



# AZTEC SWIMMING AND DIVING

THIS WEEK: Saturday, Jan. 15.....CSU Bakersfield, Fresno State, UC San Diego .....Hillman Aquatcl Center.....Bakersfield, Calif.....1:00 p.m.

## 2010-11 SCHEDULE

Dual Record: 12-0 (6-0 Home; 3-0 Away; 3-0 Neutral)  
(7-0 Mountain West Conference)

Date	Opponent	Time/Result
Sep. 24	San Diego - Pentathlon	.....NTS
Oct. 2	Oregon State	.....W, 150-125
Oct. 23	at New Mexico*	.....W, 211-89
	Colorado State*	.....W, 208-92
	Air Force*	.....W, 245-55
Nov. 4	Brigham Young*	.....W, 173-127
Nov. 6	at TCU*	.....W, 173-123
Nov. 18-20	at Toshiba Classic (Swim)	.....4th of 19
Nov. 18-20	at Wildcat Invitational (Diving)	.....NTS
Nov. 20	vs. Utah*	.....W, 153-127
Dec. 4	at UNLV*	.....W, 159-134
Jan. 7	Northern Colorado	.....W, 107-87
	Tulane	.....W, 105-85
Jan. 8	Northern Colorado	.....W, 90-70
	Tulane	.....W, 93-65
Jan. 9	at Bruin Diving Invitational	.....NTS
Jan. 11	Sprint Eliminator (at USD)	.....1st of 3
Jan. 15	at Cal State Bakersfield	.....1:00 p.m.
	Fresno State (at CSUB)	
	UC San Diego (at CSUB)	
Jan. 28	Wyoming*	.....12:00 p.m.
Jan. 29	at UC San Diego	.....12:00 p.m.
	Hawai'i (at UCSD)	
Feb. 5	at San Diego	.....12:00 p.m.
Feb. 23-26	MWC Championships+	.....All Day
Mar. 10-12	Zone Diving Meet^	.....All Day
Mar. 17-19	NCAA Championships#	.....All Day

All times are site times

Home meets in **bold**, held at Aztec Aquaplex  
NTS indicates no teams scores kept

\* Mountain West Conference meet  
+ at Oklahoma City, Okla. (Oklahoma CC host)  
^ at Minneapolis, Minn. (Minnesota host)  
# at Austin, Texas (Texas host)

## QUICK FACTS

Location	San Diego, Calif.
Founded	1897
Enrollment	32,396
Nickname	Aztecs
Colors	Scarlet and Black
Conference	Mountain West
President	Dr. Stephen L. Weber
Athletic Director	Jim Sterk

## TEAM INFORMATION

Head Coach	Mike Shrader
Dual Record at SDSU	43-13 (4th season)
Career Record	132-25-1 (12th season)
Swimming Office Phone	(619) 594-5883
E-Mail	mshrader@mail.sdsu.edu
Assistant Coach	Brendon Bray
Diving Coach	Roland McDonald
Volunteer Assistant Coach	Jamie Vessey
Strength & Conditioning Coach	Jon Francis
2009-10 Dual-Meet Record	14-3
2009-10 MWC Record	5-3 (4th)
2010 MWC Championship Meet	3rd, 375 pts.
Letterwinners Returning/Lost	21/7
Newcomers	11
Home Facility	Aztec Aquaplex

## MEDIA RELATIONS

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## THIS WEEK

The San Diego State swimming and diving team will be in action this week as they travel to Bakersfield, Calif., for a triple dual meet against Fresno State, UC San Diego and Cal State Bakersfield. The meet is scheduled to get underway at 1:00 p.m. at the Hillman Aquatics Centers on the CSUB campus. Cal State Bakersfield and Fresno State are both receiving votes in this week's CSCAA national poll while UC San Diego is sixth in the Division II national rankings.

## HEAD COACH MIKE SHRADER

SDSU head coach Mike Shrader is in his fourth season with the Aztecs and has compiled a dual meet record of 43-13 (.768) during his tenure. Shrader was named the conference Mountain West Conference Coach of the Year at the conclusion of MWC championship meet each of the past two seasons (co-coach in 2009). His career record including eight seasons at Nevada stands at 132-25-1 (.839).

## LAST TIME OUT

San Diego State finished first of three teams at the Sprint Eliminator hosted by University of San Diego on Tuesday (Jan. 11). SDSU finished with 304, ahead of USD (168) and Colorado State (148). The meet consisted of 50-yard races in each of the four strokes with prelims, semifinals and finals. Aztec swimmers finished first in three of the four events: 50 fly (Emilee Jennings - 26.00), 50 back (Leona Jennings - 27.01) and 50 breast (Katelyn Weddle - 30.27). Emilee Jennings was the lone competitor to finish in the top three of the finals in all four races.

## AZTECS ADD FOUR DUAL MEET WINS

San Diego State picked up four dual meet victories in a pair of contests against both Tulane and Northern Colorado last Friday (Jan. 7) and Saturday (Jan. 8). With the wins SDSU improved to 12-0 on the season.

