60 METERS

School Record: 7.33 (Tonette Dyer, 2004)

Time	Athlete	Place	Notes	Meet	Date
7.81	Kristen Brown	T-14th	prelims	New Mexico Classic	02-02-13
8.05	Maderia Toatley	28th	prelims	New Mexico Classic	02-02-13
FS	Maderia Toatley		prelims	MW Champs	02-21-13

200 METERS

School Record: 23.45 (Shanae Roach, 2011)

Time	Athlete	Place	Notes	Meet	Date
24.52	Maderia Toatley	10th	prelims	MW Champs	02-22-13
24.80	Maderia Toatley	6th		New Mexico Classic	02-01-13
24.67	Nicole Oudenaarden	9th		Don Kirby Elite Invite	02-08-13
24.74	Maderia Toatley	12th		Don Kirby Elite Invite	02-08-13
24.79	Nicole Oudenaarden	15th	prelims	MW Champs	02-22-13
25.14	Nicole Oudenaarden	9th		New Mexico Classic	02-01-13
DQ	Allison Reaser		prelims	MW Champs	02-22-13

400 METERS

School Record: 53.51 (Tonette Dyer, 2003)

Time	Athlete	Place	Notes	Meet	Date
55.67	Shanieka Thomas	2nd	finals/8th AT	MW Champs	02-23-13
55.83	Shanieka Thomas	1st	prelims	MW Champs	02-22-13
55.92	LaQuisha Jackson	4th	10th all-time	New Mexico Classic	02-02-13
55.99	Deyna Roberson	3rd	prelims	MW Champs	02-22-13
56.02	Deyna Roberson	4th	finals	MW Champs	02-23-13
56.85	Shanieka Thomas	6th		New Mexico Classic	02-01-13
57.01	Deyna Roberson	9th		Don Kirby Elite Invite	02-08-13
57.60	Deyna Roberson	9th		New Mexico Classic	02-02-13
57.86	Deyna Roberson	14th		Cherry & Silver Invite	01-19-13
58.05	Maderia Toatley	18th		Cherry & Silver Invite	01-19-13
59.10	Maya Carter	20th	prelims	MW Champs	02-22-13
59.81	Maya Carter	23rd	-	New Mexico Classic	02-02-13

600 METERS

School Record: N/A

Time	Athlete	Place	Notes	Meet	Date
1:36.86	Deyna Roberson	5th		New Mexico Classic	02-01-13

800 METERS

School Record: 2:10.45 (Mandy Upuu, 2008)

Time	Athlete	Place	Notes	Meet	Date
2:22.30	Allison Reaser	2nd	pentathlon	MW Champs	02-21-13
2:27.59	Nicole Oudenaarden	4th	pentathlon	MW Champs	02-21-13
2:29.49	Karsen Sper	7th	pentathlon	MW Champs	02-21-13
2:53.23	Brittany Bozeman	18th	pentathlon	MW Champs	02-21-13
DNF	LaQuisha Jackson			Cherry & Silver Invite	01-19-13

60-METER HURDLES

School Record: 8.24 (Miesha McKelvy, 1999)

Time	Athlete	Place	Notes	Meet	Date
8.28	Kristen Brown	1st	prelims/2nd	AT MW Champs	02-22-13
8.35	Kristen Brown	3rd	finals	Don Kirby Elite Invite	02-08-13
8.37	Kristen Brown	5th	prelims	Don Kirby Elite Invite	02-08-13
8.40	Kristen Brown	1st	finals	UW Final Qualifier	03-01-13
8.40	Kristen Brown	1st	finals	MW Champs	02-23-13
8.40	Kristen Brown	1st	prelims	New Mexico Classic	02-02-13
8.41	Kristen Brown	2nd	finals	New Mexico Classic	02-02-13
8.43	Allison Reaser	1st	pentathlon	MW Champs	02-22-13
8.48	Allison Reaser	3rd	finals	Cherry & Silver Invite	01-19-13
8.49	Allison Reaser	2nd	prelims	MW Champs	02-22-13
8.49	Allison Reaser	11th	prelims	Don Kirby Elite Invite	02-08-13
8.51	Allison Reaser	6th	finals	Don Kirby Elite Invite	02-08-13
8.53	Allison Reaser	3rd	finals	MW Champs	02-23-13

8.56	Alex Evans	4th	finals/9th AT	MW Champs	02-23-13
8.56	Kristen Brown	4th	finals	Cherry & Silver Invite	01-19-13
8.58	Allison Reaser	2nd	prelims	Cherry & Silver Invite	01-19-13
8.70	Alex Evans	7th	prelims	MW Champs	02-22-13
8.71	Kristen Brown	6th	prelims	Cherry & Silver Invite	01-19-13
8.77	Alex Evans	6th	finals	New Mexico Classic	02-02-13
8.86	Nicole Oudenaarden	4th	pentathlon	MW Champs	02-21-13
8.88	Karsen Sper	14th	prelims	Cherry & Silver Invite	01-19-13
8.88	Alex Evans	8th	prelims	New Mexico Classic	02-02-13
8.89	Karsen Sper	5th	pentathlon	MW Champs	02-21-13
8.90	Karsen Sper	11th	prelims	MW Champs	02-21-13
8.95	Karsen Sper	14th	finals	Cherry & Silver Invite	01-19-13
9.03	Alex Evans	17th	prelims	Cherry & Silver Invite	01-19-13
9.09	Nicole Oudenaarden	26th	prelims	Don Kirby Elite Invite	02-08-13
9.18	Brittany Bozeman	8th	pentathlon	MW Champs	02-21-13
9.18	Karsen Sper	13th	finals	New Mexico Classic	02-02-13
9.33	Brittany Bozeman	28th	prelims	Don Kirby Elite Invite	02-08-13
9.37	Brittany Bozeman	26th	prelims	Cherry & Silver Invite	01-19-13
9.41	Alex Evans	29th	prelims	Don Kirby Elite Invite	02-08-13

4x400-METER RELAY

School Record: 3:41.55 (Stone, Pencil, Chapu, Upuu, 2007)

Time	Team	Place	Notes	Meet	Date
3:42.11	Al. Reaser, Toatley, Roberson, Thomas	1st	2nd all-time	MW Champs	02-23-13
3.44.41	Al. Reaser, Toatley, Roberson, Thomas	7th	Don	Kirby Elite Invite	02-08-13
3:50.26	Thomas, Al. Reaser, Toatley, Roberson	4th	Cherry	& Silver Invite	01-19-13
3:51.23	Oudenaarden, Toatley, Roberson, Carte	r 4th	New I	Mexico Classic	02-02-13

HIGH JUMP

School Record: 5-08.00 (Aja Frary, 1999; Marla Runyan, 1992)

Mark	Athlete	Place	Notes	Meet	Date
5-06.00	Carrington Mahr	7th	5th all-time	MW Champs	02-22-13
5-06.00	Carrington Mahr	T-6th		Don Kirby Elite Invite	02-08-13
5-05.00 5-04.25	Karsen Sper Carrington Mahr	T-2nd 6th	pentathlon/T	-8th AT MW Champs New Mexico Classic	02-21-13 02-01-13
5-02.25 5-02.25	Allison Reaser Karsen Sper	17th T-10th		Don Kirby Elite Invite New Mexico Classic	02-08-13 02-01-13
5-01.25 5-01.00	Nicole Oudenaarden Karsen Sper	T-9th T-13th	pentathlon	MW Champs MW Champs	02-21-13 02-22-13
5-00.25 5-00.25	Brittany Bozeman Allison Reaser	T-14th T-14th	pentathlon pentathlon	MW Champs MW Champs	02-21-13 02-21-13

POLE VAULT

School Record: 14-01.25 (Stephanie James, 2010)

Mark	Athlete	Place	Notes Meet	Date
13-10.00	Kristen Brown	T-6th	Seeded/5th AT Don Kirby Elite Invite	02-08-13
13-07.25	Kristen Brown	2nd	New Mexico Classic	02-02-13
13-06.25	Kristen Brown	1st	MW Champs	02-22-13
13-05.00	Kristen Brown	1st	UW Final Qualifier	03-01-13
13-02.50	Kelsy Hintz	T-2nd	MW Champs	02-22-13
13-02.25	Kelsy Hintz	5th	Don Kirby Elite Invite	02-08-13
12-11.50	Kelsy Hintz	6th	New Mexico Classic	02-02-13
12-11.50	Kristen Brown	4th	Cherry & Silver Invite	01-19-13
12-11.00	Kelsy Hintz	T-2nd	UW Final Qualifier	03-01-13
12-10.25	Holly Waseloff	8th	Unseeded/T-6 AT Don Kirby Elite Invite	02-08-13
12-10.25	Karen Snapper	12th	Unseeded/T-6 AT Don Kirby Elite Invite	02-08-13
12-07.50	Holly Waseloff	7th	New Mexico Classic	02-02-13
12-07.50	Karen Snapper	8th	New Mexico Classic	02-02-13
12-05.50	Karen Snapper	T-9th	Cherry & Silver Invite	01-19-13
11-10.75	Karen Snapper	8th	MW Champs	02-22-13
11-05.75	Holly Waseloff	15th	Cherry & Silver Invite	01-19-13
NH	Holly Waseloff		MW Champs	02-22-13
NH	Kelsy Hintz		Cherry & Silver Invite	01-19-13

LONG JUMP

School Record: 21-07.50 (Karoline Koehler, 2010)

Mark	Athlete	Place	Notes	Meet	Date
19-08.00	Allison Reaser	1st	pentathlon	MW Champs	02-21-13

SDSU 2013 INDOOR TRACK & FIELD PERFORMANCE LIST (as of June 10, 2013)

19-02.50	Nicole Oudenaarden Shanieka Thomas	2nd 4th		MW Champs	02-21-13 01-19-13
19-00.75	Nicole Oudenaarden	1st	8th all-time Ne	ew Mexico Classic	02-01-13
	Brittany Bozeman	3rd	pentathlon/9th AT	MW Champs	02-21-13
18-11.75	Nicole Oudenaarden	5th		MW Champs	02-22-13
18-10.00	Alex Evans	6th		MW Champs	02-22-13
18-08.00	Nicole Oudenaarden	12th	Do	n Kirby Elite Invite	02-08-13
18-06.50	Alex Evans	3rd	Ne	w Mexico Classic	02-01-13
18-05.25	Alex Evans	14th	Do	n Kirby Elite Invite	02-08-13
18-05.25	Shanieka Thomas	5th	Ne	w Mexico Classic	02-01-13
18-04.25	Allison Reaser	15th	Do	n Kirby Elite Invite	02-08-13
17-11.50	Allison Reaser	13th	Che	erry & Silver Invite	01-19-13
17-11.00	Brittany Bozeman	19th	Do	n Kirby Elite Invite	02-08-13
17-02.25	Brittany Bozeman	T-20th	Che	erry & Silver Invite	01-19-13
16-11.50	Karsen Sper	T-9th	pentathlon	MW Champs	02-21-13
16-03.75	Shanieka Thomas	19th	-	MW Champs	02-22-13
16-00.50	Karsen Sper	38th	Che	erry & Silver Invite	01-19-13

TRIPLE JUMP

School Record: 46-02.50 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes Meet	Date
46-02.50	Shanieka Thomas	1st	school record Don Kirby Elite Invite	02-08-13
45-04.25	Shanieka Thomas	2nd	NCAA Championships	03-09-13
44-04.00	Shanieka Thomas	1st	New Mexico Classic	02-02-13
44-02.50	Shanieka Thomas	1st	Cherry & Silver Invite	01-19-13
43-09.00	Shanieka Thomas	1st	MW Champs	02-23-13
40-05.00	Alex Evans	3rd	Don Kirby Elite Invite	02-08-13
40-04.25	Alex Evans	6th	New Mexico Classic	02-02-13
39-10.75	Alex Evans	5th	Cherry & Silver Invite	01-19-13
Foul	Alex Evans		MW Champs	02-23-13

SHOT PUT

School Record: 55-07.50 (Whitney Ashley, 2012)

Mark	Athlete	Place	Notes	Meet	Date
51-10.50	Jasmine Burrell	1st	2nd all-time	MW Champs	02-23-13
50-02.50	Jasmine Burrell	10th		Don Kirby Elite Invite	02-08-13
48-10.75	Jasmine Burrell	5th		New Mexico Classic	02-02-13
47-07.25	Nicole Oudenaarden	12th	4th all-time	Don Kirby Elite Invite	02-08-13
47-07.00	Nicole Oudenaarden	6th		MW Champs	02-23-13
46-02.00	Jasmine Burrell	7th		Cherry & Silver Invite	01-19-13
44-11.75	Nicole Oudenaarden	1st	pentathlon	MW Champs	02-21-13
44-05.25	Brittany Gonter	12th	6th all-time	MW Champs	02-23-13
44-05.25	Nicole Oudenaarden	7th		New Mexico Classic	02-02-13
43-02.25	Brittany Gonter	15th		Don Kirby Elite Invite	02-08-13
41-00.00	Brittany Gonter	11th		New Mexico Classic	02-02-13
40-10.50	Brittany Bozeman	2nd	pentathlon	MW Champs	02-21-13
38-08.25	Allison Reaser	17th		Don Kirby Elite Invite	02-08-13
38-06.75	Allison Reaser	4th	pentathlon	MW Champs	02-21-13
37-08.75	Brittany Bozeman	18th		Don Kirby Elite Invite	02-08-13
37-01.75	Allison Reaser	22nd		Cherry & Silver Invite	01-19-13
32-10.50	Karsen Sper	T-10th	pentathlon	MW Champs	02-21-13
31-03.75	Karsen Sper	33rd		Cherry & Silver Invite	01-19-13
ND	Brittany Bozeman			New Mexico Classic	02-02-13

WEIGHT THROW

School Record: 64-01.25 (Jasmine Burrell, 2013)

Mark	Athlete	Place	Notes	Meet	Date
64-01.25	Jasmine Burrell	3rd	school recor	d MW Champs	02-22-13
62-05.25	Jasmine Burrell	5th		Don Kirby Elite Invite	02-08-13
59-00.75	Jasmine Burrell	4th		New Mexico Classic	02-01-13
59-00.00	Ellie Fanaika	10th		Don Kirby Elite Invite	02-08-13
55-11.00	Ellie Fanaika	5th		New Mexico Classic	02-01-13
53-01.00	Ellie Fanaika	13th		MW Champs	02-22-13
	Mikayla Howden Mikayla Howden	14th 11th	6th all-time	MW Champs New Mexico Classic	02-22-13
TJ-10.00	wiikayia i lowacii	1101		NOW MICKIEG GIASSIC	02-01-10

PENTATHLON

School Record: 3,971 (Allison Reaser, 2013)

Mark	Athlete	Place	Notes	Meet	Date
3,971	Allison Reaser	1st	school record	MW Champs	02-21-13
3,969	Nicole Oudenaarden	2nd	2nd all-time	MW Champs	02-21-13
3,564	Karsen Sper	5th	7th all-time	MW Champs	02-21-13
3,440	Brittany Bozeman	8th	9th all-time	MW Champs	02-21-13

100 METERS

School Record: 11.20 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
11.31	LaQuisha Jackson	1st	finals; wind-	aided MW Champs	05-11-13
11.31	LaQuisha Jackson	1st	prelims; win	d-aided MW Champs	05-10-13
11.58	LaQuisha Jackson	20th	prelims; No	. 7 all-time NCAA Prelims	05-23-13
11.69	LaQuisha Jackson	4th	•	Occidental Invite	05-04-13
11.78	LaQuisha Jackson	13th	finals	NCAA Prelims	05-24-13
11.81	LaQuisha Jackson	8th	open U/O	Mt. SAC Relays	04-19-13
12.11	Allison Reaser	9th	prelims	Cal/Nevada Champs	03-29-13
12.12	Allison Reaser	1st	•	San Diego Champs	03-09-13
12.18	Maderia Toatley	11th	prelims	Cal/Nevada Champs	03-29-13
12.18	Maderia Toatley	3rd	open	Aztec Invitational	03-15-13
12.25	Allison Reaser	9th	finals	Cal/Nevada Champs	03-30-13
12.35	Antonique Campbell	3rd	(CSUSM Mangrum Invite	04-06-13
12.48	Maderia Toatley	2nd		San Diego Champs	03-09-13
12.67	Antonique Campbell	4th		San Diego Champs	03-09-13
13.25	Alex Evans	10th		San Diego Champs	03-09-13
13.35	Thoraya Maronsey	1st		Arnie Robinson Invite	04-13-13

200 METERS

School Record: 22.34 (Tonette Dyer, 2004)

