



Stephanie Bagan advanced to the NCAA Indoor Track and Field Championships after winning the Mountain West Conference indoor pole vault title. She also earned the league's women's outstanding performance award.

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2007 INDOOR RESULTS/BESTS

Meet-By-Meet Results

Date	Event	Location	Place
Jan. 20	at National Pole Vault Summit	Reno, Nev.	NTS
Feb. 3	at Mountain T's Invitational	Flagstaff, Ariz.	NTS
Feb. 9-10	at TCR Race Productions Invite	Albuquerque, N.M.	2 of 11
Feb. 22-24	at MWC Championships	Albuquerque, N.M.	4 of 9
March 9-10	at NCAA Championships	Fayetteville, Ark.	NTS

60 Meters (NCAA Automatic - 7.27, NCAA Provisional - 7.44)

Athlete	Time	Place	Date	Meet/Site
1. Karoline Koehler	7.54@ (p)	5th	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
2. Sherraine Pencil	7.62@ (p)	3rd	2/23	MWC Champs./Albuquerque, N.M.
		11th	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
3. Shana Solomon	7.65@ (p)	7th	2/23	MWC Champs./Albuquerque, N.M.

200 Meters (NCAA Automatic - 23.30, NCAA Provisional - 23.90)

Athlete	Time	Place	Date	Meet/Site
1. Sherraine Pencil	24.59@ (p)	7th	2/23	MWC Champs./Albuquerque, N.M.
2. Nicole Stone	25.04@ (p)	13th	2/23	MWC Champs./Albuquerque, N.M.
3. Karoline Koehler	25.05@ (p)	14th	2/23	MWC Champs./Albuquerque, N.M.

400 Meters (NCAA Automatic - 52.40, NCAA Provisional - 54.40)

Athlete	Time	Place	Date	Meet/Site
1. Nicole Stone	55.21@	6th	2/24	MWC Champs./Albuquerque, N.M.
2. Priscilla Chapu	56.06@ (p)	10th	2/23	MWC Champs./Albuquerque, N.M.
3. Sherraine Pencil	56.09@ (p)	11th	2/23	MWC Champs./Albuquerque, N.M.

800 Meters (NCAA Automatic - 2:05.70, NCAA Provisional 2:09.00)

Athlete	Time	Place	Date	Meet/Site
1. Mandy Upuu	2:11.37@	2nd	2/24	MWC Champs./Albuquerque, N.M.
2. Kristin Olafsdottir	2:16.38@	2nd	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
3. Jackie Duncan	2:18.11@ (p)	15th	2/23	MWC Champs./Albuquerque, N.M.

Mile (NCAA Automatic - 4:40.00, NCAA Provisional 4:48.00)

Athlete	Time	Place	Date	Meet/Site
1. Lisa Naucler	5:13.41@	2nd	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
2. Celeste Tyson	5:13.99@	3rd	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
3. Jackie Duncan	5:19.06@	5th	2/10	TCR Race Prod. Inv./Albuquerque, N.M.

3,000 Meters (NCAA Automatic - 9:15.00, NCAA Provisional - 9:34.00)

Athlete	Time	Place	Date	Meet/Site
1. Lital Azulay	11:13.39@	3rd	2/10	TCR Race Prod. Inv./Albuquerque, N.M.
2. Makenzie Mabry	11:59.46@ (i)	10th	2/3	Mountain T's Invite/Flagstaff, Ariz.

60-Meter Hurdles (NCAA Automatic - 8.15, NCAA Provisional - 8.43)

Athlete	Time	Place	Date	Meet/Site
1. Kristin Olafsdottir	8.64@	5th	2/24	MWC Champs./Albuquerque, N.M.
2. Deontee Kaye	8.98@ (p)	19th	2/23	MWC Champs./Albuquerque, N.M.
3. Kristin Karhio	9.45@ (p)	17th	2/10	TCR Race Prod. Inv./Albuquerque, N.M.

4x400 Relay (NCAA Automatic - 3:33.00, NCAA Provisional - 3:40.00)

Athlete	Time	Place	Date	Meet/Site
1. Stone, Pencil, Chapu, Upuu	3:41.55 (sr)	2nd	2/24	MWC Champs./Albuquerque, N.M.
2. Pencil, Stone, Olafsdottir, Chapu	3:45.20	2nd	2/10	TCR Race Prod. Inv./Albuquerque, N.M.

Distance Medley Relay (NCAA Automatic - 11:09.00, NCAA Provisional - 11:30.00)

Athlete	Time	Place	Date	Meet/Site
1. Tyson, Chapu, Upuu, Naucler	12:32.62@	3rd	2/23	MWC Champs./Albuquerque, N.M.

High Jump (NCAA Automatic - 6-0.50, NCAA Provisional - 5-10.00)

Athlete	Time	Place	Date	Meet/Site
1. Kristin Olafsdottir	5-3.75/(pn)	t-4th	2/22	MWC Champs./Albuquerque, N.M.
		4th	2/3	Mountain T's Invite/Flagstaff, Ariz..
2. Wendy Bohn	4-11.75	9th	2/3	Mountain T's Invite/Flagstaff, Ariz.
3. Kristin Karhio	5-3.00	10th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.

Pole Vault (NCAA Automatic - 13-9.25, NCAA Provisional - 12-11.50)

Athlete	Time	Place	Date	Meet/Site
1. Stephanie Bagan	13-5.25	1st	2/23	MWC Champs./Albuquerque, N.M.
2. Monica Pacas	12-8.75	4th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.
3. Dana VanWagner	12-4.75	t-4th	2/23	MWC Champs./Albuquerque, N.M.
		7th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.

Long Jump (NCAA Automatic - 21-0.00, NCAA Provisional - 20-0.25)

Athlete	Time	Place	Date	Meet/Site
1. Karoline Koehler	19-9.50	5th	2/23	MWC Champs./Albuquerque, N.M.
2. Shana Watson	18-10.75	6th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.
3. Deontee Kaye	18-4.25	10th	2/23	MWC Champs./Albuquerque, N.M.

Triple Jump (NCAA Automatic - 43-7.75, NCAA Provisional - 41-6.00)

Athlete	Time	Place	Date	Meet/Site
1. Karoline Koehler	41-11.25	3rd	2/24	MWC Champs./Albuquerque, N.M.
2. Deontee Kaye	41-6.00	4th	2/24	MWC Champs./Albuquerque, N.M.
3. Shana Watson	38-1.25	6th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.

Shot Put (NCAA Automatic - 55-5.50, NCAA Provisional - 49-10.50)

Athlete	Time	Place	Date	Meet/Site
1. Michele Dannhausen	36-8.25	19th	2/9	TCR Race Prod. Inv./Albuquerque, N.M.
2. Kristin Karhio	34-6.25 (pn)	5th	2/22	MWC Champs./Albuquerque, N.M.
3. Kristin Olafsdottir	32-8.50 (pn)	8th	2/22	MWC Champs./Albuquerque, N.M.

