



# SAN DIEGO STATE AZTECS

## 2016 Women's Soccer Weekly Notes

**Darin Wong (Primary Contact)**  
 Assistant Athletic Director - Media Relations  
**Office Phone Number:** (619) 594-5548  
**E-Mail Address:** dwong@mail.sdsu.edu  
**News Release Date:** Oct. 11, 2016

**SDSU Official Athletics Website:** GoAztecs.com  
**SDSU Official Athletics Twitter:** @GoAztecs  
**SDSU Official Athletics Instagram:** @GoAztecs  
**SDSU Official Athletics Facebook:** facebook.com/goaztecs  
**SDSU Official Athletics YouTube:** youtube.com/goaztecs.com

## Schedule/Results

**Overall:** 5-6-2 | **Home:** 3-2; **Away:** 2-4-2; **Neutral:** 0-0

### August

19	UCLA (Mountain West Network)	L, 0-5
29	at Long Beach State	L, 0-3

### September

2	at San Diego (TheW.tv)	L, 0-2
9	at No. 16/12 Penn State (GoPSUSports.com)	L, 0-3
11	at Cornell (Ivy League Digital Network)	W, 1-0
15	Weber State (Mountain West Network)	W, 3-0
18	No. 24/23 Texas Tech	L, 0-1
23	Air Force* (Mountain West Network)	W, 2-0
25	Colorado College* (Mountain West Network)	W, 1-0
30	at Fresno State* (Mountain West Network)	2ot-T, 1-1

### October

2	at San José State* (Mountain West Network)	L, 0-4
7	at UNLV* (Mountain West Network)	2ot-T, 1-1
9	at Nevada* (Mountain West Network)	2ot-W, 2-1
14	Boise State* (Mountain West Network)	7 p.m. PT
16	Utah State* (Mountain West Network)	Noon PT
21	at Colorado State* (Mountain West Network)	3 p.m. MT
23	at Wyoming* (Mountain West Network)	1 p.m. MT
28	New Mexico* (Mountain West Network)	7 p.m. PT

### November

1	MW Quarterfinals # (Mountain West Network)	4/7 p.m. PT
3	MW Semifinals # (Mountain West Network)	4/7 p.m. PT
5	MW Finals # (Mountain West Network)	7 p.m. PT

National ranking reflects NSCAA/Soccer America

\* - Mountain West game

# - Mountain West Championship at SDSU Sports Deck

## Socially

**Twitter:** @AztecWSoccer

**Facebook:** facebook.com/aztecsoccer

**Instagram:** @sdsu\_womens\_soccer

## Game Week Preview

**Boise State (5-8-2; 4-1-1 MW) at San Diego State (5-6-2; 3-1-2 MW)**

Friday, Oct. 14 | 7 p.m. PT | Mountain West Network | SDSU Sports Deck | San Diego, Calif.

**Utah State (9-5; 5-1 MW) at San Diego State (5-6-2; 3-1-2 MW)**

Sunday, Oct. 16 | Noon | Mountain West Network | SDSU Sports Deck | San Diego, Calif.

## Storylines

- San Diego State returns home to play host to pair of games that will impact the top of the Mountain West standings as Boise State and Utah State visit Montezuma Mesa. Both contests will stream live on GoAztecs.com and the MW Network.

- The Aztecs enter the week in fourth place in the conference standings with 11 points. Friday night's opponent, Boise State, is tied for second place with 13 points (UNLV), while Sunday afternoon's foe, Utah State, sits in first place with 15 points.

- SDSU is back home after enduring its second four-game road trip with the final two dates at UNLV last Friday and Nevada on Sunday. The Aztecs battled the Rebels for 110 minutes and walked away with a 1-1 draw. As for last Sunday's game vs. the Wolf Pack, San Diego State won the game in double overtime, 2-1, on a goal from Angela Mitchell with three seconds left.