School Record: 22.34 (Tonette Dyer, 2004)						
Mark	Athlete	Place	Notes	Meet	Date	
23.23	LaQuisha Jackson	1st	finals; No. 2 all-time	MW Champs	05-11-13	
23.49	LaQuisha Jackson	2nd	prelims; wind-aided	MW Champs	05-10-13	
23.88	Allison Reaser	3rd	hept.; wind-aided	NCAA Champs	06-06-13	
23.88	LaQuisha Jackson	11th	open U/O; wind-aided	Mt. SAC Relays	04-19-13	
23.90	LaQuisha Jackson	T-16th	prelims	NCAA Prelims	05-24-13	
23.92	LaQuisha Jackson	18th	finals	NCAA Prelims	05-25-13	
23.96	Allison Reaser	1st	hept.; wind-aided	MW Champs	05-08-13	
24.16	Maderia Toatley	2nd	CSUSM	Mangrum Invite	04-06-13	
24.28	Allison Reaser	3rd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13	
24.33	Maderia Toatley	11th	prelims	MW Champs	05-10-13	
24.37	Maderia Toatley	29th	open U/O	Mt. SAC Relays	04-19-13	
24.42	Maderia Toatley	7th		Occidental Invite	05-04-13	
24.44	Maderia Toatley	13th	invitational	Aztec Invitational	03-16-13	
24.58	Allison Reaser	1st	heptathlon A	ztec Invitational	03-14-13	
24.68	Nicole Oudeannarden	10th	hept.; wind-aided	NCAA Champs	06-06-13	
24.73	Nicole Oudenaarden	6th	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13	
24.73	Maderia Toatley	1st	wind-aided Sa	n Diego Champs	03-09-13	
24.79	Nicole Oudenaarden	2nd	heptathlon A	ztec Invitational	03-14-13	
24.85	Maderia Toatley	6th		Nevada Champs	03-30-13	
24.85	Maderia Toatley	4th	•	Nevada Champs	03-29-13	
25.01	Nicole Oudenaarden	1st		Robinson Invite	04-13-13	
25.10	Maderia Toatley	6th	open	Aztec Invitational	03-15-13	
25.13	Brittany Bozeman	3rd	hept.; wind-aided	MW Champs	05-08-13	
25.13	Antonique Campbell	10th	prelims Cal/I	levada Champs	03-29-13	
25.25	Deyna Roberson	2nd	wind-aided San	Diego Champs	03-09-13	
25.48	Karsen Sper	4th	hept.; wind-aided	MW Champs	05-08-13	
25.63	Brittany Bozeman	14th	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-17-13	
25.79	Brittany Bozeman	5th	heptathlon A	ztec Invitational	03-14-13	
25.83	Karsen Sper	8th	CSUSM	Mangrum Invite	04-06-13	
25.86	Karsen Sper	15th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13	
25.87	Kristen Brown	14th	open A	ztec Invitational	03-15-13	
25.87	Maya Carter	6th	San	Diego Champs	03-09-13	
25.92	Karsen Sper	7th	heptathlon	Aztec Invitational	03-14-13	
26.12	Karsen Sper	11th		n Diego Champs	03-09-13	
26.19	Brittany Bozeman	12th	wind-aided Sa	n Diego Champs	03-09-13	
26.22	Renetia James	13th	wind-aided San	Diego Champs	03-09-13	
27.12	Brittany Bozeman	23rd		Triton Invitational	04-27-13	
27.29	Thoraya Maronsey	20th	CSUSM	Mangrum Invite	04-06-13	
27.61	Thoraya Maronsey	22nd	Sa	n Diego Champs	03-09-13	
27.83	Sarah Haydock	16th	heptathlon A	ztec Invitational	03-14-13	
	-					

400 METERS

School Record: 51.15 (Tonette Dyer, 2004)

Mark	Athlete	Place	Notes	Meet	Date
55.38	Shanieka Thomas	1st	prelims	Cal/Nevada Champs	03-29-13

55.60	Shanieka Thomas	2nd	finals	Cal/Nevada Champs	03-30-13
55.63	Renetia James	5th	finals	MW Champs	05-11-13
55.83	Renetia James	28th	open U/O	Mt. SAC Relays	04-19-13
55.96	Renetia James	4th	prelims	MW Champs	05-10-13
56.11	LaQuisha Jackson	2nd		CSUSM Mangrum Invite	04-06-13
56.22	Nicole Oudenaarden	7th	finals	MW Champs	05-11-13
56.30	Renetia James	13th	invitational	Aztec Invitational	03-16-13
56.31	Nicole Oudenaarden	7th	prelims	MW Champs	05-10-13
56.35	Renetia James	3rd		CSUSM Mangrum Invite	04-06-13
56.56	Renetia James	1st		San Diego Champs	03-09-13
56.61	Nicole Oudenaarden	5th	finals	Cal/Nevada Champs	03-30-13
56.64	Renetia James	10th		Occidental Invite	05-04-13
56.67	Nicole Oudenaarden	2nd		San Diego Champs	03-09-13
56.81	Maderia Toatley	10th	prelims	MW Champs	05-10-13
56.84	Antonique Campbell	11th		Occidental Invite	05-04-13
57.08	Antonique Campbell	12th	prelims	MW Champs	05-10-13
57.12	Nicole Oudenaarden	8th	prelims	Cal/Nevada Champs	03-29-13
57.14	Antonique Campbell	4th		CSUSM Mangrum Invite	04-06-13
57.28	Deyna Roberson	4th		San Diego Champs	03-09-13
57.59	Renetia James	12th	prelims	Cal/Nevada Champs	03-29-13
57.92	Josefine Koskinen	11th		Triton Invitational	04-27-13
58.69	Meritzer Williams	10th	open	Aztec Invitational	03-15-13
1:00.78	Maya Carter	6th		San Diego Champs	03-09-13
1:01.16	Eva Davidová	2nd		Arnie Robinson Invite	04-13-13
1:01.22	Maya Carter	19th		Occidental Invite	05-04-13
1:01.77	Eva Davidová	8th		San Diego Champs	03-09-13
1:02.68	Lily Mayko	4th		Arnie Robinson Invite	04-13-13
1:02.82	Chelsea Kruthers	15th		Triton Invitational	04-27-13

800 METERS

School Record: 2:02.88 (Renee Ross, 1985)

Mark	Athlete	Place	Notes	Meet	Date
2:07.86	Josefine Koskinen	5th	No. 6 all-time	Occidental Invite	05-04-13
2:09.45	Chelsea Kruthers	2nd	prelims	MW Champs	05-10-13
2:10.17	Josefine Koskinen	6th	finals	MW Champs	05-11-13
2:10.17	Josefine Koskinen	8th	prelims	MW Champs	05-10-13
2:11.06	Chelsea Kruthers	7th	prelims	MW Champs	05-11-13
2:11.36	Josefine Koskinen	38th	prelims	NCAA Prelims	05-23-13
2:11.49	Chelsea Kruthers	33rd	open U/O	Mt. SAC Relays	04-19-13
2:11.91	Josefine Koskinen	37th	open U/O	Mt. SAC Relays	04-19-13
2:12.02	Josefine Koskinen	7th	invitational	Aztec Invitational	03-16-13
2:12.08	Allison Reaser	3rd	hept.; wind-aide	d NCAA Champs	06-07-13
2:12.37	Chelsea Kruthers	5th	finals (Cal/Nevada Champs	03-30-13
2:13.16	Chelsea Kruthers	8th	prelims (Cal/Nevada Champs	03-29-13
2:13.82	Chelsea Kruthers	13th	invitational	Aztec Invitational	03-16-13
2:18.06	Allison Reaser	6th	heptathlon; Mt. SA	•	04-18-13
2:18.15	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-15-13
2:19.23	Allison Reaser	1st	heptathlon	MW Champs	05-09-13
2:19.81	Nicole Oudenaarden	7th	heptathlon; Mt. S.	AC Mt. SAC Relays	04-18-13
2:20.09	Nicole Oudenaarden	15th	hept.; wind-aided		06-07-13
2:22.63	Nicole Oudenaarden	3rd	heptathlon	Aztec Invitational	03-15-13
2:23.05	Karsen Sper	4th	heptathlon	MW Champs	05-09-13
2:24.40	Karsen Sper	11th	heptathlon; CA Inv	. Mt. SAC Relays	04-18-13
2:26.48	Rachel Roesgen	23rd		Triton Invitational	04-27-13
2:27.36	Brittany Bozeman	4th	heptathlon	MW Champs	05-09-13
2:29.37	Brittany Bozeman	10th	heptathlon; Mt. SA	C Mt. SAC Relays	04-18-13
2:29.84	LaQuisha Jackson	15th	;	San Diego Champs	03-09-13
2:31.41	Karsen Sper	6th	heptathlon	Aztec Invitational	03-15-13
2:36.42	Amanda Okun	29th	CSU	SM Mangrum Invite	04-06-13
2:36.92	Amanda Okun	12th	open	Aztec Invitational	03-15-13
2:38.33	Amanda Okun	29th		Triton Invitational	04-27-13
2:39.96	Sarah Haydock	13th	heptathlon	Aztec Invitational	03-15-13
DNF	Josefine Koskinen		•	Cal/Nevada Champs	03-29-13

1,500 METERS

School Record: 4:06.69 (Monica Joyce, 1983)

Mark	Athlete	Place	Notes	Meet	Date
4:37.20	Josefine Koskinen	1st		Triton Invitational	04-27-13
4:37.67	Josefine Koskinen	12th	invitational	Aztec Invitational	03-15-13

4:37.95 4:40.46 4:41.66 4:43.96 4:46.27 4:47.15 4:47.31 4:49.31	Chelsea Kruthers Chelsea Kruthers Josefine Koskinen Jessica McCall Josefine Koskinen Jessica McCall Jessica McCall Rachel Roesgen	2nd 1st 5th 21st 3rd 26th 3rd 27th	CSUSM Mangrum Invite San Diego Champs CSUSM Mangrum Invite Occidental Invite San Diego Champs invitational Aztec Invitational Triton Invitational Occidental Invite	04-06-13 03-09-13 04-06-13 05-04-13 03-09-13 03-15-13 04-27-13
4:49.77 4:50.22	Jessica McCall Jessica McCall	156th 12th	open U/O Mt. SAC Relays CSUSM Mangrum Invite	04-18-13 04-06-13
4:54.54	Rachel Roesgen	6th	Triton Invitational	04-27-13
5:00.50	Rachel Roesgen	24th	CSUSM Mangrum Invite	04-06-13
5:08.08	Amy Reaser	29th	CSUSM Mangrum Invite	04-06-13
5:10.62	Melissa Wendorf	32nd	CSUSM Mangrum Invite	04-06-13
5:11.46	Amy Reaser	5th	Arnie Robinson Invite	04-13-13
5:17.97	Amy Reaser	17th	Triton Invitational	04-27-13

3,000 METERS

School Record: 8:53.24 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
10:20.48	Laura Vazquez	3rd		San Diego Champs	03-09-13
10:30.96	Jessica McCall	5th		San Diego Champs	03-09-13
10:43.06	Melissa Wendorf	9th		San Diego Champs	03-09-13
10:44.70	Laura Vazquez	3rd		Triton Invitational	04-27-13
10:47.72	Hannah Sawatzki	12th		CSUSM Mangrum Invite	04-06-13
10:47.92	Hannah Sawatzki	4th		Triton Invitational	04-27-13
10:56.81	Hannah Sawatzki	14th		San Diego Champs	03-09-13
10:58.57	Amy Reaser	19th		CSUSM Mangrum Invite	04-06-13
11:02.07	Rachel Roesgen	17th		San Diego Champs	03-09-13
11:02.34	Amy Reaser	18th		San Diego Champs	03-09-13
11:08.18	Melissa Wendorf	8th		Triton Invitational	04-27-13
11:20.21	Amy Reaser	11th	invitational	Aztec Invitational	03-15-13
11:25.12	Melissa Wendorf	27th		CSUSM Mangrum Invite	04-06-13

5,000 METERS

School Record: 15:45.26 (Monica Joyce, 1982)

Mark	Athlete	Place	Notes	Meet	Date
	Laura Vazquez Laura Vazquez	11th 9th	invitational	Aztec Invitational Cal/Nevada Champs	03-15-13 03-29-13
	Jessica McCall	22nd		Cal/Nevada Champs	03-29-13
18:44.64	Hannah Sawatzki	1st		Arnie Robinson Invite	04-13-13
19:01.96	Melissa Wendorf	8th	open	Aztec Invitational	03-15-13
19:08.33	Melissa Wendorf	3rd		Arnie Robinson Invite	04-13-13
19:09.44	Melissa Wendorf	24th		Occidental Invite	05-04-13
19:12.10	Hannah Sawatzki	11th	open	Aztec Invitational	03-15-13
19:36.08	Hannah Sawatzki	30th		Occidental Invite	05-04-13

10,000 METERS

School Record: 34:22.24 (Lynn Kanuka, 1981)

		,	,		
Mark	Athlete	Place	Notes	Meet	Date
37:01.43	Marianne Hogan	14th	open-B U/O	Mt. SAC Relays	03-07/08-13
37:20.16	Marianne Hogan	6th		Cal/Nevada Champs	03-29-13
39:53.50	Marianne Hogan	12th		MW Champs	05-10-13

100-METER HURDLES

School Record: 12.82 (Meisha McKelvy, 1999)

Mark	Athlete	Place	Notes	Meet	Date
13.30	Allison Reaser	2nd	hept; T-7th all-time	NCAA Champs	06-06-13
13.41	Allison Reaser	1st	finals; No. 9 all-time	MW Champs	05-11-13
13.46	Kristen Brown	3rd	open U/O; wind-aided	Mt. SAC Relays	04-19-13
13.56	Kristen Brown	1st	prelims	MW Champs	05-10-13
13.56	Allison Reaser	1st	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
13.60	Kristen Brown	2nd	finals	MW Champs	05-11-13
13.63	Allison Reaser	2nd	prelims	MW Champs	05-10-13
13.65	Kristen Brown	20th	finals	NCAA Prelims	05-25-13
13.65	Allison Reaser	1st	heptathlon	MW Champs	05-08-13
13.68	Kristen Brown	7th	heats	Penn Relays	04-26-13

13.69	Kristen Brown	8th	champs	Penn Relays	04-27-13
13.80	Alex Evans	5th	finals	MW Champs	05-11-13
13.82	Kristen Brown	1st	prelims	Cal/Nevada Champs	03-29-13
13.85	Kristen Brown	1st	finals	Cal/Nevada Champs	03-30-13
13.86	Kristen Brown	T-17th	prelims	NCAA Prelims	05-24-13
13.86	Alex Evans	4th	prelims	MW Champs	05-10-13
13.86	Allison Reaser	1st	C	SUSM Mangrum Invite	04-06-13
13.86	Allison Reaser	1st	heptathlon	Aztec Invitational	03-14-13
13.88	Allison Reaser	2nd	finals	Cal/Nevada Champs	03-30-13
14.02	Allison Reaser	4th	prelims	Cal/Nevada Champs	03-29-13
14.03	Alex Evans	3rd	С	SUSM Mangrum Invite	04-06-13
14.09	Allison Reaser	30th	prelims	NCAA Prelims	05-24-13
14.11	Alex Evans	8th	prelims; wind	Cal/Nevada Champs	03-29-13
14.17	Kristen Brown	4th	invitational	Aztec Invitational	03-16-13
14.18	Karsen Sper	8th	finals	MW Champs	05-11-13
14.18	Allison Reaser	19th	heats	Penn Relays	04-26-13
14.26	Karsen Sper	6th	prelims	MW Champs	05-10-13
14.30	Nicole Oudenaarden	22nd	hept.; wind-aid	ed NCAA Champs	06-06-13
14.32	Allison Reaser	1st		San Diego Champs	03-09-12
14.42	Alex Evans	9th	finals	Cal/Nevada Champs	03-30-13
14.43	Nicole Oudenaarden	7th	heptathlon; Mt	SAC Mt. SAC Relays	04-17-13
14.43	Karsen Sper	3rd	heptathlon	MW Champs	05-08-13
14.43	Alex Evans	5th	open	Aztec Invitational	03-15-13
14.48	Alex Evans	41st	prelims	NCAA Prelims	05-24-13
14.52	Karsen Sper	5th	C	SUSM Mangrum Invite	04-06-13
14.52	Karsen Sper	3rd	heptathlon	Aztec Invitational	03-14-13
14.61	Brittany Bozeman	5th	heptathlon	MW Champs	05-08-13
14.64	Karsen Sper	12th	heptathlon; CA	Inv. Mt. SAC Relays	04-17-13
14.67	Alex Evans	8th	invitational	Aztec Invitational	03-16-13
14.82	Nicole Oudenaarden	4th	heptathlon	Aztec Invitational	03-14-13
14.84	Brittany Bozeman	6th	C	SUSM Mangrum Invite	04-06-13
14.85	Brittany Bozeman	7th		Triton Invitational	04-27-13
14.98	Karsen Sper	18th	prelims	Cal/Nevada Champs	03-29-13
15.10	Karsen Sper	3rd		San Diego Champs	03-09-12
15.13	Brittany Bozeman	20th	prelims	Cal/Nevada Champs	03-29-13
15.13	Brittany Bozeman	8th	heptathlon	Aztec Invitational	03-14-13
15.19	Brittany Bozeman	17th	heptathlon; Mt.	SAC Mt. SAC Relays	04-17-13
16.13	Eva Davidová	2nd		Arnie Robinson Invite	04-13-13
16.28	Sarah Haydock	15th	heptathlon	Aztec Invitational	03-14-13
16.57	Sarah Haydock	8th		San Diego Champs	03-09-12
NT	Brittany Bozeman			Arnie Robinson Invite	04-13-13
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400-METER HURDLES

School Record: 54.64 (LaTanya Sheffield, 1985)

