

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Dash**

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Meet Record:	M	7.31	2014	Geronne Black, Unattached
Dempsey Rec:	R	7.15	2/25/2017	Todd, Cunliffe, Mays, Nelson,
Name	Year	School		Prelims
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Heat 1 Preliminaries				
1	1853	Waller, Hannah	San Diego St.	7.41q
2	1661	Flores, Madison	Fresno Pacific	7.80
3	2219	Hopwood, Maya	Western Oregon	7.87
4	1607	Navarro, Melissa	Cal Poly	8.18
5	1502	Backman, Kaitlyn	Alaska Anchorage	8.22
Heat 2 Preliminaries				
1	2023	Lucas, Katherine	Unattached	7.69q
2	1837	Dyer, Danae	San Diego St.	7.77
3	2003	Jones, Amor	UC Santa Barbara	7.93
4	1946	Jacobs, Jordan	Simon Fraser	8.25
5	1923	Singleton, Savanna	Seattle U.	8.47
Heat 3 Preliminaries				
1	2148	Hunter, Danielle	Washington	7.79
2	1662	Fuller, Iyanna	Fresno Pacific	7.89
3	1997	Conte, Maddie	UC Santa Barbara	7.96
4	1733	Buckley, Abby	Oregon State	8.19
5	1910	Dismukes, Reyna	Seattle U.	8.43
Heat 4 Preliminaries				
1	2248	Cheney, Caitlyn	Western Washington	7.85
2	1845	James, Charlyze	San Diego St.	7.87
3	1992	Barthel, Emma	UC Santa Barbara	7.91
4	1806	Vu, Madison	Saint Martin's	8.38
Heat 5 Preliminaries				
1	1831	Alexander, Alexis	San Diego St.	7.74q
2	1650	Williams, Juliette	Central Washington	7.81
3	1660	Anthony, Zara	Fresno Pacific	7.81
4	1865	LaChapelle, Tatum	San Francisco	8.12
5	2261	Polkinghorn, Hanna	Western Washington	8.24
6	1796	Briggs, Annika	Saint Martin's	8.83
Heat 6 Preliminaries				
1	1615	Snaer, Jadyn	Cal Poly	7.56q
2	1598	Daniele, Shelby	Cal Poly	7.63q
3	1744	Rinaldi, Treasure	Oregon State	7.97
4	2152	McHenry, Sophia	Washington	8.33
5	1894	Hicks, Maliyah	Seattle Pacific	8.61
Heat 7 Preliminaries				
1	1850	Moore, Jada	San Diego St.	7.54q
2	1854	Watt, Aisha	San Diego St.	7.69q
3	2227	Thompson, Maliyah	Western Oregon	7.79
4	1608	Nwagwu, Melody	Cal Poly	7.88
5	2225	Popchock, Ana	Western Oregon	8.04
6	2222	Lavato, Josie	Western Oregon	8.20
Heat 8 Preliminaries				
1	1647	Hollis, E'Lexis	Central Washington	7.60q
2	1995	Boyd, Jessica	UC Santa Barbara	7.85
3	1612	Rind, Anisa	Cal Poly	7.94
4	1864	How, Evelyn	San Francisco	8.11
5	1868	Priester-Veasley,	San Francisco	8.12
6	1925	Tibbo, Zoe	Seattle U.	8.43

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=====
Meet Record: M 7.31 2014          Geronne Black, Unattached
Dempsey Rec: R 7.15 2/25/2017    Todd, Cunliffe, Mays, Nelson,
Name                               Year School                    Finals
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Section 1 Finals

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1 1615 Snaer, Jadyn              Cal Poly                        7.50
2 1647 Hollis, E'Lexis          Central Washington              7.57
3 1854 Watt, Aisha              San Diego St.                   7.58
4 1831 Alexander, Alexus        San Diego St.                   7.73

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Section 2 Finals

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1 1853 Waller, Hannah           San Diego St.                   7.36
2 1850 Moore, Jada              San Diego St.                   7.42
3 2023 Lucas, Katherine         Unattached                       7.65
4 1598 Daniele, Shelby          Cal Poly                         7.68

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Women 200 Meter Dash

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Meet Record: M 23.57 2017        Ashley Henderson, San Diego S
Dempsey Rec: R 23.09 2/24/2017  Kendall Ellis, USC
Name                               Year School                    Finals
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Section 1

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1 1609 Oliver, Aspin            Cal Poly                        26.23
2 2152 McHenry, Sophia         Washington                       27.21
3 1644 Chandler, Lauryn        Central Washington              27.45
4 1649 Sewell, Sarah           Central Washington              27.68

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Section 2

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1 1890 Chang, Hannah           Seattle Pacific                  27.18
2 2222 Lavato, Josie           Western Oregon                   27.30
3 1911 Fetterley, Livii        Seattle U.                       27.47
4 1910 Dismukes, Reyna         Seattle U.                       27.57

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Section 3

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1 2257 Miller, Anna            Western Washington               26.14
2 2261 Polkinghorn, Hanna      Western Washington               26.45
3 1646 DeGroot, Ellie          Central Washington               26.84

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Section 4

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1 1742 Nelson, Kylee           Oregon State                     26.15
2 1505 De Arvizu Sarrias,      Alaska Anchorage                26.37
3 1993 Blankenship, Camry      UC Santa Barbara                26.88
4 1607 Navarro, Melissa        Cal Poly                         27.31

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Section 5

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1 2153 Newton, Rhonda          Washington                       25.77
2 1893 Green, Aniya            Seattle Pacific                  25.96
3 1595 Carro, Katelyn          Cal Poly                         26.29
4 1512 Vidad, Joei            Alaska Anchorage                 26.39
5 1502 Backman, Kaitlyn        Alaska Anchorage                 27.00

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Section 6

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1 1650 Williams, Juliette      Central Washington               25.78
2 2006 Monti, Abigail          UC Santa Barbara                 26.19
3 1733 Buckley, Abby           Oregon State                      26.50
4 1995 Boyd, Jessica           UC Santa Barbara                 26.56
5 1924 Smith, Julie            Seattle U.                       26.57

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Section 7

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1 1615 Snaer, Jadyn              Cal Poly                        25.48
2 2008 Pardo, Sophia           UC Santa Barbara                 25.76

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2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 200 Meter Dash**

3	1612 Rind, Anisa	Cal Poly	25.87
4	1645 DeChenne, McCall	Central Washington	26.15
5	1662 Fuller, Iyanna	Fresno Pacific	26.28

Section 8

1	1598 Daniele, Shelby	Cal Poly	24.93
2	1664 Vera, Ariana	Fresno Pacific	25.11
3	1660 Anthony, Zara	Fresno Pacific	25.92
4	1744 Rinaldi, Treasure	Oregon State	26.33

Section 9

1	1854 Watt, Aisha	San Diego St.	25.05
2	2148 Hunter, Danielle	Washington	25.17
3	1831 Alexander, Alexis	San Diego St.	26.03

Section 10

1	1850 Moore, Jada	San Diego St.	24.46
2	1661 Flores, Madison	Fresno Pacific	24.64
3	2023 Lucas, Katherine	Unattached	24.73
4	2024 Manibog, Danae	Unattached	25.43

Women 400 Meter Dash

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 Meet Record: M 52.24 1/27/2018 Raevyn Rogers, Nike

Dempsey Rec: R 51.60 2/29/2020 Bailey Lear, USC

Name	Year	School	Finals
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Section 1

1	1504 Cvancara, Sophia	Alaska Anchorage	1:00.64
2	2221 Lambing, Madeline	Western Oregon	1:01.98
3	1503 Bartolaba, Haley	Alaska Anchorage	1:02.23
4	2262 Porter, Isabella	Western Washington	1:02.41
5	1746 Van Der Zee, Sydne	Oregon State	1:03.99

Section 2

1	1505 De Arvizu Sarrias,	Alaska Anchorage	1:00.09
2	1889 Brown, Johanna	Seattle Pacific	1:00.25
3	2256 Mansfield, Brooke	Western Washington	1:00.96
4	1507 Flad, Leonie	Alaska Anchorage	1:03.46

Section 3

1	2151 McCumber-Gandara,	Washington	59.12
2	1993 Blankenship, Camry	UC Santa Barbara	1:00.08
3	1649 Sewell, Sarah	Central Washington	1:00.72
4	1795 Bell, Cree	Saint Martin's	1:01.14
5	1502 Backman, Kaitlyn	Alaska Anchorage	1:01.26

Section 4

1	1742 Nelson, Kylee	Oregon State	59.32
2	1744 Rinaldi, Treasure	Oregon State	59.38
3	2257 Miller, Anna	Western Washington	59.64
4	1891 Crane, Marissa	Seattle Pacific	1:00.59
5	1741 McKee, Ava	Oregon State	1:03.57

Section 5

1	1648 Hopper, Elise	Central Washington	58.57
2	1945 Bosma, Claire	Simon Fraser	59.06
3	1605 Hubert, Cassidy	Cal Poly	59.18
4	1944 Binder, Erika	Simon Fraser	59.61
5	1893 Green, Aniya	Seattle Pacific	1:00.59

Section 6

1	1663 Green, Brianna	Fresno Pacific	57.53
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2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 400 Meter Dash**

2	2006 Monti, Abigail	UC Santa Barbara	59.69
3	1512 Vidad, Joei	Alaska Anchorage	59.78
--	1956 Dumas, Aayzia	Southern Oregon	DNF
Section 7			
1	2158 Terrell, Anna	Washington	57.78
2	1917 Marks, Taylor	Seattle U.	59.26
3	1646 DeGroot, Ellie	Central Washington	59.58
4	1857 Alexandre, Olivia	San Francisco	59.63
--	2004 Lanz, Mariana	UC Santa Barbara	FS
Section 8			
1	1840 Foote, Shaquena	San Diego St.	53.78
2	1844 Hoyte, Rhea	San Diego St.	55.78
3	2024 Manibog, Danae	Unattached	56.71
4	1832 Bentley, Sydney	San Diego St.	56.74

Women 800 Meter Run

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 Meet Record: M 2:01.82 2/1/2020 Shelby Houlihan, Bowerman T

Dempsey Rec: R 2:01.14 2/27/2021 Hannah Green, OTC Elite

Name Year School Finals

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 Section 1

1	1978 Zrinyi, Ilona	U. of Victoria	2:17.71
2	1804 Saucedo, Alisha	Saint Martin's	2:18.68
3	2253 Kroontje, Emmy	Western Washington	2:20.56
4	1986 Arriaga, Emma	UC Davis	2:22.61
5	1513 Williamson, Avery	Alaska Anchorage	2:24.34
6	1898 Smith, Charisma	Seattle Pacific	2:25.61
--	2141 Eikeng, Ida	Washington	DNF

Section 2

1	1692 Graves, Anitha	Long Beach St.	2:11.97
2	2082 Davidson, Hannah	Utah State	2:13.09
3	1867 Pradere, Abigail	San Francisco	2:13.38
4	1509 Roe, Bailey	Alaska Anchorage	2:20.70
5	1990 Jalal, Oriana	UC Davis	2:21.40

Section 3

1	1888 Aniteye, Vanessa	Seattle Pacific	2:08.74
2	1582 Wagenaar, Megan	Bowerman Track C	2:12.07
3	1596 Cash, Riley	Cal Poly	2:13.19
4	1848 Lomeli, Alex	San Diego St.	2:13.84
5	2013 Brown, Alyssia	Unattached	2:14.17
6	1870 Vanadzina, Kamilla	San Francisco	2:16.08
7	1856 Zinkin, Tatum	San Diego St.	2:19.28

