

# **SDSU Softball Holiday Camp December 20 & 21, 2003**

Before you begin your holiday break, come to our SDSU Holiday Softball Camp on December 20 & 21, 2003. The Holiday Softball Camp will feature 2 sessions. The first session will be for ages 10-12 and will run from 8-11 AM on Saturday and Sunday. The second session will be for ages 13-15 and will run from Noon-3 PM on Saturday and Sunday. The cost of the camp is \$75. The two-day camp will feature in depth hitting and fielding instruction from the SDSU Coaching Staff and team.

If you are interested in signing your child up for the Holiday Camp, please fill out the registration form and send payment by **December 15, 2003** to reserve your spot. Checks should be made payable to **SDSU Aztec Softball Camp**. Enrollment will be limited for more individualized attention.

This is great early Christmas gift! The agendas for the camp sessions are as follows:

## **SESSION #1:**

### Saturday, December 20<sup>th</sup>: 10-12 Years Old

7:45 AM	Check In
8:00 AM	Warm Up (Stretch & Jog)
8:15 AM	Introductions
8:30 AM	Warm Up Arms
8:45 AM	Defensive Drills & Circuit
10:15 AM	Scrimmage
11:00 AM	Closing & Goodbye

### Sunday, December 21<sup>st</sup>: 10-12 Years Old

8:00 AM	Warm Up (Stretch & Jog)
8:15 AM	Baserunning
8:45 AM	Offensive Circuit
10:15 AM	Scrimmage
11:00 AM	Closing & Goodbye

## **SESSION #2:**

### Saturday, December 20<sup>th</sup>: 13-15 Years Old

11:45 AM	Check In
12:00 PM	Warm Up (Stretch & Jog)
12:15 PM	Introductions
12:30 PM	Warm Up Arms
12:45 PM	Defensive Drills & Circuit
2:15 PM	Scrimmage
3:00 PM	Closing & Goodbye

### Sunday, December 21<sup>st</sup>: 13-15 Years Old

12:00 PM	Warm Up (Stretch & Jog)
12:15 PM	Baserunning
12:45 PM	Offensive Circuit
2:15 PM	Scrimmage
3:00 PM	Closing & Goodbye

***If you have questions about the camp please call Jennifer Milo at 619-594-1850 or email her at [jmilo@mail.sdsu.edu](mailto:jmilo@mail.sdsu.edu).***

**Holiday Softball Camp  
Registration Form  
December 20 & 21, 2003**

**Camper's Name:**

**Age:**

**Address:**

**Phone:**

**Email:**

**Emergency Contact Name:**

**Emergency Contact Phone Number:**

**Health Insurance Company:**

**Policy Number:**

**Please send registration form by December 15, 2003 to:**

*San Diego State Athletics  
Attention: Jennifer Milo, Assistant Softball Coach  
5500 Campanile Drive  
San Diego, CA 92182-4313*

*If you have questions please feel free to call Jennifer Milo at 619-594-1850 or email at  
[jmilo@mail.sdsu.edu](mailto:jmilo@mail.sdsu.edu)*