



# AZTEC SWIMMING AND DIVING

THIS WEEK: Feb. 20-23 - Mountain West Swimming & Diving Championships - All Day  
Palo Alto College Aquatic Center - San Antonio, Texas

## 2012-13 SCHEDULE

Record: 10-1 (4-0 Home; 3-1 Away; 3-0 Neutral)

| Date       | Opponent                       | Time/Result       |
|------------|--------------------------------|-------------------|
| Sept. 21   | San Diego (Pentathlon)         | W, 72-21          |
| Sept. 29   | UNLV*                          | W, 146-143        |
| Oct. 19-20 | at Pacific Invitational        | 1st of 5 tms      |
| Nov. 2-3   | at New Mexico*                 | W, 168-149        |
|            | Colorado State*                | W, 179-143        |
|            | New Mexico State               | W, 192-130        |
| Nov. 15-17 | at Arena Invitational          | 3rd of 17         |
| Nov. 16-18 | at Arizona Diving Invitational | NTS               |
| Dec. 1     | Fresno State*                  | W, 133-128        |
| Jan. 7     | Tulane                         | W, 67-58          |
| Jan. 11-13 | at UCLA Diving Invitational    | All Day           |
| Jan. 12    | at UCLA                        | L, 114-185        |
|            | Kansas                         | W, 187.50- 101.50 |
| Jan. 19    | at Nebraska                    | W, 158-142        |
| Jan. 25-26 | at Air Force Diving Invit.     | NTS               |
| Jan. 26    | at San Diego                   | W, 176-118        |
| Feb. 20-23 | at MW Championships#           | All Day           |
| Mar. 14-16 | at Zone Diving^                | All Day           |
| Mar. 21-23 | at NCAA Championships%         | All Day           |

All times Pacific  
Home meets in bold, held at Aztec Aquaplex.  
NTS - No team scores

\* Mountain West Conference meet  
# at San Antonio, Texas  
^ at Colorado Springs, Colo.  
% at Indianapolis, Ind.

## QUICK FACTS

|                   |                   |
|-------------------|-------------------|
| Location          | San Diego, Calif. |
| Founded           | 1897              |
| Enrollment        | 31,422            |
| Nickname          | Aztecs            |
| Colors            | Scarlet and Black |
| Conference        | Mountain West     |
| President         | Elliot Hirshman   |
| Athletic Director | Jim Sterk         |

## TEAM INFORMATION

|                               |                         |
|-------------------------------|-------------------------|
| Head Coach                    | Mike Shrader            |
| Dual Record at SDSU           | 76-14 (6th season)      |
| Career Record                 | 165-26-1 (14th season)  |
| Swimming Office Phone         | (619) 594-5883          |
| E-Mail                        | mshrader@mail.sdsu.edu  |
| Associate Head Coach          | Brendon Bray            |
| E-Mail                        | bbray@mail.sdsu.edu     |
| Diving Coach                  | Roland McDonald         |
| E-Mail                        | rmcdonald@mail.sdsu.edu |
| Volunteer Assistant           | Jamie Saffer            |
| Strength & Conditioning Coach | Brooke Vessey           |
| 2011-12 Dual-Meet Record      | 16-0                    |
| 2011-12 MWC Record            | 4-0                     |
| 2012 MWC Meet                 | 2nd, 742 pts.           |
| Letterwinners Returning/Lost  | 18/6                    |
| Newcomers                     | 16                      |
| Home Facility                 | Aztec Aquaplex          |

## Media Relations

|                       |  |
|-----------------------|--|
| Swimming & Diving SID | Dave Kuhn  |
| Office Phone          | (619) 594-5242   |
| Office Fax            | (619) 582-6541   |
| E-Mail                | dkuhn@mail.sdsu.edu  |
| Mailing Address       | SDSU Media Relations<br>3014 Aztec Athletics Center<br>5302 55th Street<br>San Diego, CA 92182 |
| Official Website      | www.GoAztecs.com   |

## THIS WEEK

The San Diego State swimming and diving team will be in San Antonio, Texas, to compete at the Mountain West championships to be conducted from Wednesday, Feb. 20 through Saturday, Feb. 23. This marks the first year that the meet will be held at the Palo Alto College Aquatic Center in San Antonio. The meet was held in Oklahoma City each of the previous 13 years.