Section 4

1	1592 Van Dyke, Sara	Cal Coast Track	2:09.28
2	1918 McCabe, Maya	Seattle U.	2:10.65
3	1541 Melvin, Cheyenne	Arkansas State	2:11.80
4	2075 Rinn, Brianna	Utah	2:12.20
5	1721 Louw, Nicole	Oregon	2:12.21
6	1866 Morales, Julia	San Francisco	2:13.87
7	1531 Mickelson, Kara	Arizona	2:19.45

Section 5

1	1723 Moerck, Mia	Oregon	2:06.93
2	1530 Lyesina, Alisa	Arizona	2:07.16
3	1972 Connor, Anna	Tracksmith/Casca	2:07.62

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 800 Meter Run**

4	1755 Lewis, Ashley	Pdc	2:08.60
5	2071 Manson, Brooke	Utah	2:09.45
6	1724 Nelson, Ella	Oregon	2:09.80
7	1581 Ramsay, McKenna	Bowerman Track C	2:12.08
--	1857 Alexandre, Olivia	San Francisco	DNF

Section 6

1	2159 Thomas, Carley	Washington	2:03.64
2	2156 Preigh, Marlina	Washington	2:04.95
3	1754 Aneno, Susan	Pdc	2:05.15
4	1720 Kazimierska, Klaud	Oregon	2:05.43
5	2011 Andrews-Paul, Alis	Unattached	2:05.66
6	2144 Foerster, Chloe	Washington	2:06.12
--	2308 Cash, Alli	Asics	DNF

Women 1 Mile Run

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 Meet Record: M 4:23.68 2/1/2020 Shelby Houlihan, Bowerman T
 Dempsey Rec: R 4:23.68 2/1/2020 Shleby Houlihan, Bowerman T

Name	Year	School	Finals
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Section 1

1	1783 Miller, Tatum	Portland State	5:02.29
2	1562 Vladic, Tiahna	Boise State	5:09.86
3	1962 Hernandez, Sariah	Southern Utah	5:11.31
4	2220 Hutton, Holly	Western Oregon	5:12.78
5	1804 Saucedo, Alisha	Saint Martin's	5:14.81
6	1947 Prangley, Sarah	Simon Fraser	5:14.98
7	2258 Miller, Sidra	Western Washington	5:24.77
8	1851 Parrone, Madison	San Diego St.	5:25.79
9	1822 McCarter, Mallory	Salt Lake	5:26.99
10	2302 Noda, Kaylee	San Francisco	5:31.77
11	1514 Wood, Tressa	Alaska Anchorage	5:33.66
12	1510 Spaic, Sofija	Alaska Anchorage	5:47.32
--	1861 Caldwell, Kalii	San Francisco	DNF

Section 2

1	1763 Woodger, Tiahna	Portland	4:58.71
2	1977 Owens, Erin	U. of Victoria	4:59.13
3	2205 Murphy, Laurie	Weber State	5:00.65
4	1563 Wallenius, Elsa	Boise State	5:03.00
5	2226 Smith, Riley	Western Oregon	5:03.28
6	1532 Mitchell, Johnnie	Arizona	5:05.98
7	2093 Norris, Taylia	Utah State	5:06.07
8	1834 Cabello, Vanessa	San Diego St.	5:09.71
9	1734 Deleon, Delia	Oregon State	5:18.37
10	1508 Nyamasyo, Alfin	Alaska Anchorage	5:28.67

Section 3

1	1985 Arriaga, Chloe	UC Davis	4:53.73
2	1762 Prusse, Samantha	Portland	4:53.74
3	1760 Perez, Teresa	Portland	4:56.80
4	1761 Pettersson, Stina	Portland	4:59.09
5	1540 Martin, Elizabeth	Arkansas State	4:59.70
6	1557 Larson, Lauren	Boise State	5:00.70
7	1564 Wood, Samantha	Boise State	5:01.64
8	1896 Michael, Libby	Seattle Pacific	5:02.43
9	1916 Harris, Emily	Seattle U.	5:03.22

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 1 Mile Run**

10	2266	Wright, Sophie	Western Washington	5:04.66
11	1914	Groleau, Azalea	Seattle U.	5:05.30
12	2067	Fischer, Caroline	Utah	5:08.56
Section 4				
1	1691	Fick, Ryley	Long Beach St.	4:46.32
2	1757	Klatt, Courtney	Portland	4:48.19
3	1718	Berry, Melissa	Oregon	4:48.53
4	1597	Cornejo, Tatiana	Cal Poly	4:49.65
5	1862	Copeland, Grace	San Francisco	4:49.90
6	1973	Chan, Delaney	U. of Victoria	4:50.50
7	1756	Deswaef, Mathilde	Portland	4:54.14
8	1963	Tanne, Haley	Southern Utah	4:55.84
9	2081	Brinkerhoff, Baile	Utah State	4:56.51
10	1860	Bains, Baneet	San Francisco	5:02.76
11	2251	Crocker, Mia	Western Washington	5:06.01
--	1613	Rivas, Sydney	Cal Poly	DNF
Section 5				
1	2017	Dickson, Madey	Unattached	4:44.33
2	1721	Louw, Nicole	Oregon	4:44.68
3	1561	Robertson, Kaiya	Boise State	4:44.87
4	1724	Nelson, Ella	Oregon	4:45.38
5	1847	Kain, Jessica	San Diego St.	4:47.55
6	1780	Barbour, Alexandra	Portland State	4:47.97
7	1537	Broemmel, Rahel	Arkansas State	4:48.61
8	2188	Kimtai, Neema	Washington St.	4:49.96
9	1594	Buchholz, Carissa	Cal Poly	4:51.84
10	1785	Styblova, Bara	Portland State	4:52.56
11	1554	Griffin, Delaney	Boise State	4:54.65
12	1961	DeBos, Madisan	Southern Utah	4:56.16
Section 6				
1	1726	Thornton-Bott, Izz	Oregon	4:34.10
2	1759	Pellicoro, Laura	Portland	4:34.27
3	1717	Konieczek, Alicja	On Running	4:35.66
4	2308	Cash, Alli	Asics	4:36.69
5	1719	Elmore, Maddy	Oregon	4:38.46
6	2016	DeLay, Kayley	Unattached	4:39.93
7	2014	Butterworth, Alyci	Unattached	4:43.39
8	1659	Follett, Katie	Elevated Perform	4:44.78
--	1643	Maton, Ashley	Cascadia Elite	DNF

Women 3000 Meter Run

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Meet Record: M 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P
Dempsey Rec: R 8:34.45 1/27/2018 Sifan Hassan, Nike Oregon P
Name Year School Finals
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Section 1

1	1787	Zamrin, Jamie	Portland State	10:00.49
2	1557	Larson, Lauren	Boise State	10:01.70
3	1740	Martinez, Eimy	Oregon State	10:03.44
4	1991	Marriott, Julia	UC Davis	10:07.32
5	1735	Downing, Liv	Oregon State	10:10.20
6	1797	Carstens, Alauna	Saint Martin's	10:12.77
7	1962	Hernandez, Sariah	Southern Utah	10:13.17
8	1749	Paquet, Sarah	Pacific Lutheran	10:23.61

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

9	1743 Peterson, Gabby	Oregon State	10:33.76
10	2186 Boyle, Samantha	Washington St.	10:34.45
11	1802 Sabra, Sara	Saint Martin's	10:35.02
12	1738 Johnson, Olivia	Oregon State	10:36.03
13	1782 Marcil, Jalen	Portland State	10:40.41
14	1508 Nyamasyo, Alfin	Alaska Anchorage	10:44.38
15	1872 Webb, Ebony	San Francisco	10:46.38
16	1800 Hartley, Naomi	Saint Martin's	10:52.85
Section 2			
1	1996 Chaves, Sarah	UC Santa Barbara	9:46.38
2	1555 Kendrick, Abby	Boise State	9:46.71
3	1616 Victor, Rachel	Cal Poly	9:48.68
4	2202 Hagelin, Saga	Weber State	9:49.64
5	1988 Hicken, Emma	UC Davis	9:56.20
6	2070 Kockler, Chloe	Utah	9:57.43
7	2001 Johansson, Stina	UC Santa Barbara	9:59.06
8	1976 Mann, Caitlin	U. of Victoria	10:01.92
9	1552 Black, Sunitha	Boise State	10:03.26
10	1739 Lowe, Meagen	Oregon State	10:04.79
11	1786 Swain, Abi	Portland State	10:08.84
12	1736 Eckman, Eliza	Oregon State	10:39.97
Section 3			
1	1974 Erickson, Jennifer	U. of Victoria	9:30.59
2	1858 Anderson, Hannah	San Francisco	9:34.06
3	1963 Tanne, Haley	Southern Utah	9:34.78
4	1758 Nielsen, Mie	Portland	9:36.36
5	1553 Borba, Ines	Boise State	9:37.41
6	1544 Wade, Kayla	Arkansas State	9:37.60
7	1613 Rivas, Sydney	Cal Poly	9:41.67
8	2069 Jensen, Morgan	Utah	9:43.38
9	1975 Ginther, Georgia	U. of Victoria	9:43.91
10	1556 LaJocies, Ashley	Boise State	9:45.25
11	1745 Simmons, Zoe	Oregon State	9:53.79
12	2089 Lee, Sammi	Utah State	9:54.50
13	2066 Branch, Karli	Utah	9:54.52
14	2068 Hartnett, Kylie	Utah	10:02.62
15	2074 Reed, Maddie	Utah	10:02.65
16	1558 O'Connor, Hannah	Boise State	10:19.07
--	2084 French, Morgan	Utah State	DNF
--	2092 Miyazawa, Mimi	Utah State	DNF
Section 4			
1	2026 Nordenholz, Sophia	Unattached	9:24.69
2	2189 Stone Boggs, Alain	Washington St.	9:25.73
3	1713 Earl, Ava	Northwestern	9:27.44
4	1559 Ost, Autumn	Boise State	9:27.58
5	2157 Smith, Naomi	Washington	9:29.30
6	1561 Robertson, Kaiya	Boise State	9:33.25
7	2088 Jensen, Abby	Utah State	9:36.90
8	2029 Tinkham, Mikayla	Unattached	9:38.53
9	2206 Wall, Bailey	Weber State	9:39.26
10	1722 McClain, Harper	Oregon	9:40.28
11	2072 Peterson, Lauren	Utah	9:41.48
12	1714 Hightower, Anna	Northwestern	9:44.78
13	1543 Shufelburger, Jayb	Arkansas State	9:51.23
14	2187 Jerotich, Caroline	Washington St.	10:09.71

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 3000 Meter Run**

--	2094	Rivera, Micaela	Utah State	DNF
--	2017	Dickson, Madey	Unattached	DNF
Section 5				
1	2077	Venters, Emily	Utah	9:00.95
2	2154	O'Sullivan, Sophie	Washington	9:03.91
3	1869	Smee, Ruby	San Francisco	9:04.93
4	2073	Plourde, Simone	Utah	9:07.00
5	2203	Hatch, Billie	Weber State	9:13.10
6	1542	Meyer, Pauline	Arkansas State	9:13.96
7	2015	Current, Kate	Unattached	9:15.95
8	1715	McCardell, Rachel	Northwestern	9:17.64
9	2019	Ginther, Ally	Unattached	9:27.44
10	1725	Pivec, Malia	Oregon	9:27.67
11	2150	Markezich, Andrea	Washington	9:28.82
12	2030	Vringer, Erin	Unattached	9:31.34
13	1529	Hutton, Sailor	Arizona	9:37.42
--	2016	DeLay, Kayley	Unattached	DNF
--	1643	Maton, Ashley	Cascadia Elite	DNF

Women 5000 Meter Run

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Meet Record:	M	15:09.31	2016	Kim Conley, New Balance
Dempsey Rec:	R	15:01.70	2/14/2009	Jenny Barringer, Colorado
	Name		Year School	Finals
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Section 1

