



# AZTEC SWIMMING AND DIVING

**THIS WEEK: SAT., JAN. 12 - AT BYU - NOON PT - RICHARDS BUILDING POOL**

## 2007-08 SCHEDULE/RESULTS

Date	Opponent	Time/Result
Oct. 27	*New Mexico	Postponed
Nov. 17	*at Utah	L, 128-156
	vs. Boise State	W, 168-132
Dec. 1	at CS East Bay	W, 120-76
Dec. 8	*at Wyoming	L, 81-161
Jan. 4	*TCU	W, 169-129
	*Air Force	W, 167-63
Jan. 9	^vs. Boise State	W, 167-128
	^*vs. Colorado St.	L, 110-185
Jan. 10	*UNLV - Relays	L, 147-153
Jan. 12	*at BYU	Noon
Jan. 19	at Colorado College	1 p.m.
	vs. CS East Bay	
Feb. 2	USD	1 p.m.
Feb. 27-1	MWC Champs.#	All Day
Mar. 13-15	NCAA Diving Zones#	All Day
Mar. 20-22	NCAA Champs.+	All Day

All times Pacific  
 Home meets in **bold**, held at Aztec Aquaplex.  
 ^ at University of San Diego  
 # at Oklahoma City, Okla.  
 + at Columbus, Ohio  
 \* Mountain West Conference Meet

## 2007-08 ROSTER

Name (Yr.)	Event(s)
Caitlin Atkinson (So.)	Diving
Meredith Beebe (So.)	Fly, Free
Keely Brooks (Fr.)	Diving
Lauren Dakin (So.)	Breast, Free
Brittany Daly (Sr.)	Distance Free
Gina DiDomenico (Fr.)	IM
Ana Dowell (Sr.)	Fly, Free
Megan Flanagan (Jr.)	Diving
Amy Freeberg (So.)	Diving
Tanya Gjetley (Fr.)	Free
Christine Graham (Sr.)	Breast, Free
Stephanie Henderson (Fr.)	Free
Kristen Henry (Fr.)	Distance Free
Kathleen Heuring (Jr.)	Diving
Noelle Holland (Fr.)	Fly
Katie Leahy (Jr.)	Free, Back, IM
Kristen Maurer (So.)	Diving
Kathleen Merrill (Sr.)	Breast, Free
Nino Metsar (So.)	Fly, Breast, IM
Jessica Morrill (So.)	Breast, IM
Lizette Patterson (Jr.)	IM, Breast
Emily Pool (Jr.)	Breast
Kyla Power (So.)	Distance Free
Rosalie Raymond (Jr.)	Free
Alexandra Rogers (Jr.)	Back
Jenna Schuster (Jr.)	Free
Katie Smith (Sr.)	Back
Kendal Twilling (Jr.)	IM, Breast
Brooke Vessey (Fr.)	Fly, Free
Jamie Vessey (So.)	Fly, Free

**Head Coach:** Mike Shrader, First year  
**Assistant Coach:** Brendon Bray, First year  
**Diving Coach:** Jim Wynne, Sixth year  
**Volunteer Asst.:** Emily Schmied, First year

## INFORMATION

2006-07 Dual Meet Record: 9-8  
 Conference Record/Finish: 1-7/8th  
 2007 MWC Meet: 9th, 145 pts.  
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## THIS WEEK

The San Diego State swimming and diving team (5-4, 2-4 Mountain West Conference) will head to Provo, Utah, on Saturday, Jan. 12, for a conference dual meet with BYU at noon PT.

## PREVIOUSLY ON THE MESA

On Wednesday, the Aztecs defeated Boise State, 167-128, but fell to MWC foe Colorado State, 185-110, in a double dual meet held at the USD Swim Complex. Senior Ana Dowell swam to a second-place finish with a personal-best 58.69 in the 100 butterfly, while Jessica Morrill also had a runner-up performance in the 200 breaststroke (2:24.04).

## SCOUTING THE COUGARS

BYU is at the top of the Mountain West Conference with a 3-0 record in league action and a 7-0 overall mark. The Cougars return 12 all-conference performers from its 2007 MWC championship team, including senior Angela Goodson. Goodson set a MWC championship and all-time record in both the 100 and 200 fly, and completed a sweep of her individual events with a victory in the 200 IM at the title meet last year.

## SERIES HISTORY

Since the inception of the MWC in 1999-00, San Diego State trails the series with BYU, 6-0. Last year, the Cougars topped the Aztecs, 144-96, at the Ray and Joan Kroc Community Center in San Diego.

## THE COACHES

Mike Shrader, who spent the past eight years as the head coach at Nevada-Reno, is in his first season at San Diego State. While at Nevada, Shrader led the Wolf Pack to an 89-12-1 record, two conference titles and four NCAA championship appearances.

