



# 69<sup>th</sup> ANNUAL AZTEC Cross Country Invitational

Saturday – September 21<sup>st</sup> 2013

## General Information

### Race Times

- 7:30 AM – Dirt Dog Community Race (5K) - USATF Sanctioned Event
- 9:00 AM – Women Open (5K)
- 9:30 AM – Women Invitational (5K)
- 10:00 AM – Men Invitational (8K)
- 10:30 AM – Men Open (8K)



Courses will be monitored and marked with flags and chalk. Course maps attached.  
\*Spikes are not recommended\*

### Entry Guidelines

- Invitational – NCAA DI, Top Tier College and Club Teams, and Unattached Elites.
- Open – Other NCAA, NAIA, Community College, Clubs and Unattached.
- Dirt Dog Community – Any individual of any gender or age.

### Location

Balboa Park  
Quince Dr. & Balboa Dr.  
San Diego, CA 92101

Registration, packet pick, athletic trainers and restrooms will be near finish line south of Quince Dr. Recommend parking on 6<sup>th</sup> Ave. Anticipate that several roads at the park will be closed this weekend.

### Directions

#### From The North

Take I-5 South to I-805 South to CA-163 South.  
Take Exit 2C toward University Ave.  
Bear right onto 6<sup>th</sup> Ave.  
Finish line, registration and packet pick up will be on right just past Quince Dr.

#### From The East

Take the 8 West and exit 14A for CA-125 North toward CA-94 South.  
Keep left at the fork, follow signs for CA-125 South.  
Take exit 15 on the left to merge onto 94 West.  
Take exit 1A onto 5 North. Take exit 16B for 6<sup>th</sup> Ave.  
Turn right at 6<sup>th</sup> Ave.  
Finish line, registration and packet pick up will be on right just past Quince Dr.

#### From The Airport

Head East on N Harbor Dr. toward Rent a Car.  
Turn left at W Laurel St.  
Turn left at 6<sup>th</sup> Ave.  
Finish line, registration and packet pick up will be on right just past Quince Dr.

**Entry Procedures**

**Colleges, clubs and elite individuals competing in the Invitational or Open Sections must enter online at DirectAthletics at this link: <http://tinyurl.com/mbhdjh5>**

**Dirt Dog Community Race entries are on Active.com: <http://tinyurl.com/mn8wzkl>**

- Colleges, clubs and elite individual Entry deadline is **Wednesday, September 18<sup>th</sup>**. Entries received after the deadline will not necessarily be accepted.
- Up to 10 runners per team. Top 5 will score with the next 2 runners displacing. Multiple teams per institution/club permitted.
- Computerized race results will be posted on-line and will also be available for each team following the completion of each race.
- Please be honest when placing your team in the open or invitational race. All NCAA DI teams will be placed in the Invitational race unless coaches request otherwise.

**Entry Fees**

- \$125 – Per each 7 athlete team for USTFCCA members. \$10 each additional athlete.
- \$175 – Per each 7 athlete team for non-USTFCCA members. \$10 each add'l athlete.
- \$25 – Unattached and Community race entrants.
- \$30 – Day of meet individual entry fee.

Unattached Elite	Men 8K < 26:00
Entry Guidance:	Women 5K < 18:30

Online payment option for the Open and Invitational Sections is under development by DirectAthletics. All Dirt Dog Community Race entries are on-line through Active.com, except Race Day Registration. Elite Open/Invitational runners pay by check Race Day.

College/Club team checks should be made out to: San Diego State Cross Country  
College/Club teams must make payment before the start of the competition or mail to:

Aztec Cross Country Invitational  
 San Diego State University, Department of Athletics  
 5500 Campanile Dr  
 San Diego, CA 92182 - 4313

No cash please!
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**Facilities**

There are no dressing or shower facilities at the course. Please have your teams come dressed for competition. Restrooms will be available.

**Trainers**

San Diego State athletic trainers will be in place one hour before the first race begins to provide aid to any athlete who may require assistance. If any of your athletes require special assistance, please have your athletic training staff contact our athletic trainers at (619) 594-5551 to make necessary arrangements.

**College Team Awards**

Trophies will be awarded to the top three college teams in invitational races. Top 5 individual invitational winners will also receive awards.