1	2092	Miyazawa, Mimi	Utah State	17:15.21
2	2090	McKinstry, Camilla	Utah State	17:25.08
3	2083	Ellis, Sarah	Utah State	17:26.35
4	2218	Heldt, Caitlin	Western Oregon	17:40.44
5	1920	O'Neil, Caitlyn	Seattle U.	18:01.31
6	2264	Shannon, Meaera	Western Washington	18:31.12
7	1823	Paras, Zaylie	Salt Lake	18:47.31
8	1897	Mulch, Matise	Seattle Pacific	18:49.43
9	1821	Jensen, Molly	Salt Lake	18:54.56
10	1824	Swain, Kennedy	Salt Lake	18:55.89
11	2217	Garcia, Luz	Western Oregon	18:56.10

Section 2

1	2094	Rivera, Micaela	Utah State	16:24.58
2	1718	Berry, Melissa	Oregon	16:33.27
3	1691	Fick, Ryley	Long Beach St.	16:35.85
4	2204	Lusk, Rylie	Weber State	16:36.63
5	1554	Griffin, Delaney	Boise State	16:38.98
6	2084	French, Morgan	Utah State	16:40.94
7	1610	Olla, Amanda	Cal Poly	16:42.63
8	1712	Bartolotto, Kalea	Northwestern	16:42.70
9	1961	DeBos, Madisan	Southern Utah	16:43.09
10	1527	Hanley, Brigid	Arizona	16:46.51
11	2096	Thornley, Emma	Utah State	16:52.17
12	2207	Winter, Bailey	Weber State	16:55.41
13	1539	Leathers, Sophie	Arkansas State	17:09.66
--	1559	Ost, Autumn	Boise State	DNF
--	1716	Verbeke, Olivia	Northwestern	DNF

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Women 60 Meter Hurdles**

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 Meet Record: M 8.06 1/27/2018 Bridgette Owens, Unattached
 Dempsey Rec: R 7.93 3/4/2006 Virginia Powell, USC

Name	Year School	Prelims
===== Heat 1 Preliminaries		
1 1845 James, Charlize	San Diego St.	8.68q
2 2007 Nwachukwu, Chika	UC Santa Barbara	9.13
3 2246 Avery, Nicole	Western Washington	9.35
4 1998 Damron, Paige	UC Santa Barbara	9.40
5 1957 Hodges, Jenna	Southern Oregon	10.16
Heat 2 Preliminaries		
1 2012 Bender, Hope	Unattached	8.46q
2 1997 Conte, Maddie	UC Santa Barbara	9.00
3 2010 Swalve, Jessica	UC Santa Barbara	9.06
4 2254 Lagerwey, Matty	Western Washington	9.19
5 1995 Boyd, Jessica	UC Santa Barbara	9.58
Heat 3 Preliminaries		
1 1609 Oliver, Aspin	Cal Poly	8.92q
2 2018 Gero Holt, Jaiceon	Unattached	9.02
3 1959 Stevens, Abi	Southern Oregon	9.38
4 2225 Popchock, Ana	Western Oregon	9.49
5 2247 Bates, Naomi	Western Washington	9.63
Heat 4 Preliminaries		
1 2025 Moore, Tawnie	Unattached	8.44q
2 2227 Thompson, Maliyah	Western Oregon	9.13
3 1646 DeGroot, Ellie	Central Washington	9.44
4 2216 Deters, Amity	Western Oregon	9.80
Heat 5 Preliminaries		
1 1837 Dyer, Danae	San Diego St.	8.47q
2 1839 Feyerabend, Jenna	San Diego St.	8.70q
3 1649 Sewell, Sarah	Central Washington	9.39
4 1505 De Arvizu Sarrias,	Alaska Anchorage	9.42
5 2262 Porter, Isabella	Western Washington	9.43
Heat 6 Preliminaries		
1 1644 Chandler, Lauryn	Central Washington	8.77q
2 1855 Wilson, Thaila	San Diego St.	9.15
3 1645 DeChenne, McCall	Central Washington	9.25
4 2256 Mansfield, Brooke	Western Washington	9.41
Heat 7 Preliminaries		
1 2141 Eikeng, Ida	Washington	8.45q
2 1838 Evans, Sameerah	San Diego St.	8.93
3 1890 Chang, Hannah	Seattle Pacific	9.28
4 1798 Cintron, Gabriela	Saint Martin's	9.52

Women 60 Meter Hurdles

=====
 Meet Record: M 8.06 1/27/2018 Bridgette Owens, Unattached
 Dempsey Rec: R 7.93 3/4/2006 Virginia Powell, USC

Name	Year School	Finals
===== Section 1 Finals		
1 1837 Dyer, Danae	San Diego St.	8.42
2 1839 Feyerabend, Jenna	San Diego St.	8.63
3 1609 Oliver, Aspin	Cal Poly	9.13
Section 2 Finals		

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women 60 Meter Hurdles**

1	2025 Moore, Tawnie	Unattached	8.34
2	2141 Eikeng, Ida	Washington	8.39
3	1845 James, Charlize	San Diego St.	8.48
4	1644 Chandler, Lauryn	Central Washington	9.01

Women 4x400 Meter Relay

=====			
Meet Record:	M 3:38.68	2011	Oregon
			Dencer, Purvis, Roesler, Okodogbe
Dempsey Rec:	R 3:29.92	2/29/2020	USC, USC
			Constantine, Roberts, Cockrell, Lear
School			Finals
=====			

Section 1

1	Central Washington 'A'	3:56.24
	1) 1650 Williams, Juliette	2) Harris, Donna Marie
	3) 1648 Hopper, Elise	4) 1646 DeGroot, Ellie
2	Seattle Pacific 'A'	3:57.63
	1) 1888 Aniteye, Vanessa	2) 1893 Green, Aniya
	3) 1891 Crane, Marissa	4) 1889 Brown, Johanna
3	Western Washington 'A'	4:01.87
	1) 2256 Mansfield, Brooke	2) 2257 Miller, Anna
	3) 2248 Cheney, Caitlyn	4) 2247 Bates, Naomi
4	Seattle U. 'A'	4:06.36
	1) 1917 Marks, Taylor	2) 1918 McCabe, Maya
	3) 1924 Smith, Julie	4) 1913 Gorman, Annalee

Section 2

1	Washington 'B'	3:52.00
	1) 2148 Hunter, Danielle	2) 2158 Terrell, Anna
	3) 2153 Newton, Rhonda	4) 2151 McCumber-Gandara, Ava
2	San Diego St. 'B'	3:52.12
	1) 1850 Moore, Jada	2) 1831 Alexander, Alexus
	3) 1848 Lomeli, Alex	4) 1840 Foote, Shaquena
3	Alaska Anchorage 'A'	4:00.96
	1) 1505 De Arvizu Sarrias, Blanca	2) 1504 Cvancara, Sophia
	3) 1502 Backman, Kaitlyn	4) 1512 Vidad, Joei

Section 3

1	San Diego St. 'A'	3:44.84
	1) 1844 Hoyte, Rhea	2) 1853 Waller, Hannah
	3) 1854 Watt, Aisha	4) 1845 James, Charlize
2	Washington 'A'	3:45.21
	1) 2159 Thomas, Carley	2) 2156 Preigh, Marlina
	3) 2144 Foerster, Chloe	4) 2154 O'Sullivan, Sophie
3	Fresno Pacific 'A'	3:49.37
	1) 1664 Vera, Ariana	2) 1661 Flores, Madison
	3) 1663 Green, Brianna	4) 1662 Fuller, Iyanna
4	Cal Poly 'A'	3:58.84
	1) 1609 Oliver, Aspin	2) 1595 Carro, Katelyn
	3) 1596 Cash, Riley	4) 1605 Hubert, Cassidy

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Women Distance Medley**

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=====
Meet Record: M 10:53.95  2/1/2020  BYU
                  Camp, Ellsworth, Ellsworth, Orton
Dempsey Rec:  R 10:53.95  2/1/2020  BYU, BYU
                  Camp, Ellsworth, Ellsworth, Orton
School                                     Finals
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Section 1

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1 Oregon 'A'                                     11:04.73
  1) 1720 Kazimierska, Klaudia                 2) 1723 Moerck, Mia
  3) 1726 Thornton-Bott, Izzy                 4) 1719 Elmore, Maddy
2 Arkansas State 'A'                             11:13.68
  1) 1537 Broemmel, Rahel                     2) 1538 Clavier, Namibia
  3) 1541 Melvin, Cheyenne                   4) 1542 Meyer, Pauline
3 San Francisco 'A'                             11:16.19
  1) 1867 Pradere, Abigail                   2) 1857 Alexandre, Olivia
  3) 1866 Morales, Julia                     4) 1869 Smee, Ruby
4 Portland State 'A'                             11:36.53
  1) 1783 Miller, Tatum                      2) 1781 Hare, Wendy
  3) 1785 Styblova, Bara                     4) 1780 Barbour, Alexandra
5 Western Washington 'A'                       11:47.47
  1) 2266 Wright, Sophie                     2) 2248 Cheney, Caitlyn
  3) 2251 Crocker, Mia                       4) 2252 Davis, Ila
6 Seattle U. 'A'                               11:55.21
  1) 1919 Much, Grace                        2) 1917 Marks, Taylor
  3) 1918 McCabe, Maya                       4) 1914 Groleau, Azalea
7 San Diego St. 'A'                            12:00.03
  1) 1847 Kain, Jessica                      2) 1832 Bentley, Sydney
  3) 1856 Zinkin, Tatum                     4) 1849 Meyer, Nicole
8 Utah State 'A'                              12:00.04
  1) 2081 Brinkerhoff, Bailey               2) 2082 Davidson, Hannah
  3) 2304 Taylor, Kari                       4) 2093 Norris, Taylia
9 Western Oregon 'A'                          12:38.70
  1) 2215 Chapman, Katie                    2) 2221 Lambing, Madeline
  3) 2220 Hutton, Holly                     4) 2226 Smith, Riley

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Women High Jump

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Meet Record: M 1.86m  1/29/2005  Sharon Day, Cal Poly
Dempsey Rec:  R 1.93m  2/25/2012  Brigetta Barrett, Arizona
Name                                     Year School                                     Finals
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Flight 1

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1 2018 Gero Holt, Jaiceon  Unattached  1.76m  5-09.25
  1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76 1.81
  ---  ---  ---  ---  ---  ---  O  ---  O  XXX
2 1839 Feyerabend, Jenna  San Diego St.  1.73m  5-08.00
  1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73 1.76
  ---  ---  ---  O  O  O  O  XO  XXX
3 2012 Bender, Hope      Unattached  1.70m  5-07.00
  1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.73
  ---  ---  ---  ---  XO  O  O  XXX
4 2022 Kawai, Julie     Unattached  1.65m  5-05.00
  1.40 1.45 1.50 1.55 1.60 1.65 1.70
  ---  ---  O  O  O  O  XXX

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2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women High Jump**

5	1959	Stevens, Abi	Southern Oregon	J1.65m	5-05.00
		1.40 1.45 1.50 1.55 1.60 1.65 1.70			
		--- --- --- XXO O XXO XXX			
6	1690	Stevenson, Christi	Ifk Vaxjo	1.60m	5-03.00
		1.40 1.45 1.50 1.55 1.60 1.65			
		--- O O O XXO XXX			
7	2216	Deters, Amity	Western Oregon	J1.60m	5-03.00
		1.40 1.45 1.50 1.55 1.60 1.65			
		--- --- O XXO XXO XXX			
8	2000	Hawkes, Shay	UC Santa Barbara	1.55m	5-01.00
		1.40 1.45 1.50 1.55 1.60			
		--- --- O O XXX			
9	2010	Swalve, Jessica	UC Santa Barbara	J1.55m	5-01.00
		1.40 1.45 1.50 1.55 1.60			
		--- --- O XO XXX			
10	1842	Grant-Williams, Ru	San Diego St.	1.50m	4-11.00
		1.40 1.45 1.50 1.55			
		--- --- XO XXX			
--	1911	Fetterley, Livii	Seattle U.	NH	
		1.40			
		XXX			