Brendon Bray, who came to The Mesa from the University of Washington, begins his first season as an assistant coach at SDSU, while Jim Wynne enters his sixth year as the Aztec diving coach.

Stan Crump is in his 28th year at the helm of the BYU women's swimming and diving program.

## AZTEC DUO EARNS WEEKLY HONORS

Sophomores Jessica Morrill and Caitlin Atkinson were named the MWC swimmer and diver of the week, respectively, as announced by the league office on Jan. 9. This marks the first time that the Aztecs have swept the weekly honors since the inception of the MWC in 1999-00.

Morrill captured the 100 breast (1:07.43) and the 200 breast (2:22.97) in the Aztecs' victories over TCU and Air Force. Both times were season bests. Morrill also swam the second leg of SDSU's "B" squad that won the 200 medley relay in a time of 1:51.72.

Atkinson, meanwhile, won the one-meter diving event with a season best and NCAA regional qualifying score of 269.10, while finishing second on the three-meter board (261.60).

## A DAY OF FIRSTS

San Diego State made an impressive home debut in its inaugural meet at the Aztec Aquaplex on Jan. 4. The Aztecs, who fell to TCU 71-40 last year, defeated the Horned Frogs for the first time in program history by a convincing score of 169-129. SDSU had six individuals win seven different events.

## DOWELL REMAINS CONSISTENT

Senior Ana Dowell swam a season-best 58.69 in the 100 fly at SDSU's double dual meet against Boise State and Colorado State. She also swam a lifetime best in the 100 free (54.33) at the Aztecs' first meet of the season (Nov. 17). Dowell has won three individual events this year, and currently holds the Aztecs' top marks of the season in the 50 free, 100 free and 100 fly.

## ATKINSON QUALIFIES FOR ZONES

Sophomore Caitlin Atkinson qualified for the NCAA Zone E Diving Regionals on Jan. 4 when she captured the one-meter board with a season-best 269.10. Atkinson has been the top-finisher for SDSU in six of eight dual meet diving events this year. Atkinson was also the only Aztec to qualify for the finals on both springboards at the USC Diving Invitational on Nov. 2.

## THERE'S NO PLACE LIKE HOME

Since the 1999-00 season, the San Diego State women's swimming and diving team has called the Ray and Joan Kroc Community Center its "home." But this year, the squad makes the transition to a state-of-the-art swimming facility on campus, the Aztec Aquaplex.

The 112,000 square-foot Aztec Aquaplex features two pools, one for competition and another for recreation, in addition to a hydrotherapy spa. The competition pool can accommodate a multitude of swimming and diving events with its one- and three-meter springboards.

San Diego State currently holds a 2-1 record at the Aztec Aquaplex, with its next home meet scheduled for Feb. 2 against the University of San Diego.

## AZTEC NOTES

- ◆ Of the 29 swimmers and divers on SDSU's roster, 15 are either freshmen or sophomores.
- ◆ Sophomore Kyla Power swam a career-best 1:57.49 in the 200 free on Jan. 4.
- ◆ Dowell was the Aztecs' only winner at Wyoming on Dec. 8, as she claimed the 100 fly.
- ◆ The Aztecs captured every event in its non-conference meet at Cal State East Bay on Dec. 1.
- ◆ Junior Rosalie Raymond holds the Aztecs' top times in both the 500 and 1,000 free, while sophomore Jessica Morrill leads all SDSU swimmers in the 100 and 200 breaststroke.

## ON DECK

The Aztecs will be back in action on Saturday, Jan. 19, when they head to Colorado Springs, Colo., for a non-conference double dual meet against Cal State East Bay and host Colorado College. The meet is scheduled to begin at 1 p.m. PT.

## 2007-08 MWC STANDINGS

Team	Conference	Overall
Colorado St.	4-0	7-0
BYU	3-0	7-0
UNLV	3-1	3-2
Wyoming	2-1	4-1
Utah	2-1	3-3
<b>San Diego State</b>	<b>2-4</b>	<b>5-4</b>
TCU	1-5	4-6
New Mexico	1-3	2-4
Air Force	0-4	2-6

## 2007-08 AZTEC TOP TIMES/MARKS (as of Jan. 10, 2008)

### 50 Free SDSU Record: 23.62 -- Heather DeFelice (2001-02)

.....25.41 - Ana Dowell (11/17/07)  
.....25.44 - Kyla Power (1/9/08)  
.....25.53 - Katie Leahy (12/8/07)  
.....25.76 - Stephanie Henderson (11/17/07)  
.....26.03 - Christine Graham (11/17/07)  
.....26.12 - Meredith Beebe (1/4/08)  
.....27.00 - Kathleen Merrill (12/1/07)  
.....27.53 - Noelle Holland (12/1/07)  
.....28.73 - Tanya Gjetley (12/8/07)