Mark	Athlete	Place	Notes	Meet	Date
58.36	Deyna Roberson	1st	finals; No.	3 all-time MW Champs	05-11-13
58.65	Allison Reaser	1st	open U/O	Mt. SAC Relays	04-19-13
58.86	Deyna Roberson	3rd		Occidental Invite	05-04-13
58.91	Deyna Roberson	1st	prelims	MW Champs	05-10-13
59.08	Allison Reaser	3rd	finals	MW Champs	05-11-13
59.22	Allison Reaser	2nd	prelims	MW Champs	05-10-13
59.32	Allison Reaser	1st	finals	Cal/Nevada Champs	03-30-13
59.53	Deyna Roberson	20th	prelims	NCAA Prelims	05-23-13
59.61	Allison Reaser	22nd	prelims	NCAA Prelims	05-23-13
59.78	Deyna Roberson	18th	finals	NCAA Prelims	05-24-13
59.97	Deyna Roberson	10th	open U/O	Mt. SAC Relays	04-19-13
1:00.05	Allison Reaser	1st		CSUSM Mangrum Invite	04-06-13
1:00.22	Allison Reaser	2nd	prelims	Cal/Nevada Champs	03-29-13
1:00.32	Deyna Roberson	13th	champs	Penn Relays	04-25-13
1:00.65	Allison Reaser	23rd	finals	NCAA Prelims	05-24-13
1:00.71	Deyna Roberson	3rd	finals	Cal/Nevada Champs	03-30-13
1:00.74	Deyna Roberson	3rd	invitational	Aztec Invitational	03-16-13
1:00.93	Deyna Roberson	3rd	prelims	Cal/Nevada Champs	03-29-13
1:01.20	Deyna Roberson	2nd		CSUSM Mangrum Invite	04-06-13
1:02.81	Maya Carter	5th		Triton Invitational	04-27-13
1:04.03	Maya Carter	14th	prelims	MW Champs	05-10-13
1:04.52	Lily Mayko	14th		Occidental Invite	05-04-13
1:04.78	Maya Carter	13th	prelims	Cal/Nevada Champs	03-29-13
1:05.05	Maya Carter	19th	invitational	Aztec Invitational	03-16-13
1:05.32	Maya Carter	5th		CSUSM Mangrum Invite	04-06-13
1:05.37	Eva Davidová	10th		Triton Invitational	04-27-13

1:05.55	Eva Davidová	17th	prelims	Cal/Nevada Champs	03-29-13
1:05.86	Lily Mayko	12th		Triton Invitational	04-27-13
1:06.04	Eva Davidová	9th	open	Aztec Invitational	03-15-13
1:06.89	Lily Mayko	6th		CSUSM Mangrum Invite	04-06-13

3,000-METER STEEPLECHASE

Mark	Athlete	Place	Notes	Meet	Date
12:04.77	Lily Mayko	10th	invitational	Aztec Invitational	03-15-13
12:27.85	Rachel Roesgen	18th		Cal/Nevada Champs	03-30-13
DNF	Lily Mayko			Cal/Nevada Champs	03-30-13

4x100-METER RELAY

School Record: 44.24 (Givens, Dyer, Hogg, Smedley, 2002)

Time	Team	Place	Notes	Meet	Date
47.47	Campbell, Toatley, Thomas, Jackson	8th		MW Champs	05-11-13

4x200-METER RELAY

School Record: 1:32.99 (Smedley, Dyer, McNair, Ireland, 2003)

Time	Team	Place	Notes	Meet	Date
1:37.06	Al. Reaser, Toatley, Campbell, Jackson	16th	No. 6 all-time	Penn Relays	04-26-13

4x400-METER RELAY

School Record: 3:30.57 (Nilsson, Ross, Robinson, Sheffield, 1985)

Time	Team	Place	Notes	Meet	Date
3:35.41	Thomas, Toatley, Roberson, Jackson	1st	No. 6 all-time	MW Champs	05-11-13
3:35.52	Thomas, Toatley, Roberson, James	3rd	college	Penn Relays	04-27-13
3:37.73	Thomas, Toatley, James, Roberson	14th		NCAA Prelims	05-25-13
3:41.35	Al. Reaser, Roberson, Jackson, James	11th	heats	Penn Relays	04-25-13
3:43.01	Campbell, Roberson, Jackson, Totatley	1st	Cal/I	Nevada Champs	03-30-13
3:45.30	James, Roberson, Toatley, Campbell	4th	A	Aztec Invitational	03-16-13
3:55.72	Davidová, Toatley, Koskinen, Kruthers	1st	Sar	n Diego Champs	03-09-13
4:10.82	Kruthers, Roesgen, McCall, Mayko	7th	CSUSM	Mangrum Invite	04-06-13
4:32.85	Wendorf, Sawatzki, McCall, Am. Reaser	14th	Sar	n Diego Champs	03-09-13

SHUTTLE HURDLES RELAY

School Record: 1:00.45 (Brown, Alex Evans, Sper, Al. Reaser, 2013)

Time	Team	Place	Notes	Meet	Date
1:37.06	Al. Reaser, Toatley, Campbell, Jackson	1:37.06	School record	Penn Relays	04-26-13

HIGH JUMP

School Record: 5-11.50 (Lori Clark, 1984)

Mark	Athlete	Place	Notes	Meet	Date
5-06.00	Carrington Mahr	1st	Sa	n Diego Champs	03-09-13
5-05.75	Nicole Oudenaarden	1st	heptathlon /	Aztec Invitational	03-14-13
5-05.00	Carrington Mahr	8th	invitational	Aztec Invitational	03-16-13
5-04.50	Karsen Sper	T-8th	heptathlon; CA Inv.	Mt. SAC Relays	04-17-13
5-04.50	Karsen Sper	T-3rd	heptathlon	Aztec Invitational	03-14-13
5-03.25	Allison Reaser	6th	heptathlon /	Aztec Invitational	03-14-13
5-03.00	Allison Reaser	T-20th	heptathlon	NCAA Champs	06-06-13
5-03.00	Carrington Mahr	6th	CSUS	M Mangrum Invite	04-06-13
5-02.50	Carrington Mahr	15th		MW Champs	05-11-13
5-02.50	Karsen Sper	18th		MW Champs	05-11-13
5-02.50	Nicole Oudenaarden	T-9th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-02.25	Brittany Bozeman	7th	heptathlon /	Aztec Invitational	03-14-13
5-02.25	Allison Reaser	T-6th	heptathlon	MW Champs	05-08-13
5-02.25	Karsen Sper	T-6th	heptathlon	MW Champs	05-08-13
5-02.25	Karsen Sper	T-11th	Ca	I/Nevada Champs	03-30-13
5-01.25	Brittany Bozeman	T-11th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-01.25	Allison Reaser	T-11th	heptathlon; Mt. SAC	Mt. SAC Relays	04-17-13
5-01.00	Brittany Bozeman	T-10th	heptathlon	MW Champs	05-08-13
5-01.00	Allison Reaser	1st	Arn	ie Robinson Invite	04-13-13
5-00.25	Nicole Oudenaarden	T-18th	Ca	I/Nevada Champs	03-30-13
5-00.25	Brittany Bozeman	7th	S	an Diego Champs	03-09-13
5-00.25	Allison Reaser	8th	S	an Diego Champs	03-09-13
4-10.50	Sarah Haydock	11th	heptathlon /	Aztec Invitational	03-14-13

4-09.75	Sarah Haydock	2nd		Arnie Robinson Invite	04-13-13
4-09.00	Sarah Haydock	T-12th		CSUSM Mangrum Invite	04-06-13
4-06.25	Sarah Haydock	14th		San Diego Champs	03-09-13
NH	Nicole Oudenaarden		heptathlon	NCAA Champs	06-06-13
NH	Brittany Bozeman			Triton Invitational	04-27-13
NH	Sarah Haydock			Triton Invitational	04-27-13
NH	Nicole Oudenaarden			CSUSM Mangrum Invite	04-06-13
NH	Allison Reaser			CSUSM Mangrum Invite	04-06-13
NH	Karsen Sper			San Diego Champs	03-09-13

POLE VAULT

School Record: 14-03.50 (Stephanie James, 2008)

School Record: 14-03.50 (Stephanie James, 2008)					
Mark	Athlete	Place	Notes	Meet	Date
14-00.00	Kristen Brown	1st	No. 3 all-tim	e San Diego Champs	03-09-13
13-07.25	Kristen Brown	1st		MW Champs	05-10-13
13-04.25	Kelsy Hintz	2nd		San Diego Champs	03-09-13
	Kristen Brown	6th	open-A U/O	Mt. SAC Relays	04-19-13
13-03.50	Kelsy Hintz	1st		Cal/Nevada Champs	03-29-13
12-10.00	Karen Snapper	3rd	invitational	Triton Invitational	04-27-13
12-08.75	Kristen Brown	4th	invitational	Aztec Invitational	03-16-13
12-08.75	Kelsy Hintz	5th	invitational	Aztec Invitational	03-16-13
12-08.00	Kristen Brown	T-18th		NCAA Prelims	05-24-13
12-07.50	Kristen Brown	2nd		Cal/Nevada Champs	03-29-13
12-05.50	Holly Waseloff	8th	open-C U/O	Mt. SAC Relays	04-19-13
12-03.50	Karen Snapper	5th		MW Champs	05-10-13
12-00.50	Karen Snapper	4th		San Diego Champs	03-09-13
12-02.75	Holly Waseloff	T-10th	invitational	Aztec Invitational	03-16-13
11-11.75	Holly Waseloff	8th		MW Champs	05-10-13
11-11.75	Kelsy Hintz	9th		MW Champs	05-10-13
11-11.75	Rebecca Turnbow	11th		MW Champs	05-10-13
11-11.75	Rebecca Turnbow	5th		Cal/Nevada Champs	03-29-13
11-11.75		6th		Cal/Nevada Champs	03-29-13
	Rebecca Turnbow	1st		CSUSM Mangrum Invite	04-06-13
	Rebecca Turnbow	6th	invitational	Triton Invitational	04-27-13
	Rebecca Turnbow	20th	invitational	Aztec Invitational	03-16-13
	Karen Snapper	23rd	invitational	Aztec Invitational	03-16-13
	Karen Snapper	1st		Arnie Robinson Invite	04-13-13
	Holly Waseloff	5th		San Diego Champs	03-09-13
	Karen Snapper	14th	open-C U/O	Mt. SAC Relays	04-19-13
	Rebecca Turnbow	T-4th	open	Aztec Invitational	03-15-13
11-05.00		2nd		CSUSM Mangrum Invite	04-06-13
11-02.25	Kelsy Hintz	7th	invitational	Triton Invitational	04-27-13
11-00.75	Rebecca Turnbow	6th		San Diego Champs	03-09-13
10-08.25	Thresa Vinson	29th	invitational	Aztec Invitational	03-16-13
10-06.75	Thresa Vinson	9th		San Diego Champs	03-09-13
	Thresa Vinson	6th		CSUSM Mangrum Invite	04-06-13
	Thresa Vinson	T-14th	open	Aztec Invitational	03-15-13
	Thresa Vinson	10th	invitational	Triton Invitational	04-27-13
NH	Karen Snapper			NCAA Prelims	05-24-13
NH	Kelsy Hintz			CSUSM Mangrum Invite	04-06-13

LONG JUMP

School Record: 21-09.50 (Karoline Koehler, 2009)

Mark	Athlete	Place	Notes	Meet	Date
20-07.25	Shanieka Thomas	1st	wind-aided	MW Champs	05-10-13
20-00.25	Nicole Oudenaarden	2nd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-18-13
19-08.75	Nicole Oudenaarden	4th	wind-aided	MW Champs	05-10-13
19-08.00	Nicole Oudenaarden	24th	No. 9 all-time	NCAA Prelims	05-23-13
19-06.75	Brittany Bozeman	3rd	hept.; Mt. SAC; wind-aided	Mt. SAC Relays	04-18-13
19-06.25	Brittany Bozeman	27th	wind-aided	NCAA Prelims	05-23-13
19-04.00	Nicole Oudenaarden	T-11th	heptathlon	NCAA Champs	06-07-13
19-04.00	Shanieka Thomas	31st		NCAA Prelims	05-23-13
19-04.00	Shanieka Thomas	2nd	Cal/	Nevada Champs	03-29-13
19-04.00	Allison Reaser	1st	hept.; wind-aided	MW Champs	05-09-13
19-00.00	Allison Reaser	15th	heptathlon	NCAA Champs	06-07-13
18-10.75	Brittany Bozeman	11th	wind-aided	MW Champs	05-10-13
18-10.00	Allison Reaser	T-7th	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13
18-10.00	Nicole Oudenaarden	1st	heptathlon	Aztec Invitational	03-15-13
18-09.75	Allison Reaser	4th	wind-aided Cal/	Nevada Champs	03-29-13
18-08.50	Brittany Bozeman	3rd	invitational Tr	iton Invitational	04-27-13

18-05.75 18-02.50 18-01.00 17-10.25 17-08.75 17-08.00 17-07.50 17-06.75	Brittany Bozeman Brittany Bozeman Alex Evans Allison Reaser Alex Evans Thoraya Maronsey Brittany Bozeman Karsen Sper Karsen Sper Karsen Sper Thoraya Maronsey	3rd 9th 5th 3rd 7th 4th T-8th 7th 2nd T-16th 3rd	heptathlon heptathlon invitational open invitational heptathlon	,	05-09-13 03-29-13 03-29-13 03-15-13 03-16-13 03-16-13 05-09-13 04-13-13 04-06-13
17-05.25 17-05.25 17-03.50 17-01.25 15-11.00 15-09.75	Thoraya Maronsey Brittany Bozeman Alex Evans Thoraya Maronsey Sarah Haydock Sarah Haydock Karsen Sper	1-16th 3rd 4th 18th 4th 12th 10th 14th		daided Mt. SAC Relays CSUSM Mangrum Invite Aztec Invitational MW Champs San Diego Champs Aztec Invitational San Diego Champs Aztec Invitational	04-18-13 04-06-13 03-15-13 05-10-13 03-09-13 03-15-13 03-09-13

TRIPLE JUMP

School Record: 46-05.25 (Shanieka Thomas, 2013)

Mark	Athlete	Place	Notes	Meet	Date
46-05-25	Shanieka Thomas	1st	school record	MW Champs	05-11-13
46-04.75	Shanieka Thomas	1st		NCAA Champs	06-07-13
46-02.00	Shanieka Thomas	1st		NCAA Prelims	05-25-13
45-01.50	Shanieka Thomas	2nd	invite elite	Mt. SAC Relays	04-20-13
44-08.00	Shanieka Thomas	1st	champs	Penn Relays	04-26-13
43-00.50	Alex Evans	6th	wind-aided	NCAA Prelims	05-25-13
42-09.00	Alex Evans	2nd	No. 4 all-time	MW Champs	05-11-13
41-00.50	Alex Evans	10th	invitational elite	Mt. SAC Relays	04-20-13
40-06.75	Alex Evans	24th	wind-aided	NCAA Champs	06-07-13
39-10.75	Alex Evans	2nd	Ca	I/Nevada Champs	03-30-13
39-07.75	Thoraya Maronsey	3rd	Cal	Nevada Champs	03-30-13
39-07.25	Thoraya Maronsey	9th	wind-aided	MW Champs	05-11-13
39-06.50	Alex Evans	14th	wind-aided; college	Penn Relays	04-26-13
39-01.25	Thoraya Maronsey	8th	open U/O	Mt. SAC Relays	04-19-13
38-06.75	Thoraya Maronsey	2nd	invitational	Triton Invitational	04-27-13
38-06.75	Thoraya Maronsey	3rd	invitational	Aztec Invitational	03-16-13
38-02.25	Thoraya Maronsey	3rd		Occidental Invite	05-04-13

SHOT PUT

School Record: 58-03.75 (Ramona Pagel, 1984)

Mark	Athlete	Place	Notes	Meet	Date
49-03.00	Jasmine Burrell	4th		MW Champs	05-11-13
48-11.75	Jasmine Burrell	1st	invitational	Aztec Invitational	03-16-13
48-02.50	Jasmine Burrell	7th	open U/O	Mt. SAC Relays	04-19-13
46-06.75	Jasmine Burrell	11th	invitational	Triton Invitational	04-27-13
46-00.75	Nicole Oudenaarden	1st	heptathlon	Aztec Invitational	03-14-13
46-00.00	Jasmine Burrell	1st		San Diego Champs	03-09-13
45-10.50	Nicole Oudenaarden	2nd	heptathlon; Mt	•	04-17-13
45-08.50	Jasmine Burrell	1st		Arnie Robinson Invite	04-13-13
45-04.25		6th		Cal/Nevada Champs	03-30-13
44-09.75	Nicole Oudenaarden	8th	invitational	Aztec Invitational	03-16-13
44-06.75	Nicole Oudenaarden	10th		MW Champs	05-11-13
44-00.00	Brittany Gonter	12th		MW Champs	05-11-13
43-06.00	Nicole Oudenaarden	2nd	heptathlon	NCAA Champs	06-06-13
43-06.00	Brittany Gonter	T-11th	invitational	Aztec Invitational	03-16-13
43-05.75	Nicole Oudenaarden	2nd		Arnie Robinson Invite	04-13-13
43-02.50	Brittany Gonter	2nd		San Diego Champs	03-09-13
42-06.00	Brittany Gonter	3rd		Arnie Robinson Invite	04-13-13
42-02.00	Nicole Oudenaarden	3rd		San Diego Champs	03-09-13
41-01.75	Alexa Evans	4th	open	Aztec Invitational	03-15-13
41-00.25	Brittany Bozeman	11th		Cal/Nevada Champs	03-30-13
39-05.00	Brittany Bozeman	25th	invitational	Aztec Invitational	03-16-13
39-03.75	Allison Reaser	10th	heptathlon	NCAA Champs	06-06-13
39-01.00	Allison Reaser	1st	heptathlon	MW Champs	05-08-13
39-01.00	Brittany Bozeman	5th		San Diego Champs	03-09-13
38-09.50	Allison Reaser	8th	heptathlon; Mt	. SAC Mt. SAC Relays	04-17-13
38-09.50		6th		San Diego Champs	03-09-13
38-03.25	Brittany Bozeman	2nd	heptathlon	MW Champs	05-08-13
38-03.25	Brittany Bozeman	4th		Arnie Robinson Invite	04-13-13