- Looking back at the UNLV game, San Diego State was forced to rally after allowing a goal in the 21st minute. Twenty minutes later and right before halftime, SDSU earned a corner kick, which was played to the top of the box and sent in to Rachel Speros. The freshman tapped it to the corner where Victoria Barba waited and the senior crossed the ball to Darcy Weiser, who headed the ball into the net. From there, the teams played even and the Aztecs earned a point against a team that was in a tie for first place.

- The goal was Weiser's first of her young career as was the assist for Speros. Barba, meanwhile, picked up her third assist of the season, which tied her with Aliyah Utush for the most on the team.

- Moving to Nevada, San Diego State struck first on a 25-yard strike from Hedda Regefalk in the 15th minute. The Aztecs controlled the pace, but the Wolf Pack took advantage of one of its few opportunities and scored on a low-skidding shot from 20 yards out in the 67th minute. The game eventually advanced to a second overtime where Mitchell provided the heroics on a hard-angled 15-yard goal that was well-placed into the far upper left corner.

- Regefalk's goal was her first of the season and fourth point overall, which ranks fourth on the team behind Utush (7), Mitchell (6) and Barba (5). As for Mitchell, she netted her team-best third goal and her Aztec-leading second game-winning strike.

- After playing eight of its first 13 games on the road, San Diego State will close the campaign with three of its final five, not including the conference tournament, at SDSU Sports Deck. The Aztecs are only 3-2 at home this season, with a loss to a UCLA team that is now ranked No. 14 in the latest NSCAA poll and to Texas Tech, which was ranked No. 24/23 at the time, on an own goal.

- San Diego State enters this week's action riding a seven-game regular-season home winning streak vs. league foes and is 20-2 against the same competition since the start of 2012.

**General Information**

Location ..... San Diego, Calif.  
 Founded ..... 1897  
 Enrollment ..... 32,396  
 Nickname ..... Aztecs  
 Colors ..... Scarlet and Black  
 Conference ..... Mountain West  
 Affiliation ..... Division I  
 President ..... Dr. Elliot Hirshman  
 Interim Director of Athletics ..... Jenny Bramer  
 Faculty Representative ..... Patrick Papin

**Team Information**

Head Coach ..... Mike Friesen (Sonoma St., 1996)  
 Record at SDSU (Seasons) ..... 117-63-25 (10)  
 Career Record ..... Same  
 E-mail ..... mfriesen@mail.sdsu.edu  
 W. Soccer Office Phone ..... (619) 594-3749  
 W. Soccer Office Fax ..... (619) 594-1674  
 Associate Head Coach ..... Juan Pablo Favero (5th Season)  
 Assistant Coach ..... Sergio Duck (2nd Season)  
 Assistant Coach ..... Chassion Griggs (2nd Season)  
 Director of Soccer Operations ..... Marisa Abegg (1st Season)  
 Home Facility ..... SDSU Sports Deck (1,250)  
 2015 Overall Record ..... 15-4-1  
 2015 Home Record ..... 9-0-1  
 2015 Road Record ..... 5-0  
 2015 Neutral Record ..... 4-0-1  
 2015 MW Record/Finish ..... 10-1/1st  
 First Year of Competition ..... 1989  
 All-Time Record ..... 296-196-53 (.592)  
 NCAA Appearances ..... 6 ('98, '99, '09, '12, '13, '14)  
 Letterwinners Returning/Lost ..... 15/5  
 Starters Returning/Lost ..... 8/3  
 Key Returners (Alphabetical) ..... Victoria Barba (MF, Sr.)  
     ..... 2015 All-Mountain West Second Team  
     ..... 2013 NSCAA All-Pacific Region Third Team  
     ..... 2013 Mountain West All-Tournament Team, First Team  
     ..... Stacie Moran (D, Jr.)  
     ..... 2015 All-Mountain West First Team  
     ..... 2014 All-Mountain West Second Team  
     ..... Milan Moses (MF, So.)  
     ..... 2015 All-Mountain West First Team  
     ..... Angela Mitchell (F, Jr.)  
     ..... 2015 All-Mountain West Second Team  
     ..... Jen Rupey (D, Sr.)  
     ..... 2015 Honorable Mention All-Mountain West  
     ..... Aliyah Utush (F, Jr.)  
     ..... 2015 Honorable Mention All-Mountain West  
 Key Losses ..... Ashley Hauke (Sr., D)  
     ..... Leah Pruitt (Fr., F)  
     ..... Melanie Vaughn (Sr., GK)

