

### 60 METERS

School Record: 7.33 (Tonette Dyer, 2004); NCAA Auto: 7.23

Time	Athlete	Place	Notes	Meet	Date
7.80	Maderia Toatley	7th		AFA Team Challenge	01-28-12
7.92	Maderia Toatley	8th	finals	Bronco Invitational	01-21-12
7.94	Maderia Toatley	11th	prelims	Bronco Invitational	01-21-12
7.99	Shanieka Thomas	19th		AFA Team Challenge	01-28-12
8.07	Maderia Toatley	17th	prelims	Don Kirby Elite	02-10-12

### 200 METERS

School Record: 23.45 (Shanae Roach, 2011); NCAA Auto: 23.62

Time	Athlete	Place	Notes	Meet	Date
24.53	Allison Reaser	5th	finals	MW Indoor Champs	02-25-12
24.62	Maderia Toatley	1st		AFA Team Challenge	01-28-12
24.87	Allison Reaser	9th	prelims	MW Indoor Champs	02-24-12
25.23	Maderia Toatley	17th		Don Kirby Elite	02-10-12
25.46	Maderia Toatley	16th		Bronco Invitational	01-21-12
27.01	Maya Carter	30th		AFA Team Challenge	01-28-12
27.31	Maya Carter	30th		Bronco Invitational	01-21-12
DQ	Shanieka Thomas	DQ	prelims	MW Indoor Champs	02-24-12

### 400 METERS

School Record: 53.51 (Tonette Dyer, 2003); NCAA Auto: 53.30

Time	Athlete	Place	Notes	Meet	Date
57.25	Allison Reaser	4th		AFA Team Challenge	01-28-12
1:00.11	Maya Carter	9th		Bronco Invitational	01-21-12
1:01.59	Maya Carter	26th		AFA Team Challenge	01-28-12

### 800 METERS

School Record: 2:10.45 (Mandy Upuu, 2008); NCAA Auto: 2:05.50

Time	Athlete	Place	Notes	Meet	Date
2:12.66	Josefine Koskinen	6th	prelims	MW Indoor Champs	02-24-12
2:13.62	Josefine Koskinen	8th	finals	MW Indoor Champs	02-25-12
2:14.39	Josefine Koskinen	2nd		Don Kirby Elite	02-10-12
2:29.66	Allison Reaser	2nd	pentathlon	MW Indoor Champs	02-23-12
2:33.65	Allison Reaser	15th		Bronco Invitational	01-21-12
2:34.52	Tiara Collins	16th		Bronco Invitational	01-21-12
2:44.79	Sarah Haydock	10th	pentathlon	MW Indoor Champs	02-23-12
2:45.07	Julianne Alarcio	11th	pentathlon	MW Indoor Champs	02-23-12

### 3,000 METERS

School Record: 9:44.80 (Marie Nilsson, 2004); NCAA Auto: 9:13.00

Time	Athlete	Place	Notes	Meet	Date
10:42.06	Marianne Hogan	22nd		MW Indoor Champs	02-25-12
11:46.31	Amy Reaser	29th		MW Indoor Champs	02-25-12

### 5,000 METERS

School Record: 17:55.31 (Marianne Hogan, 2011); NCAA Auto: 16:02.00

Time	Athlete	Place	Notes	Meet	Date
18:27.49	Marianne Hogan	16th		MW Indoor Champs	02-24-12

### 60-METER HURDLES

School Record: 8.24 (Miesha McKelvy, 1999); NCAA Auto: 8.10

Time	Athlete	Place	Notes	Meet	Date
8.39	Allison Reaser	1st	t-3rd AT/pent	MW Indoor Champs	02-23-12
8.48	Allison Reaser	1st	finals	MW Indoor Champs	02-25-12
8.48	Allison Reaser	1st	prelims	MW Indoor Champs	02-24-12
8.51	Allison Reaser	7th	finals	Don Kirby Elite	02-10-12
8.59	Allison Reaser	8th	prelims	Don Kirby Elite	02-10-12
8.59	Allison Reaser	2nd		AFA Team Challenge	01-28-12
8.59	Allison Reaser	4th	finals	Bronco Invitational	01-21-12
8.64	Allison Reaser	4th	prelims	Bronco Invitational	01-21-12
8.79	Alex Evans	7th	prelims	MW Indoor Champs	02-24-12
8.83	Alex Evans	7th	finals	MW Indoor Champs	02-25-12
8.89	Alex Evans	9th		AFA Team Challenge	01-28-12
8.98	Alex Evans	9th	finals	Bronco Invitational	01-21-12
9.09	Alex Evans	11th	prelims	Bronco Invitational	01-21-12
9.31	Alex Evans	16th	prelims	Don Kirby Elite	02-12-12
9.61	Julianne Alarcio	9th	pentathlon	MW Indoor Champs	02-23-12
10.00	Sarah Haydock	12th	pentathlon	MW Indoor Champs	02-23-12

### 4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007); NCAA Auto: 3:36.80

Time	Team	Place	Notes	Meet	Date
3:48.75	Al. Reaser, Toatley, Koskinen, Carter	6th	9th all-time	MW Indoor Champs	02-25-12

### DISTANCE MEDLEY RELAY (1200-400-800-1600)

School Record: 12:13.23 (Naucler, Dudley, Carmier, Azulay, 2005); NCAA Auto: 11:07.40

Time	Team	Place	Notes	Meet	Date
12:52.23	Am. Reaser, Toatley, Koskinen, Hogan	7th	8th all-time	MW Indoor Champs	02-24-12

### HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992); NCAA Auto: 6-00.75

Mark	Athlete	Place	Notes	Meet	Date
5-05.00	Carrington Mahr	T-1st	T-7th all-time	Bronco Invitational	01-21-12
5-04.25	Carrington Mahr	7th		MW Indoor Champs	02-24-12
5-03.00	Carrington Mahr	16th		AFA Team Challenge	01-28-12
5-02.50	Allison Reaser	T-4th	pentathlon	MW Indoor Champs	02-23-12
5-01.25	Julianne Alarcio	T-7th	pentathlon	MW Indoor Champs	02-23-12
5-01.00	Allison Reaser	25th		AFA Team Challenge	01-28-12
4-11.00	Sarah Haydock	12th	pentathlon	MW Indoor Champs	02-23-12
4-11.00	Allison Reaser	15th		Bronco Invitational	01-21-12
NH	Carrington Mahr	--		Don Kirby Elite	02-10-12

### POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010); NCAA Auto: 14-03.25

Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kelsy Hintz	1st	T-3rd all-time	MW Indoor Champs	02-24-12
13-09.25	Kelsy Hintz	15th		NCAA Indoor Champs	03-10-12
13-04.25	Kelsy Hintz	T-4th		Don Kirby Elite	02-10-12
12-11.50	Kelsy Hintz	2nd		NAU Open	02-04-12
12-09.50	Kelsy Hintz	4th		AFA Team Challenge	01-28-12
12-07.50	Holly Waseloff	6th	8th all-time	MW Indoor Champs	02-24-12
12-03.50	Heather Arseneau	9th		MW Indoor Champs	02-24-12
12-01.50	Heather Arseneau	7th		AFA Team Challenge	01-28-12
11-11.75	Holly Waseloff	6th		NAU Open	02-04-12
11-11.75	Moriah Roberge	7th		NAU Open	02-04-12
11-10.50	Heather Arseneau	11th		Don Kirby Elite	02-10-12
11-10.50	Holly Waseloff	T-12th		Don Kirby Elite	02-10-12
11-05.75	Rebecca Turnbow	T-8th		NAU Open	02-04-12
11-01.75	Moriah Roberge	T-10th		AFA Team Challenge	01-28-12
11-01.75	Holley Waseloff	T-10th		AFA Team Challenge	01-28-12
10-11.75	Heather Arseneau	T-11th		NAU Open	02-04-12
10-11.75	Kelsie Jarratt	T-11th		NAU Open	02-04-12

## LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010); NCAA Auto: 21-02.00

Mark	Athlete	Place	Notes	Meet	Date
19-09.75	Shanieka Thomas	4th	5th all-time	Bronco Invitational	01-21-12
19-08.00	Allison Reaser	7th	6th all-time	Don Kirby Elite	02-10-12
19-05.50	Shanieka Thomas	1st		AFA Team Challenge	01-28-12
19-03.25	Shanieka Thomas	3rd		MW Indoor Champs	02-24-12
19-00.00	Alex Evans	10th	8th all-time	Don Kirby Elite	02-10-12
18-11.75	Allison Reaser	6th		MW Indoor Champs	02-24-12
18-10.75	Julianne Alarcio	8th	10th all-time	MW Indoor Champs	02-24-12
18-10.50	Julianne Alarcio	1st	pentathlon	MW Indoor Champs	02-23-12
18-09.75	Alex Evans	T-3rd		AFA Team Challenge	01-28-12
18-07.00	Allison Reaser	3rd	pentathlon	MW Indoor Champs	02-23-12
18-05.75	Julianne Alarcio	15th		Don Kirby Elite	02-10-12
17-11.00	Alex Evans	12th		MW Indoor Champs	02-24-12
17-06.75	Julianne Alarcio	T-11th		Bronco Invitational	01-21-12
17-04.75	Carrington Mahr	T-10th		AFA Team Challenge	01-28-12
17-01.50	Carrington Mahr	T-20th		MW Indoor Champs	02-24-12
16-07.25	Carrington Mahr	T-21st		Bronco Invitational	01-21-12
15-09.50	Sarah Haydock	12th	pentathlon	MW Indoor Champs	02-23-12

## TRIPLE JUMP

School Record: 44-10.75 (Karoline Koehler, 2010); NCAA Auto: 43-07.75

Mark	Athlete	Place	Notes	Meet	Date
43-09.25	Shanieka Thomas	2nd	NCAA; 2nd all-time	Don Kirby Elite	02-10-12
43-03.25	Shanieka Thomas	2nd		Bronco Invitational	01-21-12
43-01.75	Shanieka Thomas	1st		MW Indoor Champs	02-25-12
42-07.50	Shanieka Thomas	7th		NCAA Indoor Champs	03-12-12
41-03.75	Alex Evans	3rd	5th all-time	MW Indoor Champs	02-25-12
40-01.50	Alex Evans	8th		Don Kirby Elite	02-10-12
40-00.75	Alex Evans	1st		AFA Team Challenge	01-28-12
38-02.75	Alex Evans	7th		Bronco Invitational	01-21-12
37-10.50	Thoraya Maronsey	11th		MW Indoor Champs	02-25-12

## SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012); NCAA Auto: 56-05.25

Mark	Athlete	Place	Notes	Meet	Date
55-07.50	Whitney Ashley	1st	school record	Don Kirby Elite	02-10-12
54-09.25	Whitney Ashley	1st		MW Indoor Champs	02-25-12
54-06.75	Whitney Ashley	1st		AFA Team Challenge	01-28-12
53-07.00	Whitney Ashley	8th		NCAA Indoor Champs	03-12-12
53-03.75	Whitney Ashley	7th		USA Indoor Champs	02-26-12
53-02.25	Whitney Ashley	1st		Bronco Invitational	01-21-12
49-11.75	Jasmine Burrell	7th	2nd all-time	Don Kirby Elite	02-10-12
48-06.00	Jasmine Burrell	4th		Bronco Invitational	01-21-12
48-02.50	Jasmine Burrell	3rd		AFA Team Challenge	01-28-12
48-00.50	Jasmine Burrell	5th		MW Indoor Champs	02-25-12
43-02.25	Brittany Gonter	15th	6th all-time	Don Kirby Elite	02-10-12
43-01.50	Brittany Gonter	8th		Bronco Invitational	01-21-12
42-10.25	Brittany Gonter	T-15th		MW Indoor Champs	02-25-12
39-00.25	Allison Reaser	1st	pentathlon	MW Indoor Champs	02-23-12
38-07.75	Ellie Fanaika	T-19th		AFA Team Challenge	01-28-12
38-07.75	Allison Reaser	T-19th		AFA Team Challenge	01-28-12
37-10.00	Ellie Fanaika	16th		Bronco Invitational	01-21-12
37-09.50	Allison Reaser	18th		Don Kirby Elite	02-10-12
36-02.75	Allison Reaser	18th		Bronco Invitational	01-21-12
32-02.75	Julianne Alarcio	T-7th	pentathlon	MW Indoor Champs	02-23-12
28-04.50	Sarah Haydock	13th	pentathlon	MW Indoor Champs	02-23-12
ND	Brittany Gonter	N/A		AFA Team Challenge	01-28-12

## WEIGHT THROW

School Record: 63-02.00 (Jasmine Burrell, 2012); NCAA Auto: 68-10.75

Mark	Athlete	Place	Notes	Meet	Date
63-02.00	Jasmine Burrell	7th	school record	Don Kirby Elite	02-10-12
62-11.50	Whitney Ashley	4th	2nd all-time	MW Indoor Champs	02-24-12
62-05.00	Whitney Ashley	8th		Don Kirby Elite	02-10-12
61-09.50	Jasmine Burrell	7th		MW Indoor Champs	02-24-12
61-07.00	Whitney Ashley	2nd		Bronco Invitational	01-21-12
60-07.50	Whitney Ashley	1st		AFA Team Challenge	01-28-12
59-11.25	Jasmine Burrell	4th		Bronco Invitational	01-21-12
59-01.50	Ellie Fanaika	9th	3rd all-time	MW Indoor Champs	02-24-12
58-02.50	Ellie Fanaika	10th		Don Kirby Elite	02-10-12
57-07.00	Ellie Fanaika	2nd		AFA Team Challenge	01-28-12
56-03.75	Ellie Fanaika	6th		Bronco Invitational	01-21-12
51-11.75	Jasmine Burrell	10th		AFA Team Challenge	01-28-12

## PENTATHLON

School Record: 3,916 (Allison Reaser, 2011); NCAA Auto: 4,150

Mark	Athlete	Place	Notes	Meet	Date
3,863	Allison Reaser	1st		MW Indoor Champs	02-23-12
3,284	Julianne Alarcio	6th	7th all-time	MW Indoor Champs	02-23-12
2,801	Sarah Haydock	13th		MW Indoor Champs	02-23-12

### 100 METERS

School Record: 11.20 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
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### 200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
24.09	Allison Reaser	1st	heptathlon	MW Championships	05-09-12
24.12	Allison Reaser	5th	heptathlon	U.S. Olympic Trials	06-29-12
24.20	Allison Reaser	6th	heptathlon	NCAA Championships	06-07-12
24.27	Allison Reaser	1st	heptathlon	Mt. SAC Multi's	04-18-12
24.35	Allison Reaser	1st	heptathlon	Aztec Invitational	03-15-12
25.09	Shanieka Thomas	8th		ASU Tri-Meet	04-14-12
28.43	Sarah Haydock	40th	open	Aztec Invitational	03-16-12
28.45	Julianne Alarcio	10th		San Diego Champs	03-10-12
28.77	Sarah Haydock	16th		San Diego Champs	03-10-12

### 400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
55.44	Shanieka Thomas	4th	finals	MW Championships	05-12-12
56.51	Shanieka Thomas	7th	prelims	MW Championships	05-11-12

### 800 METERS

School Record: 2:02.88 (Renee Ross, 1985)

Mark	Athlete	Place	Notes	Meet	Date
2:07.87	Josefine Koskinen	8th	No. 6 all-time	Oxy Invitational	05-05-12
2:09.98	Josefine Koskinen	10th		Beach Invitational	04-21-12
2:11.16	Josefine Koskinen	5th	finals	Cal/Nevada Champs	04-01-12
2:11.30	Josefine Koskinen	41st	prelims	NCAA West Prelims	05-24-12
2:11.81	Josefine Koskinen	57th	open	Mt. SAC Relays	04-20-12
2:12.38	Josefine Koskinen	4th	finals	MW Championships	05-12-12
2:12.45	Josefine Koskinen	7th	prelims	Cal/Nevada Champs	03-31-12
2:14.43	Josefine Koskinen	7th	prelims	MW Championships	05-11-12
2:16.54	Allison Reaser	11th	heptathlon	U.S. Olympic Trials	06-30-12
2:17.45	Allison Reaser	13th	heptathlon	NCAA Championships	06-08-12
2:17.62	Josefine Koskinen	1st		San Diego Champs	03-10-12
2:19.37	Allison Reaser	5th	heptathlon	Mt. SAC Multi's	04-19-12
2:19.82	Hannah Winokur	71st		Beach Invitational	04-21-12
2:19.92	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-16-12
2:20.89	Hannah Winokur	39th		Oxy Invitational	05-05-12
2:22.84	Hannah Winokur	14th		UCSD Triton Invite	04-28-12
2:24.84	Hannah Winokur	10th		PLNU Collegiate Meet	03-24-12
2:24.96	Allison Reaser	1st	heptathlon	MW Championships	05-10-12
2:27.63	Kaitlyn Harrison	7th		San Diego Champs	03-10-12
2:28.17	Katie Berge	22nd		UCSD Triton Invite	04-28-12
2:28.28	Kaitlyn Harrison	19th	open	Aztec Invitational	03-16-12
2:29.16	Katie Berge	98th		Beach Invitational	04-21-12
2:29.93	Katie Berge	20th	open	Aztec Invitational	03-16-12
2:31.55	Alexa Wallin	23rd	open	Aztec Invitational	03-16-12
2:31.85	Megan Hughes	28th		UCSD Triton Invite	04-28-12
2:31.94	Sabrina Rathor	29th		UCSD Triton Invite	04-28-12
2:32.31	Melissa Wendorf	30th		UCSD Triton Invite	04-28-12
2:33.17	Amy Reaser	21st		PLNU Collegiate Meet	03-24-12
2:33.78	Amanda Okun	25th	open	Aztec Invitational	03-16-12
2:34.31	Melissa Wendorf	99th		Beach Invitational	04-21-12
2:34.53	Hannah Carman	24th		PLNU Collegiate Meet	03-24-12
2:34.54	Megan Hughes	23rd		PLNU Collegiate Meet	03-24-12
2:34.96	Monique Martinez	33rd		UCSD Triton Invite	04-28-12
2:36.25	Sabrina Rathor	25th		PLNU Collegiate Meet	03-24-12
2:36.43	Monique Martinez	28th	open	Aztec Invitational	03-16-12
2:37.37	Megan Hughes	100th		Beach Invitational	04-21-12
2:38.28	Monique Martinez	27th		PLNU Collegiate Meet	03-24-12
2:40.12	Monique Martinez	103rd		Beach Invitational	04-21-12
DNF	Sabrina Rathor	--		Beach Invitational	04-21-12

### 1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1983)

Mark	Athlete	Place	Notes	Meet	Date
4:33.85	Josefine Koskinen	2nd		UCSD Triton Invite	04-28-12
4:35.35	Josefine Koskinen	10th	invitational	Aztec Invitational	03-17-12
4:41.01	Josefine Koskinen	1st		San Diego Champs	03-10-12
4:42.03	Josefine Koskinen	13th		Cal/Nevada Champs	04-01-12
4:43.43	Josefine Koskinen	2nd		ASU Tri-Meet	04-14-12
5:01.40	Amy Reaser	7th	open	Aztec Invitational	03-16-12
5:04.18	Sabrina Rathor	23rd		UCSD Triton Invite	04-28-12
5:04.67	Megan Hughes	24th		UCSD Triton Invite	04-28-12
5:05.11	Megan Hughes	92nd		Beach Invitational	04-21-12
5:06.30	Melissa Wendorf	94th		Beach Invitational	04-21-12
5:08.22	Amy Reaser	6th		San Diego Champs	03-10-12
5:09.39	Megan Hughes	16th		PLNU Collegiate Meet	03-24-12
5:09.73	Melissa Wendorf	29th		UCSD Triton Invite	04-28-12
5:10.11	Sabrina Rathor	17th		PLNU Collegiate Meet	03-24-12
5:10.29	Melissa Wendorf	18th		PLNU Collegiate Meet	03-24-12
5:10.71	Sabrina Rathor	7th		San Diego Champs	03-10-12
5:11.47	Amy Reaser	19th		PLNU Collegiate Meet	03-24-12
5:11.73	Sabrina Rathor	97th		Beach Invitational	04-21-12
5:13.83	Hannah Carman	21st		PLNU Collegiate Meet	03-24-12
5:15.87	Sabrina Rathor	9th	open	Aztec Invitational	03-16-12
5:17.72	Monique Martinez	34th		UCSD Triton Invite	04-28-12
5:18.23	Monique Martinez	22nd		PLNU Collegiate Meet	03-24-12
5:19.63	Monique Martinez	10th	open	Aztec Invitational	03-16-12
5:20.79	Monique Martinez	101st		Beach Invitational	04-21-12
5:24.63	Monique Martinez	16th		San Diego Champs	03-10-12
5:36.09	Amanda Okun	12th	open	Aztec Invitational	03-16-12
5:36.60	Amanda Okun	20th		San Diego Champs	03-10-12

### 3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
10:27.50	Marianne Hogan	3rd		San Diego Champs	03-10-12
11:03.21	Amy Reaser	10th		San Diego Champs	03-10-12
11:14.62	Hannah Carman	15th		UCSD Triton Invite	04-28-12
11:15.69	Hannah Carman	14th		San Diego Champs	03-10-12
11:24.01	Megan Hughes	15th		San Diego Champs	03-10-12
12:06.31	Amanda Okun	23rd		UCSD Triton Invite	04-28-12

### 5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
17:23.11	Marianne Hogan	19th		Oxy Invitational	05-05-12
17:46.17	Marianne Hogan	3rd		UCSD Triton Invite	04-28-12
17:57.56	Marianne Hogan	13th	invitational	Aztec Invitational	03-17-12
20:27.60	Hannah Carman	17th	section B	Beach Invitational	04-21-12

### 10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

Mark	Athlete	Place	Notes	Meet	Date
36:59.06	Marianne Hogan	2nd		Cal/Nevada Champs	03-31-12
38:36.58	Marianne Hogan	9th		MW Championships	05-11-12

### 100-METER HURDLES

School Record: 12.82 (Meisha McKelvy, 1999)

Mark	Athlete	Place	Notes	Meet	Date
13.55	Allison Reaser	5th	heptathlon	U.S. Olympic Trials	06-29-12
13.56	Allison Reaser	1st	heptathlon	MW Championships	05-09-12
13.77	Allison Reaser	9th	heptathlon	NCAA Championships	06-07-12
	Allison Reaser	1st	heptathlon	Mt. SAC Multi's	04-18-12
13.78	Allison Reaser	5th		Beach Invitational	04-21-12
	Allison Reaser	1st	prelims	Cal/Nevada Champs	03-31-12
13.79	Allison Reaser	2nd	prelims	MW Championships	05-11-12