Pentathlon (NCAA Automatic - 4,050, NCAA Provisional - 3,700)

Athlete	Time	Place	Date	Meet/Site
1. Kristin Olafsdottir	3,810	3rd	2/22	MWC Champs./Albuquerque, N.M.
2. Kristin Karhio	3,260	8th	2/22	MWC Champs./Albuquerque, N.M.

+ = NCAA automatic; * = NCAA provisional; sr = school record; p = preliminaries; i = invitational; o = open; @ = run at altitude; pn = pentathlon



The Aztec quartet of Priscilla Chapu, Mandy Upuu, Celeste Tyson and Lisa Naucler placed third in the distance medley relay at the 2007 Mountain West Conference Indoor Championships.

Indoor Notes

The San Diego State track and field team prepared for the outdoor season by competing in the brief, but equally important indoor campaign.

The indoor season was a successful one for the Aztecs as they finished in fourth place at the Mountain West Conference Championships after competing in only two full-squad meets prior to the championships.

Below are some of the highlights from the 2007 indoor campaign:

► Freshman Stephanie Bagan won the pole vault title at the MWC Championships with an effort of 13 feet, 5.25 inches to provisionally qualify for the NCAA Championships. Her lifetime-best vault earned herself the Outstanding Performance award at the conclusion of the meet.

► Going into the meet with the 11th-best vault nationally and the third-best in school history, Bagan finished in 14th place at the NCAA meet with a vault of 13-1.50. Among freshmen at the championships, she came in second.

► The quartet of Nicole Stone, Sherraine Pencil, Priscilla Chapu and Mandy Upuu broke the school record in the 4x400-meter relay at the MWC meet. The group finished the race in 3:41.55, more than two seconds faster than the previous record set in 2006.

► Sophomore Karoline Koehler earned all-conference honors in the triple jump after she leaped 41-11.25 to place third. Her performance was the second longest in school history. Koehler also record the second-best long jump in the history of SDSU with an effort of 19-9.50.

► Sophomore Kristin Olafsdottir made her way onto the all-MWC team in the pentathlon for the second consecutive season after she finished the competition with 3,810 points.

► SDSU's distance medley relay team of Celeste Tyson, Priscilla Chapu, Mandy Upuu and Lisa Naucler earned all-conference accolades after it finished third with a time of 12:32.62.

► Junior Mandy Upuu posted a runner-up finish in the 800-meter run at the league meet with a time of 2:11.37 to garner all-league recognition. Her effort was the second best in school history. For the meet, the junior was a triple all-MWC performer as she was a part of the 4x400 relay team that finished second and the distance medley squad that came in third.

2007 MWC Indoor Meet Results

Final Team Standings

1. Brigham Young, 179; 2. Colorado State, 122; 3. TCU, 116; **4. San Diego State, 76**; 5. Wyoming, 47; 6. Utah, 45; 7. New Mexico, 38; 8. Air Force, 21; 9. UNLV, 18.

High Point Award: Virgil Hodge, TCU

Outstanding Performance: Stephanie Bagan, SDSU

Freshman of the Year: Neidra Covington, TCU

Coach of the Year: Craig Poole, BYU

Final Individual Results

(Top Five and SDSU Finishers)

60 Meters - 1. Virgil Hodge, TCU, 7.37; 2. Janay DeLoach, Colorado State, 7.42; 3. Jamee Jones, TCU, 7.55; 4. Mindy Neeley, BYU, 7.59; **5. Karoline Koehler, SDSU, 7.60**; **7. Sherraine Pencil, SDSU, 7.64**; **8. Shana Solomon, SDSU, 7.70**.

200 Meters - 1. Virgil Hodge, TCU, 23.27; 2. Kishelle Paul, TCU, 24.22; 3. Mindy Neeley, BYU, 24.23; 4. Jamee Jones, TCU, 24.33; 5. Brittany Blaylock, TCU, 24.36; **8. Sherraine Pencil, SDSU, 24.82**.

400 Meters - 1. Ariel Burr, New Mexico, 53.73; 2. Nathandra John, TCU, 53.80; 3. Deborah Jones, TCU, 53.92; 4. Jennifer Grossarth, BYU, 54.56; 5. Chelsea Shapard, Utah, 54.98; **6. Nicole Stone, SDSU, 55.21**.

800 Meters - 1. Carlee Clark, BYU, 2:09.43; **2. Mandy Upuu, SDSU, 2:11.37**; 3. Heidi Houle, BYU, 2:11.43; 4. Ally Romanko, Air Force, 2:11.82; 5. Charlotte Browning, UNLV, 2:12.30.

1 Mile - 1. Heidi Magill, BYU, 4:54.04; 2. Julie Meads, BYU, 4:58.27; 3. Cassandra Stewart, TCU, 4:59.50; 4. Kirsten Anthony, Colorado State, 5:00.45; 5. Kristen Hemphill, Colorado State, 5:01.56; **9. Lisa Naucler, SDSU, 5:28.77**.

3,000 Meters - 1. Amy Fowler, BYU, 9:52.86; 2. Kassi Andersen, BYU, 9:59.46; 3. Amber Duffin, BYU, 10:00.20; 4. Nicole Feest, Colorado State, 10:03.63; 5. April Thomas, Colorado State, 10:03.99; **22. Lital Azulay, SDSU, 11:28.34**.

5,000 Meters - 1. Whitney McDonald, BYU, 16:35.81; 2. Nicole Feest, Colorado State, 17:12.27; 3. Amber Duffin, BYU, 17:13.65; 4. April Thomas, Colorado State, 17:20.79; 5. Kassi Andersen, BYU, 17:36.26.

60 Meter Hurdles - 1. Adriana Friezen, Wyoming, 8.48; 2. Shayla Babbitt, Wyoming, 8.49; 3.

Kishelle Paul, TCU, 8.59; 4. Jennifer Cutrer, Utah, 8.60; **5. Kristin Olafsdottir, SDSU, 8.64**.

4x400 Meter Relay - 1. TCU, 3:40.94; **2. SDSU (Stone, Pencil, Chapu, Upuu), 3:41.55**; 3. Brigham Young, 3:44.45; 4. Utah, 3:46.26; 5. Colorado State, 3:47.25.

Distance Medley Relay - 1. Brigham Young, 11:37.96; 2. Colorado State, 12:25.63; 3. **San Diego State (Tyson, Chapu, Upuu, Naucler), 12:32.62**; 4. Wyoming, 12:38.10; 5. TCU, 12:47.64.

