy Stanford, UCLA, Texas, Harvard	6-0.25 (1.84m) Lindsey Metcalf Brigham Young, 2004	5-8.00 (1.73m) Marla Runyan, 1992 Aja M. Frary, 1999
Pole Vault	16-2.25 (4.93m) Yelena Isinbaeva Russia, 2007	15-9.25 (4.81m) Stacy Dragila United States, 2007	14-10.25 (4.52m) Amy Linnen Arizona, 2002	14-0.50 (4.28m) Erin Asay San Diego State, 2006	14-0.50 (4.28m) Erin Asay 2006
Long Jump	24-2.25 (7.37m) Heike Drechsler Germany, 1988	23-4.75 (7.13m) Jackie Joyner-Kersey Honda, 1994	22-8.00 (6.91m) Elva Goulbourne Auburn, 2002	21-3.25 (6.67m) Amy Menlove Brigham Young, 2005	19-10.25 (6.05m) Lisa Domico 1999
Triple Jump	50-4.75 (15.36m) Tatyana Lebedeva Russia, 2004	46-8.25 (14.23m) Sheila Hudson Reebok, 1995	46-9.00 (14.25m) Suzette Lee LSU, 1997	44-2.50 (13.47m) Kamila Rywelska Brigham Young, 2005	42-2.00 (12.85m) Deontee Kaye 2006
Weight Throw		83-10.25 (25.56m) Brittany Riley Southern Illinois, 2007	83-10.25 (25.56m) Brittany Riley Southern Illinois, 2007	74-3.75 (22.65m) Loree Smith Colorado State, 2005	53-1.50 (16.19m) Candace Hill 2003
Shot Put	73-10.00 (22.50m) Helena Fibingerova Czech Republic, 1977	65-0.75 (19.83m) Ramona Pagel Mazda TC, 1987	62-10.00 (19.15m) Laura Gerraughty North Carolina, 2004	56-2.75 (17.14m) Loree Smith Colorado State, 2005	48-8.75 (14.85m) Candace Hill 2004
Pentathlon	4,991 pts Irina Belova Russia, 1992	4,753 pts Dedee Nathan United States, 1999	4,425 pts Austra Skujyte Kansas State, 2002	4,312 pts Amy Menlove Brigham Young, 2005	3,902 pts Aja Makaila Frary 2000

AZTEC ALL-TIME OUTDOOR BESTS

100 Meters (*11.75)

11.20Tonette Dyer.....	2004
11.50 Shana Solomon	2007
11.50(a)Miesha McKelvy.....	1999
11.50(a)Melinda Smedley.....	2003
11.59(a)Nicole Ireland.....	2003
11.62Darla Vaughn.....	1992
11.70Brigitte Moon.....	1984
11.72Lori Smith.....	1982
11.75 Sherraine Pencil	2007
11.76LaTanya Sheffield.....	1983

200 Meters (*23.96)

22.34Tonette Dyer.....	2004
23.30Nicole Ireland.....	2004
23.32(a)Melinda Smedley.....	2002
23.40Lori Smith.....	1983
23.58 Sherraine Pencil	2007
23.59 Shana Solomon	2007
23.74Renee Ross.....	1985
23.83Miesha McKelvy.....	1999
23.86Darla Vaughn.....	1991
23.91Promise Mose.....	2001



Tonette Dyer

400 Meters (*54.61)

51.15Tonette Dyer.....	2004
51.33Renee Ross.....	1985
52.91Nicole Ireland.....	2003
52.94(a) Nicole Stone	2006
53.08(a)Jini Hogg.....	2002
53.09LaTanya Sheffield.....	1985
53.65 Sherraine Pencil	2007
53.88Promise Mose.....	2000
53.96Malika Freeman.....	1995
54.01Larnie Boyd.....	2004

800 Meters (*2:09.80)

2:02.88Renee Ross.....	1985
2:05.57Monica Joyce.....	1982
2:06.56 Mandy Upuu	2007
2:07.19Lisa Naucler.....	2007