Women Pole Vault

=====					
Meet Record: M 4.55m		2017	Megan Clark, Oiselle		
Dempsey Rec: R 4.67m		1/29/2021	Olivia Gruver, Unattached		
Name	Year	School	Finals		
=====					
1	2147	Helms, Ashleigh	Washington	4.11m	13-05.75
		3.16 3.31 3.46 3.61 3.76 3.91 4.01 4.11 4.21			
		--- --- --- O O O XXO XO XXX			
2	2155	Pilukas, Holland	Washington	4.01m	13-01.75
		3.16 3.31 3.46 3.61 3.76 3.91 4.01 4.11			
		--- --- --- O O XXO XO XXX			
3	1700	Jones, Jackie	Northwest Pole V	3.76m	12-04.00
		3.16 3.31 3.46 3.61 3.76 3.91			
		--- O O O XO XXX			
4	1747	Luksich, Lily	Pacific Lutheran	3.46m	11-04.25
		3.16 3.31 3.46 3.61			
		--- O XO XXX			
5	1899	Tassara, Kayla	Seattle Pacific	J3.46m	11-04.25
		3.16 3.31 3.46 3.61			
		--- O XXO XXX			
6	1892	Daugherty, Lizzy	Seattle Pacific	3.31m	10-10.25
		3.16 3.31 3.46			
		O O XXX			
7	1958	Ortiz, India	Southern Oregon	3.16m	10-04.25
		3.16 3.31			
		O XXX			
7	1805	Skaggs, Claire	Saint Martin's	3.16m	10-04.25
		3.16 3.31			
		O XXX			
9	1748	Nguyen, Kristine	Pacific Lutheran	J3.16m	10-04.25
		3.16 3.31			
		XO XXX			

2023 UW Invitational - 1/27/2023 to 1/28/2023

Dempsey Indoor, Seattle WA

Results

....Women Pole Vault

--	2249	Coble, Kaylee	Western Washington	NH		
		3.16				
		XXX				
--	1895	Hill, Charlie	Seattle Pacific	NH		
		3.16				
		XXX				
--	1737	Fowler, Mia	Oregon State	NH		
		3.16				
		XXX				
Flight 2						
1	1703	Moll, Hana	Northwest Pole V		4.54m	14-10.75
		3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44 4.54 4.62				
		--- --- --- --- XO O O XXO XO XXX				
2	1702	Moll, Amanda	Northwest Pole V		4.44m	14-06.75
		3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44 4.54				
		--- --- --- --- XO XXO O XO XXX				
3	2137	Borton, Sarah	Washington		4.34m	14-02.75
		3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44				
		--- --- XO O O XO XXO XXX				
3	2138	Campbell, Nastassj	Washington		4.34m	14-02.75
		3.50 3.65 3.80 3.95 4.10 4.24 4.34 4.44				
		--- --- --- O XO O XO XXX				
5	1658	Hyink, Rachel	Edmonton Interna		4.24m	13-11.00
		3.50 3.65 3.80 3.95 4.10 4.24 4.34				
		--- --- --- O XO XXO XXX				
5	1701	McRitchie, Ella	Northwest Pole V		4.24m	13-11.00
		3.50 3.65 3.80 3.95 4.10 4.24 4.34				
		--- --- O XXO XXO XO XXX				
7	2143	Ferguson, Sarah	Washington		4.10m	13-05.25
		3.50 3.65 3.80 3.95 4.10 4.24				
		--- O O O XXO XXX				
7	2161	Wilson, Avril	Washington		4.10m	13-05.25
		3.50 3.65 3.80 3.95 4.10 4.24				
		--- XO XO O XO XXX				
9	1600	Evans, Lexi	Cal Poly		3.95m	12-11.50
		3.50 3.65 3.80 3.95 4.10				
		--- --- O O XXX				
10	1602	Hatzenbeler, Annie	Cal Poly		3.80m	12-05.50
		3.50 3.65 3.80 3.95				
		--- O O XXX				
10	1835	Callahan, Ashley	San Diego St.		3.80m	12-05.50
		3.50 3.65 3.80 3.95				
		--- --- O XXX				
12	1841	Friedenbach, Corey	San Diego St.		3.65m	11-11.75
		3.50 3.65 3.80				
		O XXO XXX				

Women Long Jump

=====						
Meet Record:	M	6.36m	2008	Arantxa King,	Stanford	
Dempsey Rec:	R	6.55m	2/19/2013	Grace Upshaw,	Brittney Reese,	Nike
Name			Year School			Finals
=====						

Flight 1

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women Long Jump**

1	2141 Eikeng, Ida	Washington	5.98m	19-07.50
	5.73m 5.74m 5.79m 5.61m 5.72m 5.98m			
2	2002 Johnson, Kennedy	UC Santa Barbara	5.39m	17-08.25
	5.30m 5.08m 5.39m 4.94m 5.36m FOUL			
3	2018 Gero Holt, Jaiceon	Unattached	5.36m	17-07.00
	5.36m 5.27m 5.25m			
4	1890 Chang, Hannah	Seattle Pacific	5.12m	16-09.75
	5.12m 5.02m 4.70m			
4	2003 Jones, Amor	UC Santa Barbara	5.12m	16-09.75
	4.95m 5.12m FOUL			
6	2140 Duckett, Camille	Washington	5.11m	16-09.25
	5.11m FOUL 4.96m			
7	1807 Zilla, Margaret	Saint Martin's	4.94m	16-02.50
	4.79m FOUL 4.94m			
8	1925 Tibbo, Zoe	Seattle U.	4.91m	16-01.50
	4.71m FOUL 4.91m			
9	2136 Bir, Rachel	Washington	4.88m	16-00.25
	FOUL FOUL 4.88m			
10	2261 Polkinghorn, Hanna	Western Washington	4.83m	15-10.25
	4.83m 4.70m 4.73m			
11	1994 Boston, Jiana	UC Santa Barbara	4.29m	14-01.00
	FOUL 4.29m			
Flight 2				
1	1853 Waller, Hannah	San Diego St.	5.90m	19-04.25
	FOUL 5.72m 5.56m 5.90m			
2	1608 Nwagwu, Melody	Cal Poly	5.88m	19-03.50
	5.67m 5.61m 5.62m 5.44m FOUL 5.88m			
3	2145 Heggen, Lauren	Washington	5.67m	18-07.25
	FOUL 5.67m FOUL 5.52m FOUL FOUL			
4	1839 Feyerabend, Jenna	San Diego St.	5.65m	18-06.50
	5.53m 5.46m 5.48m 5.49m FOUL 5.65m			
5	2022 Kawai, Julie	Unattached	5.56m	18-03.00
	FOUL FOUL 5.56m 5.45m 5.38m			
6	2254 Lagerwey, Matty	Western Washington	5.54m	18-02.25
	5.54m FOUL 5.49m FOUL 5.49m FOUL			
7	1992 Barthel, Emma	UC Santa Barbara	5.40m	17-08.75
	5.40m FOUL 5.29m 5.17m 5.30m FOUL			
8	1838 Evans, Sameerah	San Diego St.	5.37m	17-07.50
	5.37m 5.02m FOUL			
9	1855 Wilson, Thaila	San Diego St.	5.21m	17-01.25
	FOUL FOUL 5.21m			
10	2224 Nwokoma, Ujunwa	Western Oregon	5.19m	17-00.50
	FOUL FOUL 5.19m			
11	1959 Stevens, Abi	Southern Oregon	5.01m	16-05.25
	4.96m 4.49m 5.01m			
12	2021 Ivery, La Kadron	Unattached	4.86m	15-11.50
	FOUL FOUL 4.86m			
13	1957 Hodges, Jenna	Southern Oregon	4.77m	15-07.75
	4.67m 4.70m 4.77m			
--	1846 Johnson, Simone	San Diego St.	FOUL	
	FOUL FOUL FOUL			

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Women Triple Jump**

Meet Record: M 13.71m 2008 Erica McLain, Stanford
 Dempsey Rec: R 13.91m 2/27/2016 Andrea Geubelle, Unattached

Name	Year	School	Finals
Flight 1			
1 1846 Johnson, Simone		San Diego St.	13.33m 43-09.00
		FOUL 12.54m 12.88m 12.89m FOUL 13.33m	
2 2145 Heggen, Lauren		Washington	12.15m 39-10.50
		12.00m 12.15m 12.08m FOUL 11.93m FOUL	
3 1838 Evans, Sameerah		San Diego St.	11.93m 39-01.75
		11.74m 11.64m 11.62m 11.56m 11.70m 11.93m	
4 2002 Johnson, Kennedy		UC Santa Barbara	11.86m 38-11.00
		11.83m 11.71m 11.86m 11.75m FOUL 11.73m	
5 2136 Bir, Rachel		Washington	11.42m 37-05.75
		11.27m 11.42m 11.15m 11.14m 11.29m 11.01m	
6 1921 Rogers, Bryana		Seattle U.	11.38m 37-04.00
		11.38m 11.14m 11.16m 11.36m 11.15m FOUL	
7 1948 Primrose, Kennedy		Simon Fraser	11.08m 36-04.25
		10.98m 11.03m FOUL 10.93m FOUL 11.08m	
8 1994 Boston, Jiana		UC Santa Barbara	10.96m 35-11.50
		FOUL 10.84m 10.66m 10.96m 10.71m	
9 2225 Popchock, Ana		Western Oregon	10.82m 35-06.00
		10.82m 10.81m 10.81m FOUL	
-- 2254 Lagerwey, Matty		Western Washington	FOUL
		FOUL FOUL FOUL	
-- 1922 Sadler, Shannon		Seattle U.	FOUL
		FOUL FOUL FOUL	
-- 1807 Zilla, Margaret		Saint Martin's	FOUL
		FOUL FOUL FOUL	

Women Shot Put

Meet Record: M 18.51m 2/1/2014 Tia Brooks, Nike
 Dempsey Rec: R 18.98m 2/24/2018 Maggie Ewen, Arizona State

Name	Year	School	Finals
1 2010 Swalve, Jessica		UC Santa Barbara	12.85m 42-02.00
		12.53m 12.34m 12.85m 12.16m 12.28m 12.51m	
2 1614 Rogers, Natalie		Cal Poly	12.30m 40-04.25
		11.55m 11.25m 12.30m	
3 1855 Wilson, Thaila		San Diego St.	12.00m 39-04.50
		12.00m 11.97m 11.61m	
4 1606 Lopez-Fuller, Amay		Cal Poly	11.96m 39-03.00
		11.96m FOUL 11.81m	
5 2260 Parks, Mara		Western Washington	11.75m 38-06.75
		11.75m 10.21m 11.71m	
6 1803 Saribay, Jocelyn		Saint Martin's	11.60m 38-00.75
		11.60m 11.58m 11.23m	
7 2009 Spear, Amanda		UC Santa Barbara	11.19m 36-08.50
		10.19m 10.58m 11.19m	
8 1911 Fetterley, Livii		Seattle U.	10.80m 35-05.25
		10.33m 10.80m 9.67m	
9 2007 Nwachukwu, Chika		UC Santa Barbara	9.98m 32-09.00
		9.53m 9.98m 9.45m	

