

SDSU INDOOR TRACK AND FIELD ALL-TIME TOP 10

55 Meters

1. Darla Vaughn6.90...1992
2. Promise Mose7.06...2001
3. Melinda Smedley7.23...2002
4. Tonette Dyer7.25...2002
5. Elaine Harwell7.27...1999
6. Miesha McKelvy7.28...1999
7. Jillita Griffin7.32...2001

60 Meters

1. Tonette Dyer7.33...2004
2. Shanae Roach7.37...2011
3. Karoline Koehler7.38...2010
4. Promise Mose7.48...2000
5. Lawreta Ozoh7.51...2011
6. Melinda Smedley7.51...2004
7. Nicole Ireland7.59...2004
8. Sherraine Pencil7.60...2008
9. Alicia King7.62...2008
10. Tori Respass-Parsons7.62...2005
11. Felicia Stone7.62...2000

200 Meters

1. Shanae Roach23.45...2011
2. Tonette Dyer23.75...2004
3. Nicole Ireland23.84...2004
4. Darla Vaughn23.89...1992
5. Melinda Smedley23.99...2004
6. Lawreta Ozoh24.04...2011
7. Karoline Koehler24.07...2010
8. Nicole Stone24.17...2010
9. Larnie Boyd24.31...2004
10. Sherraine Pencil24.35...2008

400 Meters

1. Tonette Dyer53.51...2003
2. Nicole Stone53.69...2010
3. Nicole Ireland54.15...2003
4. Jini Hogg54.79...2003
5. Promise Mose54.99...2000
6. Larnie Boyd55.02...2004
7. Sherraine Pencil55.35...2008
8. Brittani Dudley55.86...2006
9. Priscilla Chapu56.06...2007
10. Bianca McNair56.27...2003

800 Meters

1. Mandy Upuu2:10.45...2008
2. Jamillah Titus2:11.26...2003
3. Josefina Koskinen2:11.90...2011
4. Nicole Carmier2:13.95...2005
5. Kylie Edwards2:15.00...2000
6. Corri Campbell-Fell2:15.07...2008
7. Lisa Naucier2:15.85...2005
8. Amy Brown2:16.09...2011
9. Kristin Olafsdottir2:16.38...2007
10. Jennifer Stakiw2:16.91...2002

Mile

1. Lisa Crampton5:04.40...2006
2. Marie Nilsson5:10.90...2004
3. Alicia Stewart5:12.82...2003
4. Lisa Naucier5:13.41...2007
5. Darien Buc5:13.65...2008
6. Celeste Tyson5:13.99...2007
7. Kylie Edwards5:16.14...2000
8. Meriah Earle5:17.14...2000
9. Jennifer Stakiw5:18.87...2000
10. Jackie Duncan5:19.06...2007

3,000 Meters

1. Marie Nilsson9:44.80...2004
2. Lital Azulay10:07.23...2005
3. Lisa Crampton10:20.41...2006
4. Rachel Williams10:26.70...2009
5. Christal Cuadra10:32.40...2003
6. Marianne Hogan10:32.79...2011
7. Sophia Hawker10:35.48...2000
8. Sarah Belger10:49.85...2006
9. Alicia Stewart10:53.70...2003

5,000 Meters

1. Marianne Hogan17:55.31...2011
2. Rachel Williams18:28.29...2010
3. Kristin Glen18:42.37...2008
4. Marie Nilsson18:53.60(ht)...2004
5. Sophia Hawker19:14.90...1999
6. Jordan Davis19:23.87...2010
7. Michelle Martinez19:43.36...2010
8. Sara Beyers19:46.07...2010
9. Alma Escovar20:14.52...2009
10. Christal Cuadra20:21.00(ht)...2004

55-Meter Hurdles

1. Darla Vaughn7.64...1992
2. Felicia Stone7.74...2000
3. Miesha McKelvy7.77...1999
4. Aja Makaila Frary8.23...2000
5. Marisa Robinson8.28...2000
6. Erica Prodanovich8.32...1991
7. Daveeta Shepherd8.42...2001

60-Meter Hurdles

1. Miesha McKelvy8.24...1999
2. Felicia Stone8.29...2000
3. Allison Reaser8.39...2012
4. Marisa Robinson8.39...2000
5. Nicole Ireland8.43...2004
6. Briana Johnson8.51...2010
7. Heather Heron8.53...2004
8. Anni Mari Korte8.59...2010
9. Kristin Olafsdottir8.64...2007
10. Aja Makaila Frary8.67...2000

4x400-Meter Relay

1. Stone, Pencil, Chapu, Upuu3:41.55...2007
2. Stone, Upuu, Olafsdottir, Dudley3:43.63...2006
3. Boyd, Ireland, Dyer, Smedley3:43.66...1999
4. Hogg, Dyer, Carmier, Ireland