High Jump - 1. Tiyana Peters, New Mexico, 5-10.00; 2. Sonni Russel, Colorado State, 5-8.75; 2. Sarah Lacey, BYU, 5-7.00; 4. Rheannon Backes, Colorado State, 5-5.00; 5. Sandy Fortner, New Mexico, 5-5.00.

Pole Vault - **1. Stephanie Bagan, SDSU, 13-5.25**; 2. Ashley McAllister, BYU, 12-11.50; 3. Kelly Furr, BYU, 12-11.50; **4. Monica Pacas, SDSU, 12-4.75**; 4. Makenzie Iorg, BYU, 12-4.75; **6. Dana Van-Wagner, SDSU, 12-4.75**; **10. Dana Jensen, SDSU 11-10.75**.

Long Jump - 1. Janay DeLoach, Colorado State, 20-7.25; 2. Mindy Neeley, BYU, 20-3.50; 3. Amanda Feigt, Utah, 20-1.00; 4. Neidra Covington, TCU, 19-11.75; **5. Karoline Koehler, SDSU, 19-9.50**; **10. Deontee Kaye, SDSU, 18-4.25**; **20. Kristin Olafsdottir, SDSU, 17-2.00**; **26. Kai Wheeler, SDSU, 14-9.25**.

Triple Jump - 1. Neidra Covington, TCU, 42-9.75; 2. Kamila Rywelska, BYU, 42-8.25; **3. Karoline Koehler, SDSU, 41-11.25**; **4. Deontee Kaye, SDSU, 41-6.00**; 5. Hagit Salamon, New Mexico, 39-8.00; **12. Priscilla Chapu, SDSU, 37-3.75**; **17. Kai Wheeler, SDSU 36-2.25**.

Shot Put - 1. Candis Kelley, TCU, 49-5.50; 2. Aja Evans, UNLV, 48-11.50; 3. Olivia Korte, Air Force, 47-6.50; 4. Sara Neubauer, Air Force, 45-8.50; 5. Jennifer Ugochukwu, Colorado State, 45-8.50.

Weight Throw - 1. Shannon Popp, Wyoming, 63-6.00; 2. Tipaleli Fotu, BYU, 61-7.00; 3. Becky Riddle, Utah, 59-0.00; 4. Haley Hunt, Colorado State, 58.10-00; 5. Monique Humphries, UNLV, 58-1.00.

Pentathlon - 1. Katie Lloyd, Colorado State, 4,047; 2. Amanda Feigt, Utah, 3,891; **3. Kristin Olafsdottir, SDSU, 3,810**; 4. Emily Pearson, Colorado State, 3,722; 5. Tonya Cure, Colorado State, 3,469; **8. Kristin Karhio, SDSU, 3,260**.



2007 OUTDOOR RESULTS/BESTS

Meet-By-Meet Results

Date	Event	Location	Place
March 10	at SD City Championships	La Jolla, Calif.	1 of 4
March 16-17	Aztec Track Classic	SDSU Sports Deck	NTS
March 24	at Trojan Invitational	Los Angeles, Calif.	NTS
March 30-31	at Cal-Nevada Championships	Fresno, Calif.	1 of 22
April 4-7	at Texas Relays	Austin, Texas	NTS
April 7	at Pomona-Pitzer Invitational	Claremont, Calif.	NTS
April 11-15	at Mt. SAC Relays	Azusa, Calif.	NTS
April 14	at VS Athletics Invitational	Long Beach, Calif.	NTS
April 20-21	at Triton Invitational	La Jolla, Calif.	NTS
April 27-28	at California Collegiate Challenge	Berkeley, Calif.	NTS
April 28	at Asics/Steve Scott Invitational	Irvine, Calif.	NTS
May 5	at Claremont Classic	Claremont, Calif.	NTS
May 9-12	MWC Championships	SDSU Sports Deck	3 of 9
May 25-29	at NCAA West Regionals	Eugene, Ore.	5 of 29
June 6-9	at NCAA Championships	Sacramento, Calif.	t-46 of 73

100 Meters (NCAA Regional - 11.75)

Athlete	Time	Place	Date	Meet/Site
1. Shana Solomon	11.52#	4th	5/26	NCAA West Regionals/Eugene, Ore.
2. Sherraine Pencil	11.75+	7th	4/28	Cal Collegiate Challenge/Berkeley, Calif.
3. Karoline Koehler	11.83	2nd	3/31	Cal-Nevada Champs./Fresno, Calif.

200 Meters (NCAA Regional - 23.96)

Athlete	Time	Place	Date	Meet/Site
1. Sherraine Pencil	23.58#	3rd	5/26	NCAA West Regionals/Eugene, Ore.
2. Shana Solomon	23.59#	4th	5/26	NCAA West Regionals/Eugene, Ore.
3. Karoline Koehler	24.26	10th	4/28	Cal Collegiate Challenge/Berkeley, Calif.

400 Meters (NCAA Regional - 54.61)

Athlete	Time	Place	Date	Meet/Site
1. Sherraine Pencil	53.65#	2nd	5/26	NCAA West Regionals/Eugene, Ore.
2. Nicole Stone	53.72+ (p)	4th	5/11	MWC Champs./SDSU Sports Deck
3. Mandy Upuu	55.56 (od)	5th	4/15	Mt. SAC Relays/Walnut, Calif.

800 Meters (NCAA Regional - 2:09.80)

Athlete	Time	Place	Date	Meet/Site
1. Mandy Upuu	2:06.56+	2nd	4/28	Cal Collegiate Challenge/Berkeley, Calif.
2. Lisa Naucler	2:07.19# (p)	3rd	5/25	NCAA West Regionals/Eugene, Ore.
3. Jackie Duncan	2:14.27 (i)	5th	3/17	Aztec Track Classic/SDSU Sport Deck

1,500 Meters (NCAA Regional - 4:27.80)

Athlete	Time	Place	Date	Meet/Site
1. Lisa Naucler	4:33.13	2nd	3/31	Cal-Nevada Champs./Fresno, Calif.
2. Celeste Tyson	4:39.50 (p)	2nd	3/30	Cal-Nevada Champs./Fresno, Calif.
3. Jackie Duncan	4:42.55	5th	4/28	Cal Collegiate Challenge/Berkeley, Calif.

3,000 Meters (Not an NCAA event)

Athlete	Time	Place	Date	Meet/Site
1. Celeste Tyson	10:27.64	2nd	3/10	SD City Champs./La Jolla, Calif.
2. Lital Azulay	10:30.62	15th	3/24	Trojan Invitational/Los Angeles, Calif.
3. Stephanie Armstrong	10:52.73	2nd	5/5	Claremont Classic/Claremont, Calif.

