

# SDSU Swimming and Diving



This Week: Nov. 12 vs. Brigham Young, Ray and Joan Kroc Community Center, 1 p.m.

## 2004 Schedule

Date	Opponent	Time
Oct. 16	Loyola Marymount	W, 53-19
Oct. 30	Utah*	L, 134-104
Nov. 3	Air Force*	W, 186-113
Nov. 4	at New Mexico*	L, 151-93
Nov. 5-6	at UNM Invite	4th, 525 pts.
Nov. 12	Brigham Young*	1 p.m.
Nov. 19	at Northern Colorado	4 p.m.
Nov. 20	at Wyoming*	1 p.m.
Nov. 22	Colorado State*	1 p.m.
Dec. 18	at UNLV*	6 p.m.
Dec. 19-20	at UNLV Invite	All Day
Jan. 8-9	at UC Irvine Invite	All Day
Jan. 22	at Hawaii	10 a.m.
Jan. 28	at LMU/Pepperdine!	1 p.m.
Feb. 5	at Northern Arizona	1 p.m.
Feb. 23-26	MWC Champs.^	1 p.m.
Mar. 17-19	NCAA Champs.%	All Day

Home meet in bold, played at the Ray and Joan Kroc Community Center.

\* Mountain West Conference meet

! at Loyola Marymount University; Los Angeles, Calif.

^ at Oklahoma City, Okla.

% at West Lafayette, Ind.

## 2004-05 SDSU Roster

Name (Year)	Event
Jennifer Arrow (Sr.)	Breaststroke
Tamarah Binek (Fr.)	Freestyle
Natalie Bricker (Fr.)	Breast/IM
Stephanie Chambers (Sr.)	Freestyle
Adrienne Conte (Fr.)	Freestyle
Sarah Davis (So.)	Back/Breast/IM
Joelle Felton (Fr.)	Diving
Caitlin Friedhoff (So.)	Freestyle
Kathleen Heuring (Fr.)	Diving
Lindsay Hnyda (Fr.)	Breaststroke
Stella Karoly (So.)	Fly/IM/Free
Karen MacKall (Jr.)	Freestyle
Lindsey Minnich (Jr.)	Diving
Heather O'Neill (Fr.)	Butterfly
Emily Parker (So.)	Freestyle
Samantha Peters (Jr.)	Free/Back
Emily Schmied (Jr.)	Fly/IM/Free
Katie Smith (Fr.)	Breaststroke

**Head Coach:** Deena Dearth Schmidt (San Diego State '88), 11th Season

**Assistant Coach:** Greg Hutt (Alabama '73), 11th Season

**Diving Coach:** Jim Wynne (Niagra '94), Third Season

## MWC Standings

Team	Conference Record
1. Utah	2-0
2. Brigham Young	1-0
3. Wyoming	1-0
4. New Mexico	1-2
5. San Diego State	1-2
6. Colorado State	0-0
7. Air Force	0-1
8. UNLV	0-1

## Aztecs Back Home After Three Day Road Trip

• The San Diego State swimming and diving team returns to the Kroc Community Center on Friday for a meet against undefeated BYU at 1 p.m. The Aztecs (2-2, 1-2 MWC) will look to break a three-meet slide vs. BYU dating back to the 2000-01 season.

## Weekly Recap

• On Nov. 3, the Aztecs welcomed Air Force to the Kroc Community Center for an afternoon tilt that saw SDSU defeat the Falcons, 186-113. The meet featured 12 Aztec victories, including three by junior Emily Schmied and two each by senior Jennifer Arrow and sophomore Caitlin Friedhoff.

In two of her victories (200 butterfly and 200 individual medley), Schmied posted team season-high marks. In the 200 fly, she finished with a time of 2:09.81 and 2:11.60 in the 200 IM.

Both Friedhoff (200 freestyle) and Arrow (200 breaststroke) also set team season-high performances on their way to first place finishes.

After their meet against the Academy, the Aztecs travelled to Albuquerque, N.M. for the first of three scheduled days of competition.

On Nov. 4, San Diego State lost a 151-93 decision to New Mexico. Schmied took first in the 200 free with a time of 1:57.67. Friedhoff put in another strong showing as she recorded two second place finishes. Arrow and Lindsay Hnyda finished one-two in the 200 breast. The 200 free relay team of Schmied, Emily Parker, Sarah Davis, and Stephanie Chambers placed first, edging out New Mexico's 'B' team by 0.06 seconds.