2:07.39Kylie Edwards.....	2000
2:08.50Nicole Carmier.....	2005
2:08.90Jamillah Titus.....	2003
2:08.96Jennifer Stakiw.....	2003
2:09.03Kristy Matthews.....	1995
2:09.69Sharon Yaninek.....	1984

1,500 Meters (*4:27.80)

4:06.69Monica Joyce.....	1982
4:16.89Eva Ernstrom.....	1982
4:17.28Lynn Kanuka.....	1982
4:27.00Kylie Edwards.....	2001
4:29.41Sharon Yaninek.....	1984
4:30.64Jeanne Abare.....	1978
4:32.03Marie Nilsson.....	2004
4:32.14Wendy Peterson.....	1990
4:33.13Lisa Naucler.....	2007
4:33.18Renee Ross.....	1986

3,000 Meters^

8:53.24Monica Joyce.....	1982
8:58.44Eva Ernstrom.....	1982
9:13.13Lynn Kanuka.....	1982
9:39.01Marie Nilsson.....	2004
9:48.51Maureen Bradley.....	1987
9:49.04Eliana Garcia.....	1983
9:49.94Laurie Crisp.....	1983
9:50.19Liz Baker.....	1981
9:54.04Debra Chaddock.....	1983
9:54.13Wendy Peterson.....	1989

5,000 Meters (*16:52.00)

15:45.26Monica Joyce.....	1982
15:46.37Eva Ernstrom.....	1982
15:59.34Lynn Kanuka.....	1982
16:42.44Debra Chaddock.....	1982
16:43.56Marie Nilsson.....	2004
16:46.24Liz Baker.....	1982
16:58.64Laurie Crisp.....	1983
17:00.80Maureen Bradley.....	1987
17:15.94Lisa Crampton.....	2006
17:16.08Lital Azulay.....	2005

10,000 Meters (#33:30.00; *35:00.00)

34:22.24Lynn Kanuka.....	1981
34:44.44Liz Baker.....	1982
34:55.24Debra Chaddock.....	1982
36:01.00Laurie Crisp.....	1983
36:31.44Sherrie Torrans.....	1981
36:46.44Maureen Bradley.....	1986
37:15.40Mona Lopez.....	1987
38:02.32Lisa Gross.....	1983
38:08.18Michele Cox.....	1998
38:33.35Kirsten Peterson.....	1989

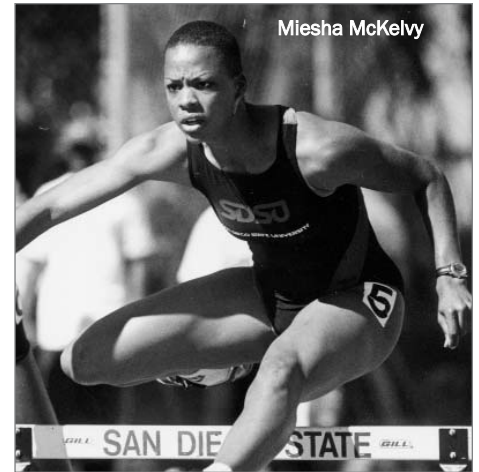
100-Meter Hurdles (*13.92)

12.82Miesha McKelvy.....	1999
12.86Deby LaPlante.....	1979
13.00Darla Vaughn.....	1992
13.13Daveetta Shepherd.....	2001
13.21Felicia Stone.....	2000
13.25Heather Heron.....	2005
13.28Sue Kameli.....	1980
13.30Nicole Ireland.....	2004
13.44Lori Smith.....	1983
13.46LaTanya Sheffield.....	1986

400-Meter Hurdles (*1:00.82)

54.64LaTanya Sheffield.....	1985
56.10Nicole Ireland.....	2003
58.51Sharifa Cox.....	1994
58.53Margaret Hemmans.....	1987
58.90Gaylen Ames.....	1988

59.03Erica Prodanovich.....	1992
59.06Heather Heron.....	2005
59.21 Nicole Stone	2007
59.33(a) Kristin Olafsdottir	2006
59.82(a)Ryan Peters.....	2003



Miesha McKelvy

High Jump (*5-8.75)

