2017 SAN DIEGO STATE FINAL BIOS

#6 MIKAH HOLDER

Wide Receiver • 6-0 • 185 • Oceanside, Calif. • Oceanside HS

- At San Diego State: An athletic, playmaking wideout who worked into the playing mix in 2014 as a freshman with injuries to starters Ezell Ruffin and Eric Judge ... Then started the most games for the Aztecs at wide receiver over the past two-plus years, including 11 in 2015, 13 in 2016 and 10 in 2017 ... Averaged 16.9 yards per catch over his career, which ranks second by an Aztec since 1996 (Derrick Lewis, 20.5 from 1999-01, min. 80 rec.) ... Identical twin brother, Alijah, plays cornerback at Stanford, while his older brother, King, lettered at SDSU from 2011-13.
- 2017 (Senior): Earned honorable-mention all-Mountain West honors from the league's coaches and media ... Also was a second-team all-MW pick by Phil Steele Magazine ... Was named a preseason second-team all-Mountain West selection by Phil Steele Magazine and a fourth-team pick by Athlon Sports ... Played in all 13 games with 10 starts ... Had team highs of 43 receptions and 602 yards (14.0 ava.) with two touchdowns, along with a long of 31 yards ... Had more catches (43) than the next two players on the team combined and more vards (602) than the next two players on the team combined ... Was named to the MW Pro Football Focus Team of the Week three times this season (Sept. 20, Oct. 11 and Nov. 1) ... Came off the bench in the opener against UC Davis and had three catches for 19 yards (6.3 avg.) ... The three receptions were the second most on the team (most among wide receivers) and tied for the third most in the game ... Earned the start, his first of the season and 25th of his career at Arizona State and had a 7-yard catch ... Finished with a seven catches for 85 yards in a second straight start against No. 19/19 Stanford and identical twin brother, Alijah ... Set a career high with his seven receptions, three more than his previous best of four, which he accomplished four other times ... The 85 yards were a season high and third most of his career ... For his efforts was named to the MW Pro Football Focus Team of the Week ... Came up with two catches for a game-high 46 yards (23.0 avg.) off the bench at Air Force with a long of 24 yards ... Came off the bench against Northern Illinois, but did not record a stat after being ejected late in the first quarter because of a targeting penalty on a Kahale Warring catch ... Had a careerhigh nine receptions for a season-high 144 yards at UNLV in a start ... Eclipsed 100 yards receiving for the second time of his career and first time since the 2016 opener against New Hampshire ... The nine receptions were the most by an Aztec since Ezell Ruffin had 10 receptions vs. Fresno State on Oct. 26, 2013 ... All nine of his catches were for first downs ... Now has two of the team's top receiving games (yards) since the beginning of the 2014 season ... Was named to the MW *Pro Football Focus* Team of the Week for the second time of the year for his play at UNLY ... Had a team-high three catches for 47 yards (15.7 avg.) in a start against Boise State ... Also added a 6-yard rush ... Came up with four catches for 35 yards (8.8 avg.) with a long of 11 yards in a start against Fresno State ... Caught three passes for 55 yards (18.3 avg.) and a touchdown in a start at Hawai'i ... It was his first touchdown catch of the year ... Also added a career-long 23-yard rush ... For his play, was named to the MW Pro Football Focus Team of the Week for a third time of the season ... Made two grabs for 29 yards (14.5 avg.) with a long of 17 yards in a start at San José State ... Caught five passes for 85 yards and a touchdown in a start vs. Nevada ... Recorded his second touchdown catch of the season and 13th of his career ... Also added a 1-yard rush ... Had a team-high four catches for 50 yards (12.5 avg.) with a long of 16 yards in a start on Senior Day vs. New Mexico ... Earned the start against Army West Point in the Armed Forces Bowl, but did not make a catch.
- 2016 (Junior): Was a preseason fourth-team all-Mountain West selection by Athlon Sports ... Also was "SDSU's X-Factor" by Sports Illustrated and an "SDSU Player to Watch" by Lindy's Sports ... Caught 27 passes for 581 yards (21.5 avg.) and five touchdowns, leading the Aztecs in all three categories (tied for lead in catches, min. 4 receptions for average) despite missing the San José State game with an ankle injury ... Ranked seventh in the country in catch average (21.5) and third in the Mountain West ... Also ranked in a tie for 10th in the MW in receiving touchdowns (5) ... Finished with four catches for a career-high 160 receiving yards and a career-high-tying two touchdowns in a start in the opener vs. New Hampshire ... Broke 100 yards for the first time of his career and became the first Aztec with 100-plus receiving yards since Ezell Ruffin had 126 vs. Air Force on Nov. 21, 2014 ... Had SDSU's most receiving yards in a game since Ruffin had 165 vs. New Mexico on Nov. 2, 2013 ... Became the 82nd player in school history with a 100-yard receiving game (320th occasion overall) ... Had a career-long 86-yard reception, tied for the seventh longest in school history and the longest since Vincent Brown caught a 90-varder on Nov. 20, 2010 vs. Utah ... Had two receptions for 15 yards (7.5 avg.) in another start vs. California ... Finished with team highs of four catches and 67 yards (16.8 avg.), including a 33-yard touchdown at Northern Illinois ... The touchdown put SDSU up, 28-0, in the second quarter ... Came up with two catches for 47 yards (24.0 avg.), including a team-long 33-yarder at South Alabama ... Had three catches for a game-high 68 yards (22.7

