

SDSU Women's Crew



This Week: 4/9, San Diego City Champs., San Diego - 4/9-4/10, Windermere Cup, Redwood Shores, Calif.

2004-05 Schedule

Date	Event
Oct. 24	Head of the Charles Regatta
Oct. 30	SDSU Alumni/Family Fun Day
Oct. 31	San Diego Row for Cure
Nov. 7	Newport Rowing Festival
Nov. 14	San Diego Fall Classic
Mar. 5	Parker Cup Regatta
Apr. 2-	San Diego Crew Classic
Apr. 3	San Diego Crew Classic
Apr. 9	San Diego City Championships
Apr. 9-	Windermere Cup (Lightweights)
Apr. 10	Windermere Cup (Lightweights)
Apr. 16	Miller Cup Regatta
Apr. 30-	W.I.R.A. Championship Heats
May 1	W.I.R.A. Championship Heats
May 14	Pacific Coast Rowing Champs.
May 15	Pac-10 Rowing Championships
May 27-	NCAA Championships
May 29	NCAA Championships
Jun. 2-	IRA Regatta
Jun. 4	IRA Regatta

SDSU Crew to Compete in Two Separate Events this Weekend

• The San Diego State women's crew team will be participating in two separate competitions this weekend. The lightweights will compete in the third annual Windermere Cup on Saturday and Sunday, April 9-10, on the Redwood Shores in Redwood City, Calif. The rest of the team will row in the San Diego City Championships at Mission Bay on April 9.

Windermere Cup Info

• The Windermere Cup, held at Redwood Shores in Redwood City, California, will feature more than 130 races between the nation's top universities, local rowing clubs, and high school teams.

With competing teams from 18 colleges and more than a dozen Bay Area clubs and high schools, the third annual Windermere Cup is expected to draw record crowds as spectators line the banks of Redwood Shores to watch the races and enjoy the free community event. Food, beverages and activities will be available to the thousands of rowing enthusiasts and community supporters who gather for the regatta.

In addition to San Diego State and the host Stanford Cardinal, visiting teams expected to participate include California, Clemson, Dartmouth, Georgetown, Michigan, Oregon State, Princeton, Sacramento State, Sonoma State, Saint Mary's, Texas, UC Davis, UCLA, Washington, Virginia, Wisconsin, and Yale. Athletes will compete in two days of Henley style racing, a one-on-one or a two-boat race used for competition at the famous Henley Royal Regatta in Henley-on-Thames, England.

The Windermere Cup also includes racing between more than a dozen community and high school teams from across the region, including Marin Rowing Club, Pacific Rowing Club, Capital Crew, St. Ignatius High School, Newport Aquatic Center, Los Gatos Rowing Club, Kent Mitchell Rowing Club, Humboldt Rowing Club, Peninsula Aquatic Center Junior Crew, Stanford Rowing Center and North Bay Rowing Club.

2005 San Diego City Championships Info

• The San Diego State women's crew team competes with the other two San Diego-area collegiate rowing programs, the University of San Diego and UC San Diego, at the San Diego City Championships on April 9. The racing will take place in Tecolote Channel in Mission Bay. Throughout the competition, San Diego State will use the white oars with red and black stripes. USD will use blue oars with a white stripe and UCSD will compete with yellow oars.

A Look Back: 2004 San Diego City Champs.

• The San Diego State women's crew team completed a successful day at the 2004 San Diego City Championships versus the University of San Diego and UC San Diego with four first-place finishes and two second-place results, improving the previous year's results of two firsts and four seconds.

• 2004 San Diego City Championships Results

Varsity Eight: San Diego, 7:08.22, **SDSU, 7:11.5**, UCSD, 7:37.43

JV Eight: SDSU, 7:24.6, San Diego, 7:29, UCSD, 7:53.34

Lightweight Eight: SDSU, 7:44.67, UCSD, 8:19.12

Varsity Four: San Diego, 8:24.93, **SDSU, 8:36.33**, UCSD, 9:02.09

Novice Eight: SDSU, 7:24.0, San Diego, 7:30.29, UCSD, 7:47.88

Novice Four: SDSU, 8:43.89, San Diego, 8:53.08, San Diego B, 9:06.1, UCSD, 9:10.59