5-11.50Lori Clark.....	1984
5-11.00Patti Stafford.....	1981
5-10.00Marla Runyan.....	1989
5-9.50Carrie McLaughlin.....	1982
5-9.00Veronica Wuerful.....	1988
5-8.75Nicole Carmier.....	2005
Deanne Johnson.....	1984
5-8.00Jamillah Titus.....	2004
Aja Makaila Frary.....	2001
Lori Smith.....	1983

Long Jump (*19-8.25)

20-5.75Lisa Domico.....	1999
20-4.50 Karoline Koehler	2007
20-4.25 Deontee Kaye	2007
Aja Makaila Frary.....	2001
20-1.00 Shana Watson	2006
19-10.50Carrie McLaughlin.....	1980
19-5.25Tori Respass-Parsons.....	2005
Gaylen Ames.....	1990
19-4.75Melinda Forest.....	1997
19-4.25Angela McKnight.....	1987
19-4.25Shanon Meyer.....	2003

Triple Jump (*40-5.00)

44-4.25 Deontee Kaye	2007
43-3.75 Karoline Koehler	2007
41-9.75Gaylen Ames.....	1988
41-8.00Angela McKnight.....	1988
41-5.50 Shana Watson	2006
40-6.75Sharie Green.....	1989
40-4.25Lisa Domico.....	1999
40-3.25Nicole Ireland.....	2003
40-1.25Melinda Forest.....	1998
40-0.50Marisa Taylor.....	2001

Pole Vault (*12-7.50)

14-1.25Shayla Balentine.....	2005
13-9.25Erin Asay.....	2006
13-2.25Aimee Crabtree.....	2001
13-1.50 Monica Pacas	2007
Dana VanWagner.....	2007
12-9.50 Stephanie Bagan	2007
12-9.00Patricia Gutierrez.....	2001
12-8.25Jesika Englebretson.....	2002-03
12-6.25Kristi Draher.....	2000
12-5.50 Christin Shibley	2007



Shayla
Balentine

Shot Put (*46-11.00)

58-3.75.....	Ramona Pagel.....	1984
51-3.00.....	Laura DeSnoo.....	1984
49-8.50.....	Candace Hill.....	2004
48-9.00.....	Cheryl Kennedy.....	1982
47-7.00.....	Leanne Taylor.....	2006
46-9.00.....	Kartsi Leppaluoto.....	1988
46-2.75.....	Bonnie Dasse.....	1981
45-3.50.....	Carolyn Peters.....	1990
45-2.00.....	Monica Stoltenburg.....	1979
43-10.00.....	Julie Dejarlais.....	1992

Discus (*155-2.00)

196-4.00.....	Laura DeSnoo.....	1984
186-6.00.....	Ramona Pagel.....	1984
164-0.00.....	Leanne Taylor.....	2006
162-9.00.....	Candace Hill.....	2003
161-3.00.....	Rhonda Loshonkohl.....	1986
151-10.00.....	Julie Dejarlais.....	1993
147-1.00.....	Laura Standing.....	1986
146-8.00.....	Carolyn Peters.....	1990
145-2.00.....	Katrina Crouch.....	1999
144-2.00.....	Bonnie Dasse.....	1981

Javelin (*142-6.00)

178-3.00.....	Liz Mueller.....	1983
169-10.00.....	Donna Dietrich.....	1978
163-2.00.....	Lynn Dunton.....	1979
160-7.00.....	Debbie Dibb.....	1982
160-1.00.....	Angela Rock.....	1984
158-9.00.....	L. Hallman.....	1974
155-10.00.....	Diane Collier.....	1989
154-6.50.....	Monica Stoltenburg.....	1979
153-6.00.....	Louise Joubert.....	1990
152-0.00.....	Leslie Miller.....	2003

Hammer (*177-8.00)

168-8.00.....	Kellie Scott.....	1998
164-6.00.....	Candace Hill.....	2003
156-7.00.....	Brittany Lowe.....	2006

4x100 Relay (*45.70)