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women Shot Put**

10	1842 Grant-Williams, Ru	San Diego St.	9.80m	32-02.00
	9.19m FOUL 9.80m			
11	1912 Garcia, Jocelyn	Seattle U.	8.73m	28-07.75
	8.50m FOUL 8.73m			
Flight 2				
1	2149 Kelby, Makayla	Washington	16.35m	53-07.75
	16.28m FOUL FOUL 16.35m FOUL FOUL			
2	2160 Tupu-South, Kaia	Washington	16.14m	52-11.50
	15.65m FOUL 15.83m FOUL 16.14m 15.98m			
3	1836 Crenshaw, Felicia	San Diego St.	14.59m	47-10.50
	13.63m FOUL 13.94m 13.73m 14.59m FOUL			
4	2085 Gabri, Dolly	Utah State	13.67m	44-10.25
	13.33m 13.59m FOUL FOUL 13.67m FOUL			
5	2086 Garren, Milly	Utah State	13.60m	44-07.50
	12.96m 12.94m 13.60m 13.49m 13.33m 13.25m			
6	2141 Eikeng, Ida	Washington	13.49m	44-03.25
	12.61m 12.68m 12.58m 12.71m 12.65m 13.49m			
7	2263 Potts, Katie	Western Washington	12.83m	42-01.25
	12.39m 12.45m 12.78m 12.83m FOUL 12.60m			
8	2012 Bender, Hope	Unattached	12.80m	42-00.00
	12.80m 12.09m FOUL 12.18m FOUL FOUL			
9	2018 Gero Holt, Jaiceon	Unattached	12.12m	39-09.25
	11.76m 11.64m 12.12m			
10	1843 Grotegeer, Erica	San Diego St.	12.07m	39-07.25
	12.07m 11.89m 11.90m			
11	1611 Rigby, Isabella	Cal Poly	11.93m	39-01.75
	11.78m FOUL 11.93m			
12	1839 Feyerabend, Jenna	San Diego St.	11.63m	38-02.00
	11.43m 11.63m 11.38m			

Women Weight Throw

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Meet Record: M 21.68m 2009 Loree Smith, NYAC

Dempsey Rec: R 22.73m 2/25/2022 Camryn Rogers, California

Name	Year	School	Finals
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Flight 1

1	2135 Asomaning, Beatric	Washington	19.30m	63-04.00
	FOUL 19.29m 18.81m 19.21m 19.30m FOUL			
2	2080 Bailey, Tori	Utah State	17.94m	58-10.25
	17.38m FOUL FOUL 17.30m 17.49m 17.94m			
3	2265 Westfall, Raine	Western Washington	16.21m	53-02.25
	16.10m FOUL 15.57m FOUL 16.21m FOUL			
4	2139 Colson, Yvonne	Washington	16.12m	52-10.75
	16.07m FOUL 16.12m FOUL FOUL 15.22m			
5	2009 Spear, Amanda	UC Santa Barbara	15.59m	51-01.75
	15.59m FOUL FOUL FOUL FOUL FOUL			
6	1833 Brosch, Zoe	San Diego St.	15.30m	50-02.50
	14.92m 14.92m FOUL 15.30m 14.09m 14.87m			
7	2263 Potts, Katie	Western Washington	15.18m	49-09.75
	14.13m FOUL 15.18m 14.76m 15.16m 15.16m			
8	1803 Saribay, Jocelyn	Saint Martin's	15.00m	49-02.50
	15.00m 14.70m FOUL FOUL FOUL 14.18m			
9	2086 Garren, Milly	Utah State	14.46m	47-05.25
	14.13m 13.81m 14.46m FOUL FOUL 13.74m			

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Women Weight Throw**

10	2091 McNutt, Alyssa	Utah State	13.88m	45-06.50
	13.57m FOUL 13.88m			
11	2005 Mbamo, Savannah	UC Santa Barbara	13.65m	44-09.50
	FOUL 11.97m 13.65m			
12	1601 Grexton, Anna	Cal Poly	13.46m	44-02.00
	13.44m FOUL 13.46m			
13	1799 Flowers, Quinci	Saint Martin's	10.41m	34-02.00
	9.19m 10.41m FOUL			
14	1801 Neilson, Sarah	Saint Martin's	9.14m	30-00.00
	9.14m FOUL 8.46m			
--	1836 Crenshaw, Felicia	San Diego St.	FOUL	
	FOUL FOUL FOUL			

Men 60 Meter Dash

=====
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed A
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike

Name	Year	School	Prelims	
=====				
Heat 1 Preliminaries				
1	2031 Adekanbi, Dimeji	Unattached	6.83q	6.825
2	2287 Mickenham, Nolan	Western Washington	7.01	
3	1935 Holden, Kavon	Seattle U.	7.06	
4	2276 Johnson, Ethan	Western Washington	7.21	
5	1809 Boyd, Andrew	Saint Martin's	7.62	
Heat 2 Preliminaries				
1	1590 Davis, Isaiah	Bushnell	6.94q	
2	2274 Greenwalt, Ryan	Western Washington	7.09	
3	2180 Schlueter, Jami	Washington	7.20	
4	1750 Lemma, Grady	Pacific Lutheran	7.23	
5	1669 Fox, Garrett	Fresno Pacific	7.25	
Heat 3 Preliminaries				
1	1696 Fornasari-Banguera	Multnomah	6.75q	
2	2306 Sanchez, Keola	Pacific Lutheran	6.94q	
3	1907 Njeri, David	Seattle Pacific	7.12	
4	2231 Driesner, Alex	Western Oregon	7.15	
Heat 4 Preliminaries				
1	1695 Dixon, Daniel	Multnomah	7.01	
2	1515 Angarita, Kevin	Alaska Anchorage	7.19	
3	2182 Thorner, Oliver	Washington	7.31	
4	1909 Thomas, Nate	Seattle Pacific	7.42	
Heat 5 Preliminaries				
1	1941 Rosario, Miquel	Seattle U.	6.92q	
2	1667 Davis, Isaac	Fresno Pacific	6.95	
3	1940 Payne, Noah	Seattle U.	7.06	
4	1904 Gordon, Jeff	Seattle Pacific	7.16	
5	2229 Baze, Dustin	Western Oregon	7.28	
6	1816 Nguyen, Hewson	Saint Martin's	7.29	
Heat 6 Preliminaries				
1	1697 Sol, Donte	Multnomah	6.83q	6.829
2	2297 Woodard, Tyrone	Western Washington	7.05	
3	2233 Hendrix, Amari	Western Oregon	7.27	
4	2277 Johnson, Jaden	Western Washington	7.29	
5	1520 Hunter, Timothy	Alaska Anchorage	7.45	
6	1818 Schulz, Andrew	Saint Martin's	7.51	

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Dash**

Heat 7 Preliminaries

1	1942 Topinka, Tom	Seattle U.	7.16
2	1589 Carter, Jaron	Bushnell	7.25
3	2271 Fischer, Derek	Western Washington	7.37

Heat 8 Preliminaries

1	2034 Brown, Deven	Unattached	6.87q
2	1623 Esteves, Tyler	Cal Poly	6.92q
3	2295 Vongphet, Anouthai	Western Washington	7.25
4	2281 Kibler, Trent	Western Washington	7.26
5	1517 Belanger, Jacob	Alaska Anchorage	7.32

Men 60 Meter Dash

=====
 Meet Record: M 6.53 1/31/2015 Joe Morris, Unlimited Speed A
 Dempsey Rec: R 6.50 2/14/2015 Ryan Bailey, Nike

Name	Year	School	Finals
=====			
Section 1 Finals			
1	1697 Sol, Donte	Multnomah	6.73
2	2034 Brown, Deven	Unattached	6.83
3	1623 Esteves, Tyler	Cal Poly	6.89
4	2306 Sanchez, Keola	Pacific Lutheran	7.00
Section 2 Finals			
1	1696 Fornasari-Banguera	Multnomah	6.71
2	2031 Adekanbi, Dimeji	Unattached	6.72
3	1941 Rosario, Miquel	Seattle U.	6.85
4	1590 Davis, Isaiah	Bushnell	6.88

Men 200 Meter Dash

=====
 Meet Record: M 21.12 2011 Rubin Williams, Heritage TC
 Dempsey Rec: R 20.65 2/25/2022 Kasaun James, USC

Name	Year	School	Finals
=====			
Section 1			
1	1926 Alleyne, Joseph	Seattle U.	22.94
2	2271 Fischer, Derek	Western Washington	23.24
Section 2			
1	2287 Mickenham, Nolan	Western Washington	22.38
2	2276 Johnson, Ethan	Western Washington	22.90
3	1517 Belanger, Jacob	Alaska Anchorage	23.31
4	1927 Blunden, Justin	Seattle U.	23.34
5	1935 Holden, Kavon	Seattle U.	23.48
Section 3			
1	1632 Souto, Joey	Cal Poly	22.40
2	1908 Shepherd, Julius	Seattle Pacific	22.84
3	1940 Payne, Noah	Seattle U.	23.29
4	1520 Hunter, Timothy	Alaska Anchorage	23.37
Section 4			
1	1636 Walter, Chase	Cal Poly	22.50
2	1515 Angarita, Kevin	Alaska Anchorage	22.78
3	2274 Greenwalt, Ryan	Western Washington	22.85
4	1902 Carpenter, Evan	Seattle Pacific	23.42
Section 5			
1	1696 Fornasari-Banguera	Multnomah	21.95

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 200 Meter Dash**

2	1590 Davis, Isaiah	Bushnell	22.28
3	1629 Salzman, Wesley	Cal Poly	22.45
4	1589 Carter, Jaron	Bushnell	23.24
5	2268 Brenek, Lucas	Western Washington	23.74

Section 6

1	1941 Rosario, Miquel	Seattle U.	22.03
2	1623 Esteves, Tyler	Cal Poly	22.13
3	1621 Davis, Chris	Cal Poly	22.31
4	1904 Gordon, Jeff	Seattle Pacific	23.08

Section 7

1	2209 Frobe, William	Weber State	21.70
2	2059 Thomas, Bryce	Unattached	22.38
3	1669 Fox, Garrett	Fresno Pacific	22.38

Men 400 Meter Dash

=====
 Meet Record: M 46.43 2007 Alex Harcourt, Washington

Dempsey Rec: R 45.94 2/24/2018 Rai Benjamin, USC

Name Year School Finals

Section 1

1	1928 Christopherson, Ca	Seattle U.	51.87
2	1819 Wani, Rudu	Saint Martin's	53.61
3	1808 Baltz, Steven	Saint Martin's	54.05
4	1815 Le, Christian	Saint Martin's	55.24
5	1517 Belanger, Jacob	Alaska Anchorage	55.73

Section 2

1	1776 Ombougno, Moe	Portland	50.50
2	1908 Shepherd, Julius	Seattle Pacific	51.26
3	1926 Alleyne, Joseph	Seattle U.	51.59
4	2290 Pinto, Denzel	Western Washington	51.98

Section 3

1	2283 Le, Brian	Western Washington	49.53
2	1952 Lenton, Jorrin	Simon Fraser	50.84
3	1905 Holmes, Darius	Seattle Pacific	52.41
4	1520 Hunter, Timothy	Alaska Anchorage	52.45
5	1927 Blunden, Justin	Seattle U.	52.58

Section 4

1	1515 Angarita, Kevin	Alaska Anchorage	49.47
2	2245 Yasin, Joel	Western Oregon	50.40
3	1813 Franco, Zachary	Saint Martin's	51.18
4	1902 Carpenter, Evan	Seattle Pacific	54.09

Section 5

1	2166 Baricevic, Sam	Washington	49.53
2	1960 O'Connor, Cade	Southern Oregon	49.87
3	2268 Brenek, Lucas	Western Washington	53.37

Section 6

1	2059 Thomas, Bryce	Unattached	49.00
2	1698 Soto, Roderick	Multnomah	49.76
3	1651 Albertin, Austin	Central Washington	49.91

Section 7

1	2167 Birchman, Jonathan	Washington	47.76
2	2185 Wilkinson, Matthew	Washington	48.04

