

SDSU Cross Country



This Week: Oct. 9 - Pre-MWC Championship Meet, San Diego, Calif. (Morley Field, Balboa Park), 10 a.m.

2004 Schedule

Date	Meet	Result/Time
Sept. 4	at Fullerton Invitational 14th of 19 (Brea, Calif.)	
Sept. 11	at Fresno St. Invitational 8th of 10 (Fresno, Calif.)	
Sept. 18	Aztec Invitational (San Diego, Calif.)	13th of 15
Sept. 25	at Stanford Invitational 16th of 19 (Palo Alto, Calif.)	
Oct. 9	Pre-MWC Meet (San Diego, Calif.)	10 a.m.
Oct. 16	at UNLV Invitational (Las Vegas, Nevada)	8 a.m.
Oct. 30	2004 MWC Championships (San Diego, Calif.)	9 a.m.
Nov. 13	at NCAA West Regional (Fresno, Calif.)	9 a.m.
Nov. 22	at NCAA Championships (Terre Haute, Ind.)	9:15 a.m.

Home meets in bold, held at Balboa Park
All times local to site

2004 ROSTER

Athlete	Yr.	Hometown
Ali Baker	Jr.	Pine Valley, Calif.
Sara Cates	So.	Carlsbad, Calif.
Christal Cuadra	Jr.	Honolulu, Hawai'i
Brookie Detterman	Fr.	Santa Cruz, Calif.
Jackie Duncan	Jr.	Syracuse, N.Y.
Christian Fairing	So.	Irvine, Calif.
Emily Joller	Sr.	Rancho Bernardo, Calif.
Briana Powell	Fr.	Long Beach, Calif.
Jamillah Titus	Jr.	American Canyon, Calif.
Celeste Tyson	So.	Austin, Texas
Anne Vieira	Fr.	San Diego, Calif.

Head Coach: Rahn Sheffield, 14th season
Assistant: Jennifer Nanista, 12th season

2003 RESULTS

Date	Meet	Place/Teams
Aug. 30	Fullerton Invite	6th of 14
Sept. 13	59th Annual Aztec Invite	6th of 14
Sept. 20	Univ. of Hawai'i Invite	3rd of 11
Sept. 27	Stanford Invite	12th of 26
Oct. 4	Pre-MWC Meet	6th of 6
Oct. 11	UCSD Invite	3rd of 21
Oct. 18	Long Beach Invite	1st of 9
Nov. 1	MWC Championships	6th of 8
Nov. 15	NCAA Regionals	15th of 31

Cross Country Returns to San Diego For Second Home Meet

* The San Diego State women's cross country team heads back home for its second of three meets in San Diego this season. The Aztecs play host to the pre-Mountain West Conference championship meet Saturday at Morley Field.

* There will be two races on Saturday, beginning at 9 a.m. with the men's 8K and followed an hour later at 10 a.m. with the women's 6K. The Aztecs will be running a 6K for the second time this season.

* This week's meet allows teams to get used to the course which they will also run Oct. 30, when SDSU plays host to the conference championship. This is the second time the Aztecs have run on the Morley Field course in over a decade.

* SDSU ran at Morley Field last year in preparation for the MWC Championship, which was also suppose to be run at the same place. However, fires and poor air quality in the San Diego area forced the move Albuquerque, N.M.

* Unlike last year when all but two of the conference schools sent teams to this weekend's meet, only one MWC team (BYU) and an additional team (St. Mary's) will be present this year.

2003 Pre-MWC Championship Meet

• Competing without its top runners in 2003, the San Diego State women's cross country squad finished sixth (160 pts.) at the pre-Mountain West Conference championship meet Saturday at Morley Field in Balboa Park. The top-ranked Brigham Young women (19 pts.) and the New Mexico men (25 pts.) both easily claimed the team titles.

The Aztecs were led by senior Angie Fitzpatrick (San Diego, Calif.), who came in 29th overall with a 6K time of 25:15. She was followed by junior transfer Marilyn Smith (Fresno, Calif.) and freshman Ali Baker (Pine Valley, Calif.), who placed 33rd (25:34) and 35th (25:42), respectively.

BYU's Rena Williams (22:27) won the women's race, while Wyoming's Brian Knight claimed the men's 8K title by crossing the finish line in 26:09.