44.24.....	Givens, Dyer, Hogg, Smedley.....	2002
44.45.....	Boyd, Dyer, Heron, Ireland.....	2003
44.75(a).....	Smedley, Dyer, Peters, Ireland.....	2003
44.77.....	Peters, Dyer, Hogg, Smedley.....	2002
44.84.....	Smedley, Dyer, Givens, Ireland.....	2003
45.02.....	Sheffield, Robinson, Moon, Ross.....	1985
45.14.....	Sheffield, Smith, Moon, Ross.....	1986
45.20.....	Smedley, Dyer, McNair, Ireland.....	2003
45.22.....	Givens, Dyer, Heron, Ireland.....	2004
45.22.....	Bourne, Sheffield, Charles, Smith.....	1982

4x200 Relay^

1:32.99.....	Smedley, Dyer, McNair, Ireland.....	2003
1:33.31.....	Dyer, Ireland, McNair, Boyd.....	2004
1:34.97.....	Dyer, Hogg, Ireland, Smedley.....	2003
1:35.74.....	Clemons, Brewer, Moon, Ross.....	1984
1:35.98.....	Boyd, McNair, Dyer, Givens.....	2004
1:37.48.....	Frary, Mose, Smedley, Hogg.....	2001
1:39.39.....	Clemons, Ross, Moon, Russell.....	1984

Sprint Medley^ (100-100-200-400)

1:39.19.....	Moon, Robinson, Nilson, Ross.....	1985
1:40.10.....	Clemons, Brewer, Moon, Ross.....	1984
1:42.04.....	Hegerle, Charles, Bullard, Collins.....	1981

4x400 Relay (*3:42.00)

3:30.57.....	Nilsson, Ross, Robinson, Sheffield.....	1985
3:33.84.....	Boyd, Ireland, Dyer, Heron.....	2004
3:34.47.....	Hogg, Ireland, Dyer, Givens.....	2003
3:34.77.....	McNair, Ireland, Dyer, Givens.....	2003
3:35.19.....	Dyer, Ireland, Hogg, McNair.....	2003
3:35.50.....	Smith, Ross, Hemmans, Sheffield.....	1986

3:35.89.....	Boyd, Heron, Ireland, Givens.....	2004
3:36.67.....	Dyer, Hogg, McNair, Ireland.....	2003
3:36.77.....	Dyer, Ireland, Hogg, Givens.....	2003
3:36.80.....	Smedley, Dyer, Ireland, McNair.....	2003

4x800 Relay^

8:48.13.....	Hemond, Ernstrom, Kanuka, Joyce.....	1982
8:59.05.....	Spencer, Ross, Garcia, Yaninek.....	1984
9:09.04.....	Garcia, Collins, O'Connell, Joyce.....	1981

Distance Medley Relay^ (12-4-8-16)

11:07.64.....	Hemond, Sheffield, Joyce, Kanuka.....	1982
11:37.77.....	Boyd, Givens, Carmier, Nilsson.....	2004
11:45.80.....	Titus, McNair, Boyd, Nilsson.....	2004

Heptathlon (#5,500; *5,050)

5,751.....	Aja Makaila Frary.....	2001
5,620.....	Carrie McLaughlin.....	1983
5,602.....	Leslie Miller.....	2003
5,481.....	Shanon Meyer.....	2003
5,435.....	Lori Smith.....	1983
5,402.....	Kristin Olafsdottir.....	2006
5,210.....	Janine Polischuk.....	2004
5,176.....	Gaylen Ames.....	1990
5,169.....	Marla Runyan.....	1991
5,127.....	Deanne Johnson.....	1984

3,000-Meter Steeplechase (*10:50.25)

10:23.34.....	Marie Nilsson.....	2004
10:42.11.....	Lisa Crampton.....	2006
10:48.32.....	Celeste Tyson.....	2006
11:21.72.....	Alicia Stewart.....	2003
11:22.68.....	Jennifer Stakiw.....	2001

* 2008 NCAA Regional Qualifying Standards
 # 2008 NCAA Championship Qualifying Standard
 ^ not an NCAA Outdoor Championship event
 (a) run at altitude
Bold indicates current athlete



