

62nd ANNUAL AZTEC CROSS COUNTRY INVITATIONAL

General Information

DATE: Saturday -- September 16, 2006

TIMES:

7:30 a.m.	People's Race (5K)
8:15 a.m.	Women's Open (5K)
9:00 a.m.	Women's Invitational (5K)
9:30 a.m.	Men's Open (8K)
10:15 a.m.	Men's Invitational (8K)

PLACE: Balboa Park -- Course will be marked with flags and chalk.
Spikes are not recommended.

DIRECTIONS TO COURSE: 5 south to 805 south to 163 south to University Avenue exit. Go straight to Laurel Street. (University exit will turn into 6th Avenue. Take 6th Avenue to Laurel.) Park will be on left side. Men's race starts north of Laurel, Women's race starts south of Laurel.

DISTANCE:

MEN:	8,000 meters on dirt, grass and concrete (some hills)
WOMEN:	5,000 meters on dirt, grass and concrete (some hills)

LODGING:

Sheraton Hotel
1433 Camino Del Rio South
San Diego, CA 92108
619-260-0111
Steve Larsen
\$99 1-4 Athletes

Courtyard by Marriott
8651 Spectrum Center Blvd.
San Diego, CA 92123
858-633-9004
Dan Shuman
\$99

The Handlery Hotel & Resort
950 Hotel Circle North.
San Diego, CA 92108
619-398-8334
Jennifer Mackay
\$99

Town & Country
500 Hotel Circle North.
San Diego, CA 92105

619-291-7131
Jim Johnson
\$119 incl. breakfast and parking

TRAINERS: Athletic trainers will be in place one hour before the first race begins to provide aid to any athlete who may require assistance.

IF ANY OF YOUR ATHLETES REQUIRE SPECIAL ASSISTANCE, PLEASE HAVE YOUR ATHLETIC TRAINING STAFF CONTACT OUR ATHLETIC TRAINERS AT (619) 594-5551 TO MAKE THE NECESSARY ARRANGEMENTS FOR PROPER TREATMENT.

DRESSING: There are no dressing or shower facilities at the course. Please have your teams come dressed for competition.

AWARDS: Trophies will be awarded to the top three teams in invitational. Top 5 individual invitational winners will receive awards. 1st through 15th place in open race and 10th through 15th place will receive medals.

ENTRY FEES: \$75.00 per 1 to 10 person team entered. Payable to San Diego State University. Send entries to:

Aztec Cross Country Invitational
San Diego State University
Dept. of Athletics/Cross Country
San Diego, CA 92182
Fax: (619) 594-1674

ENTRIES: 1) If you plan to attend, please return the enclosed entry form by **Monday, September 11, 2006**

IMPORTANT NOTE: Entries received after the September 11th deadline will not necessarily be accepted.

- 2) 7 to 10 runners per team. Top 5 will score with the next 2 runners displacing.
- 3) Computerized race results will be posted and also available for each team following the completion of each race.
- 4) Please be honest when placing your team in the open or invitational race. All Division 1 teams will be placed in the Invitational race unless you specifically request otherwise.

For additional information, call: Rahn Sheffield (619) 594-5514
 Jennifer Nanista (619) 594-1951

WE LOOK FORWARD TO SEEING YOU ON SATURDAY, SEPTEMBER 16, 2006.

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AZTEC CROSS COUNTRY INVITATIONAL**

ENTRY LIST

WOMEN MEN
(CIRCLE ONE)
OPEN INVITATIONAL
(CIRCLE ONE)

School _____ Coach _____

Address _____

City _____ State _____ Zip _____

School Phone _____ Home Phone _____

- Entrants:
- 1) _____
 - 2) _____
 - 3) _____
 - 4) _____
 - 5) _____
 - 6) _____
 - 7) _____
 - 8) _____
 - 9) _____
 - 10) _____

Remember: Only the top five runners on a team will score. Next two will displace. Maximum of 10 runners per team entered.

Return entry form along with entry fee to: Aztec Cross Country Invitational
San Diego State University
Dept. of Athletics/Cross Country
San Diego, CA 92182
Fax: 619-594-1674

Entry Deadline is Monday, September 11, 2006