• **Final Team Results** - 1. BYU (19 pts.); 2. Utah (55); 3. Wyoming (81); 4. New Mexico (85); 5. UNLV (138); **6. SDSU (160).**

• **Pre-MWC Championship Meet (6K) (2004 Returnees)** - 35. Ali Baker (25:42); 37. Jackie Duncan (25:50); 39. Sara Cates (26:16).

Two Weeks Ago at the Stanford Invitational

• The San Diego State cross country team finished 16th (398 points) at the Stanford Invitational on Saturday afternoon. Stanford won the 19-team meet with 34 points followed by Cal Poly (84), Chico State (98), UC Irvine (113) and UC Davis (141).

Junior Christal Cuadra was the top individual finisher for the Aztecs for the second consecutive meet, covering the 6,000-meter course in a 42nd-place time of 23 minutes, 22 seconds. Anita Siraki of Stanford won the individual title with a time of 21:14.

Sophomore Ali Baker (24:34) and freshman Brookie Detterman (24:41) placed 83rd and 85th respectively, while sophomore Sara Cates (24:53) took 90th.

Sophomores Christian Fairing (98th place, 25:14) and Celeste Tyson (99th, 25:14) and junior Jackie Duncan (107th, 25:37) also completed the course for SDSU.

• **Final Team Results:** - 1. Stanford (34 points); 2. Cal Poly (84); 3. Chico State (98); 4. UC Irvine (113); 5. UC Davis (141); 16. SDSU (398).

• **Aztec Individual Results (5K):** 42. Christal Cuadra (23:22); 83. Ali Baker (24:34); 85. Brookie Detterman (24:41); 90. Sara Cates (24:53); 98. Christian Fairing (25:14); 99. Celeste Tyson (25:14); 107. Jackie Duncan (25:37); 126. Jamillah Titus (26:44).

2003 Aztec Top Times

Athlete	Top 5K	Meet
1. Marie Nilsson	18:23.00	Aztec Invitational
2. Christal Cuadra	18:39.80	CSU Fullerton Opener
3. Christal Cuadra	19:07.00	Aztec Invitational
4. Allison Brown	19:18.30	CSU Fullerton Opener
5. Jamillah Titus	19:45.00	UC Riverside Invitational
6. Celeste Tyson	19:46.00	Aztec Invitational
7. Emily Wynne	19:48.00	UC Riverside Invitational
8. Angie Fitzpatrick	19:51.40	UC Riverside Invitational
9. Tina Fodor	19:54.50	CSU Fullerton Opener
10. Christian Fairing	19:55.00	CSU Fullerton Opener

Athlete	Top 6K	Meet
1. Marie Nilsson	21:04.00*	NCAA West Regionals
2. Marie Nilsson	21:53.00	Stanford Invitational
Marie Nilsson	21:53.00	MWC Championships
4. Kylie Edwards	22:09.00	NCAA West Regionals
5. Marie Nilsson	22:20.00	Long Beach Invitational
6. Christal Cuadra	22:25.00	NCAA West Regionals
7. Marie Nilsson	22:30.00	UCSD Triton Classic
8. Christal Cuadra	22:32.00	Stanford Invitational
9. Christal Cuadra	22:54.00	Long Beach Invitational
10. Christal Cuadra	23:00.60	UCSD Triton Classic

***School Record**

2004 Aztec Top Times

Athlete	Top 5K	Meet
1. Celeste Tyson	19:31.00	Fresno State Invitational
2. Ali Baker	19:34.00	Fresno State Invitational
3. Jackie Duncan	19:42.00	Fresno State Invitational
4. Christal Cuadra	19:44.00	Aztec Invitational
5. Jackie Duncan	19:49.70	CSU Fullerton Opener
6. Jamillah Titus	19:52.00	Fresno State Invitational
7. Brookie Detterman	19:54.00	Fresno State Invitational
8. Ali Baker	20:14.20	CSU Fullerton Opener
9. Brookie Detterman	20:20.20	CSU Fullerton Opener
10. Ali Baker	20:21.00	Aztec Invitational

Athlete	Top 6K	Meet
1. Christal Cuadra	23:22.00	Stanford Invitational
2. Ali Baker	24:34.00	Stanford Invitational
3. Brookie Detterman	24:41.00	Stanford Invitational
4. Sara Cates	24:53.00	Stanford Invitational
5. Christian Fairing	25:14.00	Stanford Invitational
6. Celeste Tyson	24:14.00	Stanford Invitational
7. Jackie Duncan	25:37.00	Stanford Invitational
8. Jamillah Titus	26:44.00	Stanford Invitational