5,000 Meters (NCAA Regional - 16:52.00)

Athlete	Time	Place	Date	Meet/Site
1. Lital Azulay	18:34.46 (i)	2nd	3/17	Aztec Track Classic/San Diego, Calif.
2. Sara Cates	18:41.11 (i)	3rd	3/17	Aztec Track Classic/San Diego, Calif.
3. Stephanie Armstrong	19:14.29 (i)	5th	3/17	Aztec Track Classic/San Diego, Calif.

3,000-Meter Steeplechase (NCAA Regional - 10:50.25)

Athlete	Time	Place	Date	Meet/Site
1. Celeste Tyson	10:59.14	3rd	4/21	Triton Invitational/La Jolla, Calif.
2. Jackie Duncan	11:23.42	6th	5/11	MWC Champs./SDSU Sports Deck
3. Sara Cates	11:52.73 (i)	4th	3/16	Aztec Track Classic/San Diego, Calif.

100-Meter Hurdles (NCAA Regional - 13.92)

Athlete	Time	Place	Date	Meet/Site
1. Kristin Olafsdottir	14.08 (hp)	--	4/11	Mt. SAC Relays/Azusa, Calif.
2. Deontee Kaye	14.85	4th	3/10	SD City Champs./La Jolla, Calif.

400-Meter Hurdles (NCAA Regional - 1:00.82)

Athlete	Time	Place	Date	Meet/Site
1. Nicole Stone	59.21+	4th	5/12	MWC Champs./SDSU Sports Deck
2. Kristin Olafsdottir	1:00.54	9th	5/25	NCAA West Regionals/Eugene, Ore.
3. Corri Campbell-Fell	1:00.85 (p)	7th	5/11	MWC Champs./SDSU Sports Deck

4x100 Relay (NCAA Regional - 45.70)

Athletes	Time	Place	Date	Meet/Site
1. Pencil, Solomon, Stone, Koehler	45.55+	4th	4/28	Cal Collegiate Challenge/Berkeley, Calif.
2. Pencil, Solomon, Lowery, Koehler	45.61+	1st	3/31	Cal-Nevada Champs./Fresno, Calif.

4x400 Relay (NCAA Regional - 3:42.00)

Athletes	Time	Place	Date	Meet/Site
1. Stone, Pencil, Upuu, Chapu	3:37.50+	2nd	5/12	MWC Champs./SDSU Sports Deck
2. Pencil, Stone, Solomon, Upuu	3:41.42+ (i)	6th	4/15	Mt. SAC Relays/Walnut, Calif.
3. Pencil, Chapu, Solomon, Upuu	3:43.94 (p)	20th	4/6	Texas Relays/Austin, Texas

Sprint Medley (Not an NCAA event)

Athletes	Time	Place	Date	Meet/Site
1. Pencil, Solomon, Chapu, Upuu	3:59.24	8th	4/6	Texas Relays/Austin, Texas

High Jump (NCAA Regional - 5-8.75)

Athlete	Mark	Place	Date	Meet/Site
1. Kristin Olafsdottir	5-4.50 (hp)	--	5/9	MWC Champs./SDSU Sports Deck
2. Kristin Karhio	5-3.75	15th	4/21	Triton Invitational/La Jolla, Calif.
3. Shana Watson	5-2.25	2nd	5/5	Claremont Classic/Claremont, Calif.

Long Jump (NCAA Regional - 19-8.25)

Athlete	Mark	Place	Date	Meet/Site
1. Karoline Koehler	20-4.50+ (a)	1st	3/24	Trojan Invitational/Los Angeles, Calif.
2. Deontee Kaye	20-4.25+	2nd	5/11	MWC Champs./SDSU Sports Deck
3. Shana Watson	19-7.00	3rd	4/21	Triton Invitational/La Jolla, Calif.

Triple Jump (NCAA Regional - 40-5.00)

Athlete	Mark	Place	Date	Meet/Site
1. Deontee Kaye	44-4.25 (sr)	4th	6/9	NCAA Champs./Sacramento, Calif.
2. Karoline Koehler	43-3.75#	3rd	5/26	NCAA West Regionals/Eugene, Ore.
3. Shana Watson	41-1.50+ (b)	6th	4/6	Texas Relays/Austin, Texas

Pole Vault (NCAA Regional - 12-5.50)

Athlete	Mark	Place	Date	Meet/Site
1. Dana VanWagner	13-1.50+	1st	3/10	SD City Champs./La Jolla, Calif.
		3rd	5/11	MWC Champs./SDSU Sports Deck
2. Monica Pacas	13-1.50+	4th	5/11	MWC Champs./SDSU Sports Deck
3. Stephanie Bagan	12-9.50+	2nd	3/31	Cal-Nevada Champs./Fresno, Calif.

Shot Put (NCAA Regional - 46-11.00)

Athlete	Mark	Place	Date	Meet/Site
1. Michele Dannhausen	41-1.50 (b)	2nd	3/24	Trojan Invitational/Los Angeles, Calif.
2. Kristin Olafsdottir	35-1.00	38th	4/21	Triton Invitational/La Jolla, Calif.
3. Robyn Guzman	33-1.25	43rd	4/21	Triton Invitational/La Jolla, Calif.

Discus (NCAA Regional - 155-2)

Athlete	Mark	Place	Date	Meet/Site
1. Michele Dannhausen	141-9	7th	5/5	Claremont Classic/Claremont, Calif.
2. Robyn Guzman	117-11	43rd	4/21	Triton Invitational/La Jolla, Calif.

Javelin (NCAA Regional - 142-6)

Athlete	Mark	Place	Date	Meet/Site
1. Michele Dannhausen	128-5 (p)	4th	3/30	Cal-Nevada Champs./Fresno, Calif.
2. Kristin Olafsdottir	115-10	6th	3/10	SD City Champs./La Jolla, Calif.
3. Karoline Koehler	107-11 (i)	5th	3/16	Aztec Invitational/San Diego, Calif.

Hammer Throw (NCAA Regional: 177-8)

Athlete	Mark	Place	Date	Meet/Site
1. Michele Dannhausen	108-4 (i)	11th	3/16	Aztec Track Classic/San Diego, Calif.
2. Robyn Guzman	89-0 (i)	13th	3/16	Aztec Track Classic/San Diego, Calif.

Heptathlon (NCAA Automatic - 5,500) (NCAA Provisional - 5,050)

Athlete	Mark	Place	Date	Meet/Site
1. Kristin Olafsdottir	5,220^	2nd	5/9 - 5/10	MWC Champs./San Diego, Calif.