00 00 75	All'and Daniel	0 1		A - t 1 2t - t2 1	00 44 40
	Allison Reaser	2nd	heptathlon	Aztec Invitational	03-14-13
37-11.25	Brittany Bozeman	3rd	heptathlon	Aztec Invitational	03-14-13
37-10.00	Allison Reaser	4th	(CSUSM Mangrum Invite	04-06-13
37-02.50	Alexa Evans	18th		Cal/Nevada Champs	03-30-13
36-10.25	Alexa Evans	5th		Arnie Robinson Invite	04-13-13
36-08.50	Allison Reaser	6th		Arnie Robinson Invite	04-13-13
36-05.00	Brittany Bozeman	27th	invitational	Triton Invitational	04-27-13
35-01.75	Brittany Bozeman	15th	heptathlon; Mt	t. SAC Mt. SAC Relays	04-17-13
33-07.25	Karsen Sper	8th	heptathlon	MW Champs	05-08-13
32-10.50	Alexa Evans	12th		San Diego Champs	03-09-13
31-08.50	Karsen Sper	25th	heptathlon; CA	A Inv. Mt. SAC Relays	04-17-13
30-10.50	Karsen Sper	14th		San Diego Champs	03-09-13
30-07.50	Karsen Sper	9th	heptathlon	Aztec Invitational	03-14-13
30-04.75	Karsen Sper	8th		Arnie Robinson Invite	04-13-13
27-00.00	Sarah Haydock	18th		San Diego Champs	03-09-13
26-11.75	Sarah Haydock	16th	heptathlon	Aztec Invitational	03-14-13
26-02.75	Sarah Haydock	10th		Arnie Robinson Invite	04-13-13
24-10.00	Sarah Haydock	32nd	invitational	Triton Invitational	04-27-13
Foul	Brittany Gonter		invitational	Triton Invitational	04-27-13
Foul	Jasmine Burrell			Cal/Nevada Champs	03-30-13

DISCUS THROW

School Record: 196-10 (Whitney Ashley, 2012)

		, ,	, . ,		
Mark	Athlete	Place	Notes	Meet	Date
181-05	Jasmine Burrell	1st	No. 4 all-time	MW Champs	05-10-13
173-09	Jasmine Burrell	1st	invitational	Aztec Invitational	03-16-13
167-05	Jasmine Burrell	9th	invitational	Mt. SAC Relays	04-19-13
164-01	Jasmine Burrell	1st		San Diego Champs	03-09-13
163-10	Jasmine Burrell	2nd		Cal/Nevada Champs	03-29-13
163-01	Jasmine Burrell	1st		Arnie Robinson Invite	04-13-13
163-00	Jasmine Burrell	17th	invitational	Triton Invitational	04-26-13
159-02	Alexa Evans	5th	No. 9 all-time	Cal/Nevada Champs	03-29-13
151-09	Alexa Evans	2nd		Arnie Robinson Invite	04-13-13
151-02	Alexa Evans	8th		MW Champs	05-10-13
147-05	Alexa Evans	2nd		Soka Peace Invite	04-20-13
146-01	Brittany Gonter	9th		MW Champs	05-10-13
145-08	Brittany Gonter	2nd	open	Aztec Invitational	03-15-13
143-08	Brittany Gonter	2nd		San Diego Champs	03-09-13
138-09	Brittany Gonter	8th		Soka Peace Invite	04-20-13
136-06	Brittany Gonter	3rd		Arnie Robinson Invite	04-13-13
132-00	Alexa Evans	9th	open	Aztec Invitational	03-15-13
120-00	Brittany Gonter	16th	open	Triton Invitational	04-26-13
118-02	Alexa Evans	7th		San Diego Champs	03-09-13
Foul	Jasmine Burrell			NCAA Prelims	05-24-13
Foul	Alexa Evans		open	Triton Invitational	04-26-13
Foul	Jasmine Burrell		Triton elite	Triton Invitational	04-25-13

HAMMER THROW

School Record: 187-06 (Whitney Ashley, 2011)

Mark	Athlete	Place	Notes	Meet	Date
186-11	Jasmine Burrell	4th	No. 2 all-time	MW Champs	05-11-13
176-11	Jasmine Burrell	3rd		Cal/Nevada Champs	03-30-13
164-00	Mikayla Howden	2nd	No. 8 all-time	Soka Peace Invite	04-20-13
163-01	Jasmine Burrell	1st	open	Aztec Invitational	03-15-13
151-10	Jasmine Burrell	1st		San Diego Champs	03-09-13
154-01	Mikayla Howden	2nd	C	SUSM Mangrum Invite	04-06-13
146-01	Mikayla Howden	8th	open	Aztec Invitational	03-15-13
143-09	Mikayla Howden	27th	invitational	Triton Invitational	04-26-13
142-11	Mikayla Howden	20th		Cal/Nevada Champs	03-30-13
138-02	Jasmine Burrell	31st	invitational	Triton Invitational	04-26-13
136-10 131-04 123-11	Alexa Evans Alexa Evans Alexa Evans	32nd 5th 4th	invitational	Triton Invitational Soka Peace Invite San Diego Champs	04-26-13 04-20-13 03-09-13

JAVELIN THROW

School Record: 178-03 (Liz Mueller, 1983)

Mark	Athlete	Place	Notes	Meet	Date
148-09	Nicole Oudenaarden	1st	heptathlon	Aztec Invitational	03-15-13
146-05	Nicole Oudenaarden	1st	heptathlon; Mt. SAC	Mt. SAC Relays	04-18-13

SDSU 2013 OUTDOOR TRACK & FIELD PERFORMANCE LIST (as of June 10, 2013)

143-06	Brittany Bozeman	3rd	MW Champs	05-10-13
143-04	Nicole Oudenaarden	3rd	heptathlon NCAA Champs	06-07-13
142-03	Nicole Oudenaarden	1st	Cal/Nevada Champs	03-29-13
141-11	Nicole Oudenaarden	1st	San Diego Champs	03-09-13
141-00	Nicole Oudenaarden	5th	MW Champs	05-10-13
135-11	Brittany Bozeman	3rd	heptathlon; Mt. SAC Mt. SAC Relays	04-18-13
131-09	Brittany Bozeman	1st	CSUSM Mangrum Invite	04-06-13
130-04	Brittany Bozeman	1st	heptathlon MW Champs	05-09-13
124-00	Allison Reaser	14th	heptathlon NCAA Champs	06-07-13
123-05	Brittany Bozeman	2nd	heptathlon Aztec Invitational	03-15-13
121-05	Brittany Bozeman	16th	invitational Aztec Invitational	03-16-13
119-06	Brittany Bozeman	5th	San Diego Champs	03-09-13
118-03	Brittany Bozeman	9th	prelims Cal/Nevada Champs	03-29-13
116-10	Allison Reaser	6th	San Diego Champs	03-09-13
116-07	Allison Reaser	3rd	heptathlon MW Champs	05-09-13
115-00	Allison Reaser	11th	heptathlon; Mt. SAC Mt. SAC Relays	04-18-13
108-05	Allison Reaser	5th	heptathlon Aztec Invitational	03-15-13
91-01	Alexa Evans	13th	open Aztec Invitational	03-15-13
87-07	Karsen Sper	22nd	heptathlon; CA Inv. Mt. SAC Relays	04-18-13
85-06	Karsen Sper	13th	CSUSM Mangrum Invite	04-06-13
80-01	Karsen Sper	13th	San Diego Champs	03-09-13
79-05	Karsen Sper	12th	heptathlon Aztec Invitational	03-15-13
75-05	Sarah Haydock	16th	San Diego Champs	03-09-13
75-03	Sarah Haydock	16th	heptathlon Aztec Invitational	03-15-13
75-01	Karsen Sper	12th	heptathlon MW Champs	05-09-13
70-02	Sarah Haydock	20th	CSUSM Mangrum Invite	04-06-13

HEPTATHLON

School Record: 5,774 (Nicole Oudenaarden, 2013)

Mark	Athlete	Place	Notes	Meet Date
5,813	Allison Reaser	8th	school-record	NCAA Champs 06-06/07-13
5,774	Nicole Oudenaarden	1st	Mt. SAC; No. 2 all-time	Mt. SAC Relays 03-07/08-13
5,716	Nicole Oudenaarden	1st		Aztec Invitational 03-14/15-13
5,612	Allison Reaser	1st		MW Champs 05-08/09-13
5,527	Allison Reaser	6th	Mt. SAC	Mt. SAC Relays 03-07/08-13
5,392	Allison Reaser	2nd		Aztec Invitational 03-14/15-13
5,221	Brittany Bozeman	2nd		MW Champs 05-08/09-13
5,145	Brittany Bozeman	10th	Mt. SAC	Mt. SAC Relays 03-07/08-13
4,971	Nicole Oudenaarden	23rd		NCAA Champs 06-06/07-13
4,825	Karsen Sper	14th	CA Invite	Mt. SAC Relays 03-07/08-13
4,809	Karsen Sper	5th		MW Champs 05-08/09-13
4,504	Karsen Sper	4th		Aztec Invitational 03-14/15-13
3,784	Sarah Haydock	11th		Aztec Invitational 03-14/15-13
	Brittany Bozeman	DNF		Aztec Invitational 03-14/15-13

KEY: sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; f - finals; i - invitational; ei - elite invitational; o - open; s - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph)

Brittany Bozeman

5-11 | Jr. | Moreno Valley, Calif. | Univ. of Mississippi INDOOR SEASON

800 Meters	(PR: 2:33.80	(2010))
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OUD MICICIS (FIX.	2.33.00	J (2010))	
2:53.23 (pn)	18th	MW Champs	Feb. 21
		9.18 (Feb. 21, 2013))	
9.37 (p)		Cherry & Silver Invite	Jan. 19
9.33 (p)	28th	Don Kirby Elite Invite	Feb. 8
9.18 (pn)	8th	MW Champs	Feb. 21
High Jump (PR:		•	1 00.21
5-00.25 (pn)	T-14th	MW Champs	Feb. 21
5-02.25 (hp)	7th	Aztec Invitational	March 14
,			maion i+
Long Jump (PR 17-02.25	T-20th	Cherry & Silver Invite	Jan. 19
17-02.23	19th	Don Kirby Elite Invite	Feb. 8
19-00.25 (pn, 9)		MW Champs	Feb. 21
Shot Put (PR: 4		•	1 60. 21
ND		New Mexico Classic	Feb. 2
37-08.75	18th	Don Kirby Elite Invite	Feb. 8
40-10.50 (pn)	2nd	MW Champs	Feb. 21
		•	reb. 21
Pentathlon (PR:		.,	Eat 04
3,440 (9) OUTDOOR SEA	8th	MW Champs	Feb. 21
		March 44 2042\\	
26.19	12th	March 14, 2013)) San Diego Champs	March 9
		0 1	
25.79 (hp)	5th	Aztec Invitational Mt. SAC Relays	March 14
25.63 (Mt. SAC hp, w) 27.12	23rd	Triton Invitational	April 17 April 27
25.13 (hp, w)	3rd	MW Champs	May 8
,		6 (May 9, 2013))	iviay o
2:29.37 (Mt. SAC hp)		Mt. SAC Relays	April 18
2:27.36 (hp)	8th	MW Champs	May 9
		•	•
15.13 (hp)	8th	61 (May 8, 2013 & 201 Aztec Invitational	March 14
15.13 (np) 15.13 (p)	20th	Cal/Nevada Champs	March 29
14.84	6th	CSUSM Mangrum Inv	
NT		Arnie Robinson Invite	April 13
15.19 (Mt. SAC hp)		Mt. SAC Relays	April 17
14.85	7th	•	, .p
14.61 (hp)		i nton invitational	April 27
		Triton Invitational MW Champs	April 27
High Jumn (PR:	5th	MW Champs	April 27 May 8
High Jump (PR: 5-00.25	5th	MW Champs 0 (2010))	May 8
5-00.25	5th : 5-03.0 0 7th	MW Champs 0 (2010)) San Diego Champs	May 8
5-00.25 5-01.25 (Mt. SAC hp	5th : 5-03.0 0 7th	MW Champs 0 (2010)) San Diego Champs Mt. SAC Relays	May 8 March 9 April 17
5-00.25	5th : 5-03.00 7th)T-11th 	MW Champs 0 (2010)) San Diego Champs	May 8 March 9 April 17 April 27
5-00.25 5-01.25 (Mt. SAC hp NH 5-01.00 (hp)	5th : 5-03.00 7th)T-11th T-10th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs	May 8 March 9 April 17
5-00.25 5-01.25 (Mt. SAC hp NH 5-01.00 (hp) Long Jump (PR	5th 5-03.00 7th) T-11th T-10th : 20-10 .	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs	May 8 March 9 April 17 April 27 May 8
5-00.25 5-01.25 (Mt. SAC hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp)	5th : 5-03.00 7th) T-11th T-10th : 20-10. 4th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010))	May 8 March 9 April 17 April 27 May 8
5-00.25 5-01.25 (Mt. SAC hp NH 5-01.00 (hp) Long Jump (PR	5th : 5-03.00 7th) T-11th T-10th : 20-10. 4th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational	May 8 March 9 April 17 April 27 May 8 March 15
5-00.25 5-01.25 (Mt. SAC hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i)	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational	May 8 March 9 April 17 April 27 May 8 March 15 March 16
5-00.25 5-01.25 (Mt. sAc hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29
5-00.25 5-01.25 (Mt. sAc hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp, w)	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th 3rd 3rd	MW Champs 0 (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Triton Invitational	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18
5-00.25 5-01.25 (Mt. sAc hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp, w) 18-08.50	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th 3rd 3rd	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18 April 27
5-00.25 5-01.25 (Mt. SAC hp. NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp. w) 18-08.50 18-07.00 (hp, w)	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th : 3rd 3rd 3rd	MW Champs 0 (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Triton Invitational MW Champs	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18 April 27 May 9
5-00.25 5-01.25 (Mt. sAc hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp, w) 18-07.00 (hp, w) 18-10.75 (w) 19-06.25 (p, w)	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th 3rd 3rd 3rd 11th 27th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Triton Invitational MW Champs MW Champs MW Champs NCAA Prelims	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18 April 27 May 9 May 10
5-00.25 5-01.25 (Mt. sAc hp NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp, w) 18-07.00 (hp, w) 18-10.75 (w) 19-06.25 (p, w)	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th 3rd 3rd 3rd 11th 27th	MW Champs D (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Triton Invitational MW Champs MW Champs MW Champs	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18 April 27 May 9 May 10 May 23
5-00.25 5-01.25 (Mt. SAC hp. NH 5-01.00 (hp) Long Jump (PR 17-05.25 (hp) 17-08.75 (i) 18-05.75 19-06.75 (MS hp. w) 18-07.00 (hp, w) 18-10.75 (w) 19-06.25 (p, w) Shot Put (PR: 4	5th : 5-03.00 7th)T-11th T-10th : 20-10. 4th T-8th 9th 3rd 3rd 3rd 11th 27th 1-00.25	MW Champs 0 (2010)) San Diego Champs Mt. SAC Relays Triton Invitational MW Champs 50 (2010)) Aztec Invitational Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Triton Invitational MW Champs MW Champs MW Champs NCAA Prelims (March 30, 2013))	May 8 March 9 April 17 April 27 May 8 March 15 March 16 March 29 April 18 April 27 May 9 May 10

39-05.00 (i)

41-00.25

38-03.25

36-04.00

38-03.25 (hp)

35-01.75 (Mt.SAChp)15th

25th

11th

4th

27th

2nd

Aztec Invitational

Mt. SAC Relays

Triton Invitational

MW Champs

Arnie Robinson Invite

Cal/Nevada Champs March 30

Javelin Throw (PR: 148	3-00 (2011))	
119-06	5th	San Diego Champs	March 9
123-05 (hp)	2nd	Aztec Invitational	March 15
121-05 (i)	16th	Aztec Invitational	March 16
118-03	9th	Cal/Nevada Champs	s March 29
131-09	1st	CSUSM Mangrum Ir	nvite April 6
135-11 (Mt. SAC hp)	3rd	Mt. SAC Relays	April 18
130-04 (hp)	1st	MW Champs	May 9
143-06	3rd	MW Champs	May 10
Heptathon (PR:	5,290 (2	2011))	
	DNF	Aztec Invitational	March 14-15
5,146 (Mt. SAC)	10th	Mt. SAC Relays	April 17-18
5,221 (9)	2nd	MW Champs	May 8-9

Kristen Brown

5-4 | So. | Owings Mills, Md. | Virginia Tech INDOOR SEASON

60 Meters (PR: 7.81 (Feb. 2, 2013))

7.81 (p)	T-14th	New Mexico Classic	Feb. 2
FS (p)		Don Kirby Elite Invite	Feb. 8
60-Meter Hurdle	es (PR:	8.28 (Feb. 22, 2013))	
8.71 (p)	6th	Cherry & Silver Invite	Jan. 19
8.56 (f)	4th	Cherry & Silver Invite	Jan. 19
8.40 (p)	1st	New Mexico Classic	Feb. 2
8.41 (f)	2nd	New Mexico Classic	Feb. 2
8.37 (p)	5th	Don Kirby Elite Invite	Feb. 8
8.35 (f)	3rd	Don Kirby Elite Invite	Feb. 8
8.20 (p, 2)	1st	MW Champs	Feb. 22
8.40 (f)	1st	MW Champs	Feb. 23
8.40 (f)	1st	UW Final Qualifier	March 1
Pole Vault (PR:	13-10.0	0 (Feb. 8, 2013))	
12-11.50	4th	Cherry & Silver Invite	Jan. 19
13-07.25	2nd	New Mexico Classic	Feb. 2
13-10.00 (s, 5)	T-6th	Don Kirby Elite Invite	Feb. 8
13-06.25	1st	MW Champs	Feb. 22
13-05.00	1st	UW Final Qualifier	March 1
OUTDOOR SEA	SON		