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Men 800 Meter Run**

=====

Meet Record: M 1:46.97 2016 Shaquille Walker, BYU

Dempsey Rec: R 1:46.36 2/13/2010 Andrew Wheating, Oregon

Name Year School Finals

=====

Section 1

1	1775 Nordheim, Sully	Portland	1:55.47	
2	1877 Dupree, Dion	Santa Clara	1:56.31	
3	2238 Rambo, Tim	Western Oregon	1:56.54	
4	1883 Russell, Nicholas	Santa Clara	1:56.64	
5	1876 Dupree, DeVon	Santa Clara	1:56.78	
6	2190 Barran, Alec	Washington St.	1:57.40	
7	1830 Romero, Alejandro	Salt Lake	1:57.71	
8	1579 Thompson, Alex	Boise State	1:58.90	
9	2192 Easton, Jacob	Washington St.	1:59.19	
--	1900 Archer, Isaiah	Seattle Pacific	DQ	obstruction

Section 2

1	2267 Bloom, Jonah	Western Washington	1:54.11	
2	2289 Palmen, Connor	Western Washington	1:54.32	
3	1653 Correa, Johan	Central Washington	1:54.94	
4	1887 Twyman, Ian	Santa Clara	1:55.28	
5	1768 Fitzgerald, Aiden	Portland	1:55.32	
6	1951 Bogale, Kirubel	Simon Fraser	1:55.85	
7	1569 Florez, Ethan	Boise State	1:55.86	
8	2043 Hellmann, Jeffrey	Unattached	1:56.31	
9	2196 Kleyer, Pascal	Washington St.	1:56.57	

Section 3

1	1534 Russo, Cade	Arizona	1:54.94	
2	1631 Smith, Carson	Cal Poly	1:55.21	
3	2275 Henry, Will	Western Washington	1:58.62	

Section 4

1	1777 Roberts, Yutaka	Portland	1:51.96	
2	1546 Funck, Lasse	Arkansas State	1:52.48	
3	2105 Kauffman, Chris	Utah State	1:53.44	
4	1770 Hathaway, Konnor	Portland	1:54.02	
5	1878 Fischer, Spencer	Santa Clara	1:54.27	
6	1536 Sanchez Lopez, Ike	Arizona	1:55.10	
7	1970 Riggs, Payton	Southern Utah	1:57.38	

Section 5

1	1545 Fahl, Hannes	Arkansas State	1:50.12	
2	2296 Weber, Drew	Western Washington	1:50.36	
3	1568 Fitzgerald, Angus	Boise State	1:52.75	
4	1732 Reynolds, Benjamin	Oregon	1:53.12	

Section 6

1	1727 Cook, Elliott	Oregon	1:46.93M	
2	2169 Elliott, Cass	Washington	1:47.22	
3	2163 Ahl, Aaron	Washington	1:50.08	
4	1728 Erickson, Matthew	Oregon	1:50.71	
--	2038 Ellis, Sam	Unattached	DNF	

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Men 1 Mile Run**

=====
 Meet Record: M 3:53.25 1/29/2022 Jake Heyward, Nike
 Dempsey Rec: R 3:52.61 1/12/2019 Yomif Kejelcha, Nike Oregon

Name	Year School	Finals
===== Section 1		
1 1967 Harward, Hayden	Southern Utah	4:10.11
2 2235 Klus, Emmett	Western Oregon	4:15.26
3 2192 Easton, Jacob	Washington St.	4:15.57
4 2196 Kleyer, Pascal	Washington St.	4:16.60
5 1518 Elliott, Ty	Alaska Anchorage	4:16.95
6 2194 Gonzalez, Evan	Washington St.	4:17.40
7 2282 Korta, Kaleb	Western Washington	4:19.21
8 1954 Schoening, Benjami	Simon Fraser	4:20.06
9 1931 Gill, Rajesh	Seattle U.	4:20.95
10 1938 Mason, Lance	Seattle U.	4:23.57
11 1525 Tveit, Ries	Alaska Anchorage	4:25.54
12 1949 Ahl, Braden	Simon Fraser	4:26.28
13 1943 Wagnild, Parker	Seattle U.	4:26.95
Section 2		
1 1570 Giffin, Brogan	Boise State	4:07.76
2 2275 Henry, Will	Western Washington	4:10.17
3 2210 Gailson, Hanokh	Weber State	4:10.24
4 1752 Stracke, Ryan	Pacific Lutheran	4:11.70
5 1580 Wigod, Trent	Boise State	4:14.32
6 2239 Sanchez, Keeton	Western Oregon	4:15.86
7 1547 Mayberry, Dawson	Arkansas State	4:16.00
8 2298 Kary, Gabe	Unattached	4:18.64
9 1932 Goodwin, Hezekiah	Seattle U.	4:22.43
10 1672 Olsen, Bo	Fresno Pacific	4:23.89
Section 3		
1 2234 Hutton, Hunter	Western Oregon	4:05.31
2 2214 Winter, Bronson	Weber State	4:06.84
3 1970 Riggs, Payton	Southern Utah	4:07.91
4 2199 Ortega-Gammill, Ky	Washington St.	4:08.65
5 2213 Visser, Peter	Weber State	4:09.84
6 1934 Harquail, Gus	Seattle U.	4:13.17
7 1571 Hudson, Joe	Boise State	4:13.65
8 1965 Feeny, Travis	Southern Utah	4:17.89
9 1577 Roberts, Aidan	Boise State	4:21.28
Section 4		
1 2056 Sloan, Nathan	Unattached	4:02.56
2 2062 Vincent, Sam	Unattached	4:05.73
3 1587 Palmer, Matt	Bowerman Track C	4:06.04
4 2065 Waters, Seth	Unattached	4:06.46
5 2046 Lautenslager, Jeff	Unattached	4:06.58
6 2101 Evans, Wyatt	Utah State	4:06.62
7 1533 Quigley, Cooper	Arizona	4:07.58
8 1880 Miley, Alex	Santa Clara	4:10.19
9 2193 Emerson, Aiden	Washington St.	4:12.30
10 2052 Mytopher, Brayden	Unattached	4:12.72
-- 2305 Hogan, Drew	Utah State	DNF
Section 5		
1 1627 McCarthy, Aidan	Cal Poly	4:00.16
2 1536 Sanchez Lopez, Ike	Arizona	4:00.87
3 2300 Smith, Brody	Unattached	4:01.33

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 1 Mile Run**

4	2099 Benson, Brennan	Utah State	4:01.63
5	1679 Guermali, Yacine	Gonzaga	4:02.04
6	2061 Trippas, Ed	Unattached	4:02.85
7	2109 Pancake, Devin	Utah State	4:03.67
8	1774 Mong, Henry	Portland	4:04.07
9	2045 Laird, Will	Unattached	4:06.17
--	2041 Grosvenor, Grant	Unattached	DNF

Section 6

1	2183 Waskom, Joe	Washington	3:51.90R
2	2171 Fay, Brian	Washington	3:52.03R
3	2174 Green, Nathan	Washington	3:52.76M
4	2178 Lumb, Kieran	Washington	3:53.83
5	2038 Ellis, Sam	Unattached	3:53.84
6	2175 Houser, Luke	Washington	3:55.98
7	2163 Ahl, Aaron	Washington	3:57.94
8	2179 Ryan, Aidan	Washington	3:59.55
--	1551 Gregorek, Johnny	Asics	DNF
--	1501 Prakes, Sam	Adidas	DNF

Men 3000 Meter Run

=====
 Meet Record: M 7:44.20 2014 Lawi Lalang, Arizona
 Dempsey Rec: R 7:40.66 2/11/2022 Abdihamid Nur, Northern Ari
 Name Year School Finals
 =====

Section 1

1	1875 Chilcott, Harvey	Santa Clara	8:16.13
2	1981 Kuipers, Anton	U. of Victoria	8:18.00
3	1678 DiMartino, Nicola	Gonzaga	8:20.00
4	1676 Baughan, Aidan	Gonzaga	8:20.14
5	1550 Young, Grayson	Arkansas State	8:20.72
6	1772 Kaines, Dalton	Portland	8:20.97
7	1980 Kuchar, Jaxon	U. of Victoria	8:23.53
8	1687 Talens, Paul	Gonzaga	8:24.25
9	1683 Mackie, Jeremiah	Gonzaga	8:24.61
10	1680 Kissell, Mason	Gonzaga	8:26.26
11	1689 Tucker, Ansel	Gonzaga	8:27.90
12	1682 Lyne, Jackson	Gonzaga	8:32.92
13	1983 VanHezewijk, Gabe	U. of Victoria	8:34.31
14	1688 Thorsett, Will	Gonzaga	8:34.67
15	2197 Lawrence, Jacob	Washington St.	8:37.89
16	1685 Mukai, Carp	Gonzaga	8:39.21
17	2201 Wilcott, Grayson	Washington St.	8:49.67
18	1879 Ho, Andrew	Santa Clara	8:58.60
19	1516 Avalos, Jesus	Alaska Anchorage	9:00.95

Section 2

1	1548 Pyeatt, Jacob	Arkansas State	8:08.19
2	2191 Barsaiya, Brian	Washington St.	8:09.87
3	2100 Crandall, Mark	Utah State	8:10.89
4	1681 Laird, Cooper	Gonzaga	8:15.77
5	1575 Newman, Ollie	Boise State	8:16.84
6	1886 Singh, Ishaan	Santa Clara	8:16.92
7	1979 Damian, Daniel	U. of Victoria	8:17.08
8	1771 Hosbein, Nolan	Portland	8:17.26
9	1674 Teffra, Abesolom	Fresno Pacific	8:17.43

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

10	1964	Cragun, Coleman	Southern Utah	8:17.64
11	2036	Crabtree, James	Unattached	8:18.43
12	2200	Swanson, Leif	Washington St.	8:18.45
13	1567	Durant, Alex	Boise State	8:20.90
14	1767	Donlea, Leo	Portland	8:21.34
15	1677	Cerkowniak, Bryce	Gonzaga	8:21.66
16	1588	Sealand, Daniel	Bowerman Track C	8:26.28
17	2198	Limo, Kelvin	Washington St.	8:26.91
18	1585	Goff, Micah	Bowerman Track C	8:41.53
19	1578	Sherman, Ben	Boise State	8:44.59
--	2112	Wehrli, Max	Utah State	DNF

Section 3

1	1779	Sado, Ahmed	Portland	8:04.84
2	1576	Palmer, Aidan	Boise State	8:05.50
3	1766	Buckley, Teddy	Portland	8:06.06
4	1764	Abdala, Daniel	Portland	8:06.75
5	1617	Bennett, John	Cal Poly	8:07.04
6	1574	McIntyre, Murdoch	Boise State	8:07.11
7	1966	Gaitan, Santiago	Southern Utah	8:07.75
8	1566	Dunn, Nathan	Boise State	8:08.04
9	1965	Feeny, Travis	Southern Utah	8:12.56
10	1622	Dimick, Aidan	Cal Poly	8:12.76
11	1765	Anderson, Chris	Portland	8:14.58
12	1586	Howard, Chase	Bowerman Track C	8:15.76
13	1788	Drew, Ben	Portland State	8:16.50
14	1684	Moore, Riley	Gonzaga	8:16.70
15	1791	Jarpey, Josh	Portland State	8:18.43
16	1790	Ibrahim, Abdi	Portland State	8:22.71
17	2195	Griffith, Sam	Washington St.	8:22.72
18	2208	Davis, Ty	Weber State	8:28.47
19	1792	Lingwall, Samuel	Portland State	8:30.87
--	2108	Nelson, Spencer	Utah State	DNF

Section 4

1	1522	Nash, Cole	Alaska Anchorage	8:03.41
2	1657	Wiley, Turner	Club Northwest/T	8:04.28
3	2103	Garnica, Caleb	Utah State	8:04.95
4	1969	Labra, Isaiah	Southern Utah	8:07.57
5	1573	Jouhari, Mohammed	Boise State	8:10.64
6	1634	Thurman, Spencer	Cal Poly	8:14.98
7	2050	McEachern, Cullen	Unattached	8:16.79
8	1620	Chambers, Michael	Cal Poly	8:29.59
9	1882	Reading, Ares	Santa Clara	8:59.11
--	2097	Altice, Bridger	Utah State	DNF