+ = NCAA regional qualifying mark; ^ = NCAA provisional qualifying mark; # = NCAA national qualifying mark; sr = school record; p = preliminaries; i = invitational; o = open; hp = heptathlon

Outdoor Notes

The San Diego State track and field team enjoyed a highly-successful season in 2007, qualifying a school-record 16 student-athletes for the NCAA regional meet and sending five individuals to compete in seven events at the NCAA Championships.

Below are some of the highlights from the 2007 outdoor campaign:

► San Diego State finished in fifth place at the NCAA West Regionals, its best effort during head coach Rahn Sheffield's 16-year tenure.

► Sheffield also led the Aztecs to their fourth Cal-Nevada Championships title since the 2001 season. As a result, he earned his fourth Coach of the Meet award.

► SDSU qualified a program-best 16 student-athletes for the NCAA regional meet. The previous high was 15 during the 2006 campaign.

► Sophomore Deontee Kaye earned All-America honors in the triple jump after placing fourth at the NCAA Championships. Kaye leaped 44 feet, 4.25 inches to break her own school record and become SDSU's first All-American in a horizontal jumping event.

► Sophomore Karoline Koehler qualified for the national meet in the triple jump after she recorded a leap of 43-3.75 to finish in third place at the regionals. It was the 16th-longest effort in the United States.

► Junior Sherraine Pencil advanced to the NCAA Championships in the 200 and 400 after placing second in the 400 and third in the 200.

► Sophomore Shana Solomon was also a double national qualifier as she competed in the 100 and 200. Solomon came in fourth place in both races to punch her ticket to nationals.

► Sophomore Nicole Stone made the trip to nationals to compete in the 400 after she finished in fourth place at the regional meet.

► Kaye won the outdoor triple jump crown at the MWC Championships after leaping 43-10.75, a then-school record. The Aztecs dominated the event with Karoline Koehler coming in fourth and Shana Watson placing fifth.

► Kaye and Koehler each earned all-MWC honors in the long jump after they finished in second and third place, respectively.

► Seniors Lisa Naucler and Dana VanWagner, along with juniors Monica Pacas and Christin Shibley were named to the U.S. Track and Field and Cross Country Coaches Association's (USTFCCA) Women's Division I All-Academic Track and Field Team.

2007 MWC Outdoor Meet Results

Final Team Standings

1. Brigham Young, 195; 2. TCU, 152; **3. San Diego State, 128**; 4. Colorado State, 119; 5. New Mexico, 68; 6. Utah, 49.5; 7. Air Force, 47.5; 8. Wyoming, 42; 9. UNLV, 18.

High Point Award: Emily Pearson, Colorado State
Outstanding Performance: Whitney McDonald, BYU
Freshman of the Year: Charlotte Browning, UNLV
Coach of the Year: Craig Poole, BYU

Final Individual Results

(Top Five and SDSU Finishers)

100 Meters - 1. Virgil Hodge, TCU, 11.40; **2. Shana Solomon, SDSU, 11.85**; 3. Jamee Jones, TCU, 11.88; 4. Brittany Blaylock, TCU, 11.98; 5. Janay DeLoach, Colorado State, 12.08; **7. Karoline Koehler, SDSU, 12.15.**

200 Meters - 1. Virgil Hodge, TCU, 23.04; 2. Deborah Jones, TCU, 23.82; 3. Jamee Jones, TCU, 23.87; **4. Shana Solomon, SDSU, 24.01**; 5. Sherraine Pencil, SDSU, 24.10; **8. Karoline Koehler, SDSU, 24.72.**

400 Meters - 1. Deborah Jones, TCU, 52.50; 2. Nathandra John, TCU, 52.71; 3. Ariel Burr, New Mexico, 53.17; **4. Nicole Stone, SDSU, 53.79**; 5. Sherraine Pencil, SDSU, 54.07.

800 Meters - 1. Michelle Turner, BYU, 2:05.44; 2. Stacy Slight, BYU, 2:08.86; **3. Mandy Upuu, SDSU, 2:08.89**; 4. Angela Wagner, BYU, 2:09.47; 5. Heidi Houle, BYU, 2:09.55; **9. Lisa Naucler, SDSU, 2:22.85.**

1,500 Meters - 1. Charlotte Browning, UNLV, 4:24.16; 2. Heidi Magill, BYU, 4:26.66; 3. Kirsten Anthony, Colorado State, 4:27.13; 4. Julie Meads, BYU, 4:27.68; 5. Danielle Korb, Colorado State, 4:28.21; **11. Lisa Naucler, SDSU, 4:44.50.**

5,000 Meters - 1. Whitney McDonald, BYU, 16:00.16; 2. Nicole Feest, Colorado State, 16:32.42; 3. Timmie Murphy, New Mexico, 16:47.60; 4. Amber Duffin, BYU, 17:09.29; 5. Katie Bowen, BYU, 17:09.59.

10,000 Meters - 1. McKale Davis, TCU, 36:22.75; 2. Amber Duffin, BYU, 36:24.57; 3. April Thomas, Colorado State, 36:28.54; 4. Sheyenne Lewis, New Mexico, 36:29.95; 5. Heather Loseke, Colorado State, 36:34.88.

100 Meter Hurdles - 1. Kishelle Paul, TCU, 13.71; 2. Emily Pearson, Colorado State, 13.93; 3. Shaylee Babbitt, Wyoming, 13.96; 4. Amanda Feigt, Utah, 14.10; 5. Mary Minor, TCU, 14.24.

400 Meter Hurdles - 1. Chelsea Shapard, Utah, 58.47; 2. Kishelle Paul, TCU, 58.48; 3. Jennifer Grossarth, BYU, 58.63; **4. Nicole Stone, SDSU, 59.21**; 5. Sandra Mazan, BYU, 59.63; **6. Kristin Olafsdottir, SDSU, 60.58**; **8. Corri Campbell-Fell, SDSU, 61.49.**

3,000 Meter Steeplechase - 1. Amy Fowler, BYU,

10:26.09; 2. Kassi Andersen, BYU, 10:28.90; 3. Katie Bowen, BYU, 10:34.79; 4. Tawny Bybee, BYU, 10:39.20; 5. Kristen Hemphill, Colorado State; **6. Jackie Duncan, SDSU, 11:23.42**; **8. Celeste Tyson, SDSU, 11:50.55.**

4x100 Meter Relay - 1. TCU, 44.49; **2. SDSU, (Pencil, Solomon, Lowery, Koehler), 46.10**; 3. Colorado State, 46.31; 4. Wyoming, 46.55; 5. New Mexico, 46.57.

4x400 Meter Relay - 1. TCU, 3:35.42; **2. SDSU, (Stone, Pencil, Upuu, Chapu) 3:37.50**; 3. BYU, 3:40.29; 4. Wyoming, 3:40.48; 5. New Mexico, 3:45.40.