200 Meters (PR: 25.87 (March 15, 2013))

25.87 (o)	14th	Aztec Invitational	March 15
100-Meter Huro	lles (PR	: 13.56 (May 10, 2013))
14.17 (i)	4th	Aztec Invitational	March 16
13.82 (p)	1st	Cal/Nevada Champs	March 29
13.85 (f)	1st	Cal/Nevada Champs	March 30
13.56 (o, w)	3rd	Mt. SAC Relays	April 19
13.68 (h)	7th	Penn Relays	April 26
13.69 (ch)	8th	Penn Relays	April 27
13.56 (p)	1st	MW Champs	May 10
13.60 (f)	2nd	MW Champs	May 11
13.86 (p)	T-17th	NCAA Prelims	May 24
13.65 (f)	20th	NCAA Prelims	May 25
Shuttle Hurdle	s Relay		
1:00 45 (ch)	7th	Donn Polave	April 26

1:00.45 (ch)	7th	Penn Relays	April 26
Pole Vault (PR:	14-00.0	0 (March 9, 2013))	
14-00.00 (3)	1st	San Diego Champs	March 9
12-08.75 (i)	4th	Aztec Invitational	March 16
12-07.50	2nd	Cal/Nevada Champs	March 29
13-03.50 (o-a)	6th	Mt. SAC Relays	April 19
13-07.25	1st	MW Champs	May 10
12-08.00	T-18th	NCAA Prelims	May 24

Jasmine Burrell

March 16

April 13

April 17

April 27

May 8

5-8 | RS-So. | Torrance, Calif. | North Torrance HS INDOOR SEASON

Shot Put	(PR·	51-10	50 (Feb.	23	2013)

SHOLF UL (FIX.	31-10.30) (1 CD. 23, 20 13/)	
46-02.00	7th	Cherry & Silver Invite	Jan. 19
48-10.75	5th	New Mexico Classic	Feb. 2
50-02.75	10th	Don Kirby Elite Invite	Feb. 8
51-10.50 (2)	1st	MW Champs	Feb. 23

	•	-01.25 (Feb. 22, 2013))	
59-00.75	4th	New Mexico Classic	Feb. 1
62-05.25	5th	Don Kirby Elite Invite	Feb. 8
64-01.25 (sr)	3rd	MW Champs	Feb. 22
OUTDOOR SE	ASON		
Shot Put (PR:	49-06.25	5 (April 20, 2012))	
46-00.00	1st	San Diego Champs	March 9
48-11.75 (i)	1st	Aztec Invitational	March 16
Foul		Cal/Nevada Champs	March 30
45-08.50	1st	Arnie Robinson Invite	April 13
48-02.50 (o)	7th	Mt. SAC Relays	April 19
46-06.75 (i)	11th	Triton Invitational	April 27
49-03.00	4th	MW Champs	May 11
Discus Throw	(PR: 18	1-05 (May 10, 2013))	
164-01	1st	San Diego Champs	March 9
173-09 (i)	1st	Aztec Invitational	March 16
163-10	2nd	Cal/Nevada Champs	March 29
163-01	1st	Arnie Robinson Invite	April 13
167-05 (i)	9th	Mt. SAC Relays	April 19
Foul (ei)		Triton Invitational	April 25
163-00 (i)	17th	Triton Invitational	April 26
181-05 (4)	1st	MW Champs	May 10
Foul		NCAA Prelims	May 24
Hammer Thro	w (PR: 1	86-11 (May 11, 2013))	
151-10	1st	San Diego Champs	March 9
163-01 (o)	1st	Aztec Invitational	March 15
176-11	3rd	Cal/Nevada Champs	March 30
138-02 (i)	31st	Triton Invitational	April 26
186-11 (2)	4th	MW Champs	May 11

Antonique Campbell

5-4 | Jr. | St. James, Jamaica | New Mexico JC **OUTDOOR SEASON**

100 Weters (PR	: 12.35	(April 6, 2013))	
12.67	4th	San Diego Champs	March 9
12.35	3rd	CSUSM Mangrum Inv	rite April 6
200 Meters (PR	: 24.16	(April 7, 2012))	
25.13 (p)	10th	Cal/Nevada Champs	March 29
400 Meters (PR	: 54.79	(May 15, 2012))	
57.14	4th	CSUSM Mangrum Invi	te April 6
56.89	11th	Occidental Invite	May 4
57.08 (p)	12th	MW Champs	May 10
4x100-Meter Re	elay		
47.47	8th	MW Champs	May 11
4x200-Meter Re	elay		
1:37.06 (h)	16th	Penn Relays	April 26
4x400-Meter Re	elay		
` '	elay 4th	Aztec Invitational	March 16

Maya Carter

1:05.32

5-6 | So. | Racine, Wisc. | Case HS INDOOR SEASON

5th

400 Meters (P	R: 59.10	(Feb. 22, 2013))	
59.81	23rd	New Mexico Classic	Feb. 2
59.10 (p)	20th	MW Champs	Feb. 22
1:01.22	19th	Occidental Invite	May 4
4x400-Meter F	Relay		
3:51.20	4th	New Mexico Classic	Feb. 2
OUTDOOR SI	EASON		
200 Meters (P	R: 25.87	(March 9, 2013))	
200 Meters (P 25.87	R: 25.87 6th	(March 9, 2013)) San Diego Champs	March 9
25.87	6th	, ,,	March 9
25.87	6th	San Diego Champs	March 9
25.87 400 Meters (P 1:00.78	6th R: 1:00.7 6th	San Diego Champs '8 (March 9, 2013))	March 9
25.87 400 Meters (P 1:00.78	6th R: 1:00.7 6th	San Diego Champs 78 (March 9, 2013)) San Diego Champs	March 9

CSUSM Mangrum Invite April 6

1:02.81	5th	Triton Invitational	April 27	Alexa Eva	ne			4-09.00	T-12th
1:04.03 (p)	14th	MW Champs	May 10					4-09.75	2nd
				6-0 RS-Fr. S		o, Calif. West Hills HS		NH (i)	
Eva Davi	dová					5 (March 15, 2013))		Long Jump (P	
		h Republic Int'l School	of Prague	32-10.50	12th	San Diego Champs	March 9	15-09.75	10th
OUTDOOR SI		ii Republic iiit i ociloor	orrrague	41-01.75 (o)	4th	Aztec Invitational	March 15	15-11.00 (hp)	12th
		16 (April 13, 2013))		37-02.50	18th	Cal/Nevada Champs	March 30	Shot Put (PR:	,
1:01.77	8th	San Diego Champs	March 9	36-10.25	5th	Arnie Robinson Invite	April 13	27-00.00 26-11.75 (hp)	18th 16th
1:01.16	2nd	Arnie Robinson Invite	April 13	Discus Throw	(PR: 15	9-02 (March 29, 2013))		26-02.75	10th
		R: 16.13 (April 13, 2013))	•	118-02	7th	San Diego Champs	March 9	24-10.00 (i)	32nd
16.13	2nd	Arnie Robinson Invite		132-00 (o)	9th	Aztec Invitational	March 15	Javelin Throw	
		R: 1:05.37 (April 27, 201		159-02 (9)	5th	Cal/Nevada Champs	March 29	75-05	16th
1:06.04 (o)	9th	Aztec Invitational	March 15	151-09	2nd	Arnie Robinson Invite	April 13	75-03 (hp)	16th
1:05.55 (p)	17th	Cal/Nevada Champs	March 29	147-05	2nd	Soka Peace Invite	April 20	70-02	20th
1:05.37	10th	Triton Invitational	April 27	Foul (o)		Triton Invitational	April 26	Heptathlon (P	
4x400-Meter I				151-02	8th	MW Champs	May 10	3,784	11th
3:55.72	1st	San Diego Champs	March 9			31-04 (April 20, 2013))	Mariela	,,,,,,,	
7.00.1 L	131	can biego champs	mai GII J	123-11 131-04	4th	San Diego Champs	March 9	Kolov U:	1-
Alox Eve	no				5th	Soka Peace Invite	April 20	Kelsy Hir	
Alex Eva				136-10 (i)		Triton Invitational	April 26	5-6 Sr. Cres	-
		cas Hightower HS				-01 (March 15, 2013))		INDOOR SEA	SON
INDOOR SEA	SON			91-01 (o)	13th	Aztec Invitational	March 15	Pole Vault (PF	R: 14-00.00
60-Meter Huro	dles (PR:	8.56 (Feb. 23, 2013))						NH	
9.03 (p)	17th	Cherry & Silver Invite	Jan. 19	Ellie Fana	ika			12-11.50	6th
8.88 (p)	8th	New Mexico Classic	Feb. 2			Calif. Florin HS		13-02.25	5th
8.77 (f)	6th	New Mexico Classic	Feb. 2	INDOOR SEAS		Jani. 1 IOIIII FIJ		13-02.50	T-2nd
9.41 (p)	29th	Don Kirby Elite Invite	Feb. 8			04 E0 /Ech 24 2042\\		12-11.00	T-2nd
8.70 (p)	7th	MW Champs	Feb. 22	55-11.00	5th	-01.50 (Feb. 24, 2012)) New Mexico Classic	Feb. 1	OUTDOOR SE	
8.56 (f, 9)	4th	MW Champs	Feb. 23	59-00.00	10th	Don Kirby Elite Invite		Pole Vault (PR	
		0.00 (Feb. 10, 2012))	Fall 4	53-01.00	13th	MW Champs	Feb. 22	13-04.25	2nd
18-06.25 18 05 25	3rd	New Mexico Classic	Feb. 1	00 0 1.00	1001	r onampo	. 00. 22	12-08.76 (i)	5th
18-05.25	14th	Don Kirby Elite Invite	Feb. 8	Duitton	- n-4-			13-03.50 NH	1st
18-10.00	6th	MW Champs	Feb. 22	Brittany C	onte	r		11-02.25 (i)	 7th
<u> </u>		3.75 (Feb. 25, 2012)	lon 10	5-8.5 RS-So.	Hemet	, Calif. Hemet HS		11-11.75	9th
39-10.75	5th 6th	Cherry & Silver Invite New Mexico Classic	Jan. 19 Feb. 2	INDOOR SEAS	SON				V 1
40-04.25 40.05.00				Shot Put (PR:	44-05.2	5 (Feb. 23, 2013))		Marianna	Hogo
40-05.00 Foul	3rd 	Don Kirby Elite Invite MW Champs	Feb. 8 Feb. 23	41-10.00	11th	New Mexico Classic	Feb. 2	Marianne	•
OUTDOOR SI		www Grianips	i €D. Z3	43-02.25	15th	Don Kirby Elite Invite	Feb. 8	5-3 Sr. Bedfor	
		(March 0 2012))		44-05.25 (6)	12th	MW Champs	Feb. 23	OUTDOOR SE	
		(March 9, 2013))	March 0	42-06.00	3rd	Arnie Robinson Invite	April 13	10,000 Meters	
13.25 100 Matar U.,	10th	San Diego Champs	March 9	OUTDOOR SE				37:20.16	6th
100-Meter Hu 14.43 (o)	tales (PF 5th	R: 13.80 (May 11, 2013)) Aztec Invitational	March 15			O (April 14, 2012))		37:01.14 (o-b)	14th
14.43 (0) 14.67 (i)	8th	Aztec Invitational	March 16	43-02.50	2nd	San Diego Champs	March 9	39:53.50	12th
14.07 (I) 14.11 (p, w)	8th	Cal/Nevada Champs	March 29	43-06.00 (i)		Aztec Invitational	March 16		
14.42 (f)	9th	Cal/Nevada Champs	March 30	Foul	400	Triton Invitational	April 27	Mikayla F	lowder
14.03	3rd	CSUSM Mangrum Invit		44-00.50	12th	MW Champs	May 11	5-10 Jr. San	
13.86 (p)	4th	MW Champs	May 10			6-01 (May 10, 2013))	Marrito	INDOOR SEA	-
13.80 (f)	5th	MW Champs	May 11	143-08	2nd	San Diego Champs	March 9		
14.48 (p)	41st	NCAA Prelims	May 24	145-08 (o)	2nd 3rd	Aztec Invitational	March 15	Weight Throw	11th
Shuttle Hurdl	es Relay	,	-	136-06 138-09	3rd 8th	Arnie Robinson Invite Soka Peace Invite	April 13 April 20	49-10.00	
1:00.45 (ch)	7th	Penn Relays	April 26	120-09 (o)	16th	Triton Invitational	April 26	53-01.00 (6)	14th
` '		1.50 (March 31, 2012))	=v	146-01	9th	MW Champs	May 10	OUTDOOR SE	
17-10.25 (i)	7th	Aztec Invitational	March 16	170 01	V411	Onumpo	may 10	Hammer Thro	
40.00.50								146-01 (o)	8th

Sarah Haydock

4-10.50 (hp)

18-02.50

17-03.50

39-10.75

41-00.50 (i)

42-09.00 (4)

43-00.50 (w)

40-06.75 (w)

39-06.50 (w, co) 14th

14th

18th

2nd

10th

2nd

6th

24th

Triple Jump (PR: 42-09.00 (May 11, 2013))

Cal/Nevada Champs March 29

May 10

March 30

April 20

April 26

May 11

May 25

June 7

MW Champs

Cal/Nevada Champs

Mt. SAC Relays

Penn Relays

MW Champs

NCAA Prelims

NCAA Champs

5-6 | So. | Huntington Beach, Calif. | Fountain Valley HS **OUTDOOR SEASON**

200 Meters (PR	27.83 ((March 14, 2013))	
27.83 (hp)	16th	Aztec Invitational	March 14
800 Meters (PR	2:39.9	6 (March 15, 2013))	
2:39.96 (hp)	13th	Aztec Invitational	March 15
100-Meter Hurd	les (PR	: 16.28 (March 14, 201	3))
16.57	8th	San Diego Champs	March 9
16.28 (hp)	15th	Aztec Invitational	March 14
High Jump (PR	4-10.50	0 (March 14, 2013))	
4-06.25	14th	San Diego Champs	March 9

11th Aztec Invitational

4-09.00		CSUSM Mangrum Invi	
4-09.75	2nd	Arnie Robinson Invite	April 13
NH (i)		Triton Invitational	April 27
Long Jump (PF	R: 16-06.	00 (March 10, 2012))	
15-09.75	10th	San Diego Champs	March 9
15-11.00 (hp)	12th	Aztec Invitational	March 15
Shot Put (PR: 3	30-07.75	(March 24, 2012))	
27-00.00	18th	San Diego Champs	March 9
26-11.75 (hp)	16th	Aztec Invitational	March 14
26-02.75	10th	Arnie Robinson Invite	April 13
24-10.00 (i)	32nd	Triton Invitational	April 27
Javelin Throw	(PR: 75-	05 (March 9, 2013))	
75-05	16th	San Diego Champs	March 9
75-03 (hp)	16th	Aztec Invitational	March 15
70-02	20th	CSUSM Mangrum Invi	te April 6
Heptathlon (PF	2: 3,784	(March 14-15, 2013))	
3.784	11th	Aztec Invitational Ma	arch 14-15

y, Calif. | Del Norte HS

INDOOR SEA	3014		
Pole Vault (Pl	R: 14-00.0	0 (Feb. 24, 2012))	
NH		Cherry & Silver Invite	Jan. 19
12-11.50	6th	New Mexico Classic	Feb. 2
13-02.25	5th	Don Kirby Elite Invite	Feb. 8
13-02.50	T-2nd	MW Champs	Feb. 22
12-11.00	T-2nd	UW Final Qualifier	March 1
OUTDOOR SI	EASON		
Pole Vault (Pl	R: 13-10.0	0 (April 28, 2012))	
13-04.25	2nd	San Diego Champs	March 9
12 08 76 (i)	5th	Aztoc Invitational	March 16

1 010 Valit (1 14: 10 10:00 (April 20, 2012))				
2nd	San Diego Champs	March 9		
5th	Aztec Invitational	March 16		
1st	Cal/Nevada Champs	March 29		
	CSUSM Mangrum Invit	e April 6		
7th	Triton Invitational	April 27		
9th	MW Champs	May 10		
	2nd 5th 1st 7th	2nd San Diego Champs 5th Aztec Invitational 1st Cal/Nevada Champs CSUSM Mangrum Invit 7th Triton Invitational		

ın

c, Canada | Academie Les Estacades

10,000 Meters (PR: 35:	:19.90 (April 14, 2011))	
37:20.16	6th	Cal/Nevada Champs	March 29
37:01.14 (o-b)	14th	Mt. SAC Relays	April 18
39:53.50	12th	MW Champs	May 10

n

Calif. | San Diego HS

Weight Throw	(PR: 54	-09.25 (2012))	
49-10.00	11th	New Mexico Classic	Feb. 1
53-01.00 (6)	14th	MW Champs	Feb. 22
OUTDOOR SE	EASON		
Hammer Thro	w (PR: 1	64-00 (April 20, 2013))	
146-01 (o)	8th	Aztec Invitational	March 15
142-11	20th	Cal/Nevada Champs	March 30
154-01	2nd	CSUSM Mangrum Inv	ite April 6
164-00 (8)	2nd	Soka Peace Invite	April 20

Triton Invitational

April 26

LaQuisha Jackson

27th

143-09 (i)

March 14

5-6 | Fr. | Chattanooga, Tenn. | Howard School of Academics Tech. INDOOR SEASON

400 Meters (F	PR: 55.92	(Feb. 2, 2013))	
55.92 (9)	4th	New Mexico Classic	Feb. 2
800 Meters (F	PR: N/A)		
DNF		Cherry & Silver Invite	Jan. 19

