



AZTEC SWIMMING AND DIVING

THIS WEEK: FEB. 6 - NORTHERN ARIZONA & SAN DIEGO - 1:00 P.M. (PT) - AZTEC AQUAPLEX

2009-10 SCHEDULE

Dual Record: 12-3 (8-0 Home; 3-2 Away; 1-1 Neutral)

| Date | Opponent | Time/Result |
|------------|----------------------|-------------------|
| Oct. 17 | California | NTS |
| Oct. 24 | * at Air Force | W, 218.5-77.5 |
| | *Colorado State | L, 134-165 |
| | *New Mexico | W, 202-97 |
| Nov. 6 | Idaho | W, 182.5-103.5 |
| | *TCU | W, 162-130 |
| | UC San Diego | W, 184-94 |
| Nov. 19-21 | at Toshiba Cup | 4th of 25 |
| Dec. 5 | CSU Bakersfield | W, 123-105 |
| Dec. 19 | *UNLV | W, 159-135 |
| | Oregon State | W, 167-118 |
| Jan. 7 | Boise State | W, 165-134 |
| | Tulane | W, 230-61 |
| Jan. 14 | *at Brigham Young | L, 105-193 |
| Jan. 16 | *at Utah | W, 173-125 |
| Jan. 29 | *at Wyoming | L, 128-153 |
| Jan. 30 | at Northern Colorado | W, 125-108 |
| Feb. 6 | Northern Arizona | 1:00 pm San Diego |

Feb. 24-27...at MWC Championships!.....All Day
 Mar. 11-13...NCAA Diving Zones^.....All Day
 Mar. 18-20...NCAA Championships#.....All Day

All times are site times
 Home meets in **bold**, held at Aztec Aquaplex
 NTS indicates no teams scores kept

* Mountain West Conference meet
 ! at Oklahoma City, Okla.
 ^ at Houston, Texas
 # at West Lafayette, Ind. (Purdue host)

QUICK FACTS

| | |
|---------------------------|----------------------|
| Location | San Diego, Calif. |
| Founded | 1897 |
| Enrollment | 35,887 |
| Nickname | Aztecs |
| Colors | Scarlet and Black |
| Conference | Mountain West |
| President | Dr. Stephen L. Weber |
| Interim Athletic Director | Don Oberhelman |

TEAM INFORMATION

| | |
|-------------------------------|------------------------|
| Head Coach | Mike Shrader |
| Dual Record at SDSU | 29-13 (Third season) |
| Career Record | 118-25-1 (11th season) |
| Swimming Office Phone | (619) 594-5883 |
| E-Mail | mshrader@mail.sdsu.edu |
| Assistant Coach | Brendon Bray |
| Diving Coach | Jim Wynne |
| Volunteer Assistant Coach | Jamie Vessey |
| Strength & Conditioning Coach | Jon Francis |
| 2008-09 Dual-Meet Record | 9-6 |
| 2008-09 MWC Record | 2-6 (7th) |
| 2009 MWC Meet | 6th, 375 pts. |
| Letterwinners Returning/Lost | 11/10 |
| Newcomers | 17 |
| Home Facility | Aztec Aquaplex |

MEDIA RELATIONS

| | |
|-----------------------|--|
| Swimming & Diving SID | Dave Kuhn |
| Office Phone | (619) 594-5242 |
| Office Fax | (619) 582-6541 |
| E-Mail | dkuhn@mail.sdsu.edu |
| Mailing Address | SDSU Media Relations 3014 Aztec Athletics Center 5302 55th Street San Diego, CA 92182 |
| Official Website | www.GoAztecs.com |

THIS WEEK

The San Diego State Aztec swimming and diving team will conclude its 2009-10 regular season with a double dual meet against the University of San Diego and Northern Arizona on Saturday, Feb. 6. The first event gets underway at 1:00 p.m. at the Aztec Aquaplex.

SENIOR DAY

Prior to Saturday's meet, the Aztecs will honor five seniors making their final home appearances for the Red and Black. That group includes Elena Karpeeva, Nino Metsar, Jessica Morrill, Kyla Power and Petra Radovic.

WINNINGS WAYS

With a record of 12-3, San Diego State has won more dual meets this season than in any previous campaign. The Aztecs' record of 5-3 in the Mountain West Conference is also the program's best in its 11 years in the MWC. The team's fourth-place finish in the final regular-season standings is also its best ever as well.

SDSU has a streak of 25 straight dual meet wins against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In current head coach Mike Shrader's three seasons, the Aztecs have not lost to a non-conference foe.

LAST TIME OUT

In their most recent dual meets, the Aztecs dropped a 153-128 decision at Wyoming on January 29, then rebounded for a 125-108 victory at Northern Colorado the following day.

At Wyoming, SDSU got first-place finishes from Leona Jennings in the 100 and 200 backstroke. Melanie Garibaldi was also a double winner for San Diego State as she was victorious in the 500 and 1000 freestyle events. Katelyn Weddle captured the 100 breaststroke while San Diego State's other first-place result was turned in by Brooke Vessey the 200 butterfly.