- avg.) in a start vs. UNLV with a long of 28 yards ... Earned the start at Fresno State, but did not find the stat sheet after exiting early with an ankle injury ... Had his streak snapped of 13 straight games with at least one catch ... Tried to play, but was held out against San José State because of the ankle injury ... Played limited statless snaps in a start at Utah State ... Made two catches for 23 yards (11.5 avg.) in a start vs. Hawai'i ... Caught four passes for 45 yards and a touchdown in a start at Nevada ... The four catches tied a career high ... It was his fourth touchdown catch of the season (first since the Northern Illinois game) ... Started again at Wyoming, but did not record a stat ... Had another good game with three receptions for 87 yards and one touchdown vs. Colorado State ... The 87 yards were the second most of his career (160 vs. New Hampshire in the opener) ... The touchdown was a 25-yarder ... The touchdown was his fifth of the season and 11th of his career ... Had two catches for 56 yards (28.0 avg.) in a start against Wyoming in the Mountain West Championship game ... The catches were for 26 and 30 yards ... Made a 12-yard grab vs. Houston in the Las Vegas Bowl.
- **2015 (Sophomore):** Was deemed a "SDSU Player to Watch" by *Lindy's Sports* ... Played in all 14 games with 11 starts, registering 24 catches for team highs of 439 yards (18.3 avg.) and six touchdowns ... The six touchdown catches ranked in a tie for sixth in the Mountain West ... His 24 catches were second on the team ... Also returned six punts for 45 yards (7.5 avg.) ... Logged significant time in the opener vs. San Diego, making two catches for 24 yards (12.0 avg.) ... Made his first career start at California, making a team-high and game-high-tying three catches for 27 yards (9.0 avg.) ... Started for the second straight game vs. South Alabama and made the best of it, making two catches for 39 yards (19.5 avg.), including a long of 30 yards ... The 30-yarder was also his first career touchdown ... Had the best game of his career in a start at Penn State, recording career highs in receptions (4) and receiving yards (78), with a long of 31 yards ... Also had a 19-yard catch (his second straight game with at TD reception), which put SDSU up, 14-13, early in the second guarter ... Started for the fourth time vs. Fresno State, making a 6-yard grab ... Played off the bench in a limited role at Hawai'i while battling an injury, but did not make a catch for the first time all season ... Caught two passes for 38 vards (19.0 ava.) at San José State in his fifth start of the year with a long of 28 yards ... Also rushed for the first time of his career for eight yards ... Started again vs. Utah State and had an 18-yard touchdown catch ... Made two catches for 72 yards (36.0 avg.) at Colorado State, including a 43-yard grab to start the game ... Came off the bench against Wyoming, making three catches for 36 yards (12.0 avg.), including a pair of touchdowns ... The first 7-yarder put SDSU up, 14-0, while the second (4 yards) came just before halftime, giving the Aztecs a 21-0 lead at the break ... Became the first Aztec with multiple touchdown catches in the same game since Ezell Ruffin had two vs. Idaho on Nov. 8, 2014 ... Also returned his first two career punts for five yards (2.5 avg.) ... Had an 18-yard grab in another start at UNLV ... Started again vs. Nevada, making a 21-yard catch and returning a punt for a career-long 38 yards ... Had a career-long 48-yard grap in another start vs. Air Force ... Started vs. Cincinnati in the Hawai'i Bowl, making a 14-yard touchdown catch that put SDSU up, 14-0, early in the first auarter ... It was the first offensive touchdown of the game.
- 2014 (Freshman): Played in 10 games as a true freshman, making five catches for 53 yards (10.6 avg.) ... Was on the travel squad, but did not see action vs. Northern Arizona ... Did not make the trip to No. 21/23 North Carolina ... Was on the travel squad to Oregon State, but did not appear in the game ... Played in his first career collegiate game vs. UNLV, making three catches for 33 yards (11.0 avg.) ... The three grabs were tied for the second most on the team ... Played at Fresno State without recording a stat ... Played again at New Mexico, but did not find the stat sheet ... Made a 12-yard grab off the bench against Hawai'i ... Played again at Nevada but did not record a stat ... Saw time against Idaho without making a stat ... Made an 8-yard catch in a reserve role at Boise State ... Logged snaps vs. Air Force, but did not record a stat ... Saw time off the pine vs. San José State without recording a stat ... Logged time in the Poinsettia Bowl vs. Navy without finding the stat sheet.
- High School: Played at nearby Oceanside High School, which had five alumni on the 2013
 Aztec squad ... Recorded team highs of 41 receptions for 1,229 yards and 11 touchdowns as a
 senior in 2013 ... Also recorded 29 total tackles and one passes defended on defense ... Had
 42 catches for 825 yards and 11 touchdowns as a junior in 2012 ... Is a three-star recruit by
 Rivals.com, Scout.com, ESPN.com and 247sports.com ... Received a grade of 87 by 247sports
 and 75 by ESPN ... Finished as the 85th-best receiver in the 2014 class.
- Personal: Mikah Holder was born Jan. 26, 1996, in Oceanside, Calif. ... Son of William and Angela Holder ... Picked SDSU over offers from Arizona, Brigham Young, Idaho, Nevada, San José State, Utah and Yale ... Majoring in public administration.