2004-05 Roster

Athlete	Position	Yr.	Ht.
Alli Abrams	Coxswain	Sr.	5-4
Jenny Allen	Starboard	So.	5-6
Beth Alvarez	Starboard	Jr.	5-11
Kristen Anderson	Starboard	Jr.	5-8
Nancy Balt	Starboard	So.	5-9
Amanda Bremseth	Port	Sr.	5-8
Amanda Briggs	Port	Jr.	5-8
Rachael Brockett	Starboard	Jr.	5-7
Corey Bruckschlager	Starboard	Fr.	5-7
Caitlin Carrion	Coxswain	So.	5-3
Kirsten Contino	Port	Fr.	5-9
Christine Dickson	Starboard	Fr.	5-6
Kaitlin Drake	Port	So.	5-8
Raelyn Drury	Coxswain	Fr.	5-1
Jennifer Duche	Port	Jr.	5-8
Audrey Edney	Starboard	Jr.	5-6
Allison Fitzgerald	Coxswain	Fr.	5-2
Erin Fouche	Port/Starboard	Jr.	5-6
Stephanie Gomez	Starboard	Jr.	5-5
Aileen Gonzales	Coxswain	So.	4-10
Theresa Goody	Starboard	So.	5-8
Jenny Haught	Port	So.	5-6
Jessica Hays	Port	Fr.	5-11
Katie Heisinger	Port	So.	5-9
Katherine Hunt	Port	So.	5-10
Vanessa Kenley	Starboard	Jr.	5-6
Becca Koenig	Starboard	Jr.	5-7
Marcy Lacaille	Port	Sr.	6-0
Evelyn Lambrecht	Port	So.	5-9
Deidra Little	Starboard	So.	5-5
Stephanie Loutas	Port	Jr.	6-0
Mia Lysen	Port	So.	5-10
Christy McDonald	Port/Starboard	So.	5-8
Sarah McKillip	Starboard	Sr.	5-10
Brittany McMahan	Port	Sr.	6-0
Terra Meck	Starboard	Fr.	6-2
Vanessa Meses	Starboard	Sr.	5-6
Nicole Mullineaux	Port/Starboard	Fr.	6-3
Katie Murray	Port	Fr.	5-6
Kelly Olsen	Starboard	Fr.	5-9
Kristen Olson	Starboard	Sr.	5-11
Ashley Paiko	Starboard	Sr.	6-0
Ashley Pfohl	Starboard	So.	5-9
Michelle Rusin	Starboard	Fr.	5-7
Kelly Rutherford	Port	Fr.	5-9
Rachel Saldivar	Port	Sr.	5-9
Adora Salvati	Starboard	Sr.	5-6
Jennifer Schadler	Coxswain	Fr.	5-3
Lynda Shuker	Port	So.	5-6
Emily Spikell	Port	Fr.	5-7
Korina Tonne	Starboard	Jr.	5-4
Johnna Trabucco	Coxswain	Sr.	4-9
Kelly Tuveson	Port	Jr.	5-9
Christine Van Meter	Port	Jr.	6-0
Coby VandenBerg	Port	Jr.	5-6
Tashina Vavuris	Starboard	Fr.	5-9
Rachael Vrooman	Starboard/Port	Jr.	5-3
Maryann Wahhab	Starboard	Sr.	5-8
Caitlin Weber	Starboard/Port	So.	5-9
Taylor Weirick	Starboard	Fr.	5-9
Rachel Young	Port	Jr.	6-0

Head Coach: Jennifer Zebroski, second season

Assistant Coaches: Colin Truex, third season; Alicia Stuebner, second season

This Weekend's Lineup

Windermere Cup		
Lightweight 8		
Cox	Carrion	
Stroke	Shuker	
Seven	Allen	
Six	Pfohl	
Five	Little	
Four	Bremseth	
Three	Kenley	
Two	VandenBerg	
Bow	Vrooman	
San Diego City Championships		
Varsity 8		JV 8
Cox	Abrams	Gonzales
Stroke	Lysen	Rusin
Seven	McKillip	Van Meter
Six	McMahon	Olson
Five	Paiko	Weber
Four	Heisinger	Meck
Three	Balt	Meses
Two	Briggs	Salvati
Bow	Edney	Goody
Novice 8		
Cox	Drury	
Stroke	Hays	
Seven	Vavuris	
Six	Duche	
Five	Olsen	
Four	Rutherford	
Three	Brockett	
Two	Murray	
Bow	Dickson	
Varsity 4		Novice 4
Cox	Trabucco	Schadler
Stroke	Loutas	Weirick
Seven	Tonne	Gomez
Six	Haught	Koenig
Five	Fouche	Tuveson