In the win at Northern Colorado, eight different Aztecs captured first place in the sweep of the nine swimming events. SDSU's lone double winner in those individual races was Stephanie Koch (50 free and 50 fly). Other victorious Aztecs included Meghan Zimmer (1000 free), Melanie Garibaldi (200 free), Elena Karpeeva (100 IM), Allison Stuhr (50 back), Petra Radovic (100 free), Kelsy Diener (500 free) and Katelyn Weddle (50 breast).

AZTEC DIVERS AT AIR FORCE INVITATIONAL

While the swimmers wrer at Wyoming and Northern Colorado, SDSU divers Aina Eill and Rafaella Suarez competed at the Air Force Diving Invitational. Suarez, competing in her first collegiate meet, finished 12th (of 24) in the one-meter and 21st (of 28) in the three-meter. Eill, who has been nursing a shoulder injury, was 23rd in the one-meter, but was forced to withdraw from the three-meter event. Result from the Invitational were used in the dual meet scores that weekend as Wyoming and Northern Colorado both had their divers competing in Colorado Springs as well.

AZTECS IN THE NATIONAL RANKINGS

San Diego State is ranked 41st in national poll released by the Collegiate Swimming Coaches Association of America (CSCAA) on January 21. The Aztecs have been ranked since the initial poll was released in November, marking the first time the program had ever received votes in the national poll.

MWC TOP TIMES

San Diego State owns a total of 34 of the top 10 individual times in the Mountain West Conference in the league's 14 swimming events. A trio of Aztecs has turned in top 10 marks in four events apiece. That three-some includes Leona Jennings (1st-100 back, 1st-200 back, 1st-200 IM, 2nd-100 fly), Elena Karpeeva (5th-100 breast, 3rd-200 breast, 6th-200 IM, 2nd-400 IM) and Melanie Garibaldi (3rd-500 free, 3rd-1000 free, 2nd-1650 free, 7th-400 IM).

THERE'S NO PLACE LIKE HOME

San Diego State will be looking to complete its second consecutive undefeated home season this weekend. After a 8-0 start in home dual-meets this fall, SDSU's record at the Aztec Aquaplex stands at 17-3 since the facility opened in the spring of 2008.

AMONG THE NATION'S BEST

Freshmen Leona Jennings and Katelyn Weddle have recorded times this fall that rank among the top 40 in the nation this season. Jennings' nationally ranked times include 54.22 in the 100 back (22nd), 1:57.57 in the 200 back (26th) and 2:01.04 in the 200 individual medley (40th). Weddle has turned in marks of 1:01.45 in the 100 breast (10th) and 2:14.20 in the 200 breast (23rd). All five of those times meet the 'B' Qualifying Standard for the NCAA Championships next March.

In addition, three Aztec relay teams have recorded times that rank among the top 35 in the country in Division I this fall.

The 800 free relay foursome of Stephanie Koch, Meghan Zimmer, Petra Radovic and Jessica Crider have turned in a 7:26.35 to rank 29th nationally. In the 200 medley relay, Leona Jennings, Katelyn Weddle, Kim Bierwith and Stephanie Koch's mark of 1:41.93 is the 26th-best time in Division I. And the 400 medley quartet of Stephanie Koch, Leona Jennings, Emilee Jennings and Kim Bierwith ranks 31st with a mark of 3:44.42. The 800 free and 200 medley teams have met the 'B' Qualifying Standard as well.

AZTEC SWIMMING NOTES

San Diego State swimmers have set eight Aztec Aquaplex pool records this season. Those record-setters include Petra Radovic (500 and 100 free), Leona Jennings (100 and 200 back, 200 IM), Katelyn Weddle (100 and 200 breast) and Stephanie Koch (100 free). New Aztec Aquaplex marks have also been set in two relays: Koch, L. Jennings, Bierwith, E. Jennings in the 200 free relay and L. Jennings, Weddle, Bierwith and E. Jennings in the 200 medley relay.

Katelyn Weddle has finished first in the 100 breast in seven of eight meets this season including the 24-team Toshiba Classic where she was first of 107 swimmers.

Leona Jennings has won the 100 breast in each of SDSU's last five meets and was third (of 129) at the Toshiba Classic. She has also won four consecutive 200 breast events.

ON DECK

Following Saturday's meet the Aztecs will take the next two-plus weeks to prepare for the Mountain West Conference Swimming and Diving Championships which will be held Feb. 24-27 in Oklahoma City.