Section 5

1	1699	Updike, Isaac	Nike	7:52.48
2	2057	Stallings, Zach	Unattached	7:54.76
3	1686	Smith, Wil	Gonzaga	7:55.98
4	1572	Ibrahim, Ahmed	Boise State	7:56.23
5	1773	Kirk, Zak	Portland	7:57.49
6	2054	Proceviat, Cameron	Unattached	7:59.38
7	1778	Ruiz, Estanis	Portland	8:03.75
8	1535	Sanchez Lopez, Ian	Arizona	8:04.37
9	1769	Gertsen, Jonas	Portland	8:05.67
10	1630	Shively, Xian	Cal Poly	8:07.61
11	2040	Gorze, Tyrone	Unattached	8:08.35

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 3000 Meter Run**

12	2162	Affolder, Sam	Washington	8:08.92
--	2041	Grosvenor, Grant	Unattached	DNF

Men 5000 Meter Run

=====				
Meet Record:	M	13:28.00	2/12/2021	Conner Mantz, BYU
Dempsey Rec:	R	13:21.85	2/11/2022	Ky Robinson, Stanford
Name		Year	School	Finals
=====				

Section 1

1	2212	Kirk, Kevin	Weber State	14:19.82
2	2208	Davis, Ty	Weber State	14:21.84
3	1964	Cragun, Coleman	Southern Utah	14:27.04
4	2288	Oslin, Andrew	Western Washington	14:29.35
5	2107	Nelson, Eric	Utah State	14:30.10
6	2270	Clough, Ryan	Western Washington	14:31.75
7	2240	Smith, Bailey	Western Oregon	14:32.41
8	1829	Rodriguez, Talon	Salt Lake	14:35.27
9	1874	Baciocco, Dominic	Santa Clara	14:36.37
10	2272	Gillingham, Jeret	Western Washington	14:41.50
11	1673	Smith, Xavier	Fresno Pacific	14:42.81
12	2211	Kallgren, Wesley	Weber State	14:46.63
13	1793	Peters, Evan	Portland State	14:48.44
14	2299	Aldrich, Max	Lewis & Clark	14:48.92
15	1968	Jones, Max	Southern Utah	14:54.28
16	1794	Vanderbosch, Ben	Portland State	15:00.26
17	1655	Savely, Ty	Central Washington	15:04.40
18	1827	Minor, Braden	Salt Lake	15:24.64
19	1826	Krikov, Aleksandr	Salt Lake	15:31.38
20	1828	Nielsen, Aidan	Salt Lake	15:32.36
21	1825	Fitiao, Cuauhtemoc	Salt Lake	15:39.32
--	1789	Grams, Zachary	Portland State	DNF

Section 2

1	2108	Nelson, Spencer	Utah State	14:06.19
2	2097	Altice, Bridger	Utah State	14:12.02
3	2112	Wehrli, Max	Utah State	14:12.25
4	1969	Labra, Isaiah	Southern Utah	14:17.45
5	1571	Hudson, Joe	Boise State	14:19.22
6	1625	Guerra, Anthony	Cal Poly	14:20.42
7	1966	Gaitan, Santiago	Southern Utah	14:23.23
8	1583	Freiburger, Joe	Bowerman Track C	14:30.46
9	2279	Karamitsos, George	Western Washington	14:31.51
10	2111	Todd, Camren	Utah State	14:35.99
11	2064	Warren, Calahan	Unattached	14:39.06
12	1633	Swinth, Colton	Cal Poly	14:43.48
--	2104	Harman, Darren	Utah State	DNF

Men 60 Meter Hurdles

=====				
Meet Record:	M	7.61	2014	Ashton Eaton, Nike
Dempsey Rec:	R	7.60	2/27/2016	Devon Allen, Oregon
Name		Year	School	Prelims
=====				

Heat 1 Preliminaries

1	2039	Glodan, Jordan	Unattached	8.23q
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2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 60 Meter Hurdles**

2	1666 Bates, Cullin	Fresno Pacific	8.25q
3	2284 Martelles, Sean	Western Washington	9.13q
4	1523 Robertson, Felix	Alaska Anchorage	9.72
Heat 2 Preliminaries			
1	1671 Jimenez, Kalobe	Fresno Pacific	8.07q
2	1526 Wagner, Joshua	Alaska Anchorage	8.39q
3	1656 Wise, Aiden	Central Washington	8.65q
4	1750 Lemma, Grady	Pacific Lutheran	8.71q
Heat 3 Preliminaries			
1	2182 Thorner, Oliver	Washington	8.64q
2	1624 Gammal, Nick	Cal Poly	9.32

Men 60 Meter Hurdles

=====
 Meet Record: M 7.61 2014 Ashton Eaton, Nike
 Dempsey Rec: R 7.60 2/27/2016 Devon Allen, Oregon

Name	Year	School	Finals
===== Section 1 Finals			
1	1666	Bates, Cullin	Fresno Pacific 8.33
2	1656	Wise, Aiden	Central Washington 8.55
3	2284	Martelles, Sean	Western Washington 9.97
Section 2 Finals			
1	1671	Jimenez, Kalobe	Fresno Pacific 8.16
2	2039	Glodan, Jordan	Unattached 8.43
3	1750	Lemma, Grady	Pacific Lutheran 8.70
4	2182	Thorner, Oliver	Washington 8.73

Men 4x400 Meter Relay

=====
 Meet Record: M 3:07.77 2007 Baylor
 Anderson, Iglehart-Summers, Mutai, Betters
 Dempsey Rec: R 3:05.68 2/26/2022 Arizona State, Arizona Stat
 Nwachukwu, Brown, Felix, Robinson

School	Finals
===== Section 1	
1 Multnomah 'A'	3:23.39
1) 1698 Soto, Roderick	2) 1695 Dixon, Daniel
3) 1694 Davis, Devonte	4) 1697 Sol, Donte
2 Western Oregon 'A'	3:25.25
1) 2241 Stevens, Deshaun	2) 2233 Hendrix, Amari
3) 2238 Rambo, Tim	4) 2243 Walker, JJ
3 Seattle Pacific 'A'	3:25.73
1) 1900 Archer, Isaiah	2) 1908 Shepherd, Julius
3) 1905 Holmes, Darius	4) 2301 Owen, Jon
4 Seattle U. 'A'	3:27.77
1) 1927 Blunden, Justin	2) 1928 Christopherson, Carl
3) 1937 Law, Sebbie	4) 1936 Holme, Matthew
Section 2	
1 Cal Poly 'A'	3:12.92
1) 1632 Souto, Joey	2) 1636 Walter, Chase
3) 1629 Salzman, Wesley	4) 1621 Davis, Chris
2 Washington 'A'	3:15.74
1) 2166 Baricevic, Sam	2) 2167 Birchman, Jonathan

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men 4x400 Meter Relay**

3) 2169 Elliott, Cass	4) 2181 Smith, Anthony	
3 Fresno Pacific 'A'		3:21.39
1) 1671 Jimenez, Kalobe	2) 1666 Bates, Cullin	
3) 1669 Fox, Garrett	4) 1672 Olsen, Bo	
4 Western Washington 'A'		3:26.61
1) 2290 Pinto, Denzel	2) 2283 Le, Brian	
3) 2276 Johnson, Ethan	4) 2277 Johnson, Jaden	

Men Distance Medley

=====
 Meet Record: M 9:28.35 1/30/2009 Arkansas
 McClary, Skidmore, Bilbrew, Ulrey
 Dempsey Rec: R 9:21.77 2/12/2010 Oregon Track Club, OTC
 Symmonds, Scherer, Mulder, Leer

School Finals

Section 1

1 Oregon 'A'		9:43.27
1) 1728 Erickson, Matthew	2) 1731 Pueschner, Matt	
3) 1732 Reynolds, Benjamin	4) 1727 Cook, Elliott	
2 Western Washington 'A'		9:45.48
1) 2275 Henry, Will	2) 2283 Le, Brian	
3) 2267 Bloom, Jonah	4) 2296 Weber, Drew	
3 Western Oregon 'A'		9:46.23
1) 2239 Sanchez, Keeton	2) 2228 Arce-Torres, Gabe	
3) 2235 Klus, Emmett	4) 2234 Hutton, Hunter	
4 Santa Clara 'A'		9:49.26
1) 1885 Simboli, Josh	2) 1884 Scales, Alex	
3) 1881 Peattie, Colin	4) 1880 Miley, Alex	
5 Utah State 'A'		9:51.42
1) 2106 Mogos, Yonas	2) 2105 Kauffman, Chris	
3) 2101 Evans, Wyatt	4) 2305 Hogan, Drew	
6 Arkansas State 'A'		9:53.48
1) 1545 Fahl, Hannes	2) 1549 Walker, Jermie	
3) 1546 Funck, Lasse	4) 1547 Mayberry, Dawson	
7 Seattle U. 'A'		10:00.19
1) 1930 Franklin, Alex	2) 1939 Payne, Isaiah	
3) 1932 Goodwin, Hezekiah	4) 1934 Harquail, Gus	
8 Fresno Pacific 'A'		10:08.09
1) 1665 Banuelos, Bryan	2) 1666 Bates, Cullin	
3) 1672 Olsen, Bo	4) 1674 Teffra, Abesolom	
9 Saint Martin's 'A'		10:18.18
1) 1810 Cortes, Isaac	2) 1814 Georgia, Nick	
3) 1812 Farrell, John	4) 1817 Pagente, Kainalu	
10 Northwest U. 'A'		10:27.30
1) 1705 Andrews, Dawson	2) 1709 Nielsen, Cameron	
3) 1707 Kopatich, Jack	4) 1708 Murphy, Micah	

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Men High Jump**

Meet Record: M 2.29m 1/27/2018 Django Lovett, Unattached

Dempsey Rec: R 2.31m 2/13/2010 Jesse Williams, Nike

Name	Year	School	Finals
Flight 1			
1 2035 Chatten, Eric		Unattached	2.17m 7-01.50
1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.14 2.17 2.20			
---			O O O O XXO XXX
2 1693 Dailey, Victor		Multnomah	2.05m 6-08.75
1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10			
---			O O XXO XXX
3 2281 Kibler, Trent		Western Washington	1.90m 6-02.75
1.70 1.75 1.80 1.85 1.90 1.95			
---			O O XXX
3 2048 Maver, Caidyn		Unattached	1.90m 6-02.75
1.70 1.75 1.80 1.85 1.90 1.95			
---			O O XXX
5 2273 Greenlee, Manu		Western Washington	J1.90m 6-02.75
1.70 1.75 1.80 1.85 1.90 1.95			
---			XO XXO XXO XXX
6 2176 Lieberg, Leland		Washington	1.85m 6-00.75
1.70 1.75 1.80 1.85 1.90			
---			O O XXX
-- 2063 Wanniarachchi, Kir		Unattached	NH
1.70 1.75 1.80 1.85 1.90			
---			XXX
-- 1809 Boyd, Andrew		Saint Martin's	NH
1.70			
XXX			