-3:43.88...2003
5. Pencil, Stone, Olafsdottir, Chapu3:45.20...2007
6. Pencil, Thomas, Hornsby, Upuu3:45.92...2008
7. McNair, Smedley, Ireland, Dyer3:47.29...2004
8. Stone, Boyd, Pencil, Duncan3:47.39...2006
9. Al. Reaser, Toatley, Koskinen, Carter3:48.75...2012
10. Hornsby, Waddell, Kirkland, Devine3:49.63...2010

4x800-Meter Relay

1. Royal, Petersen, Wright, Ritchie9:31.14...1991

Distance Medley Relay

1. Naucier, Dudley, Carmier, Azulay12:13.23...2005
2. Titus, Ireland, Edwards, Cuadra12:13.80...2003
3. Brown, Kirkland, Novak, Koskinen12:21.81...2011
4. Koskinen, Devine, Brown, Martinez12:26.39...2010
5. Crampton, Upuu, Carmier, Belger12:27.56...2006
6. Tyson, Chapu, Upuu, Naucier12:32.62...2007
7. Unknown12:51.93...2000
8. Am. Reaser, Toatley, Koskinen, Hogan12:52.23...2012
9. Edwards, McNair, Tirus, Carmier12:53.13...2004
10. Titus, Carmier, Laswell, Edwards12:59.52...2004

High Jump

1. Aja Makaila Frary5-08.00...1999
2. Marla Runyan5-08.00...1992
3. Shanieka Thomas5-07.00...2011
4. Nicole Carmier5-06.50...2006
5. Alisha Laswell5-05.75...2002
6. Leslie Miller5-05.25...2004
7. Carrington Mahr5-05.00...2012
8. Sheehan Mitchell5-05.00...2009
9. Karoline Koehler5-05.00...2008
10. Kristin Olafsdottir5-05.00...2006
11. Jamillah Titus5-05.00...2005

Pole Vault

1. Stephanie James14-01.25...2010
2. Erin Asay14-00.50...2006
3. Kelsy Hintz14-00.00...2012
4. Shayla Balentine14-00.00...2005
5. Tricia Gutierrez12-09.50...2002
6. Dana Jensen12-08.75...2008
7. Monica Pacas12-08.75...2007
8. Holly Waseloff12-07.50...2012
9. Katie Vo12-05.50...2011
10. Christin Shibley12-05.50...2008
11. Aimee Crabtree12-05.50...1999

Long Jump

1. Karoline Koehler21-07.50...2010
2. Deontee Kaye20-02.25...2008
3. Shana Watson19-10.75...2008
4. Lisa Domico19-10.25...1999
5. Shanieka Thomas19-09.75...2012
6. Allison Reaser19-08.00...2012
7. Kai Wheeler19-04.75...2010
8. Alex Evans19-00.00...2012
9. Aja Makaila Frary18-11.25...2000
10. Julianne Alarcio18-10.75...2012

Triple Jump

1. Karoline Koehler44-10.75...2010
2. Shanieka Thomas43-09.25...2012
3. Deontee Kaye43-08.50...2009
4. Shana Watson41-05.75...2008
5. Alex Evans41-03.75...2012
6. Nicole Ireland40-04.00...2004
7. Kai Wheeler39-08.50...2010
8. Lisa Domico38-08.25...1999
9. Marisa Taylor38-02.00...2000
10. Megan Schauermaann38-00.00...2003

Shot Put

1. Whitney Ashley55-07.50...2012
2. Jasmine Burrell49-11.75...2012
3. Candace Hill48-08.75...2004
4. Jeanette McConnell45-10.75...2011
5. Lima Lefiti43-07.75...2011
6. Brittany Gonter43-02.25...2012
7. Laura Boggeln42-08.00...2009
8. Maria Rodriguez42-04.00...2009
9. Julie Dejarlais42-00.75...1992
10. Tamara McMillan41-08.50...2009

Weight Throw

1. Jasmine Burrell63-02.00...2012
2. Whitney Ashley62-22.50...2012
3. Ellie Fanaika59-01.50...2012
4. Tamara McMillan56-07.50...2009
5. Andrea Martinez54-08.25...2008
6. Candace Hill53-01.50...2003
7. Maria Rodriguez51-03.75...2010
8. Jeanette McConnell49-01.00...2010
9. Leslie St. Pierre45-09.75...2004
10. Brittany Lowe45-07.75...2006

Pentathlon

1. Allison Reaser3,916...2011
2. Aja Makaila Frary3,902...2000
3. Leslie Miller3,858...2004
4. Kristin Olafsdottir3,843...2006
5. Shana Watson3,595...2008
6. Shanon Meyer3,546...2003
7. Julianne Alarcio3,284...2012
8. Kristin Karho3,260...2007
9. Janine Polischuk3,237...2004
10. Nicole Carmier3,209...2004

* Happened in 2012

*(Updated after 2012 indoor season)