1985 Record-Setting
4x400 Relay Team



Aja Makaila Frary

OUTDOOR RECORDS

Event	World	American	Collegiate	Mountain West	San Diego State
100m	10.49 Florence Griffith-Joyner United States, 1988	10.49 Florence Griffith-Joyner World Class A.C., 1988	10.78 Dawn Sowell LSU, 1989	11.07 Virgil Hodge TCU, 2006	11.20 Tonette Dyer 2004
200m	21.34 Florence Griffith-Joyner United States, 1988	21.34 Florence Griffith-Joyner United States, 1988	22.04 Dawn Sowell LSU, 1989	22.34 Tonette Dyer San Diego State, 2004	22.34 Tonette Dyer 2004
400m	47.60 Marita Koch East Germany, 1985	48.70 Sanya Richards United States, 2006	49.84 Natasha Hastings South Carolina, 2007	51.15 Tonette Dyer San Diego State, 2004	51.15 Tonette Dyer 2004
800m	1:53.28 Jarmila Kratochvilova Czechoslovakia, 1983	1:56.40 Jearl Miles-Clark Mizuno, 1999	1:58.33 Claudette Groenendaal Oregon, 1985	2:03.40 Melanie Steere Brigham Young, 2000	2:02.88 Renee Ross 1985
1,500m	3:50.46 Qu Yunxia China, 1993	3:57.12 Mary Slaney Athletics West, 1983	4:05.81 Sonia O'Sullivan Villanova, 1991	4:11.67 Jamie Cottle Brigham Young, 2004	4:06.69 Monica Joyce 1982
Mile	4:12.56 Svetlana Masterkova Russia, 1996	4:16.71 Mary Slaney Athletics West, 1985	4:26.16 Teena Colebrook Cal Poly, 1990		
3,000m	8:06.11 Wang Junxia China, 1993	8:25.83 Mary Slaney Athletics West, 1985	8:37.25 Vicki Huber Villanova, 1988		8:53.24 Monica Joyce 1982
5,000m	14:16.63 Meseret Defar Ethiopia, 2007	14:45.35 Regina Jacobs Nike, 2000	15:07.56 Cathy Branta Wisconsin, 1985	15:44.55 Whitney McDonald Brigham Young, 2007	15:45.26 Monica Joyce 1982
10,000m	29:31.78 Wang Junxia China, 1993	30:52.32 Deena Drossin Asics T.C., 2002	31:56.72 Sally Kipyego Texas Tech, 2007	33:06.23 Whitney McDonald Brigham Young, 2007	34:22.24 Lynn Kanuka 1981
3,000m Steeplechase	9:01.59 Gulhara Samitova-Galkina Russia, 2004	9:29.32 Brianna Shook Toledo, 2004	9:38.08 Anna Willard Michigan, 2007	9:44.68 Kathryn Andersen Brigham Young, 2004	10:23.34 Marie Nilsson 2004
100m Hurdles	12.21 Yordanka Donkova Bulgaria, 1988	12.33 Gail Devers Nike, 2000	12.48 Virginia Powell USC, 2006	13.02 Kirsten Bolm Brigham Young, 2000	12.82 Miesha McKelvy 1999
400m Hurdles	52.34 Yuliya Pechonkina Russia, 2003	52.61 Kim Batten United States, 1995	53.43 Lashinda Demus South Carolina, 2004	54.37 Shauna Smith Wyoming, 2005	54.64 LaTanya Sheffield 1985
4x100m Relay	41.37 East Germany 1985	41.47 Miller, Gaines, Jones Devers, U.S., 1997	42.50 Stanley, Sowell, Sheffield, Jones, LSU, 1989	43.53 Bell, J. Jones, D. Jones, Hodge, TCU, 2007	44.24 Givens, Dyer, Hogg, Smedley, 2002