**Media Relations**

Women's Soccer SID ..... Darin Wong  
 E-mail ..... dwong@mail.sdsu.edu  
 SID Office Phone ..... (619) 594-5547  
 SID Cell Phone ..... (310) 489-2378  
 Mailing Address ..... SDSU Media Relations  
     Fowler Athletics Center, Suite 3014  
     5302 55th Street  
     San Diego, CA 92182-4309  
 Athletics Website ..... GoAztecs.com  
 Athletics Twitter ..... @GoAztecs  
 Athletics Facebook ..... facebook.com/goaztecs  
 Athletics Instagram ..... @GoAztecs  
 Athletics YouTube ..... YouTube.com/goaztecscom

- The Aztecs and Boise State have split six meetings, all of which have come since 2011. The Broncos have had success against San Diego State recently, winning the last two meetings, including last year's 2-1 triumph, which was SDSU's only blemish during a 10-1 conference run. Boise State's two-game winning streak vs. the Aztecs follows a three-game winning streak by San Diego State, which has never beaten the Broncos at home.

- The Mountain West leaders, Utah State, head to America's Finest City having never defeated the Aztecs. San Diego State is 4-0-1 all-time vs. the Aggies and are winners of four straight. During its four-game winning streak, SDSU has outscored USU by a combined score of 9-3. The Aztecs, however, are only 1-0-1 vs. Utah State at home.

**Opponent Notebook**

**Boise State**

The Broncos have had all three outcomes over their last three games, losing at Air Force, tying San José State and defeating Fresno State... Before its 1-1-1 effort in its last three games, Boise State had won three straight to open Mountain West action... Raimee Sherle leads the team in goals (7) and points (14)... Baylee Blaser and Kayla Tucker each have a team-leading three assists... Janelle Flores has seen a majority of time in net, logging 901:41 between the pipes and enters this week with 0.90 GAA... Tara Fisher, meanwhile, has 500:27 under her belt and has a GAA of 1.62.

**Utah State**

The Aggies swept their homestand last week, beating Fresno State, 4-0, and San José State, 2-1... Utah State's lone conference loss came at Colorado College, a team SDSU defeated, 1-0... Since starting the season 1-2, Utah State has gone on to post a record of 8-3... Of its five losses, three have come away from Logan... USU is 3-3 on the road this season... Jessica Brooksby leads the team in goals (8), assists (8) and points (24)... Wesley Hamblin ranks second in points with 14 (6 goals, 2 assists)... Grace McGuire is the starting goalkeeper and has a GAA of 0.99.