### 100 Free SDSU Record: 51.77 -- Kimberlee Frith (2005-06)

.....54.24 - Ana Dowell (1/9/08)  
.....54.56 - Gina DiDomenico (1/9/08)  
.....56.00 - Katie Leahy (1/4/08)  
.....56.24 - Stephanie Henderson (1/4/08)  
.....57.86 - Rosalie Raymond (12/1/07)  
.....58.39 - Kristen Henry (12/8/07)  
.....58.53 - Kathleen Merrill (11/17/07)  
.....58.74 - Brittany Daly (12/1/07)  
.....58.89 - Noelle Holland (12/1/07)  
.....1:02.54 - Tanya Gjetley (12/8/07)

### 200 Free SDSU Record: 1:51.48 -- Kimberlee Frith (2005-06)

.....1:57.49 - Kyla Power (1/4/08)  
.....1:58.78 - Gina DiDomenico (1/4/08)  
.....2:00.63 - Brittany Daly (11/17/07)  
.....2:01.10 - Jessica Morrill (11/17/07)  
.....2:02.25 - Ana Dowell (12/1/07)  
.....2:02.48 - Stephanie Henderson (12/1/07)  
.....2:03.56 - Meredith Beebe (1/9/08)  
.....2:04.44 - Kathleen Merrill (1/9/08)  
.....2:04.62 - Rosalie Raymond (12/8/07)  
.....2:05.36 - Kristen Henry (1/4/08)

### 500 Free SDSU Record: 4:56.37 -- Kim Palmer (1981-82)

.....5:10.78 - Rosalie Raymond (1/4/08)  
.....5:12.07 - Brittany Daly (1/4/08)  
.....5:25.27 - Kyla Power (11/17/07)  
.....5:25.60 - Stephanie Henderson (12/1/07)  
.....5:27.05 - Jamie Vessey (1/9/08)  
.....5:29.40 - Brooke Vessey (12/1/07)  
.....5:31.99 - Kristen Henry (1/9/08)  
.....5:39.18 - Ana Dowell (12/1/07)

### 1,000 Free SDSU Record: 10:12.19 -- Megan Storey (2001-02)

.....10:37.49 - Rosalie Raymond (1/4/08)  
.....10:43.60 - Brittany Daly (1/9/08)  
.....11:00.82 - Jessica Morrill (12/1/07)  
.....11:07.89 - Jamie Vessey (11/17/07)  
.....11:24.51 - Tanya Gjetley (1/9/08)  
.....11:25.50 - Kristen Henry (1/9/08)

### 100 Fly SDSU Record: 56.80 -- Tara Johnson (2000-01)

.....58.69 - Ana Dowell (1/9/08)  
.....59.01 - Brooke Vessey (11/17/07)  
.....1:01.15 - Noelle Holland (1/4/08)  
.....1:01.24 - Nino Metsar (1/4/08)  
.....1:01.42 - Jamie Vessey (12/1/07)  
.....1:03.37 - Meredith Beebe (1/4/08)  
.....1:03.98 - Jessica Morrill (12/1/07)  
.....1:05.15 - Kyla Power (12/1/07)

### 200 Fly SDSU Record: 2:04.97 -- Erin Kilpatrick (2002-03)

.....2:11.40 - Nino Metsar (1/9/08)  
.....2:13.63 - Jamie Vessey (1/9/08)  
.....2:15.58 - Noelle Holland (1/4/08)

### 100 Back SDSU Record: 56.42 -- Megan Casillan (2001-02)

.....59.86 - Brooke Vessey (11/17/07)  
.....1:00.52 - Katie Smith (1/4/08)  
.....1:01.45 - Alexandra Rogers (1/4/08)  
.....1:02.61 - Gina DiDomenico (12/8/07)  
.....1:06.52 - Katie Leahy (12/1/07)

### 200 Back SDSU Record: 2:01.08 -- Megan Casillan (1999-00)

.....2:09.28 - Alexandra Rogers (1/4/08)  
.....2:10.04 - Katie Smith (1/9/08)  
.....2:13.76 - Kyla Power (1/4/08)

### 100 Breast SDSU Record: 1:04.05 -- Heather DeFelice (2001-02)

.....1:07.43 - Jessica Morrill (1/4/08)  
.....1:08.49 - Christine Graham (1/4/08)  
.....1:11.14 - Lizette Patterson (1/4/08)  
.....1:11.72 - Lauren Dakin (11/17/07)  
.....1:11.75 - Emily Pool (11/17/07)  
.....1:12.33 - Kyla Power (12/1/07)  
.....1:14.62 - Tanya Gjetley (1/9/08)  
.....1:15.88 - Kathleen Merrill (12/1/07)

