



# Postgame Quotes

**(1) Stanfords vs. (4) California - Saturday, May 15, 2010**

**2010 National Collegiate Women's Water Polo Championship  
Aztec Aquaplex | San Diego State University | San Diego, Calif.**

**(1) Stanford 6, California 3**

**NCAA Championship - Semifinals, Game 3**

## Stanford Head Coach John Tanner

### *Opening Statement:*

"I was very impressed by our defense. Amber (Oland) had a great game. Our team defense, our hustle, we played with a lot of pride on the defensive end. We had composure throughout. I wish we had been a whole lot better on offense, but we did enough and we were really unified on defense. That to me was the story of the game. We frustrated them and we kept our composure."

### *On tomorrow's game:*

"We feel like we're in a great position going into tomorrow. Our players will have all the energy and adrenaline that they'll need."

## Stanford - Melissa Seidemann

### *On getting motivated for the tournament:*

"We motivate ourselves with stories, outside stories. It started with last week, our men's volleyball. (They) played Northridge on Thursday and won in three games. Then they played Penn State and won in three games. We were all there and pumped up because we are all friends with them. Just talking to them, they went into the weekend not nervous but ready to go. They gave us a lot of motivation because we have a lot of trust in our teammates. We weren't too nervous. We all knew what we had to do. I got my confidence from the volleyball team and my team."

### *On physicality of the game:*

"It's common but more exaggerated in a game like this. The way I described our win after the game is just very wholesome. In the fact that they had I think three majors from three different people shows that through all the elbows, through all the kicking, through all the pushing, not that we weren't doing it ourselves, but we were doing it to better ourselves instead of to attack the other team."

## Stanford - Amber Oland

### *On the final seconds of the first quarter when California had the 6-4 advantage:*

"We worked on that a couple of times in practice, playing the box and attacking them. Letting them come in and making them shout around us. We were having as many hands up as possible and just knowing where the shot was coming from. That's what we wanted, just to go for it and attack them."

### *On having confidence with both first team and second team defense:*

"I feel like in practice we work really hard especially with both teams. Our second string defense is playing the first string offense in practice. They get confidence in themselves just by blocking against our best players. They let me know where the shot is coming from. When I know where the shot is coming from, it's a lot easier to go out and block the ball than if it's surprising. I think just working on it in practice when we're together as team like when we were tonight, it shows and it makes it look better because of it."

## **California Head Coach Richard Corso**

### *Opening Statement:*

"First of all, I would like to wish Stanford luck in the national championship game. They're a good team and obviously they battled hard against us."

### *On the Difference of Play in the Second Half:*

"I think it was our power play situation. I'm not sure, but I think (Stanford was) 0-for-10 on 6-on-5 and we were 2-for-11. Clearly if we had a few more opportunities and put the ball in the cage on our 6-on-5's, the game would have been tighter. We would have been up going into the fourth quarter. That hurt us a little bit, but I thought our defense was good. They scored a couple of naturals on us that I thought for us were soft goals. That's just the way the ball bounced today."

### *On Reaching This Point in the Season Playing in the Third-Place Game:*

"This is epic. Cal has never been to the NCAA championships. When I got here, the program was in crisis. We've been able to work each year. Our theme over the past 16 months has been to get better each day and the girls have gotten better. That's what we're going to keep trying to do. For Cal, the worst we can do is fourth place in the country? I'm proud of that. I told the girls that it hurts, it's tough right now. But we're going to sit out there and watch the (USC-Loyola Marymount) game because we play the loser and we want to go home with a piece of hardware."

## **California - Dana Ochsner**

### *On Playing Stanford for a Trip to the National Championship:*

"It was exciting with Stanford being our rival, it was even more intense. Inside the pool it's always rough, always tough. You have to expect to get a few bruises and some beatings. We really wanted (the victory) and we battled for it. Of course the more you battle for it, the harder it gets and the more physical it gets, but it's just like every other game. You just have to go with it."

### *On Playing in San Diego County Near Her Hometown of Oceanside:*

"When I found out the NCAA's were here, I was really excited. I've played in this pool, I've had leagues here - I've had a bunch of things here. To play in my hometown is really exciting to me. My whole family could come and some of my teammates from the past could come. It is really nice for me."