4x400m Relay	3:15.17 Soviet Union 1988	3:15.51 Howard, Dixon, Brisco Griffith-Joyner, U.S., 1998	3:23.75 Jones, McIntosh, Chapple Richards, Texas, 2004	3:30.00 Mar. Davis, D. Jones, Paul, John, TCU, 2006	3:30.57 Nilson, Ross, Robinson Sheffield, 1985
High Jump	6-10.25 (2.09m) Stefka Kostadinova Bulgaria, 1987	6-8.00 (2.03m) Louise Ritter Mazda T.C., U.S. 1988	6-6.75 (2.00m) Amy Acuff/Dora Gyorffy UCLA/Harvard, 1997/2001	6-0.75 (1.85m) Christine Spence UNLV, 2004	5-11.50 (1.82m) Lori Clark 1984
Pole Vault	16-5.25 (5.01m) Yelena Isinbayeva Russia, 2005	16-0.00 (4.88m) Jenn Stuczynski United States, 2007	15-1.00 (4.60m) Chelsea Johnson UCLA, 2006	14-1.25 (4.30m) Shayla Balentine San Diego State, 2005	14-1.25 (4.30m) Shayla Balentine 2005
Long Jump	24-8.25 (7.52m) Galina Christytkova Soviet Union, 1988	24-7.00 (7.49m) Jackie Joyner-Kersey Honda, 1994	23-9.00 (7.24m) Jackie Joyner UCLA, 1985	21-7.50 (6.59m) Nikki Hughes Brigham Young, 2002	20-5.75 (6.24m) Lisa Domico 1999
Triple Jump	50-10.25 (15.50m) Inessa Kravets Ukraine, 1995	47-5.00 (14.45m) Tiombe Hurd Nike, 2004	46-8.00 (14.22m) Trecia Smith Pittsburgh, 1997	44-8.25 (13.62m) Kamila Rywelska Brigham Young, 2005	44-4.25 (13.52m) Deontee Kaye 2007
Shot Put	74-3.00 (22.63) Natalya Lisovskaya Soviet Union, 1987	66-2.50 (20.18m) Ramona Pagel Mazda T.C., 1988	62-3.75 (18.99m) Meg Ritchie Arizona, 1983	54-9.50 (16.70m) Loree Smith Colorado State, 2005	58-3.75 (17.77m) Ramona Pagel 1984
Discus	252-0.00 (76.80m) Gabriele Reinsch East Germany, 1988	216-10.00 (66.10m) Carol Cady Stanford T.C., 1986	221-5.00 (67.48m) Meg Ritchie Arizona, 1981	187-3.5 (57.09m) Loree Smith Colorado State, 2004	196-4.00 (59.84m) Laura DeSnoo 1984
Hammer Throw	257-11.00 (78.61m) Tatyana Lysenko Russia, 2007	242-4.00 (73.87m) Erin Gilreath New York A.C., 2005	239-4.00 (72.94m) Jennifer Dahlgren Georgia, 2007	229-9.00 (70.03m) Loree Smith Colorado State, 2005	168-8.00 (51.40m) Kellie Scott 1998
Javelin	235-3.00 (71.70m) Osleidys Menéndez Cuba, 2005	210-7.00 (64.19m) Kim Kreiner United States, 2007	202-10.00 (61.82m) Irina Kharun Indiana, 2003	195-8.00 (59.64m) Dana Pounds Air Force, 2006	178-3.00 (54.33m) Liz Mueller 1983
Heptathlon	7,291 points Jackie Joyner-Kersey United States, 1988	7,291 points Jackie Joyner-Kersey United States, 1988	6,718 points Jackie Joyner-Kersey UCLA, 1985	5,751 points Aja Makaila Frary San Diego State, 2001	5,751 points Aja Makaila Frary 2001