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Holder's Career Statistics

Season	GP	GS	Rec.	Yds.	Avg.	Long	TD	
2014	10	0	5	53	10.6	15	0	
2015	14	11	24	439	18.3	48	6	
2016	13	13	27	581	21.5	86	5	
2017	13	10	43	602	14.0	31	2	
Career	50	34	99	1.675	16.9	86	13	

Career Highs: Receptions: 9 at UNLV (10/7/17); Receiving Yards: 160 vs. New Hampshire (9/3/16); Receiving Touchdowns: 2 vs. New Hampshire (9/3/16), vs. Wyoming (11/14/15); Long Reception: 86 vs. New Hampshire (9/3/16); Carries: 1, four times; Rushing Yards: 23 at Hawai'i (10/28/17); Long Rush: 23 at Hawai'i (10/28/17); Punt Returns: 2 vs. Air Force (12/5/15), vs. Wyoming (11/14/15); Punt Return Yards: 38 vs. Nevada (11/28/15); Long Punt Return: 38 vs. Nevada (11/28/15); All-Purpose Yards: 160 vs. New Hampshire (9/3/16).

2017 Highs: Receptions: 9 at UNLV (10/7/17); Receiving Yards: 144 at UNLV (10/7/17); Receiving Touchdowns: 1 vs. Nevada (9/18/17), at Hawai'i (10/28/17); Long Reception: 31 vs. Nevada (9/18/17); Carries: 1 vs. Nevada (9/18/17), at Hawai'i (10/28/17), vs. Boise State (10/14/17); Rushing Yards: 23 at Hawai'i (10/28/17); Long Rush: 23 at Hawai'i (10/28/17); All-Purpose Yards: 144 at UNLV (10/7/17).

