

61st ANNUAL AZTEC CROSS COUNTRY INVITATIONAL

General Information

DATE: Saturday -- September 17, 2005

TIMES:

8:00 a.m.	Women's Open (5K)
8:45 a.m.	Women's Invitational (5K)
9:15 a.m.	Men's Open (8K)
10:00 a.m.	Men's Invitational (8K)

PLACE: Balboa Park -- Course will be marked with flags and chalk.
Spikes or flats may be used.

**DIRECTIONS
TO COURSE:** 5 south to 805 south to 163 south to University Avenue exit. Go straight to Laurel Street. (University exit will turn into 6th Avenue. Take 6th Avenue to Laurel.) Park will be on left side. Men's race starts north of Laurel, Women's race starts south of Laurel.

DISTANCE:

MEN:	8,000 meters on dirt, grass and concrete (some hills)
WOMEN:	5,000 meters on dirt, grass and concrete (some hills)

LODGING:

Sheraton Hotel
1433 Camino Del Rio South
San Diego, CA 92108
619-260-0111
Steve Larsen
\$99 1-4 Athletes
(Plus 10.5%)

San Diego Hotel Collection
1550 Hotel Circle North Suite 110
San Diego, CA 92108
619-881-4706
Manny Rivera

\$99 and up
Numerous hotels in this collection

TRAINERS: Athletic trainers will be in place one hour before the first race begins to provide aid to any athlete who may require assistance.

IF ANY OF YOUR ATHLETES REQUIRE SPECIAL ASSISTANCE, PLEASE HAVE YOUR TRAINING STAFF CONTACT OUR ATHLETIC TRAINER, CHRISTINA SCHERR AT (619) 594-1339 TO MAKE THE NECESSARY ARRANGEMENTS FOR PROPER TREATMENT.

DRESSING: There are no dressing or shower facilities at the course. Please have your teams come dressed for competition.

AWARDS: Trophies will be awarded to the top three teams in invitational. Top 5 individual invitational winners will receive awards. 1st through 15th place in open race and 10th through 15th place will receive medals.

ENTRY FEES: \$50.00 per 1 to 10 person team entered. Payable to Aztec Cross Country. Send entries to:

Aztec Cross Country Invitational
San Diego State University
Dept. of Athletics/Cross Country
San Diego, CA 92182
Fax: (619) 594-1674

- ENTRIES:**
- 1) If you plan to attend, please return the enclosed entry form by **Monday, September 13, 2005**
IMPORTANT NOTE: Entries received after the September 13th deadline will not necessarily be accepted.
 - 2) 7 to 10 runners per team. Top 5 will score with the next 2 runners displacing.
 - 3) Computerized race results will be posted and also available for each team following the completion of each race.
 - 4) Please be honest when placing your team in the open or invitational race. All Division 1 teams will be placed in the Invitational race unless you specifically request otherwise.

For additional information, call: Rahn Sheffield (619) 594-5514
 Jennifer Nanista (619) 594-1951

WE LOOK FORWARD TO SEEING YOU ON SATURDAY, SEPTEMBER 17, 2005.

**61ST ANNUAL
AZTEC CROSS COUNTRY INVITATIONAL**

ENTRY LIST

WOMEN MEN
(CIRCLE ONE)
OPEN INVITATIONAL
(CIRCLE ONE)

School _____ Coach _____

Address _____

City _____ State _____ Zip _____

School Phone _____ Home Phone _____

- Entrants:
- 1) _____
 - 2) _____
 - 3) _____
 - 4) _____
 - 5) _____
 - 6) _____
 - 7) _____
 - 8) _____
 - 9) _____
 - 10) _____

Remember: Only the top five runners on a team will score. Next two will displace. Maximum of 10 runners per team entered.

Return entry form along with entry fee to:

Entry Deadline is Monday, September 15, 2005

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San Diego State University
Dept. of Athletics/Cross Country
San Diego, CA 92182
Fax: 619-594-1674