# SDSU 2012 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of July 17, 2012)

13.80	Allison Reaser	1st	heptathlon	Aztec Invitational	03-15-12
13.94	Allison Reaser	1st	finals	Cal/Nevada Champs	04-01-12
13.97	Allison Reaser	4th		ASU Tri-Meet	04-14-12
14.02	Allison Reaser	4th	finals	MW Championships	05-12-12
<b>14.16</b>	<b>Alex Evans</b>	<b>8th</b>	<b>prelims</b>	<b>MW Championships</b>	<b>05-11-12</b>
14.21	Alex Evans	4th		UCSD Triton Invite	04-28-12
14.28	Allison Reaser	1st		San Diego Champs	03-10-12
14.73	Alex Evans	11th	prelims	Cal/Nevada Champs	03-31-12
14.76	Alex Evans	4th	open	Aztec Invitational	03-16-12
17.13	Sarah Haydock	12th		PLNU Collegiate Meet	03-24-12
<b>17.27</b>	<b>Sarah Haydock</b>	<b>18th</b>		<b>UCSD Triton Invite</b>	<b>04-28-12</b>
17.56	Sarah Haydock	66th		Beach Invitational	04-21-12
DNF	Alex Evans	--		ASU Tri-Meet	04-14-12
DNF	Alex Evans	--	finals	MW Championships	05-12-12

## 400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Mark	Athlete	Place	Notes	Meet	Date
<b>58.37</b>	<b>Allison Reaser</b>	<b>1st</b>	<b>No. 3 all-time</b>	<b>UCSD Triton Invite</b>	<b>04-28-12</b>
59.02	Allison Reaser	20th	quarterfinals	NCAA West Prelims	05-25-12
59.61	Allison Reaser	3rd		Beach Invitational	04-21-12
59.93	Allison Reaser	23rd	prelims	NCAA West Prelims	05-24-12
1:00.33	Allison Reaser	4th	prelims	MW Championships	05-11-12
1:00.46	Allison Reaser	2nd	prelims	Cal/Nevada Champs	03-31-12
1:01.18	Allison Reaser	1st		PLNU Collegiate Meet	03-24-12
<b>1:03.33</b>	<b>Maya Carter</b>	<b>5th</b>		<b>UCSD Triton Invite</b>	<b>04-28-12</b>
1:05.08	Maya Carter	17th	prelims	Cal/Nevada Champs	03-31-12
1:05.75	Maya Carter	11th	prelims	MW Championships	05-11-12
	Maya Carter	2nd		ASU Tri-Meet	04-14-12
1:06.96	Maya Carter	48th		Beach Invitational	04-21-12

## 3,000-METER STEEPLECHASE

School Record: 10:23.34 (Marie Nilsson, 2004)

Mark	Athlete	Place	Notes	Meet	Date
<b>12:24.62</b>	<b>Kaitlyn Harrison</b>	<b>23rd</b>		<b>Beach Invitational</b>	<b>04-21-12</b>
12:59.56	Kaitlyn Harrison	5th		UCSD Triton Invite	04-28-12
13:16.21	Kaitlyn Harrison	5th		PLNU Collegiate Meet	03-24-12
<b>13:45.22</b>	<b>Amanda Okun</b>	<b>24th</b>		<b>Beach Invitational</b>	<b>04-21-12</b>
13:55.05	Amanda Okun	6th		PLNU Collegiate Meet	03-24-12

## 4x100-METER RELAY

School Record: 44.24 (Givens, Dyer, Hogg, Smedley, 2002)

Time	Team	Place	Notes	Meet	Date
47.71	Evans, Al. Reaser, Toatley, Thomas	3rd		ASU Tri-Meet	04-14-12
52.78	Al. Reaser, Carter, Evans, Thomas	7th		MW Championships	05-12-12

## 4x400-METER RELAY

School Record: 3:50.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:45.96	Al. Reaser, Koskinen, Thomas, Carter	4th		MW Championships	05-12-12
3:48.05	Toatley, Thomas, Carter, Al. Reaser	3rd		ASU Tri-Meet	04-14-12
3:52.92	Thomas, Koskinen, Carter, Evans	7th		Cal/Nevada Champs	04-01-12
4:13.38	Harrison, Rathor, Berge, Wallin	7th	Open	Aztec Invitational	03-16-12
4:15.48	Berge, Harrison, Rathor, Koskinen	6th		San Diego Champs	03-10-12

## HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>5-05.25</b>	<b>Carrington Mahr</b>	<b>1st</b>		<b>San Diego Champs</b>	<b>03-10-12</b>
<b>5-04.25</b>	<b>Allison Reaser</b>	<b>18th</b>	<b>heptathlon</b>	<b>U.S. Olympic Trials</b>	<b>06-29-12</b>
	Allison Reaser	18th	heptathlon	NCAA Championships	06-07-12
5-03.75	Carrington Mahr	10th		MW Championships	05-12-12
5-03.25	Carrington Mahr	T-23rd		Beach Invitational	04-21-12
5-03.00	Carrington Mahr	T-6th	invitational	Aztec Invitational	03-17-12
5-02.25	Carrington Mahr	4th	invitational	UCSD Triton Invite	04-28-12
5-01.00	Allison Reaser	T-3rd	heptathlon	MW Championships	05-09-12
	Allison Reaser	T-13th	heptathlon	Mt. SAC Multi's	04-18-12

4-10.25	Allison Reaser	T-8th	heptathlon	Aztec Invitational	03-15-12
	Allison Reaser	T-9th	invitational	UCSD Triton Invite	04-28-12

## POLE VAULT

School Record: 14-03.50 (Stephanie James, 2008)

Mark	Athlete	Place	Notes	Meet	Date
<b>13-10.00</b>	<b>Kelsy Hintz</b>	<b>3rd</b>	<b>invitational, No. 3 all-time</b>	<b>UCSD Triton Invite</b>	<b>04-28-12</b>
13-08.25	Kelsy Hintz	T-9th	prelims	NCAA West Prelims	05-25-12
13-07.25	Kelsy Hintz	9th		NCAA Championships	06-06-12
13-01.50	Kelsy Hintz	T-5th	open-A	Mt. SAC Relays	04-20-12
<b>13-00.25</b>	<b>Holly Waseloff</b>	<b>1st</b>	<b>No. 9 all-time</b>	<b>MW Championships</b>	<b>05-11-12</b>
12-10.25	Holly Waseloff	T-20th	prelims	NCAA West Prelims	05-25-12
	Holly Waseloff	T-8th	invitational	UCSD Triton Invite	04-28-12
12-09.50	Holly Waseloff	2nd	open-C	Mt. SAC Relays	04-20-12
12-09.00	Holly Waseloff	3rd		ASU Tri-Meet	04-14-12
12-07.50	Kelsy Hintz	2nd		MW Championships	05-11-12
	Holly Waseloff	1st		Cal/Nevada Champs	03-31-12
12-04.75	Kelsy Hintz	5th		ASU Tri-Meet	04-14-12
<b>12-04.50</b>	<b>Heather Arseneau</b>	<b>7th</b>	<b>open</b>	<b>Aztec Invitational</b>	<b>03-16-12</b>
	Holly Waseloff	T-5th		Oxy Invitational	05-05-12
12-03.50	Heather Arseneau	5th		MW Championships	05-11-12
<b>12-02.50</b>	<b>Moriah Roberge</b>	<b>2nd</b>	<b>open</b>	<b>UCSD Triton Invite</b>	<b>04-27-12</b>
12-01.50	Moriah Roberge	6th	open-C	Mt. SAC Relays	04-20-12
	Kelsy Hintz	2nd		Cal/Nevada Champs	03-31-12
	Heather Arseneau	3rd		Cal/Nevada Champs	03-31-12
12-00.50	Heather Arseneau	6th		ASU Tri-Meet	04-14-12
12-00.00	Holly Waseloff	1st		San Diego Champs	03-10-12
11-11.75	Moriah Roberge	11th		MW Championships	05-11-12
11-09.00	Moriah Roberge	1st		PLNU Collegiate Meet	03-24-12
11-08.50	Heather Arseneau	T-3rd	open	UCSD Triton Invite	04-27-12
	<b>Kelsie Jarratt</b>	<b>T-3rd</b>	<b>open</b>	<b>UCSD Triton Invite</b>	<b>04-27-12</b>
	Kelsie Jarratt	T-12th	open	Aztec Invitational	03-16-12
	Moriah Roberge	T-12th	open	Aztec Invitational	03-16-12
	<b>Rebecca Turnbow</b>	<b>T-3rd</b>	<b>open</b>	<b>UCSD Triton Invite</b>	<b>04-27-12</b>
	Holly Waseloff	T-12th	open	Aztec Invitational	03-16-12
11-08.00	Moriah Roberge	8th		ASU Tri-Meet	04-14-12
11-07.50	Moriah Roberge	6th		Cal/Nevada Champs	03-31-12
11-05.75	Moriah Roberge	2nd		San Diego Champs	03-10-12
	Heather Arseneau	T-3rd		San Diego Champs	03-10-12
	Kelsie Jarratt	T-3rd		San Diego Champs	03-10-12
11-04.50	Rebecca Turnbow	T-24th		Beach Invitational	04-21-12
11-01.75	Rebecca Turnbow	9th		Cal/Nevada Champs	03-31-12
10-11.75	Rebecca Turnbow	5th		San Diego Champs	03-10-12
10-10.75	Rebecca Turnbow	T-14th		Oxy Invitational	05-05-12
	Kelsie Jarratt	T-28th		Beach Invitational	04-21-12
10-09.00	Rebecca Turnbow	3rd		PLNU Collegiate Meet	03-24-12
10-08.75	Rebecca Turnbow	T-21st	open	Aztec Invitational	03-16-12
NH	Kelsy Hintz	N/A	open	Aztec Invitational	03-16-12
	Kelsie Jarratt	N/A		Cal/Nevada Champs	03-31-12

## LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
<b>19-11.50</b>	<b>Allison Reaser</b>	<b>1st</b>	<b>heptathlon</b>	<b>MW Championships</b>	<b>05-10-12</b>
19-06.75	Allison Reaser	4th	heptathlon	NCAA Championships	06-08-12
19-03.50	Allison Reaser	1st		PLNU Collegiate Meet	03-24-12
19-01.50	Allison Reaser	1st		Cal/Nevada Champs	03-31-12
<b>19-01.25</b>	<b>Alex Evans</b>	<b>2nd</b>		<b>Cal/Nevada Champs</b>	<b>03-31-12</b>
<b>19-00.75</b>	<b>Shanieka Thomas</b>	<b>9th</b>	<b>open</b>	<b>Mt. SAC Relays</b>	<b>04-20-12</b>
	Allison Reaser	4th	heptathlon	Mt. SAC Multi's	04-19-12
18-11.75	Allison Reaser	5th		ASU Tri-Meet	04-14-12
18-10.75	Shanieka Thomas	4th		MW Championships	05-11-12
18-09.00	Alex Evans	6th		MW Championships	05-11-12
18-08.50	Allison Reaser	1st	heptathlon	Aztec Invitational	03-16-12
18-07.00	Alex Evans	6th		ASU Tri-Meet	04-14-12
<b>18-06.50</b>	<b>Julianne Alarcio</b>	<b>2nd</b>		<b>San Diego Champs</b>	<b>03-10-12</b>
18-00.25	Allison Reaser	18th	heptathlon	U.S. Olympic Trials	06-30-12
17-11.75	Shanieka Thomas	13th		Cal/Nevada Champs	03-31-12
17-10.75	Julianne Alarcio	7th	invitational	UCSD Triton Invite	04-28-12