Holder's Career Game-by-Game

Date	Opponent Opponent		GS	No.	Yds.	Avg.	La.	TD	TD Lengths
A.30.14				Not Pla					
S.6.14	at 21/23 No. Carolina			Not Pla					
S.20.14				Not Pla					
S.27.14		1	0	3	[′] 33	11.0	15	0	
0.3.14	at Fresno State*	1	0	0	0	0.0	0	0	
0.10.14	at New Mexico*	1	0	0	0	0.0	0	0	
0.18.14	Hawai'i*	1	0	1	12	12.0	12	0	
N.1.14	at Nevada*	1	0	0	0	0.0	0	0	
N.8.14	Idaho	1	0	0	0	0.0	0	0	
N.15.14	at Boise State*	1	0	1	8	8.0	8	0	
N.21.14	Air Force*	1	0	0	0	0.0	0	0	
N.29.14	San José State*	1	0	0	0	0.0	0	0	
D.2.14	Navy#	1	0	0	0	0.0	0	0	
S.5.15	San Diego	1	0	2	24	12.0	13	0	
S.12.15	at California	1	1	3	27	9.0	14	0	
S.19.15	South Alabama	1	1	2	39	19.5	30	1	30
S.26.15	at Penn State	1	1	4	78	19.5	31	1	19
0.3.15	Fresno State*	1	1	1	6	6.0	6	0	
0.10.15	at Hawai'i*	1	0	0	0	0.0	0	0	
0.17.15	at San José State*	1	1	2	38	19.0	28	0	
	Utah State*	1	1	1	18	18.0	18	1	18
0.31.15	at Colorado State*	1	1	2	72	36.0	43	0	
N.14.15	Wyoming*	1	0	3	36	12.0	25	2	7, 4
N.21.15	at UNLV*	1	1	1	18	18.0	18	0	
N.28.15	Nevada*	1	1	1	21	21.0	21	0	
D.5.15	Air Force``	1	1	1	48	48.0	48	0	
D.24.15	vs. Cincinnati%	1	1	1	14	14.0	14	1	14
S.3.16	New Hampshire	1	1	4	160	40.0	86	2	86 , 14
S.10.16		1	1	2	15	7.5	8	0	
S.17.16		1	1	4	67	16.8	33	1	33
0.1.16	at South Alabama	1	1	2	48	24.0	33	0	
0.8.16	UNLV*	1	1	3	68	22.7	28	0	
	at Fresno State*	1	1	0	0	0.0	0	0	
	San José State*			- Did N	lot Play	- Injured			
0.28.16		1	1	0	0	0.0	0	0	
N.5.16	Hawai'i*	1	1	2	23	11.5	12	0	
	at Nevada*	1	1	4	45	11.3	22	1	6
	at Wyoming*	1	1	0	0	0.0	0	0	
N.26.16	Calaunda Ctuta*	1	1	3	87	29.0	37	1	25
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D.3.16	at Wyoming@	1	1	2	56	28.0	30	0	
		1 1	1 1 0	2 1 3	56 12 19	28.0 12.0 6.3	30 12 8	0 0 0	

S.9.17 at Arizona State	1	1	1	7	7.0	7	0	
S.16.17 No. 19/19 Stanford	1	1	7	85	12.1	22	0	
S.23.17 at Air Force*	1	0	2	46	23.0	24	0	
S.30.17 Northern Illinois	1	0	0	0	0.0	0	0	
0.7.17 at UNLV*	1	1	9	144	16.0	26	0	
0.14.17 Boise State*	1	1	3	47	15.7	20	0	
0.21.17 Fresno State*	1	1	4	35	8.8	11	0	
0.28.17 at Hawai'i*	1	1	3	55	18.3	22	1	16
N.4.17 at San José State*	1	1	2	29	14.5	17	0	
N.18.17 Nevada*	1	1	5	85	17.0	31	1	5
N.24.17 New Mexico*	1	1	4	50	12.5	16	0	
D.23.17 vs. Army West Point+	1_	1	0	0	0.0	0	0	

Punt Keturns										
Date	Opponent	GP	GS	No.	Yds.	Avg.	Lg.	TD	TD Lengths	
N.14.15	Wyoming*	1	*	2	5	2.5	5	0		
N.28.15	Nevada*	1	*	1	38	38.0	38	0		
D.5.15	Air Force``	1	*	2	-4	-2.0	0	0		
D.24.15	vs. Cincinnati%	1	*	1	6	6.0	6	0		

Bold indicates season high. * - Mountain West game. # - 2014 San Diego County Credit Union Poinsettia Bowl (Qualcomm Stadium; San Diego, Calif.). `` - 2015 Sports Authority Mountain West Championship (Qualcomm Stadium; San Diego, Calif.). % - 2015 Hawai'i Bowl (Aloha Stadium; Honolulu, Hawaii). @ - 2016 Mountain West Championship (War Memorial Stadium; Laramie, Wyo.). ^ - 2016 Las Vegas Bowl (Sam Boyd Stadium; Las Vegas, Nev.). + - 2017 Lockheed Martin Armed Forces Bowl (Amon Carter Stadium; Fort Worth, Texas). GS - * in this category the player was on the field the first time San Diego State was in the punt return formation.