Men Pole Vault

Meet Record: M 5.81m 2004 Toby Stevenson, Unattached

Dempsey Rec: R 5.81m 1/31/2004 Toby Stevenson, Unattached

Name	Year	School	Finals
1 2170 Englar, Jacob		Washington	5.52m 18-01.25
3.73 3.98 4.23 4.48 4.63 4.78 4.93 5.08 5.23 5.35 5.47 5.52 5.61			
---			O XO XO O XXO XXO XXX
2 1618 Bresko, Mathis		Cal Poly	5.08m 16-08.00
3.73 3.98 4.23 4.48 4.63 4.78 4.93 5.08 5.23			
---			XO O XXX
3 1654 Maier, Braydon		Central Washington	4.63m 15-02.25
3.73 3.98 4.23 4.48 4.63 4.78			
---			O XXO O XXX
4 1635 Volpe, Zachary		Cal Poly	J4.63m 15-02.25
3.73 3.98 4.23 4.48 4.63 4.78			
---			XO XXX
5 2164 Anderson, Will		Washington	4.48m 14-08.25
3.73 3.98 4.23 4.48 4.63			
---			O O XXX
6 2243 Walker, JJ		Western Oregon	4.23m 13-10.50
3.73 3.98 4.23 4.48			
---			O O XXX

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men Pole Vault**

6	1901 Bowman, Brad	Seattle Pacific	4.23m	13-10.50
	3.73 3.98 4.23 4.48			
	--- O O XXX			
8	1624 Gammal, Nick	Cal Poly	J4.23m	13-10.50
	3.73 3.98 4.23 4.48			
	--- --- XO XXX			
8	1906 Lee, Kainoa	Seattle Pacific	J4.23m	13-10.50
	3.73 3.98 4.23 4.48			
	--- O XO XXX			
--	1811 Doidge, Ryan	Saint Martin's	NH	
	3.73 3.98			
	--- XXX			
--	2051 McLean, Connor	Unattached	NH	
	3.73 3.98 4.23 4.48 4.63 4.78 4.93 5.08			
	--- --- --- --- --- --- --- XXX			

Men Long Jump

=====				
Meet Record: M 7.97m		2008	Reindell Cole, Cal State Northridge	
Dempsey Rec: R 8.12m		2/29/2008	Norris Frederick, Washington	
Name	Year	School	Finals	
=====				
1	2180 Schlueter, Jami	Washington	6.99m	22-11.25
	FOUL 6.59m FOUL 6.54m		6.99m 6.91m	
2	2182 Thorner, Oliver	Washington	6.92m	22-08.50
	FOUL 6.68m FOUL 6.92m		FOUL 6.79m	
3	2241 Stevens, Deshaun	Western Oregon	6.51m	21-04.25
	6.51m 6.42m FOUL			
4	2244 White, Tyler	Western Oregon	6.31m	20-08.50
	5.97m 6.31m FOUL			
5	1905 Holmes, Darius	Seattle Pacific	6.22m	20-05.00
	6.22m FOUL FOUL			
6	2295 Vongphet, Anouthai	Western Washington	6.19m	20-03.75
	5.60m 6.19m 6.01m			
7	1519 Grant, Morgan	Alaska Anchorage	6.11m	20-00.50
	FOUL 6.11m 5.76m			
8	1523 Robertson, Felix	Alaska Anchorage	5.80m	19-00.50
	FOUL FOUL 5.80m			
9	1909 Thomas, Nate	Seattle Pacific	5.69m	18-08.00
	5.50m 5.69m 5.27m			
10	2242 Thompson, Jake	Western Oregon	5.68m	18-07.75
	5.65m 5.68m 5.54m			
Flight 2				
1	2165 Artis, Prestin	Washington	7.68m	25-02.50
	7.34m 7.44m 7.51m 7.68m		FOUL 7.50m	
2	2177 Luebbert, Tim	Washington	7.07m	23-02.50
	FOUL FOUL 6.75m FOUL 7.07m		FOUL	
3	1524 Sample, Collin	Alaska Anchorage	6.97m	22-10.50
	6.87m 6.79m 6.86m 6.97m		6.87m FOUL	
4	1667 Davis, Isaac	Fresno Pacific	6.95m	22-09.75
	6.47m 6.41m 6.76m 6.55m		6.95m FOUL	
5	2051 McLean, Connor	Unattached	6.92m	22-08.50
	6.92m FOUL 6.79m FOUL		FOUL 6.49m	
6	1816 Nguyen, Hewson	Saint Martin's	6.63m	21-09.00
	FOUL 6.27m 6.63m 6.54m		FOUL 6.53m	

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men Long Jump**

7	1626 Jones, Bailey	Cal Poly	6.54m	21-05.50
	6.32m 6.54m FOUL 6.31m 6.50m 6.46m			
8	2044 Jefferson, Jamaari	Unattached	6.36m	20-10.50
	6.15m 6.36m 6.33m			
9	2047 Lyons, Taeshaun	Unattached	6.24m	20-05.75
	5.79m 5.96m 6.24m			
10	1818 Schulz, Andrew	Saint Martin's	4.38m	14-04.50
	FOUL 4.38m FOUL			
--	2274 Greenwalt, Ryan	Western Washington	FOUL	
	FOUL FOUL FOUL			

Men Triple Jump

Meet Record: M 16.62m 2003 Julien Kapek, USC
 Dempsey Rec: R 16.62m 2/1/2003 Julien Kapek, USC

Name	Year	School	Finals	
Flight 1				
1	1971	MacArthur, Albert	Thriller	14.67m 48-01.75
		14.60m FOUL FOUL 14.67m FOUL FOUL		
2	2177	Luebbert, Tim	Washington	14.59m 47-10.50
		14.49m 12.73m 14.26m 14.34m 14.59m 14.07m		
3	1907	Njeri, David	Seattle Pacific	14.37m 47-01.75
		FOUL 14.37m 12.85m 13.74m 14.04m 14.12m		
4	1524	Sample, Collin	Alaska Anchorage	13.84m 45-05.00
		13.04m 13.84m 12.79m 13.57m 13.56m 13.26m		
5	2232	Harrison, Marley	Western Oregon	13.81m 45-03.75
		13.62m 13.31m 13.81m FOUL 13.71m FOUL		
6	2244	White, Tyler	Western Oregon	13.12m 43-00.50
		FOUL 12.71m FOUL FOUL FOUL 13.12m		
7	1816	Nguyen, Hewson	Saint Martin's	13.02m 42-08.75
		FOUL 12.71m 12.78m 13.02m FOUL		
8	1523	Robertson, Felix	Alaska Anchorage	12.69m 41-07.75
		12.61m 12.69m FOUL 12.64m 12.61m FOUL		
9	2236	Koonantha, Ping	Western Oregon	12.68m 41-07.25
		12.67m 12.44m FOUL FOUL FOUL 12.68m		
--	1519	Grant, Morgan	Alaska Anchorage	FOUL
		FOUL FOUL FOUL		
--	2242	Thompson, Jake	Western Oregon	FOUL
		FOUL FOUL FOUL		

Men Shot Put

Meet Record: M 21.45m 1/27/2018 Jordan Geist, Arizona
 Dempsey Rec: R 21.47m 3/1/2008 Ryan Whiting, Arizona State

Name	Year	School	Finals	
1	2098	Beierle, Gavin	Utah State	17.15m 56-03.25
		16.65m FOUL 17.15m 16.52m 16.42m FOUL		
2	2102	Franz, Nate	Utah State	16.35m 53-07.75
		16.20m 15.59m 16.23m 16.35m 16.15m 15.97m		
3	1751	Real, Masum	Pacific Lutheran	15.67m 51-05.00
		14.87m FOUL FOUL 14.69m FOUL 15.67m		
4	1619	Cetti, Devon	Cal Poly	15.58m 51-01.50
		14.20m 14.51m 15.58m FOUL FOUL FOUL		

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****....Men Shot Put**

5	1628 Payne, Corban	Cal Poly	14.40m	47-03.00
	FOUL FOUL 14.40m FOUL FOUL FOUL			
6	2168 Comin Pescador, Br	Washington	14.10m	46-03.25
	13.05m 13.54m 13.77m 13.18m 13.62m 14.10m			
7	1753 Tayon, Wyatt	Pacific Lutheran	13.95m	45-09.25
	12.84m 12.92m 13.73m 13.95m 13.12m FOUL			
8	2180 Schlueter, Jami	Washington	13.93m	45-08.50
	12.75m 13.93m 13.42m 13.18m FOUL 13.61m			
9	2269 Campbell, Miller	Western Washington	13.45m	44-01.50
	13.05m 12.78m 13.45m 13.05m FOUL FOUL			
10	2294 Simicich, Nathan	Western Washington	13.36m	43-10.00
	12.42m 12.83m 13.36m			
11	2182 Thorner, Oliver	Washington	13.11m	43-00.25
	12.61m 12.73m 13.11m			
12	2291 Ramos, Angelo	Western Washington	13.02m	42-08.75
	12.10m 12.23m 13.02m			
13	1809 Boyd, Andrew	Saint Martin's	11.85m	38-10.50
	FOUL 11.67m 11.85m			
14	1820 Warren, Jacob	Saint Martin's	11.02m	36-02.00
	11.02m FOUL FOUL			

Men Weight Throw

Meet Record: M 23.05m 2010 Michael Mai, US Army
 Dempsey Rec: R 23.60m 2/27/2015 Conor McCullough, USC

Name	Year	School	Finals
1 2269 Campbell, Miller		Western Washington	17.26m 56-07.50
		16.49m 17.21m 16.37m 17.26m 16.44m FOUL	
2 2102 Franz, Nate		Utah State	17.15m 56-03.25
		17.00m 16.43m 16.33m FOUL FOUL 17.15m	
3 2291 Ramos, Angelo		Western Washington	15.38m 50-05.50
		14.57m 15.38m 14.54m 13.94m 14.84m 15.25m	
4 1652 Beaton, Angus		Central Washington	14.82m 48-07.50
		14.26m 13.91m 14.36m FOUL 14.82m FOUL	

Mixed 200 Meter Dash Master's

Name	Year	School	Finals
Section 1			
1 2033 Atkins (M49), Ron	M	Unattached	24.11
2 2049 McDonald (M45), Or	M	Unattached	24.88
3 2053 Ortman (M69), Davi	M	Unattached	29.21
Section 2			
1 2027 Scott (W62), Daphn	W	Unattached	30.96
2 2032 Ahearn (M66), Leo	M	Unattached	31.01
3 2058 Stronkus (M68), Ar	M	Unattached	34.02
4 2037 Edwards (M64), Geo	M	Unattached	34.46

2023 UW Invitational - 1/27/2023 to 1/28/2023**Dempsey Indoor, Seattle WA****Results****Mixed 1 Mile Run UW Club**

Name	Year	School	Finals
Section 1			
1 2129	Rees-Jones, Mitche	M UW Run Club	4:26.19
2 2125	Meier, John	M UW Run Club	4:29.92
3 2131	Serafimovici, Maxi	M UW Run Club	4:30.44
4 2124	Griffin, Jeron	M UW Run Club	4:31.07
5 2126	Miller, Brandon	M UW Run Club	4:44.16
6 2130	Schuler, Riley	M UW Run Club	4:47.94
7 2128	Ramsay, Mike	M UW Run Club	4:51.98
8 2117	Ainslie, Owen	M UW Run Club	5:04.77
9 2121	Daley, Zac	M UW Run Club	5:07.07
10 2133	Subedi, Bhagat	M UW Run Club	5:07.71
11 2123	Goodbody, Marcus	M UW Run Club	5:10.44
12 2122	Foss, Jonah	M UW Run Club	5:11.15
13 2119	Angelo, Dean	M UW Run Club	5:11.25
14 2303	Howard, Klae	M UW Run Club	5:11.44
15 2132	Shaw, Kaleb	M UW Run Club	5:12.54
16 2127	Palermo, Luca	M UW Run Club	5:18.63
17 2120	Chan, Connor	M UW Run Club	5:37.39
18 2113	Niles, Elizabeth	W UW Run Club	5:50.69
19 2114	Saunders, Lauren	W UW Run Club	5:56.17
20 2116	Thorsen, Amalie	W UW Run Club	6:17.79
21 2115	Schwalm, Isabella	W UW Run Club	6:17.80
-- 2134	Williams, Michael	M UW Run Club	DNF