**Roster**

No.	Player	Ht.	Pos.	Yr.	Hometown (Last School)
0	Kate Hart	5-6	GK	So.	Huntington Beach, Calif. (Huntington Beach HS)
00	Caroline Galdorisi	5-6	GK	Fr.	Northport, N.Y. (Kings Park HS)
1	Gabby English	5-10	GK	RS-Fr.	Winter Park, Fla. (Winter Park HS)
2	Meggie Gulczynski	5-6	D	Sr.	San Diego, Calif. (San Diego)
3	Milan Moses	5-4	MF	So.	San Leandro, Calif. (Dublin HS)
4	Bailey Cook	5-9	D	Fr.	Aurora, Colo. (Grandview HS)
5	Victoria Barba	5-4	MF	Sr.	Albuquerque, N.M. (Sandia HS)
6	Xochi Hunter	5-5	MF	Jr.	Milpitas, Calif. (St. Francis HS)
7	Katie Saavedra	5-4	MF	Jr.	Apple Valley, Calif. (Aliso Niguel HS)
8	Hedda Regefalk	5-9	F	Sr.	Stockholm, Sweden (CSU Bakersfield)
9	Angela Mitchell	5-1	F	Jr.	Corona, Calif. (Roosevelt HS)
10	Gemma Craine	5-4	MF	Sr.	Derby, England (Monroe College (N.Y.))
11	Nicole Robertson	5-5	MF	Jr.	Temecula, Calif. (Purdue)
12	Taylor Russell	5-5	D	So.	Riverside, Calif. (Riverside Poly HS)
13	Stacie Moran	5-9	D	Jr.	Alta Loma, Calif. (Alta Loma HS)
14	Zsuria Phare	5-2	D/F	Sr.	Denver, Colo. (Metro State)
15	Morgan Simpson	5-5	F	Sr.	Trabuco Canyon, Calif. (Mission Viejo HS)
16	Jen Rupey	5-9	D	Sr.	Mission Viejo, Calif. (Santa Margarita HS)
17	Aliyah Utush	5-3	F	Jr.	Rocklin, Calif. (Whitney HS)
18	Rachel Speros	5-4	MF	Fr.	Danville, Calif. (San Ramon Valley HS)
19	Eden Kawabe	5-3	D	Fr.	Mililani, Hawaii (Mililani HS)
20	Ariana Robles	5-1	D	Fr.	San Diego, Calif. (Eastlake HS)
21	Yasmin Ahoaja	5-5	MF	Fr.	Carlsbad, Calif. (Carlsbad HS)
22	Darcy Weiser	5-5	F	Fr.	Huntington Beach, Calif. (Huntington Beach HS)
23	Hailey Balma	5-7	D	Jr.	Danville, Calif. (Monte Vista HS)
24	Camryn Wendlandt	6-0	F	Fr.	Coeur d'Alene, Idaho (Lake City HS)
25	Dani DeRosa	5-5	F	Jr.	Rocklin, Calif. (Louisiana)
26	Meghan Scudero	5-4	F/D	Fr.	San Jose, Calif. (Leland HS)
28	Isabelle Cartagena	5-5	D	Fr.	Tempe, Ariz. (Corona Del Sol HS)

**Head Coach:** Mike Friesen (Sonoma State, 1996), 10th season

**Associate Head Coach:** Juan Pablo Favero (Palm Beach Atlantic, 1994), Fifth season

**Assistant Coaches:** Sergio Duck, Second season; Chassion Griggs, Second season

**Director of Operations:** Marisa Abegg, First season

**2016 San Diego State Women's Soccer**  
**San Diego State Combined Team Statistics (as of Oct 09, 2016)**  
**All games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	5-6-2	3-2	2-4-2	0-0
CONFERENCE	3-1-2	2-0	1-1-2	0-0
NON-CONFERENCE	2-5	1-2	1-3	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att	
Aug 19	UCLA	L	0-5	2079	17	UTUSH, Aliyah	13	2	3	7	32	.062	17	.531	1	0-0
Aug 29	at Long Beach State	L	0-3	784	9	MITCHELL, Angela	12	3	0	6	20	.150	9	.450	2	0-0
Sep 02	at San Diego	L	0-2	1002	5	BARBA, Victoria	13	1	3	5	25	.040	8	.320	1	0-0
Sep 09	at #16 Penn State	L	0-3	877	8	REGEFALK, Hedda	13	1	2	4	7	.143	1	.143	0	0-0
Sep 11	at Cornell	W	1-0	144	18	SPEROS, Rachel	13	1	1	3	8	.125	6	.750	0	0-0
Sep 15	WEBER STATE	W	3-0	241	3	MOSES, Milan	13	1	0	2	32	.031	10	.312	1	0-0
Sep 18	#24 TEXAS TECH	L	0-1	516	16	RUPEY, Jen	13	1	0	2	9	.111	5	.556	0	0-0
* Sep 23	AIR FORCE	W	2-0	492	22	WEISER, Darcy	8	1	0	2	1	1.000	1	1.000	0	0-0
* Sep 25	COLORADO COLLEGE	W	1-0	208	25	DEROSA, Dani	13	0	1	1	8	.000	3	.375	0	0-0
* Sep 30	at Fresno State	To2	1-1	750	20	ROBLES, Ariana	12	0	1	1	8	.000	2	.250	0	0-0
* Oct 02	at San Jose State	L	0-4	347	1	ENGLISH, Gabby	13	0	1	1	0	.000	0	.000	0	0-0
* Oct 07	at UNLV	To2	1-1	1723	13	MORAN, Stacie	13	0	0	0	10	.000	2	.200	0	0-0
* Oct 09	at Nevada	Wo2	2-1	347	6	HUNTER, Xochi	13	0	0	0	7	.000	2	.286	0	0-0