# SDSU 2012 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of July 17, 2012)

17-09.00	Julianne Alarcio	12th		MW Championships	05-11-12
17-04.25	Julianne Alarcio	7th		ASU Tri-Meet	04-14-12
	<b>Carrington Mahr</b>	<b>6th</b>		<b>San Diego Champs</b>	<b>03-10-12</b>
17-04.00	Carrington Mahr	12th	invitational	UCSD Triton Invite	04-28-12
17-03.25	Carrington Mahr	11th	open	Aztec Invitational	03-16-12
16-07.25	Julianne Alarcio	T-41st		Beach Invitational	04-21-12
<b>16-06.00</b>	<b>Sarah Haydock</b>	<b>7th</b>		<b>San Diego Champs</b>	<b>03-10-12</b>
16-03.75	Sarah Haydock	18th	invitational	UCSD Triton Invite	04-28-12
16-03.00	Carrington Mahr	46th		Beach Invitational	04-21-12
15-09.75	Sarah Haydock	22nd	open	Aztec Invitational	03-16-12
15-06.75	Sarah Haydock	11th		PLNU Collegiate Meet	03-24-12
Foul	Sarah Haydock	--		Beach Invitational	04-21-12

## TRIPLE JUMP

School Record: 45-09.75 (Shanieka Thomas, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>45-09.75</b>	<b>Shanieka Thomas</b>	<b>2nd</b>	sr; wind aided	<b>NCAA Championships</b>	<b>06-10-12</b>
44-09.00	Shanieka Thomas	3rd		Jamaican Olympic Trials	07-01-12
44-08.00	Shanieka Thomas	2nd	prelims	NCAA West Prelims	05-26-12
43-11.25	Shanieka Thomas	1st		MW Championships	05-12-12
43-08.00	Shanieka Thomas	6th	invite	Mt. SAC Relays	04-21-12
42-11.00	Shanieka Thomas	1st		Cal/Nevada Champs	04-01-12
<b>42-05.25</b>	<b>Alex Evans</b>	<b>14th</b>	No. 4; wind aided	<b>NCAA Championships</b>	<b>06-10-12</b>
42-02.25	Shanieka Thomas	1st		ASU Tri-Meet	04-14-12
41-08.50	Alex Evans	T-11th	prelims	NCAA West Prelims	05-26-12
40-09.50	Alex Evans	3rd		Cal/Nevada Champs	04-01-12
40-04.50	Alex Evans	4th		MW Championships	05-12-12
39-09.75	Alex Evans	3rd		ASU Tri-Meet	04-14-12
39-08.75	Alex Evans	11th	open	Mt. SAC Relays	04-20-12
<b>37-06.75</b>	<b>Thoraya Maronsey</b>	<b>6th</b>		<b>Oxy Invitational</b>	<b>05-05-12</b>
37-02.50	Thoraya Maronsey	T-2nd	invitational	UCSD Triton Invite	04-28-12
36-00.25	Thoraya Maronsey	22nd		Beach Invitational	04-21-12
ND	Thoraya Maronsey	N/A		San Diego Champs	03-10-12

## SHOT PUT

School Record: 58-03.75 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
<b>55-05.00</b>	<b>Whitney Ashley</b>	<b>5th</b>	prelims; No. 2 all-time	<b>NCAA West Prelims</b>	<b>05-24-12</b>
55-01.00	Whitney Ashley	6th	invitational	UCSD Triton Invite	04-28-12
54-00.00	Whitney Ashley	1st		MW Championships	05-12-12
53-09.25	Whitney Ashley	13th		NCAA Championships	06-08-12
53-05.50	Whitney Ashley	1st		Cal/Nevada Champs	04-01-12
52-11.00	Whitney Ashley	11th	invitational	Mt. SAC Relays	04-21-12
52-06.00	Whitney Ashley	2nd		ASU Tri-Meet	04-14-12
<b>49-06.25</b>	<b>Jasmine Burrell</b>	<b>10th</b>	open; No. 5 all-time	<b>Mt. SAC Relays</b>	<b>04-20-12</b>
48-06.00	Jasmine Burrell	32nd	prelims	NCAA West Prelims	05-24-12
47-09.25	Jasmine Burrell	11th	invitational	UCSD Triton Invite	04-28-12
	Jasmine Burrell	7th		Beach Invitational	04-21-12
47-04.50	Jasmine Burrell	8th		MW Championships	05-12-12
46-06.25	Jasmine Burrell	3rd		Cal/Nevada Champs	04-01-12
<b>46-02.50</b>	<b>Brittany Gonter</b>	<b>5th</b>		<b>ASU Tri-Meet</b>	<b>04-14-12</b>
45-09.75	Jasmine Burrell	6th		ASU Tri-Meet	04-14-12
45-09.25	Brittany Gonter	5th		Cal/Nevada Champs	04-01-12
45-04.25	Brittany Gonter	13th		MW Championships	05-12-12
45-01.00	Jasmine Burrell	2nd		San Diego Champs	03-10-12
43-06.50	Brittany Gonter	15th	invitational	UCSD Triton Invite	04-28-12
42-11.75	Brittany Gonter	27th		Beach Invitational	04-21-12
42-11.00	Brittany Gonter	5th	open	Aztec Invitational	03-16-12
<b>39-06.50</b>	<b>Allison Reaser</b>	<b>1st</b>	heptathlon	<b>MW Championships</b>	<b>05-08-12</b>
<b>39-05.25</b>	<b>Ellie Fanaika</b>	<b>3rd</b>		<b>San Diego Champs</b>	<b>03-10-12</b>
39-00.50	Allison Reaser	12th	heptathlon	U.S. Olympic Trials	06-29-12
38-05.00	Allison Reaser	12th	heptathlon	NCAA Championships	06-07-12
38-02.00	Allison Reaser	1st	heptathlon	Aztec Invitational	03-15-12
37-08.00	Allison Reaser	22nd	invitational	UCSD Triton Invite	04-28-12
37-00.50	Allison Reaser	10th	heptathlon	Mt. SAC Multi's	04-18-12
36-03.00	Allison Reaser	7th		San Diego Champs	03-10-12
<b>30-07.75</b>	<b>Sarah Haydock</b>	<b>4th</b>		<b>PLNU Collegiate Meet</b>	<b>03-24-12</b>
29-06.50	Sarah Haydock	23rd	open	Aztec Invitational	03-16-12
29-01.25	Sarah Haydock	18th		San Diego Champs	03-10-12

27-08.00	Sarah Haydock	24th	invitational	UCSD Triton Invite	04-28-12
24-09.75	Sarah Haydock	53rd		Beach Invitational	04-21-12
ND	Brittany Gonter	N/A		San Diego Champs	03-10-12

## DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>196-10</b>	<b>Whitney Ashley</b>	<b>1st</b>	school record	<b>NCAA Championships</b>	<b>06-06-12</b>
183-01	Whitney Ashley	11th	invite	Mt. SAC Relays	04-20-12
181-03	Whitney Ashley	4th	prelims	NCAA West Prelims	05-25-12
180-01	Whitney Ashley	2nd		ASU Tri-Meet	04-14-12
178-04	Whitney Ashley	2nd	open	UCSD Triton Invite	04-27-12
<b>177-03</b>	<b>Jasmine Burrell</b>	<b>1st</b>	No. 4 all-time	<b>Beach Invitational</b>	<b>04-21-12</b>
166-04	Whitney Ashley	1st		MW Championships	05-11-12
165-07	Jasmine Burrell	2nd		Cal/Nevada Champs	04-01-12
164-08	Jasmine Burrell	20th	prelims	NCAA West Prelims	05-25-12
163-07	Jasmine Burrell	5th		ASU Tri-Meet	04-14-12
157-05	Jasmine Burrell	1st		San Diego Champs	03-10-12
153-03	Whitney Ashley	22nd	prelims	U.S. Olympic Trials	06-22-12
145-07	Jasmine Burrell	9th		MW Championships	05-11-12
<b>145-02</b>	<b>Brittany Gonter</b>	<b>10th</b>		<b>MW Championships</b>	<b>05-11-12</b>
141-08	Brittany Gonter	23rd	open	UCSD Triton Invite	04-27-12
139-06	Brittany Gonter	9th		ASU Tri-Meet	04-14-12
138-07	Brittany Gonter	10th		Cal/Nevada Champs	04-01-12
138-05	Jasmine Burrell	24th	open	UCSD Triton Invite	04-27-12
136-04	Brittany Gonter	28th		Beach Invitational	04-21-12
135-05	Brittany Gonter	3rd		San Diego Champs	03-10-12
Foul	Whitney Ashley	N/A		Cal/Nevada Champs	04-01-12

## HAMMER THROW

School Record: 187-06 (Whitney Ashley, 2011)

Mark	Athlete	Place	Notes	Meet	Date
<b>184-04</b>	<b>Ellie Fanaika</b>	<b>7th</b>	No. 2 all-time	<b>Beach Invitational</b>	<b>04-20-12</b>
181-04	Ellie Fanaika	10th		Oxy Invitational	05-05-12
180-01	Ellie Fanaika	7th		ASU Tri-Meet	04-14-12
<b>179-01</b>	<b>Whitney Ashley</b>	<b>3rd</b>		<b>Cal/Nevada Champs</b>	<b>03-31-12</b>
177-04	Ellie Fanaika	7th		Aztec Invitational	03-16-12
174-02	Ellie Fanaika	15th	invitational	UCSD Triton Invite	04-27-12
171-02	Ellie Fanaika	10th		MW Championships	05-11-12
170-04	Ellie Fanaika	5th		Cal/Nevada Champs	03-31-12
168-06	Whitney Ashley	9th		ASU Tri-Meet	04-14-12
166-06	Ellie Fanaika	1st		San Diego Champs	03-10-12
164-10	Whitney Ashley	12th		MW Championships	05-11-12
<b>156-09</b>	<b>Jasmine Burrell</b>	<b>21st</b>	invite; No. 9 all-time	<b>UCSD Triton Invite</b>	<b>04-27-12</b>

## JAVELIN THROW

School Record: 178-03 (Liz Mueller, 1983)

Mark	Athlete	Place	Notes	Meet	Date
<b>132-00</b>	<b>Allison Reaser</b>	<b>6th</b>	heptathlon	<b>NCAA Championships</b>	<b>06-08-12</b>
131-02	Allison Reaser	1st	heptathlon	MW Championships	05-10-12
124-07	Allison Reaser	3rd	heptathlon	Mt. SAC Multi's	04-19-12
123-05	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-16-12
120-12	Allison Reaser	11th	heptathlon	U.S. Olympic Trials	06-30-12
113-01	Allison Reaser	3rd		PLNU Collegiate Meet	03-24-12
112-06	Allison Reaser	12th		Cal/Nevada Champs	03-31-12
110-07	Allison Reaser	3rd		San Diego Champs	03-10-12