San Diego State will be looking to regain the league championship that it won in 2011 and lost by just five points to Boise State in 2012.

## HEAD COACH MIKE SHRADER

San Diego State head coach Mike Shrader is in his sixth season with the Aztecs and has compiled a dual meet record of 70-13 (.844) during his tenure. Shrader has been named the Mountain West Coach of the Year on three occasions (2011, 2010, co-coach in 2009). Including eight seasons as the head coach at Nevada, his career record stands at 165-26-1 (.862).

## AZTECS CONCLUDE SEASON WITH WIN AT USD

San Diego State Wrapped up its regular season with a 176-118 dual meet victory at the University of San Diego on Jan. 26. The Aztecs captured 12 of 14 swimming events and both diving events en route to the win.

Junior Mikaela Macklin led the way for San Diego State in the individual races as she recorded three first-place finishes. Macklin won the 100 and 200 backstroke events with times of 57.29 and 2:03.25 respectively. She came back later in the meet to emerge victorious in the 200 individual medley with a mark of 2:05.60.

## SWIMMERS OF THE WEEK

Three Aztecs earned Mountain West Swimmer of the Week honors during the 2012-13 season.

Mikaela Macklin earned the award on Oct. 10 after finishing first overall in the pentathlon against the University of San Diego.

Melanie Garibaldi received the honor on Oct. 24 for her effort at the Pacific Invitational where she won three individual races and one relay.

Katelyn Weddle was named the MW Swimmer of the Week on Nov. 21 for her performance in the breaststroke races during the Arena Invitational. Her times in both of those events were the best in the conference his season and were NCAA "B" Cut marks.

## DIVER OF THE WEEK

Junior Anna Steiner captured conference Diver of the Week honors on Jan. 9 after she won both the 1-meter and 3-meter boards in the dual meet against Tulane. While doing so she set a career best on the 1-meter and a season best on the 3 meter.

## THERE'S NO PLACE LIKE HOME

San Diego State completed its third consecutive undefeated home season during its 2011-12 campaign with a 4-0. The Aztecs have now won their last 31 consecutive meets at home. SDSU's record at the Aztec Aquaplex stands at 42-3 since the facility opened for the 2007-08 season.

## THE STREAK ENDS

San Diego State saw its lengthy dual meet win streak come to an end with the loss at UCLA on January 12. SDSU had won its last 45 straight meets dating back to the 2009-10 season prior to the loss to the Bruins. The Aztecs' last loss came against Wyoming on Jan. 29, 2010, in Laramie. San Diego State also had its streak of 55 straight wins against non-conference opponents ended as well. The last loss to a non-Mountain West team had been a defeat at North Texas on Nov. 17, 2006. In current Head Coach Mike Shrader's four seasons at SDSU, the Aztecs have now lost only one dual meet to a non-conference foe.

## SCHOOL RECORDS SET

Aztec individual swimmer set a pair of San Diego State senior swimmers set school records this season, both during the Arena Invitational (Nov. 15-17). Melanie Garibaldi swam a 4:15.24 in the 400 IM to record the best time in school history. Gemma Johnson added a new Aztec all-time best in the 100 butterfly with a mark of 53.36. Garibaldi improved her school record time by 1.51 second while Johnson bettered her previous school record mark by .15 second.

In addition, diver Anna Steiner established a school record on the 1-meter springboard when she recorded a mark of 317.30 during the diving against the University of San Diego.