Over the two days, senior Emilee Jennings picked up first place finishes in two relays (200 medley & 200 free) and two individual events (100 breast & 100 IM). Her sister Leona captured the 400 IM and 200 fly and was also on the winning 200 free & 400 medley relay squads.

## MEIER SETS THREE DIVING RECORDS

Junior Kristen Meier set a San Diego State diving records on all three boards last weekend. On Saturday (Jan. 8) she scored 301.05 in the 1-meter and 314.85 in the 3-meter to breaks the Aztec records she set earlier in the season. Both of those marks were new Aztec Aquaplex records as well. On Sunday at the Bruin Diving Invitational at UCLA, she scored 217.90 on the platform for her third school record of the weekend. Meier's scores in the three events ranks among the best in the conference this season:

Event	Score	MWC Rank
1-Meter	301.05	4th
3-Meter	314.85	3rd
Platform	217.90	1st

For her efforts, Meier was named the Mountain West Conference Diver of the Week, the second time she has received the honor this season.

## NON-CONFERENCE WIN STREAK

With last weekend's four wins, SDSU extended its streak of 32 straight dual meet victories against non-conference opponents. The last loss to a non-MWC team was a defeat at North Texas on Nov. 17, 2006. In current head coach Mike Shrader's three seasons, the Aztecs have not lost to a non-conference foe.

## THERE'S NO PLACE LIKE HOME

San Diego State has also runs its home dual meet win streak to nine going back to last season. With victories in its six contests at home during the 2010-11 campaign, SDSU's record at the Aztec Aquaplex stands at 25-3 since the facility opened in the spring of 2008.

## AZTECS NATIONALLY RANKING

San Diego State is ranked No. 24 in the nation in the latest poll released by the College Swim Coaches of America Association on January 12. The next poll is scheduled to be released on February 17.

## SWIMMING RECORD SETTERS

At the mid-point of the 2010-11 season, Aztec swimmers have set a total of eight individual school records and two relay records. In addition, 37 other times (26 individual, 11 relay) have been recorded that rank among the top 10 all-time fastest in SDSU history. San Diego State swim records that have been set this fall are as follows:

Swimmer	Event	Time
Kim Bierwith	50 Free	23.01
Stephanie Koch	100 Free	50.07
Kelly Marquenie	500 Free	4:46.78
Kelly Marquenie	1000 Free	9:54.68
Kelly Marquenie	1650 Free	16:25.23
Leona Jennings	100 Fly	55.09
Leona Jennings	100 Back	53.92
Katelyn Weddle	100 Breast	1:00.29
Koch, Bierwith, E. Jennings, Solimani	200 Free Relay	1:31.87
L. Jennings, Weddle, Vessey, Koch	400 Medley Relay	3:39.28

## TOP TIMES

Thus far in the 2010-11 campaign, San Diego State swimmers have recorded the league's top times in four individual swimming events and have 44 other times that rank among the top 15. In addition, the Aztecs also have the top times in the 200 free relay as well as both the 200 and 400 medley relays.

Several Aztec swimmers are listed among the top 65 times in the nation in various events. That group includes Kim Bierwith in the 50 free (59th); Stephanie Koch in the 50 free (61st), 100 free (60th) and 200 free (56th); Kelly Marquenie 500 free (53rd), 1000 free (16th) and 1650 free (28th); Melanie Garibaldi 1000 free (51st) and 1650 free (66th); Leona Jennings in the 100 back (31st) and 200 IM (53rd); and Katelyn Weddle in the 100 breast (11th) and 200 breast (28th).

SDSU times also rank 16th in the 200 free relay; 38th in the 400 free relay; 35th in the 800 free relay; 19th in the 200 medley relay; and 13th in the 400 medley relay.