OUTDOOR SEASON

100 Meters (PF	R: 11.58 (May 23, 2013))	
11.81 (o)	8th	Mt. SAC Relays	April 19
11.69 (9)	4th	Occidental Invite	May 4
11.31 (p, w)	1st	MW Champs	May 10
11.31 (f, w)	1st	MW Champs	May 11
11.58 (p, 7)	20th	NCAA Prelims	May 23
11.78 (f)	13th	NCAA Prelims	May 24
200 Meters (PF	R: 23.23 ((May 11, 2013))	
23.88 (o, w)	11th	Mt. SAC Relays	April 19
23.49 (p, w)	2nd	MW Champs	May 10
23.23 (f, 2)	1st	MW Champs	May 11
23.90 (p)	T-16th	NCAA Prelims	May 24
23.92 (f)	18th	NCAA Prelims	May 25
400 Meters (PF	R: 56.11 (April 6, 2013))	
400 Meters (PF 56.11	R: 56.11 (2nd	April 6, 2013)) CSUSM Mangrum Inv	vite April 6
56.11	2nd		vite April 6
56.11	2nd	CSUSM Mangrum Inv	vite April 6 March 9
56.11 800 Meters (PF	2nd R: 2:29.8 15th	CSUSM Mangrum Inv 4 (March 9, 2013))	
56.11 800 Meters (PF 2:29.84	2nd R: 2:29.8 15th	CSUSM Mangrum Inv 4 (March 9, 2013))	
56.11 800 Meters (PF 2:29.84 4x100-Meter R	2nd R: 2:29.84 15th elay 8th	CSUSM Mangrum Inv 4 (March 9, 2013)) San Diego Champs	March 9
56.11 800 Meters (PF 2:29.84 4x100-Meter R 47.47	2nd R: 2:29.84 15th elay 8th	CSUSM Mangrum Inv 4 (March 9, 2013)) San Diego Champs	March 9
56.11 800 Meters (PF 2:29.84 4x100-Meter R 47.47 4x200-Meter R	2nd R: 2:29.84 15th elay 8th elay 16th	CSUSM Mangrum Inv 4 (March 9, 2013)) San Diego Champs MW Champs	March 9
56.11 800 Meters (PF 2:29.84 4x100-Meter R 47.47 4x200-Meter R 1:37.06 (h)	2nd R: 2:29.84 15th elay 8th elay 16th	CSUSM Mangrum Inv 4 (March 9, 2013)) San Diego Champs MW Champs	March 9
56.11 800 Meters (PF 2:29.84 4x100-Meter R 47.47 4x200-Meter R 1:37.06 (h) 4x400-Meter R	2nd R: 2:29.84 15th elay 8th elay 16th elay	CSUSM Mangrum Inv 4 (March 9, 2013)) San Diego Champs MW Champs Penn Relays	March 9 May 11 April 26

Renetia James

5-8.5 | Fr. | Carson, Calif. | Junipero Serra HS **OUTDOOR SEASON**

200 Meters (PR: N/A)

26.22 (w)	13th	San Diego Champs	March 9				
400 Meters (PR: 55.63 (May 11, 2013))							
56.56	1st	San Diego Champs	March 9				
56.30 (i)	13th	Aztec Invitational	March 16				
57.59 (p)	12th	Cal/Nevada Champs	March 29				
56.35	3rd	CSUSM Mangrum Inv	ite April 6				
55.83 (o)	28th	Mt. SAC Relays	April 19				
56.64	10th	Occidental Invite	May 4				
55.96 (p)	4th	MW Champs	May 10				
55.63 (f)	5th	MW Champs	May 11				
4x400-Meter R	elay						
3:45.30	4th	Aztec Invitational	March 16				
3:41.35 (h)	11th	Penn Relays	April 25				
3:35.42 (co)	3rd	Penn Relays	April 27				
3:37.73	14th	NCAA Prelims	May 25				

Josefine Koskinen

5-5 | Sr. | Stockholm, Sweden | Stockholm University **OUTDOOR SEASON**

400 Meters (PR: 57.92 (April 27, 2013))

57.92	11th	Triton Invitational	April 27		
800 Meters (PR	2: 2:07.8	6 (May 4, 2013))			
2:12.02 (i)	7th	Aztec Invitational	March 16		
DNF (p)		Cal/Nevada Champs	March 29		
2:11.91 (o)	37th	Mt. SAC Relays	April 19		
2:07.86 (6)	5th	Occidental Invite	May 4		
2:10.17 (p)	8th	MW Champs	May 10		
2:10.17 (f)	6th	MW Champs	May 11		
2:11.36 (p)	38th	NCAA Prelims	May 23		
1,500 Meters (F	PR: 4:33	3.85 (April 28, 2012))			
4:46.27	3rd	San Diego Champs	March 9		
4:37.67 (i)	12th	Aztec Invitational	March 15		
4:41.66	5th	CSUSM Mangrum Inv	ite April 6		
4:37.20	1st	Triton Invitational	April 27		
4x400-Meter Relay					
3:55.72	1st	San Diego Champs	March 9		

Chelsea Kruthers

5-4 | Fr. | San Juan Capistrano, Calif. (San Juan Hills HS) **OUTDOOR SEASON**

400 Motoro (DD: 4:02 92 (April 27, 2042))

400 Meters (P	R: 1:02.8	32 (April 27, 2013))				
1:02.82	15th	Triton Invitational	April 27			
800 Meters (P	R: 2:09.4	5 (May 10, 2013))				
2:13.82 (i)	13th	Aztec Invitational	March 16			
2:13.16 (p)	8th	Cal/Nevada Champs	March 29			
2:12.37 (f)	5th	Cal/Nevada Champs	March 30			
2:11.49 (o)	33rd	Mt. SAC Relays	April 19			
2:09.45 (p)	2nd	MW Champs	May 10			
2:11.06 (f)	7th	MW Champs	May 11			
1,500 Meters (PR: 4:37	'.95 (April 6, 2013))				
4:40.46	1st	San Diego Champs	March 9			
4:37.95	2nd	CSUSM Mangrum Inv	rite April 6			
4x400-Meter Relay						
3:55.72	1st	San Diego Champs	March 9			
4:10.80	7th	CSUSM Mangrum Invi	te April 6			

Carrington Mahr

5-11 | Jr. | Clovis, Calif. | UC Davis INDOOR SEASON

High Jump (P	'R: 5-06.0	0 (Feb. 8, 2013 & Feb. 2	22, 2013)
5-04.25	6th	New Mexico Classic	Feb. 1
5-06.00	T-6th	Don Kirby Elite Invite	Feb. 8
5-06.00 (5)	7th	MW Champs	Feb. 22
OUTDOOR SI	EASON		
History James /F	D. E 07 1	F (Mar. 0. 2040))	

High Jump (PR: 5-07.25 (May 8, 2010))

5-06.00	1st	San Diego Champs	March 9
5-05.00 (i)	8th	Aztec Invitational	March 16
5-03.00	6th	CSUSM Mangrum Invite	April 6
5-02.50	15th	MW Champs	May 11

Thoraya Maronsey

5-9 | Sr. | La Mesa, Calif, | Helix HS **OUTDOOR SEASON**

100 Meters (PR: 13.35 (April 13, 2013))

13.35	1st	Arnie Robinson Invite	April 13
200 Meters (PR	26.81 (April 17, 2010))	
27.61	22nd	San Diego Champs	March 9
27.29	20th	CSUSM Mangrum Inv	ite April 6
Long Jump (PR	: 17-10.	25 (March 15, 2013))	
17-01.25	4th	San Diego Champs	March 9
17-10.25 (o)	4th	Aztec Invitational	March 15
17-05.25	3rd	CSUSM Mangrum Invit	e April 6
Triple Jump (PR: 39-07.75 (March 30, 2013))			
Triple Jump (PF	R: 39-07	.75 (March 30, 2013))	
Triple Jump (PF 38-06.75 (i)	R: 39-07 3rd	.75 (March 30, 2013)) Aztec Invitational	March 16
		, , ,,	March 16 March 30
38-06.75 (i)	3rd	Aztec Invitational	
38-06.75 (i) 39-07.75	3rd 3rd	Aztec Invitational Cal/Nevada Champs	March 30

MW Champs

May 11

57.12 (p)

56.61 (f)

56.31 (p)

8th

5th

7th

Cal/Nevada Champs

Cal/Nevada Champs

MW Champs

March 29

March 30

May 10

Lily Mayko

39-07.25 (w)

5-3 | Fr. | Portland, Ore. | Southridge HS

9th

OUTDOOK SE	ASUN			
400 Meters (P	R: 1:02.6	8 (April 13, 2013))		
1:02.68	4th	Arnie Robinson Invit	e April 13	
400-Meter Hur	dles (PR	: 1:04.52 (May 4, 2013))		
1:06.89	6th	CSUSM Mangrum Inv	ite April 6	
1:05.86	12th	Triton Invitational	April 27	
1:04.52	14th	Occidental Invite	May 4	
3,000-Meter Steeplechase (PR: 12:04.77 (March 15, 2013)				
12:04.77 (i)	10th	Aztec Invitational	March 15	
DNF		Cal/Nevada Champs	March 30	

4x400-Meter Relay			
4:10.80	7th	CSUSM Mangrum Invite April 6	

Jessica McCall

5-3 | Fr. | Saugus, Calif. | Saugus HS **OUTDOOR SEASON**

1,500 Meters (P	R: 4:43.	96 (May 4, 2013))		
4:47.15 (i)	26th	Aztec Invitational March 15		
4:55.22	12th	CSUSM Mangrum Invite April 6		
4:49.77 (o)	156th	Mt. SAC Relays April 18		
4:47.31	3rd	Triton Invitational April 27		
4:43.96	21st	Occidental Invite May 4		
3,000 Meters (P	R: 10.30	0.96 (March 9, 2013))		
10:30.96	5th	San Diego Champs March 9		
5,000 Meters (P	R: 18:27	7.85 (March 29, 2013))		
18:27.85	22nd	Cal/Nevada Champs March 29		
4x400-Meter Relay				
4:32.85	14th	San Diego Champs March 9		
4:10.80	7th	CSUSM Mangrum Invite April 6		

Amanda Okun

5-5 | Jr. | Newbury Park, Calif. | Newbury Park HS OUTDOOR SEASON

800 Meters (PR: 2:28.32 (May 1, 2011))				
2:36.92 (o)	12th	Aztec Invitational	March 15	
2:36.42	29th	CSUSM Mangrum I	nvite April 6	
2:38.33	29th	Triton Invitational	April 27	

Nicole Oudenaarden

5-10 Fr. St. Albert, Alberta, Canada Paul Kane HS INDOOR SEASON			
200 Meters (PR	: 24.67 ((Feb. 8, 2013))	
25.14	9th	New Mexico Classic	Feb. 1
24.67	9th	Don Kirby Elite Invite	Feb. 8
24.79 (p)	15th	MW Champs	Feb. 22
800 Meters (PR	: 2:27.5	9 (Feb. 21, 2013))	
2:27.59 (pn)	4th	MW Champs	Feb. 21
60-Meter Hurdle	es (PR:	8.86 (Feb. 21, 2013))	
9.09 (p)	26th	Don Kirby Elite Invite	Feb. 8
8.86 (pn)	4th	MW Champs	Feb. 21
4x400-Meter Re	lay		
3:51.20	4th	New Mexico Classic	Feb. 2
High Jump (PR	: 5-01.2	5 (Feb. 21, 2013))	
5-01.25 (pn)	T-9th	MW Champs	Feb. 21
Long Jump (PR	: 19-07.	50 (Feb. 21, 2013))	
19-00.75	1st	New Mexico Classic	Feb. 1
18-08.00	12th	Don Kirby Elite Invite	Feb. 8
19-07.50 (pn, 7)	2nd	MW Champs	Feb. 21
18-11.75	5th	MW Champs	Feb. 22
Shot Put (PR: 4			
44-05.25	7th	New Mexico Classic	Feb. 2
47-07.25 (4)	12th	Don Kirby Elite Invite	Feb. 8
47-07.00 (pn)	1st	MW Champs	Feb. 21
Pentathlon (PR	: 3,969 ((Feb. 21, 2013))	
3,969 (2)	2nd	MW Champs	Feb. 21
OUTDOOR SEA	SON		
200 Meters (PR	: 24.79 ((March 14, 2013))	
24.79 (hp)	2nd	Aztec Invitational	March 14
25.01	1st	Arnie Robinson Invite	April 13
24.73 (Mt. SAC hp, w		Mt. SAC Relays	April 17
24.68 (hp, w)	10th	NCAA Champs	June 6
400 Meters (PR		, , ,,	
56.67	2nd	San Diego Champs	March 9

56.22 (f)	7th	MW Champs	May 11
800 Meters (PR	2:19.8	1 (April 18, 2013))	
2:22.63 (hp)	3rd	Aztec Invitational	March 15
2:19.81 (Mt. SAC hp)7th	Mt. SAC Relays	April 18
2:20.29 (hp)	15th	NCAA Champs	June 7
100-Meter Hurd	les (PR:	: 14.43 (April 17, 2013))
14.82 (hp)	4th	Aztec Invitational	March 14
14.43 (Mt. SAC hp)	15th	Mt. SAC Relays	April 17
14.30 (hp, w)	22nd	NCAA Champs	June 6
High Jump (PR	5-05.7	5 (March 14, 2013))	
5-05.75 (hp)	1st	Aztec Invitational	March 14
5-00.25	T-18th	Cal/Nevada Champs	March 30
NH		CSUSM Mangrum Invi	
5-02.50 (Mt. SAC hp) T-9th	Mt. SAC Relays	April 17
NH (hp)		NCAA Champs	June 6
		00 (May 23, 2013))	
18-10.00 (hp)	1st	Aztec Invitational	March 15
20-00.25 (MS hp, w		Mt. SAC Relays	April 18
19-08.75 (w)	4th	MW Champs	May 10
19-08.00 (9)	24th	NCAA Prelims	May 23
19-04.00 (hp)	11th	NCAA Champs	June 7
		(March 14, 2013))	
42-02.00	3rd	San Diego Champs	March 9
46-00.75 (hp)	1st	Aztec Invitational	March 14
44-09.75 (i)	8th	Aztec Invitational	March 16
45-04.25	6th	Cal/Nevada Champs	March 30
43-05.75	2nd	Arnie Robinson Invite	April 13
45-10.50 (MS hp)	2nd	Mt. SAC Relays	April 17
44-06.75	10th	MW Champs	May 11
43-06.00 (hp)	2nd	NCAA Champs	June 6
		3-09 (March 15, 2013))	
141-11	1st	San Diego Champs	March 9
148-09 (hp)	1st	Aztec Invitational	March 15
142-03	1st	Cal/Nevada Champs	March 29
146-05 (Mt. SAC hp	,	Mt. SAC Relays	April 18
141-00	5th	MW Champs	May 10
143-04 (hp)	3rd	NCAA Champs	June 7
		April 17-18, 2013))	
5,716	1st		arch 14-15
5,774 (Mt. SAC, 2)	2nd		April 17-18
4,971	23rd	NCAA Champs	June 6-7
Allison Re	aser		
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5-7.5 | Jr. | El Segundo, Calif. | El Segundo HS INDOOR SEASON

INDOOR OLAO	011			
200 Meters (PR: 24.53 (Feb. 25, 2012))				
DQ (p)	-	MW Champs	Feb. 22	
800 Meters (PR	: 2:22.3	0 (Feb. 21, 2013))		
2:22.30 (pn)	2nd	MW Champs	Feb. 21	
60-Meter Hurdl	es (PR:	8.39 (Feb. 23, 2012))		
8.58 (p)	2nd	Cherry & Silver Invite	Jan. 19	
8.48 (f)	3rd	Cherry & Silver Invite	Jan. 19	
8.49 (p)	11th	Don Kirby Elite Invite	Feb. 8	
8.51 (f)	6th	Don Kirby Elite Invite	Feb. 8	
8.43 (pn)	1st	MW Champs	Feb. 21	
8.49 (p)	2nd	MW Champs	Feb. 22	
8.53 (f)	3rd	MW Champs	Feb. 23	
4x400-Meter Re	elay			
3:50.26	4th	Cherry & Silver Invite	Jan. 19	
3:44.41	7th	Don Kirby Elite Invite	Feb. 8	
3:42.11 (2)	1st	MW Champs	Feb. 23	
High Jump (PR	: 5-04.2	5 (Feb. 24, 2011))		
5-02.25	17th	Don Kirby Elite Invite	Feb. 8	
5-00.25 (pn)	T-14th	MW Champs	Feb. 21	
Long Jump (PR: 19-08.00 (Feb. 10, 2012 & Feb. 21, 2013))				
17-11.50	13th	Cherry & Silver Invite	Jan. 19	
18-04.25	15th	Don Kirby Elite Invite	Feb. 8	
19-08.00 (pn)	1st	MW Champs	Feb. 21	

