




**2023 DIVISION I OUTDOOR
TRACK & FIELD CHAMPIONSHIPS**
SACRAMENTO, CA

WEDNESDAY, MAY 24

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	110 Hurdles	Men	First Round
6:30 PM	1500 Meters	Men	First Round
7:00 PM	100 Meters	Men	First Round
7:25 PM	400 Meters	Men	First Round
7:50 PM	800 Meters	Men	First Round
8:20 PM	400 Hurdles	Men	First Round
8:45 PM	200 Meters	Men	First Round
9:10 PM	10,000 Meters	Men	Semifinal

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	*Hammer	Men	First Round
1:30 PM	*Javelin	Men	First Round
6:00 PM	*Shot Put	Men	First Round
6:00 PM	Long Jump	Men	First Round
6:30 PM	Pole Vault	Men	First Round

THURSDAY, MAY 25

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
6:00 PM	100 Hurdles	Women	First Round
6:30 PM	1500 Meters	Women	First Round
7:00 PM	100 Meters	Women	First Round
7:25 PM	400 Meters	Women	First Round
7:50 PM	800 Meters	Women	First Round
8:20 PM	400 Hurdles	Women	First Round
8:45 PM	200 Meters	Women	First Round
9:10 PM	10,000 Meters	Women	Semifinal

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
10:00 AM	*Hammer	Women	First Round
1:30 PM	*Javelin	Women	First Round
6:00 PM	*Shot Put	Women	First Round
6:00 PM	Long Jump	Women	First Round
6:30 PM	Pole Vault	Women	First Round

FRIDAY, MAY 26

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Men	Quarterfinals
5:15 PM	1500 Meters	Men	Quarterfinals
5:40 PM	3000 Steeplechase	Men	Semifinals
6:15 PM	110 Hurdles	Men	Quarterfinals
6:35 PM	100 Meters	Men	Quarterfinals
6:50 PM	400 Meters	Men	Quarterfinals
7:05 PM	800 Meters	Men	Quarterfinals
7:25 PM	400 Hurdles	Men	Quarterfinals
7:50 PM	200 Meters	Men	Quarterfinals
8:10 PM	5000 Meters	Men	Semifinals
8:45 PM	4x400 Relay	Men	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	*Discus	Men	First Round
2:30 PM	High Jump	Men	First Round
6:00 PM	Triple Jump	Men	First Round

SATURDAY, MAY 27

TRACK EVENTS

TIME	EVENT	DIVISION	ROUND
5:00 PM	4x100 Relay	Women	Quarterfinals
5:15 PM	1500 Meters	Women	Quarterfinals
5:40 PM	3000 Steeplechase	Women	Semifinals
6:15 PM	100 Hurdles	Women	Quarterfinals
6:35 PM	100 Meters	Women	Quarterfinals
6:50 PM	400 Meters	Women	Quarterfinals
7:05 PM	800 Meters	Women	Quarterfinals
7:25 PM	400 Hurdles	Women	Quarterfinals
7:50 PM	200 Meters	Women	Quarterfinals
8:10 PM	5000 Meters	Women	Semifinals
8:45 PM	4x400 Relay	Women	Quarterfinals

FIELD EVENTS

TIME	EVENT	DIVISION	ROUND
1:00 PM	*Discus	Women	First Round
2:30 PM	High Jump	Women	First Round
6:00 PM	Triple Jump	Women	First Round

*Hammer, javelin, shot put and discus for both men and women will be conducted outside the main competition oval.

All times listed are Pacific Time

Schedule is subject to change (revised 2/24/2023)