## HEPTATHLON

School Record: 5,753 (Allison Reaser, 2012)

Mark	Athlete	Place	Notes	Meet	Date
<b>5,753</b>	<b>Allison Reaser</b>	<b>6th</b>	school record	<b>NCAA Championships</b>	<b>06-07/08-12</b>
5,653	Allison Reaser	1st		MW Championships	04-09/10-12
5,612	Allison Reaser	15th		U.S. Olympic Trials	06-29/30-12
5,510	Allison Reaser	4th		Mt. SAC Multi's	04-18/19-12
5,475	Allison Reaser	1st		Aztec Invitational	03-15/16-12

# SDSU 2012 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of July 17, 2012)

**KEY:** sr - school record; (number) - top-10 school ranking; p - preliminaries; q - quarterfinals; f - finals; i - invitational; o - open; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph)

## Julianne Alarcio

5-5 | Sr. | Arroyo Grande, Calif. | Arroyo Grande HS

### INDOOR SEASON

800 Meters (PR: 2:45.07 (Feb. 23, 2012))

2:45.07 (pn) 11th MW Indoor Champs Feb. 23

60-Meter Hurdles (PR: 9.61 (Feb. 23, 2012))

9.61 (pn) 9th MW Indoor Champs Feb. 23

High Jump (PR: 5-01.25 (Feb. 23, 2012))

5-01.25 (pn) T-7th MW Indoor Champs Feb. 23

Long Jump (PR: 18-10.75 (Feb. 24, 2012))

17-06.75 T-11th Bronco Invitational Jan. 21

18-05.75 15th Don Kirby Elite Feb. 10

18-10.50 (pn) 1st MW Indoor Champs Feb. 23

18-10.75 (10) 8th MW Indoor Champs Feb. 24

Shot Put (PR: 32-02.75 (Feb. 23, 2012))

32-02.75 (pn) T-7th MW Indoor Champs Feb. 23

Pentathlon (PR: 3,289 (Feb. 23, 2012))

3,289 (7, pn) 6th MW Indoor Champs Feb. 23

### OUTDOOR SEASON

200 Meters (PR: 27.14 (April 9, 2010))

28.45 14th San Diego Champs March 10

Long Jump (PR: 19-02.00 (April 24, 2010))

18-06.50 2nd San Diego Champs March 10

17-04.25 7th ASU Tri-Meet April 14

16-07.25 T-41st Beach Invitational April 21

17-10.87 (i) 7th UCSD Triton Invite April 28

17-09.00 12th MW Championships May 11

## Heather Arseneau

5-7 | Soph. | Phoenix, Ariz. | Desert Vista HS

### INDOOR SEASON

Pole Vault (PR: 12-03.50 (Feb. 24, 2012))

12-01.50 7th AFA Team Challenge Jan. 28

10-11.75 T-11th NAU Open Feb. 4

11-10.50 11th Don Kirby Elite Feb. 10

12-03.50 9th MW Indoor Champs Feb. 24

### OUTDOOR SEASON

Pole Vault (PR: 12-04.50 (March 16, 2012))

11-05.75 T-3rd San Diego Champs March 10

12-04.50 (o) 7th Aztec Invitational March 16

12-01.50 3rd Cal/Nevada Champs March 31

12-00.50 6th ASU Tri-Meet April 14

11-08.50 (o) T-3rd UCSD Triton Invite April 27

12-03.50 5th MW Championships May 11

## Whitney Ashley

5-10 | Sr. | Moreno Valley, Calif. | Cerritos College

### INDOOR SEASON

Shot Put (PR: 55-07.50 (Feb. 10, 2012))

53-02.25 1st Bronco Invitational Jan. 21

54-06.75 1st AFA Team Challenge Jan. 28

55-07.50 (sr) 1st Don Kirby Elite Feb. 10

54-09.25 1st MW Indoor Champs Feb. 25

53-03.75 7th USA Indoor Champs Feb. 26

53-07.00 8th NCAA Indoor Champs March 12

Weight Throw (PR: 62-11.50 (Feb. 24, 2012))

61-07.00 2nd Bronco Invitational Jan. 21

60-07.50 1st AFA Team Challenge Jan. 28

62-05.00 8th Don Kirby Elite Feb. 10

62-11.50 (2) 4th MW Indoor Champs Feb. 24

### OUTDOOR SEASON

Shot Put (PR: 55-05.00 (May 24, 2012))

53-05.50 1st Cal/Nevada Champs April 1

52-06.00 2nd ASU Tri-Meet April 14

52-11.00 (i) 11th Mt. SAC Relays April 21

54-01.00 (i) 6th UCSD Triton Invite April 28

54-00.00 1st MW Championships May 12

55-05.00 (p, 2) 5th NCAA West Prelims May 24

53-09.25 13th NCAA Championships June 8

Discus Throw (PR: 196-10 (June 6, 2012))

Foul N/A Cal/Nevada Champs April 1

180-01 2nd ASU Tri-Meet April 14

183-01 (i) 11th Mt. SAC Relays April 21

178-04 (i) 2nd UCSD Triton Invite April 27

166-04 1st MW Championships May 11

181-03 (p) 4th NCAA West Prelims May 25

196-10 (sr) 1st NCAA Championships June 6

153-03 (p) 22nd U.S. Olympic Trials June 22

Hammer Throw (PR: 187-06 (May 13, 2011))

179-01 3rd Cal/Nevada Champs March 31

168-06 9th ASU Tri-Meet April 14

164-10 12th MW Championships May 11

## Katie Berge

5-4 | Fr. | Lafayette, Calif. | Acalanes HS

### OUTDOOR SEASON

800 Meters (PR: 2:28.17 (April 28, 2012))

2:29.93 (o) 20th Aztec Invitational March 16

2:29.16 98th Beach Invitational April 21

2:28.17 22nd UCSD Triton Invite April 28

## Jasmine Burrell

5-8 | RS-Fr. | Torrance, Calif. | North Torrance HS

### INDOOR SEASON

Shot Put (PR: 49-11.75 (Feb. 10, 2012))

48-06.00 4th Bronco Invitational Jan. 21

48-02.50 3rd AFA Team Challenge Jan. 28

49-11.75 (2) 7th Don Kirby Elite Feb. 10

48-00.50 5th MW Indoor Champs Feb. 25

Weight Throw (PR: 63-02.00 (Feb. 10, 2012))

61-07.00 4th Bronco Invitational Jan. 21

51-11.75 10th AFA Team Challenge Jan. 28

63-02.00 (sr) 7th Don Kirby Elite Feb. 10

61-09.50 7th MW Indoor Champs Feb. 24

### OUTDOOR SEASON

Shot Put (PR: 49-06.25 (April 20, 2012))

45-01.00 2nd San Diego Champs March 10

46-06.25 3rd Cal/Nevada Champs April 1

45-09.75 6th ASU Tri-Meet April 14

49-06.25 (o,5) 10th Mt. SAC Relays April 20

47-09.25 7th Beach Invitational April 21

47-09.25 11th UCSD Triton Invite April 28

47-04.50 8th MW Championships May 12

48-06.00 (p) 32nd NCAA West Prelims May 24

Discus Throw (PR: 177-03 (April 21, 2012))

157-05 1st San Diego Champs March 10

165-07 2nd Cal/Nevada Champs April 1

163-07 5th ASU Tri-Meet April 14

177-03 (4) 1st Beach Invitational April 21

138-05 (i) 24th UCSD Triton Invite April 27

145-07 9th MW Championships May 11

164-08 (p) 20th NCAA West Prelims May 25

Hammer Throw (PR: 156-09 (April 27, 2012))

156-09 (i, 9) 21st UCSD Triton Invite April 27

Foul N/A MW Championships May 11

## Hannah Carman

5-6 | Fr. | Laguna Niguel, Calif. | Dana Hills HS

### OUTDOOR SEASON

800 Meters (PR: 2:34.53 (March 24, 2012))

2:34.53 24th PLNU Collegiate March 24

1,500 Meters (PR: 5:13.83 (March 24, 2012))

5:13.83 21st PLNU Collegiate March 24

3,000 Meters (PR: 11:14.62 (April 28, 2012))

11:15.69 14th San Diego Champs March 10

11:14.62 15th UCSD Triton Invite April 28

5,000 Meters (PR: 20:27.60 (April 21, 2012))

20:27.60 (sect B) 17th Beach Invitational April 21

## Maya Carter

5-6 | Fr. | Racine, Wis. | Case HS

### INDOOR SEASON

200 Meters (PR: 27.31 (Jan. 21, 2012))

27.31 30th Bronco Invitational Jan. 21

27.01 30th AFA Team Challenge Jan. 28

400 Meters (PR: 1:00.11 (Jan. 21, 2012))

1:00.11 9th Bronco Invitational Jan. 21

1:01.59 26th AFA Team Challenge Jan. 28

### OUTDOOR SEASON

400-Meter Hurdles (PR: 1:03.33 (April 28, 2012))

1:05.08 (p) 17th Cal/Nevada Champs March 31

1:05.75 2nd ASU Tri-Meet April 14

1:06.96 48th Beach Invitational April 21

1:03.33 5th UCSD Triton Invite April 28

1:05.75 11th MW Championships May 11

## Tiara Collins

4-11 | RS-Fr. | Rancho Cucamonga, Calif. | Los Osos HS

### INDOOR SEASON

600 Meters (PR: N/A)

DNF -- Don Kirby Elite Feb. 10

800 Meters (PR: 2:34.52 (Jan. 21, 2012))

2:34.52 16th Bronco Invitational Jan. 21

## Alex Evans

5-5 | Jr. | Houston, Texas | Hightower HS

### INDOOR SEASON

60-Meter Hurdles (PR: 8.79 (Feb. 24, 2012))

8.98 (f) 9th Bronco Invitational Jan. 21

9.09 (p) 11th Bronco Invitational Jan. 21

8.89 9th AFA Team Challenge Jan. 28

9.31 (p) 16th Don Kirby Elite Feb. 10

8.79 (p) 7th MW Indoor Champs Feb. 24

8.82 (f) 7th MW Indoor Champs Feb. 25

Long Jump (PR: 19-00.00 (Feb. 10, 2012))

18-09.75 T-3rd AFA Team Challenge Jan. 28

19-00.00 (8) 10th Don Kirby Elite Feb. 10

17-11.00 12th MW Indoor Champs Feb. 24

Triple Jump (PR: 41-03.75 (Feb. 25, 2012))

38-02.75 7th Bronco Invitational Jan. 21

40-00.75 1st AFA Team Challenge Jan. 28

40-01.50 8th Don Kirby Elite Feb. 10

41-03.75 (5) 3rd MW Indoor Champs Feb. 25

### OUTDOOR SEASON

100-Meter Hurdles (PR: 14.21 (April 28, 2012))

14.76 (o) 4th Aztec Invitational March 16



# SDSU 2012 TRACK & FIELD INDIVIDUAL SEASON BESTS (as of July 17, 2012)

14.73 (p)	11th	Cal/Nevada Champs	March 31
DNF	--	ASU Tri-Meet	April 14
14.21	4th	UCSD Triton Invite	April 28
<b>14.16 (p)</b>	<b>8th</b>	<b>MW Championships</b>	<b>May 11</b>
DNF (f)	N/A	MW Championships	May 12