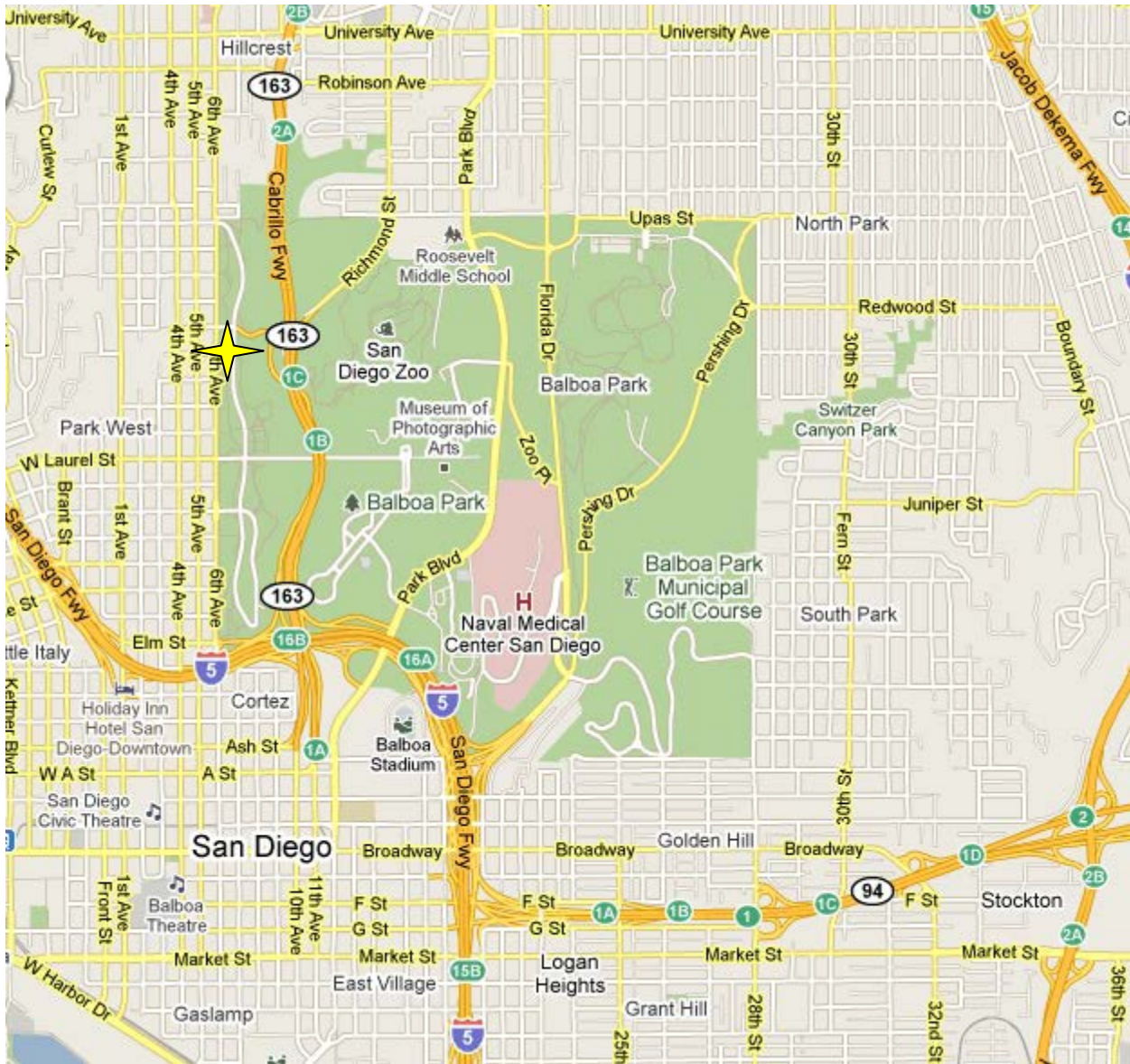
**Community Race Awards**

Medals will be awarded to the top three finishers in the following Age Groups:  
 8 and Under 9-12 13-17 18-23 24-29 30-34 35-39 40-44  
 45-49 50-54 55-59 60-64 65-69 70+

**Contact Information**

Head Coach:	Shelia Burrell	(619) 594-5514	<a href="mailto:sburrell@mail.sdsu.edu">sburrell@mail.sdsu.edu</a>
Meet Director:	Rick Reaser	(310) 227-5534	<a href="mailto:rick-reaser@msn.com">rick-reaser@msn.com</a>

# Area Map



# Course Map

## Men Aztec Open/Invitational 8K

Coaches Note: The **Red** area of the course will be closed on the Friday before the meet. Please have athletes follow 8<sup>th</sup> Drive to meet back up with the course.



# Course Map

## Dirt Dog Community Race and Women Aztec Open/Invitational 5K

Coaches Note: The **Red** area of the course will be closed on the Friday before the meet. Please have athletes follow 8<sup>th</sup> Drive to meet back up with the course.



# Official Meet Hotel



**Sheraton**  
**Mission Valley**  
SAN DIEGO  
HOTEL



## **Sheraton Mission Valley San Diego Hotel**

1433 Camino Del Rio South

San Diego, CA 92108

**Contact:** Johnathon Elko, Sports Sales Manager

619-321-4604      Direct

619-260-0111      Hotel

619-497-0808      Fax

<http://www.sheratonmissionvalley.com/>



### **Teams/Individuals:**

Please contact hotel representative  
**Johnathon Elko** for accommodations

Meet Hotel is available for teams at a  
rate of \$95.00 without breakfast or  
\$109.00 with breakfast included

-Both of these packages come with  
complimentary parking and internet



### **Sheraton Mission Valley San Diego Hotel**

- Newly Renovated: Brand new Guestrooms, Restaurant, Lobby, Fitness Center, and Meeting Space
- Preferred Hotel Partner of San Diego State Athletics
- Centrally located off the 8 freeway just 5 miles from SDSU, walking distance to Mission Valley Mall, San Diego Trolley and 30+ restaurants and just 10 minutes from all major attractions
- Team Friendly, past host of NCAA tournament teams, designated bus parking
- 260 Guestrooms; 160 rooms with Double Queen beds; all beds have signature Sheraton Sweet Sleeper Mattresses
- All Rooms are equipped with Brand New Sheraton Sweet Sleeper Mattresses, (2) Queen Beds, mini-refrigerator, 42" HD TVs, and self-brew Starbucks coffee