## TOP 10 AZTEC TIMES

In addition to the school records set during the 2012-13 season, SDSU swimmers turned in a total of 21 individual times that enter the school record book among the top 10 all-time fastest marks in school history. There were also 14 relay times that rank among the top 10 ever at San Diego State as well as seven diving scores,

## TOP 2012-13 CONFERENCE TIMES

Of the 14 individual swimming events contested in the Mountain West, San Diego State swimmers currently have the top conference times in seven of those races. That group includes the following:

| Event                 | Swimmer           | Time    |
|-----------------------|-------------------|---------|
| 100 Freestyle         | Meghan Zimmer     | 50.09   |
| 200 Freestyle         | Jessica Crider    | 1:48.02 |
| 500 Freestyle         | Melanie Garibaldi | 4:45.81 |
| 100 Breaststroke      | Katelyn Weddle    | 1:01.20 |
| 200 Breaststroke      | Katelyn Weddle    | 2:13.71 |
| 100 Butterfly         | Gemma Johnson     | 53.56   |
| 200 Individual Medley | Leona Jennings    | 2:00.47 |
| 400 Individual Medley | Melanie Garibaldi | 4:15.24 |

Aztec swimmers have also turned in 20 other times that rank among the top five in the Mountain West in various events this season.

In addition the Aztec 400 free relay team holds the top conference time in that event in 2012-13:

| Relay    | Team                              | Time    |
|----------|-----------------------------------|---------|
| 400 Free | Zimmer, Dalcamo, Jennings, Miller | 3:20.88 |

## RANKINGS

San Diego State has found itself within and just outside the *Endless Polls/CollegeSwimming.com* Top 25 national rankings over the course of the 2012-13 season. In the latest edition (Feb. 12) the Aztecs are ranked 27th.



# AZTEC SWIMMING AND DIVING

## 2012-13 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

| Name              | Events         | Ht.  | Yr.  | Exp. | Hometown (Previous School)                   |
|-------------------|----------------|------|------|------|--|
| Chelsea Bailey    | Free, Back     | 6-2  | So.  | 1V   | Kent, Wash. (Kentlake HS)                    |
| Amanda Barrett    | Free, IM       | 5-10 | So.  | 1V   | Sandy, Utah (Brighton HS)                    |
| Kelsey Bean       | Diving         | 5-2  | Fr.  | HS   | Southbury, Conn. (Pomperaug HS)              |
| Jessica Crider    | Free           | 5-9  | Sr.  | 2V   | Concord, Calif. (Concord HS)                 |
| Maddy Dalcamo     | Free           | 5-10 | So.  | TR   | Olathe, Kan. (Wisconsin)                     |
| Melanie Garibaldi | Free, IM       | 5-7  | Sr.  | 2V   | Gold Coast, Australia (Benowa State HS)      |
| Jordan Hanna      | Breast         | 5-7  | Jr.  | TR   | Seattle, Wash. (Pennsylvania)                |
| Shannon Herman    | Breast, IM     | 5-5  | Fr.  | HS   | Alamo, Calif. (San Ramon Valley HS)          |
| Leona Jennings    | Back, Free, IM | 5-9  | Sr.  | 3V   | Seattle, Wash. (Mt. Ranier HS)               |
| Gemma Johnson     | Fly, Free      | 5-6  | Sr.  | 1V   | Sydney, Aus. (University of Sydney)          |
| Taylor Johnson    | Free           | 5-9  | Fr.  | HS   | Fountain Valley, Calif. (Fountain Valley HS) |
| Taylor Lakey      | Fly, Free      | 5-5  | So.  | 1V   | Beaverton, Ore. (Southridge HS)              |
| Mikaela Macklin   | Breast, IM     | 6-0  | Jr.  | 2V   | Placerville, Calif. (El Dorado HS)           |
| Kelly Marquenie   | Free           | 5-9  | Jr.  | 2V   | Gold Coast, Australia (Emmanuel College)     |
| Chandler Marshall | Diving         | 5-4  | Fr.  | HS   | Colorado Springs, Colo. (Lewis Palmer HS)    |
| Dana Michaels     | Free           | 5-8  | So.  | 1V   | Shoreline, Wash. (Shorewood HS)              |
| Savannah Miller   | Free, IM       | 5-9  | Fr.  | HS   | Westlake Village, Calif. (Westlake HS)       |
| Erin Parrett      | Free           | 5-8  | Fr.  | HS   | Irvine, Calif. (University HS)               |
| Emilie Pleger     | Breast         | 5-8  | So.  | 1V   | Yakima, Wash. (Eisenhower HS)                |
| Alicia Powder     | Diving         | 5-6  | Fr.R | HS   | Ladera Ranch, Calif. (Tesoro HS)             |
| Haley Preston     | Free, Back     | 5-6  | Fr.  | HS   | Westlake Village, Calif. (Westlake HS)       |
| Natilee Ruiz      | Free, IM       | 6-0  | Fr.  | HS   | Othello, Wash. (Othello HS)                  |
| Livvi Sefton      | Fly, IM        | 5-9  | Jr.  | 2V   | Nottingham, England (Friesland School)       |
| Anna Steiner      | Diving         | 5-4  | Jr.  | 2V   | Seattle, Wash. (Int'l Community School)      |
| Ashley Stott      | Diving         | 5-1  | Fr.  | HS   | Temecula, Calif. (Great Oak HS)              |
| Rafaella Suarez   | Diving         | 5-7  | Sr.  | 2V   | Claremont, Calif. (Mt. SAC)                  |
| Katelyn Weddle    | Breast, Free   | 5-6  | Sr.  | 3V   | Yuma, Ariz. (Kofa HS)                        |
| Whitney Weisz     | Free           | 6-0  | Fr.  | HS   | Little Falls, Minn. (Little Falls HS)        |
| Loreen Whitfield  | Fly, IM        | 5-6  | So.  | 1V   | Clovis, Calif. (East Clovis HS)              |
| Meghan Zimmer     | Free, Back     | 5-10 | Sr.  | 3V   | Santa Maria, Calif. (Pioneer Valley HS)      |