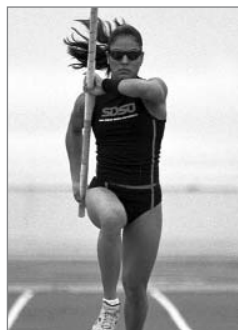
Excellence and San Diego State track and field have become synonymous and the results do not lie. The Aztecs have had three NCAA champions in program history and a laundry list of All-America selections. The past seven years and in 10 of the last 11 seasons, SDSU student-athletes have earned All-America honors for their efforts at the NCAA national meet. Overall, San Diego State has produced 35 All-Americans, including Deontee Kaye, who last year became the Aztecs' first All-American in a jumping event when she finished fourth at the NCAA Outdoor Championships in the triple jump.



Erin Asay



Shayla Balentine



Aimee Crabtree



Laura DeSnoo

NCAA Champions

- 1984 Ramona Pagel - Shot Put 56-08.00
- 1985 LaTanya Sheffield - 400H 54.64
- Laura DeSnoo - Discus 190-06.00

All-Americans

- 1979 Deby LaPlante 100 Hurdles
- 1980 Deby LaPlante 100 Hurdles
- 1981 Monica Joyce 1,500 Meters
- Carrie McLaughlin Heptathlon
- 1982 Monica Joyce 1,500 Meters
- Carrie McLaughlin Heptathlon
- Eva Ernstrom 5,000 Meters
- Laura DeSnoo Discus
- 1983 Carrie McLaughlin Heptathlon
- 1984 Laura DeSnoo Shot Put, Discus
- Ramona Pagel Shot Put
- 1985 Renee Ross 400 Meters
- LaTanya Sheffield 400 Hurdles
- Laura DeSnoo Discus
- 1986 LaTanya Sheffield 400 Hurdles
- Laura DeSnoo Discus
- 1997 Miesha McKelvy 100 Hurdles
- 1998 Miesha McKelvy 100 Hurdles
- 1999 Aimee Crabtree Pole Vault
- 2001 Aja Makaila Frary Heptathlon
- Daveetta Shepherd 100 Hurdles
- 2002 Tonette Dyer 400 Meters
- 2003 Nicole Ireland 400 Hurdles, 4x400 Relay
- Leslie Miller Heptathlon
- Tonette Dyer 4x400 Relay
- Jini Hogg 4x400 Relay
- Hollann Givens 4x400 Relay
- Bianca McNair 4x400 Relay
- 2004 Tonette Dyer 100, 200
- 2005 Shayla Balentine Pole Vault
- Heather Heron 100 Hurdles
- 2006 Erin Asay Indoor Pole Vault
- 2007 Deontee Kaye Triple Jump



Tonette Dyer



Eva Ernstrom



Aja M. Frary



Heather Heron



Jini Hogg



Nicole Ireland



Monica Joyce



Deontee Kaye



Deby LaPlante



Miesha McKelvy



Carrie McLaughlin



Leslie Miller



Ramona Pagel



Renee Ross



LaTanya Sheffield



Daveetta Shepherd



AZTEC OLYMPIANS

San Diego State has a storied tradition of Aztecs who have qualified for the Olympics over the years. Since 1976, SDSU has had 19 former student-athletes go on and compete in the Olympics for their respective countries. Most recently, Marla Runyan competed in a pair of Paralympics (1992 and 1996) before participating in the Olympics in 2000 and 2004.

Olympians

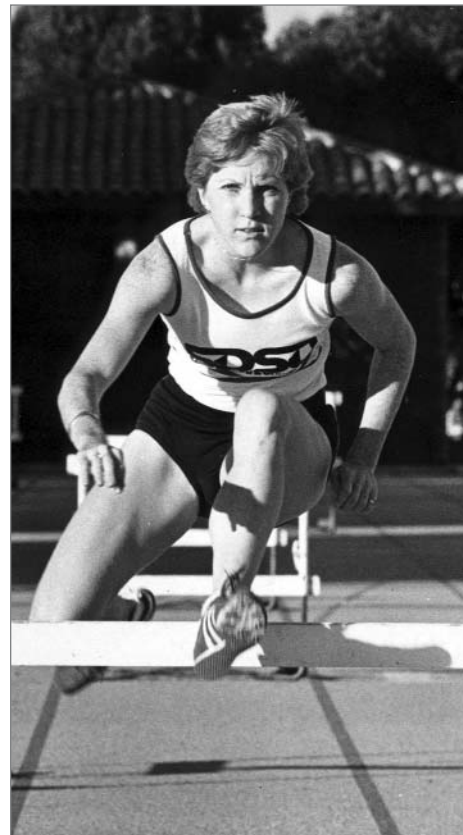
1976	Deby LaPlante - United States Patrice Shmock - United States Sue Kameli - Canada
1980	Sue Kameli - Canada Sharon Lane - Canada
1984	Laura DeSnoo - United States Ramona Pagel - United States Lynn Kanuka - Canada Monica Joyce - Ireland Eva Ernstrom - Sweden Sue Kameli - Canada
1988	Ramona Pagel - United States LaTanya Sheffield - United States Bonnie Dasse - United States Lynn Kanuka - Canada
1992	Ramona Pagel - United States
1996	Ramona Pagel - United States
2000	Marla Runyan - United States
2004	Marla Runyan - United States