After the dual-meet, the Aztecs took part in the Lobo Invitational hosted by the University of New Mexico on Nov. 5-6. The two-day meet saw the Aztecs finish in fourth place with 525 points.

Friedhoff had third place finishes in the 50 free (24.95) and the 100 free (53.79). Her 50 free time was a team season-best. Freshman Katie Smith took third in the 100 breast with a time of 1:09.21.

## Brigham Young Series History

• The Aztecs have lost three consecutive meets to the Cougars, including a 173-123 loss at Provo, Utah last season. In those three meets, San Diego State has given up an average of more than 150 points, while only scoring an average of 109.

Last year, the Aztecs put up a good fight, winning a total of six events. Megan Storey took first in the 1000 free and the 200 fly. Friedhoff finished ahead of the pack in both the 50 and the 100 free events while posting career-bests in the process.

Despite the loss, San Diego State's point total of 123 is the most the Aztecs have scored against the Cougars in the last three meetings.

## Scouting the Cougars

• BYU returns 18 letterwinners from last year's squad which won its fifth straight conference championship.

The Cougars are led by 23rd-year head coach Stan Crump, who has a career record of 177-53-1 at his

alma mater.

In this season's edition of the MWC preseason poll, BYU was predicted to finish first in the eight-team conference as voted upon by the league's coaches. The Cougars received six out of the possible eight first-place votes.

## SDSU Top Times

The following are the top times for the 2004-05 season:

### 50 Free

Caitlin Friedhoff ..... 24.95 (11/5)  
Samantha Peters ..... 25.08 (11/5)

### 100 Free

Caitlin Friedhoff ..... 52.52 (10/30)  
Caitlin Friedhoff ..... 53.79 (11/6)

### 200 Free

Caitlin Friedhoff ..... 1:56.87 (11/3)  
Caitlin Friedhoff ..... 1:57.08 (11/6)

### 500 Free

Emily Parker ..... 5:06.09 (10/30)  
Emily Parker ..... 5:06.09 (10/30)

### 1000 Free

Emily Parker ..... 10:28.13 (10/30)  
Emily Parker ..... 10:43.25 (11/3)

### 1650 Free

Emily Parker ..... 18:14.73 (11/6)  
Natalie Bricker ..... 20:18.64 (11/6)

### 100 Back

Katie Smith ..... 1:01.34 (11/3)  
Katie Smith ..... 1:01.47 (11/6)

### 200 Back

Sarah Davis ..... 2:10.18 (11/3)  
Sarah Davis ..... 2:11.97 (11/4)

### 100 Breast

Jennifer Arrow ..... 1:07.71 (10/30)  
Jennifer Arrow ..... 1:08.60 (11/3)

### 200 Breast

Jennifer Arrow ..... 2:27.88 (11/3)  
Jennifer Arrow ..... 2:28.55 (11/4)

### 100 Fly

Stella Karoly ..... 59.94 (10/30)  
Emily Schmied ..... 59.97 (11/3)

### 200 Fly

Emily Schmied ..... 2:09.81 (11/3)  
Stella Karoly ..... 2:10.44 (11/3)

### 200 Individual Medley

Emily Schmied ..... 2:11.60 (11/3)  
Sarah Davis ..... 2:12.16 (11/3)

### 400 Individual Medley

Emily Schmied ..... 4:36.90 (10/30)  
Stella Karoly ..... 4:41.13 (10/30)

### 1-Meter Diving

Joelle Felton ..... 212.70 (11/3)  
Joelle Felton ..... 200.80 (10/30)

### 3-Meter Diving

Kathleen Heuring ..... 210.08 (11/3)  
Kathleen Heuring ..... 207.75 (10/30)

### 200 Free Relay

Schmied, Davis, Parker, Chambers ..... 1:39.63 (11/4)  
Binek, Peters, Conte, Friedhoff ..... 1:40.57 (10/16)

### 400 Free Relay

Peters, Conte, Binek, Schmied ..... 3:39.28 (10/30)  
Conte, Peters, Binek, Schmied ..... 3:43.44 (11/3)

### 200 Medley Relay

Davis, Hnyda, Karoly, Binek ..... 1:52.11 (10/16)  
Peters, Karoly, Hnyda, Friedhoff ..... 1:52.34 (11/3)

### 400 Medley Relay

Peters, Karoly, Hnyda, Friedhoff ..... 4:03.71 (10/30)  
Davis, O'Neill, Arrow, Denaro ..... 4:09.98 (10/30)