**Head Coach:** Mike Shrader (Texas A&M '81), 6th Season  
**Associate Head Coach:** Brendon (Bray Washington '05), 6th Season  
**Diving Coach:** Roland McDonald (Michigan State '87), 3rd Season  
**Volunteer Assistant Coach:** Jamie Saffer (Tennessee '10), 1st Season  
**Strength & Conditioning Coach:** Brooke Vessey (San Diego State '11), 1st Season

## BY CLASS

### Seniors (7)

Jessica Crider, Melanie Garibaldi, Leona Jennings, Gemma Johnson, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

### Juniors (5)

Jordan Hanna, Mikaela Macklin, Kelly Marquenie, Livvi Sefton, Anna Steiner,

### Sophomores (7)

Chelsea Bailey, Amanda Barrett, Maddy Dalcamo, Taylor Lakey, Dana Michaels, Emilie Pelger, Loreen Whitfield

### Freshmen (14)

Kelsey Bean, Shannon Herman, Taylor Johnson, Chandler Marshall, Savannah Miller, Erin Parrett, Alicia Powder, Haley Preston, Natilee Ruiz, Ashley Stott, Whitney Weisz

## BY STATE/COUNTRY

### Arizona (1)

Katelyn Weddle

### California (12)

Jessica Crider, Shannon Herman, Taylor Johnson, Mikaela Macklin, Savannah Miller, Erin Parrett, Alicia Powder, Haley Preston, Ashley Stott, Rafaella Suarez, Loreen Whitfield, Meghan Zimmer

### Colorado (1)

Chandler Marshall

### Connecticut (1)

Kelsey Bean

### Kansas (1)

Maddy Dalcamo

### Minnesota (1)

Whitney Weisz

### Oregon (1)

Taylor Lakey

### Utah (1)

Amanda Barrett

### Washington (7)

Chelsea Bailey, Jordan Hanna, Leona Jennings, Dana Michaels, Emilie Pelger, Natilee Ruiz, Anna Steiner

### Australia (3)

Melanie Garibaldi, Gemma Johnson, Kelly Marquenie

### England (1)

Livvi Sefton