### Long Jump (PR: 19-01.50 (March 31, 2012))

<b>19-01.50</b>	<b>2nd</b>	<b>Cal/Nevada Champs</b>	<b>March 31</b>
18-07.00	6th	ASU Tri-Meet	April 14
18-09.00	6th	MW Championships	May 11

### Triple Jump (PR: 42-05.25 (June 9, 2012))

40-09.50	3rd	Cal/Nevada Champs	April 1
39-09.75	3rd	ASU Tri-Meet	April 14
39-08.75 (o)	11th	Mt. SAC Relays	April 20
40-05.50	4th	MW Championships	May 12
41-08.50 (p)	T-11th	NCAA West Prelims	May 26
<b>42-05.25 (4, w)</b>	<b>14th</b>	<b>NCAA Championships</b>	<b>June 9</b>

## Ellie Fanaika

5-7 | Sr. | Sacramento, Calif. | Sacramento City College

### INDOOR SEASON

#### Shot Put (PR: 38-07.75 (Jan. 28, 2012))

37-10.00	16th	Bronco Invitational	Jan. 21
<b>38-07.75</b>	<b>T-19th</b>	<b>AFA Team Challenge</b>	<b>Jan. 28</b>

#### Weight Throw (PR: 59-01.50 (Feb. 24, 2012))

56-03.75	6th	Bronco Invitational	Jan. 21
57-07.00	2nd	AFA Team Challenge	Jan. 28
58-02.50	10th	Don Kirby Elite	Feb. 10
<b>59-01.50 (3)</b>	<b>9th</b>	<b>MW Indoor Champs</b>	<b>Feb. 24</b>

### OUTDOOR SEASON

#### Shot Put (PR: 39-05.25 (March 10, 2012))

<b>39-05.25</b>	<b>3rd</b>	<b>San Diego Champs</b>	<b>March 10</b>
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#### Hammer Throw (PR: 184-02 (April 20, 2012))

166-06	1st	San Diego Champs	March 10
177-04	7th	Aztec Invitational	March 16
170-04	5th	Cal/Nevada Champs	March 31
180-01	7th	ASU Tri-Meet	April 14
<b>184-04 (2)</b>	<b>7th</b>	<b>Beach Invitational</b>	<b>April 20</b>
174-02 (i)	15th	UCSD Triton Invite	April 27
181-04	10th	Oxy Invitational	May 5
171-02	10th	MW Championships	May 11

## Brittany Gonter

5-8.5 | RS-Fr. | Hemet, Calif. | Hemet HS

### INDOOR SEASON

#### Shot Put (PR: 43-02.25 (Feb. 10, 2012))

43-01.50	8th	Bronco Invitational	Jan. 21
ND	N/A	AFA Team Challenge	Jan. 28
<b>43-02.25 (6)</b>	<b>15th</b>	<b>Don Kirby Elite</b>	<b>Feb. 10</b>
42-10.25	T-15th	MW Indoor Champs	Feb. 25

### OUTDOOR SEASON

#### Shot Put (PR: 46-02.50 (April 14, 2012))

ND	N/A	San Diego Champs	March 10
42-11.00 (o)	5th	Aztec Invitational	March 16
45-09.25	5th	Cal/Nevada Champs	April 1
<b>46-02.50</b>	<b>5th</b>	<b>ASU Tri-Meet</b>	<b>April 14</b>
42-11.75	27th	Beach Invitational	April 21
43-06.50 (i)	15th	UCSD Triton Invite	April 28
45-04.25	13th	MW Championships	May 12

#### Discus Throw (PR: 141-08 (April 27, 2012))

135-05	3rd	San Diego Champs	March 10
138-07	10th	Cal/Nevada Champs	April 1
139-06	9th	ASU Tri-Meet	April 14
136-04	28th	Beach Invitational	April 21
141-08 (i)	23rd	UCSD Triton Invite	April 27
<b>145-02</b>	<b>10th</b>	<b>MW Championships</b>	<b>May 11</b>

## Kaitlyn Harrison

5-7 | Fr. | San Clemente, Calif. (San Clemente HS)

### OUTDOOR SEASON

#### 800 Meters (PR: 2:27.63 (March 10, 2012))

<b>2:27.63</b>	<b>7th</b>	<b>San Diego Champs</b>	<b>March 10</b>
2:28.28 (o)	19th	Aztec Invitational	March 16
<b>3,000-Meter Steeplechase (PR: 12:24.62 (April 21, 2012))</b>			
13:16.21	5th	PLNU Collegiate	March 24
<b>12:24.62</b>	<b>23rd</b>	<b>Beach Invitational</b>	<b>April 21</b>
12:59.56	5th	UCSD Triton Classic	April 28

## Sarah Haydock

5-6 | Fr. | Huntington Beach, Calif. | Fountain Valley HS

### INDOOR SEASON

#### 800 Meters (PR: 2:44.79 (Feb. 23, 2012))

<b>2:44.79 (pn)</b>	<b>10th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
<b>60-Meter Hurdles (PR: 10.00 (Feb. 23, 2012))</b>			
<b>10.00 (pn)</b>	<b>12th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
<b>High Jump (PR: 4-11.00 (Feb. 23, 2012))</b>			
<b>4-11.00 (pn)</b>	<b>12th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
<b>Long Jump (PR: 15-09.50 (Feb. 10, 2012))</b>			
<b>15-09.50 (pn)</b>	<b>12th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>

#### Shot Put (PR: 28-04.50 (Feb. 23, 2012))

<b>28-04.50 (pn)</b>	<b>13th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
<b>Pentathlon (PR: 2,801 (Feb. 23, 2012))</b>			
<b>2,801 (pn)</b>	<b>13th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>

### OUTDOOR SEASON

#### 200 Meters (PR: 28.77 (March 10, 2012))

28.77	11th	San Diego Champs	March 10
<b>28.43 (hp)</b>	<b>40th</b>	<b>Aztec Invitational</b>	<b>March 16</b>
<b>100-Meter Hurdles (PR: 17.13 (March 24, 2012))</b>			
<b>17.13</b>	<b>12th</b>	<b>PLNU Collegiate</b>	<b>March 24</b>
17.56	66th	Beach Invitational	April 21
17.27	18th	UCSD Triton Invite	April 28

#### Long Jump (PR: 16-06.00 (March 10, 2012))

<b>16-06.00</b>	<b>7th</b>	<b>San Diego Champs</b>	<b>March 10</b>
15-09.75 (o)	22nd	Aztec Invitational	March 16
15-06.75	11th	PLNU Collegiate	March 24
Foul	--	Beach Invitational	April 21
16-03.75 (i)	18th	UCSD Triton Invite	April 28

#### Shot Put (PR: 30-07.75 (March 24, 2012))

29-06.50 (o)	23rd	Aztec Invitational	March 16
29-01.25	18th	San Diego Champs	March 10
<b>30-07.75</b>	<b>4th</b>	<b>PLNU Collegiate</b>	<b>March 24</b>
24-09.75	53rd	Beach Invitational	April 21
27-08.00	24th	UCSD Triton Invite	April 28

## Kelsy Hintz

5-6 | Jr. | Crescent City, Calif. | Del Norte HS

### INDOOR SEASON

#### Pole Vault (PR: 14-00.00 (Feb. 24, 2012))

12-09.50	4th	AFA Team Challenge	Jan. 28
12-11.50	2nd	NAU Open	Feb. 4
13-04.25	T-4th	Don Kirby Elite	Feb. 10
<b>14-00.00 (T-3)</b>	<b>1st</b>	<b>MW Indoor Champs</b>	<b>Feb. 24</b>
13-09.25	15th	NCAA Indoor Champs	March 12

### OUTDOOR SEASON

#### Pole Vault (PR: 13-10.00 (April 28, 2012))

NH (o)	N/A	Aztec Invitational	March 16
12-01.50	2nd	Cal/Nevada Champs	March 31
12-04.75	5th	ASU Tri-Meet	April 14
13-01.50 (o-a)	T-5th	Mt. SAC Relays	April 20
<b>13-10.00 (i, 3)</b>	<b>3rd</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>
12-07.50	2nd	MW Championships	May 11

13-08.25 (p)	T-9th	NCAA West Prelims	May 25
13-07.25	9th	NCAA Championships	June 6

## Marianne Hogan

5-3 | Jr. | Bedford, Quebec | Acedemie Les Estacades

### INDOOR SEASON

#### 3,000 Meters (PR: 10:32.79 (Feb. 19, 2011))

<b>10:42.06</b>	<b>22nd</b>	<b>MW Indoor Champs</b>	<b>Feb. 25</b>
<b>5,000 Meters (PR: 17:55.31 (Feb. 25, 2011))</b>			
<b>18:27.49</b>	<b>16th</b>	<b>MW Indoor Champs</b>	<b>Feb. 24</b>

### OUTDOOR SEASON

#### 3,000 Meters (PR: 9:57.88 (March 5, 2011))

<b>10:27.50</b>	<b>3rd</b>	<b>San Diego Champs</b>	<b>March 10</b>
<b>5,000 Meters (PR: 17:05.05 (April 9, 2011))</b>			
17:57.56 (i)	13th	Aztec Invitational	March 17
17:46.17	3rd	UCSD Triton Invite	April 28
<b>17:23.11</b>	<b>19th</b>	<b>Oxy Invitational</b>	<b>May 5</b>
<b>10,000 Meters (PR: 35:19.90 (April 14, 2011))</b>			
<b>36:59.06</b>	<b>2nd</b>	<b>Cal/Nevada Champs</b>	<b>March 31</b>
38:36.58	9th	MW Championships	May 11

## Megan Hughes

5-4 | Fr. | El Cajon, Calif. | Valhalla HS

### OUTDOOR SEASON

#### 800 Meters (PR: 2:31.85 (April 28, 2012))

2:34.15	23rd	PLNU Collegiate	March 24
2:37.37	100th	Beach Invitational	April 21
<b>2:31.85</b>	<b>28th</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>
<b>1,500 Meters (PR: 5:04.67 (April 28, 2012))</b>			
5:09.39	16th	PLNU Collegiate	March 24
5:05.11	92nd	Beach Invitational	April 21
<b>5:04.67</b>	<b>24th</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>
<b>3,000 Meters (PR: 11:24.01 (March 10, 2012))</b>			
<b>11:24.01</b>	<b>15th</b>	<b>San Diego Champs</b>	<b>March 10</b>

## Kelsie Jarratt

5-3 | Soph. | Nipomo, Calif. | Nipomo HS

### INDOOR SEASON

#### Pole Vault (PR: 11-10.00 (Feb. 11, 2011))

<b>10-11.75</b>	<b>T-11th</b>	<b>NAU Open</b>	<b>Feb. 4</b>
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### OUTDOOR SEASON

#### Pole Vault (PR: 11-11.75 (March 26, 2011))

11-05.75	T-3rd	San Diego Champs	March 10
<b>11-08.50 (o)</b>	<b>T-12th</b>	<b>Aztec Invitational</b>	<b>March 16</b>
NH	N/A	Cal/Nevada Champs	March 31
10-10.75	T-28th	Beach Invitational	April 21
11-08.50 (o)	T-3rd	UCSD Triton Invite	April 27