# AZTEC SWIMMING AND DIVING

## 2010-11 SAN DIEGO STATE SWIMMING AND DIVING ROSTER

Name	Event(s)	Ht.	Yr.	Exp.	Hometown (Previous School)
Kim Bierwith	Free, Fly	5-5	Sr.	1V	Danville, Calif. (Diablo Valley JC)
Shannon Bray	Fly, Free	5-9	Jr.	2V	Reno, Nev. (Reno HS)
Maureen Cardwell	Fly, Free	5-5	So.	1V	Woodinville, Wash. (Redmond HS)
Melissa Church	Free, Fly	5-4	Sr.	2V	Aliso Viejo, Calif. (Saddleback JC)
Tarin Corwin	Free, Back	5-7	Jr.	1V	Blue Springs, Mo. (Texas A&M)
Heather Cramer	Fly, IM	5-9	Sr.	1V	Rohnert Park, Calif. (Santa Rosa JC)
Jessica Crider	Free	5-9	So.	1V	Concord, Calif. (Concord HS)
Jordan Devine	Sprint Free	6-0	Fr.	HS	Santa Ynez Valley, Calif. (Santa Ynez HS)
Aina Eill	Diving	5-8	Jr.	1V	Vancouver, Canada (Crofton House)
Melanie Garibaldi	Free	5-7	So.	1V	Gold Coast, Australia (Queensland Acad. of Sport)
Keri George	Fly, Free	5-7	So.	HS	Danville, Calif. (San Ramon Valley HS)
Allison Hall	Fly, IM	5-2	Sr.	2V	Camarillo, Calif. (Boise State)
Emilee Jennings	Free, Breast	5-9	Sr.	1V	Seattle, Wash. (Washington)
Leona Jennings	Back, Free, IM	5-9	So.	1V	Seattle, Wash. (Mt. Ranier HS)
Stephanie Koch	Free, Fly	5-10	So.	1V	Boone, Iowa (Ames HS)
Hattie Lamping	Diving	5-2	Fr.	HS	Dublin, Ohio (Dublin Jerome HS)
Mikaela Macklin	Breast, IM	6-0	Fr.	HS	Placerville, Calif. (El Dorado HS)
Kelly Marquenie	Free	5-9	Fr.	HS	Gold Coast, Australia (Emmanuel College)
Alexis McCoy	Free, Back, Fly	5-8	Jr.	2V	San Diego, Calif. (Seisen International School)
Kristen Meier	Diving	5-8	Jr.	TR	Walden, N.Y. (George Mason)
Natalie Meltzer	Breast	5-5	Fr.	HS	San Ramon, Calif. (California HS)
Berklie Oscarson	Back, IM	5-9	Fr.	HS	Altadena, Calif. (San Marino HS)
Lauren Parrett	Breast, Free	5-8	Fr.	HS	Irvine, Calif. (University HS)
Shelley Perkins	Free, Fly	5-6	So.	1V	Littleton, Colo. (Chatfield HS)
Olivia Sefton	Fly, IM	5-9	Fr.	HS	Nottingham, England (Friesland School)
Shaida Solimani	Back, Free	5-9	So.	1V	Blue Springs, Mo. (Blue Springs HS)
Anna Steiner	Diving	5-4	Fr.	HS	Seattle, Wash. (International Community School)
Allison Stuhr	Free, Back	5-8	Sr.	1V	Santa Rosa, Calif. (Santa Rosa JC)
Rafaella Suarez	Diving	5-5	So.	1V	Claremont, Calif. (Mt. SAC)
Brooke Vessey	Fly, Free, Back	5-2	Sr.	3V	Redlands, Calif. (Redlands HS)
Katelyn Weddle	Breast, Free	5-6	So.	1V	Yuma, Ariz. (Kofa HS)
Taylor Yamagata	Breast	5-6	Fr.	HS	Novato, Calif. (Novato HS)
Meghan Zimmer	Free, Back	5-10	So.	1V	Santa Maria, Calif. (Pioneer Valley HS)

**Head Coach:** Mike Shrader (Texas A&M '81), 4th Season  
**Assistant Coach:** Brendon Bray (Washington '07), 4th Season  
**Diving Coach:** Roland McDonald (Michigan State '87), 1st Season  
**Volunteer Assistant Coach:** Jamie Vessey (San Diego State '09), 2nd Season



### BY CLASS

#### Seniors (7)

Kim Bierwith, Melissa Church, Heather Cramer, Allison Hall, Emilee Jennings, Allison Stuhr, Brooke Vessey

#### Juniors (5)

Shannon Bray, Tarin Corwin, Kristen Meier, Aina Eill, Alexis McCoy

#### Sophomores (11)

Maureen Cardwell, Jessica Crider, Melanie Garibaldi, Keri George, Leona Jennings, Stephanie Koch, Shelley Perkins, Shaida Solimani, Rafaella Suarez, Katelyn Weddle, Meghan Zimmer

#### Freshmen (10)

Jordan Devine, Hattie Lamping, Mikaela Macklin, Kelly Marquenie, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Olivia Sefton, Anna Steiner, Tylor Yamagata

### BY STATE/COUNTRY

#### Arizona (1)

Katelyn Weddle

#### California (17)

Kim Bierwith, Melissa Church, Heather Cramer, Jessica Crider, Jordan Devine, Keri George, Allison Hall, Mikaela Macklin, Alexis McCoy, Natalie Meltzer, Berklie Oscarson, Lauren Parrett, Allison Stuhr, Rafaella Suarez, Brooke Vessey, Taylor Yamagata, Meghan Zimmer

#### Colorado (1)

Shelley Perkins

#### Iowa (1)

Stephanie Koch

#### Missouri (2)

Tarin Corwin, Shaida Solimani

#### Nevada (1)

Shannon Bray

#### New York (1)

Kristen Meier

#### Ohio (1)

Hattie Lamping

#### Washington (4)

Maureen Cardwell, Emilee Jennings, Leona Jennings, Anna Steiner

#### Australia (2)

Melanie Garibaldi, Kelly Marquenie

#### Canada (1)

Aina Eill

#### England (1)

Olivia Sefton