High Jump - 1. Tiyana Peters, New Mexico, 5-8.75; 2. Mindy Neeley, BYU, 5-8.75; 3. Sarah Lacey, BYU, 5-7.00; 4. Sandy Fortner, New Mexico, 5-5.00; 5. Emily Pearson, Colorado State, 5-5.00; **7. Kristin Karhio, SDSU, 5-3.00.**

Pole Vault - 1. Ashley McAllister, BYU, 13-4.50; 2. Kelly Furr, BYU, 13-4.50; **3. Dana VanWagner, SDSU, 13-1.50**; **4. Monica Pacas, SDSU, 13-1.50**; 5. Makenzie Iorg, BYU, 12-9.50; **6. Stephanie Bagan, SDSU, 12-5.50**; **9. Christin Shibley, SDSU, 12-5.50**; **10. Dana Jensen, SDSU, 12-1.50.**

Long Jump - 1. Janay DeLoach, Colorado State, 20-9.25; **2. Deontee Kaye, SDSU, 20-4.25**; **3. Karoline Koehler, SDSU, 20-0.25**; 4. Amanda Feigt, Utah, 19-7.00; **5. Shana Watson, SDSU, 19-6.75.**

Triple Jump - **1. Deontee Kaye, SDSU, 43-10.75**; 2. Kamila Rywelska, BYU, 42-5.25; 3. Neidra Covington, TCU, 42-0.50; **4. Karoline Koehler, SDSU, 41-3.75**; **5. Shana Watson, SDSU, 40-5.50.**

Shot Put - 1. Candis Kelley, TCU, 51-1.75; 2. Sara Neubauer, Air Force, 48-3.50; 3. Olivia Korte, Air Force, 48-2.00; 4. Zelma Wade, TCU, 47-8.00; 5. Jennifer Ugochukwu, Colorado State, 45-6.25; **12. Michele Dannhausen, SDSU, 38-10.25.**

Discus Throw - 1. Olivia Korte, Air Force, 177-3; 2. Sara Neubauer, Air Force, 160-11; 3. Haley Hunt, Colorado State, 159-0; 4. Courtney Gougler, Wyoming, 158-0; **5. Michele Dannhausen, SDSU, 139-7.**

Hammer Throw - 1. Shannon Popp, Wyoming, 193-9; 2. Stacey Poulos, Colorado State, 185-2; 3. Haley Hunt, Colorado State, 184-9; 4. Tipaleli Fotu, BYU, 174-5; 5. Becky Riddle, Utah, 172-2.

Javelin Throw - 1. Katie Coronado, New Mexico, 162-2; 2. Casey Bayne, Air Force, 155-11; 3. Sarah Lancaster, BYU, 147-2; 4. Emily Pearson, Colorado State, 142-10; 5. Tiffany Arrhenius, BYU, 142-5; **11. Michele Dannhausen, SDSU, 112-11.**

Heptathlon - 1. Amanda Feigt, Utah, 5,328; 2. Kristin Olafsdottir, SDSU, 5,220; 3. Emily Pearson, Colorado State, 5,183; 4. Sandy Fortner, New Mexico, 5,087; 5. Tonya Cure, Colorado State, 4,981.

Aztecs Finish in Fifth Place at NCAA West Regionals

The San Diego State track and field team finished in fifth place at the NCAA West Region Championships held at historic Hayward Field on the campus of the University of Oregon.

The Aztecs' fifth-place effort was the best among non-Pac-10 Conference schools and was the program's top showing during head coach Rahn Sheffield's 16-year tenure.

As a team, SDSU took a school-record 16 athletes to the regional meet with nine of them earning all-West Region honors in 18 events from the United States Track and Field and Cross Country Coaches Association.

In addition to receiving regional accolades, San Diego State also had five athletes in seven events qualify for the NCAA Championships.

Headlining the group of national qualifiers were Sherraine Pencil and Shana Solomon, both of whom advanced in two events.

Pencil, a junior, qualified in the 400-meter dash after a personal-record and runner-up time of 53.65 seconds. Later in the day, the Toronto, Canada, native finished third in the 200 with a lifetime-best mark of 23.58 to punch her ticket to nationals.

Joining Pencil in the 200 at Sacramento State, the site of the championships, was Solomon, who finished just behind Pencil in fourth place with a personal-best time of 23.59. Solomon also advanced to the national meet in the 100 as she crossed the finish line in a personal-record time of 11.52, while placing fourth.

Nicole Stone was the third member of the sprinting corps to qualify for nationals as she completed the 400-meter dash in 54.21 to come in fourth place. The trio's effort allowed SDSU to place two athletes in the top five in two of the three sprinting events (200 and 400) making it one of only two schools in the West to accomplish the feat. The other school was USC, which had two athletes qualify for the national meet in the 100 and 200.

Similar to the 200 and 400, the Aztecs experienced success in the triple jump as both Deontee Kaye and Karoline Koehler secured their spots at the championships with their second- and third-place leaps, respectively.

Kaye posted an effort of 44 feet, 7 inches, just one inch short of matching Stanford's Erica McLain for first place. Koehler, meanwhile, recorded a personal-best jump of 43-3.75.

Over the course of two days, San Diego State had athletes set 10 personal records, while sending 16 Aztecs and two relay teams to their respective event finals.

SDSU earned 53 points and finished behind Arizona State (94), USC (74), UCLA (67) and Stanford (60), but ahead of Mountain West Conference outdoor champion Brigham Young, which came in sixth with 48.5 points.



Sherraine Pencil qualified for the NCAA Championships in the 200 and 400 at the NCAA West Regionals.



San Diego State competed in front of a regional record crowd of 5,769 on the final day of competition at historic Hayward Field.

2007 NCAA West Regionals

Hayward Field

Eugene, Ore.