## Josefine Koskinen

5-5 | Jr. | Stockholm, Swedn | Rudbecksskolan HS

### INDOOR SEASON

#### 800 Meters (PR: 2:11.90 (Feb. 25, 2011))

2:14.39	2nd	Don Kirby Elite	Feb. 10
<b>2:12.66 (p)</b>	<b>6th</b>	<b>MW Indoor Champs</b>	<b>Feb. 24</b>
2:13.62 (f)	8th	MW Indoor Champs	Feb. 25

### OUTDOOR SEASON

#### 800 Meters (PR: 2:08.47 (May 2, 2010))

2:17.62	1st	San Diego Champs	March 10
2:12.45 (p)	7th	Cal/Nevada Champs	March 31
2:11.16 (f)	5th	Cal/Nevada Champs	April 1
2:09.98	10th	Beach Invitational	April 21
<b>2:07.87</b>	<b>8th</b>	<b>Oxy Invitational</b>	<b>May 5</b>

**SDSU 2012 TRACK & FIELD INDIVIDUAL SEASON BESTS** (as of July 17, 2012)

2:14.43 (p)	7th	MW Championships	May 11
2:12.38 (f)	4th	MW Championships	May 12
2:11.30 (p)	41st	NCAA West Prelims	May 24
<b>1,500 Meters (PR: 4:33.85 (April 28, 2012))</b>			
4:41.01	1st	San Diego Champs	March 10
4:35.35 (i)	10th	Aztec Invitational	March 17
4:42.03	13th	Cal/Nevada Champs	April 1
4:43.43	2nd	ASU Tri-Meet	April 14
<b>4:33.85</b>	<b>2nd</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**Carrington Mahr**

5-11 | Soph. | Clovis, Calif. | UC Davis

**INDOOR SEASON**

**High Jump (PR: 5-05.00 (Jan. 21, 2012))**

<b>5-05.00 (T-7)</b>	<b>T-1st</b>	<b>Bronco Invitational</b>	<b>Jan. 21</b>
5-03.00	16th	AFA Team Challenge	Jan. 28
NH	--	Don Kirby Elite	Feb. 10
5-04.25	7th	MW Indoor Champs	Feb. 24

**Long Jump (PR: 16-07.25 (Jan. 21, 2012))**

16-07.25	T-21st	Bronco Invitational	Jan. 21
<b>17-04.75</b>	<b>T-10th</b>	<b>AFA Team Challenge</b>	<b>Jan. 28</b>
17-01.50	T-20th	MW Indoor Champs	Feb. 24

**OUTDOOR SEASON**

**High Jump (PR: 5-07.25 (May 8, 2010))**

<b>5-05.25</b>	<b>1st</b>	<b>San Diego Champs</b>	<b>March 10</b>
5-03.00 (i)	T-6th	Aztec Invitational	March 17
5-03.25	T-23rd	Beach Invitational	April 21
5-02.25 (i)	4th	UCSD Triton Invite	April 28
5-03.75	10th	MW Championships	May 12

**Long Jump (PR: 17-04.25 (March 10, 2012))**

<b>17-04.25</b>	<b>6th</b>	<b>San Diego Champs</b>	<b>March 10</b>
17-03.25 (o)	11th	Aztec Invitational	March 16
16-03.00	46th	Beach Invitational	April 21
17-04.00 (i)	12th	UCSD Triton Invite	April 28

**Thoraya Maronsey**

5-9 | Sr. | La Mesa, Calif. | Helix HS

**INDOOR SEASON**

**Triple Jump (PR: 37-10.50 (Feb. 25, 2012))**

<b>37-10.50</b>	<b>11th</b>	<b>MW Indoor Champs</b>	<b>Feb. 25</b>
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**OUTDOOR SEASON**

**Triple Jump (PR: 39-03.00 (Twice, last May 15, 2010))**

ND	N/A	San Diego Champs	March 10
36-00.25	22nd	Beach Invitational	April 21
37-02.50 (i)	T-2nd	UCSD Triton Invite	April 28
<b>37-06.75</b>	<b>6th</b>	<b>Oxy Invitational</b>	<b>May 5</b>

**Monique Martinez**

5-3 | Soph. | Burbank, Calif. | John Burroughs HS

**OUTDOOR SEASON**

**800 Meters (PR: 2:34.96 (April 28, 2012))**

2:36.43 (o)	28th	Aztec Invitational	March 16
2:38.28	27th	PLNU Collegiate	March 24
2:40.12	103rd	Beach Invitational	April 21
<b>2:34.96</b>	<b>33rd</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**1,500 Meters (PR: 5:17.72 (April 28, 2012))**

5:24.63	16th	San Diego Champs	March 10
5:19.63 (o)	10th	Aztec Invitational	March 16
5:18.23	22nd	PLNU Collegiate	March 24
5:20.79	101st	Beach Invitational	April 21
<b>5:17.72</b>	<b>34th</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**Amanda Okun**

5-5 | Soph. | Newbury Park, Calif. | Newbury Park HS

**OUTDOOR SEASON**

**800 Meters (PR: 2:28.32 (May 1, 2011))**

<b>2:33.78 (o)</b>	<b>25th</b>	<b>Aztec Invitational</b>	<b>March 16</b>
<b>1,500 Meters (PR: 5:36.09 (March 16, 2012))</b>			

5:36.60 20th San Diego Champs March 10

5:36.09 (o) 12th Aztec Invitational March 16

**3,000 Meters (PR: 12:06.31 (April 28, 2012))**

12:06.31 23rd UCSD Triton Invite April 28

**3,000-Meter Steeplechase (PR: 13:45.22 (April 21, 2012))**

13:55.05 6th PLNU Collegiate March 24

13:45.22 24th Beach Invitational April 21

**Sabrina Rathor**

5-5 | Jr. | Rancho Santa Margarita, Calif. | Trabuco Hills HS

**OUTDOOR SEASON**

**800 Meters (PR: 2:28.58 (May 1, 2011))**

2:36.25	25th	PLNU Collegiate	March 24
DNF	--	Beach Invitational	April 21
<b>2:31.94</b>	<b>29th</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**1,500 Meters (PR: 4:58.92 (March 19, 2011))**

5:10.71	7th	San Diego Champs	March 10
5:15.87 (o)	9th	Aztec Invitational	March 16
5:10.11	17th	PLNU Collegiate	March 24
5:11.73	97th	Beach Invitational	April 21
<b>5:04.18</b>	<b>23rd</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**Allison Reaser**

5-7.5 | Soph. | El Segundo, Calif. | El Segundo HS

**INDOOR SEASON**

**200 Meters (PR: 24.53 (Feb. 25, 2012))**

24.87 (p)	9th	MW Indoor Champs	Feb. 24
<b>24.53 (f)</b>	<b>5th</b>	<b>MW Indoor Champs</b>	<b>Feb. 25</b>

**400 Meters (PR: 57.25 (Jan. 28, 2012))**

57.25 4th AFA Team Challenge Jan. 28

**800 Meters (PR: 2:29.66 (Feb. 23, 2012))**

2:33.56	15th	Bronco Invitational	Jan. 21
<b>2:29.66</b>	<b>2nd</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>

**60-Meter Hurdles (PR: 8.39 (Feb. 23, 2012))**

8.59 (f)	4th	Bronco Invitational	Jan. 21
8.64 (p)	4th	Bronco Invitational	Jan. 21
8.59	2nd	AFA Team Challenge	Jan. 28
8.59 (p)	8th	Don Kirby Elite	Feb. 10
8.51 (f)	7th	Don Kirby Elite	Feb. 10
<b>8.39 (T-3, pn)</b>	<b>1st</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
8.48 (p)	1st	MW Indoor Champs	Feb. 24
8.48 (f)	1st	MW Indoor Champs	Feb. 25

**High Jump (PR: 5-04.50 (Feb. 24, 2011))**

4-11.00	15th	Bronco Invitational	Jan. 21
5-01.00	25th	AFA Team Challenge	Jan. 28
<b>5-02.50 (pn)</b>	<b>T-4th</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>

**Long Jump (PR: 19-08.00 (Feb. 10, 2012))**

<b>19-08.00 (7)</b>	<b>7th</b>	<b>Don Kirby Elite</b>	<b>Feb. 10</b>
18-07.00 (pn)	3rd	MW Indoor Champs	Feb. 23
18-11.75	6th	MW Indoor Champs	Feb. 24

**Shot Put (PR: 39-00.25 (Feb. 23, 2012))**

36-02.75	18th	Bronco Invitational	Jan. 21
38-07.75	T-19th	AFA Team Challenge	Jan. 28
37-09.50	18th	Don Kirby Elite	Feb. 10
<b>39-00.25 (pn)</b>	<b>1st</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>
<b>Pentathlon (PR: 3,916 (Feb. 24, 2011))</b>			
<b>3,863 (pn)</b>	<b>1st</b>	<b>MW Indoor Champs</b>	<b>Feb. 23</b>

**OUTDOOR SEASON**

**200 Meters (PR: 24.09 (May 10, 2012))**

24.35 (hp)	1st	Aztec Invitational	March 15
24.27 (hp)	1st	Mt. SAC Multi's	April 18
<b>24.09 (hp)</b>	<b>1st</b>	<b>MW Championships</b>	<b>May 10</b>
24.20 (hp)	6th	NCAA Championships	June 7
24.12 (hp)	5th	U.S. Olympic Trials	June 29

**800 Meters (PR: 2:16.54 (June 30, 2012))**

2:19.92 (hp)	2nd	Aztec Invitational	March 16
2:19.37 (hp)	5th	Mt. SAC Multi's	April 19
2:24.96 (hp)	1st	MW Championships	May 10
2:17.45 (hp)	13th	NCAA Championships	June 8
<b>2:16.54 (hp)</b>	<b>11th</b>	<b>U.S. Olympic Trials</b>	<b>June 30</b>

**100-Meter Hurdles (PR: 13.55 (June 29, 2012))**

14.28	1st	San Diego Champs	March 10
13.80 (hp)	1st	Aztec Invitational	March 15
13.78 (p)	1st	Cal/Nevada Champs	March 31
13.94 (f)	1st	Cal/Nevada Champs	April 1
13.97	4th	ASU Tri-Meet	April 14
13.77 (hp)	1st	Mt. SAC Multi's	April 18
13.78	5th	Beach Invitational	April 21
13.56 (hp)	1st	MW Championships	May 9
3.79 (p)	2nd	MW Championships	May 11
14.02 (f)	4th	MW Championships	May 12
13.77 (hp)	9th	NCAA Championships	June 7
<b>13.55 (p)</b>	<b>5th</b>	<b>U.S. Olympic Trials</b>	<b>June 29</b>

**400-Meter Hurdles (PR: 58.37 (April 28, 2012))**

1:01.18	1st	PLNU Collegiate	March 24
1:00.46 (p)	2nd	Cal/Nevada Champs	March 31
59.61	3rd	Beach Invitational	April 21
<b>58.37 (3)</b>	<b>1st</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>
1:00.33 (p)	4th	MW Championships	May 11
1:00.24 (f)	3rd	MW Championships	May 12
59.93 (p)	23rd	NCAA West Prelims	May 24
59.02 (q)	20th	NCAA West Prelims	May 25