Rankings reflect NSCAA poll

<b>TEAM STATISTICS</b>	<b>SDSU</b>	<b>OPP</b>
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	11-183	21-159
Goals scored per game	0.85	1.62
Shot pct.	.060	.132
Shots on goal-Attempts	71-183	83-159
SOG pct.	.388	.522
Shots/Game	14.1	12.2
CORNER KICKS	57	35
PENALTY KICKS	0-0	0-1
<b>PENALTIES</b>		
Yellow cards	10	13
Red cards	1	1
<b>ATTENDANCE</b>		
Total	3536	5974
Dates/Avg Per Date	5/707	8/747
Neutral Site #/Avg	0/0	

26	SCUDERO, Meghan	12	0	0	0	4	.000	1	.250	0	0-0
14	PHARE, Zsuria	13	0	0	0	4	.000	2	.500	0	0-0
24	WENDLANDT, Camryn	7	0	0	0	3	.000	1	.333	0	0-0
23	BALMA, Hailey	7	0	0	0	2	.000	1	.500	0	0-0
21	AHOOJA, Yasmin	12	0	0	0	1	.000	0	.000	0	0-0
19	KAWABE, Eden	6	0	0	0	1	.000	0	.000	0	0-0
4	COOK, Bailey	10	0	0	0	1	.000	0	.000	0	0-0
11	ROBERTSON, Nicole	6	0	0	0	0	.000	0	.000	0	0-0
10	CRAINE, Gemma	2	0	0	0	0	.000	0	.000	0	0-0
2	GULCZYNSKI, Meggie	4	0	0	0	0	.000	0	.000	0	0-0
<b>Total</b>		13	11	12	34	183	.060	71	.388	5	0-0
<b>Opponents</b>		13	21	19	61	159	.132	83	.522	6	0-1

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
1	ENGLISH, Gabby	13	1229:57	21	1.54	61	.744	5-6-2	4/0
<b>Total</b>		13	1229:57	21	1.54	62	.747	5-6-2	4
<b>Opponents</b>		13	1229:57	11	0.80	60	.845	6-5-2	6

<b>Goals by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	5	5	0	1	11
Opponents	13	8	0	0	21

<b>Shots by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	80	91	5	7	183
Opponents	85	65	3	6	159

<b>Saves by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	29	28	2	3	62
Opponents	30	29	1	0	60

<b>Corners by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	30	23	1	3	57
Opponents	20	14	1	0	35

<b>Fouls by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	57	56	4	2	119
Opponents	48	74	1	5	128

**2016 San Diego State Women's Soccer**  
**San Diego State Combined Team Statistics (as of Oct 09, 2016)**  
**Conference games**

<b>RECORD:</b>	<b>OVERALL</b>	<b>HOME</b>	<b>AWAY</b>	<b>NEUTRAL</b>
ALL GAMES	3-1-2	2-0	1-1-2	0-0
CONFERENCE	3-1-2	2-0	1-1-2	0-0
NON-CONFERENCE	0-0	0-0	0-0	0-0