Friday, May 25, 2007 - Saturday, May 26, 2007

Team Results (19 Events Scored)	Points
1. Arizona State	94
2. Southern California	74
3. UCLA	67
4. Stanford	60
5. San Diego State	53
6. Brigham Young	48.50
7. California	48
8. Oregon	44
9. Arizona	33
10. Washington	29
11. UC Santa Barbara	22
11. Weber State	22
13. Cal State Northridge	18
13. Long Beach State	18
15. Boise State	12
15. Northern Arizona	12
17. Hawai'i	10
17. Cal Poly	10
19. Utah State	9
20. Nevada	8
20. Eastern Washington	8
22. Fresno State	6
22. Washington State	6
22. Idaho State	6
22. Utah	6
26. Sacramento State	5
27. UNLV	4
28. Cal State Fullerton	1
29. Idaho	0.50

SDSU West Region Qualifiers

Stephanie Bagan (fr.) - pole vault
Priscilla Chapu (sr.) - 4x400
Vonnie Fulford (jr.) - 4x100
Deontee Kaye (so.) - long jump, triple jump
Karoline Koehler (so.) - long jump, triple jump, 4x100
Alicia Lowery (jr.) - 4x100
Lisa Naucler (sr.) - 800m
Kristin Olafsdottir (so.) - 400m hurdles, 4x400
Monica Pacas (jr.) - pole vault
Sherraine Pencil (jr.) - 200m, 400m, 4x100, 4x400
Christin Shibley (jr.) - pole vault
Shana Solomon (so.) - 100m, 200m, 4x100
Nicole Stone (so.) - 400m, 400m hurdles, 4x100, 4x400
Mandy Upuu (jr.) - 800m, 4x400
Dana VanWagner (sr.) - pole vault
Shana Watson (so.) - long jump, triple jump

SDSU All-West Region Honorees

(athletes must finish in top 8 at regionals; awarded by USTFCCA)

Priscilla Chapu (sr.) - 4x400
Deontee Kaye (so.) - long jump, triple jump
Karoline Koehler (so.) - triple jump, 4x100
Alicia Lowery (jr.) - 4x100
Lisa Naucler (sr.) - 800m
Sherraine Pencil (jr.) - 200m, 400m, 4x100, 4x400
Shana Solomon (so.) - 100m, 200m, 4x100
Nicole Stone (so.) - 400m, 4x400
Mandy Upuu (jr.) - 800m, 4x400

Lisa Naucler Leads Young SDSU Squad In 2007

The San Diego State cross country team had a great building year in 2007. The Aztecs featured a young squad led by their senior team captain Lisa Naucler and in the process built a solid foundation for the future.

Despite having only one senior on the squad, SDSU still posted four top-10 finishes, including a runner-up effort at the Big Wave Invitational in Hawaii. San Diego State's first top-10 performance came at the Fullerton Season Opener where it posted its eighth such effort in the past nine seasons. Naucler led the way with for the first time in what would be a string of seven consecutive races as the Aztecs came in seventh place.

At the Aztec Invitational, Naucler was once again out in front, while Darien Buc and Anne Vieira set personal records. The Aztecs also received season bests from Stephanie Armstrong, Makenzie Mabry, Sara Cunningham, Elizabeth Leonard, Lindsay Barajas and Lindsey Deane. Following a performance in which she posted SDSU's top time for the second straight week, Naucler earned Mountain West Conference athlete of the week honors for the first time of her career.

After spending the first two weeks of the season in southern California, the Aztecs traveled to Hawaii for the Big Wave Invite. It was on the 4,000-meter course that SDSU had six of its athletes finish in the top 20. San Diego State was paced by Naucler, who logged an eighth-place finish with a personal-record time of 15 minutes, 13 seconds. Armstrong posted a solid effort as she finished 12th, with Kristin Glen, Alyssa Robinson and Vieira, coming in 15th, 16th and 19th place, respectively. SDSU's second-place performance was its best since winning the 2005 Santa Clara Invitational.

Upon returning to San Diego, the Aztecs split their squad with the 'A' group competing in the Stanford Invitational and the 'B' team racing in the UC Riverside Invitational. At the end of the day, San Diego State had all 13 competing runners establish personal records. SDSU's top performer at the 6K Stanford Invite was Naucler, while Cunningham took team-best honors at the 5K UCR meet.

Following a week off for the 'A' team and with the 'B' squad taking eighth at the Triton Classic, the Aztecs made a return trip to northern California to compete in the Bronco Invitational. Returning to the site of its '05 team title, three SDSU athletes in Armstrong, Buc and Vieira set lifetime bests in the 5K. Of the three, Vieira posted the largest margin in relation to her previous PR as she ran the race 1:17 faster than her old benchmark.

In one last tune-up, San Diego State competed in the Cougar 5K Challenge and had all eight runners place in the top 50. Leading the way for the Aztecs was Barajas, who turned in a personal-best time of 19:08. Joining the sophomore was Glen, who also set a personal record with a time of 19:13 heading into the MWC Championships. For her lifetime-best effort, Barajas became the second Aztec of the season to be named Mountain West athlete of the week, the league announced.

Unfortunately for San Diego State, wildfires in San Diego County forced the school and the league to move the conference championships to Albuquerque, N.M., for the second time in SDSU and MWC history. After hearing word of the venue change, the Aztecs made the last-minute trip to New Mexico to prepare for the championships. After it was all said and done, SDSU made the best of the situation and placed ninth.

At the NCAA West Regional Championships in Oregon, the Aztecs had a strong showing as their top finisher, Naucler, completed the race in 22:57.24, nine seconds faster than 2006's top performer in Celeste Tyson (23:06.31). In addition to Naucler's regional-meet effort, San Diego State had its top-six finishers post times faster than its second-place athlete from 2006.

With only one senior graduating, the Aztecs certainly have a bright future after going through the rigors of a long season and gaining experience running in high-level meets. The foundation for success has definitely been set.

2007 Results

Date	Meet	Time/Result
Sept. 1	Fullerton Season Opener <i>Brea, Calif.</i>	7th of 12
Sept. 15	Aztec Invitational <i>San Diego, Calif.</i>	11th of 14
Sept. 22	Big Wave Invitational <i>Honolulu, Hawaii</i>	2nd of 7
Sept. 29	Stanford Invitational <i>Palo Alto, Calif.</i>	16th of 28
	UC Riverside Invitational <i>Riverside, Calif.</i>	13th of 22
Oct. 6	Triton Classic <i>La Jolla, Calif.</i>	8th of 10
Oct. 13	Bronco Invitational <i>Sunnyvale, Calif.</i>	13th of 16
Oct. 20	Cougar 5K Challenge <i>San Marcos, Calif.</i>	NTS
Oct. 27	MWC Championships <i>Albuquerque, N.M.</i>	9th of 9
Nov. 10	NCAA West Regional Championships <i>Eugene, Ore.</i>	29th of 31

2007 Roster

Name	Yr.-Exp.	Hometown
Stephanie Armstrong	So.-1L	Foothill Ranch, Calif.
Lindsay Barajas	So.-SQ	Rancho Cucamonga, Calif.
Sara Beyers	Fr.-HS	Danville, Calif.
Amy Brown	Fr.-HS	Sydney, Australia
Darien Buc	So.-SQ	Dana Point, Calif.
Sara Cunningham	R-So.-HS	Torrance, Calif.
Lindsey Deane	Fr.-HS	Ben Lomond, Calif.
Kristin Glen	Jr.-JC	Rancho Santa Margarita, Calif.
Elizabeth Leonard	Fr.-HS	South Pasadena, Calif.
Makenzie Mabry	So.-SQ	La Crescenta, Calif.
Michelle Martinez	Fr.-HS	Burbank, Calif.
Lisa Naucler	Sr.-2L	Ljusdal, Sweden
Andrea Norton	R-Fr.-HS	Sacramento, Calif.
Kelly Oelschlager	Jr.-JC	Irvine, Calif.
Jaclyn Perakis	R-Fr.-HS	Pleasanton, Calif.
Alyssa Robinson	Jr.-JC	Ojai, Calif.
Anne Vieira	Jr.-SQ	San Diego, Calif.