Shot Put (PR: 3	9-00.25	(Feb. 23, 2012))	
37-01.75	22nd	Cherry & Silver Invite	Jan. 19
38-08.35	17th	Don Kirby Elite Invite	Feb. 8
38-06.75 (pn)	4th	MW Champs	Feb. 21
Pentathlon (PR	3,971 (Feb. 21, 2013))	
3,971 (sr)	1st	MW Champs	Feb. 21
OUTDOOR SEA		M 00 0040\\	
100 Meters (PR	12.11 (1st	March 29, 2013)) San Diego Champs	March 9
12.12 (p)	9th	Cal/Nevada Champs	March 29
12.25 (f)	9th	Cal/Nevada Champs	March 30
200 Meters (PR	24.20 (June 30, 2012))	
24.58 (hp)	1st	Aztec Invitational	March 14
24.28 (Mt. SAC hp, w)		Mt. SAC Relays	April 17
23.96 (hp, w)	1st 3rd	MW Champs	May 8 June 6
23.88 (hp, w)		NCAA Champs 3 (June 7, 2013))	Julie 0
2:18.15 (hp)	2.12.00 2nd	Aztec Invitational	March 15
2:18.06 (Mt. SAC hp)	6th	Mt. SAC Relays	April 18
2:19.23 (hp)	1st	MW Champs	May 9
2:12.08 (hp)	3rd	NCAA Champs	June 7
	•	13.30 (June 6, 2013))	
14.32	1st	San Diego Champs	March 9
13.86 (hp) 14.02 (p)	1st 4th	Aztec Invitational Cal/Nevada Champs	March 14 March 29
13.88 (f)	2nd	Cal/Nevada Champs	March 30
13.86	1st	CSUSM Mangrum Invit	
13.56 (Mt. SAC hp)		Mt. SAC Relays	April 17
14.18 (h)	19th	Penn Relays	April 26
13.65 (hp) 13.63 (p)	1st 2nd	MW Champs MW Champs	May 8 May 10
13.41 (f)	1st	MW Champs	May 11
14.09 (p)	30th	NCAA Prelims	May 24
13.30 (hp, T-7)	2nd	NCAA Champs	June 6
			• • • • •
		58.37 (April 28, 2012))	<u> </u>
1:00.22 (p)	2nd	58.37 (April 28, 2012)) Cal/Nevada Champs	March 29
1:00.22 (p) 59.32 (f)	2nd 1st	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs	March 29 March 30
1:00.22 (p) 59.32 (f) 1:00.05	2nd 1st 1st	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit	March 29 March 30 e April 6
1:00.22 (p) 59.32 (f)	2nd 1st	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs	March 29 March 30
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f)	2nd 1st 1st 1st 2nd 3rd	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs	March 29 March 30 te April 6 April 19 May 10 May 11
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p)	2nd 1st 1st 1st 2nd 3rd 22nd	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims	March 29 March 30 e April 6 April 19 May 10 May 11 May 23
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs	March 29 March 30 te April 6 April 19 May 10 May 11
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims	March 29 March 30 e April 6 April 19 May 10 May 11 May 23
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay	58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 7th 5-04.2! 8th 6th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays E 12 times, last June 29 San Diego Champs Aztec Invitational	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 26 (, 2012)) March 9 March 14
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH	2nd 1st 1st 1st 2nd 2rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays San Diego Champs Aztec Invitational CSUSM Mangrum Invit	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 26 (, 2012)) March 9 March 14 e April 6
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th	E58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Penn Relays San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 26 April 3
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays San Diego Champs Aztec Invitational CSUSM Mangrum Invit	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 26 April 6 April 13 April 17
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt. SAC hp	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th 1st	E58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 26 April 3
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt.SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th 1st 1-11th T-6th T-20th : 19-09.	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays G 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011))	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 26 April 31 April 17 May 8 June 6
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt.SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hp)	2nd 1st 1st 1st 2nd 2rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th 1st 1-11th T-6th T-20th 19-09 3rd	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays G 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 31 April 17 May 8 June 6
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hp) 18-09.75 (w)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.29 8th 6th 1st 7-11th T-6th T-20th : 19-09.	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays C times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs	March 29 March 30 De April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 31 April 17 May 8 June 6 March 15 March 29
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (MS hp) 18-09.75 (w) 18-10.00 (MS hp)	2nd 1st 1st 1st 2nd 2rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th 1st 1-11th T-6th T-20th 19-09 3rd	E.58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Penn Relays G 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays Mt. SAC Relays Mt. SAC Relays	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 31 April 17 May 8 June 6
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hp) 18-09.75 (w)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.28 8th 6th 1st 7-11th T-6th T-20th : 19-09. 3rd 4th 7th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays C times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs	March 29 March 30 De April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 17 May 8 June 6 March 15 March 29 April 18
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (Mt.SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (MS hp) 19-04.00 (MS hp)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.25 8th 6th 1st 7-11th T-6th T-20th : 19-09. 3rd 4th 7th 1st 15th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs NCAA Champs	March 29 March 30 e April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 17 March 14 e April 13 April 17 May 8 June 6 March 15 March 29 April 18 May 9
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (hb. SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hS hp) 18-09.75 (w) 18-10.00 (hp) 18-10.00 (hp) 19-04.00 (hp) Shot Put (PR: 3 38-09.50	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.28 8th 6th 1st 7-11th T-6th T-20th : 19-09. 3rd 4th 7th 1st 15th 9-06.50 6th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims Penn Relays Penn Relays Penn Relays Fenn Relays C3 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs 75 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs NCAA Champs (May 9, 2012)) San Diego Champs	March 29 March 30 De April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 31 April 17 May 8 June 6 March 15 March 29 April 18 May 9 June 7
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (ht. SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hS hp) 18-09.75 (w) 18-10.00 (hp) 18-09.75 (w) 18-10.00 (hp) Shot Put (PR: 3 38-09.50 38-09.75 (hp)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.28 8th T-11th T-6th T-20th 1st 19-09. 3rd 4th 7th 1st 15th 9-06.50 6th 2nd	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays Penn Relays G 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs T5 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs NCAA Champs Mt. SAC Relays MW Champs NCAA Champs Mt. SAC Relays MW Champs NCAA Champs (May 9, 2012)) San Diego Champs Aztec Invitational	March 29 March 30 te April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 31 April 17 May 8 June 6 March 15 March 29 April 18 May 9 June 7
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.25 (Mt SAChp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (MS hp) 19-04.00 (hp, w) 19-04.00 (hp, w) 19-00.00 (hp) Shot Put (PR: 3 38-09.50 38-00.75 (hp) 37-10.00	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.28 8th 1st 7-11th T-6th T-20th 1st 19-09. 3rd 4th 7th 1st 15th 9-06.50 6th 2nd 4th	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays Fenn Relays C 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Mt. SAC Relays MW Champs NCAA Champs To (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs NCAA Champs Mt. SAC Relays MW Champs NCAA Champs (May 9, 2012)) San Diego Champs Aztec Invitational CSUSM Mangrum Invit	March 29 March 30 De April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 31 April 17 May 8 June 6 March 15 March 29 April 18 May 9 June 7 March 9 March 14 E April 6
1:00.22 (p) 59.32 (f) 1:00.05 58.65 (o) 59.22 (p) 59.08 (f) 59.61 (p) 1:00.65 (f) 4x200-Meter Re 1:37.06 (h) 4x400-Meter Re 3:41.35 (h) Shuttle Hurdles 1:00.45 (ch) High Jump (PR 5-00.25 5-03.25 (hp) NH 5-01.00 5-01.25 (ht. SAC hp 5-02.25 (hp) 5-03.00 (hp) Long Jump (PR 18-01.00 (hS hp) 18-09.75 (w) 18-10.00 (hp) 18-09.75 (w) 18-10.00 (hp) Shot Put (PR: 3 38-09.50 38-09.75 (hp)	2nd 1st 1st 1st 2nd 3rd 22nd 23rd lay 16th lay 11th Relay 7th 5-04.28 8th T-11th T-6th T-20th 1st 19-09. 3rd 4th 7th 1st 15th 9-06.50 6th 2nd	E 58.37 (April 28, 2012)) Cal/Nevada Champs Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invit Mt. SAC Relays MW Champs MW Champs NCAA Prelims NCAA Prelims NCAA Prelims Penn Relays Penn Relays Penn Relays G 2 times, last June 29 San Diego Champs Aztec Invitational CSUSM Mangrum Invit Arnie Robinson Invite Mt. SAC Relays MW Champs NCAA Champs T5 (May 12, 2011)) Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs NCAA Champs Mt. SAC Relays MW Champs NCAA Champs Mt. SAC Relays MW Champs NCAA Champs (May 9, 2012)) San Diego Champs Aztec Invitational	March 29 March 30 te April 6 April 19 May 10 May 11 May 23 May 24 April 26 April 25 April 26 April 30 April 31 April 17 May 8 June 6 March 15 March 29 April 18 May 9 June 7

39-03.75 (hp)	10th	NCAA Champs	June 6
Javelin Throw (PR: 132	2-00 (June 8, 2012))	
116-10	6th	San Diego Champs	March 9
108-05 (hp)	5th	Aztec Invitational	March 15
115-00 (Mt. SAC hp)	11th	Mt. SAC Relays	April 18
116-07 (hp)	3rd	MW Champs	May 9
124-00 (hp)	14th	NCAA Champs	June 7
Heptathon (PR:	5,813 (June 6-7, 2013))	
5,392	2nd	Aztec Invitational	March 14-15
5,527 (Mt. SAC)	6th	Mt. SAC Relays	April 17-18
5,612	1st	MW Champs	May 8-9
5,813 (sr)	8th	NCAA Champs	June 6-7

Amy Reaser

5-5 | Jr. | El Segundo, Calif. | El Segundo HS OUTDOOR SEASON

1,500 Meters	`	, , ,	
5:08.08	29th	CSUSM Mangrum Inv	ite April 6
5:11.46	5th	Arnie Robinson Invite	April 13
5:17.97	17th	Triton Invitational	April 27
3,000 Meters	(PR: 10:5	8.87 (April 6, 2013))	
11:02.34	18th	San Diego Champs	March 9
11:20.21 (i)	11th	Aztec Invitational	March 15
10:58.87	19th	CSUSM Mangrum Inv	rite April 6
4x400-Meter F	Relay		
4:32.85	14th	San Diego Champs	March 9

Deyna Roberson

5-10 Gr. Sar INDOOR SEA		Calif. UC San Diego	
400 Meters (P	R: 55.99	(Feb. 22, 2013))	
57.86	14th	Cherry & Silver Invite	Jan. 19
57.60	9th	New Mexico Classic	Feb. 2
57.01	9th	Don Kirby Elite Invite	Feb. 8
55.99 (p)	3rd	MW Champs	Feb. 22
56.02 (f)	4th	MW Champs	Feb. 23
600 Meters (P	R: 1:36.8	36 (Feb. 1, 2013))	
1:36.86	5th	New Mexico Classic	Feb. 1
4x400-Meter F	Relay		
3:50.26	4th	Cherry & Silver Invite	Jan. 19
3:51.20	4th	New Mexico Classic	Feb. 2
3:44.41	7th	Don Kirby Elite Invite	Feb. 8
3:42.11 (2)	1st	MW Champs	Feb. 23
OUTDOOR SE	EASON		
200 Meters (P	R: 25.25	(wind)) (March 9, 2013)))
25.25 (w)	2nd	San Diego Champs	March 9
` '		San Diego Champs (March 9, 2013))	March 9
` '			March 9
400 Meters (P 57.28	R: 57.28 4th	(March 9, 2013))	
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i)	R: 57.28 4th rdles (PF 3rd	(March 9, 2013)) San Diego Champs 8: 58.36 (May 11, 2013)) Aztec Invitational	March 9
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p)	R: 57.28 4th rdles (PF	(March 9, 2013)) San Diego Champs R: 58.36 (May 11, 2013))	March 9
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f)	R: 57.28 4th rdles (PF 3rd	(March 9, 2013)) San Diego Champs R: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs	March 9 March 16 March 29 March 30
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20	R: 57.28 4th rdles (PF 3rd 3rd	(March 9, 2013)) San Diego Champs 8: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi	March 9 March 16 March 29 March 30 te April 6
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th	(March 9, 2013)) San Diego Champs R: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs	March 9 March 16 March 29 March 30 te April 6 April 19
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays	March 9 March 16 March 29 March 30 te April 6 April 19 April 25
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th	(March 9, 2013)) San Diego Champs 8: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays	March 9 March 16 March 29 March 30 te April 6 April 19 April 25
400 Meters (P 57.28 400-Meter Hui 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch) 58.86	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th 3rd	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite MW Champs MW Champs	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4
400 Meters (P 57.28 400-Meter Hun 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch) 58.86 58.91 (p)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th 3rd 1st	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite MW Champs	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4 May 10
400 Meters (P 57.28 400-Meter Hun 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch) 58.86 58.91 (p) 58.36 (f, 3)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th 3rd 1st 1st	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite MW Champs MW Champs	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4 May 10 May 11
400 Meters (P 57.28 400-Meter Hun 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch) 58.86 58.91 (p) 58.36 (f, 3) 59.53 (p)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th 3rd 1st 1st 20th 18th	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite MW Champs NCAA Prelims	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4 May 10 May 11 May 23
400 Meters (P 57.28 400-Meter Hun 1:00.74 (i) 1:00.93 (p) 1:00.71 (f) 1:01.20 59.97 (o) 1:00.32 (ch) 58.86 58.91 (p) 58.36 (f, 3) 59.53 (p) 59.78 (f)	R: 57.28 4th rdles (PF 3rd 3rd 3rd 2nd 10th 13th 3rd 1st 1st 20th 18th	(March 9, 2013)) San Diego Champs 2: 58.36 (May 11, 2013)) Aztec Invitational Cal/Nevada Champs Cal/Nevada Champs CSUSM Mangrum Invi Mt. SAC Relays Penn Relays Occidental Invite MW Champs NCAA Prelims	March 9 March 16 March 29 March 30 te April 6 April 19 April 25 May 4 May 10 May 11 May 23

Cal/Nevada Champs

11th Penn Relays

14th NCAA Prelims

Penn Relays

MW Champs

March 30

April 25

April 27

May 11 May 25

3:43.01

3:35.41

3:37.73

3:41.35 (h)

3:35.42 (co)

1st

3rd

1st

Rachel Roesgen

5-11 | Fr. | Coto de Caza, Calif. | Santa Margarita Catholic HS OUTDOOR SEASON

800 Meters (PR: 2:26.48 (April 27, 2013))

2:26.48	23rd	Triton Invitational	April 27
1,500 Meters	(PR: 4:49	.31 (May 4, 2013))	
5:00.50	24th	CSUSM Mangrum Invit	e April 6
4:54.54	6th	Triton Invitational	April 27
4:49.31	27th	Occidental Invite	May 4
3,000 Meters	(PR: 11:0	2.07 (March 9, 2013))	
11:02.07	17th	San Diego Champs	March 9
3,000-Meter S	teeplecha	ase (PR: 12:27.85 (March	n 30, 2013)
12:27.85	18th	Cal/Nevada Champs	March 30
4x400-Meter	Relay		
4:10.80	7th	CSUSM Mangrum Inv	ite April 6

Hannah Sawatzki

5-0 | Fr. | San Diego, Calif. | Westview HS **OUTDOOR SEASON**

4:32.85	14th	San Diego Champs	March 9
4x400-Meter F	Relay		
18:44.64 19:36.08	1st 30th	Arnie Robinson Invite Occidental Invite	e April 13 May 4
19:12.10 (o)	11th	Aztec Invitational	March 15
		4.64 (April 13, 2013))	
10:47.92	4th	Triton Invitational	April 27
10:47.72	12th	CSUSM Mangrum Inv	rite April 6
10:56.81	14th	San Diego Champs	March 9
3,000 Meters	(PR: 10:4	7.72 (April 6, 2013))	

Karen Snapper

5-6 | Fr. | Huntington Beach, Calif. | Edison HS INDOOR SEASON

Pole Vault (PR: 12-10.25 (Feb. 8, 2013))

12-05.50	1-9111	Cherry & Sliver Invite	Jan. 19
12-07.50	7th	New Mexico Classic	Feb. 2
12-10.25 (T-6)	8th	Don Kirby Elite Invite	Feb. 8
11-10.75	8th	MW Champs	Feb. 22
OUTDOOR SEA	ASON		
Pole Vault (PP	12-10 0	10 (April 27, 2013))	

Pole vault (PR: 12-10.00 (April 21, 2013))						
12.00.50	4th	San Diego Champs	March 9			
11-07.00 (i)	23rd	Aztec Invitational	March 16			
11-11.75	6th	Cal/Nevada Champs	March 29			
11-05.00	2nd	CSUSM Mangrum Invi	te April 6			
11-06.50	1st	Arnie Robinson Invite	April 13			
11-05.75 (o-c)	14th	Mt. SAC Relays	April 19			
12-10.00 (i)	3rd	Triton Invitational	April 27			
12-03.50	5th	MW Champs	May 10			
NH		NCAA Prelims	May 24			

Karsen Sper

5-8 | Fr. | Camarillo, Calif. | Thousand Oaks HS INDOOR SEASON

800 Meters (PR: 2:29.49 (Feb. 21, 2013))

2:29.49 (pn)	7th	MW Champs	Feb. 21
60-Meter Hurd	les (PR:	8.88 (Jan. 19, 2013))	
8.88 (p)	14th	Cherry & Silver Invite	Jan. 19
8.95 (f)	14th	Cherry & Silver Invite	Jan. 19
9.18 (p)	13th	New Mexico Classic	Feb. 2
8.89 (pn)	5th	MW Champs	Feb. 21
8.90 (p)	11th	MW Champs	Feb. 22
High Jump (Pl	R: 5-05.0	0 (Feb. 21, 2013))	
5-02.25	T-10th	New Mexico Classic	Feb. 1
5-05.00 (pn, T-	8) T-2nd	MW Champs	Feb. 21
5-01.00	T-13th	MW Champs	Feb. 22