Paralympians

1992	Marla Runyan - United States
1996	Marla Runyan - United States



Eva Ernstrom
1984 Olympics



Sue Kameli
1976, 1980, 1984 Olympics



Lynn Kanuka
1984, 1988 Olympics



Marla Runyan
2000, 2004 Olympics



LaTanya Sheffield
1988 Olympics

Seven members of the Aztec track and field program have their names enshrined in San Diego State's Aztec Hall of Fame presented by the Wise Foundation. The hall is located in the lobby of the Aztec Athletics Center. The honorees are listed here in chronological order of their induction class.



Deby LaPlante Sweezy

1979-80

Hall of Fame Class of 1992

Was an All-American selection in 1979 and 1980 in the 100-meter hurdles... She was a member of the 1976 and 1980 U.S. Olympic teams... A former USA record holder in the 100-meter hurdles with a time of 12.86... Was second in the 100 meters at the collegiate national championships.



LaTanya Sheffield

1983-86

Hall of Fame Class of 1993

The 1985 NCAA champion in the 400-meter hurdles... A two-time All-American... Former American record holder in the 400-meter hurdles with a time of 54.64... A bronze medalist in the 1987 Pan American Games... A member of the 1988 Olympic team and qualified for the 400-meter hurdles finals in Seoul... Sister of SDSU track and field coach Rahn Sheffield.



Ramona Pagel

1983-84

Hall of Fame Class of 1996

A four-time Olympian in the shot put... Best finish was ninth at the Atlanta games in 1996... A three-time All-American... Set an American record with a throw of 66-2.5... Was San Diego State's first female track and field national champion... Overcame a hip and joint problem that forced her to wear leg braces as a child.



Laura DeSnoo

1983-86

Hall of Fame Class of 1999

Placed second in the 1984 U.S. Olympic trials, earning a spot on the 1984 Olympic squad ... NCAA discus champion in 1985... Won conference titles in the discus in both the Western Athletic Conference and the Pacific Coast Athletic Association... Recorded the top throw in the country for high school student-athletes in 1982.



Marla Runyan

1988-91

Hall of Fame Class of 2003

First legally blind athlete to participate in the Olympics, finishing eighth in the 1,500 meters in Sydney in 2000 ... an international household name, her career has evolved from high jumping to distances to the heptathlon and now is one of America's best marathoners ... three-time USA Outdoor champion in the 5,000 meters ... American record holder in the indoor 5,000 meters ... U.S. Paralympics in 1992 and 1996.



Carrie McLaughlin Stathas

1980-83

Hall of Fame Class of 2004

A three-time All-American (1981-83) in the heptathlon ... first SDSU athlete to win three straight All-American awards ... held SDSU heptathlon record for 18 years ... currently ranked second (5,620 points) in the heptathlon, third (19-10.5) in the long jump and fourth (5-9.5) in the high jump on the SDSU all-time list.



Lynn Kanuka

1979-82

Hall of Fame Class of 2005

One of SDSU's best-ever distance runners ... Holds the Aztec record in the 10,000 meters ... Ranks in the school's top 10 in six events and claimed a pair of conference titles during her career ... Posted two of the school's top 10 times in 5K races as a member of the SDSU cross country squad ... Represented Canada in both the 1984 and 1988 Olympic Games, winning a bronze medal in the 3,000 meters in 1984... From 1983 to 1989, she set 11 Canadian national records.



Aztec Hall of Fame

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