AZTEC SWIMMING AND DIVING

2009-19 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

| Name | Event(s) | Ht. | Yr. | Exp | Hometown (Previous School) |
|-------------------|-----------------|------|-----|-----|---|
| Kim Bierwith | Free, Fly | 5-5 | Jr. | JC | Danville, Calif. (Diablo Valley JC) |
| Shannon Bray* | Fly, Free | 5-9 | So. | 1L | Reno, Nev. (Reno HS) |
| Maureen Cardwell | Fly, Free | 5-5 | Fr. | HS | Woodinville, Wash. (Redmond HS) |
| Melissa Church | Free, Fly | 5-9 | Jr. | 1L | Aliso Viejo, Calif. (Saddleback College) |
| Tarin Corwin | Free, Back | 5-7 | So. | TR | Blue Springs, Mo. (Texas A&M) |
| Heather Cramer | Fly, IM | 5-9 | Jr. | JC | Rohnert Park, Calif. (Santa Rosa JC) |
| Jessica Crider | Free | 5-9 | Fr. | HS | Concord, Calif. (Concord HS) |
| Kelsy Diener | Back, IM, Free | 5-11 | So. | 1L | Mesa, Ariz. (Red Mountain HS) |
| Anna Eill | Diving | 5-8 | So. | HS | Vancouver, Can. (Crofton House) |
| Melanie Garibaldi | Free | 5-7 | Fr. | HS | Gold Coast, Aus. (Queensland Acad. of Sport) |
| Keri George | Fly, Free | 5-7 | Fr. | HS | Danville, Calif. (San Ramon Valley HS) |
| Allison Hall | Fly, IM | 5-2 | Jr. | 1L | Camarillo, Calif. (Boise State) |
| Emilee Jennings | Free, Breast | 5-9 | Jr. | TR | Seattle, Wash. (Washington) |
| Leona Jennings | Back, Free, IM | 5-9 | Fr. | HS | Seattle, Wash. (Mt. Ranier HS) |
| Elena Karpeeva | IM, Back | 5-9 | Sr. | 1L | Omsk, Russia (Tyuman State) |
| Stephanie Koch | Free, Fly | 5-10 | Fr. | HS | Boone, Iowa (Ames HS) |
| Alexis McCoy | Free, Back, Fly | 5-8 | So. | 1L | San Diego, Calif. (Seisen International School) |
| Nino Metsar | Fly, Breast, IM | 5-8 | Sr. | 2L | Tallinn, Estonia (New Mexico State) |
| Jessica Morrill | Breast, IM | 5-8 | Sr. | 3L | Rio Vista, Calif. (Rio Vista HS) |
| Shelley Perkins | Free, Fly | 5-6 | Fr. | HS | Littleton, Colo. (Chatfield HS) |
| Kyla Power* | Distance Free | 5-8 | Sr. | 3L | San Jose, Calif. (Valley Christian HS) |
| Petra Radovic | Free | 6-3 | Sr. | TR | Zagreb, Croatia (Washington) |
| Shaida Solimani | Back, Free | 5-9 | So. | 1L | Blue Springs, Mo. (Blue Springs HS) |
| Allison Stuhr | Free, Back | 5-8 | Jr. | JC | Santa Rosa, Calif. (Santa Rosa JC) |
| Rafaella Suarez | Diving | 5-5 | Fr. | HS | Claremont, Calif. (Mt. SAC) |
| Brooke Vessey | Fly, Free, Back | 5-2 | Jr. | 2L | Redlands, Calif. (Redlands HS) |
| Sierra Warren | Diving | 5-6 | Fr. | HS | San Diego, Calif. (Granite Hills HS) |
| Katelyn Weddle | Breat, Free | 5-6 | Fr. | HS | Yuma, Ariz. (Kofa HS) |
| Meghan Zimmer | Free, Back | 5-10 | Fr. | HS | Santa Maria, Calif. (Pioneer Valley HS) |

*Captains

Head Coach: Mike Shrader (Texas A&M '81), Third Season
Assistant Coach: Brendon Bray (Washington '05), Third Season
Diving Coach: Jim Wynne (Niagara '94), Eighth Season
Volunteer Assistant Coach: Jamie Vessey (San Diego State '09), First Season



BY CLASS

Seniors (5)

Nino Metsar, Elena Karpeeva, Jessica Morrill, Kyla Power, Petra Radovic

Juniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Stephanie Stuhr, Brooke Vessey

Sophomores (6)

Shannon Bray, Tarin Corwin, Kelsy Diener, Aina Eill, Alexis McCoy, Shaida Solimani

Freshmen (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Rafaella Suarez, Sierra Warren, Katelyn Weddle, Meghan Zimmer

BY STATE/COUNTRY

Arizona (2)

Kelsy Diener, Katelyn Weddle

California (14)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Keri George, Allison Hall, Alexis McCoy, Jessica Morrill, Kyla Power, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Sierra Warren, Meghan Zimmer

Colorado (1)

Shelley Perkins

Iowa (1)

Stephanie Koch

Missouri (2)

Tarin Corwin, Shaida Solimani

Nevada (1)

Shannon Bray

Washington (3)

Maureen Cardwell, Emilee Jennings, Leona Jennings

Australia (1)

Melania Garibaldi

Canada (1)

Aina Eill

Croatia (1)

Petra Radovic

Estonia (1)

Nino Metsar

Russia (1)

Elena Karpeeva

LETTERWINNERS RETURNING (11)

Shannon Bray
 Melissa Church
 Kelsy Diener
 Allison Hall
 Elena Karpeeva
 Alexis McCoy
 Nino Metsar
 Jessica Morrill
 Kyla Power
 Shaida Solimani
 Brooke Vessey