Head Coach: Rahn Sheffield, 17th season

Assistant Coach: Jennifer Nanista, 15th season

Volunteer Assistant Coach: Richard Fox, 11th season

Athletic Trainers: Juan Herrera and Wes Hall

2007 Top 10 Times – 5K

Athlete	Time	Meet	Date
1. Lisa Naucler	18:27.00	Bronco Invitational	Oct. 13
2. Stephanie Armstrong	18:45.00	Bronco Invitational	Oct. 13
3. Sara Cunningham	18:56.10	UC Riverside Invitational	Sept. 29
4. Lindsay Barajas	19:08.00	Cougar 5K Challenge	Oct. 20
5. Darien Buc	19:12.00	Bronco Invitational	Oct. 13
6. Lisa Naucler	19:13.80	Fullerton Season Opener	Sept. 1
7. Kristin Glen	19:13.00	Cougar 5K Challenge	Oct. 20
8. Anne Vieira	19:15.00	Bronco Invitational	Oct. 13
9. Michelle Martinez	19:15.20	UC Riverside Invitational	Sept. 29
10. Kristin Glen	19:16.00	Bronco Invitational	Oct. 13
Lisa Naucler	19:16.00	Aztec Invitational	Sept. 15

2007 Top 10 Times – 6K

Athlete	Time	Meet	Date
1. Lisa Naucler	22:06.00	Stanford Invitational	Sept. 29
2. Kristin Glen	22:52.00	Stanford Invitational	Sept. 29
3. Lisa Naucler	22:57.24	NCAA West Regionals	Nov. 10
4. Makenzie Mabry	23:12.00	Stanford Invitational	Sept. 29
5. Kristin Glen	23:19.30	NCAA West Regionals	Nov. 10
6. Stephanie Armstrong	23:28.00	Stanford Invitational	Sept. 29
7. Lisa Naucler	23:35.00	MWC Championships	Oct. 27
8. Darien Buc	23:40.70	NCAA West Regionals	Nov. 10
9. Anne Vieira	23:48.00	Stanford Invitational	Sept. 29
10. Darien Buc	24:00.00	Stanford Invitational	Sept. 29

Aztecs Race at MWC Cross Country Championships

The San Diego State cross country team raced at the Mountain West Conference Championships and finished in ninth place just days after making the last-second trip to Albuquerque, N.M., after wildfires in San Diego County forced the championships to be moved from Mission Bay. The Aztecs earned 229 points in a 6K that took place at the UNM North Golf Course.

For the sixth straight race she has run in, Lisa Naucner posted SDSU's top time by completing the course in 23 minutes, 35 seconds, to finish in 36th place. With her performance, the senior matched Celeste Tyson's effort from a year ago when she ended the season with the Aztecs' top performance in the final six races.

Finishing behind Naucner were three sophomores in Stephanie Armstrong (49th-24:24.00), Darien Buc (53rd - 24:49.00) and Makenzie Mabry (55th - 25:00.00). Rounding out SDSU's top five was Kristin Glen, who turned in a 56th-place time of 25:10.00.

Other Aztecs to compete in the race were Anne Vieira (58th - 25:27.00), Lindsay Barajas (62nd - 25:53.00), Sara Cunningham (68th - 27:18.00) and Alyssa Robinson (70th - 29:29.00).

Overall, No. 12 Colorado State won the meet and broke 17th-ranked Brigham Young's 19-year conference championship winning streak that dated back to when it was a member of the Western Athletic Conference. In third place was New Mexico and was followed by Wyoming, Utah, Air Force, UNLV, TCU and the Aztecs.



Senior Lisa Naucner led the Aztecs at the Mountain West Conference Championships by finishing the race in 23:35.00.

San Diego State Finishers

- 36. Lisa Naucner - 23:35.00
- 49. Stephanie Armstrong - 24:24.00
- 53. Darien Buc - 24:49.00
- 55. Makenzie Mabry - 25:00.00
- 56. Kristin Glen - 25:10.00
- 58. Anne Vieira - 25:27.00
- 62. Lindsay Barajas - 25:53.00
- 68. Sara Cunningham - 27:18.00
- 70. Alyssa Robinson - 29:29.00



Sophomore Lindsay Barajas was one of two Aztecs, joining Lisa Naucner, to win Mountain West Conference Athlete of the Week honors in 2007.

2007 MWC Championships

UNM North Golf Course
Albuquerque, N.M.
Saturday, Oct. 27, 2007

Team Results

	1	2	7	8	15	=	Pts.
1. Colorado State							33
2. Brigham Young	3	4	9	11	12	=	39
3. New Mexico	5	16	18	27	28	=	94
4. Wyoming	10	14	29	31	34	=	118
5. Utah	20	24	25	26	35	=	130
6. Air Force	22	23	36	37	42	=	160
7. UNLV	6	43	44	55	56	=	204
8. TCU	33	38	46	50	57	=	224
9. San Diego State	32	45	49	51	52	=	229

2007 MWC Awards

Athlete of the Year

April Thomas, Colorado State

Freshman of the Year

Allison Gohl, Colorado State

Coach of the Year

Bryan Berryhill, Colorado State

All-Mountain West Conference Teams

First Team

Kirsten Anthony, Colorado State
Katie Bowen, Brigham Young
Charlotte Browning, UNLV
Michelle Corrigan, New Mexico
Kristin Hemphill, Colorado State
April Thomas, Colorado State
Angela Wagner, Brigham Young

Second Team

Tawny Bybee, Brigham Young
Amber Duffin, Brigham Young
Gretchen Fagley, Wyoming
Allison Gohl, Colorado State
Emily Higgins, Wyoming
Jenna Jensen, Brigham Young
Cecily Lemmon, Brigham Young

Mountain West Conference Athletes of the Week

Sept. 6 - Heather Loseke, Colorado State

Sept. 12 - Angela Wagner, Brigham Young

Sept. 18 - Lisa Naucner, San Diego State

Sept. 25 - Cecily Lemmon, Brigham Young

Oct. 2 - Charlotte Browning, UNLV/April Thomas, CSU

Oct. 16 - April Thomas, Colorado State

Oct. 23 - Lindsay Barajas, San Diego State