**High Jump (PR: 5-04.25 (two times, last June 29, 2012))**

5-01.00 (hp)	T-8th	Aztec Invitational	March 15
5-01.00 (hp)	T-13th	Mt. SAC Multi's	April 18
4-10.25 (i)	T-9th	UCSD Triton Invite	April 28
5-01.00 (hp)	T-3rd	MW Championships	May 9
5-04.25 (hp)	18th	NCAA Championships	June 7
<b>5-04.25 (hp)</b>	<b>18th</b>	<b>U.S. Olympic Trials</b>	<b>June 29</b>

**Long Jump (PR: 19-11.50 (May 10, 2012))**

18-08.50 (hp)	1st	Aztec Invitational	March 16
19-03.50	1st	PLNU Collegiate	March 24
19-01.50	1st	Cal/Nevada Champs	March 31
18-11.75	5th	ASU Tri-Meet	April 24
19-00.75 (hp)	4th	Mt. SAC Multi's	April 19
<b>19-11.50 (hp)</b>	<b>1st</b>	<b>MW Championships</b>	<b>May 10</b>
19-06.75 (hp)	4th	NCAA Championships	June 8
18-00.25 (hp)	18th	U.S. Olympic Trials	June 30

**Shot Put (PR: 39-06.50 (May 9, 2012))**

36-03.00	7th	San Diego Champs	March 10
38-02.00 (hp)	1st	Aztec Invitational	March 15
37-00.50 (hp)	10th	Mt. SAC Multi's	April 18
37-08.00 (i)	22nd	UCSD Triton Invite	April 28
<b>39-06.50 (hp)</b>	<b>1st</b>	<b>MW Championships</b>	<b>May 9</b>
38-05.00 (hp)	12th	NCAA Championships	June 7
39-00.50 (hp)	12th	U.S. Olympic Trials	June 29

**Javelin (PR: 132-00 (June 8, 2012))**

110-07	3rd	San Diego Champs	March 10
124-05 (hp)	2nd	Aztec Invitational	March 16
113-01	3rd	PLNU Collegiate	March 24
112-06	12th	Cal/Nevada Champs	March 31
124-07 (hp)	3rd	Mt. SAC Multi's	April 19
131-02 (hp)	1st	MW Championships	May 10
<b>132-00 (hp)</b>	<b>6th</b>	<b>NCAA Championships</b>	<b>June 8</b>
120-10 (hp)	11th	U.S. Olympic Trials	June 30

**Heptathlon (PR: 5,753 (June 7-8, 2012))**

5,475	1st	Aztec Invitational	March 15-16
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5,510	4th	Mt. SAC Multi's	April 18-19
5,653	1st	MW Championships	May 9-10
<b>5,753 (sr)</b>	<b>6th</b>	<b>NCAA Championships</b>	<b>June 7-8</b>
5,612	15th	U.S. Olympic Trials	June 29-30

**Amy Reaser**

5-5 | So. | El Segundo, Calif. | El Segundo HS  
**INDOOR SEASON**

**3,000 Meters (PR: 11:46.31 (Feb. 25, 2012))**

11:46.31	29th	MW Indoor Champs	Feb. 25
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**OUTDOOR SEASON**

**800 Meters (PR: 2:33.17 (March 24, 2012))**

2:33.17	21st	PLNU Collegiate	March 24
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**1,500 Meters (PR: 5:01.40 (March 16, 2012))**

5:08.22	6th	San Diego Champs	March 10
<b>5:01.40 (o)</b>	<b>7th</b>	<b>Aztec Invitational</b>	<b>March 16</b>
5:11.47	19th	PLNU Collegiate	March 24

**3,000 Meters (PR: 11:03.21 (March 10, 2012))**

11:03.21	10th	San Diego Champs	March 10
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**Moriah Roberge**

5-6 | Jr. | Coos Bay, Ore. | Marshfield HS  
**INDOOR SEASON**

**Pole Vault (PR: 12-00.00 (Feb. 19, 2011))**

11-01.75	T-10th	AFA Team Challenge	Jan. 28
11-11.75	7th	NAU Open	Feb. 4

**OUTDOOR SEASON**

**Pole Vault (PR: 12-06.75 (March 10, 2012))**

11-05.75	2nd	San Diego Champs	March 10
11-08.50 (o)	T-12th	Aztec Invitational	March 16
11-09.00	1st	PLNU Collegiate	March 24
11-07.50	6th	Cal/Nevada Champs	March 31
11-08.00	8th	ASU Tri-Meet	April 14
12-01.50 (o-c)	6th	Mt. SAC Relays	April 20
<b>12-02.50 (o)</b>	<b>2nd</b>	<b>UCSD Triton Invite</b>	<b>April 27</b>
11-11.75	11th	MW Championships	May 11

**Shanieka Thomas**

5-11 | Soph. | Clarendon, Jamaica | Vere Technical  
**INDOOR SEASON**

**60 Meters (PR: 7.99 (Jan. 28, 2012))**

7.99	19th	AFA Team Challenge	Jan. 28
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**200 Meters (PR: N/A)**

DQ (p)	--	MW Indoor Champs	Feb. 24
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**Long Jump (PR: 19-09.75 (Jan. 21, 2012))**

19-09.75 (5)	4th	Bronco Invitational	Jan. 21
19-05.50	1st	AFA Team Challenge	Jan. 28
19-03.25	3rd	MW Indoor Champs	Feb. 24

**Triple Jump (PR: 43-0.25 (Feb. 10, 2012))**

43-03.25	2nd	Bronco Invitational	Jan. 21
<b>43-09.25 (2)</b>	<b>2nd</b>	<b>Don Kirby Elite</b>	<b>Feb. 10</b>
43-01.75	1st	MW Indoor Champs	Feb. 25
42-07.50	7th	NCAA Indoor Champs	March 12

**OUTDOOR SEASON**

**200 Meters (PR: 25.09 (April 14, 2012))**

25.09	8th	ASU Tri-Meet	April 14
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**400 Meters (PR: 55.44 (May 12, 2012))**

56.51 (p)	7th	MW Championships	May 11
<b>55.44 (f)</b>	<b>4th</b>	<b>MW Championships</b>	<b>May 12</b>

**Long Jump (PR: 19-00.75 (April 20, 2012))**

17-11.75	13th	Cal/Nevada Champs	March 31
<b>19-00.75 (o)</b>	<b>9th</b>	<b>Mt. SAC Relays</b>	<b>April 20</b>
18-10.75	4th	MW Championships	May 11

**Triple Jump (PR: 45-09.75 (June 9, 2012))**

42-11.00	1st	Cal/Nevada Champs	April 1
42-02.25	1st	ASU Tri-Meet	April 14
43-08.00 (i)	6th	Mt. SAC Relays	April 21
43-11.25	1st	MW Championships	May 12
44-08.00 (p, w)	2nd	NCAA West Prelims	May 26
<b>45-09.75 (sr, w)</b>	<b>2nd</b>	<b>NCAA Championships</b>	<b>June 9</b>
44-09.00	3rd	Jamaican Olympic Trials	July 1

**Maderia Toatley**

5-2 | Soph. | Atlanta, Ga. | Stepenson HS  
**INDOOR SEASON**

**60 Meters (PR: 7.80 (Jan. 28, 2012))**

7.92 (f)	8th	Bronco Invitational	Jan. 21
7.94 (p)	11th	Bronco Invitational	Jan. 21

**7.80**

<b>7th</b>	<b>AFA Team Challenge</b>	<b>Jan. 28</b>
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8.07 (p)	17th	Don Kirby Elite	Feb. 10
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**200 Meters (PR: 24.62 (Jan. 28, 2012))**

25.46	16th	Bronco Invitational	Jan. 21
<b>24.62</b>	<b>1st</b>	<b>AFA Team Challenge</b>	<b>Jan. 28</b>
25.23	17th	Don Kirby Elite	Feb. 10

**Rebecca Turnbow**

5-5 | Soph. | Lake Tapps, Wash. | Auburn Riverside HS  
**INDOOR SEASON**

**Pole Vault (PR: 11-05.75 (Feb. 4, 2012))**

11-05.75	T-8th	NAU Open	Feb. 4
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**OUTDOOR SEASON**

**Pole Vault (PR: 11-08.50 (April 27, 2012))**

10-11.75	5th	San Diego Champs	March 10
10-08.75 (o)	T-21st	Aztec Invitational	March 16
10-09.00	3rd	PLNU Collegiate	March 24
11-01.75	9th	Cal/Nevada Champs	March 31
11-04.50	T-24th	Beach Invitational	April 21
<b>11-08.50 (o)</b>	<b>T-3rd</b>	<b>UCSD Triton Invite</b>	<b>April 27</b>
10-10.75	T-14th	Oxy Invitational	May 5

**Alexa Wallin**

5-5 | Fr. | Sunnyvale, Calif. | Fremont HS  
**OUTDOOR SEASON**

**800 Meters (PR: 2:31.55 (March 16, 2012))**

2:31.55 (o)	23rd	Aztec Invitational	March 16
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**Holly Waseloff**

5-10 | Soph. | Clovis, Calif. | Buchanan HS  
**INDOOR SEASON**

**Pole Vault (PR: 12-07.50 (Feb. 24, 2012))**

11-01.75	T-10th	AFA Team Challenge	Jan. 28
11-11.75	6th	NAU Open	Feb. 4
11-10.50	T-12th	Don Kirby Elite	Feb. 10
<b>12-07.50 (8)</b>	<b>6th</b>	<b>MW Indoor Champs</b>	<b>Feb. 24</b>

**OUTDOOR SEASON**

**Pole Vault (PR: 13-00.25 (May 11, 2012))**

12-00.00	1st	San Diego Champs	March 10
11-08.50 (o)	T-12th	Aztec Invitational	March 16
12-07.50	1st	Cal/Nevada Champs	March 31
12-09.00	3rd	ASU Tri-Meet	April 14
12-09.50 (o-c)	2nd	Mt. SAC Relays	April 20
12-10.25 (i)	T-8th	UCSD Triton Invite	April 28
12-04.50	T-5th	Oxy Invitational	May 5
<b>13-00.25 (9)</b>	<b>1st</b>	<b>MW Championships</b>	<b>May 11</b>
12-10.25 (p)	T-20th	NCAA West Prelims	May 25

**Melissa Wendorf**

5-4 | Fr. | Los Angeles, Calif. | Granada Hills HS  
**OUTDOOR SEASON**

**800 Meters (PR: 2:32.31 (April 28, 2012))**

2:34.31	99th	Beach Invitational	April 21
<b>2:32.31</b>	<b>30th</b>	<b>UCSD Triton Invite</b>	<b>April 28</b>

**1,500 Meters (PR: 5:06.30 (April 21, 2012))**

5:10.29	18th	PLNU Collegiate	March 24
<b>5:06.30</b>	<b>94th</b>	<b>Beach Invitational</b>	<b>April 21</b>
5:09.73	29th	UCSD Triton Invite	April 28

**Hannah Winokur**

5-7 | So. | San Clemente, Calif. | San Clemente HS  
**OUTDOOR SEASON**

**800 Meters (PR: 2:19.82 (April 21, 2012))**

2:24.84	10th	PLNU Collegiate	March 24
<b>2:19.82</b>	<b>71st</b>	<b>Beach Invitational</b>	<b>April 21</b>
2:22.84	14th	UCSD Triton Invite	April 28
2:20.89	39th	Oxy Invitational	May 5