Date	Opponent	Score	Att.	#	Player	gp	g	a	pts	sh	sh%	sog	sog%	gw	pk-att
* Sep 23	AIR FORCE	W 2-0	492	17	UTUSH, Aliyah	6	2	1	5	19	.105	8	.421	1	0-0
* Sep 25	COLORADO COLLEGE	W 1-0	208	9	MITCHELL, Angela	6	2	0	4	11	.182	5	.455	1	0-0
* Sep 30	at Fresno State	To2 1-1	750	8	REGFALK, Hedda	6	1	1	3	5	.200	1	.200	0	0-0
* Oct 02	at San Jose State	L 0-4	347	3	MOSES, Milan	6	1	0	2	19	.053	6	.316	1	0-0
* Oct 07	at UNLV	To2 1-1	1723	22	WEISER, Darcy	4	1	0	2	1	1.000	1	1.000	0	0-0
* Oct 09	at Nevada	Wo2 2-1	347	5	BARBA, Victoria	6	0	2	2	15	.000	6	.400	0	0-0

Rankings reflect NSCAA poll

<b>TEAM STATISTICS</b>	<b>SDSU</b>	<b>OPP</b>
<b>SHOT STATISTICS</b>		
Goals-Shot attempts	7-105	7-66
Goals scored per game	1.17	1.17
Shot pct.	.067	.106
Shots on goal-Attempts	38-105	35-66
SOG pct.	.362	.530
Shots/Game	17.5	11.0
CORNER KICKS	27	12
PENALTY KICKS	0-0	0-0
<b>PENALTIES</b>		
Yellow cards	5	7
Red cards	0	0
<b>ATTENDANCE</b>		
Total	700	3167
Dates/Avg Per Date	2/350	4/792
Neutral Site #/Avg	0/0	

20	ROBLES, Ariana	6	0	1	1	7	.000	2	.286	0	0-0
25	DEROSA, Dani	6	0	1	1	4	.000	0	.000	0	0-0
18	SPEROS, Rachel	6	0	1	1	4	.000	3	.750	0	0-0
1	ENGLISH, Gabby	6	0	1	1	0	.000	0	.000	0	0-0
16	RUPEY, Jen	6	0	0	0	5	.000	3	.600	0	0-0
26	SCUDERO, Meghan	5	0	0	0	4	.000	1	.250	0	0-0
13	MORAN, Stacie	6	0	0	0	4	.000	0	.000	0	0-0
24	WENDLANDT, Camryn	5	0	0	0	3	.000	1	.333	0	0-0
6	HUNTER, Xochi	6	0	0	0	2	.000	0	.000	0	0-0
14	PHARE, Zsuria	6	0	0	0	1	.000	1	1.000	0	0-0
4	COOK, Bailey	6	0	0	0	1	.000	0	.000	0	0-0
23	BALMA, Hailey	3	0	0	0	0	.000	0	.000	0	0-0
21	AHOOJA, Yasmin	5	0	0	0	0	.000	0	.000	0	0-0
19	KAWABE, Eden	1	0	0	0	0	.000	0	.000	0	0-0
11	ROBERTSON, Nicole	3	0	0	0	0	.000	0	.000	0	0-0
2	GULCZYNSKI, Meggie	3	0	0	0	0	.000	0	.000	0	0-0
Total		6	7	8	22	105	.067	38	.362	3	0-0
Opponents		6	7	8	22	66	.106	35	.530	1	0-0

#	Goalie	GP	Min.	GA	GAAvg	Saves	Pct	W-L-T	Sho
1	ENGLISH, Gabby	6	599:57	7	1.05	28	.800	3-1-2	2/0
Total		6	599:57	7	1.05	28	.800	3-1-2	2
Opponents		6	599:57	7	1.05	31	.816	1-3-2	1

<b>Goals by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	4	2	0	1	7
Opponents	4	3	0	0	7

<b>Shots by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	44	49	5	7	105
Opponents	27	30	3	6	66

<b>Saves by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	11	12	2	3	28
Opponents	16	14	1	0	31

<b>Corners by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	14	9	1	3	27
Opponents	5	6	1	0	12

<b>Fouls by Period</b>	1st	2nd	OT	OT2	Total
San Diego State	16	21	4	2	43
Opponents	26	30	1	5	62