### 200 Breast SDSU Record: 2:19.63 -- Courtney Hoblick (1996-97)

.....2:22.97 - Jessica Morrill (1/4/08)  
.....2:31.91 - Lizette Patterson (1/4/08)  
.....2:34.20 - Christine Graham (1/4/08)  
.....2:35.85 - Lauren Dakin (11/17/07)  
.....2:38.00 - Emily Pool (1/9/08)

### 200 IM SDSU Record: 2:05.17 -- Courtney Hoblick (1996-97)

.....2:13.12 - Gina DiDomenico (1/4/08)  
.....2:15.45 - Katie Smith (11/17/07)  
.....2:16.71 - Jessica Morrill (11/17/07)  
.....2:18.48 - Rosalie Raymond (12/1/07)  
.....2:19.37 - Nino Metsar (11/17/07)  
.....2:21.90 - Jamie Vessey (11/17/07)  
.....2:23.71 - Brooke Vessey (12/1/07)  
.....2:24.56 - Christine Graham (12/1/07)

### 400 IM SDSU Record: 4:26.63 -- Erin Kilpatrick (2001-02)

.....4:44.78 - Gina DiDomenico (1/9/08)  
.....4:46.03 - Jessica Morrill (1/9/08)  
.....4:46.45 - Nino Metsar (1/9/08)  
.....4:49.32 - Katie Smith (1/9/08)

### 200 Free Relay

#### SR: 1:36.51--Frith, Twilling, Schmied, Peters (2005-06)

1:40.82 - Power, B. Vessey, DiDomenico, Leahy (12/8/07)  
1:41.34 - B. Vessey, Dowell, Power, Henderson (1/4/08)  
1:41.58 - B. Vessey, Graham, Power, Henderson (11/17/07)  
1:43.00 - Leahy, Metsar, Graham, Beebe (1/4/08)  
1:46.26 - Merrill, Holland, J. Vessey, Gjetley (1/4/08)  
1:46.86 - Holland, Merrill, Rogers, J. Vessey (12/8/07)  
1:47.63 - Leahy, Holland, Merrill, Dakin (11/17/07)

## 2007-08 AZTEC TOP TIMES/MARKS

### 400 Free Relay

**SR: 3:29.88--Peters, Karoly, Schmied, Frith (2005-06)**

3:40.05 - B. Vessey, Dowell, Power, Henderson (1/9/08)

3:46.85 - Leahy, Graham, Beebe, J. Vessey (1/9/08)

3:55.09 - Leahy, Daly, J. Vessey, Rogers (12/1/07)

4:03.84 - SDSU "B" (12/1/07)

### 200 Medley Relay

**SR: 1:45.91--Casillan, Karacozoff, Johnson, DeFelice (2001-02)**

1:50.58 - B. Vessey, Morrill, Dowell, Leahy (1/9/08)

1:51.59 - Smith, Graham, Dowell, Henderson (11/17/07)

1:51.72 - Smith, Morrill, Metsar, Leahy (1/4/08)

1:51.78 - B. Vessey, Graham, Dowell, Henderson (1/4/08)

1:52.01 - Smith, Metsar, Holland, Graham (1/9/08)

1:52.58 - Smith, Graham, B. Vessey, Dowell (12/8/07)

1:52.88 - B. Vessey, Morrill, Holland, Leahy (11/17/07)

1:55.76 - Rogers, Morrill, Holland, Henderson (12/8/07)

### 400 Medley Relay

**SR: 3:50.84--Casillan, DeFelice, Johnson, Kilpatrick (2001-02)**

4:17.67 - SDSU "B" (12/1/07)

4:19.88 - SDSU "C" (12/1/07)

4:20.65 - Power, Merrill, Daly, Graham (12/1/07)

### 1-M Diving SDSU Record: 273.15 -- Caitlin Atkinson (2006-07)

.....269.10 - Caitlin Atkinson (1/4/08)

.....255.00 - Keely Brooks (1/4/08)

.....244.05 - Megan Flanagan (1/4/08)

.....224.32 - Kristen Maurer (1/4/08)

.....215.32 - Amy Freeberg (1/4/08)

.....213.82 - Kathleen Heuring (12/8/07)

### 3-M Diving SDSU Record: 265.50 -- Caitlin Atkinson (2006-07)

.....265.27 - Keely Brooks (1/4/08)

.....261.60 - Caitlin Atkinson (1/4/08)

.....252.00 - Megan Flanagan (1/4/08)

.....242.17 - Amy Freeberg (1/4/08)

.....241.27 - Kathleen Heuring (1/4/08)

.....225.45 - Kristen Maurer (1/4/08)