Long Jump (PR	16-11	50 (Feb. 21, 2013))	
16-00.50	38th	Cherry & Silver Invite	Jan. 19
16-11.50 (p)	T-9th	MW Champs	Feb. 21
		(Feb. 21, 2013))	
31-03.75	33rd	Cherry & Silver Invite	Jan. 19
32-10.50 (pn)	T-10th		Feb. 21
Pentathlon (PR	: 3,564 (5th	Feb. 21, 2013)) MW Champs	Feb. 21
3,564 (7) OUTDOOR SEA		www Champs	reb. 21
200 Meters (25.	83 (Apri	il 6, 2013))	
26.12	11th	San Diego Champs	March 9
25.92 (hp)	7th	Aztec Invitational	March 14
25.83	8th	Mt. SAC Relays	vite April 6 April 17
25.86 (CA Inv. hp) 25.48 (hp, w)	4th	MW Champs	May 8
,	2:31.4	1 (March 15, 2013))	, -
2:31.41 (hp)	6th	Aztec Invitational	March 15
2:24.40 (CA Inv. hp)	15th	Mt. SAC Relays	April 18
2:23.05 (hp)	4th	MW Champs	May 9
100-Meter Hurd 15.10	les (14. ⁻ 3rd	18 (May 11, 2013)) San Diego Champs	March 9
14.98 (p)	18th	Cal/Nevada Champs	March 29
14.52	5th	CSUSM Mangrum Inv	
14.64 (CA Inv. hp)		Mt. SAC Relays	April 17
14.43 (hp)	3rd	MW Champs	May 8
14.26 (p)	6th	MW Champs	May 10
14.18 (f)	8th	MW Champs	May 11
Shuttle Hurdles	Relay		
1:00.45 (ch)	7th	Penn Relays	April 26
High Jump (PR	5-04-50	0 (March 14, 2013 & Api	ril 17 2013\\
	. 5-04.50		
NH		San Diego Champs	March 9
	 T-3rd T-11th		
NH 5-04.50 (hp)	 T-3rd T-11th	San Diego Champs Aztec Invitational	March 9 March 14
NH 5-04.50 (hp) 5-02.25	 T-3rd T-11th	San Diego Champs Aztec Invitational Cal/Nevada Champs	March 9 March 14 March 30
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50	 T-3rd T-11th) T-8th T-6th 18th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs	March 9 March 14 March 30 April 17
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA linv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR	 T-3rd T-11th) T-8th T-6th 18th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs MW Champs 50 (April 13, 2013))	March 9 March 14 March 30 April 17 May 8 May 11
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp) 5-02.25 (hp) 5-02.50 Long Jump (PR) 15-05.50 (hp)	T-3rd T-11th) T-8th T-6th 18th :: 17-07.	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational	March 9 March 14 March 30 April 17 May 8 May 11 March 15
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50	T-3rd T-11th)T-8th T-6th 18th :: 17-07. 14th 2nd	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp.,w	T-3rd T-11th)T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays	March 9 March 14 March 30 April 17 May 8 May 11 March 15 te April 13 April 18
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp. w) 17-08.00 (hp. w)	T-3rd T-11th)T-8th T-6th 18th :: 17-07. 14th 2nd)T-15th 7th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs	March 9 March 14 March 30 April 17 May 8 May 11 March 15 Le April 13
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp.,w	T-3rd T-11th)T-8th T-6th 18th :: 17-07. 14th 2nd)T-15th 7th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013))	March 9 March 14 March 30 April 17 May 8 May 11 March 15 te April 13 April 18
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp. w) Shot Put (PR: 3	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) 17-08.00 (hp, w) Shot Put (PR: 3 30-10.50	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs	March 9 March 14 March 30 April 17 May 8 May 11 March 15 E April 13 April 18 May 9 March 9
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp. w) 17-08.00 (hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp)	T-3rd T-11th T-8th T-6th 18th : 17-07. 14th 2nd 0) T-15th 7th 3-07.25 14th 9th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CA Inp. w 17-08.00 (hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75	T-3rd T-11th)T-8th T-6th 18th : 17-07. 14th 2nd)T-15th 7th 3-07.25 14th 9th 8th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14 April 13
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (T-3rd T-11th)T-8th T-6th 18th :: 17-07. 14th 2nd)T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs MT. SAC Relays MW Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013))	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14 April 13 April 17 May 8
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) 7-08.00 (hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-1	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013)) San Diego Champs	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14 April 13 April 17 May 8 March 9
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp)	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-1 13th 12th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of (April 18, 2013)) San Diego Champs Aztec Invitational	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14 April 13 April 17 May 8 March 9 March 15
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp. w) 7-08.00 (hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp) 85-06	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87- 13th 12th 13th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013)) San Diego Champs Aztec Invitational CSUSM Mangrum Inv	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 14 April 13 April 17 May 8 March 9 March 15 April 16
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp)	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87- 13th 12th 13th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of (April 18, 2013)) San Diego Champs Aztec Invitational	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 9 March 14 April 13 April 17 May 8 March 9 March 15
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp) 85-06 87-07 (CA Inv. hp) 75-01 (hp)	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-1 13th 12th 13th 12th 13th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013)) San Diego Champs Aztec Invitational CSUSM Mangrum Inv Mt. SAC Relays	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 14 April 13 April 17 May 8 March 9 March 15 April 16 April 6 April 18
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp) 85-06 87-07 (CA Inv. hp) 75-01 (hp)	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-1 13th 12th 13th 12th 13th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of (April 18, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs Of (April 18, 2013)) San Diego Champs Aztec Invitational CSUSM Mangrum Inv Mt. SAC Relays MW Champs MW Champs April 17-18, 2013))	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 May 9 March 14 April 13 April 17 May 8 March 9 March 15 April 16 April 6 April 18
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp) 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp. w) 7-08.00 (hp, w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp) 85-06 87-07 (CA Inv. hp) 75-01 (hp) Heptathon (PR: 4,504 4,825 (CA Invite)	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87-1 13th 12th 13th 12th 13th 4,825 (44th 14th	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013)) San Diego Champs Aztec Invitational CSUSM Mangrum Inv Mt. SAC Relays MW Champs MW Champs April 17-18, 2013)) Aztec Invitational Mt. SAC Relays	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 April 13 April 17 May 8 March 9 March 14 April 17 May 8 March 15 ite April 6 April 6 April 18 May 9
NH 5-04.50 (hp) 5-02.25 5-04.50 (CA Inv. hp) 5-02.25 (hp) 5-02.25 (hp) 5-02.50 Long Jump (PR 15-05.50 (hp) 17-07.50 17-06.75 (CAI hp., w) Shot Put (PR: 3 30-10.50 30-07.50 (hp) 30-04.75 31-08.50 (CAI hp) 33-07.25 (hp) Javelin Throw (80-01 79-05 (hp) 85-06 87-07 (CA Inv. hp) 75-01 (hp) Heptathon (PR: 4,504	T-3rd T-11th) T-8th T-6th 18th :: 17-07. 14th 2nd) T-15th 7th 3-07.25 14th 9th 8th 25th 8th PR: 87- 13th 12th 13th 22nd 12th 4,825 (4th)	San Diego Champs Aztec Invitational Cal/Nevada Champs Mt. SAC Relays MW Champs 50 (April 13, 2013)) Aztec Invitational Arnie Robinson Invit Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs (May 8, 2013)) San Diego Champs Aztec Invitational Arnie Robinson Invite Mt. SAC Relays MW Champs 07 (April 18, 2013)) San Diego Champs Aztec Invitational CSUSM Mangrum Inv Mt. SAC Relays MW Champs MW Champs MW Champs April 17-18, 2013)) Aztec Invitational	March 9 March 14 March 30 April 17 May 8 May 11 March 15 April 13 April 18 April 14 April 13 April 17 May 8 March 9 March 14 April 16 April 6 April 6 April 18 May 9

Shanieka Thomas

3:42.11 (2)

5-11 | Jr. | Clarendon, Jamaica | Vere Technical INDOOR SEASON 400 Matera (DD: EC 05 (Eab. 2, 2042))

400 Meters (I	2K: 56.85	(Feb. 2, 2013))	
56.85	6th	New Mexico Classic	Feb. 2
55.67 (f, 8)	2nd	MW Champs	Feb. 23
55.83 (p)	1st	MW Champs	Feb. 22
4x400-Meter	Relay		
3:50.26	4th	Cherry & Silver Invite	Jan. 19
3:44.41	7th	Don Kirby Elite Invite	Feb. 8

MW Champs

Long Jump (PR	R: 19 - 09.	75 (Jan. 19, 2012))	
19-02.50	4th	Cherry & Silver Invite	Jan. 19
18-05.25	5th	New Mexico Classic	Feb. 1
16-03.75	19th	MW Champs	Feb. 22
		.50 (Feb. 8, 2013))	1 40
44-02.50 44-04.00	1st	Cherry & Silver Invite New Mexico Classic	Jan. 19
	1st	Don Kirby Elite Invite	Feb. 2 Feb. 8
46-02.50 (sr) 43-09.00	1st 1st	MW Champs	Feb. 23
45-04.25	2nd	NCAA Champs	March 9
OUTDOOR SEA	SON	·	
400 Meters (PR	: 55.38 ((March 29, 2013))	
55.38 (p)	1st	Cal/Nevada Champs	March 29
55.60 (f)	2nd	Cal/Nevada Champs	March 30
4x100-Meter Re			
47.47	8th	MW Champs	May 11
4x400-Meter Re 3:35.42 (co)	3rd	Penn Relays	April 27
3:35.41	1st	MW Champs	May 11
3:37.73	14th	NCAA Prelims	May 25
Long Jump (19			may 20
19-04.00	2nd	Cal/Nevada Champs	March 29
20-07.25 (w)	1st	MW Champs	May 10
19-04.00	31st	NCAA Prelims	May 23
Triple Jump (46		May 11. 2013))	,
45-01.50 (i)	2nd	Mt. SAC Relays	April 20
44-08.00 (ch)	1st	Penn Relays	April 26
46-05.25 (sr)	1st	MW Champs	May 11
46-02.00 (w)	1st	NCAA Prelims	May 25
46-04.75	1st	NCAA Champs	June 7
Maderia To 5-2 Jr. Atlanta	•		
INDOOR SEAS	ON		
INDOOR SEAS 60 Meters (PR:	ON 7.80 (Ja	ın. 28, 2012))	
INDOOR SEAS 60 Meters (PR: 8.05 (p)	ON	n. 28, 2012)) New Mexico Classic	Feb. 2
INDOOR SEAS 60 Meters (PR: 8.05 (p) FS (p)	ON 7.80 (Ja 28th 	nn. 28, 2012)) New Mexico Classic MW Champs	Feb. 2 Feb. 22
INDOOR SEAS 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR	ON 7.80 (Ja 28th : 24.52 (nn. 28, 2012)) New Mexico Classic MW Champs (Feb. 22, 2013))	Feb. 22
INDOOR SEAS: 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80	ON 7.80 (Ja 28th : 24.52 (6th	n. 28, 2012)) New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic	Feb. 22
INDOOR SEAS: 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80 24.52	ON 7.80 (Ja 28th : 24.52 (6th 12th	n. 28, 2012)) New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite	Feb. 22 Feb. 1 Feb. 8
INDOOR SEAS: 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80 24.52 24.52 (p)	7.80 (Ja 28th : 24.52 (6th 12th 10th	n. 28, 2012)) New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs	Feb. 22
INDOOR SEAS 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80 24.52 24.52 (p) 400 Meters (PR:	7.80 (Ja 28th : 24.52 (6th 12th 10th	New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs Jan. 19, 2013))	Feb. 22 Feb. 1 Feb. 8 Feb. 22
INDOOR SEAS: 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80 24.52 24.52 (p) 400 Meters (PR: 58.05	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (n. 28, 2012)) New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs	Feb. 22 Feb. 1 Feb. 8 Feb. 22
INDOOR SEAS 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR: 24.80 24.52 24.52 (p) 400 Meters (PR:	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs Jan. 19, 2013))	Feb. 22 Feb. 1 Feb. 8 Feb. 22
INDOOR SEAS: 60 Meters (PR: 8.05 (p) 200 Meters (PR: 24.80 24.52 24.52 (p) 400 Meters (PR: 58.05 4x400-Meter Re	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (18th	New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs (Jan. 19, 2013)) Cherry & Silver Invite	Feb. 22 Feb. 1 Feb. 8 Feb. 22 Jan. 19
INDOOR SEAS: 60 Meters (PR: 8.05 (p) 200 Meters (PR: 24.80 24.52 (p) 400 Meters (PR: 58.05 4x400-Meter Re: 3:50.26 3:51.20 3:44.41	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (18th elay 4th	New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs (Jan. 19, 2013)) Cherry & Silver Invite	Feb. 22 Feb. 1 Feb. 8 Feb. 22 Jan. 19
INDOOR SEAS: 60 Meters (PR: 8.05 (p) 200 Meters (PR: 24.80 24.52 (p) 400 Meters (PR: 58.05 4x400-Meter Re: 3:50.26 3:51.20 3:44.41 3:42.11 (2)	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (18th slay 4th 4th 7th 1st	New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs (Jan. 19, 2013)) Cherry & Silver Invite New Mexico Classic	Feb. 22 Feb. 1 Feb. 8 Feb. 22 Jan. 19 Jan. 19 Feb. 2
INDOOR SEAS: 60 Meters (PR: 8.05 (p) FS (p) 200 Meters (PR 24.80 24.52 24.52 (p) 400 Meters (PR 58.05 4x400-Meter Re 3:50.26 3:51.20 3:44.41 3:42.11 (2) OUTDOOR SEA	7.80 (Ja 28th : 24.52 (6th 12th 10th : 58.05 (18th) slay 4th 4th 7th 1st 1st	New Mexico Classic MW Champs (Feb. 22, 2013)) New Mexico Classic Don Kirby Elite Invite MW Champs (Jan. 19, 2013)) Cherry & Silver Invite New Mexico Classic Don Kirby Elite Invite MW Champs (Jan. 19, 2013))	Feb. 22 Feb. 1 Feb. 8 Feb. 22 Jan. 19 Jan. 19 Feb. 2 Feb. 8 Feb. 23
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4x100-Meter Relay

8th

MW Champs

May 11

47.47

Feb. 23

4x200-Meter Relay				
1:37.06 (h)	16th	Penn Relays	April 26	
4x400-Meter F	Relay			
3:55.72	1st	San Diego Champs	March 9	
3:45.30	4th	Aztec Invitational	March 16	
3:43.01	1st	Cal/Nevada Champs	March 30	
3:35.42 (co)	3rd	Penn Relays	April 27	
3:35.41	1st	MW Champs	May 11	
3:37.73	14th	NCAA Prelims	May 25	

Rebecca Turnbow

5-5 | Jr. | Lake Tapps, Wash. | Auburn Riverside HS OUTDOOR SEASON

Pole Vault (PR: 11-11.75 (March 29 & May 10, 2013))						
11-00.75	6th	San Diego Champs	March 9			
11-08.00 (i)	20th	Aztec Invitational	March 16			
11-05.75 (o)	T-4th	Aztec Invitational	March 15			
11-11.75	5th	Cal/Nevada Champs	March 29			
11-10.75	1st	CSUSM Mangrum Inv	ite April 6			
11-08.00 (i)	6th	Triton Invitational	April 27			

Laura Vazquez

5-0 | Fr. | San Jose, Calif. (Presentation HS) OUTDOOR SEASON

10:20.48	3rd	San Diego Champs	March 9
10:44.70	3rd	Triton Invitational	April 27
5,000 Meters			
17:35.93 (i)	11th	Aztec Invitational	March 15
17:54.79	9th	Cal/Nevada Champs	March 29

Thresa Vinson

5-5 | Fr. | Aptos, Calif. | Aptos HS OUTDOOR SEASON

Pole Vault (PR: 10-06.75 (March 9, 2013))

10-06.75	9th	San Diego Champs	March 9
10-04.00 (o)	T-14th	Aztec Invitational	March 15
10-05.25	6th	CSUSM Mangrum Invit	te April 6
10-02 50 (i)	10th	Triton Invitational	April 27

Holly Waseloff

5-10 | Jr. | Clovis, Calif. | Buchanan HS INDOOR SEASON

Pole Vault (PR: 12-10.25 (Feb	. 8.	2013)
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11-05.75	15th	Cherry & Silver Invite	Jan. 19		
12-07.50	7th	New Mexico Classic	Feb. 2		
12-10.25 (T-6)	8th	Don Kirby Elite Invite	Feb. 8		
NH		MW Champs	Feb. 22		
Pole Vault (13-00.25 (May 11, 2012))					
11-06.50	5th	San Diego Champs	March 9		
12-02.75 (i)	T-10th	Aztec Invitational	March 16		
12-05.50 (o-c)	8th	Mt. SAC Relays	April 19		
11-11.75	8th	MW Champs	May 10		

Melissa Wendorf

5-4 | So. | Los Angeles, Calif. | Granada Hills HS OUTDOOR SEASON

1,500 Meters (PR: 5:06.30 (April 21, 2013))

5:10.62	32nd	CSUSM Mangrum Invite Apri	I 6	
3,000 Meters (PR: 10:43.06 (March 9, 2013))				
10:43.06	9th	San Diego Champs March	า 9	
11:25.12	27th	CSUSM Mangrum Invite April	l 6	
11:08.18	8th	Triton Invitational April	27	

19:01.96 (o)	8th	Aztec Invitational	March 15
19:08.33	3rd	Arnie Robinson Invite	April 13
19:09.44	24th	Occidental Invite	May 4
4x400-Meter Re			

5,000 Meters (PR: 19:01.96 (March 15, 2013))

4:32.85 14th San Diego Champs March

Meritzer Williams

5-8 | Jr. | Charlestown, Nevis | New Mexico JC OUTDOOR SEASON

400 Meters (PR: 58.69 (March 15, 2013))

58.69 (o) 10th Aztec Invitational March 15

KEY: sr - school record; (number) - top-10 school ranking; p - preliminaries; h - heats; q - quarterfinals; f - finals; i - invitational; ei - elite invitational; o - open; s - seeded; u - unseeded; co - college; ch - championships; pn - pentathlon; hp - heptathlon; w - wind aided (> 2.0 mph)